



Congregation Bnai Yeshurun Weekly Shabbat Announcements

January 25-February 1, 2019

י"ט-כ"ו שבט תשע"ט

Shabbat Yitro

שבת יתרו

Shabbat Times זמני שבת

Candle Lighting	4:44	הדלקת נרות
Mincha and Kabbalat Shabbat	4:50	מנחה וקבלת שבת
Moroccan mincha	4:50	מנחה נוסח מורקו
Oneg Shabbat w/Prof. Sinclair	8:15	עונג שבת

Latest <i>Shema</i>	9:40 am	סוף זמן ק"ש
Hashkama	7:00 am	השכמה
Ashkenaz–Social Hall–Prof. Sinclair (approx. 10:40 am)	8:30	נוסח אשכנז
Sefard–Beis Medrash	8:30	נוסח ספרד
Ashkenaz–New Main	9:00	נוסח אשכנז
Moroccan–Ogden Building	9:00	נוסח מורקו
Ashkenaz–Old Main	9:15	נוסח אשכנז
Teen Minyan–Social Hall	9:00	מנין נוער
Jr. Congregation (SH Stage)	9:25	מנין לכתות ה' ו'
Youth Supervised Play	9:00	גן ילדים
Youth Groups (N–4 th grade)	9:20	כיתות נוער
Mommy & Me–Nursery Wing	10:15	אמהות ותינוקות

Daf Yomi–Manny Adler	7:30 am	דף היומי
Mishna Yomit (Bava Metzia)	8:15 am	משנה יומית
Ramban al Haparsha–R' Y. Weinberger	8:40 am	רמב"ן על הפרשה
Gemara Shiur–R' Frank Breslau & Dr. Joey Bench	After 8:30 am	שיעור בגמרא
Minchas Chinuch–Michael Hirt	After Sefard	מנחת חינוך
Rav Kook–Josh Notkin	4:05 pm	שיעור רב קוק

Shabbat Mincha	1:45 pm	מנחה
Moroccan Mincha	4:15	מנחה נוסח מורקו
Mincha & Shiur	4:35 pm	מנחה ושיעור
Prof. Sinclair "The Lesser of the Two Evils: Beautiful Captives, Kashrut & Conversion to Judaism"		
Ma'ariv	5:50	מעריב
Manny Freed z"l Parent Child Learning	6:30 pm	הורים וילדים

Next Shabbat Candles	4:53 pm	הדלקת נרות שבת יתרו
Mincha	5:00	מנחה

Professor Daniel Sinclair to Present *Halachic Approach to Modern Challenges*

Professor Daniel Sinclair will serve as our Joseph N. Muschel Scholar-in-Residence this Shabbat. A British-born Israeli scholar of Jewish law who specializes in contemporary Jewish medical ethics, he received his *semicha* in Jerusalem. He also holds an LL.B. from London University, an LL.M. from Australia's Monash University and a Ph.D. in Law from the Hebrew University.



At a Friday evening *Oneg* (8:15 pm), Dr. Sinclair's subject will be *When Halachic Norms Clash with Human Dignity: Revealed and Concealed Solutions*. Following the Shabbat morning (8:30 am) Ashkenaz *Minyan*, he will speak (approximately 10:40 am) on *Balancing Domestic Harmony with Truthfulness in Jewish Law*. Following the 4:35 pm *Mincha*, his topic will be *The Lesser of Two Evils: Beautiful Captives, Kashrut, and Conversion to Judaism*.

Prof. Sinclair's publications in the field of Jewish Law and Comparative Biomedical Law comprise over 50 articles and several books including *Tradition and the Biological Revolution* (Edinburgh University Press, 1989), *Jewish Biomedical Law: Legal and Extra-legal Dimensions* (Oxford University Press, 2003) and the entry on "Jewish Bioethics: The End of Life" in the 2013 Oxford Handbook of Jewish Ethics. Among other topics, he has written on Jewish approaches to abortion, artificial insemination, the definition of death, euthanasia, patient autonomy and the relation between law and morality.

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Special Events

- CBY welcomes Professor Daniel Sinclair as the Joseph N. Muschel Scholar in Residence this Shabbat.

Mazal Tov

מזל טוב

- Rabbi Meier Brueckheimer and Leah & Itzy Silver on the birth of a great granddaughter and a granddaughter, a daughter to Avital & Eli Pressburger in Israel.
- Shaindee & David Dubin on the birth of a granddaughter, Ruth Naomi, a daughter to Judy & Mordy Dubin
- Dena & Abe Feigenbaum on the birth of a granddaughter, a daughter to Leora & Adam Frohlinger and on the bat mitzvah of their granddaughter, Malkie, daughter of Nava & Zev Feigenbaum.

Condolences

נחומים

- Jenny Fishkin, Ari Fishkin, Elana Sittner and Gitty Fishkin, on the loss of their beloved husband, father and brother, Dr. Elloth Fishkin a"h.

CBY Notes

- The Adult Ed Committee welcomes the Joseph N. Muschel Scholar in Residence, Prof. Daniel Sinclair. Join us for a Friday night oneg at 8:15 pm, "When Halakhic Norms Clash with Human Dignity: Revealed & Concealed Solutions"; Shabbat day, after the 8:30 Ashkenaz minyan (approx. 10:40 am) "Balancing Domestic Harmony with Truthfulness in Jewish Law"; following 4:35 pm mincha (note new time) "The Lesser of the Two Evils: Beautiful Captives, Kashrut & Conversion to Judaism"
- Rabbi Zahtz's shiur which takes place Monday-Thursday following the 9 pm maariv will be starting a new sefer this week, Olam Ha'avodah.
- On Shabbat February 1-2, Rabbi Efi Tzohar, of Yeshivat Midbara K'Eden of Mitzpe Ramon, will speak at a Friday night oneg at 8:00 pm, "Tilt in Favor of the Many, Democracy, Why Follow the Majority" and on Shabbat day following mincha, "Torah vs. Natural Morality".
- CBY will welcome Aish HaTorah for a Chizuk Weekend on Shabbat February 8-9. Details to follow. Sunday Feb. 10th there will be an Aish Discovery Seminar at 10 am.

- Rabbi Pruzansky's new book-The Jewish Ethic of Personal Responsibility, Volume 2-is now available at Judaica House, on the web, or from the Rabbi. Buy one, inscription free!
- Rabbi Pruzansky is leading a CBY Jewish Heritage trip to Latvia, Lithuania & Belarus from May 13-20. There are about 8 spots left. Those interested should contact R' Pruzansky at Rabbi@Bnaiyeshurun.org or <http://heritageseminars.org/eventsarchive/congregation-bnei-yeshurun-seminar/>.

Men's Club

- The next Men's Club Kiddush will take place on February 23rd. If you would like to sponsor, please contact Neal Landerer or the shul office.

Teens

- Teen Minyan resumes this week.

BNOT

- Please join BNOT on February 17th for an evening of stand-up comedy and great food, starring Eli Lebowicz. Dinner at 7:30 pm and show at 8:00 pm in the CBY Social Hall. \$18/person until Feb. 14th. \$25/person at the door. Sponsorships are available: \$180 includes 2 tickets and 2nd tier VIP seating; \$360 includes 4 tickets and 1st tier VIP seating. To register please visit www.bnaiyeshurun.org/bnot.



Welcome back from Yeshiva Week! Feeling refreshed? Recharged? Or

feeling like you need to get out of the house? Just a suggestion: On page 3, you'll see a wide variety of study opportunities, most of which you have never tried. Pick one that MIGHT be interesting. Commit to yourself to attend ONCE, this week. They're free. You don't have to fight traffic or worry about parking. You may well meet a friend that you didn't know attended. You may make a new friend. You might learn something. You may want more. You may not. Clearly more upside than downside. Hope it goes well. (If it does, tell a friend.)



Please check the coatrooms & the bin in the lower level coatroom for any lost & found items. Items that have been there for three *Regalim* will be donated.



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Weekly Davening Schedule

	Sun. Jan. 27	Mon. Jan. 28	Tue. Jan. 29	Wed. Jan. 30	Thu. Jan. 31	Fri. Feb. 1	
Earliest tefillin – 6:15 am Latest Shema – 9:40 am Mincha Gedola - 12:39 pm	כ"א שבט	כ"ב שבט	כ"ג שבט	כ"ד שבט	כ"ה שבט	כ"ו שבט	
דף היומי	חולין ס"א	חולין ס"ב	חולין ס"ג	חולין ס"ד	חולין ס"ה	חולין ס"ו	
Daf Yomi	7:00 am	5:30 am	5:30 am	5:30 am	5:30 am	5:30 am	
Shacharit - <i>Old Main</i>		6:05	6:15	6:15	6:05	6:15	שחרית
Shacharit - <i>Beis Medrash</i>	6:25	6:20	6:30	6:30	6:20	6:30	
Shacharit - <i>Old Main</i>	7:30	7:00	7:00	7:00	7:00	7:00	
Shacharit - <i>Beis Medrash</i>		7:20	7:30	7:30	7:20	7:30	
Shacharit - <i>Old Main</i>		8:00	8:00	8:00	8:00	8:00	
Shacharit - <i>Old Main</i>	8:50	8:50	8:50	8:50	8:50	8:50	
Shacharit – New Main	7:00 8:00 9:15						
Mincha - <i>Beis Medrash</i>	12:45 & 1:45 pm	1:45 pm	1:45 pm	1:45 pm	1:45 pm		מנחה
Mincha - <i>Old Main</i>		4:55 pm	4:55 pm	4:55 pm	4:55 pm		
Mincha – <i>New Main</i>	4:55 pm						
Ma'ariv - <i>Old Main</i>	6:00 pm 7:00 8:00 9:00	6:00 pm 7:00 8:00 9:00	6:00 pm 7:00 8:00 9:00	6:00 pm 7:00 8:00 9:00	6:00 pm 7:00 8:00 9:00		מאריב
Ma'ariv - <i>Beis Medrash</i>	10:01 11:00	10:01 11:00	10:01 11:00	10:01 11:00	10:01 11:00		

Beis Medrash Program	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday
Yitzchak Yaakov Kollel Boker			6:20-7:00 am	6:20-7:00 am		6:20-7:00 am
Daf Yomi	7:00 am	5:30 am	7:00 am	5:30 am	5:30 am	5:30 am
Mishna Yomit	8:30 am			7:45 am		
R' Zachtz shiur – "Olam Ha'avodah"			9:10-9:20 pm			
Kids Mishna Shiur						7:30 pm
Daf Yomi B'Halacha Chavurah			8:30 pm			
R' Meir Shalem		9:35-10:45 am				
Night Seder			Open Learning 8-10 pm			
Rav Elkin (Moroccan minyan)		8-9:30 pm				
Hilchos Shabbos -R' Yosef Weinberger		8:30-9 pm				
Rav Goldwicht – Parsha						
Senior Lunch & Learn - R' Taubes				1-2:30 pm		
Rambam's Mishneh Torah – R' Meier				8:15 pm		
Tzurva Merabanan – R' Pruzansky				8:15 pm		
R' Sobolofsky- Halacha				9:15 pm		
Navi Chavurah-R' Schachter-Sefer Shoftim			8:15-9 pm			
Mishna Torah Chavurah-R' Jason Finkelstein			8:15-9 pm			
Parsha with R' Moshe Tzvi Weinberg					8:15 pm	
Semichat Chaver Program-R' Schachter		*8:45 pm				
Pearls of Chassidus on the Parsha-R' Jason Finkelstein					9:15 -10 pm	
Parsha & Halacha w/ R' Taubes					10:15 pm	



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Currently on the faculties at Fordham University, Tel Aviv University and Victoria University (Melbourne, Australia), he is professor emeritus of Jewish Law and Contemporary Biomedical Law at the College of Management Academic Studies in Rishon Lezion, Israel. Professor Sinclair has also taught at the Spertus Institute in Chicago and has served as the rabbi of the Edinburgh Hebrew Congregation and as Dean of Jews' College, London.

CBY's Adult Ed Committee works year-round to identify scholars and speakers who can teach and inspire us. The committee welcomes your reactions to their selections as well as your thoughtful suggestions for future programs. Please contact Yoseph Siev (jsiev4@aol.com) or David Chesir (davidzchesir@aol.com) if you'd like to make comments or suggestions.



Parents, bring your kids! Kids, bring your parents!
Come for awesome Torah learning, refreshments, & prizes.

If you are interested in sponsoring a future week's PCL, visit www.bnaiyeshurun.org/PCL or contact the shul office at 201-836-8916.

Sponsorship opportunities are available to commemorate yahrzeits, smachot, and other special occasions. To sponsor or for more information please contact the shul office.

Day of Learning	\$36
Weekly Bulletin	\$54
Parent Child Learning	\$360

Please join BNOT for an evening of stand-up comedy and great food!

COMEDY NIGHT

Starring:
Eli Lebowicz

SUNDAY, FEBRUARY 17, 2019

7:30 PM DINNER
8:00 PM SHOW

\$18 PER PERSON
WHEN REGISTERING AT www.bnaiyeshurun.org/bnot
DEADLINE TO RSVP IS FEB 14TH

\$25 AT THE DOOR

Contact Us

- Rabbi Steven Pruzansky, Rabbi
rabbi@bnaiyeshurun.org
- Rabbi Ari Zantz, Assistant Rabbi
rabbizantz@bnaiyeshurun.org
- Rabbi Yosef Weinberger, Rabbinic Intern
rabbiweinberger@bnaiyeshurun.org
- Rabbi Jonathan Schachter, Teen Programming
rabbischachter@bnaiyeshurun.org
- Judah Rosenbaum, Youth Director
youthcby@gmail.com
- Elysia Stein, Executive Director
office@bnaiyeshurun.org
- Executive Committee
executivecommittee@bnaiyeshurun.org
- Ethan Keiser, President
president@bnaiyeshurun.org
- Steven Becker, First Vice President
- Doron Katz, Second Vice President
- Jennifer Miller, Third Vice President
- Andrew Berkowitz, Treasurer
- Saul Kaszovitz, Assistant Treasurer
- Esti Kaminetzky, Secretary
- Chaim Kiss, Gabbai Rishon
gabbai@bnaiyeshurun.org



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Community Announcements

- BMT is on winter break for 3 weeks. Our full schedule will be resuming on Feb 11, 2019.
- The topic for this week's Shviti seder limud is "Examining the Mitzvah of Kiddush during Shabbat Day and making Kiddush on Non-Wine Substances, Part 1 of 2." Sunday mornings in the Beth Aaron Beit Midrash, following the 8:00 a.m. minyan. A light breakfast is served at 8:45 a.m. This week, Rabbi Sason Gabay will lead a chabura before the shiur and also give the shiur. For info, please contact Mordy Ungar, 201-741-3920.
- Alaris Health has arranged for Hudson Regional Hospital to present FREE three practical courses: Hands-Only CPR; Stop the Bleed; Surviving an Active Shooter Event. Open to adults & teenagers. It will be taking place on Sunday January 27, from 10:00 am to 1:00 pm at Alaris Health at the Chateau, located at 96 Parkway, Rochelle Park, NJ. To reserve your spot, please email rabbikanner@alarishealth.com, or call (973) 246-2672.
- The Soap Myth: Sunday, January 27, 2019 7:00-9:00 pm. Taub Auditorium, Kaplen JCC on the Palisades, 411 E. Clinton Avenue, Tenafly. More than a half century after the end of WWII, a young journalist sets out to write an article at the desperate urging of a passionate Holocaust survivor regarding the Nazi atrocity of soap. The critically acclaimed Soap Myth by, Jeff Cohen, starring the legendary 7-time Emmy Award winner Ed Asner & featuring 3-time Tony Award nominee Tovah Feldshuh, dramatically explores how a survivor survives surviving & questions who has the right to write history - those who have lived it & remember, those who study & protect it, or those who would seek to distort & desecrate its very existence. Questions? Contact Nina Bachrach at 201.408.1406.
- In honor of Holocaust Remembrance Day (January 27th) and Martin Luther King Day, the Northern New Jersey Holocaust Memorial & Education Committee & the Enslaved African Memorial Committees are proud to present "I Shall Not Be Silent", the story of civil rights activist, Rabbi Joachin Prinz at the Teaneck Library, 840 Teaneck Road, on Sunday January 27th at 2PM. The producers, Rachel Fisher and Rachel Pasternak, will be on hand for a Q&A after the film. The event is free and open to the public.
- Feldenkrais Awareness Through Movement classes-gently guided classes for improving balance, posture and general ease of movements made throughout your day. Classes meet on Tuesday 11-12 pm and 8-9 pm and Wednesday 11:30-12:30 pm at Rinat Yisrael. Schedule is as follows: January 29, 30 February 5, 6, 12, 13 Bring a mat and wear comfortable clothing. \$15 recommended donation to Rinat.
- Refa'enu's peer-led mood disorder support groups will meet Tuesday, January 29, at 7:30pm in the Ben Porat Yosef Building at E. 243 Frisch Ct. in Paramus. Doors open at 7:10pm. Groups are divided between a group for those with a disorder (depression, bipolar) as well as a group for their loved ones. For more information contact: dena@refaenu.org.
- Fed Talks: Israel with Ari Zoldan. Thursday, January 31, at 7:30 pm. Anti-Bias and Diversity Training for Teachers and Educators. Wednesday, February 6 at 4:30 pm. All events take place at the Federation building 50 Eisenhower Drive, Paramus.
- Beginning at the end of January, a six-week "Jump into Shape" men's jump rope program will be held at Congregation Bnai Yeshurun on Wednesday evenings from 8:20 to 8:55 pm. The sessions follow the 8:00 pm maariv, making it easy to "jump" to a workout following davening. The cost for the six sessions is \$120. Ropes and jumping mats are provided for in-class use. To register and for more info, go to jumpintoshape.fun or contact Russell Moskowitz at 973-476-7356 or at jumpintoshape@icloud.com.
- Beth Abraham presents Rabbi Dovid Gottlieb as scholar in residence on Shabbos Parshas Mishpatim (February 1-2).
- Devorah Kigel will offer a shiur at 8:00 pm, on Tuesday, February 5, as part of the Beth Aaron Sisterhood's Rosh Chodesh Adar celebration. Her topic will be "How to Become a Queen in your Home: Lessons Learned from the Three Women in the Purim Story."
- The Frisch School's Annual Dinner on Feb 9th, honors Ruth & Ed Lubat, Natie Fox, Jennifer Wolf Seidel '87, and Rabbi Neil Fleischmann. To make a reservation and for more information: frischdinner.com.
- The Beth Aaron Men's Club is pleased to welcome award-winning baseball writer Bob Klapisch on Sunday, February 10, at 9:30 a.m. Bob will talk about the 2018 season, the off-season moves both local teams made (and didn't make) and what to expect of the 2019 baseball season, the Red Sox winning the World Series, the Hall of Fame voting results, and his upcoming book due for release in March. He also will take questions from the audience on all baseball topics. The program is free & open to the entire community. A light breakfast will be served. Contact mensclub@bethaaron.org for more information.



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- "When a Marriage is Fine, Is It Really? What Science & Torah Teach Us about Making a Good Marriage Great" will be the topic on Monday, February 11, at 8:00 pm, when Rabbi Dr. Ari Sytner will speak at Beth Aaron. Rabbi Dr. Ari Sytner is a licensed social worker & couples' therapist with a private practice in Teaneck.
- In conjunction with Madison Programs, Shaarei Orah, will be offering a 2-hour CPR course, for ages 13 plus, on Sunday, February 24th at 6:30 pm. Price is \$75 per person. Price includes the 2-hour course & training materials as well as certification, textbook and a certification card from American Heart Association. To reserve & pay for a spot click on this link sephardicteaneck.org/form/CPR We have limited space, so please reserve ASAP. Spots will be reserved on a first come, first served basis. Questions? Please email office@sephardicteaneck.org or call the office at 201-833-0800.
- Bonei Olam Bergen County Event - A Taste of Hope. Motzei Shabbos February 23rd 8:30 pm at Congregation Keter Torah. Come join us for a community wide Chopped Competition with Naomi Nachman. To sign up for a chance to compete visit bit.ly/boneiolamchopped No RSVP required. To make a donation please go to: boneiolam.org/donation?event=bergencounty18&aff=bc18-email-121
- Ben Porat Yosef's Annual Dinner will take place on Saturday, February 23, 8:00 p.m. at Montammy Country Club, Alpine, NJ. Honoring Jessica Kohn, Liz & Alan Mitrani, Cheryl Weiner Rosenberg, & Ilana Tachauer. For more information, please visit BPYdinner.org or contact Gabrielle Altman, Director of Development, gabriellealtman@benporatyosef.org.
- Please join Shaarei Orah, at their inaugural dinner honoring Heidi & Jack Varon, **Susan & Ezra Douek**, Amy Elfman & Richard Schulz and Shalom Shushan. The dinner will take place on Sunday March 10th, at 5:00PM at Ahavath Torah in Englewood. To make reservations, visit <https://www.sephardicteaneck.org/dinner2019>.
- Members of the community with a loved one suffering from addiction & substance abuse issues are welcome to join to our local support group, which meets every other Wednesday evening in Teaneck. The group is free of charge & is facilitated by clinicians specializing in addiction. For more info & the time/location of the meeting, please email: Time2TalkAddiction@gmail.com. For more info about CCSA, please visit Time2TalkAddiction.org.
- Camp RTC, a BRAND-NEW Travel Camp for Boys Entering 9th & 10th grade for the second half of the summer! To register, email Avi Rosalimsky at RoseTravelCamp@gmail.com.
- Rebbetzin Leah Kohn's Monday morning shiur from 10-11:15 am on Women in Tanach - Exploring unique qualities of some famous women in Tanach & what they teach us as women & as part of the Jewish Nation at 1510 Jefferson Street.
- Mrs. Chani Juravel leads a women's chavura on the topic "Bereishis-a Study in Relationships" on Wednesdays at 11 am at the Jacoby home, 271 Briarcliffe Road. \$10/class.
- The Jewish Community Council of Greater Teaneck invites you to Survivors & Survival, a special observance of Yom Hashoa, Holocaust Memorial Day, on Wednesday, May 1, at 7:30 pm at Teaneck HS. The speaker will be Toby Levy. A pre-event reception honoring the survivors will be held at 6:00 pm. We will read aloud names of those who perished in the Holocaust. To be a sponsor & to ensure that your memorial names will be read that evening & printed in the remembrance booklet, please send in your contribution of \$25 or more by March 13. Please make your check payable to the: Jewish Community Council of Greater Teaneck & mail to: Sharon Penkower Kaplan, 534 South Forest Drive, Teaneck. For more info, visit our website at teaneckvomhashoa.org.
- She'arit ha-Plate of Bergen County, a volunteer, non-profit organization that collects excess kosher food from restaurants & smachot & distributes it discretely to people who can use it, is looking for a new site in the Teaneck area. If you potentially have available space or know of others who might please contact Daniel Chazin, DChazin@aol.com, 201-835-5338.
- Ongoing collection of full-size shampoo, conditioner, body wash & bar soap that is distributed on a regular basis to community members in need. Drop off at 578 Grenville Ave. purple collection box located at the right-side door. For info contact Gila gr5thkid@msn.com.
- Partners in Torah-We find ourselves in great need of female mentors aged 32- 55. If you know of anyone in that demographic who may be willing to devote 30-60 minutes weekly to phone/Skype learning, go to partnersintorah.org/iwanttoteach/ to sign up.
- If you have unwanted seforim sitting at home, The Seforim Guy will pick them up free of charge! New or old, we make sure they are put to good use. Email us your name, address, & ideal pickup time at info@theseforimguy.com or text (201) 207-9968. Same day pickup available.