



# Congregation Bnai Yeshurun Weekly Shabbat Announcements

December 13-20, 2019

ט"ז-כ"ב כסלו תש"פ

Shabbat Vayishlach

שבת וישלח

## Shabbat Times זמני שבת

Candle Lighting	4:08 pm	הדלקת נרות
Mincha & Kabbalat Shabbat	4:15	מנחה וקבלת שבת
Moroccan Mincha	4:15	מנחה נוסח מורקו
Kids Navi Shiur	<b>7:30</b>	שעור בבניא לילדים
Tisch with Simcha Leiner (SH)	7:30	עונג שבת

Latest Shema	9:32 am	סוף זמן ק"ש
Hashkama	7:00 am	השכמה
Ashkenaz–Social Hall	8:30	נוסח אשכנז
Sefard–Beis Medrash	8:30	נוסח ספרד
Ashkenaz–New Main	9:00	נוסח אשכנז
Shul-wide drasha by Rabbi Ari Zahtz, in the New Main Shul at approximately 10:35 am		
Ashkenaz–Old Main	9:15	נוסח אשכנז
Teen Minyan–Social Hall	9:00	מנין נוער
Moroccan–Ogden Building	9:30	נוסח מורקו
Jr. Congregation–SH Stage	9:25	מנין לכתות ה'ו'
Youth Supervised Play	9:00	גן ילדים
Youth Groups (N–4 <sup>th</sup> grade)	9:20	כיתות נוער
Mommy & Me	10:15	אמהות ותינוקות
Men's Club Kiddush Following Davening		

Daf Yomi-Elliot Small	7:30 am, 3:05 pm	דף היומי
Mishna Yomit (Menachot)	8:15 am	משנה יומית
Parshat Hashavua-R' Zahtz	8:40 am	פרשת השבוע
Moroccan pre-shacharit shiur	9:00 am	שעור לפני שחרית
Gemara Shiur - R' Frank Breslau & Dr. Joey Bench	After 8:30 am	שיעור בגמרא
Minchas Chinuch -R' Moshe Gordon	After Sefard	מנחת חינוך
Josh Notkin-Ein Ayah	3:35	שיעור עין איה

Shabbat Mincha	1:45	מנחה
Moroccan Mincha after shacharit & kiddush		מנחה נוסח מורקו
Mincha & Shiur	4:05 pm	מנחה ושיעור הרב
R' Weinberger's shiur "Minyan Matters" following mincha		
Ma'ariv	5:13 pm	מעריב
Manny Freed z"l	6:15 pm	הורים וילדים
Parent Child Learning		

Next Shabbat Candles	4:10 pm	שבת פרשת וישלח
Mincha	4:15 pm	הדלקת נרות מנחה

## Adult Ed Medical Ethics Scholar in Residence Next Shabbat

On Shabbat Vayeishev, December 20-21 Bnai Yeshurun is proud to welcome Rabbi Dr. Edward Reichman as our Scholar in Residence. Rabbi Dr. Reichman is a Professor of Emergency Medicine and Professor in the Division of Education and Bioethics at Montefiore Medical Center and the Albert Einstein College of Medicine, where he teaches Jewish medical ethics. He received his rabbinic ordination from the Rabbi Isaac Elchanan Theological Seminary of Yeshiva University and writes and lectures internationally in the field of Jewish medical ethics. He has been a mentor of the Medical Ethics Society of Yeshiva University since its inception. His research is devoted to the interface of medical history and Jewish law.



Coordinated by the Adult Education Committee, Rabbi Dr. Reichman will speak three times over shabbat. On Friday night all are invited to an oneg (7:45 pm in the Old Main Shul), to learn about "Halakhic Ramifications of Ancestry DNA Testing and Assisted Reproduction," in which he will discuss the uses of population genetic testing and its impact on Jewish law. In the course of his speech Rabbi Reichman will include cases of mamzerut, agunot, and inheritance, as well as its use in criminology, such as solving "cold cases", and in identifying lost relatives (e.g., those who perished in the Holocaust). On Shabbat day you will be afforded two opportunities to learn from Dr. Reichman. First, at 3:25 pm (before mincha, in the New Main Shul) he will discuss "The Resuscitation of Halakha," in which he will analyze the episodes of resuscitation in rabbinic literature and the premodern discussions of their halakhic ramifications. Rabbi Dr. Reichman will explore how advances in modern medicine such as CPR, cardiac bypass, artificial hearts, and cornea transplants led to the resuscitation of these early, rabbinic discussions and their application within a modern context. Lastly, following mincha (approximately 4:30 pm in the New Main Shul) Rabbi Reichman will speak on "The Impact of Medical Advances on the Performance of Pidyon Haben." While focusing on the mitzvah of pidyon haben, we will explore the impact of medical technologies such as gender selection, the Kohen gene, uterus transplants, ectogenesis and artificial reproductive seed on this one mitzvah. All are encouraged to join for what are sure to be fascinating and educational events.



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### Special Events

אירועים מיוחדים

- Shabbat with Simcha Leiner-Friday night tisch at 7:30 pm in the Social Hall. Shabbat tefillot in the New Main Shul.
- Special תפילה לחיילי צה"ל will be led by Simcha Leiner & accompanied by Judah Vogel in the New Main Shul.
- Shul-wide drasha by Rabbi Ari Zahtz, "Of Angels and Men: Harnessing the Power of the Angels" in the New Main Shul at approximately 10:35 am
- Men's Club Kiddush following davening.

### Mazal Tov

מזל טוב

- Jackie & Saul Bodenheimer on being honored by Project Ezra this Saturday night.
- Michelle & David Gellman and Evelyn & Itzie Gellman on the engagement of their son and grandson, Abe, to Mollie Schwartz of Sharon, Massachusetts.
- Marcia & David Kreinberg on the birth of a granddaughter, a daughter to Shira & Yitzy Kreinberg.
- Ruth & Samuel Stern on the bat mitzvah of their granddaughter, Esther, daughter of Shuli & Adam Karoll of Ramat Eshkol.

### Condolences

נחומים

- Esti Kaminetzky on the loss of her beloved father, Marcel Weber a"h.
- Fayge Novogroder on the loss of her beloved mother, Toby Rabinowitz a"h.

### CBY Notes

- Spark the Chanukah Spirit: Shabbat with Simcha Leiner! Men and women of all ages are invited to a Friday night tisch at 7:30 pm in the Social Hall. Join again Shabbat morning for festive tefillot in the New Main led by Simcha Leiner and accompanied during musaf by the CBY youth. Thank you to the CBY families who generously sponsored this shabbat.
- CBY Semi-Annual General Membership meeting will take place this Wednesday, December 18<sup>th</sup> at 8:30 pm in the CBY Social Hall. All members are invited and encouraged to attend.
- #SwabSameach! This Chanukah, you can be someone's miracle. Gift of Life Marrow Registry works to cure Blood Cancer & other blood disorders by facilitating bone marrow & stem cell transplants. Joining the registry is FREE & easy. Visit Gift of Life table at the Maccabeats concert on December 23<sup>rd</sup>.
- Adult Education Committee Scholar in Residence, R' Dr. Edward Reichman, next Shabbat December 20-21. Friday night Oneg (7:45 pm): "Halakhic Ramifications of Ancestry DNA Testing & Assisted Reproduction"; the uses

of population genetic testing & its impact on Jewish law. Shabbat day at 3:25 pm: "The Resuscitation of Halakha"- analyze the episodes of resuscitation in rabbinic literature & the premodern discussions of their halakhic ramifications. After 4:10 pm mincha: "The Impact of Medical Advances on the Performance of Pidyon Haben"; the impact of medical technologies such as gender selection, the Kohen gene, uterus transplants, ectogenesis & artificial reproductive seed on this one mitzvah.

### Beis Medrash Committee

- Manny Freed z"l Parent Child Learning will take place on Motzei Shabbat at 6:15 pm.
- Thank you to the Parent Child Learning Sponsors: **Winter Season Sponsor: The Sheinfeld Family, I'lui nishmat Tzipora bat Yisrael z"l & Noam Rachel bat Ephraim Tzvi Moshe z"l and for a refuah shleimah of Ephraim Tzvi Moshe ben Shulamit Tzivia & Etai Yaakov ben Tzipora.**
- Dec. 25<sup>th</sup> shiur with Rabbi Daniel Stein, "The Parameters of Chukat HaGoyim" following the 8:00 am minyan in the Social Hall. To sponsor please contact the shul office.

### David Frohlich z"l Youth Department

- Tot Shabbat led by Rachel Wilens in the Nursery room.
- Jr. Congregation kiddush this Shabbat.



- Chanukah Chopped event Sat. night Dec. 14<sup>th</sup> at 7:15 pm. Teams will compete to cook a Chanukah treat. The fun continues with a Chagiga & dairy buffet. Sign up at [bnaiyeshurun.org/youth](http://bnaiyeshurun.org/youth).

- Save the Date for the First Annual Basketball Tournament, January 1<sup>st</sup>, 9:30 – 11:30 am for 3-6 graders.
- Calling all Youth Educators! Paint Night on January 4<sup>th</sup>, 7:30 pm. Sign up at [bnaiyeshurun.org/youth](http://bnaiyeshurun.org/youth)
- Tefillah of the Week: אהבה רבה
- Middah of the Month: אמת

### BNOT

- Chanukah concert featuring the Maccabeats on December 23<sup>rd</sup>. Donuts at 6:30 pm, concert at 7:00 pm. \$10 in advance, \$12 at the door. Space is limited. Purchase tickets at [bnaiyeshurun.org/events](http://bnaiyeshurun.org/events).
- Project Meet Your Match welcomes dating profiles to be sent to [MEETYOURMATCH@bnaiyeshurun.org](mailto:MEETYOURMATCH@bnaiyeshurun.org)

### Men's Club

- Thank you to all the sponsors of this week's Men's Club Kiddush.



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## Weekly Davening Schedule

	Sun. Dec. 15	Mon. Dec. 16	Tues. Dec. 17	Wed. Dec. 18	Thu. Dec. 19	Fri. Dec. 20	
Earliest tefillin – 6:14 am Latest Shema – 9:32 am Mincha Gedola – 12:22 pm	י"ז כסלו	י"ח כסלו	י"ט כסלו	כ' כסלו	כ"א כסלו	כ"ב כסלו	
דף היומי	גדה נ"ג	גדה נ"ד	גדה נ"ה	גדה נ"ו	גדה נ"ז	גדה נ"ח	
Daf Yomi	7:00 am	5:30 am	5:30 am	5:30 am	5:30 am	5:30 am	
Shacharit–Old Main		6:05	6:15	6:15	6:05	6:15	שחרית
Shacharit–Beis Medrash	6:25	6:20	6:30	6:30	6:20	6:30	
Shacharit–Old Main	7:30	7:00	7:00	7:00	7:00	7:00	
Shacharit–Beis Medrash		7:20	7:30	7:30	7:20	7:30	
Shacharit– Old Main	8:50	8:00	8:00	8:00	8:00	8:00	
Shacharit– Old Main		8:50	8:50	8:50	8:50	8:50	
Shacharit– New Main	7:00 8:00 9:15						
Mincha - Beis Medrash	12:45 & 1:45 pm	1:45 pm	1:45 pm	1:45 pm	1:45 pm		מנחה
Mincha - Old Main		4:20 pm	4:20 pm	4:20 pm	4:20 pm		
Mincha - New Main	4:20 pm						
Ma'ariv - Old Main	6:00 7:00 8:00 9:00	6:00 7:00 8:00 9:00	6:00 7:00 8:00 9:00	6:00 7:00 8:00 9:00	6:00 7:00 8:00 9:00		מעריב
Ma'ariv - Beis Medrash	10:01 11:00	10:01 11:00	10:01 11:00	10:01 11:00	10:01 11:00		

Beis Medrash Program	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday
Yitzchak Yaakov Kollel Boker			6:20-7:00 am	6:20-7:00 am		6:20-7:00 am
Daf Yomi	7:00 am	5:30 am	5:30 am	5:30 am	5:30 am	5:30 am
Mishna Yomit	8:30 am			7:45 am		
Kids Navi Shiur (מלכים א')						8:00 pm
Daf Yomi B'Halacha Chavurah			8:30 pm			
Olam Ha'avodah-R' Zahtz		Following 9:00 pm Maariv (M and W)				
Navi Chavurah-R' Schachter-Sefer Shmuel I			8:15-9 pm			
Parsha w/Rav Goldwicht			8:30 pm			
Senior Lunch & Learn				1-2:30 pm		
Tzurva Merabanan-R' Pruzansky						
Shiur with R' Meier – Sefer Shmuel				8:15 pm		
Halacha Shiur w/R' Sobolofsky				9:15 pm		
Gemara Shiur w/ R' Zahtz (8 <sup>th</sup> perek of Chullin)					8:10 pm	
Shiur w/ R' Moshe Tzvi Weinberg					8:15 pm	
Parsha Shmooze w/ R' Zahtz					9:50 pm	
Parsha & Halacha w/ R' Taubes					10:15 pm	



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## Maccabeats Return to CBY

Looking for a fun Chanukah gift for the family this year? Look no further than the BNOT Chanukah concert featuring the Maccabeats.

Due the success of last year's concert, BNOT is bringing back the Maccabeats to CBY for an evening of entertainment on Monday, December 23. Bring the family at 6:30 pm for delicious donuts in the Social Hall and then come upstairs for the Maccabeats concert in the New Main Shul at 7:00 pm.

Tickets are \$10 per person when purchased in advance; children under 3 are free. The price goes up at the door and space is limited, so order your tickets early. For sponsorship information or to purchase your tickets please visit [bnaiyeshurun.org/events](http://bnaiyeshurun.org/events).



**CBY taleisim for guest use may be found in the designated cubby in the Beis Medrash coat room.**

**Please note that Rabbi Pruzansky is in Israel and will return on Thursday, December 19<sup>th</sup>.**



- Contact Us**
- Rabbi Steven Pruzansky, Rabbi [rabbi@bnaiyeshurun.org](mailto:rabbi@bnaiyeshurun.org)
  - Rabbi Ari Zahtz, Associate Rabbi [rabbizahtz@bnaiyeshurun.org](mailto:rabbizahtz@bnaiyeshurun.org)
  - Rabbi Yosef Weinberger, Assistant Rabbi [rabiweinberger@bnaiyeshurun.org](mailto:rabiweinberger@bnaiyeshurun.org)
  - Elysia Stein, Executive Director [office@bnaiyeshurun.org](mailto:office@bnaiyeshurun.org)
  - Rivka & Yehoshua Szafranski, Youth Directors [youth@bnaiyeshurun.org](mailto:youth@bnaiyeshurun.org)
  - Rabbi Jonathan Schachter, Teen Programming [rabbischachter@bnaiyeshurun.org](mailto:rabbischachter@bnaiyeshurun.org)
  - Executive Committee [executivecommittee@bnaiyeshurun.org](mailto:executivecommittee@bnaiyeshurun.org)
  - Ethan Keiser, President [president@bnaiyeshurun.org](mailto:president@bnaiyeshurun.org)
  - Steven Becker, First Vice President
  - Doron Katz, Second Vice President
  - Jennifer Miller, Third Vice President
  - Andrew Berkowitz, Treasurer
  - Saul Kaszovitz, Assistant Treasurer
  - Esti Kaminetzky, Secretary
  - Chaim Kiss, Gabbai Rishon [gabbai@bnaiyeshurun.org](mailto:gabbai@bnaiyeshurun.org)



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### Community Announcements

- Our shul is once again participating in the 27th Annual Bergen County Chanukah Toy Drive. We are collecting new and unwrapped toys and gifts for children and young adults going through trying times. Please drop off your donations at the **Friedman Residence - 693 Northumberland Rd.** until Friday, December 13<sup>th</sup> or at the **Sklar Residence 95 Norfolk Street, Bergenfield, until Monday, December 16<sup>th</sup>.** The Bergen County Toy Drive is a great collaborative effort across Bergen County and donates to over 20 different charity organizations. Your donations will help us share the excitement of Chanukah with thousands of children and young adults. This is a great opportunity to involve your children in the mitzvah of tzedakah!
  - Rav Gavriel Friedman, from Aish Hatorah Israel, will be the scholar in residence this shabbos, Parshas Vayishlach, December 13-14. Rav Gav will be speaking at Congregation Beth Abraham at 8:00 pm and the topic "What's In It For God? Does he care if we Daven, keep Shabbos or eat Kosher?" Shabbos morning at Congregation Keter Torah, and shabbos afternoon at 3:00 pm the home of Ramona and Avi Elishis 68 Westminster Avenue, Bergenfield NJ. The shiurim are in commemoration of the 7th yarzeit of Sari Ort a"h.
  - Project Ezra Annual Dinner is scheduled for Saturday, December 14th, Congregation Keter Torah, 8:00 pm. **Jackie & Dr. Saul Bodenheimer** are being honored. Register online at [www.ezrah.org](http://www.ezrah.org) or call 201-569-9047. Walk-Ins Welcome.
  - Join Nefesh B'Nefesh and real estate attorney, Debbie Rosen Solow, who will walk you through the ins, outs and pitfalls of renting or purchasing a home in Israel: lease agreements, hidden costs and fees, financing and transferring funds, and differences between the US and Israel. Sunday, December 15th from 7:30 pm-9:00 pm at Teaneck Marriott at Glenpointe Please register in advance at [WWW.NBN.ORG.IL/FALL2019](http://WWW.NBN.ORG.IL/FALL2019)
  - The FDU Girls Youth Clinic with the Women's Basketball Team will be held on Sunday December 15, 2019 2:00-3:00 at the Rothman Center 100 University Plaza Drive Hackensack, NJ. All girls 7th grade and below and their parents and coaches are invited to work out with Coach Ang, Assistant Coach Megan, her staff and the FDU Women's Team. Vouchers for attending women's game will be distributed as well as gifts from FDU for all those attending. A special fundraiser is also being done for United Hatzalah in Israel by **Orli Scharf**. Teams will also be able to schedule to play games at half time of FDU Women's games. If you want to improve your game and learn from one of the best Women Basketball Coaches in the East, come to the FDU Girls Youth Clinic.
- Any questions call Ira Jaskoll 917-232-2176 or Megan Cunningham 201-420-8464.
  - Please join **Ruby and Bobby Kaplan** and Eliza and Moshe Skoczylas at a parlor meeting for Rofeh Cholim Cancer Society at 8:00 pm on December 16<sup>th</sup> at 1545 Jefferson Street Teaneck. RCCS is the ultimate resource for cancer patients in the US and Israel. Providing medical direction, financial assistance and insurance advocacy to ensure that everyone has what they need to fight cancer. The evening is dedicated liluy nishmas Dr. Tali Skoczylas a'h.
  - The Beit Midrash of Teaneck (BMT) is pleased to invite Bergen County's men – retirees and those with a flexible schedule - to join us for our first Trimester of our second year. The BMT is a unique Talmud Torah experience providing interactive learning in a Beit Midrash setting. BMT is located at Heichal HaTorah, 70 Sterling Pl and meets on Monday and Wednesday mornings between 9:15 am and 12:45 pm. This coming week, on December 16 & 18, Seder begins at 9:15 am for Chavrusa learning; at 10:00 am, Rabbi Ronen Dvash and Rabbi Moshe Genack (Heichal) will give shiurim on Gemaras Brachos and Kiddushin respectively; at 11:00 am Rabbi Dr. Eddie Reichman (Einstein Medical School) will give a shiur entitled, "The Impact of Rav Moshe Feinstein zt"l on Medical Halakhah" (Monday), "The Impact of Rav Eliezer Waldenberg zt"l on Medical Halakhah" (Wednesday). At 12:00, Rabbi Hayyim Angel (Yeshiva University) will give a shiur on Sefer Yishayahu. Source sheets are provided and can be obtained in advance by contacting [BMTeaneck@gmail.com](mailto:BMTeaneck@gmail.com)
  - Join United Hatzalah of Israel for an evening of lifesaving with world-renowned Israeli mentalist Lior Suchard. Fun for the whole family! Tuesday, Dec. 17th at 7:00 pm at BergenPac For more information, contact [Dorene@Israelrescue.org](mailto:Dorene@Israelrescue.org), or call us at 646-833-7108. For tickets <https://www.bergenpac.org/events/detail/a-night-of-life-saving-with-lior-suchard>. Tickets start at \$65. Discount code for Bnai Yeshurun: UH30off for 30% off ticket price.
  - Refa'enu's peer-led mood disorder support groups will meet Tuesday, December 17, at 7:30 pm in the Ben Porat Yosef Building at E. 243 Frisch Ct. in Paramus, NJ. Doors open at 7:10 pm. Groups are divided between a group for those with a disorder (depression, bipolar) as well as a group for their loved ones. Please check website to confirm meetings: [www.refaenu.org](http://www.refaenu.org). No reservations are required. For more information contact: [dena@refaenu.org](mailto:dena@refaenu.org).
  - Bergen County Executive James J. Tedesco III and the Board of Chosen Freeholders Cordially invite you to



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celebrate Hanukkah & Menorah Lighting Ceremony on Monday, Dec. 23<sup>rd</sup> at 12:30 pm at the Bergen County Administration Building, Freeholder Public Meeting Room, 5<sup>th</sup> floor, One Bergen County Plaza in Hackensack.

- December 23 at 7:15 pm Congregation AABJ&D of West Orange presents Chanukah with Miami: Yerachmiel Begun & the Miami Boys Choirs. Also, featuring Dovid Pearlman. For tickets: aabjd.org/Miami.
- December 28<sup>th</sup> Yesh Olam presents Zusha & Rav Moshe Tzvi Weinberg at Keter Torah at 8:30 pm. Program begins at 9:00 pm. Tickets are \$20 in advance & \$25 at the door Visit [yesholam.org/events](http://yesholam.org/events) to purchase tickets. Contact Yonatan Glicksman at [yesholam@gmail.com](mailto:yesholam@gmail.com) or 201-250-4329 for more info.
- High school students are welcome to join Team OneFamily run in the Jerusalem Marathon in March of 2020. For more information they may email [Naomi@OneFamilyFund.org](mailto:Naomi@OneFamilyFund.org).
- The Northern New Jersey community is invited to Begin the Daf Together! Even if you are not planning to learn daf yomi daily, please join the Orthodox Union's Daf Yomi Initiative for a community-wide celebration of the new Daf cycle. Sunday, January 5<sup>th</sup>, 2020 9:00-11:00 am at Congregation Keter Torah. 8:00 am Shacharit followed by breakfast. 9:00 am Words of Bracha from RABBI YOSEF ADLER (mara d'atra of Rinat Yisrael and Rosh HaYeshiva of TABC) Followed by Berachot daf Bet given by RABBI SHALOM ROSNER (Rabbi of Nofei Shemesh in in Beit Shemesh and OU daf yomi Maggid shiur) And an Iyun shiur and words of inspiration from RABBI HERSHEL SCHACHTER (RIETS Rosh Yeshiva and OU Kosher posek) RSVP for this free event at [go.alldaf.org/jan5](http://go.alldaf.org/jan5) To learn more about the Daf Yomi Initiative's innovative new Daf platform and app, go to <https://alldaf.org> You can pre-order the app and be ready to start the new cycle! (or to access any other daf in shas) If you have questions, email Rabbi Avi Heller at [hellera@ou.org](mailto:hellera@ou.org)
- Youth Mental Health First Aid (YMHFA) training courses will be hosted by Refa'enu. What: The course will teach how to identify, understand and respond to signs of mental illnesses and substance use disorders, and will offer skills needed to provide initial help and support to youths who may be developing a mental health or substance use problem or experiencing a crisis (e.g. suicidality, psychosis, overdose, panic attacks). When: Two sessions offered - January 5, 2020 and February 9, 2020; 9:00 am-5:30 pm Where: Congregation Shaare Tefillah, 510 Claremont Ave, Teaneck, NJ. Who Should Attend: Parents, educators, youth program directors, and anyone who works with or interacts with youths ages 12-18. \*Each class is limited to 25 participants, so make sure

to sign up ASAP to reserve your spot! Sign up at: <http://refaenu.org/mhfa/>.

- JLE has an ongoing class on 48 Ways to Wisdom given by R' Justin Wexler. Based on the classes by R' Noach Weinberg on Wednesdays at 8:15 pm in Beth Aaron in the basement.
- The Kinnor Project with a mission to reintroduce the Harp to Jewish Cultural life, is offering one free Harp/Keyboard lesson to children ages 6-9, for info [www.thekinnor.com](http://www.thekinnor.com) or call 201-837-1214.
- Experience night seder with Nachlas Dov Community Kollel of Teaneck/Bergenfield along with R' Sobolofsky & Ohr HaTorah. S/M/W/Th evenings 9-10 pm at Ohr HaTorah Ct. Contact R' Parmett at 862-777-4758 or [kollelnd@gmail.com](mailto:kollelnd@gmail.com) or call/text Michael Frohlich 201-410-6500.
- CCSA welcomes anyone with a loved one who is suffering from substance abuse/addiction to our local support group, which meets every other Wednesday evening in Teaneck. The group is free of charge & is facilitated by professionals specializing in addiction. For information & location of the meeting, please email [Time2TalkAddiction@gmail.com](mailto:Time2TalkAddiction@gmail.com).
- Chessed for Tzedakah is a chessed organization that tutors and babysits for low, affordable prices, and gives all of their tutoring and babysitting money to Beit Elazraki, a Jewish orphanage in Israel. This organization is running for its second year. Please visit us at [www.chessedfortzedakah.com](http://www.chessedfortzedakah.com)