



# CBY Weekly Shabbat Announcements

17-24 Shevat 5778 - February 2-9, 2018

## SHABBAT YITRO

### SHABBAT FEBRUARY 2-3

Candles .....	4:54 pm
Plag .....	4:11 pm
Mincha.....	5:05 pm
Moroccan Shir HaShirim/mincha .....	5:05 pm
Kids Parsha Shiur .....	7:45 pm

#### Minyanim:

Hashkama .....	7:00 am
Sefard (Beis Medrash).....	8:30 am
Ashkenaz (Social Hall) .....	8:30 am
Moroccan .....	9:00 am
Ashkenaz (New Main) .....	9:00 am
Ashkenaz (Old Main).....	9:15 am
Teen Minyan (Social Hall).....	9:00 am

#### CBY David Frohlich z"l Youth Department

Youth Supervised Play.....	9:00 am
Youth Groups (Nursery - 5 <sup>th</sup> grade).....	9:20 am
<b>Mommy &amp; Me (in the Nursery class).....</b>	<b>9:20 am</b>

Daf Yomi .....	7:30 am & 3:55 pm
Ramban al HaParsha - R' Pruzansky .....	8:40 am
Gemara Shiur-R' Breslau & Dr. Bench .....	after 8:30 am
shacharit (back of BM)	
Minchas Chinuch-R' Mark Gottlieb .....	after 8:30 am
.....shacharit	
Josh Notkin shiur Rav Kook-Ein Ayah .....	4:25 pm
Mincha.....	1:45 & 4:55 pm
R' Meir Shalem 'Is there a conflict between "Naaseh v'nishma" and "Kafa aleihem Har k'gigit" .....	.....
.....after 4:55 mincha	
Moroccan mincha.....	4:35 pm
Maariv .....	6:00 pm
Manny Freed z"l Parent Child Learning (BM).....	6:30 pm

### WEEKDAY SCHEDULE FEBRUARY 4-9

Daf Yomi .....	7:00 am (Sun), 5:30 am (M-F)
<i>Shacharit</i>	
Sun .....	6:25, 7, 7:30, 8, 8:50, 9:15 am
M/Th .....	6:05, 6:20, 7, 7:20, 8, 8:50 am
T/W/F .....	6:15, 6:30, 7, 7:30, 8:00, 8:50 am
Earliest <i>tefillin</i> .....	6:08 am
Latest <i>shema</i> .....	9:37 am
Mincha <i>gedola</i> .....	12:41 pm
Early <i>mincha</i> Sun (Old Main) .....	12:45 & 1:45 pm
Early <i>mincha</i> Mon – Thurs.....	1:45 pm
<i>Mincha</i> .....	5:05 pm
<i>Maariv</i> Sun-Thurs.....	6, 7, 8, 9, 10:01, 10:45 pm

### SPECIAL EVENTS

- ◆ Welcome to the participants of the Ben Porat Yosef 6<sup>th</sup> & 7<sup>th</sup> grade shabbaton.
- ◆ Kiddush at the Lewin home, 1667 Buckingham Rd., in honor of the birth of their granddaughter, Perel Yitta.

### NEXT SHABBAT-MISHPATIM/SHEKALIM/MEVARCHIM HACHODESH

Candles .....	5:03 pm
Plag .....	4:18 pm
Mincha.....	5:15 pm
Carlebach minyan.....	5:15 pm
Moroccan <i>Shir HaShirim/mincha</i> .....	5:15 pm

### MAZAL TOV

- ◆ **Rochelle & Ed Berger** on the bar mitzvah of their grandson Avishai, son of Andrea & Steven Jutkowitz.
- ◆ **Eleanor & Frank Breslau** on the bat mitzvah of their granddaughter, Aviva Kayla, daughter of Rebecca & Jeremy Kurz.
- ◆ **Vivian & Avrumi Gross** on the birth of a grandson, a son to Sara & Meir.
- ◆ **Sury & R' Dovid Kaminetsky** on the recent marriage of their grandson Binyamin to Tehilla Marcus in Israel.
- ◆ **Rebekah Langer** on the birth of a great grandson, a son to Amy & Ike Levine.
- ◆ **Sherry & Jonathan Lewin** on the birth of a granddaughter, Perel Yitta, to Talya & Yechiel Weinstock.
- ◆ **Barbara & Stanley Shapiro** on the marriage of their granddaughter Bracha, daughter of Alisa & R' Ezra Shapiro, to Benjy Lankin, and on the bat-mitzva of their granddaughter Shoshana, daughter of Danielle & R' Aaron Shapiro, in Israel.
- ◆ **France & Nicolas Weill** on the engagement of their daughter Tirza to Judah Max Abittan from Great Neck.
- ◆ **Fran & Jerry Weinberg** on the birth of a grandson, son to Rina & David Weinberg in Yerushalayim.

**To share your Simcha please send an email to  
bulletin@bnaiyeshurun.org.**

### CONDOLENCES:

- ◆ Steven Grodko, on the loss of his beloved father, Philip Grodko a"h.

**This Sat. night at 8:30pm in the Social Hall, CBY presents, Stayin' Alive: An Israeli Comedy Show, which brings the Israeli side of the complicated life story to non-Israelis. The show demonstrates how the writers/actors deal with the BDS movement, the world media, & other common issues in Israeli life. Admission at the door: \$15/person.**

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**CBY NOTES**

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- ◆ Join us at 9AM on Sunday 2/11, at CBY: "Preparing for the Inevitable"- a free halachic program about end of life matters presented by R' Elchonon Zohn, President of the National Association of Chevra Kadisha. Topics to include halachic wills, hospice/palliative care, caring for elderly parents, purchasing plots, pre-need vs. at-need, & more. Also, there will be a separate program afterwards for Chevra Kadisha members regarding the tahara process. Register at [www.ckofbc.org](http://www.ckofbc.org)
- ◆ This year's Zayin Adar Seuda will take place at Beth Aaron, on Feb. 22nd following Mincha: 5:10, Maariv: 6:05 Fast ends 6:19. Speaker: R' Rothwachs. Cost is \$20. If you would like to attend, please contact the CBY office by Feb. 15th.
- ◆ **Save the Date!** Shabbat Feb. 24<sup>th</sup> Michal Zahtz will be giving a pre-Purim women's shiur in the Social Hall at 4pm.
- ◆ **SAVE THE DATE:** CBY Purim Chagiga Feb 28<sup>th</sup> -right after Megillah reading, in the social hall.
- ◆ **CBY Project Ometz** is available to provide peer support for parents who have children suffering with mental illness. For more info: [www.projectometz.org](http://www.projectometz.org) or email [projectometz@bnaiyeshurun.org](mailto:projectometz@bnaiyeshurun.org)

This month's calendar can be found at <https://www.bnaiyeshurun.org/monthlycalendar>

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**BNOT**

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- ◆ BNOT's Mishloach Manot online ordering information has been sent to all members via Happy Purim. Please contact Sora Grunstein at (917) 817-7586 or [cbybnot@gmail.com](mailto:cbybnot@gmail.com), with any issues. The deadline for all orders is February 14, 2018.
- ◆ ICE (Inspirational Community Events) sponsored by BNOT, is pleased to announce two upcoming events for women. On March 17, Miss Chevi Garfinkel will be speaking on a topic relating to Pesach. Refreshments will be served at 9:15PM; the Shiur will begin at 9:30PM. On May 5, R' Judah Mischel, will be speaking at 9:45PM; refreshments served at 9:30PM. Please be in touch with Lauren Szpilzinger ([Laurenszilz@gmail.com](mailto:Laurenszilz@gmail.com)) with any comments or questions about ICE. Looking forward!

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**CBY DAVID FROHLICH Z"l YOUTH DEPARTMENT**

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- ◆ **Mommy & Me at CBY!** Shabbat mornings beginning at 9:20 am for newborns & toddlers in the Nursery room. Please note, each child must be accompanied & supervised by a parent.
- ◆ Join your friends and Youth Leaders for CBY Youth's annual Bracha Bee this Shabbat! Prizes will be given in every group K-5th!

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**BEIS MEDRASH PROGRAM**

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**DAILY**

Daf Yomi ..... 7:00 am (Sun), 5:30 am (M-F)  
Mishna Yomit Masechet Yevamot  
.....Sun 8:30 am, M-F 7:45 am, Shabbat 8:15 am  
R' Zahtz *Emunah U'Betachon* T-Th..... after 9pm maariv

**SUNDAY**

Daf Yomi B'Halacha Chavura ..... 8:30 pm

**MONDAY**

Daf Yomi B'Halacha Chavura ..... 8:30 pm

**TUESDAY**

Kollel Yitzchak Yaakov ..... 6:20 am  
R' & Michal Zahtz's women's shiur series "Bilvavi  
Mishkan Evneh-Developing our Spiritual  
Personalities" ..... 10:15 am  
Navi Chavura w/R' Schachter ..... 8:15 pm  
Parsha shiur w/Rav Goldwicht ..... 8:30 pm

**WEDNESDAY**

Kollel Yitzchak Yaakov ..... 6:20 am  
Lunch & Learn for Seniors - R' Taubes ..... 1:00 pm  
Rambam's Mishneh Torah - R' Meier..... 8:00 pm  
Tzurva Merabanen w/R' Pruzansky..... 8:15 pm  
Daf Yomi B'Halacha Chavura ..... 8:30 pm  
R' Sobolofsky Halacha Shiur ..... 9:15 pm

**THURSDAY**

R' Zahtz's Parsha Conference Call - (530)-881-1212 /  
Access Code 784-494-382# ..... 12 noon  
R' Moshe Tzvi Weinberg series on "Mitzvos Bein Adam  
Lechaveiro" ..... 8:15 pm  
Daf Yomi B'Halacha Chavura ..... 8:30 pm  
Parsha & Halacha w/R' Taubes ..... 10:15 pm

**FRIDAY**

Kollel Yitzchak Yaakov ..... 6:20 am

**Looking to mark a special occasion, commemorate a yahrzeit, or say thank you? Consider sponsoring the Shabbat Bulletin, a Day of Learning, or one week of Manny Freed z"l Parent Child Learning.**  
**For pricing and availability please contact the CBY Office.**

**This week's Manny Freed z"l Parent Child Learning is sponsored by Peter & Kara Feldman, in memory of Norman Karr (Pinchas Naftali ben Shimon Gedaliah a"h)**

**This Monday! Join Project Ometz for an upcoming teleconference, "What Parents Need to Know about Self-Harm" Rabbi Ari Zahtz & Dr. Tzipora Wallach. February 5th at 8:30pm. (641) 552-9173, access code 636984. Questions may be submitted prior or during the call to: [projectometz@bnaiyeshurun.org](mailto:projectometz@bnaiyeshurun.org).**



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17-24 Shevat 5778 - February 2-9, 2018

### SHABBAT YITRO

#### COMMUNITY ANNOUNCEMENTS

All High School teens are invited to join Teaneck NCSY for our Friday Night Oneg, tonight, February 2nd, from 8:00pm-10:00pm at the Lebovitz home at 441 West Englewood Ave.

Shabbat Feb 2-3, Parshat Yitro, Beth Abraham is honored to host R' Moshe Taragin of Yeshivat Har Etzion as our scholar in residence. R' Taragin will be speaking on Friday night and several times during the day on topics related to Matan Torah & Parshat Yitro.

Sunday, February 4, at 8:45am, Rabbi Elli Fischer will be speaking at Rinat Yisrael. Topic: The End of Expertise? Four Paradigms of Psak Halakha in the Digital Age.

Sunday, February 11 at 8:00pm, Mrs. Miriam Kosman will be speaking at Rinat Yisrael. on "A Jewish Theology on Gender? A Haredi Woman's Perspective".

On Sunday, February 4, at 9:30 am, R' Dovid Gottlieb of Yeshivat Har Etzion and Rabbi Yehuda Turetsky of Yeshivat Sha'alvim will be speaking on The Centrality of Talmud Torah at Beth Abraham. R' Gottlieb's topic will be "The Rebbe-Talmid Relationship" and R' Turetsky will be speaking about "Is There a Right Way to Learn?" Shacharit at 8:45, followed by light refreshments, followed by the shiurim from 9:30-10:30 in the main shul.

The Beth Aaron Men's Club is welcomes award-winning baseball writer Bob Klapisch, on Sunday, Feb. 4, at 9:30 a.m. Bob will talk about the return of the Evil Empire & what to expect of the 2018 baseball season, the Astros winning the World Series, the Hall of Fame voting results, & the future of sports coverage in print media. He also will take questions on all baseball topics. A light breakfast will be served.

Camp Acheinu, a camp for boys entering 1-6th grade invites you to an open house in its new location, this Sunday, Feb. 4<sup>th</sup> from 2-3 PM at the Fair Lawn Jewish Center, 10-10 Norma Ave. Fair Lawn. [www.acheinudaycamp.com](http://www.acheinudaycamp.com)

The Ma'ayanot Book Club meets on Mon., Feb 5. Join Ma'ayanot English teacher, Mrs. Shalvi Isseroff, for a fascinating discussion about Sing, Unburied, Sing: A Novel by Jesmyn Ward at 8 PM at the home of Pam Ennis, 400 Winthrop Road, Teaneck

Mrs. Chani Juravel is giving a series on "The Morning Brochos: The Mindset of Blessed Living" at Ohr HaTorah, on Thurs at 10am. Fee: \$10.

Part 2 of the lunch & lecture series with R' Zev Goldberg, of the Young Israel of Fort Lee, will take place on Monday, Feb. 5. Lunch will be available at 12:00 PM, with the lecture

beginning at 12:45. The title is "Eternal Impact - 6 Defining Moments in Jewish History". This event is being co-sponsored by the Teaneck Orthodox Retiree's Association (TORA) & Young Israel of Fort Lee. Please make a reservation by emailing Michael Karlin at [mkarlin@aol.com](mailto:mkarlin@aol.com) with the names of the attendees.

Refa'enu's peer-led mood disorder support groups will meet Tuesday, Feb. 6, 2018, in Paramus, NJ, at 7:30pm in the Ben Porat Yosef Building. Doors open at 7:10pm. Groups are divided between a group for those with a disorder (depression, bipolar) as well as a group for their loved ones. Please check website to confirm meetings: <http://www.refaenu.org>. No reservations are required. For more information contact: [dena@refaenu.org](mailto:dena@refaenu.org).

Please join CBY in support of AIPAC on February 6th at 8PM for a community event with Elliott Abrams, former Deputy National Security Advisor under President George W. Bush. This important program will take place at Congregation Keter Torah. Additionally, we will salute Teaneck's own Dr. Mort Fridman as he ascends to AIPAC's Presidency of AIPAC this March at the AIPAC Policy Conference. For Security purposes RSVP's are required. Please RSVP at [www.aipac.org/teaneck](http://www.aipac.org/teaneck)

On Feb. 6<sup>th</sup> at 8pm, Rinat Yisrael is hosting an evening of Mindful Movements in Your Everyday Life: A comprehensive workshop to enhance the physical well-being of women of all ages & stages; featuring our own Joyce Bendavid.

Special YUConnects Seforim Sale Event-, uptown Wilf campus (Belfer Hall, 2495 Amsterdam Ave.) Join us for a fascinating talk on Wednesday night, February 7th at 8 pm. Hear unique perspectives in a conversation on dating and relationships with Rosh Yeshiva Rav Mordechai Willig and his sister, noted author Mrs. Chava Willig Levy. Open to all and geared for singles ages 21- 33. Cost is only \$10, payable at the event. Registration appreciated at [www.yuconnects.com/upcoming-events](http://www.yuconnects.com/upcoming-events). Questions? email [mglatt@yu.edu](mailto:mglatt@yu.edu) or call (516) 603-8141

Ma'ayanot shiur with Mrs. Leah Herzog. Topic: Tov L'hodot LaHashem: An Exploration of the Shabbat Tehillim Dates: Feb. 8, 15, 22 & March 8, Time: 12:50-1:50 PM in the Ma'ayanot Mac Lab

On Shabbat, Feb. 9-10, R' Moshe Taragin, of Yeshivat Har Etzion, will be the Scholar-in-Residence at Beth Aaron. His topic at 8:15 p.m. on Friday night will be "Chassidut & the Restoration of Simcha to Religion." At the conclusion of Musaf, he will speak on "The Two Books of Har Sinai," &

after the 5:00 p.m. Mincha on Shabbat, the topic will be "Living Through a Redemption 'In Stages.'"

Join us for a hands-on workshop at Beth Aaron on Sunday, February 11, at 10:00 a.m., exploring the art of Origami. The free introductory class will be taught by Origami artist Yaacov Metzger. All materials will be supplied. Register at [www.bethaaron.org/event/origami-workshop](http://www.bethaaron.org/event/origami-workshop).

Looking for a Purim costume? Visit our costume Gmach, all costumes are free to borrow. \$5 donation requested. The Gmach will be open at Keter Torah (600 Roemer Ave) on Sunday 2/11 10:00-11:30 am & 2/18 3:30-5 pm. Feel free to stop in. The gmach is in memory of Farvish Hirsch Ben Shmuel Leib. Feel free to donate used costumes by emailing [rivkirosenthal@gmail.com](mailto:rivkirosenthal@gmail.com) or call 201-923-7622.

A New 2-Part Ma'ayanot Nutrition Series with Coach Gila Guzman. Session 1: Intuitive Eating & Healthy Habits vs. Willpower & Dieting. Monday, February 12th at 8:00 PM. Relaxing on Shabbos while remaining diligent with your food choices. Smoothie Demo. Session 2: Transforming Your Shabbat Table from Sweet to Savory. Monday, April 23rd at 8:00 PM. An examination of your relationship with food: the banishment of guilt & shame. Cooking demo: Cauliflower rice with toppings bar. Both sessions will take place at the home of: Adeena & Yaakov Pultman. 172 Bennett Road, Teaneck.

Shaarei Orah, is pleased to host, R' Hanoch Teller, as the Scholar in Residence for Shabbat Teruma February 16/17, 2018. R' Teller will speak at the following times: during Kabbalat Shabbat - approx. 5:35pm, Topic: Appease Plan - How to Avoid Argumentation & Strive; Shabbat Morning - approx. 10:30am, Topic: Character 101; Pre-Mincha - 4:15pm, Topic: Adversity Buster; The Story of an American Unlikely - Rav Nosson Zvi Finkel zt"l of Mir, & Seuda Shelisheet - approx. 5:30pm, Topic: The Only Obstacle to Happiness - A perspective on Mish'nichnas Adar marbim b'simha.

All High School teens are invited to join New Jersey NCSY for region wide ice skating! Sunday, February 18th from 6:45-8:45 at Mackay Ice Rink in Englewood NJ. The cost is \$10 including food. Registration required at [newjersey.ncsy.org](http://newjersey.ncsy.org).

SINAI Schools cordially invites you to their Annual Benefit Dinner; Sunday Evening, February 25<sup>th</sup> Marriott Glenpointe Hotel, Teaneck. Buffet Dinner 4:45PM. Program Promptly at 6:30PM. To make reservations or a donation, please visit [www.sinaidinner.org](http://www.sinaidinner.org) or call 201-833-1134 x105.

Onward Israel: Intern in your field of study in Israel this summer: spend 8 weeks living & working in the center of Tel Aviv. Open to students, ages 19-27, from Northern New

Jersey. Find more information and apply until March 15, 2018 at [www.onwardisrael.org/NNJ](http://www.onwardisrael.org/NNJ).

Emergency Volunteers Project, a non-profit Israeli agency & the Jewish Federation are holding a local training session in NJ on Sunday, March 11 to certify firefighters, medical personnel, & community volunteers so they can serve in Israel in the event of a crisis. All community members are welcome. Please visit [www.jfnnj.org/evp](http://www.jfnnj.org/evp) for more information & to register. There is a fee of \$60 (waived for firefighters). Once certified, participants called upon to respond in Israel will have the option to serve based on their personal circumstances.

On Israel's Yom Hazikaron (4/18/18), we invite you to join Yashar LaChayil in remembering every one of Israel's 23,550 fallen defenders! For your \$18 donation, you will receive a personalized certificate with the name & other details of one of Israel's fallen soldiers, unique to you. When Memorial Day begins, we ask that you light a candle & say a prayer in memory of your soldier.

Register for this year's NORPAC Mission to Washington on Wed., April 25. Join us to advocate on behalf of the most pressing issues relating to Israel that are currently in front of Congress. These include countering Iran, BDS & foreign aid. Go to [www.norpac.net](http://www.norpac.net) or call the NORPAC office at 201-788-5133. The special rate of \$125 is in effect until March 4. Children 12 & up are welcome if accompanied by a parent. For students & young professionals under 30 it's \$75 & for college students it's \$36 until that date.

The Hebrew Home at Riverdale is accepting applications for their L'Dor V'Dor Summer Internship program for Jewish teens, from July 2-27, M-F, from 9 am-5 pm. Interns volunteer at the Hebrew Home, connect with residents, & attend educational seminars & workshops. Participants are selected on the basis of their application, interview, & references. Those who complete all program requirements will receive a \$500 stipend. For more information, please call 718.581.1416 or email [LDorVDor@hebrewhome.org](mailto:LDorVDor@hebrewhome.org)

The Jewish Community Council of Greater Teaneck invites you to a special observance of Yom Hashoa, on Wed., April 11, at 7:30pm at Teaneck High. Our keynote speaker is Moshe Avital. As in previous years, we will read aloud names of those who perished in the Holocaust. To be a sponsor & to ensure that your memorial names will be read send them in with your contributions of \$25 or more by February 21, 2018. Please make your check payable to the: Jewish Community Council of Greater Teaneck & mail to: Sharon Penkower Kaplan, 534 South Forest Drive, Teaneck, NJ 07666 For more info, visit our website at [www.teaneckyomhashoa.org](http://www.teaneckyomhashoa.org).