



Congregation Bnai Yeshurun Weekly Shabbat Announcements

August 17-24, 2018

ו' - י"ג אלול

Parshat Shoftim

פרשת שופטים

Shabbat Times זמני שבת

Candle lighting	7:05 pm 7:31	הדלקת נרות	שולחן עבודת שבת
Mincha only	5:15	מנחה (בלבד)	
Mincha and Kabbalat Shabbat	6:45 7:15 7:40	מנחה וקבלת שבת	

Latest Shema	9:34 am	סוף זמן ק"ש	לוקח שבת למנוחה
Hashkama – New Main	7:00 am	השכמה	
Ashkenaz – Social Hall	8:30	נוסח אשכנז	
Sefard – Beis Medrash	8:30	נוסח ספרד	
Ashkenaz – New Main	9:00	נוסח אשכנז	
Ashkenaz – Old Main	9:15	נוסח אשכנז	
Youth Supervised Play	9:00	גן ילדים	
Youth Groups (Nursery – 4 th grade)	9:20	כיתות נוער	
Mommy & Me - Nursery Wing	10:15	אמהות ותינוקות	
Men's Club Kiddush following davening			

Daf Yomi – Elliot Small	7:30 am, 6:30 pm	דף היומי	סיוע לשיעורים
Mishna Yomit (Masechet Sotah)	8:15 am	משנה יומית	
Ramban al HaParsha - R' Weinberger	8:40 am	רמב"ן על הפרשה	
Gemara Shiur - R' Frank Breslau & Dr. Joey Bench	After 8:30 am	שיעור בגמרא	
Minchas Chinuch – Danny Saks	After Sefard	מנחת חינוך	
Manny Freed z"l Parent Child Learning	4:45 pm	הורים וילדים	
Josh Notkin Maharal Pirkei Avot	7:00 pm	מהר"ל פרקי אבות	

Shabbat Mincha	1:45 pm 5:30	מנחה	שיעורים למנוחה
Mincha & Rabbi's Shiur	7:30 pm	מנחה ושיעור של הרב	
Rabbi Zahtz's shiur, "Iyov part 4" after 7:30 pm mincha			
Ma'ariv followed by Kiddush Levana	8:34	מעריב וקדוש לבנה	

Next Shabbat	7:05	הדלקת נרות לשבת הבאה	פרשת כי תצא
Candle lighting	7:21		

Chessed Committee Contributes to the Physical and Spiritual Health of Our Community

To any long-time Bnai Yeshurun members, the identities of the co-chairs of our *Chessed* Committee are well known. Nevertheless, when interviewed for this article, they had only one specific condition, that their names be mentioned no more than once. They recognized that it was necessary to identify a point of contact to enable their work to proceed, but they still did not want to eclipse "the tremendous work of so many volunteers who contribute to our *chedsed* initiatives."

For more than twenty years, our co-chairs, under the



rubric of the *Chessed* Committee, have created and managed an impressive array of בין אדם לחבירו (interpersonal) projects focused on ביקור חולים (visiting the sick), ניחום אבלים (comforting mourners), שמירת הלשון (guarding one's speech),

(welcoming guests), and all manner of גמילות חסדים (acts of loving-kindness). Our co-chairs keep detailed records (see photo) of hundreds of volunteers and participants so that they can quickly and effectively deploy the available resources and turn a **need** for *chedsed*, into an **opportunity** to do *chedsed*.

Their work is sometimes made difficult by the sensitive and confidential nature of what they do. Often, they need to solicit volunteers for a requirement, the details of which they will not discuss until after the volunteer has accepted the "assignment." On many occasions they work closely with Rabbi Pruzansky- when there are *halachic* questions involved, when financial resources are required (which the Rabbi provides from his Discretionary Fund), when they are approached to provide *Shabbat* accommodations for individuals whose background they can't vouch for, or when the Rabbi becomes aware of a community family in some form of distress and thinks they could benefit from the community's support.

For seventeen years, our co-chairs have encouraged and enabled the *Shmirat Halashon* project, whereby women commit to being especially careful to avoid any form of *lashon harah*, thereby gaining a *zechut*, a merit, to assist in the recovery of members of the community who are sick. **Continued on page 4**



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Special Events

אירועים מיוחדים

- Men's Club Kiddush following davening.

Mazal Tov

מזל טוב

- Alan & Rochel Feld and Seymour & Marsha Kaye on the birth of a granddaughter and great granddaughter to Rachel & Yisrael Feld in Jerusalem.
- Toby & Irving Goldstein on their 52nd wedding anniversary.
- Sara & Carl Markowitz, on the engagement of their granddaughter Debra Paul to Tal Singer of Norwood, NJ, daughter of Batya & Nachi Paul.
- Beth & Ronnie Stern on the birth of a granddaughter, a daughter to Yonina & Max in Los Angeles.

Condolences

תנחומים

- Merav Dahan on the loss of her beloved father, Levi Ben Sulika a"h.

Reminders

- High Holiday seat forms were mailed in June. If you have not yet made your reservations, please do so as soon as possible.
- Yizkor Book forms have been mailed and are available online. Please sign up to be able to include your loved ones. **When filling out the online form, please make sure to log in to your account in order to be able to bill to your account.** The deadline for all submissions is August 24th. For more information, please contact Dov Elefant at 201-928-1267 or dovelefant@gmail.com.

CBY Notes

- Children's Parsha Shiur resuming this Sunday, Aug. 19, following the 8:50 am shacharit.
- Please note, beginning Monday, Aug. 20th through Friday Aug. 31st, the weekday (M-F) 8:50 am Shacharit will take place in the New Main., there will also be a **9:15 am** minyan taking place in the Old Main.
- Please note the CBY parking lot will be closed Wed. night, 8/22 after 11pm *maariv* & all day Thursday 8/23.
- Teaneck Community Mother-Daughter Bat Mitzvah Trip to Israel led by Rebbetzin Michal Zahtz, Nov. 18-24. For more information please visit www.emunah.org/teaneck-bat-mitzvah-mission/
- CBY Project Ometz is available to provide peer support for parents who have children suffering with mental illness. For information visit www.projectometz.org or email projectometz@bnaiveshurun.org

Men's Club

- Thank you to the sponsors of the Men's Club Kiddush.

Bnot

- CBY FAMILY BLOCK PARTY – SAVE THE DATE!!!! Mark your calendars and plan to join us for CBY's First Annual Family Block Party Sunday October 7th at 4:00 pm, on Jefferson Street just outside CBY. Come and celebrate with friends and family. A variety of food trucks and entertainment will be available. All are welcome. A perfect way to kick off the Fall!

David Frohlich Youth Department

- Sign up for High Holiday Babysitting. Deadline is Aug. 29. Fill out the form at www.bnaiveshurun.org/youth

Youth Enjoy Color War Shabbaton

Last *Shabbat*, more than thirty-five of our 1st-3rd graders enjoyed a Color War themed *Shabbat* luncheon. Teams Blue and White competed in a variety of friendly and exciting games. Highlights included building a replica of *Migdal Dovid* out of Magna-Tiles, singing songs about Israel and Yerushalayim, and an Israeli variation of Coke & Pepsi. Special thanks to our event Youth Leaders: Evan Zauderer, DJ Wartelsky, Charly Wartelsky, Sam Wartelsky and Liat Silver.

Beis Medrash Program

	Sun.	Mon.	Tues.	Wed.	Thu.	Fri.
Daf Yomi	7:00 am			5:30 am		
Mishna Yomit	8:30 am			7:45 am		
Kids Parsha Shiur	After 8:50 shacharit					
Daf Yomi B'Halacha	8:30pm					
R' Meir Shalem		9:35-10:45 am				
Rav Elkin (Moroccan minyan)	8-9:30 pm					
Rav Goldwicht - Parsha			HIATUS			
Senior Lunch n' Learn -R' Taubes				HIATUS		
Tzurva Meraban - R' Pruzansky				HIATUS		
Rambam's Mishneh Torah - R' Meier				HIATUS		
R' Sobolofsky- Halacha				HIATUS		
R' Zahtz parsha call					HIATUS	
Navi Chavura - R' Schachter			HIATUS			
R' Moshe Tzvi Weinberg					HIATUS	
Parsha & Halacha w/ R' Taubes					10:15 pm	

Want to submit a mazal tov or community announcement to the Shabbat Bulletin?
Please send an email to bulletin@bnaiveshurun.org
no later than Thursday at noon.



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Weekly Davening Schedule

Earliest tefillin – 5:04 am Latest Shema - 9:31 am Mincha Gedola - 1:36 pm	Sun. Aug. 19	Mon. Aug. 20	Tue. Aug. 21	Wed. Aug. 22	Thu. Aug. 23	Fri. Aug. 24	
	ח' אלול	ט' אלול	י' אלול	יא' אלול	יב' אלול	יג' אלול	
דף היומי Daf Yomi	מנחות ט' 7:00 am	מנחות י' 5:30 am	מנחות י"א 5:30 am	מנחות י"ב 5:30 am	מנחות י"ג 5:30 am	מנחות י"ד 5:30 am	
Shacharit Beis Medrash	6:25	6:20 7:20	6:30 7:30	6:30 7:30	6:20 7:20	6:30 7:30	שחרית
Shacharit Old Main *Additional shacharit from 8/20-8/31 (M-F)	7:30 8:50	6:05 7:00 8:00 *9:15	6:15 7:00 8:00 9:15	6:15 7:00 8:00 9:15	6:05 7:00 8:00 9:15	6:15 7:00 8:00 9:15	
Shacharit New Main	7:00 8:00 9:15	*8:50 (new location 8/20-8/31)	8:50	8:50	8:50	8:50	
Mincha- Beis Medrash Old Main Plag Mincha Old Main	1:45 pm 4:30 7:30 6:10 pm	1:45 pm 7:30 6:10 pm	1:45 pm 7:30 6:10 pm	1:45 pm 7:30 6:10 pm	1:45 pm 7:30 6:10 pm	5:15 pm	מנחה
Ma'ariv	9:00 pm 10:01 11:00	9:00 pm 10:01 11:00	9:00 pm 10:01 11:00	9:00 pm 10:01 11:00	9:00 pm 10:01 11:00		מעריב

Community Announcements

- This Shabbat, following Mincha at 7:20 pm at Keter Torah, Rabbi Noah Gardenswartz will speak on "Law, Order, and More: The Mission of the Courts in Halakhah."
- The Ohr HaTorah Sisterhood invites the Teaneck/Bergenfield Community to an inspiring 6-part **Summer Women's Shiur Series on Tefillah**. The shiurim are for ages 12-120. The fifth shiur is this Shabbos, Parshas Shoftim by **Rabbi David Pietruszka** entitled "**Structure of the Siddur**" at 4:00 pm hosted by the Adler Family at 34 Briarcliffe Road, Bergenfield.
- Refa'enu's peer-led mood disorder support groups will meet Tuesday, August 21, at 7:30 pm at Ben Porat Yosef 243 Frisch Ct. in Paramus, NJ. Doors open at 7:10 pm. Please make an effort to be on time so as not to disrupt the flow of the groups. Groups are divided between a group for those with a disorder (depression, bipolar) as well as a group for their loved ones. Please check website to confirm meetings: <http://www.refaenu.org>. For more information contact: dena@refaenu.org.Family
- Feldenkrais Awareness Through Movement class with Joyce Bendavid OTR GCFP, sponsored by Rinat's Nerot. Classes meet on Tuesdays at 11:00 am -12:00 pm & 8:00 – 9:00 pm Aug. 21, & 28. Bring a mat & wear comfortable clothing. \$15 donation recommended. Please RSVP JBendavidOTR@gmail.com.
- The next TORA (Teaneck Orthodox Retiree Association) lunch & lecture event is on Tuesday, Aug. 21 at CBY, featuring professional organizer Eileen Bergman. Lunch will be at 12:30 pm, lecture at 1:30 pm. Topic -"Are You Sick of Your Stuff?" Whether you plan on moving or staying in the family home of 50+ years, you probably have accumulated too much STUFF. Come hear tips on how to downsize & de-clutter your stuff in order to make your home more comfortable & safe. The cost is \$12 with reservations by Aug. 18, & \$15 at the door or reservations after Aug. 18. To make a reservation please email mkarlin@aol.com
- Support Group for loved ones of those suffering from addiction and substance abuse. We meet every other Wednesday in Teaneck at 8:00 pm, free of charge. Our next meeting will take place on August 22nd. For location and more information please email: Time2TalkAddiction@gmail.com
- R' Larry Rothwachs of Cong. Beth Aaron presents a series on, "Sefer Yonah: Models of Teshuva & Profiles of Prayer." All sessions begin at 8:30 p.m. Wednesday 8/29: Prophets & Losses: Discerning the Messages within Yonah's Silence Wednesday, 9/5 A Deep Wail from Deep within the Whale: Yonah's Finest Moment Wednesday, 9/12: Look Who's Sorry Now: A Closer Look at the Repentant City of Nineveh Monday 9/17: The Truth, the Whole Truth, & Nothing But the Truth: The Timeless Message of Sefer Yonah If you can't attend watch it live at <https://facebook.com/larry.rothwachs>. For more info, please contact the office, office@bethaaron.org.



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(There is a parallel program for men, under the leadership of Joel Bock, wherein men will be scrupulous in their observance of the laws of talking during *davening*, in the hope that their efforts will merit good health for those who are ailing.)

The *Chessed* Committee, working closely with Adult Ed, have arranged for many inspiring speakers including Rabbi F. Schachter, Rabbi P. Krohn, Rabbi Y. Frand, and Rebbetzin P. Neuburger. Each has addressed some critical interpersonal *mitzva*.

Organizing volunteers to provide meals in cases of illness or injury, providing transportation for a medical appointment, arranging for someone in a wheel chair to get to shul on *Shabbat*, the Sharona Nagler *Bikur Cholim* project under which half a dozen women make monthly visits to Teaneck's CareOne Rehabilitation Facility to give *chizzuk* to patients, even occasionally providing a baby-sitting service for a family in need- the list goes on and on. Many committee volunteers also contribute to a *chessed* fund to defray project expenses, as have a number of recipients of *Chessed* Committee assistance.

Our co-chairs note that their work can be even more effective, but it will require your help. If you are aware of a family or a situation that appears to need support, please inform the Shul Office. If you would like to get the satisfaction of actually working with all the special volunteers on this committee, again, please call the office. Our co-chairs are interested in turning over accountability for the management of certain initiatives to some of the younger members of our shul. What a wonderful way to allocate any "spare time!"

For their decades of *chessed*, for their dedication and humility, and for making us a better community in so many ways, thank you to Betty Kay and Ofra Parmett.



Needed for the soon-to-be Bnai Yeshurun Bi-Monthly Bulletin:

1. Business Manager needed to solicit and manage advertisements
2. Writer/Contributor needed to write articles or feature stories.

For more information contact the shul office.

Sponsorship opportunities are available to commemorate *yahrzeits*, *smachot*, and other special occasions. To sponsor or for more information please contact the shul office.

Day of Learning	\$36
Weekly Bulletin	\$54
Manny Freed ז"ל Parent-Child Learning	\$360



Contact Us

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