



CBY Weekly Shabbat Announcements
25 Tevet-3 Shevat 5778 - January 12-19, 2018
SHABBAT VAERA/SHABBAT MEVARCHIM

SHABBAT JANUARY 12-13

Candles	4:29 pm
Plag	3:50 pm
Mincha	4:40 pm
Moroccan Shir HaShirim/mincha	4:40 pm
Kids Parsha Shiur (BM)	7:45 pm

Minyanim:

Hashkama	7:00 am
Sefard (Beis Medrash)	8:30 am
Ashkenaz (Social Hall).....	8:30 am
Moroccan	9:00 am
Ashkenaz (NM)	9:00 am
Ashkenaz (Old Main)	9:15 am
Teen Minyan (Social Hall).....	9:00 am

CBY David Frohlich z"l Youth Department

Youth Supervised Play	9:00 am
Youth Groups (Nursery - 5 th grade).....	9:20 am

Daf Yomi -Manny Adler	7:30 am & 3:30 pm
Ramban al HaParsha -R' Pruzansky	8:40 am
Gemara Shiur-R' Breslau & Dr. Bench	after 8:30 am
shacharit (back of BM)	

Minchas Chinuch – Shai Kaminetzky	after 8:30 am
shacharit	

Josh Notkin shiur Rav Kook-Ein Ayah	4:00 pm
Mincha	1:45 & 4:30 pm
R' Zahtz's shiur "Can you please...?: When asking for a Favor is Forbidden"	after 4:30 mincha
Moroccan mincha	4:10 pm
Maariv.....	5:35 pm
Manny Freed z"l Parent Child Learning (BM).....	6:15 pm

WEEKDAY SCHEDULE JANUARY 14-19

Daf Yomi	7:00 am (Sun), 5:30 am (M-F)
<i>Shacharit</i>	

Sun.....	6:25, 7, 7:30, 8, 8:50, 9:15 am
Mon	6:08, 6:20, 7, 7:20, 8, 8:50 am
T/F	6:15, 6:30, 7, 7:30, 8:00, 8:50 am
Wed (Rosh Chodesh) ..	6:10(OM), 6:45(NM), 7:10, 8, 8:50 am

Thurs.....	6:07, 6:20, 7, 7:20, 8, 8:50 am
Earliest <i>tefillin</i>	6:21 am
Latest <i>shema</i>	9:42 am
Mincha <i>gedola</i>	12:36 pm
Early <i>mincha</i> Sun (Old Main).....	12:45 & 1:45 pm
Early <i>mincha</i> Mon – Thurs.....	1:45 pm
<i>Mincha</i>	4:40 pm
<i>Maariv</i> Sun-Thurs	6, 7, 8, 9, 10:01, 10:45 pm

SPECIAL EVENTS

- ◆ Oneg Shabbat for 4th, 5th, & 6th Graders with Rabbi Pruzansky & Rabbi Zahtz tonight at 7:30 pm at Rabbi Pruzansky's home 1390 Somerset Gate.
- ◆ 1st-3rd grade shabbaton this Shabbat

NEXT SHABBAT-BO

Candles	4:37 pm
Plag	3:56 pm
Mincha.....	4:45 pm
Moroccan <i>Shir HaShirim/mincha</i>	4:45 pm

MAZAL TOV

- ◆ **Chani & Michael Barenholtz**, on the birth of a grandson, a son to Tamar & Ben Blumenthal.
- ◆ **Arlene Goldis** on the birth of a granddaughter, Gabriella Izzy, a daughter to Adena & Jonathan Needleman.
- ◆ **Rabbi Dovid Kaminetsky**, on being honored at the upcoming RYNJ dinner.
- ◆ **Itzhak Schlusberg** on the ufruf this shabbat and forthcoming marriage of his son David to Jenny Friedman.
- ◆ **Elena Zaretsky, Elise & Zvi Ginsberg and Martha Margulies** on the birth of a granddaughter and great granddaughter, Eliana, a daughter to Alyssa & Ari Ginsberg

We are happy to include your mazal tov announcements.
To share your Simcha please send an email to
bulletin@bnaiyeshurun.org

CONDOLENCES:

- ◆ **Jon Bendavid** on the loss of his beloved mother, Betty Bendavid a"h.
- ◆ **Harvey Lowy** on the loss of his beloved brother, Joseph Lowy a"h.
- ◆ **Yael Trinz** on the loss of her beloved husband, Moshe Trinz a"h.

The extended Brueckheimer family is deeply grateful for the outpouring of heartfelt sentiment, support, & chessed during our period of mourning. The kavod acharon shown to Mrs. Helen Brueckheimer a"h by the entire community has been profound & inspirational, & a great comfort to us all. "Min hashamayim tenuchamu v'lo toseefu leda'avah od"

CBY NOTES

- ◆ Rabbi Pruzansky's series on "Great Rabbis of the 20th Century" continues on Monday, January 15th at 8:15 pm, in the Old Main; "HaRav Ovadia Yosef". Sponsored by Becky & Avi Katz לע"נ יונה בן ר' אריה ליב ז"ל.
- ◆ **Save the Date!** Saturday, night February 3rd at 8:30pm in the Social Hall- CBY presents Stayin' Alive: An Israeli Comedy Show. A hilarious, satirical stage show (in English), by Gady Weissbart & Noam Jacobson, which brings the Israeli side of the complicated life story to non-Israelis. The show demonstrates, in hysterical ways, how the writers/actors deal with the BDS movements, the world media, and other common issues in Israeli life. Admission: \$15 per person. Sponsorships available, please contact the office if interested. Registration will open shortly on the CBY website.
- ◆ **CBY Project Ometz** is available to provide peer support for parents who have children suffering with mental illness. For more information see www.projectometz.org or email projectometz@bnaiyeshurun.org

This month's calendar can be found at <https://www.bnaiyeshurun.org/monthlycalendar>

MEN'S CLUB:

Next shabbat, January 20th is our next Men's Club Kiddush. To sponsor please contact Neal Landerer by Wednesday 1/17.

CBY DAVID FROHLICH Z"l YOUTH DEPARTMENT:

- ◆ Shabbat Oneg for 4th, 5th, & 6th Graders tonight! Come join Rabbi Pruzansky & Rabbi Zahtz for an amazing oneg! Friday night, January 12th at 7:30 pm at Rabbi Pruzansky's home.
- ◆ 1st-3rd Grade Shabbaton will take place on shabbat.



Purim is right around the corner. Would you like to celebrate Purim with a break fast & chagiga at CBY? If the answer is yes, then we need YOU to volunteer to help make the chagigah happen. Please contact Miriam Kopel at mkopel35@gmail.com.

BEIS MEDRASH PROGRAM**DAILY**

Daf Yomi 7:00 am (Sun), 5:30 am (M-F)
Mishna Yomit-Masechet Moed Katan
..... Sun 8:30 am, M-F 7:45 am, Shabbat 8:15 am
R' Zahtz *Emunah U'Betachon* (M-Th) 9:15 pm

SUNDAY

Daf Yomi B'Halacha Chavura 8:30 pm

MONDAY

Daf Yomi B'Halacha Chavura 8:30 pm

TUESDAY

Kollel Yitzchak Yaakov 6:20 am
R' & Michal Zahtz's women's shiur series "Bilvavi
Mishkan Evneh-Developing our Spiritual Personalities"..
..... 10:15 am
Parsha shiur w/Rav Goldwicht on hiatus until January
23rd.

WEDNESDAY

Kollel Yitzchak Yaakov 6:20 am
Lunch & Learn for Seniors - R' Taubes 1:00 pm
Rambam's Mishneh Torah - R' Meier 8:00 pm
Tzurva Merabanen w/R' Pruzansky 8:15 pm
Daf Yomi B'Halacha Chavura 8:30 pm
R' Sobolofsky Halacha Shiur 9:15 pm

THURSDAY

Daf Yomi B'Halacha Chavura 8:30 pm
R' Zahtz's Parsha Conference Call - (530)-881-1212 /
Access Code 784-494-382# 12 noon
R' Moshe Tzvi Weinberg series on "Mitzvos Bein Adam
Lechaveiro" 8:15 pm
Parsha & Halacha w/R' Taubes 10:15 pm

FRIDAY

Kollel Yitzchak Yaakov 6:20 am

**Looking to mark a special occasion, commemorate a
yahrzeit, or say thank you? Consider sponsoring the
Shabbat Bulletin, a Day of Learning, or one week of
Manny Freed z"l Parent Child Learning.
For pricing and availability please contact the CBY
Office.**



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COMMUNITY ANNOUNCEMENTS

All High School teens are invited to join Teaneck NCSY for our Friday Night Oneg! Tonight, January 12th, from 8:00-10:00 at Beth Aaron. Come hang out with friends, shmooze with awesome advisors, meet new people, and enhance your Shabbos experience!

On Sunday evening, January 14, 2018, the Adult Education and Social Action Committees of Rinat Yisrael will present a lecture in commemoration of Martin Luther King Jr. Day featuring Rabbi Saul Berman who will speak on "Selma 1965: Jewish Lessons from Prison." Rabbi Berman participated in voter registration campaigns and demonstrations in Selma, Alabama during March 1965. Arrested twice, he will share his motivation for that participation and his experiences with both Jews and non-Jews with whom he was incarcerated.

The last session in Rabbi Rothwachs' parenting series will take place this Sunday, January 14, at 8:30 p.m., at Congregation Beth Aaron. The topic will be "Stepping In and Stepping Aside: Inspiring Independence in a Scary World." The session was postponed from an earlier date in December.

This Tuesday, January 16, at 8:00 p.m., Sisterhood is presenting a shiur at Congregation Beth Aaron for women only. Michal Horowitz will speak on "Rosh Chodesh: The First National Mitzvah and the Tremendous Potential in Each Moment of Time." Michal teaches and lectures on topics related to Torah, Judaism, Jewish thought, and inspiration.

The Teaneck Orthodox Retiree's Association (TORA) and Young Israel of Fort Lee proudly present a two-part lunch and lecture series with Rabbi Zev Goldberg, rabbi of Young Israel of Fort Lee. The title is "Eternal Impact - 6 Defining Moments in Jewish History". Dates and Locations - Monday January 15, 2018 at Congregation Beth Abraham, 396 New Bridge Road, Teaneck; and Monday February 5 at Young Israel of Fort Lee, 1610 Parker Avenue, Fort Lee Time - Lunch at 12:00 PM, lecture at 12:45 PM Cost - \$12 per session for those who make a reservation by Thursday January 11, 2018; \$15 for those who show up without a reservation. To reserve (or questions) - email Michael Karlin at mkarlin@aol.com

Please join us at the 80th Annual RYNJ dinner on Monday, January 15th at 6:30PM at Keter Torah. Rabbi Dovid Kaminetsky is the Guest of Honor & Amira & Yossi

Kra will receive the PTA Leadership Award. For more information, reservations or to place an ad visit RYNJ.org.

Come learn about NCSY's Rescue Israel Summer Program. Open to teens in grades 10-12. July 10-Aug. 9, 2017. Join us on January 16th at an open house at the Horn residence 465 Winthrop Road at 7:30 pm. For more info email rescueisrael@ncsy.org. Register at summer.ncsy.org.

Refa'enu's peer-led mood disorder support groups will meet Tuesday, January 16, 2018, in Paramus, NJ. Groups meet regularly on the 1st and 3rd Tuesdays of every month, with some exceptions, as noted on the website. Groups meet at 7:30pm in the Ben Porat Yosef Building at E. 243 Frisch Ct. in Paramus, NJ. Doors open at 7:10pm. Please make an effort to be on time (by 7:30pm) so as not to disrupt the flow of the groups. Groups are divided between a group for those with a disorder (depression, bipolar) as well as a group for their loved ones. Please check website to confirm meetings: <http://www.refaenu.org>. No reservations are required. For more information contact: dena@refaenu.org.

Bikur Cholim Bergen County (BCBC) is a volunteer run 501(c)3 organization which provides support, facilities and services to ease the burden of families during trying times. Our goal is to partner with families within the community to relieve some of the stress and effects of illness with confidentiality, care and concern. Some of our services include: medical equipment gemach, rides to and from local medical appointments, meals for families facing medical crises, and taxi service with Shabbat arrangement. In addition, we provide weekday as well as Shabbat sleeping accommodations at & near Hackensack University Medical Center. We can be reached at 201-579-3066 or visit our website at bikurcholimbergencounty.org for a full list of our services.

Mrs. Chani Juravel's shiur will be giving a mini-series on "The Morning Brochos: The Mindset of Blessed Living" at Ohr HaTorah at 10:00am. Fee for class is \$10.

On Sunday, Jan. 28, at 7:30 p.m., at Beth Aaron, Larry Shafier will discuss "Solutions for Retirement Planning: Five Retirement Derailers." Larry is a Chartered Financial Consultant, a Chartered Mutual Fund Counselor, and Chartered Life Underwriter with 30-plus years'

experience. Additionally, Larry is a Life and Qualifying member of the Million Dollar Round Table. Among other topics, he will discuss healthcare costs in retirement, outliving retirement savings, low interest rate environment, market volatility, and taxation.

The Beth Aaron Men's Club is pleased to welcome award-winning baseball writer Bob Klapisch, formerly of the Bergen Record, on Sunday, February 4, at 9:30 a.m. Bob will talk about the return of the Evil Empire and what to expect of the 2018 baseball season, the Astros winning the World Series, the Hall of Fame voting results, and the future of sports coverage in print media. He also will take questions from the audience on all baseball topics. A light breakfast will be served.

Please join AIPAC on February 6th at 8PM for a community event with Elliott Abrams, noted diplomat, author, and former Deputy National Security Advisor under President George W. Bush. This important program will take place at Congregation Keter Torah. Additionally, we will salute Teaneck's own Dr. Mort Fridman as he ascends to AIPAC's Presidency of AIPAC this March at the AIPAC Policy Conference. For Security purposes RSVP's are required. Please RSVP at www.aipac.org/teaneck

Join us in an interactive hands-on workshop at Congregation Beth Aaron on Sunday, February 11, at 10:00 a.m., when we will explore the art of Origami. In this introductory class. The free class will be taught by accomplished Origami artist Yaacov Metzger, long-time member of OrigamiUSA. All materials will be supplied; no prior experience necessary. Registration at <https://www.bethaaron.org/event/origami-workshop.html> is required.

Onward Israel: Intern in your field of study in Israel this summer: spend 8 weeks living and working in the center of Tel Aviv. Open to students, ages 19-27, from Northern New Jersey. Find more information and apply until March 15, 2018 at www.onwardisrael.org/NNJ.

Do you know anyone that would like to participate in a training session to become an Emergency First Responder in Israel? We have started a new Partnership2Gether initiative with EVP (Emergency Volunteers Project), a non-profit Israeli agency. Jewish Federation and EVP are holding a local training session in NJ on Sunday, March 11 to certify firefighters, medical personnel, and community volunteers so they can serve in Israel in the event of a crisis. All community members are welcome. All that's needed is a desire to help others. Please visit www.jfnj.org/evp for more information and to register

for the March 11 training session. There is a fee of \$60 (waived for firefighters). Once certified, participants called upon to respond in Israel will have the option to serve based on their personal circumstances. It's a great opportunity to gain new skills, taught by IDF trainers, that can be brought back to your community.

On Israel's Yom Hazikaron (4/18/18), we invite you to join Yashar LaChayil in remembering every one of Israel's 23,550 fallen defenders! For your \$18 donation, you will receive a personalized certificate with the name & other details of one of Israel's fallen soldiers, unique to you. When Memorial Day begins, we ask that you light a candle & say a prayer in memory of your soldier.

Registration is now open for this year's NORPAC Mission to Washington. The Mission will take place on Wednesday, April 25. Please join us to advocate on behalf of the most pressing issues relating to Israel that are currently in front of Congress. These include countering Iran, BDS and foreign aid. Go to www.norpac.net to register or call the NORPAC office at 201-788-5133. The special rate of \$125 is in effect until March 4. Children 12 and up are welcome if accompanied by a parent. For students and young professionals under 30 it's \$75 and for college students it's \$36 until that date.

Do you know any teenagers

- who want to make a difference in people's lives?
- who want to learn about their Jewish heritage?
- who would like to receive a \$500 stipend?

The Hebrew Home at Riverdale is accepting applications for their L'Dor V'Dor Summer Internship; four-week program for Jewish teenagers. Interns volunteer at the Hebrew Home, connect with residents, & attend educational seminars & workshops. L'Dor V'Dor will be held from July 2 - July 27, Mon.-Fri. from 9:00 am - 5:00 pm. Participants are selected on the basis of their application, interview, & references. Those who complete all program requirements will receive a \$500 stipend. For more information, please call 718.581.1416 or email LDorVDor@hebrewhome.org

Please send all tehillim requests to:

cholim@teaneckshuls.org. Include only the Hebrew name of the ill person. This list is meant for long term illness-type situations. Those requiring tehillim in the event of an immediate surgery, sudden accident, emergency type nature may, of course, post directly to TeaneckShuls on their own.

We are happy to include your family announcements in the Weekly Bulletin. Please submit your announcements to bulletin@bnaiyeshurun.org by **THURSDAY 12:00 pm** for inclusion in the current week. Announcements received after that time will be included the following week.