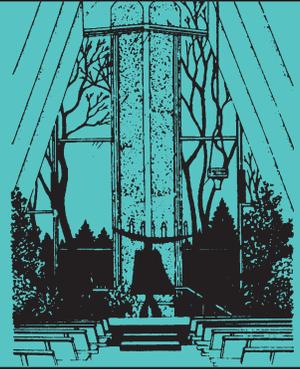


# TEMPLE SINAI BULLETIN

Volume LII, No. 7

March 2018



## PASSOVER FIRST SEDER

Friday, March 30

Passover celebrates the Jewish people's exodus from Egypt and freedom from slavery. The ability to remember and empathize with the feeling of slavery empowers us to work towards freedom for all people today.

## CELEBRATE PASSOVER

Attend 1<sup>st</sup> Day Passover Service

We will join members of TBK for a joint service  
Temple B'rith Kodesh  
Saturday, March 31  
at 10:30 a.m.

## COMMANDMENTS (MITZVOT):

- Observe Passover for seven days
- Cleanse your house of leavened foods, called *chametz*.
- Refrain from eating leavened food during Passover
- Eat *matzah*
- Participate in a Passover *seder* on the first two nights of Passover
- Read from a *Haggadah* at your *seder*
- Give *tzedakah*

## PASSOVER SERVICE WITH YIZKOR MEMORIAL PRAYERS

on Saturday, April 7  
at 10:30 a.m.

## GIVE TZEDEKAH

One way to do this is to send a donation to MAZON, a Jewish organization to feed the hungry. MAZON, 12401 Wilshire Blvd., Suite 303, Los Angeles, CA 90025-1015

## REMOVING CHAMETZ

from your cupboards?  
Please consider donating un-opened, non-perishable items to the Foodlink barrels at the temple entrances by Sunday, March 25.



Hearing Loop

The Temple Sinai Bulletin is published monthly by Temple Sinai,  
363 Penfield Road, Rochester, NY 14625. Phone 585-381-6890 [www.tsinai.org](http://www.tsinai.org)



Handicap Accessible

## Hineini, Here I am

During my first year of Rabbinical school while living in Jerusalem, I vividly remember our Director of Student Services saying how much she disliked the month of March. When I asked why, she said bleakly, "Purim, Pesach (Passover) and packing." For her, once Purim appeared on the Jewish calendar, she knew that Passover wasn't far behind. Once Passover was over, she knew that the next significant event on the calendar, was the packing up of the first-year students to return to the United States to complete the next four years of our studies.

While Purim and Pesach were (and are typically) only 30 days apart, Purim and our packing up to leave Israel were in fact, several months apart. It struck me then, as it does now how often we look ahead, sometimes too far ahead and risk missing the present. Judaism encourages us however, to pay attention to the here and now, as it says in Psalm 118, "This is the day that G-d has made. Celebrate and rejoice in it." This is the day for us to notice, the one that deserves our attention. While on the surface this seems like an easy enough task, we know that busy lives paired with the never-ending stream of information we receive on our phones, computers, tablets, and now even our watches can make it difficult to stay in the present.

With Passover just around the corner, as we are thinking about the plagues visited upon Pharaoh for hardening his heart, we might also consider the things that plague us – things like FoMO or Fear of Missing Out, best described as a "pervasive apprehension that others might be having a rewarding experience from which one is absent." Just how much time and how often do we find ourselves worrying about and checking to see what others are doing? How often do we look at their feeds, their stories and think about how busy and exciting their lives look? How often do we do this in the middle of

our own busy and exciting events? Many studies point to an evolving and alarmingly high rate of social anxiety, propelling us to be forever scrolling, tapping and refreshing our feeds to stay current

and to feel connected. While ironically, the very act of checking often distances us from the very people sitting with us with whom we could be better connected.



Psalm 118 reminds and encourages us to live in the present, to notice, wonder and accept the moment in which we find ourselves, and in so doing, to live a more connected, satisfied and meaningful life. As Henry David Thoreau said, "You must live in the present, launch yourself on every wave, and find your eternity in each moment." Let us do this by taking our cues from our ancestors Abraham, Jacob, and Moses who each answered God's call by responding "Hineini"--"Here I am!" Let us do this by honing our skills to listen more attentively and by committing to participating more fully in events, without the distraction of checking our devices.

A story is told following the demise of the celebrated early nineteenth century Chassidic teacher, R. Moshe of Kubrin. Reb Mendel of Kotzk approached his disciples and requested they eulogize their master; describing what made him so special. A collective gasp was heard when one student began with: "There was no particular area in life that he excelled in." The student continues with: "Unique, however, was that whatever he was doing at the moment, he was completely present." That which he occupied himself with at any given moment was all that was relevant to him. *Whatever he was doing and wherever he was he was fully there.*

May we strive to live in a way that we can truly say, *hineni* – here I am and I am fully here.

*Rabbi Debbie Till*



See what's on the menu at our website: [www.tsinai.org](http://www.tsinai.org)

## What will my legacy be?

As we search and strive for a life with meaning and connection, that question still can be confounding.

Years ago, I had a friend who wanted to make sure that he had no digital footprint. He was troubled by the thought that someone could "Google" his name and come up with results that might be something he considered personal. I told him that since I could not limit my digital footprint because of work and volunteer commitments, I just tried to make sure that my digital presence was something I could be proud of. I wanted to leave a record of volunteering, philanthropy and good deeds that I felt represented me. I had no desire to be a "blank." I wanted to be filled in with the right things. I wanted to work on my legacy as I went, instead of worrying about what it might look like after I was gone.

What will your legacy be?

We each have the opportunity to work, not only on our digital legacy, but on the legacy that we leave to our family, our community, and to the institutions and organizations that have been important to us, and that we want to see survive in the future. We each have the opportunity to guarantee a solid future for those that come after us. And in Rochester, we now have an extraordinary opportunity from The Jewish Federation and the Harold Grinspoon Foundation.

Rochester, through the Foundation of the Jewish Federation, has the honor of being accepted into the Life and Legacy™ Program of the Harold Grinspoon Foundation, and Temple Sinai has been accepted as one of sixteen participating organizations locally. We join over 52 other communities in North America as we learn how to work together to guarantee a legacy that can provide for Jewish life for future generations. Temple Sinai will receive training, resources, and incentive grants from both the

Federation and the Harold Grinspoon Foundation, and the Jewish community will work to keep Jewish Rochester strong, vibrant, and forward-thinking.



A number of years ago, Temple Sinai started a legacy giving society named "The Hart Society," after John and Shirley Hart, one of our founding families. John was an active volunteer for many years, always saying that his founder status was based on "sweat equity." One of John's greatest wishes was that we would have a strong endowment fund. He was a caring steward of all of the ivy and plants in our sanctuary, and when he passed away he made sure that his estate's contribution to our funds would guarantee our ability to continue that stewardship without him.

John and Shirley Hart firmly believed that everyone could make a difference. They knew that even though Temple Sinai was founded on the belief that greater financial means should not afford greater influence, this did not take away our obligation to contribute to our shared vision with our own personal version of the half-shekel, the amount assessed for the building of the first temple.

It is written in Talmud Taanit 23a, "while walking along a road, a sage saw a man planting a carob tree. He asked: "How long will it take for this tree to bear fruit?" "Seventy years," replied the man. The sage then asked: "Are you so healthy a man that you expect to live that length of time and eat its fruit?" The man answered: "I found a fruitful world, because my ancestors planted it for me. Likewise I am planting for my children."

Help us plant for our children. The Harts did.

*Please call the office for more information on The Hart Society and lifetime legacy giving.*

*Blanche Fenster*





## School of Jewish Life and Learning

### Pinat Ha-Talmid (The Student Corner)

By Ilan D. Adar,  
Education Director

Even though the month of February is the shortest month of the year; and even shorter due to our mid-winter break, it was relatively busy with programming. It began on Friday, Feb. 2, with our 4<sup>th</sup> grade students leading the Erev Shabbat service.

Then, on Saturday, Feb. 3, our 7<sup>th</sup> grade students and parents participated in our annual Seventh Grade Shabbaton. The core subject was "Handing Down our Jewish Heritage." The event began with a short movie and a discussion about becoming a Bar/Bat Mitzvah; and about gradual passing of responsibilities from parents to children. At 10:30 a.m. the students (and Elise) led the Shabbat morning service; and at 12:00 p.m. we gathered in the Social Hall for lunch and further activities related to the core subject.

A day later, Sunday, Feb. 4, our students, Madrichim, and teachers gathered in the Social Hall for the celebration of Tu Bishvat, the "birthday" of all trees.

On Wednesday, Feb. 7, our teachers gathered for our monthly seminar. The discussion this month was centered on: How to make Mitzvah Day an actual Temple-wide social action event. Many good and innovative ideas were generated. More about the upcoming changes will be reported soon.

### First Annual Inclusion Celebration

Shelley Christensen, author of [The Jewish Community Guide to Inclusion of People with Disabilities](#), will lead three discussions aimed to educate the congregation about the challenges faced by members with disabilities and to brainstorm solutions to those challenges in an effort to promote accessibility and inclusion at Temple Sinai. Attend one, two or all three sessions!

9:30-10:30 a.m.: How can Jewish text guide us to advance inclusion in our community?

10:45 a.m.-12:00 p.m.: Parenting a child with a

disability. (This session is for parents who have children with disabilities across the lifespan, and for advocates, supporters, friends, family and others who want to learn for any reason.)

12:00-2:00 p.m.: From Longing to Belonging: Advancing Inclusion at Temple Sinai (complimentary lunch) Please RSVP for lunch at [www.tsinai.org](http://www.tsinai.org)

*Donations greatly appreciated.*

### March Schedule of Events

Friday, Mar. 2: Shabbat Family Service (6:00 p.m.); Shabbat Dinner with Friends (7:00 p.m.). SAWCY and RATSU will participate in leading parts of the service.  
 Sunday, Mar. 4: Purim Assembly and Hamentashen Day; all should come to school in costumes; Sprouts  
 Friday, Mar. 9: Young Family Service (6:00 p.m.) and dinner; Service at 8:00 p.m.  
 Sunday, Mar. 11: 3<sup>rd</sup> grade program with parents; First Annual Inclusion Celebration (9:30 a.m.-2:00 p.m.)  
 Saturday, Mar. 17: 6<sup>th</sup> grade leads Shabbat morning service followed by potluck lunch  
 Sunday, Mar. 18: 2<sup>nd</sup> grade Program w/parents; Sprouts  
 Wednesday, Mar. 21: Women's Seder  
 Friday, Mar. 30: Erev Pesach  
 Saturday, Mar. 31: Passover Service at TBK



### SAWCY

Coming up next month, SAWCY has a great event planned! In early March, SAWCY will be participating in a tzedakah event to help support the Rochester community along with a yummy lunch.

Please check out the SAWCY bulletin board outside the temple office and Facebook page (under groups "SAWCY") for updated event information now and throughout the year. SAWCY is full of opportunities to have fun, give back and perform tzedakah, collaborate with RATSU, cook traditional Jewish goodies as well as learn about each other. Please feel free to contact Diana Seroski with any questions: [sawcy18@gmail.com](mailto:sawcy18@gmail.com).



# Within Our Family

## In Memoriam...

*Temple Sinai notes with sorrow the passing of:*  
Alice Levine Rosen, mother of Marilyn Rosen  
Arnold "Arnie" Weber, father of Miriam Weber  
Fastaia

Dorothy Linsner, mother of Dennis Linsner  
Myra Schoenfeld, sister of Bonnie Guon and  
aunt of Randi Nelson

Robert Rosen, brother of Gerald Rosen  
*The Temple family extends its heartfelt  
sympathy to the families.*

## Mazal Tov to...

Maxine & Gerald Rosen, whose son Steve wrote  
and starred in *The Other Josh Cohen* at Geva  
Theater Center in February

Scott & Iris Giancola, whose daughter Hannah  
won the UncommonGoods Scholarship for  
her furniture design. The scholarship will be  
used to continue her education at RIT where  
she is enrolled as an industrial design major.

Marjorie Baker Price on the birth of grandson  
Jonah Ari Solemany, son of Beth & Zubin  
Solemany

## Todah Rabah to...

Gary Levy for taking the photographs of our  
Spring 2018 B'nei Mitzvah students

# SECOND NIGHT SEDERS

The Temple Life Committee will be  
organizing seders for the  
second night of Passover on

**Saturday, March 31, 2018**

If you are interested in attending,  
please RSVP to Sue Bondy at 388-0333  
or [susanbondy@yahoo.com](mailto:susanbondy@yahoo.com)  
by Friday, March 16<sup>th</sup>.

Please include how many will be  
attending, the ages of any children that  
will be coming and whether you would  
be willing to host. Don't worry if you've  
never hosted a seder before and don't  
know where to start - we'll give you all  
of the help and support that you need to  
have a wonderful evening.

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## COLLEGE CONNECTION

Temple Sinai wants to remain connected with  
our congregation's undergraduate college  
students. Each year students receive two  
holiday packages at school. It's always fun to  
receive packages when you are away from  
home, and we would like to be a part of that  
experience for your college student!

Because college addresses change frequently,  
the College Connection Committee starts a  
new list every year, so it is important to contact  
us even if a student was on last year's list.  
Parents of **undergraduate** college students  
should email the temple at [jschachter@tsinai.org](mailto:jschachter@tsinai.org)  
or call the temple office, 381-6890, with the  
student's college contact information and email  
addresses. **Please note that we can only send  
packages to students at colleges within the  
United States.** Postage is costly and an accurate  
address ensures that your student will receive

the packages meant to help them celebrate  
holidays away from home.

If you would like to be involved with this fun  
committee, please email Joyce Schachter at  
[jschachter@tsinai.org](mailto:jschachter@tsinai.org) or call the temple office at  
381-6890. *We are meeting on  
Monday evening, March 26 at 6:30 p.m.  
to pack the Passover boxes. Please  
join us if you can!*

College students are encouraged  
to keep in touch with Rabbi Katz  
or Rabbi Till at any time. They would  
love to hear from you! Their email  
addresses are [rabbikatz@tsinai.org](mailto:rabbikatz@tsinai.org)  
and [rabbittill@tsinai.org](mailto:rabbittill@tsinai.org).



## HIKING CHAVURAH

Reasons to start hiking and four great "get out there" hikes

It is said that exercise helps to increase the amount of oxygen in your blood [and] the release of 'happy' hormones like dopamine and serotonin, which help regulate cortisol—the stress hormone. "You add nature into that—where you are breathing in the clean air from the trees and the negative ions of streams and waterfalls—and it helps improve your immune function, normalize breathing rates, decrease blood pressure and lower stress levels," says Margaret Wallis-Duffy, a wellness expert and C.E.O. of Wallis for Wellness.

Pretty awesome stuff while we socialize and have fun. Hikes begin in the morning and generally last between 2 - 2.5 hours. Try just one and you'll be hooked on hiking. For more information, Please contact Jill Orbach [JWOrbach@gmail.com](mailto:JWOrbach@gmail.com).

Sunday March 25, 2018 - The Lehigh Valley/ Auburn Trail. Start location TBD

Sunday April 29, 2018 - Crescent trail from Garnsey Rd to Woodcliff and back

Sunday May 27, 2018 - (Memorial Day weekend) - Durand Eastman Park, from Oakview Dr. to the Lake and back

Sunday June 24, 2018 - Maplewood Park and Rose Garden



The hearty Hiking Chavurah enjoyed the Hojack trail, followed by brunch at Mama Lor's Cafe



## Adult Education

Rabbi Till will continue to offer a class entitled, "A Taste of Talmud." PLEASE NOTE: This class is being taught entirely in English and no prior familiarity with Talmud will be assumed. The format will be very similar to last year's – very popular – offering on Responsa, with a different contemporary issue being addressed each week and an opportunity to learn and discuss what the rabbis of the Talmud had to say. You may be surprised at the timelessness of some of these topics! Each class will be self-contained. Please drop in for any (or all) as your schedule allows. Classes are on Sunday from 9:30 – 10:30 a.m. when religious school is in session.



**Temple Sinai Blood Drive**  
**Sunday, March 11, 2018**  
**9:00 a.m. - 2:00 p.m.**  
**Social Hall**

To schedule your life saving appointment please call 1-800-Red-Cross or visit [RedCrossBlood.org](http://RedCrossBlood.org) and use sponsor keyword: **templesinairochester**

Streamline your donation experience and save up to 15 minutes by visiting [RedCrossBlood.org/RapidPass](http://RedCrossBlood.org/RapidPass) to complete your pre-donation reading and health questionnaire on the day of your appointment.

## Contacting The Rabbis

Please let the temple office (381-6890) know of any illnesses, deaths or joyous occasions so that the Rabbis and the congregation can respond appropriately. Also, remember not to schedule any life cycle events at which Rabbi Katz or Rabbi Till will be present without speaking to them first.

To reach Rabbi Till in an emergency, please call her cell phone (355-0192). While Rabbi Katz is on sabbatical, please call the temple office if you need to contact him.

It is a mitzvah to visit those who are ill. We ask temple members who are aware that one of our members is in a hospital to please call the Temple Sinai office so that one of our Rabbis may visit them.



# March 2018 Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<p align="center"><b>April Erev Shabbat Services</b></p> <p>April 6: Erev Shabbat Family Service @ 6:00 p.m.</p> <p>April 13: Young Family Service @ 6:00 p.m. Erev Shabbat Service @ 8:00 p.m.</p> <p>April 20: Erev Shabbat Service @ 6:00 p.m.</p> <p>April 27: Erev Shabbat Service @ 8:00 p.m.</p>			1	2	3
<p align="center">4</p> <p>School in Session Purim Assembly Sprouts 9:30 a.m. Coffee for a Cause 9:30 a.m. Adult Ed 9:30 a.m. Adult B'nei Mitzvah Class 9:30 a.m. Conversational Hebrew 10:30 a.m. Keshet 12:00 p.m.</p>	5	6	7	8	9	10
<p>Red Cross Blood Drive 9:00 a.m. - 2:00 p.m. School in Session 3<sup>rd</sup> Grade Program Inclusion Awareness &amp; Education Day 9:30 a.m. - 2:00 p.m. Adult Ed 9:30 a.m. Adult B'nei Mitzvah Class 9:30 a.m. Conversational Hebrew 10:30 a.m. Keshet 12:00 p.m.</p>	11	12	13	14	15	16
<p>School in Session 2<sup>nd</sup> Grade Program Sprouts 9:30 a.m. Adult Ed 9:30 a.m. Adult B'nei Mitzvah Class 9:30 a.m. Conversational Hebrew 10:30 a.m. Keshet 12:00 p.m. 6<sup>th</sup> - 8<sup>th</sup> Grade SAWCY Program 12:00 p.m.</p>	18	19	20	21	22	23
<p>School in Session Model Seder Adult Ed 9:30 a.m. Adult B'nei Mitzvah Class 9:30 a.m. Conversational Hebrew 10:30 a.m. Keshet 12:00 p.m.</p>	25	26	27	28	29	30
	26	27	28	29	30	31
	<p>Shalom Hartman Class (pre-registration required) 6:30 p.m. College Connection 6:30 p.m.</p>		<p>School in Session</p>		<p>1<sup>st</sup> Seder Erev Passover - No Service</p>	<p>Joint Passover Service at TBK 10:30 a.m.</p>

# Big Changes for Mitzvah Day May 5, 2018!

The Social Action Committee and School of Jewish Life and Learning staff are planning a new structure for Mitzvah Day this year and moving forward. We want to involve people of all ages working together on projects of special interest. Watch for detailed information in the next Bulletin and Snippets. This month we are collecting your ideas for Mitzvah Day Projects. Do you have a favorite local organization that could use help? Please email your ideas to [nancyronkraus@earthlink.net](mailto:nancyronkraus@earthlink.net). If you would like to be a team captain and organize your project please let me know.

*Nancy Kraus* on behalf of Social Action Committee and School of Jewish Life and Learning

**we are**  
going to

ITALY

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2 – 12, 2018

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TEMPLE SINAI

Temple Life



# Yahrzeits

*The departed live on in the hearts of those who cherish their memory*

## March 2 & 3

Bernard Agins  
Joel Bloom  
Polina Borukhova  
Marion Brownell  
Hannah D. Cohn  
Milton Daitz  
Lena Danoff  
Hy Feinstein  
Robert Fleischer  
Elsie Forman  
Bernard Frank  
Maurice Freedman  
Richard Freedman  
Margaret Golden  
David Goldman  
Jack Gordon  
Pavel Gurvich  
Arnold Israel  
Samuel Jacobs  
Shirley Jacobson  
Morris Kaiser  
Riva Khishchenko  
Yetta Kiener  
Pearl Kleiman  
Moysey Solomon  
Krasnik  
Isabel Kraus  
Stanley Muszynski  
Paul Nemetz  
Sadie Rosen  
Renee Roth  
Ben Saidel  
Libby Schlossberg  
Paul Schweid  
Arnold Sheidlower  
Robert Silberman  
Ethel Simon  
Jack Slawetsky  
Richard Sloane  
Mary Jo Smith  
Bessie Weinstein Spector  
Charlotte Tickell  
Ilya Vinokur  
Nadia Wehbe  
Mary Weitz  
Lauren Wexler  
Russell Zuckerman

## March 9 & 10

Tsiporah Adar  
Abraham Auerbach  
Charles Baker  
Morris Berg  
Agnes Cole  
Samuel Cramer  
Anne Drazhal  
Eugene Ellis  
Marshall Falk  
Melvin Fernandez  
Nathan Fishgold  
Miriam Fishgold  
Esther Freedman  
Thelma K. Glasner  
Barbara Goodman  
Lillian Gould  
Diana Guest  
Lionel Honorat  
Bernard Jacobs  
Joseph Keil  
Herbert Kevin  
Revekka Kosmandel  
Morris Lux  
Mildred Lux  
Harold Mann  
Miriam Marx  
Ida Mendler  
Pearl Mercier  
Sanford Meyerowitz  
Leonard Newman  
Hyman Ring  
Fanny Rosenbloom  
Herbert Sadoff  
Leonid Sanberg  
Bess Soloway  
Taubert Stein  
Henry Stein  
Henry Essex  
Stropnicky  
Dov Weidenfeld  
Yefim Yermis

## March 16 & 17

Faye Levine Arbus  
Sara Brodsky  
Agnes Caselli

Jay M. Etlinger  
David Forman  
Fredy Fox  
Adel Goldshteyn  
Benjamin Hiller  
Samuel Hyman  
Joseph Kellerman  
Doris Kevin  
Shelly Kiener  
Raymond Kolman  
Milton Kolman  
Harry Lebman  
Richard Leonard  
Walter Leventhal  
Selma Levy  
Kam Hang Lui  
Arlene Messina  
Sidney Metzger  
James Murphy  
Irene Neisner  
Dorothy Olsan  
Beatrice Phillips  
Ory Pranger  
Maurice Ring  
Rueben Rosenbloom  
Nathan C. Schoenfeld  
Ann Schruttt  
Ruth Shelofsky  
Mikhail Shinder  
Sarah Silver  
Morton Simon  
Kate Tarloff  
Ruth Volinsky  
Annette Wedge  
Edith Zatzkin  
Ann Zoltak

## March 23 & 24

Esther Abramovitz  
Sandra Baxter  
Phyllis Rapp Brown  
Charles Bullard  
Margaret Ebner  
Pierre Fenster  
Bob Fischer  
Ben Frindel  
Molly Gross

Pesya Gurevech  
Abe Levitt  
Rachel Morrison  
Eliana Nasser  
Richard Phillips  
Jodie Reif  
Julia K. Rosenfeld  
Herman Sarachan  
Henrietta Schester  
Richard Schonfeld  
Sharon Wexler

## March 30 & 31

Levi Baker  
Annie Becker  
Otto Berko  
Jeanette Brill  
Robert Burton  
Margaret Ein-Gal  
Sarah Feltquate  
Pauline Fox  
Irving Friedlander  
Susan Frishman  
Sol Gasster  
Ida Greenfield  
Rose Helper  
Sarah Kalfin  
Henry Kantor  
Khananiya Kaplan  
Lynne Kareken  
Roberta King  
Nancy Klein  
Marvin Kucker  
Mildred Lapin  
Evelyn Levine  
Jerome Louis  
Rose Moress Presberg  
Paul Reiser  
Nan Schneeberg  
Rodney  
Muriel Rothstein  
Gloria Sarachan  
Boris Schneeberg  
Stacy Schwartz-Shepard  
Sarah Smolowitz  
Gordon Wagner  
William Yalowich



# INCLUSION AWARENESS and EDUCATION DAY

## March 11, 2018

Speaker and discussion leader Shelly Christensen, MA, FAAID,  
Co-founder of Jewish Disability Awareness Month

Christensen, author of *The Jewish Community Guide to Inclusion of People with Disabilities*, will lead three discussions aimed to educate the congregation about the challenges faced by members with disabilities. We'll brainstorm solutions to those challenges in an effort to promote accessibility and inclusion at Temple Sinai. Please join fellow members at any one or more sessions that will inspire and motivate our growth into a synagogue that will be a welcoming spiritual home for us and our children.

9:30-10:30 a.m. - The Adult Ed hour, Shelly will lead a discussion of how Jewish text can guide us to advance inclusion in our community.

10:45 a.m. - 12:00 noon - "Parenting a child with a disability" is for all of us, whether on this adventure or not! Parents, advocates, supporters, friends, family will learn in this reassuring discussion helping create a useful framework for your own journey.

12:00-2:00 p.m. - "From Longing to Belonging: How to Advance Inclusion at Temple Sinai." Based on Jewish values and the most progressive approaches to inclusion of people with disabilities, mental health conditions, and those who love them, we'll take inclusion at Temple Sinai to the next level. Complimentary lunch included.

PLEASE RSVP for lunch by MARCH 7 at [tsinai.org](http://tsinai.org) or call the Temple office. Donations greatly appreciated.



We are pleased to partner with  
Jewish Federation for ASL interpreter services.

For sign language interpreter services:  
Email: [asl@jewishrochester.org](mailto:asl@jewishrochester.org)  
Videophone: 585.286.2355  
Voice: 585.354.4495



### Temple Contacts

#### Rabbis

Alan J. Katz [rabbikatz@tsinai.org](mailto:rabbikatz@tsinai.org)

Debbi Till [rabbittill@tsinai.org](mailto:rabbittill@tsinai.org)

#### Education Director

Ilan Adar [iadar@tsinai.org](mailto:iadar@tsinai.org)

#### Cantorial Soloist

Elise Wojciechowski

#### Executive Director

Jerry Elman [jelman@tsinai.org](mailto:jelman@tsinai.org)

### Officers

#### President

Blanche Fenster

#### Secretary

Renee Brownstein

visit our website:  
[www.tsinai.org](http://www.tsinai.org)

#### Vice Presidents:

**Administration** Keith Greer

**Congregant Connections** Carol Yunker

**Finance** Victor Poleshuck

**Education** Barb Snyderman & Bari Wexler

**Religious Practices** Ellen Goldenberg

**Youth Initiatives** Eric Rozen

**Caring Community & Social Action**

Anne Ghory-Goodman

# Women's Chavurah

## A Passover Seder From the Perspective of Women



Led by Rabbi Debbi Till  
and Leah Sherman

**Wednesday, March 21<sup>st</sup>**

6:00 p.m. in the Social Hall  
(Doors will open at 5:45 p.m. for check-in.)

**The program will include a presentation  
by The Rochester Regional Coalition  
Against Human Trafficking**

*Not for women only...all Temple members and their  
guests are welcome!*

Each Temple member is asked to bring a  
Passover-appropriate dish to pass (dairy or  
vegetarian)

A donation of \$5 for each non-Temple member  
guest is suggested

Care package items for victims of human  
trafficking will be gratefully accepted  
(*travel size personal care products, toothbrush,  
toothpaste, hand wipes, bottled water or juice,  
protein snack bars, hair brush, lip balm, tampons or  
liners, new underwear or socks*)

To make a reservation, please contact Carol  
Yunker at 385-3910 or VPKelly@aol.com no  
later than March 16<sup>th</sup>

We'll need to know:

1. What dish you are bringing (please select a  
salad, side dish, main dish or dessert)
2. The name/s of the people you would like  
to be seated with, or if you would like us  
to arrange a table for you (8-10 seats)

Temple Sinai Women's Chavurah hosted  
Celebrity Chefs- Baking edition in February.  
Thanks to our four demonstrators – Ilan Adar,  
Janet Irwin, Donna Lederman and Bev Groden.



### AARP SMART DRIVER COURSE

Temple Sinai has partnered with AARP to  
offer a course designed for mature licensed  
drivers to tune up on driving skills. Upon  
completion, participants may receive up to  
10% multi-year reduction on certain portions  
of auto insurance coverage. New York DMV  
MAY allow up to a four-point reduction.  
This course is open only to TEMPLE SINAI  
FAMILY MEMBERS.

This is a 6-hour class. Attendees MUST be  
present for the entire session. Hours are from  
9:00 a.m. – 12:00 p.m. Class dates are June 7<sup>th</sup>  
and June 14<sup>th</sup> OR August 9<sup>th</sup> and August 16<sup>th</sup>.  
Participants MUST bring NYS driver's license  
to class. Classes will be held in the Youth  
Lounge.

Fee: \$20 AARP members/\$25 non-members,  
payable at start of first class (check only, no  
cash). Checks payable to AARP.

Go to [tsinai.org](http://tsinai.org) and click link 'AARP Smart  
Driver Course' to register. You will develop  
a greater appreciation of new driving  
challenges!



## Temple Member Making a Difference

Richard Rosen works with the Reform Jewish Voice of New York. He has proposed to create a subcommittee of the Social Action Committee at Sinai to work on legislative advocacy issues. Please contact him for more information, to join advocacy efforts, or to learn more about the March 12 Advocacy Day in Albany. See Richard's overview below:

Reform Jewish Voice of NY, our state's advocacy arm of the Religious Action Center (RAC), invited me to become a member of the Steering Committee in 2017. As a member of Temple's Social Action Committee, I will inform you of upcoming initiatives.

Criminal justice reform is a plank in the agenda of our movements' Religious Action Center, and Brit Olam congregations. The urgent issue now is that poor people can't post bail when locked up for even the smallest misdemeanors. They can languish in jail for months, destroying families and sending children into foster care. Over 70% of jail inmates haven't been convicted of a crime. They are incarcerated because they can't post cash bail. Governor Cuomo has proposed eliminating this vestige of Dickensian debtors' prison. Although the State Assembly has a large majority in favor of this change, the State Senate does not have the majority needed to pass this legislation. Reform Jewish Voice of NY urges us to visit our State Senators. The tally appears to be close, so we can make a difference!

Legislators pay attention to what they hear from their own constituents. Do you know who represents you in Albany?

- Joe Robach (R): Brighton, west side Rochester, Greece, Gates
- Rich Funke (R): Irondequoit, Penfield, east side of Rochester, Pittsford, Perinton
- Patrick Gallivan (R): Henrietta, Wheatland
- Michael Ranzenhofer (R): Chili, southwest Rochester
- Pamela Helming (R): Webster

Several hundred congregants of Reform Jewish temples throughout the state will converge on Albany Monday, March 12, to meet with our senators, and make our voices heard. Appointments will be made in advance so that we (hopefully) get to speak to the senator directly. Other issues for which we can advocate include:

- A state "Roe v. Wade" to assure a woman's right to choose if federal protections end
- Voter registration and the addition of a weekend when polls will be open
- Redistricting reform: (Rochester's senate districts reflect gerrymandering at its worst.

You can register for the March 12 Lobby Day and learn more at the Reform Jewish Voice website: [rjvnys.org](http://rjvnys.org)

I look forward to an invigorating day with other Sinai members! If you have any questions please contact Richard Rosen, 585-415-3448 or [rrosen182@gmail.com](mailto:rrosen182@gmail.com).

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## P.A.D. Party Update

33 members from Hadassah Rochester, NCJW and Temple Sinai's Women's Chavurah (including 8 teens and young women) came together on January 17<sup>th</sup> to assemble personal hygiene kits for 5 organizations, serving women in need in the Rochester area. 144 full cycle kits were assembled into reusable cloth bags sewn by NCJW members under the direction of Lois Kuh - as well as 93 emergency kits. Recipient organizations were: Mary's Place of Refuge, The Women's Place, PCHO (Person Centered Housing Options), Baden Street Settlement and the Regional Coalition Against Human Trafficking.

A big thank you to Gina Horowitz, NCJW P.A.D. Project Chair, Carol Yunker, Co-Chair of the Women's Chavurah, to all who donated products for our kit making, and to the following assemblers: Sarah Attanasio, Linda Bartlett, Stacey Bershod, Julia Cavanaugh, Laura Chekow, Arlene Cooper, Sharon DiMatteo, Gail Ferraioli, Joyce Heilbronner, Gina Horowitz, Monika Katzel, Jill Kravetz, Lois Kuh, Barbara Orenstein, Joyce Poleshuck, Anita Post, Alice Rudolph, Bobbi Sarnov, Hannah Sarnov, Joyce Schachter, Rebecca Schacher, Judy Schwartz, Sue Segelman, Sheryl Silberman, Sharon Silvio, Ariel Tabachnikoff, Jordan Tabachnikoff, Rabbi Debbi Till, Maya Tuber, Alli Weiner, Sue Weiner, Judy Weinstein, and Carol Yunker.

*Monika Katzel*, Hadassah P.A.D. Party Chair



RABBI KATZ'S DISCRETIONARY FUND*In memory of*

**Vivian Boelio**, by David Boelio  
**Merit Skerker**, by Allan Skerker  
**Helen Proulx**, by Steven & Janine Coan  
**Janice Richmond**, by James & Michele Austin  
**Harvey Rosenbloom**, by Michael, Susan & Nathan Rosenbloom  
**Morton Rosenbaum**, by Warren & Pam Rosenbaum  
**Myra Schoenfeld**, by Ed Bessette  
**Hilda Lazier**, by Joe & Jeni Behrman  
**Joan Hyman**, by Robert Hyman  
**Shirley Shapiro Naimark**, by Susan & David Spector

*In honor of*

The birth of **Rabbi & Jan Katz's granddaughter Leyla**, by Peggy Cherkasky

RABBI TILL'S DISCRETIONARY FUND*In memory of*

**Harris Jacobson**, by Larry & Amy Jacobson  
**Esther Elwitt**, by Marcia Elwitt  
**Nathan Drayer**, by Rebecca Drayer  
**Merit Skerker**, by Allan Skerker  
**Harvey Hiller**, by Nancy Hiller  
**Esther Staenberg**, by Marsha Boelio

*In honor of*

The birth of **Marilyn & Remy Fenster's grandson Benjamin**, by Barb & Al Mendler

ACCESSIBILITY & INCLUSION FUND*In memory of*

**Lilly & Charlie Silver**, by Ann Shamaskin  
**Vincent Sanginario**, by Harry & Louis Kahn  
**Robert Rosen**, by Maxine & Jerry Rosen

*In appreciation of*

**Joyce Schachter & Jerry Elman's help**, by Sharon DiMatteo

ADULT EDUCATION FUND*In memory of*

**Golde Wolkoff**, by Michael Wolkoff

BUILDING FUND*In memory of*

**David Brzowsky**, by Jerry & Janet Elman

FLORAL FUND*In memory of*

**Janice Richmond**, by Paul & Cheryl Aloï

GENERAL ENDOWMENT FUND*In memory of*

**Ida Muszynski**, by Ed Muszynski & Bonnie Hughes  
**Louis Fraum**, by Ed Muszynski & Bonnie Hughes  
**Caye Gibbons**, by Adam & Jen Anolik  
**Alice Levine Rosen**, by Donna & Norm Lederman, Tom & Vicki Finnefrock, Monika & Lester Katzel

*In appreciation of*

**All those who made the Schmoozin' Shabbat and Rockin' Shabbat service special**, by David Kotok  
**Carol Goldsmith**, by Joyce Schachter

GENERAL OPERATING FUND*In memory of*

**Rose & Max Berns**, by Sam & Lauri Berns  
**Moysey Krasnik & Tatyana Krasnik**, by Emiliya Keyserman

JOEL BLOOM MEMORIAL FUND*In memory of*

**Glory Green**, by Lynn Doescher

LAMPERT MUSIC FUND*In memory of*

**Tony Dechario**, by Barbara Dechario, Robyn & Irene Belyakov-Goodman  
**Adele Brzowsky**, by Jerry & Janet Elman  
**Sophia Stekloff**, by Steven & Janine Coan

LIBRARY FUND*In memory of*

**Alice Levine Rosen**, by Allan & Judy Schwartz

MITZVAH CONNECTION FUND*In memory of*

**Mildred Montrose**, by Elaine Montrose Usdane  
**Ronan Louis**, by Carol & Michael Yunker  
**Suzanne Gloria Major**, by Jo-Ann Hussion  
**Esten Coan**, by Carol & Michael Yunker

*In honor of*

**Fran Zlochower's milestone birthday**, by Ellen Kriger

SHABBAT FAMILY PROGRAM  
ENDOWMENT FUND*In memory of*

**Leon Rosenfeld**, by Paul Rosenfeld & Sylvia Rose



ONEG FUND

*In memory of*

**Fred Feinstein**, by Herbert Feinstein  
**Henry Cooke**, by Bess & Ed Lewis

A donation has been made by Ellen Loughrin

PRAYERBOOK FUND

*In memory of*

**Myra Schoenfeld**, by The Mitzvah Connection  
**Joseph Gimple**, by David & Karen Gimple  
**William Heller**, by Nadine & Steve Friedlander  
**Adam Hendelson**, by Nadine & Steve Friedlander  
**Jacob Friedlander**, by Nadine & Steve Friedlander  
**Hyman Cresov**, by Marvin & Irene Barkin

RAIHN FUND

*In memory of*

**Murray Schmutter**, by Sue Tebor  
**Sandi Fogarty**, by Bobbi Sarnov  
**Ilya Vinokur**, by Robyn & Irene Belyakov-Goodman

*In honor of*

The birth of **Marilyn & Remy Fenster's** grandson **Benjamin**, by Amy & Larry Jacobson  
**Susan Stanger's** special birthday, by Robyn & Irene Belyakov-Goodman

SINAI YOUTH GROUP FUND

*In memory of*

**Moe Wiesenberg**, by Jerry & Arlene Wiesenberg  
**Pierrette Tabor**, by The Wolff Family

DICK SCHONFELD SOCIAL ACTION FUND

*In memory of*

**Eva Frye & Shubert Frye**, by Sarah & Ed Bullard  
**Bruce Burr**, by Rebecca Drayer  
**Shirley & Bernard Schwartz**, by Barbara & Eugene Schwartz  
**Alice Levine Rosen**, by Joyce & Charlie Schachter  
**Sarah Rapp**, by Peggy Cherkasky

TORAH RESTORATION FUND

*In memory of*

**Thelma Goldberg**, by Audrey Sussman  
**Lester Abelman**, by Judy Abelman & Barry Goldfarb

WINDOWS OF LIGHT FUND

*In memory of*

**Alice Levine Rosen**, by Karen & Ron Newman  
*Healing wishes to*  
**Marvin Barkin**, by Peggy Cherkasky

*For information about these funds, go to our website: [www.tsinai.org/AboutUs/Contributions/](http://www.tsinai.org/AboutUs/Contributions/)*

*Tributes received after February 10<sup>th</sup> will be acknowledged in the April Bulletin*

Our March Shabbat Dinner with Friends is celebrating the Oscars! Please join us on Friday, March 2<sup>nd</sup> after the 6:00 p.m. service for a menu that will be based on Oscar nominated movies. Not sure what that means? Then be sure and join us for a creative menu! Think you know all about the Oscars? We'll have trivia questions based on the Academy Awards on each table to challenge you.




**Highlighted Fund**

**ACCESSIBILITY AND INCLUSION**

This fund is used to support our belief that all people who belong to Temple Sinai should have equal access to our programs and facilities. Funds are used for both technology and facilities improvements to accomplish this goal.



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Date:

A Tribute to  
**ELISE WOJCIECHOWSKI**

**April 28, 2018**  
6:30 p.m.

Look for your invitation in the mail



**HELP US CELEBRATE  
ELISE & WISH HER  
WELL IN HER  
RETIREMENT!**