JEWISH DISABILITY AWARENESS AND INCLUSION MONTH

Join us every Friday night in February as we focus on different issues that affect a congregant’s ability to participate in Temple life. Help us make Temple Sinai welcoming to all congregants and guests through your participation in these services. For more information, see page 10.

Join us on March 9th for SINAI CAFÉ
7:30 – 9:30 p.m.
A fun new event open to members and non-members.
More information can be found on page 3.
Jewish tradition teaches us that it is our responsibility to ensure equal access for all people and to help facilitate the full participation of individuals with disabilities in religious and public life. Pirkei Avot (The Ethics of our Fathers) reads, “Do not separate yourself from the community” which reminds us that we must also prevent anyone from being separated from the community against their will.

Leviticus 19:14 commands, “Not to insult the deaf, nor place a stumbling block before the blind.” Insults and stumbling blocks, we know, can come in many forms, from unintended exclusive language, to less-than-accessible buildings, Shabbat and festival services, prayer books, classes, meetings and social gatherings that by their design, may not be accessible to people with disabilities. Judaism obliges us to remove these insults and stumbling blocks and to increase our awareness of the needs of others in all our sacred endeavors. February has been designated as Jewish Disability Awareness and Inclusion Month, a month of unified and coordinated efforts among Jewish organizations and communities worldwide to raise awareness and foster inclusion of people who have disabilities. We are blessed at Temple Sinai to have an extraordinary group of people on the Accessibility and Inclusion Committee, who are committed to exploring and responding to the evolving and various needs of those with differing abilities and those among us whose styles of learning, praying, and engaging may be somewhat different.

One of the many reasons I have grown to love Temple Sinai is how warmly received my family and I were when first we came to this wonderful community. I sensed early on that there was willingness to “meet people where they are” and that most anything (within reason!) could be accommodated. If someone wants to be involved, there is a place, a way, a service, a class, a committee, a choir, that wants their involvement. “Inclusive” and “value-driven” are some of the words I use to describe Temple Sinai to others. Ensuring that there are ample opportunities for every person to participate in meaningful ways in the life of our Jewish community has been at the core of the work of many who volunteer and serve at Temple Sinai and certainly at the heart of the work of the Accessibility and Inclusion Committee.

Each Shabbat evening service during the month of February, the committee has secured presenters who will share their expertise regarding four specific areas of focus; visual impairments, mental health, deafness and hearing difference, and developmental and sensory needs. In addition to the guest speakers, Shabbat services will incorporate musical selections, readings, movements and visual cues that will serve to heighten our awareness of the various needs of those with whom we worship, study and engage each week. Each of us is created b’zelem Elohim, in the image of God, and we hope that you will join us each week as we deepen our learning and respect for one another, honor our differences and similarities, and that you will help us broaden access to all who call or may call, Temple Sinai home.

Feel free to reach out to Lauren Lieberman llieberman@brockport.edu or Joel Shamaskin Joel_Shamaskin@URMC.Rochester.edu for more information about Temple Sinai’s Accessibility and Inclusion Committee.

Rabbi Debbi Till

Contacting the Clergy

Please let the temple office (381-6890) know of any illnesses, deaths or joyous occasions so that the Rabbis and the congregation can respond appropriately. Also, remember not to schedule any life cycle events at which Rabbi Katz, Rabbi Till, or Cantor Braun will be present without speaking to them first.

To reach Rabbi Till in an emergency, please call 355-0192. To reach Cantor Braun in an emergency, please call 973-953-2489. Rabbi Katz will be on sabbatical till mid-April.

It is a mitzvah to visit those who are ill. Please remember that HIPAA regulations prevent hospitals from alerting us when someone is ill. We ask temple members who are aware that one of our members is in a hospital to please call the Temple Sinai office so that one of our Rabbis may visit them.
Why the Sephardic Melodies are so Popular in Reform Synagogue

In the 1960’s, synagogue music in the Reform movement had experienced a major transformation. Sing along camp tunes accompanied by guitar began to enter our worship. There were many influences including Israel’s victory in the Six-Day War that have brought guitar and congregational singing into our services. It was at that time when Israeli songs were introduced into Reform Worship. Our beloved “Oseh Shalom” that was written by Nurit Hirsh right after the Six-Day War, became instantly popular in our services. Moreover, during that time, the Reform movement changed Hebrew pronunciation from Ashkenazic to the Sephardic.

In the late 1960s and beginning of the 1970s, Chassidic sing-along melodies were brought into Reform worship. These tunes were soulful, catchy and very rhythmical. These Chassidic melodies resonated with our congregants and immediately became a part of our congregational singing.

In the 1980s cantors and Jewish musicians began to explore music from the Jewish communities of Turkey, Spain, Iraq, Morocco, Libya, Yemen, Syria and Egypt. The melodies from these communities were so different in style. Each Sephardic community offered a unique rhythm and sound. Our worshipers were immediately impressed and inspired by the diversity of the melodies and their richness. They found them to be very dynamic, interactive, participatory and easy to follow. In fact, guitar became a main instrument to accompany Sephardic melodies because guitar is a popular instrument throughout the Sephardic world.

As a result, these diverse Sephardic melodies appeal to many of us because we all come from different traditions and are looking for beautiful meaning and inspiration.

I hope that during our Shabbat services you all join me in singing the soulful and rhythmical tunes from Sephardic culture!

B’Shalom,
Cantor Renata Braun

You’re Invited

Sinai Café

Enjoy a casual, adult evening of “not your average” hors d’oeuvres, friendship and entertainment! Open to members and non-members alike. $7.00 per person.

Finger foods • Sweets • Live music
Wine, beer, soda, coffee • Table games

March 9, 2019
7:30 - 9:30 p.m.

For details, call 585-381-6890
RSVP by February 28 at tsinai.org
February 2nd is Groundhog Day. Not a Jewish holiday for sure, with its relation to the Christian Candlemas, but definitely one of note in Rochester, NY. Every year we wait to see if Punxsutawney Phil will see his shadow and predict six more weeks of winter or if spring will arrive early. But mostly, we just slog through February snow, sure that even six weeks more of winter would be a sooner end than usual.

Snow is a given for Rochester winters. We hope for it (and don’t always find it) on days like our Winterfest, also on February 2nd, but tend to get a little tired of it as February continues. But have we ever considered how those with disabilities are affected by our Rochester winters?

February is Jewish Disabilities, Awareness, Acceptance and Inclusion Month nationally, and at Temple Sinai we are taking each one of our February Friday Erev Shabbat Services and focusing on a different issue that could affect a congregant’s ability to participate in Temple life.

Our first Friday of the month will focus on visual disabilities. Consider for a moment the difficulty of navigating even the most familiar landscape if you do not have the ability to see dangers such as black ice or standing water. We have already made sure that our custodians know to salt and shovel our handicap access ramps first in the winter, but it is likely that some of our aging congregants have visual in addition to mobility concerns. Driving in winter conditions can also be difficult for some of our more seasoned members, especially those that may be dealing with cataracts or macular degeneration. The early sunset can also discourage some from attending services. In our February weather, consider offering a ride to a friend that may need it, or an arm to help guide from the parking lot to the door.

Our second Friday of the month focuses on mental health. Seasonal depression can be common in the winter, and February tends to be a month when people spend more time indoors with less activity, less socialization and less sunlight. If you have friends or relatives that you know have limited social interaction in these winter months, consider making a phone call just to check in, or stopping in for a quick visit.

Our third Friday will focus on deafness and hearing differences. In February we will also be finishing our first Introduction to ASL (American Sign Language) class, and we hope that some of our newly trained signers will come to the service to practice what they have learned.

For our last Friday of the month, we will focus on developmental and sensory processing disorders. Winter can be a very difficult season for children with sensory issues. For children that may already have trouble with things like seams in their socks and snug fitting shoes, a season of coats and boots and mittens can seem like an insurmountable obstacle. It is important that we as congregants make sure we are as welcoming as possible, understanding that sometimes perfect behavior isn’t possible, and just being present is a success. Smiles are sometimes all that’s needed.

Of course, every month and every season brings its own collection of difficulties for those with disabilities, but when we help each other and make sure that February is not the end of our awareness, but a reminder of what we need to do all year long, we can be inclusive of all that wish to find their home at Temple Sinai.

Blanche Fenster
When flipping a page of our calendars to 2019, we recognize that despite having a world full of instability, hatred, corruption, and immoral behavior, 2018 could be remembered also as a year of providing support and assistance to incoming refugees; a year of personal happiness; a year of forward-coming and courage to speak your mind; and a year of awareness of various aspects of inequality.

It is, therefore, my wish and hope that 2019 will beat the odds in being a fulfilling, healthy, peaceful, and joyful year!

**January Events**

The month of January “hosted” various programs and events: On Friday, the 4th, students of our 4th and 5th grade helped lead our Erev Shabbat service; on Sunday, the 6th, our 8th and 9th grade Kesher students attended the Baber AME church service as part of their Comparative Religious curriculum; on Sunday, the 13th, our teachers attended the all-schools PD workshop at TBK centering on experiential learning; and the following Sunday we celebrated the holiday of Tu Bishvat.

On Saturday, January 26, our 7th grade class and their parents attended a Shabbaton that was devoted to subject of becoming a Bar/Bat Mitzvah; and during the next day, Sunday, Jan. 27, our 6th grade students and their parents gathered in the social hall for a special program about Israel that centered on: “Israel: A Country of Innovations.” The program concluded with a special Israeli/Mediterranean lunch.

**Specials during February**

**Friday, Feb. 2:** Shabbat Family Service (6:00 p.m.) followed by Shabbat Dinner with Friends (7:00 p.m.) Our Sason will sing a few songs.

**Sunday, Feb. 3:** Sprouts

**Friday, Feb. 9:** Young Family Service (6:00 p.m.) & Erev Shabbat Dinner (7:00 p.m.)

**Sunday, Feb. 10:** Sprouts; 1st grade program with parents; Sinai Campfire Sing Along; Coffee for a Cause

**Sunday, Feb. 17 – 24:** No School or Kesher (Mid-Winter Recess)

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**Social Action**

The U. S. Census Bureau released the 2013-2017 poverty data, and unfortunately, Rochester did not fare well. Rochester ranked third in overall poverty among the nation’s 75 largest metropolitan areas, with Detroit, Michigan and Cleveland, Ohio ranking first and second respectively. The city’s child poverty rate grew from 50.5% to 51.9% and the rate of extreme poverty (below half the federal poverty line) grew from 16.3% to 16.8%. Rochester remains 1st in overall poverty, child poverty, and extreme poverty among comparable sized cities. When broken down by race/ethnicity, 35% of Black/African Americans are living in poverty followed by Latino/Hispanic (34%), Asian (18%), and White (10%).

Rabbi Sid Schwarz delivered a talk at the annual meeting of the World Bank in Washington D.C in October 2014. He was part of a panel of clergy that was invited to offer their respective faith tradition’s approach to poverty. His talk was titled Judaism’s Moral Imperative to End Poverty. Rabbi Schwarz referenced three principles found in Deuteronomy chapter 15 to illustrate his point.

v4-5: “There shall be no needy among you - for God will surely bless you in the land which God gives to you as an inheritance as long as you observe and do all the commandments that I command you this day.”

Rabbi Schwarz explains that the opening verse is not intended as a description of any reality, but rather a prescription of what we need to work towards. He goes on to say that in Judaism, despair is not an option. Surrender is not an option. Resignation is not an option. As Jews, we cannot rest until we cross the River Jordan and get to the promised land of abundance.

v.7: “If there is among you a needy person, one of your brethren, within your gates...you shall not harden your heart nor shut your hand from your needy brother.”
**Within Our Family**

*In Memoriam*…
Temple Sinai notes with sorrow the passing of:
Carl Kolman, father of Pauline Rosenberg
Rosalie Yacknin, mother of Ellen Yacknin

The Temple family extends its heartfelt sympathy to the families.

*Mazal Tov to*…
Jane Amstey for becoming the new Camp Seneca Lake Director
Art & Judy Weinstein on the birth of granddaughter Joelle McFall Weinstein
Yefim & Svetlana Royzer on the engagement of daughter Rebecca to Robert Alpern
Rozanne Marcus on the birth of grandson Henry Apollo Quinn, son of Andrew Quinn and Debra Sweersky
Susan & Peter Bondy on the birth of granddaughter Hadley Maya Bondy, daughter of Dan & Leah Bondy

*Todah Rabah to*…
Gary Levy for taking the pictures of our spring B’nei Mitzvah students that appear each month in our bulletin

*Welcome to New Members*…
Gary Ginsburg and Ann Ginsburg
Joanne Frolich
Andrew Hirsch

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**Social Action** continued on page 6
We are commanded to respond both materially and spiritually to our needy neighbors. In ancient Israel, the rabbis required that landowners leave the corners of their field unharvested. Those corners were then made available to the poor of the community to harvest. To quote Hillel: “If I am not for myself, who will be for me? But if I am only for myself, what am I?”

v.8: “You shall surely open your hand unto the poor and lend the person sufficient for his need.”

Rabbi Schwarz believes this third principle teaches that in helping the poor, we must keep in mind how to do so in a way that preserves their dignity. It teaches us that a person’s dignity is not only about money. It is about helping the poor person feel spiritually whole and respected. Judaism teaches us that every human being is made in the image of God. Every person has infinite worth and infinite dignity.

The data released by the Census Bureau indicate that there is more work to be done in Rochester. Members of Temple Sinai have been and continue to be active in the community. Working together, we can and will make a difference.

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**RATSY**

RATSY is re-booting an event from the autumn—the Mall Scavenger Hunt!! This event involves running around Eastview Mall and collecting information on the scavenger list, with teams being judged for completeness and time. The objects can be “collected” via selfie. The most important aspect is that you get to spend time with your friends, laughing the entire time!

Teens will need sturdy footwear (to move quickly between locations) and the ability to see close up and distance (glasses and contacts are definitely necessary), as well as a positive attitude and strong desire to have a great time! If you have never been to a RATSY event, this is definitely one not to miss.

The event will be held on Saturday, February 23rd, from 12:00 to 2:00 p.m., with lunch at the start, followed by prizes at the end (lunch will be provided, but you are welcome to get something at the food court). To register or with questions, please reach out to us on Instagram @ratsyroc.

The next NFTY-NEL event is March 1-3 in Buffalo. Registration closes on February 13th. For details, visit https://northeastlakes.nfty.org/get-involved/events/. Scholarships may be available, so reach out to Jared Kronenberg at jaredk821@gmail.com for more information.
February 2019 Calendar

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<th>Sunday</th>
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<td>Erev Shabbat</td>
<td>Family Service with Sason participating, Birthday Blessings and &quot;Visual Impairments&quot; Awareness &amp; Inclusion 6:00 p.m.</td>
<td>Shabbat Dinner with Friends 7:00 p.m.</td>
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<td>School in session</td>
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<td>Membership Committee Meeting 6:00 p.m.</td>
<td>Young Family Service featuring Kindergarten &amp; 1st grade, followed by dinner 6:00 p.m.</td>
<td>Torah Study 9:15 a.m.</td>
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<td>JROC Band 6:30 p.m.</td>
<td>Klezmer Band Practice 7:00 p.m.</td>
<td>Executive Committee Meeting 7:00 p.m. Board of Trustees Meeting 7:30 p.m.</td>
<td>Erev Shabbat Service with &quot;Deafness &amp; Hearing Differences&quot; Awareness &amp; Inclusion 6:00 p.m.</td>
<td>Shabbat Morning Service 10:30 a.m.</td>
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<td>Daytime Book Group 10:00 a.m.</td>
<td>Rochester Regional Coalition Against Human Trafficking 4:00 p.m.</td>
<td>Erev Shabbat Service with &quot;Mental Health&quot; Awareness &amp; Inclusion 8:00 p.m.</td>
<td>Torah Study 9:15 a.m.</td>
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<td>Torah Study 9:15 a.m.</td>
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<td>Torah Study 9:15 a.m.</td>
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<td>NO SCHOOL NO ADULT ED</td>
<td>School in Session</td>
<td>No School Klezmer Band Practice 7:00 p.m.</td>
<td>Torah Study 9:15 a.m.</td>
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### SHABBAT DINNER WITH FRIENDS

*Please join us after the 6:00 p.m. service on Friday February 1*. We’ll be serving a variety of Italian dishes and there will be gluten free alternatives.

February is Disability Awareness month at temple and there will be a presentation on visibility impairment appropriate for families. So join us for a tasty dinner and the opportunity to learn something new.

### March Erev Shabbat Services

- 3/1 Erev Shabbat Family Service @ 6:00 p.m.
- 3/8 Young Family Service @ 6:00 p.m.
- Erev Shabbat Service @ 8:00 p.m.
- 3/15 Erev Shabbat Service @ 6:00 p.m.
- 3/22 Erev Shabbat Service @ 8:00 p.m.
- 3/29 Erev Shabbat Service @ 6:00 p.m.
Yahrzeits
The departed live on
in the hearts
of those who cherish their memory

Feb. 1 & 2
Bella Alpert
Harriet August
Max Berns
Vivian Boelio
Mark Cohn
Henry Cooke
Ed Doescher
Jerome Fain
Steven Fishbein
Charles Flowers
Sandi Fogarty
Jacob Friedlander
Evelyn Frishman
Jack Frishman
Edward Goldberg
Wallace Griffith
Joan Hyman
Sadie Kaiser
Bernadine Kucker
Hilda Lazier
Sarah Lewis
Marian Loeb
Willis Pierce
William Pine
Janice Richmond
Harvey Rosenbloom
Berkley Roth
Rose Rubel
Vincent Sanginario
Murray Schmutter
Jacob Schuster
Esther M. Schwartz
Raymond Schwartz
Nukhim Shilman
Mirit Skerker
Joel Smetana
Charles Soloway
Pauline Tanzman
Adela Vaisman
Carola Wachtel
Avis Waddell
Sarah Zuckerman

Feb. 8 & 9
Dorothy Bassett
Henry Berns
Mildred Block
Ruth Buyum
Frieda Dorf
Sheldon Drexler
Joseph Gimple
Mike Greenberg
Leonard Greenberg
Robert Harner
Gabriel Harris
Florence Herman
Leo Hoffman
Samuel Hrutkoff
Don Irwin
Beverly Kaufman
Werner Marx
Kathleen Molser
Mildred Montrose
Helen Proulx
Benjamin Rudin
Hannah Saidel
June Schechter
Irvin Silton
Arthur Simon
Annette Solomon
Ann Wilson Stanger
Max Stein
Roslyn Suntop
Frieda Rose Weinstein
Lucille Weinstein
Gussie Lassman Zand
Joseph Zatkin

Feb. 15 & 16
Lester Abelman
Shirley Apter
Joel Bloom
Leigh Brownstein
Anthony Croce
Andy Cyarkin
Margaret Golden
Harriett Grodensky
Dina Gurvich
Tina Hellerman
Harvey Hiller
Bruce Holm
Ted Holmes
Ida Holmes
Morris Kaiser
Esther Kantor
Leonard Kosoff
Elise Lestin
Sidney Loeb
Ronan Louis
Sara Ring
Sadie Rosen
Anita Rosenfeld
Renee Roth
Gail Saunders
Jane Schwartz
Ethel Simon
Nadia Wehbe
Evelyn Yates
Russell Zuckerman

Feb. 22 & 23
Charles Baker
Polina Boruchova
Ernest Brownell, Sr.
Hannah D. Cohn
Sidney Cutler
Gertrude Eyer
Anna Fink
Richard Frankel
Annette Gans
Dorothy Gillis
Sally Gordon
Julius Harf
Lionel Honorat
Arnold Israel
Samuel Jacobs
Yetta Kiener
Sheldon Kohn
Pearl Mercier
Stanley Muszynski
Yakov Pekurovskiy
Jack Ripps
Lucille Schwartz
Paul Schweid
Michael Silver
Jack Slawetsky
Richard Sloane
Bessie Weinstein Spector
Esther Staenberg
Henry Stein
Taubert Stein
Mary Weitz
Golde Wolkoff

March 1 & 2
Tsiporah Adar
Bernard Agins
Marion Brownell
Thomas A. Courtheoux
Marshall Falk
Hy Feinstein
Robert Fleischer
Bernard Frank
Richard Freedman
Maurice Freedman
Thelma K. Glasner
Lillian Gould
Diana Guest
Pavel Gurvich
Mildred Hill
Bernard Jacobs
Joseph Keil
Herbert Kevin
Riva Khishchenko
Morris Lux
Mildred Lux
Ida Mendler
Sanford Meyerowitz
Leonard Newman
Fanny Rosenbloom
Leonid Sanberg
Libby Schlossberg
Robert Silberman
Mary Jo Smith
Ilya Vinokur
Dov Weidenfeld
Yefim Yermis
Edith Zatkin

Within Our Family
It’s Here…

JEWISH DISABILITY AWARENESS & INCLUSION MONTH (JDAIM)

Temple Sinai is joining synagogues across the country in recognizing our mission to be truly inclusive of people with disabilities. Our members, their families and other Jews in the community are impacted by disability in ways that often limit full participation in temple life. Erev shabbat services in February will help us become better partners in efforts toward full inclusion.

February 1, 6:00 p.m. "Visual Impairments"
Paralympians with visual impairments, skier Lindsay Ball and swimmer Martha Ruether, will be guest speakers. During and after Shabbat Dinner with Friends, there will be simulations of visual impairments, demonstrations of braille, and sighted guidance of people who are blind. A video about Camp Abilities will be shown.

February 8, 8:00 p.m. "Mental Health"
Lynne Fisher, Community Education, Outreach and Training Coordinator of the National Alliance on Mental Illness (NAMI), Rochester will speak during services. She’ll discuss the role of a faith community in helping people with mental illness, how we can better recognize people who need assistance, and things we can do to make those with mental illness feel more welcomed at Sinai. She will be available after services to provide more information and speak with people individually.

February 15, 6:00 p.m. "Deafness and Hearing Differences"
Our guest, Michelle Gross from the Hearing Loss Association of America (HLAA), will focus on myths about hard of hearing people, how hearing loss can separate people from one another, and what we can do in the setting of services to help people with hearing differences participate more effectively.

February 22, 6:00 p.m. "Developmental and Sensory Processing Disorders"
Rachel Rosner from AutismUp will be the speaker. This service will incorporate sensory opportunities, including quiet singing, tapping on legs and the use of fidgets. Congregants will better understand how services and religious school can be made more accessible to children and adults with developmental and sensory processing disabilities.

Rabbi Katz, Rabbi Till, Cantor Braun and the Accessibility and Inclusion Committee invite you to help make Temple Sinai welcoming to all congregants and guests through your participation in these JDAIM services.

As always, please contact the Temple if you have any accommodation needs. Sign language interpretation is available for all services. Please contact the office no fewer than three days in advance to arrange.

AT TEMPLE SINAI, OUR INCLUSION EFFORTS ARE EXEMPLARY

We’ve always known that, and now it’s official! The Union of Reform Judaism (URJ) has recognized Temple Sinai as an Exemplar Congregation for our work to become a truly inclusive congregation. An extensive application process by the Accessibility and Inclusion Committee with participation of Sinai leadership highlighted our efforts in many areas of congregational life, including worship, religious school, advocacy and b’nai mitzvah. The URJ Disabilities Inclusion Learning Center showcases synagogues like ours that have excelled in areas of inclusion, from which other congregations can learn. Most importantly, the Exemplar Congregation application encourages us not only to reflect on what Temple Sinai has accomplished, but to also examine where we can improve to achieve the goal of full inclusion. We believe this objective is attainable, but we are not there yet. Reaching it will involve everyone! You can help by educating yourself through study sessions featured at disabilitiesinclusion.org/topics. The site includes dozens of excellent and informative webinars and other resources teaching skills, tools and strategies to make us all more aware of ways to help fully include people with disabilities in Temple Sinai life. This should be an ongoing process for us individually and collectively. Please visit the URJ Disabilities Inclusion Learning Center website and come to Shabbat services this February for Jewish Disability Awareness and Inclusion Month guest presentations.

The Accessibility and Inclusion Committee wants to promote Temple Sinai’s inclusiveness through production of a video, highlighting our successes. If you want to participate in this process or know someone with expertise in video production, please contact or join the committee.

Lauren Lieberman
(llieberman@brockport.edu) and
Joel Shamaskin
(joel_shamaskin@urmc.rochester.edu)
**Temple Life**

**Women’s Chavurah**

**INVITES YOU TO**

"THE ART OF SILK PAINTING"

**WITH NANCY KRAUS**

**WEDNESDAY, FEBRUARY 27**

7:00 p.m.

at Temple Sinai

Artist and teacher Nancy Kraus will explain and demonstrate the art of dying on silk. After an introduction to the art, Nancy will demonstrate several silk painting techniques, as well as show how she uses these techniques in her own work, creating custom one-of-a-kind tallitot and colorful scarves.

Afterwards, we will have the opportunity to participate in painting a challah cover for Temple, or experiment with dyes and brushes on embroidery hoops.

**THERE WILL BE NO CHARGE FOR THIS PROGRAM, AND REFRESHMENTS WILL BE SERVED.**

Please RSVP by January 20 to Carol Yunker at VPKelly@aol.com or 385-3910.

Let us know if you need any special accommodations.

And, as always, not for women only!!!

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**THE TEMPLE SINAI WOMEN’S CHAVURAH INVITES YOU TO OUR ANNUAL CELEBRITY CHEFS EVENT:**

**Jewish "DELI-cacies"**

**SUNDAY, MARCH 3**

2:00 p.m. at Temple Sinai

Enjoy a demonstration of Jewish deli food preparation, followed by delicious tastings!

Our featured guest chefs will be:

**TOM FINNEFROCK,**

owner of Stuart’s Spices:

PASTRAMI

**GEULAH VON PERLSTEIN,**

former proprietor of Geulah’s Cafe at the JCC:

STUFFED CABBAGE

**LINDSAY STEINBERG McGRAIL,**

owner, Green Zebra Catering LLC:

KNISHES

**SUGGESTED DONATION: $5.00**

You can also participate in our "EVERYTHING BUT THE KITCHEN SINK SHOWER" by making a donation for our newly renovated Temple kitchen. Check out our registry on the Temple website (www.tsinai.org) or call the Temple office (381-6890) and we will help you shop. WE THANK YOU IN ADVANCE FOR YOUR GENEROSITY!!!

Please RSVP by February 24 to Carol Yunker at VPKelly@aol.com or 385-3910.

**WILL YOU HELP?** We will need volunteers to:

- Shop ahead of time
- Decorate the social hall
- Prepare food at home for deli table tastings
- Help with set-up
- Help with clean-up

Please join us for this very exciting event, and let us know if you need any special accommodations.

And, as always, not for women only!!!

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**Save the date for a visit to the Catskills circa 1959**

**Sunday evening, April 28th, 2019**

**Temple Sinai Gala Fundraiser**

Entertainment and Dancing
“IT’S ALL ABOUT RELATIONSHIPS!”

Temple Sinai’s 2019 Scholar-in-Residence Weekend with Dr. Ron Wolfson
FRIDAY, MARCH 22 – SUNDAY, MARCH 24

How do they do it?!! How often have you heard people ask that question about Chabad or about a megachurch like Pastor Rick Warren’s Saddleback church (which has a weekly attendance of about 22,000)?? It seems that, somehow, these and similar organizations have some secret which enables them to get and keep people engaged. If you were to ask our Scholar-in-Residence guest for this year he would almost certainly say, “It’s all about relationships!” Dr. Ron Wolfson is the Fingerhut Professor of Education in the Graduate Center for Jewish Education at the American Jewish University in Los Angeles, and the author of Relational Judaism: Using the Power of Relationships to Transform the Jewish Community and The Relational Judaism Handbook: How to Create a Relational Engagement Campaign to Build and Deepen Relationships in Your Community, among several other books. Ron is President of the Kripke Institute for Jewish Family Literacy and the Center for Relational Judaism and, by his own report, eats frozen yogurt just about every day (guess what we will be serving that weekend)! Ron has spent the last several decades studying how and why people stay connected with an organization and assisting congregations to improve their ability to do just that. It’s beyond welcoming (which we try to do a pretty good job of at Temple Sinai) although that’s important. And it’s beyond clever or engaging programs, although they too are important. Ron says, “People come for programs, but the stay for relationships.” We are excited about welcoming him to Temple Sinai and learning more about how to transform our congregation into a more relational one from this engaging and inspirational teacher.

As in the past, one very important way that we are able to offer programs by highly regarded scholars at little or no cost, making them available to everyone, is because of people who are able to step up and volunteer to be underwriters of the weekend. Like last year’s scholar program (with Rabbi Reuven Firestone) we are welcoming those who would like to, to become underwriters of this year’s important program. Underwriters will be acknowledged in the program materials and invited to attend a special dinner on Saturday night at which Ron will share some personal stories and entertain (and I DO mean “entertain” – Ron is an amazing story-teller) questions. The cost to become an underwriter is a minimum contribution of $100 per individual. If you are interested in helping to underwrite this program please contact Liz Ornstein at (lisbethorn@gmail.com).

Stay tuned – and plugged into both the Bulletin and Snippets – for more details and other information about this exciting weekend of learning!

Hiking Chavurah

Temple Sinai Hiking Chavurah hikes in all seasons…

Christmas Day hike at Tinker Nature Park in Henrietta
August 2018, Genesee Riverway Trail

Upcoming hikes for 2019

- 24-Feb-19 Canal Walk
- 31-Mar-19 Genesee Riverway Trail Part 2
- 28-Apr-19 Lehigh Valley Trail
- 19-May-19 Watkins Glen

For hike information, contact Jill Orbach at JWOrbach@gmail.com.

Daytime Book Group

The Sinai Daytime Book Group meets in the Parents’ Lounge from 10-11:30 a.m. on the following dates.

On Feb. 13th we will be discussing the classic 1984 by George Orwell. On Mar. 20th we will be talking about Indecent, a play by Paula Vogel, with plans to attend a JCC performance in April. Our May 15th book is The Great Alone by Kristin Hannah.

Any Sinai member is welcome to attend the daytime book group. Please contact Jill Orbach at JWOrbach@gmail.com.
Save the Date!
SATURDAY, MARCH 16, 2019

You’re Invited to a Havdalah Gourmet Dinner at the home of …

The Temple Sinai Havdalah Gourmet Dinner evening is a chance for adults to make new friends and get to know other congregants better. It will be an evening to enjoy the spirit of Temple Sinai outside the Temple walls, while you honor the closing of the gates of Shabbat. These dinners have been a hit over the years, with new people attending each time. Give it a try!

Here’s how it works…

• The dinner and evening will take place at congregants’ homes, in small groupings of about 7-11 adults. Once we have all of the RSVPs, we will see how many homes we will need. We keep the numbers at each house small enough to remain intimate and allow for a great evening of conversation and fun.
• The hosts (the congregants who offer to host the dinner) will get together and plan out the menu to be used at all the homes.
• Congregants will be assigned to one of the homes. The hosts will contact each of you, ask you to prepare one part of the menu, and give you the specific recipe. This takes all of the guesswork out of what to prepare, or thinking about milk vs. meat, or worrying about whether people will like your recipe.

RSVP by Thursday, February 21st to Joyce Schachter email: jschachter@tsinai.org or phone: 461-9788

ACCESSIBILITY & INCLUSION FUND
In Memory of
Robert Rockmaker, by Ellen Rockmaker
Josephine Auerbach, by Karl Auerbach
Louis Grossman, by Samuel & Lauri Berns
A donation has been made by Katrina Arndt & Lauren Lieberman

CANTOR BRAUN DISCRETIONARY FUND
In Memory of
Ernest Brownell, Jr., by Jay Supnick & Gail Brownell
Herman Supnick, by Jay Supnick & Gail Brownell

COLLEGE CONNECTION FUND
A donation has been made by Ellen Loughrin

FLORAL FUND
In Memory of
Jeanette Schneider, by Lori & Robert Conway

GENERAL ENDOWMENT FUND
In Honor of
Donna and Michael Goldberg’s 50th Anniversary, by Charles & Joyce Schachter, Ronald & Nancy Kraus
The birth of Hadley Maya Bondy, by Charles & Joyce Schachter
In Memory of
Jeanette Schneider, by Bruce & Ann Leonard, Charles & Joyce Schachter, Lester & Monika Katz, Marcia & Eric Birken, Vicki & Tom Finnefrock, David Kotok, Jim & Renee Brownstein
Carl Kolman, by Charles & Joyce Schachter
Goldie Rosenstein, by Irving & Gloria Rosenstein
Max Rosenstein, by Irving & Gloria Rosenstein
A donation has been made by Richard & Sandra Stein

ISRAEL YOUTH FUND
In Memory of
Carl Kolman, by Rochelle Cresov
CONTRIBUTIONS

GENERAL OPERATING FUND

In Appreciation of
Monika Katzel, by Carol & Michael Yunker
Monika and Lester Katzel, by Linda Rapkin

In Honor of
The 50th anniversary of Michael and Donna Goldberg, by Barbara and Gene Schwartz
Judy and Alan Wertheimer’s birthdays and anniversary, by Austin Wertheimer and Caryl Goodman

In Memory of
Jeanette Schneider, by Alan & Judy Wertheimer, Karen Rosenbloom & Keith Wilson, Robert & Merilyn Israel, Norman and Donna Lederman, Timothy and Karen Bancroft
Jack Rips, by Isaak & Nina Rivshin
Julius Greenfield, by Kevin Cavanagh & Carla Greenfield
Seyna Tseytina, by Leonid & Marina Shpiller
Elizaveta Yermis, by Leonid & Marina Shpiller
Milton Friedman, by Marie & Angelo Casciani
Ray Frankel, by Neil & Sandra Frankel
Milton Friedman, by Jay Lodge 639, Knights of Pythias

A donation was made by Robert & Janice Daitz

JOEL BLOOM FUND

In Memory of
Milton Friedman, by Douglas Miller & Sally Hirst, Debi and Ralph Brenner, Gary L Sender, Howard & Susan Itkin, Richard Bloom
Jerry Usdane, by Elaine Montrose Usdane
Lawrence Greenhouse, by Jill Orbach
Jeanette Schneider, by Jill Orbach

LIBRARY FUND

In Honor of
The birth of Judy & Art Weinstein’s granddaughter, Joelle, by Allan Hymes & Marilyn Rosen
The 50th Anniversary of Michael and Donna Goldberg, by Dana and Elliott Corn

In Memory of
Arthur Louis, by Carol & Michael Yunker

MITZVAH FUND

In Memory of
Norma Ethel Cohen, by Ellen Kriger
Bernice Finver, by Ellen Kriger
Carol Pess, by Ellen Kriger
Golde Wolkoff, by Michael Wolkoff
Jeanette Schneider, by Ross and Tina Stonefield

Mazal Tov to
Sue and Peter Bondy on the birth of their granddaughter Hadley Maya Bondy, by Randi Forman & Mark Anderson

MUSIC FUND

In Honor of
Elise Wojciechowski’s retirement, by Carol & Michael Yunker

ONEG FUND

In Memory of
Jeanette Schneider, by Allan & Judy Schwartz, Arlene Cooper, Herbert & Francine Feinstein, Marvin & Loretta Friedman
Jack Shulman, by Herbert & Francine Feinstein
Ann Shulman, by Herbert & Francine Feinstein
Fred Feinstein, by Herbert & Francine Feinstein
Lillian Fain, by Remy & Marilyn Fenster
Jerry Fain, by Remy & Marilyn Fenster

PRAYERBOOK FUND

In Honor of
Our grandchildren - Forrest, Oren and Skyler, by Kent & Linda Beckwith
Our grandchildren - Ethan and Tali, by Kent & Linda Beckwith

In Memory of
Jacob Friedlander, by Elise and Ian Friedlander
Jeanette Schneider, by Jerome & Arlene Wiesenberg
Fannie Mazur, by Marcia Elwitt

RABBI KATZ DISCRETIONARY FUND

In Memory of
Jeanette Schneider, by Carol and Stuart Hantman, Susie and Steve Silbermann
Zelma Bessette, by Edgar Bessette
Ernest Brownell, Jr., by Jay Supnick & Gail Brownell
Herman Supnick, by Jay Supnick & Gail Brownell
Carol Behrman, by Joe & Jeni Behrman
Harold Kay, by Steven & Susan Silbermann
Selma Anne Kay, by Steven & Susan Silbermann
Abraham Medoff, by Wayne & Susan Willis
RABBI TILL DISCRETIONARY FUND

In Memory of
Shirley Schwartz, by Eugene & Barbara Schwartz
Bernard Schwartz, by Eugene & Barbara Schwartz
Ernest Brownell, Jr., by Jay Supnick & Gail Brownell
Herman Supnick, by Jay Supnick & Gail Brownell
Helen Frindel, by Jeffery & Lili Voldman
Lily Silver, by Joel & Ann Shamaskin
Charlie Silver, by Joel & Ann Shamaskin
Harris Jacobson, by Larry & Amy Jacobson
Esther Elwitt, by Marcia Elwitt
Alfred Marcus, by Rozanne Marcus
Lillian Meyers, by Wayne & Susan Willis

In Appreciation of
Rabbi Till, by Michael & Susan Harf

In Honor of
Ashlyn’s Bat Mitzvah, by Benjamin & Anna Markowitz

A donation has been made by Katrina Arndt & Lauren Lieberman

RAIHN FUND

In Appreciation of
The Beckwith-Cohen family involvement in RAIHN, by Kent & Linda Beckwith

In Memory of
Edwin Yunker, by Carol & Michael Yunker

RELIGIOUS SCHOOL FUND

In Honor of
The birth of Hadley Maya Bondy, by Bruce & Ann Leonard
The birth of Judy Weiner’s granddaughter, by Lester & Monika Katzel

In Memory of
Carl Kolman, by Lester & Monika Katzel, Phyllis Rosen, Remy & Marilyn Fenster

SHABBAT FAMILY PROGRAM FUND

In Memory of
Wendy Wood, by Seth Madway & Wendy Beller Madway

SOCIAL ACTION FUND

In Honor of
Bonnie Hughes, by Esther Brill & RJ Ruble
The 50th Anniversary of Donna and Michael Goldberg, by Marcia and Eric Birken

In Memory of
Jack Apter, by Deborah Apter
Shirley Apter, by Deborah Apter
Jeanette Schneider, by Peggy Cherkasky
Sarah Rapp, by Peggy Cherkasky

TORAH RESTORATION FUND

In Honor of
The 50th wedding anniversary of Carol and Dennis Goldsmith, by Ellen Kriger, Peggy Cherkasky, Ronald & Nancy Kraus

WINDOWS OF LIGHT

In Memory of
Jeanette Schneider, by Blanche and Ed Fenster, Carol & Michael Yunker

WOMEN’S CHAVURAH FUND

In Memory of
Marian Eckstein, by Audrey Sussman
Ida Feldman, by Janet Nemetz & Van King
Harry Nemetz, by Janet Nemetz & Van King
Sadie Klein, by Randi Forman & Mark Anderson

For information about these funds, go to our website: www.tsinai.org / About Us / Contributions /
Tributes received after January 10th will be acknowledged in the March bulletin

HIGH HOLY DAYS APPEAL

Appreciation to our Temple Sinai family members who donated to the 2018 High Holy Day Annual Appeal since Dec. 11:
A donation has been made by…
John & Tobie Olsan; Edward & Blanche Fenster

In honor of…
Gavin Thomas Gimple’s 2nd birthday, by David & Karen Gimple

In memory of…
Karen Phillips, by Barbara Phillips
Our parents, by Kent & Linda Beckwith
Jeanette Schneider, by Marsha & Abby Urban Rifkin

We gratefully acknowledge Paul Thomas and Athena Visel-Thomas who joined the Friends of Sinai for 2018/2019.

It’s never too late to join the Friends of Sinai for $360 or more above your regular membership commitment. The entire temple community benefits from your generous and meaningful gift. Questions? Contact the Temple Office (381-6890) or Monika Katzel, Chair at lesterkatzel@earthlink.net.
TEMPLE SINAI
363 Penfield Road
Rochester, New York 14625

DATED MATERIAL
PLEASE EXPEDITE
DELIVERY

SPREAD THE LIGHT
ON SUPER SUNDAY
February 10, 2019 | 9 am - Noon
JEWISH FEDERATION OF GREATER ROCHESTER
441 East Avenue | Rochester, NY

- Make an Ask
  Call or text community members to ask for their financial support. We will show you how.
- Show Your Spirit
  Come as a group. Bring along a new friend. Engage your family. Have fun as we help spread the light and build a stronger Jewish future together.
- Say Thank You
  Handwrite a thank you note to people who have contributed to the Federation Campaign.

CLICK TO SIGN UP TODAY
For information, contact gmirochnik@jewishrochester.org.

SAVE THE DATE!
TEMPLE SINAI
PURIM EXTRAVAGANZA
MARCH 20TH
MORE INFORMATION TO FOLLOW IN MARCH BULLETIN

UNION FOR REFORM JUDAISM
SERVING REFORM CONGREGATIONS IN NORTH AMERICA

LGBTQ SAFE ZONE