

גְבוּרוֹת

G'vurot

G'vurot is the second blessing of the Amidah (a group of blessings at the heart of every prayer service) and comes immediate after Avot V'Imot.

G'vurot comes from the Hebrew word meaning powers.

In this blessing we praise God's awesome powers. These powers are evidence of God's greatness – the same greatness that gives us life and strength to make the world a better place.

אַתָּה גְבוּר לְעוֹלָם אֲדֹנָי, רַב לְהוֹשִׁיעַ.
מוֹרִיד הַטָּל

(In Summer)

מְשִׁיב הַרוּחַ וּמוֹרִיד הַגֶּשֶׁם
(In Winter) מְכַלְכֵּל חַיִּים בְּחֶסֶד, מְחַיֶּה כָּל חַי בְּרַחֲמִים רַבִּים,
סוֹמֵךְ נוֹפְלִים, וְרוֹפֵא חוֹלִים, וּמַתִּיר אֲסוּרִים,
וּמְקַיֵּם אֱמוּנָתוֹ לִישְׁנֵי עֶפְרַיִם:
מִי כָמוֹךָ בַּעַל גְבוּרוֹת וּמִי דוֹמָה לָךְ,
מְלַךְ מִמִּית וּמְחַיֶּה וּמְצַמִּיחַ יְשׁוּעָה.
וְנֶאֱמָן אַתָּה לְהַחֲיוֹת כָּל חַי.
בְּרוּךְ אַתָּה יְיָ, מְחַיֶּה כָּל חַי

Atah gibor l'olam Adonai, rav l'hoshee-ah.

Morid hatal (in summer)

Mashiv haruach u'morid hagashem

M'chalkel chayim b'chesed, m'chayeh kol chai b'rachamim rabim,

Somech noflim v'rofey cholim, u'matir asurim,

Um'kayem emunato lisheney afar.

*Mi chamocha ba'al g'vurot umi domeh lach,
Melech memit um'chayeh umatzmi-ah y'shuah.
V'ne-eman atah l'hachayot kol chai.
Baruch atah Adonai, m'chayeh kol chai.*

You are forever powerful, Adonai, abundant in your saving acts.

You send down the dew (in summer)

You cause the wind to blow and the rain to fall (in winter)

In loyalty you sustain the living, nurturing the life of every living thing,
upholding those who fall, healing the sick, freeing the captive and remaining
faithful to all life on earth.

Who can compare to you, Adonai, who can resemble you, the source of
everything? Faithful are you in giving life to every living thing. Blessed are
you, Adonai, who gives and renews everything.