

What to bring:

- The dress will be casual and comfortable throughout the weekend. The only request is that Friday night participants wear a white shirt to create a Shabbat feeling.
 - Warm jacket and/or sweatshirt
 - Walking shoes/tennis shoes
 - 2-3 pairs of long pants (or blue jeans)
 - Shorts (weather permitting)
 - Short sleeve & long sleeve shirts
 - White shirt for Friday night
 - Toothbrush, toothpaste, other toiletries
 - Flashlight
 - Pajamas
 - Umbrella
 - Tallit and tefillin for Sunday morning
 - Yoga mat (optional)

Please no electronics, scooters, or bicycles.

Meals, Location, and Accommodations:

- All meals are kosher. When meat is served, there is also a vegetarian meal provided. Snacks are made available throughout the weekend. Coffee, tea, fresh fruit, and cookies are available in the hospitality lounge during the entire weekend.
- The Brandeis Bardin Institute is conveniently located in Simi Valley approximately 45 - 60 minutes from Adat Shalom, with parking available on site. Brandeis Bardin Institute provides comfortable cottages which include beds, bathroom, and closet space in each room. Sheets, pillow and blankets are provided.