

TEMPLE SINAI SHABBAT MORNING SERVICE

MAH TOVU

מה טוב

מה טובו אהליך יַעֲקֹב, מִשְׁכְּנֹתֶיךָ יִשְׂרָאֵל.

Ma tovu ohalecha Ya'akov mish'k'notecha Yisrael.

וְאֲנִי בָּרַב חֶסֶדְךָ אָבוֹא בֵּיתְךָ, אֲשַׁתְּחֹוה אֶל הַיְכָל קִדְשְׁךָ בִּירְאָתְךָ.

Va'ani b'rov chas'd'cha avo veitecha, eshtachaveh el heichal kod'sh'cha b'yir'a'techa.

וְאֲנִי, תַּפְלְתִּי לָךְ יְיָ, עֵת רָצוֹן, אֱלֹהִים בָּרַב חֶסֶדְךָ, עֲנֵנִי בְּאַמַּת יִשְׁעֶךָ.

Va'ani t'filati l'cha Adonai eit ratzon, Elohim b'rov chasdecha, aneini be'emet yish'echa.

HOW FAIR ARE YOUR TENTS, O JACOB, YOUR DWELLINGS O ISRAEL. I, THROUGH ABUNDANT LOVE, ENTER YOUR HOUSE; I BOW DOWN IN AT YOUR HOLY TEMPLE... AS FOR ME, MY PRAYER TOME TO YOU, ADONAI, AT A FAVORABLE MOMENT; O GOD, IN YOUR ABUNDANT FAITHFULNESS, ANSWER ME WITH YOUR SURE DELIVERANCE.

ASHER YATZAR

אשר יצר

Blessed are You, Adonai our God, Sovereign of the Universe.

With divine wisdom You have made our bodies,
combining veins, arteries, and vital organs into a finely balanced network.

Wondrous Maker and Sustainer of life, were one of them to fail -
how well we are aware - we would lack the strength to sustain life before You.

Blessed are You, Adonai, Source of our health and strength. (Mishkan Tefilah)

בָּרוּךְ אַתָּה יְיָ, רוֹפֵה כָּל בָּשָׂר וּמַפְלִיא לַעֲשׂוֹת.

Baruch Ata Adonai, rofei chol basar u'mafli la'asot.

ELOHAI

אלהי

אֱלֹהֵי נִשְׁמָה שְׁנַתַּת בִּי טְהוֹרָה הִיא. אַתָּה בְּרֵאתָהּ, אַתָּה יְצַרְתָּהּ,

אַתָּה נִפְחַתָּהּ בִּי, וְאַתָּה מִשְׁמְרָהּ בְּקִרְבִּי.

כָּל זְמַן שֶׁהַנִּשְׁמָה בְּקִרְבִּי, מוֹדָה/מוֹדָה אֲנִי לְפָנֶיךָ,

יְיָ אֱלֹהֵי וְאֱלֹהֵי אֲבוֹתַי וְאֲמוֹתַי, רַבּוֹן כָּל הַמַּעֲשִׂים, אֲדוֹן כָּל הַנִּשְׁמוֹת.

בָּרוּךְ אַתָּה יְיָ, אֲשֶׁר בִּידוֹ נִפְשׁ כָּל חַי וְרוּחַ כָּל בָּשָׂר אִישׁ.

Elohaim n'shama shenata bi t'hora hi. Atah v'ratah, Atah y'tzartah, Atah n'fachta bi, v'Atah m'sham'rah b'kirbi. Kol z'man sheha'n'shama b'kirbi, modeh/modah ani l'fanecha,

Adonai Elohei avotai v'imotai, ribon kol hama'asim, adon kol ha'n'shamot.

Baruch Atah Adonai, asher b'yado nefesh kol chai v'ruach kol basar ish.

ברוך אתה יי אלהינו מלך העולם, אשר נתן לשכוי בינה
להבחין בין יום ובין לילה.

Baruch Atah Adonai Eloheinu Melech ha'olam, asher natan l'sechvi v'vinah l'hav'chin bein yom u'vein lailah.

ברוך אתה יי אלהינו מלך העולם פוקח עורים.

Baruch Atah Adonai Eloheinu Melech ha'olam pokei'ach ivrim.

ברוך אתה יי אלהינו מלך העולם מתיר אסורים.

Baruch Atah Adonai Eloheinu Melech ha'olam matir asurim.

ברוך אתה יי אלהינו מלך העולם זוקף כפופים.

Baruch Atah Adonai Eloheinu Melech ha'olam zokeif k'fufim.

ברוך אתה יי אלהינו מלך העולם רוקע הארץ על המים.

Baruch Atah Adonai Eloheinu Melech ha'olam rokah ha'arets al hamayim.

ברוך אתה יי אלהינו מלך העולם המכין מצעדי גבר.

Baruch Atah Adonai Eloheinu Melech ha'olam hameichin mitz'adei gaver.

ברוך אתה יי אלהינו מלך העולם מלביש ערמנים.

Baruch Atah Adonai Eloheinu Melech ha'olam malbish arumim.

ברוך אתה יי אלהינו מלך העולם הנותן ליעף כח.

Baruch Atah Adonai Eloheinu Melech ha'olam hanotein laya'eif ko'ach.

ברוך אתה יי אלהינו מלך העולם המעביר שנה מעיני ותנומה מעפעפי.

Baruch Atah Adonai Eloheinu Melech ha'olam hama'avir sheinah mei'einai u't'numah mei'af'apai.

ברוך אתה יי אלהינו מלך העולם שעשני בצלם אלהים.

Baruch Atah Adonai Eloheinu Melech ha'olam she'asani b'tzelem Elohim.

ברוך אתה יי אלהינו מלך העולם שעשני בן/בת חורין.

Baruch Atah Adonai Eloheinu Melech ha'olam she'asani ben/bat chorin.

בְּרוּךְ אַתָּה יְיָ אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם שֶׁעָשִׂינִי יִשְׂרָאֵל.

Baruch Atah Adonai Eloheinu Melech ha'olam she'asani Yisrael.

בְּרוּךְ אַתָּה יְיָ אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם אוֹזֵר יִשְׂרָאֵל בְּגִבּוֹרָה.

Baruch Atah Adonai Eloheinu Melech ha'olam ozeir Yisrael big'vurah.

בְּרוּךְ אַתָּה יְיָ אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם עוֹטֵר יִשְׂרָאֵל בְּתִפְאַרָה.

Baruch Atah Adonai Eloheinu Melech ha'olam oteir Yisrael b'tif'arah.

**בְּרוּךְ אַתָּה יְיָ אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם אֲשֶׁר קִדְּשָׁנוּ בְּמִצְוֹתָיו
וְצִוָּנוּ לַעֲסוֹק בְּדַבְּרֵי תוֹרָה.**

Baruch Atah Adonai Eloheinu Melech ha'olam asher kid'shanu b'mitzvotav v'tzivanu la'asok b'divrei Torah.

PRAISE TO YOU, ADONAI OUR GOD, SOVEREIGN OF THE UNIVERSE, WHO HAS GIVEN THE MIND THE ABILITY TO DISTINGUISH DAY FROM NIGHT.

PRAISE TO YOU, ADONAI OUR GOD, SOVEREIGN OF THE UNIVERSE, WHO OPENS THE EYES OF THE BLIND.

PRAISE TO YOU, ADONAI OUR GOD, SOVEREIGN OF THE UNIVERSE, WHO FREES THE CAPTIVE.

PRAISE TO YOU, ADONAI OUR GOD, SOVEREIGN OF THE UNIVERSE, WHO LIFTS UP THE FALLEN.

PRAISE TO YOU, ADONAI OUR GOD, SOVEREIGN OF THE UNIVERSE, WHO STRETCHES THE EARTH OVER THE WATERS.

PRAISE TO YOU, ADONAI OUR GOD, SOVEREIGN OF THE UNIVERSE, WHO STRENGTHENS OUR STEPS.

PRAISE TO YOU, ADONAI OUR GOD, SOVEREIGN OF THE UNIVERSE, WHO CLOTHES THE NAKED.

PRAISE TO YOU, ADONAI OUR GOD, SOVEREIGN OF THE UNIVERSE, WHO GIVES STRENGTH TO THE WEARY.

PRAISE TO YOU, ADONAI OUR GOD, SOVEREIGN OF THE UNIVERSE, WHO REMOVES SLEEP FROM THE EYES, SLUMBER FROM THE EYELIDS.

PRAISE TO YOU, ADONAI OUR GOD, SOVEREIGN OF THE UNIVERSE, WHO MADE ME IN THE IMAGE OF GOD.

PRAISE TO YOU, ADONAI OUR GOD, SOVEREIGN OF THE UNIVERSE, WHO HAS MADE ME FREE.

PRAISE TO YOU, ADONAI OUR GOD, SOVEREIGN OF THE UNIVERSE, WHO HAS MADE ME A JEW.

PRAISE TO YOU, ADONAI OUR GOD, SOVEREIGN OF THE UNIVERSE, WHO GIRDS ISRAEL WITH STRENGTH.

PRAISE TO YOU, ADONAI OUR GOD, SOVEREIGN OF THE UNIVERSE, WHO CROWNS ISRAEL WITH SPLENDOR.

**Adonai our God, make the words of Your Torah sweet to us
and to the House of Israel, Your People, that we and our children
may be lovers of Your name and students of Your Torah.**

We praise You, O God, Teacher of Torah to our people Israel. (Mishkan Tefilah)

בְּרוּךְ אַתָּה יְיָ הַמְּלַמֵּד תוֹרָה לְעַמּוֹ יִשְׂרָאֵל.

Baruch Atah Adonai, ha'm'lameid Torah l'amo Yisrael.

TORAH STUDY

אלו דברים

אֵלֵינוּ דְּבָרִים שְׂאִין לָהֶם שְׁעוֹר: שְׂאָדָם אוֹכֵל פְּרוֹתֵיהֶם בְּעוֹלָם הַזֶּה וְהַקֶּרֶן
קִיָּמָת לוֹ לְעוֹלָם הַבָּא, וְאֵלֵינוּ הוּן: כְּבוֹד אָב וְאָם, וּגְמִילוּת חֲסָדִים, וְהַשְׁפָּכָת
בֵּית הַמְּדַרְשׁ שְׁחָרִית וְעֶרְבִית, וְהַכְּנָסֶת אוֹרְחִים, וּבִקּוּר חוֹלִים, וְהַכְּנָסֶת
כֶּלֶה, וּלְוִיַת הַמֵּת, וְעִיוֹן תְּפִלָּה, וְהַבָּאֵת שְׁלוֹם בֵּין אָדָם לְחֵבְרוֹ, וְתִלְמוּד
תוֹרָה כְּנֶגֶד כָּלֶם.

Eilu d'varim, she'ain la-hem shi-ur. She'adam ocheil peiroteihem ba'olam hazeh v'hakeren kayemet lo la'olam habah, v'eilu hein: kibud av va'eim, ug'milut chasadim, v'hashkamat beit hamidrash shacharit v'arvit, v'hachnasat orchim, uvikur cholim, v'hachnasat kalah, ul'vayat hameit, v'iyun tefillah, vahava'at shalom bein adam lachaveiro, v'talmud torah k'neged kulam.

These are things that are limitless, of which a person enjoys the fruit of the world, while the principle remains in the world to come. They are: honoring one's mother and father, engaging in deeds of compassion, arriving early for study morning and evening, dealing graciously with guests, visiting the sick, providing for the wedding couple, accompanying the dead for burial, being devoted in prayer, and making peace among people. But the study of Torah encompasses them all. (Mishkan Tefilah)

BARUCH SHE'AMAR

ברוך שאמר

בְּרוּךְ שֵׁאֵמַר וְהָיָה הָעוֹלָם

Baruch she'amar v'yaya ha'olam

בְּרוּךְ הוּא

Baruch hu

בְּרוּךְ עוֹשֶׂה בְּרֵאשִׁית

Baruch oseh v'reishit

בְּרוּךְ אוֹמֵר וְעוֹשֶׂה

Baruch omer v'oseh

בְּרוּךְ גּוֹזֵר וּמְקַיֵּם

Baruch gozer u'm'kayem

בְּרוּךְ מְרַחֵם עַל הָאָרֶץ

Baruch m'rachem al ha'aretz

בְּרוּךְ מְרַחֵם עַל הַבְּרִיּוֹת

Baruch m'rachem al hab'riyot

בְּרוּךְ מְשַׁלֵּם שְׂכָר טוֹב לִירְאָיו

Baruch m'shalem sachar tov li'rei'av

בְּרוּךְ חַי לְעַד וְקַיָּם לְנֶצַח

Baruch chai la'ad v'kayam lanetzach

בְּרוּךְ פּוֹדֶה וּמַצִּיל. בְּרוּךְ שְׁמוֹ.

Baruch podeh u'matzil. Baruch sh'mo.

אֲשֶׁרִי יוֹשְׁבֵי בֵיתְךָ, עוֹד יְהַלְלוּךָ סֵלָה.

Ashrey yoshvei veitecha, od y'hal'lucha selah.

אֲשֶׁרִי הָעַם שֶׁכָּחָה לוֹ, אֲשֶׁרִי הָעַם שֵׁי אֱלֹהָיו.

Ashrei haam shekacha lo, ashrei haam she-Adonai Elohav.

תְּהִלָּה לְדָוִד, אֲרוֹמְמֶךָ אֱלֹהֵי הַמֶּלֶךְ, וְאַבְרָכָה שְׁמֶךָ לְעוֹלָם וָעֶד.

T'hilah L'David. Aromim'cha Elohai HaMelech, vaavar'chah shimcha l'olam va-ed.

בְּכֹל יוֹם אֲבָרְכֶךָ, וְאַהֲלִלָה שְׁמֶךָ לְעוֹלָם וָעֶד.

B'chol yom avarcheka, vaahal'lah shimcha l'olam va-ed.

גָּדוֹל יְיָ וּמְהֻלָּל מְאֹד, וְלִגְדֻלְתּוֹ אֵין חֵקֶר.

Gadol Adonai um'hulal m'od, v'lig'dulato ein cheiker.

דֹר לְדֹר יִשְׁבַח מַעֲשֶׂיךָ, וּגְבוּרָתֶיךָ יִגִּידוּ.

Dor l'dor y'shabach maasecha, ug'vurotecha yagidu.

הַדָּר כְּבוֹד הוֹדֶךָ, וְדִבְרֵי נִפְלְאוֹתֶיךָ אֲשִׁיחָה.

Hadar k'vod hodecha, v'divrei niflotecha asichah.

וְעִזּוֹ נִרְאוֹתֶיךָ יֹאמְרוּ, וּגְדֻלְתֶךָ אֲסַפְּרֶנָּה.

Ve-ezuz norotecha yomeiru, ug'dulat'cha asaprenah.

זָכַר רַב טוֹבָה יִבְיָעוּ, וְצִדְקָתֶךָ יִרְנְנוּ.

Zecher rav tuvcha yabiyu, v'tzidkat'cha y'raneinu.

חֲנוּן וְרַחוּם יְיָ, אֶרְךָ אֲפִים וּגְדֹל חֶסֶד.

Chanun v'rachum Adonai, erech apayim ug'dol chasad.

טוֹב יְיָ לְכֹל, וְרַחֲמָיו עַל כָּל מַעֲשָׂיו.

Tov Adonai lakol, v'rachamav al kol maasav.

יִוְדוּךָ יְיָ כָּל מַעֲשֶׂיךָ, וְחֲסִידֶיךָ יְבָרְכוּכָה.

Yoducha Adonai kol maasecha, vachasidecha yvar'chuchah.

כְּבוֹד מַלְכוּתֶךָ יֹאמְרוּ, וּגְבוּרָתֶךָ יִדְבְּרוּ.

K'vod malchut'cha yomeiru, ug'vurat'cha y'dabeiru.

לְהוֹדִיעַ לְבְנֵי הָאָדָם גְּבוּרָתְךָ, וּכְבוֹד הַדָּר מַלְכוּתוֹ.

L'hodi-a liv'nei haadam g'vurotav, uch'vod hadar malchuto.

מַלְכוּתְךָ מַלְכוּת כָּל עוֹלָמִים, וּמְשַׁלְתָּךְ בְּכָל דָּר וְדָר.

Malchut'cha malchut kol olamim, umemshalt'cha b'chol dor vador.

סוּמְךָ יי לְכָל הַנְּפִלִים, וְזוֹקֵף לְכָל הַכְּפוּפִים.

Someich Adonai l'chol hanoflim, v'zokeif l'chol hak'fufim.

עֵינֵי כָל אֱלֹהֵי יִשְׂרָאֵל, וְאַתָּה נוֹתֵן לָהֶם אֶת אֲכֻלָּם בְּעֵתוֹ.

Einei chol eilecha y'sabeiru, v'atah notein lahem et ochlam b'ito.

פּוֹתַח אֶת יָדְךָ, וּמִשְׁבִּיעַ לְכָל חַי רָצוֹן.

Poei-ach et yadecha, umasbi-a l'chol chai ratzon.

צַדִּיק יי בְּכָל דְּרָחָב, וְחָסִיד בְּכָל מַעְשָׂיו.

Tzaddik Adonai b'chol d'rachav, v'chasid b'chol maasav.

קָרוֹב יי לְכָל קִרְאָיו, לְכָל אֲשֶׁר יִקְרָאֵהוּ בְּאֵמֶת.

Karov Adonai l'chol korav, l'chol asher yikra-uhu ve-emet.

רָצוֹן יִרְאֵיו יַעֲשֶׂה, וְאֵת שׁוֹעֲתָם יִשְׁמַע וְיוֹשִׁיעֵם.

R'tzon y'rei-av yaaseh, v'et shavatam yishma v'yoshi-eim.

שׁוֹמֵר יי אֶת כָּל אֲהָבָיו, וְאֵת כָּל הַרְשָׁעִים יִשְׁמִיד.

Shomeir Adonai et kol ohavav, v'eit kol harsha-im yashmid.

תְּהִלַּת יי יִדְבֵר פִּי, וַיְבָרֵךְ כָּל בֶּשָׂר שֵׁם קִדְשׁוֹ לְעוֹלָם וָעֶד.

T'hilat Adonai y'daber pi, viy'vareich kol basar shem kodsho, l'olam va-ed.

וְאַנְחֵנוּ נְבָרֵךְ יְהוָה, מֵעַתָּה וְעַד עוֹלָם, הַלְלוּיָהּ.

Vaanachnu n'vareich Yah mei-atah v'ad olam, hal'luyah.

הַלְלוּהוּ
הַלְלוּ אֵל בְּקֹדֶשׁוֹ, הַלְלוּהוּ בְּרִקְיעַ עֶזוֹ.
הַלְלוּהוּ בְּגִבּוֹרֹתָיו, הַלְלוּהוּ כְּרֹב גְּדֻלוֹ.
הַלְלוּהוּ בְּתִקְעַ שׁוֹפָר, הַלְלוּהוּ בְּנִבְּל וְכִנּוֹר.
הַלְלוּהוּ בְּתוֹף וּמְחוֹל, הַלְלוּהוּ בְּמִנִּים וְעָגָב.
הַלְלוּהוּ בְּצִלְצְלֵי שֹׁמֵעַ, הַלְלוּהוּ בְּצִלְצְלֵי תְרוּעָה.
כֹּל הַנְּשָׁמָה תִּהְלֵל יְהוָה, הַלְלוּהוּ.

Hal'lu Yah!
Hal'lu El b'kodsho, hal'luhu bir'ki'a uzo.
Hal'luhu big'vurotav, hal'luhu k'rov gudlo.
Hal'luhu b'teika shofar, Hal'luhu b'neivel v'chinor.
Hal'luhu b'tof umachol, Hal'luhu b'minim v;ugav.
Hal'luhu b'tzil'tz'lei shama, Hal'luhu b'tzil'tz'lei t'ruah.
Kol han'shamah t'haleil Yah, Hal'lu Yah!

HALLELUYAH! PRAISE GOD IN GOD'S SANCTUARY; PRAISE GOD IN THE SKY, GOD'S STRONGHOLD. PRAISE GOD FOR MIGHTY ACTS; PRAISE GOD FOR GOD'S EXCEEDING GREATNESS. PRAISE GOD WITH BLASTS OF THE HORN; PRAISE GOD WITH HARP AND LYRE. PRAISE GOD WITH TIMBREL AND DANCE; PRAISE GOD WITH LUTE AND PIPE. PRAISE GOD WITH RESOUNDING CYMBALS; PRAISE GOD WITH LOUD-CLASHING CYMBALS. LET ALL THAT BREATHE PRAISE ADONAI, HALLELUYAH!

יִתְגַּדַּל וְיִתְקַדַּשׁ שְׁמֵהּ רַבָּא. בְּעֵלְמָא דִּי בְרָא כְרַעוּתֵיהּ, וְיִמְלִיךְ מַלְכוּתֵיהּ
בְּחַיִּיכוֹן וּבְיוֹמֵיכוֹן וּבְחַיֵּי דְכָל בֵּית יִשְׂרָאֵל, בְּעֵגְלָא וּבְזִמְן קָרִיב, וְאָמְרוּ אָמֵן.
יְהֵא שְׁמֵהּ רַבָּא מְבָרַךְ לְעַלְמֵי עֵלְמַיָּא.
יְתַבְרַךְ וְיִשְׁתַּבַּח וְיִתְפָּאֵר וְיִתְרוֹמַם וְיִתְנַשֵּׂא וְיִתְהַדָּר וְיִתְעַלֶּה וְיִתְהַלָּל שְׁמֵהּ
דְּקֻדְשָׁא בְּרִיךְ הוּא, לְעֵלְמָא מִן כָּל בְּרַכְתָּא וְשִׁירְתָּא תְּשַׁבְּחָתָא וְנִחְמָתָא,
דְּאָמְרוּ בְּעֵלְמָא, וְאָמְרוּ אָמֵן.

*Yitgadal v'yitkadash sh'mei raba, b'alma div'ra chir'utei v'yamlich malchutei, b'chayeichon uv'yomeichon
uv'chayei d'chol beit Yisrael ba'agala u'vizman kariv, v'imru: Amen.*
Y'hei sh'mei raba m'varach l'alam ul'almei almaya.
*Yitbarach v'yishtabach v'yitpa'ar v'yitromam v'yitnasei v'yithadar v'yit'aleh v'yithalal sh'mei d'kud'sha b'rich
hu. L'eila min kol birchata v'shirata, tush'b'chata v'nechemata da'amiran b'alma, v'imru: Amen.*

EXALTED AND HALLOWED BE GOD'S GREAT NAME, IN THE WORLD WHICH GOD CREATED, ACCORDING TO PLAN. MAY GOD'S MAJESTY BE REVEALED IN THE DAYS OF OUR LIFETIME AND THE LIFE OF ALL ISRAEL - SPEEDILY, IMMINENTLY. TO WHICH WE SAY: AMEN. BLESSED BE GOD'S GREAT NAME TO ALL ETERNITY. BLESSED, PRAISED, HONORED, EXALTED, EXTOLLED, GLORIFIED, ADORED, AND LAUDED BE THE NAME OF THE HOLY BLESSED ONE, BEYOND ALL EARTHLY WORDS AND SONGS OF BLESSING, PRAISE, AND COMFORT. TO WHICH WE SAY: AMEN.

BARECHU

בְּרַכּוּ אֶת יְיָ הַמְּבָרָךְ.
 בְּרוּךְ יְיָ הַמְּבָרָךְ לְעוֹלָם וָעֶד.
Bar'chu et Adonai ham'vorach.
Baruch Adonai ham'vorach l'olam va'ed.

PRAISE ADONAI TO WHOM PRAISE IS DUE FOREVER! PRAISED BE ADONAI TO WHOM PRAISE IS DUE, NOW AND FOREVER!

YOTZER

יוצר

בְּרוּךְ אַתָּה יְיָ, אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם, יוֹצֵר אוֹר וּבוֹרֵא חֹשֶׁךְ, עֹשֶׂה שְׁלוֹם
 וּבוֹרֵא אֶת הַכֹּל. הַמְאִיר לְאֶרֶץ וְלַדָּרִים עֲלֶיהָ בְּרַחֲמִים, וּבְטוֹבוֹ מְחַדֵּשׁ בְּכָל
 יוֹם תָּמִיד מַעֲשֵׂה בְּרָאשִׁית. מָה רַבּוֹ מַעֲשֵׂיךָ יְיָ, כֹּלֵם בְּחַכְמָה עֲשִׂיתָ, מְלַאָּה
 הָאֶרֶץ קִינְיָנְךָ. תִּתְבָּרַךְ יְיָ אֱלֹהֵינוּ עַל שֶׁבַח מַעֲשֵׂה יְדִידְךָ, וְעַל מְאֹרֵי אוֹר
 שֶׁעֲשִׂיתָ יַפְאֲרוֹךְ סִלָּה. אוֹר חֲדָשׁ עַל צִיּוֹן תְּאִיר, וְנִזְכֶּה כְּלָנוּ מִהֲרָה לְאוֹרוֹ.
 בְּרוּךְ אַתָּה יְיָ, יוֹצֵר הַמְּאֹרוֹת.

*Baruch Atah Adonai Eloheinu Melech ha'olam yotzeir or u'vorei choshech oseh shalom u'vorei et
 hakol. Hamei'ir la'aretz v'ladarim aleha b'rachamim, uv'tuvo m'chadesh b'chol yom tamid ma'aseh v'reishit.
 Mah rabu ma'asecha Adonai, kulam b'chochma asita, mal'ah ha'aretz kinyanecha. Titbarach Adonai
 Eloheinu, al shevach ma'aseh yadecha v'al m'orei or she'asita y'fa'arucha selah. Or chadash al Tziyon
 ta'ir v'nizkeh chulanu m'heirah l'oro. Baruch Atah Adonai, yotzeir ham'orot.*

AHAVA RABAH

אהבה רבה

אַהֲבָה רַבָּה אֶהְבְּתֵנוּ, יְיָ אֱלֹהֵינוּ, חֲמִלָה גְדוֹלָה וַיִּתְּרָה חֲמִלַתְּ עָלֵינוּ. בְּעִבוּר
 אָבוֹתֵינוּ וְאֲמוֹתֵינוּ שֶׁבִטְחוּ בְּךָ, וַתִּלְמַדְם חֻקֵי חַיִּים, כִּן תִּחַנְּנוּ וַתִּלְמַדְנוּ.
 הַמְּרַחֵם, רַחֵם עָלֵינוּ, וְתֵן בְּלִבֵּנוּ לְהִבִּין וּלְהַשְׁכִּיל, לְשִׁמְעַ, לְלַמֵּד וּלְלַמֵּד,
 לְשִׁמֹר וּלְעֲשׂוֹת וּלְקַיֵּם אֶת כָּל דְּבָרֵי תִלְמוּד תּוֹרַתְךָ בְּאַהֲבָה.

Ahava raba ahavtanu Adonai Eloheinu, chemla g'dolah viteira chamalta aleinu. Ba'avur avoteinu v'imoteinu shebat'chu v'cha vat'lamdeim chukei chayim, kein t'choneinu ut'lamdeinu. Ha'm'racheim racheim aleinu, v'tein b'libeinu l'havin ul'haskil, lishmo, 'a lilmod u'l'lameid, lishmor v'la'asot u'l'kayeim et kol divrei talmud Toratecha b'ahava.

V'ha'eir eineinu b'toratecha v'dabeik libeinu b'mitzvotecha, v'yacheid l'vaveinu l'ahava ul'yir'ah et sh'mecha. V'lo neivosh, v'lo nikaleim, v'lo nikashel l'olam va'ed. Ki v'shem kod'shecha hagadol v'hanorah batachnu, nagilah v'nis'm'cha bi'shu'atecha.

O God, Inspiration and Guide for all, You have spoken in a thousand tongues for us to hear. In every land and every age, Your children have heard You and imagined You in separate ways. And yet, O God, You are One, Unifier of humanity.

We give thanks for the sages and teachers who bring us understanding of Your will. Gratefully we recall the lawgivers and prophets, the psalmists and sages of Israel, and joyfully we remember that from the dawn of Israel's life we would turn to You and find purpose.

May the teachings of our ancestors live on in our minds, and their passion for righteousness stir our hearts. Help us to live so that our daily conduct reveals the beauty and wisdom of Your truth. (Mishkan T'filah)

בְּרוּךְ אַתָּה יְיָ הַבּוֹחֵר בְּעַמּוֹ יִשְׂרָאֵל בְּאַהֲבָה.
Baruch Atah Adonai ha'bocheir b'amo Yisrael b'ahava.

SHEMA

שמע

שְׁמַע יִשְׂרָאֵל, יְיָ אֱלֹהֵינוּ, יְיָ אֶחָד.
בְּרוּךְ שֵׁם כְּבוֹד מַלְכוּתוֹ לְעוֹלָם וָעֶד.

Shema Yisrael, Adonai Eloheinu, Adonai echad. Baruch shem k'vod mal'chuto l'olam va'ed.

V'AHAVTA

ואהבת

וְאַהֲבַתְּ אֶת יְיָ אֱלֹהֶיךָ, בְּכָל לְבָבְךָ, וּבְכָל נַפְשְׁךָ, וּבְכָל מְאֹדְךָ. וְהָיוּ הַדְּבָרִים הָאֵלֶּה, אֲשֶׁר אֲנֹכִי מְצַוְּךָ הַיּוֹם, עַל לְבָבְךָ. וְשָׁנַנְתָּם לְבִנְיָדָה, וְדַבַּרְתָּ בָם, בְּשִׁבְתְּךָ בְּבֵיתְךָ, וּבְלִכְתְּךָ בַדֶּרֶךְ, וּבְשֹׁכְבְךָ, וּבְקוּמְךָ. וּקְשַׁרְתָּם לְאוֹת עַל יָדְךָ, וְהָיוּ לְטֹטְפוֹת בֵּין עֵינֶיךָ. וּכְתַבְתָּם עַל מְזוֹזוֹת בֵּיתְךָ וּבְשַׁעְרֶיךָ. לְמַעַן תִּזְכְּרוּ וַעֲשִׂיתֶם אֶת כָּל מְצֻוֹתַי, וְהֵייתֶם קְדוֹשִׁים לֵאלֹהֵיכֶם. אֲנִי יְיָ אֱלֹהֵיכֶם, אֲשֶׁר הוֹצֵאתִי אֶתְכֶם מֵאֶרֶץ מִצְרָיִם, לִהְיוֹת לְכֶם לֵאלֹהִים, אֲנִי יְיָ אֱלֹהֵיכֶם.

V'ahavta et Adonai Elohecha, b'chol l'vav'cha uv'chol nafsh'cha uv'chol m'odecha. V'hayu had'varim ha'eileh asher anochi m'tzavcha hayom al l'vavecha. V'shinantam l'vanecha v'dibarta bam b'shivt'cha b'veitecha uv'lech't'cha vaderech uv'shoch'b'cha uv'kumecha. Uk'shartam l'ot al yadecha, v'hayu l'totafot bein einecha. Uch'tavtam al m'zuzot beitecha u'vish'arecha. L'ma'an tizk'ru va'asitem et kol mitzvotai vih'yitem k'doshim leilohichem. Ani Adonai Eloheichem asher hotzeiti etchem mei'eretz mitzrayim lih'yot lachem leilohim. Ani Adonai Eloheichem.

LOVE ADONAI YOUR GOD WITH EVERY HEARTBEAT, WITH EVERY BREATH, WITH EVERY CONSCIOUS ACT. KEEP IN MIND THE WORDS I COMMAND YOU TODAY. TEACH THEM TO YOUR CHILDREN, TALK ABOUT THEM AT WORK; WHETHER YOU ARE TIRED OR YOU ARE RESTED. LET THEM GUIDE THE WORK OF YOUR HANDS; KEEP THEM IN THE FOREFRONT OF YOUR VISION. DO NOT LEAVE THEM AT THE DOORWAY OF YOUR HOUSE, OR OUTSIDE YOUR GATE. THEY ARE REMINDERS TO DO ALL MY MITZVOT, SO THAT YOU CAN BE HOLY FOR GOD. I AM ADONAI YOUR GOD. I LED YOU OUT OF EGYPT TO BECOME YOUR GOD. I AM ADONAI YOUR GOD.

Sing the song of men and women joined in understanding and respect. The song of God's miracles, an earth protected and cherished; a gift for our children and the generations to come. The song of a land once ravished by war, now quiet and content; her soldiers home, to leave no more. The song of a world redeemed: the song of peace. (Mishkan T'filah)

MI CHAMOCHA

מי כמכה

מי כְּמִכָּה בְּאֵלֶם יִי, מִי כְּמִכָּה נֶאֱדָר בְּקֹדֶשׁ, נוֹרָא תְהִלַּת, עֲשֵׂה פִלָּא. שִׁירָה
חֲדָשָׁה שֶׁבָּחוּ גְאוּלִּים לְשִׁמְךָ עַל שְׁפַת הַיָּם, יַחַד כְּלֵם הַזֹּדִי וְהַמְּלִיכוֹ וְאִמְרוּ.
יִי יִמְלֹךְ לְעוֹלָם וָעֶד.

צוּר יִשְׂרָאֵל, קוֹמָה בְּעִזְרַת יִשְׂרָאֵל, וּפִידָה כְּנִאמְךָ יְהוּדָה וְיִשְׂרָאֵל.
גְּאֻלָּנוּ יִי צְבָאוֹת שָׁמוּ, קְדוֹשׁ יִשְׂרָאֵל. בְּרוּךְ אַתָּה יִי גֹאֵל יִשְׂרָאֵל.

Mi chamochah ba'eilim Adonai; Mi kamochah ne'dar bakodesh, nora t'hilot, osei feleh.

Shira chadasha shib'chu g'ulim l'shimcha al s'fat hayam. Yachad kulam hodu v'himlichu v'amru:

Adonai yimloch l'olam va'ed.

*Tzur Yisrael kuma b'ezrat Yisrael u'f'dei chin'umecha Yehuda v'Yisrael. Go'aleinu Adonai Tz'va'ot sh'mo,
k'dosh Yisrael. Baruch Atah Adonai ga'al Yisrael.*

TEFILLAH

אֲדֹנָי שְׁפָתַי תִּפְתָּח וּפִי יַגִּיד תְּהִלָּתֶךָ.

Adonai, s'fatai tiftach ufi yagid t'hilatecha.

Adonai, open up my lips, that my mouth may declare Your praise.

בָּרוּךְ אַתָּה יי אֱלֹהֵינוּ וְאֱלֹהֵי אֲבוֹתֵינוּ וְאֱמוֹתֵינוּ, אֱלֹהֵי אַבְרָהָם, אֱלֹהֵי יִצְחָק,
וְאֱלֹהֵי יַעֲקֹב, אֱלֹהֵי שָׂרָה, אֱלֹהֵי רִבְקָה, אֱלֹהֵי רָחֵל וְאֱלֹהֵי לֵאָה. הָאֵל הַגָּדוֹל
הַגִּבּוֹר וְהַנּוֹרָא, אֵל עֲלִיוֹן, גּוֹמֵל חֲסָדִים טוֹבִים, וְקֹנֵה הַכֹּל, וְיִזְכֵּר חֲסִדֵי
אֲבוֹת וְאִמָּהוֹת, וּמְבִיא גְאֻלָּה לְבְנֵי בְנֵיהֶם, לְמַעַן שְׁמוֹ בְּאַהֲבָה. מֶלֶךְ עוֹזֵר
וּמוֹשִׁיעַ וּמְגַן. בָּרוּךְ אַתָּה יי, מְגַן אַבְרָהָם וְעִזְרַת שָׂרָה.

*Baruch Atah Adonai, Eloheinu veilohei avoteinu v'imoteinu, Elohei Avraham, Elohei Yitzhak, v'Eilohei
Ya'akov, Elohei Sarah, Elohei Rivkah, Elohei Rachel, v'Eilohei Leah, ha'Eil hagadol hagibor v'hanora,
Eil Elyon, gomeil chasadim tovim v'konei hakol, v'zocher chasdei avot v'imahot,
u'meivi g'ulah livnei v'neihem l'ma'an sh'mo b'ahavah. Melech ozer u'moshi'a u'magein.
Baruch Atah Adonai, magein Avraham v'ezrat Sarah.*

PRAISED BE OUR GOD, THE GOD OF OUR FATHERS AND OUR MOTHERS: GOD OF ABRAHAM, GOD OF ISAAC, AND GOD OF JACOB; GOD OF SARAH,
GOD OF REBEKAH, GOD OF RACHEL AND GOD OF LEAH; GREAT, MIGHTY, AND AWESOME GOD, GOD SUPREME. RULER OF ALL THE LIVING, YOUR
WAYS ARE WAYS OF LOVE. YOU REMEMBER THE FAITHFULNESS OF OUR ANCESTORS, AND IN LOVE BRING REDEMPTION TO THEIR CHILDREN'S
CHILDREN FOR THE SAKE OF YOUR NAME. YOU ARE OUR SOVEREIGN AND OUR HELP, OUR REDEEMER AND OUR SHIELD. WE PRAISE YOU, ETERNAL
ONE, SHIELD OF ABRAHAM, PROTECTOR OF SARAH.

אַתָּה גִּבּוֹר לְעוֹלָם אֲדֹנָי, מְחַיֶּה הַכֹּל/מֵתִים אַתָּה, רַב לְהוֹשִׁיעַ.
מוֹרִיד הַטֶּל.

מְכַלְכֵּל חַיִּים בְּחֶסֶד, מְחַיֶּה הַכֹּל/מֵתִים בְּרַחֲמִים רַבִּים, סוֹמֵךְ נוֹפְלִים,
וְרוֹפֵא חוֹלִים, וּמַתִּיר אֲסוּרִים, וּמְקַיֵּם אֲמוּנָתוֹ לִישְׁנֵי עֶפֶר, מִי כְמוֹךָ בְּעַל
גְּבוּרֹת וּמִי דוֹמָה לָךְ, מֶלֶךְ מְמִית וּמְחַיֶּה וּמְצַמֵּחַ יְשׁוּעָה. וְנֶאֱמַן אַתָּה
לְהַחְיֹת הַכֹּל/מֵתִים. בָּרוּךְ אַתָּה יי, מְחַיֶּה הַכֹּל/הַמֵּתִים.

*Atah gibor l'olam Adonai, m'chayei hakol/meitim Atah, rav l'hoshi'a.
Morid hatal.*

*M'chalkel chayim b'chesed, m'chayei hakol/meitim b'rachamim rabim, somech noflim v'rofei cholim, u'matir
asurim, um'kayeim munato lishenei afar. Mi chamocha ba'al g'vurot u'mi domeh lach, melech meimit
um'chayeh u'matzmi'ach y'shu'ah. V'ne'eman Atah l'hachayot hakol/meitim. Baruch Atah Adonai, m'chayei
hakol/hameitim.*

YOU ARE FOREVER MIGHTY, ADONAI; YOU GIVE LIFE TO ALL. YOU RAIN DEW UPON US. YOU SUSTAIN LIFE THROUGH LOVE, GIVING LIFE TO ALL
THROUGH GREAT COMPASSION, SUPPORTING THE FALLEN, HEALING THE SICK, FREEDING THE CAPTIVE, KEEPING FAITH WITH THOSE WHO SLEEP IN THE
DUST. WHO IS LIKE YOU, SOURCE OF MIGHTY ACTS? WHO RESEMBLES YOU, A SOVEREIGN WHO TAKES AND GIVES LIFE, CAUSING DELIVERANCE TO
SPRING UP AND FAITHFULLY GIVING LIFE TO ALL? BLESSED ARE YOU, ADONAI, WHO GIVES LIFE TO ALL.

נְקַדֵּשׁ אֶת שְׁמֶךָ בְּעוֹלָם, כְּשֵׁם שְׁמִקְדִּישִׁים אוֹתוֹ בְּשָׁמַי מְרוֹם, כְּפָתוּב עַל יַד
נְבִיאֶךָ, וְקָרָא זֶה אֶל זֶה וְאָמַר:

קְדוֹשׁ קְדוֹשׁ קְדוֹשׁ יְיָ צְבָאוֹת, מְלֵא כָּל הָאָרֶץ כְּבוֹדוֹ:
אֲדִיר אֲדִירֵינוּ, אֲדָנִי אֲדָנֵינוּ, מִה־אֲדִיר שְׁמֶךָ בְּכָל־הָאָרֶץ.
בְּרוּךְ כְּבוֹד יְיָ מִמְּקוֹמוֹ:

אֶחָד הוּא אֱלֹהֵינוּ, הוּא אָבִינוּ, הוּא מְלַכְנוּ, הוּא מוֹשִׁיעֵנוּ, וְהוּא יִשְׁמִיעֵנוּ
בְּרַחֲמָיו לְעֵינֵי כָּל־חַי: אֲנִי יְיָ אֱלֹהֵיכֶם.

יְמַלֵּךְ יְיָ לְעוֹלָם, אֱלֹהֵיךָ צִיּוֹן לְדֹר וָדֹר, הַלְלוּיָהּ:

לְדֹר וָדֹר נְגִיד נְגִידָה וּלְנֶצַח נְצָחִים קְדֻשְׁתֶּךָ נְקַדֵּשׁ, וְשַׁבְּחָה אֱלֹהֵינוּ
מִפְּיָנוּ לֹא יִמוּשׁ לְעוֹלָם וָעֶד. בְּרוּךְ אַתָּה יְיָ, הָאֵל הַקְּדוֹשׁ.

*N'kadesh et shimcha ba'olam, k'sheim shemakdishim oto bishmei marom, kakatuv al yad n'vi'echa,
v'kara zeh el zeh v'amar m - Kadosh, kadosh, kadosh, Adonai ts'va'ot, m'lo chol ha'arets k'vodo:*

Adir adireinu Adonai adoneinu, ma'adir shimcha b'chol-ha'arets - Baruch k'vod Adonai mim'komo.

Echad hu Eloheinu, hu avinu, hu malkeinu, hu moshi'einu, v'hu yashmi'einu b'rachamav l'einei ko-chai -

Ani Adonai Eloheichem. Yimloch Adonai l'olam, Elohayich tsiyon l'dor vador, hal'luyah.

*L'dor vador nagid godlecha ul'neitsach n'tsachim k'dushat'cha nakdish, v'shivchacha eloheinu mipinu lo
yamush l'olam va'ed. Baruch Ata Adonai, ha'eil hakadosh.*

WE SANCTIFY YOUR NAME ON EARTH, AS ALL THINGS TO THE END OF TIME AND SPACE PROCLAIM YOUR HOLINESS; AND IN THE PROPHET'S WORDS
WE SAY: HOLY, HOLY, HOLY, IS THE GOD OF CREATION; THE WHOLE EARTH IS FILLED WITH GOD'S GLORY! SOURCE OF STRENGTH, GOD SOVEREIGN,
YOUR NAME IS MAJESTIC IN ALL THE EARTH! PRAISED BE GOD'S GLORY IN HEAVEN AND EARTH.

PRAYER FOR PEACE

If you ask for rest, I will sit with you.

If you ask for comfort, I will stay with you.

If you ask for hope, I will yearn with you.

If you ask for love, I will sing with you.

If you ask for stillness, I will breathe with you.

If you ask for peace, I will dream with you.

If you ask for joy, I will laugh with you.

If you ask for healing, I will pray with you.

If you ask for warmth, I will become a blanket.

If you ask for refuge, I will become a shelter.

If you ask for help, I will become a blessing.

SILENT PRAYER and REFLECTION

אין כְּמוֹךָ בְּאֱלֹהִים, יי, וְאִין כְּמַעֲשֶׂיךָ. מְלֻכּוֹתֶיךָ מְלֻכּוֹת כָּל-עֲלָמִים,
 וּמְשַׁלְּתֶיךָ בְּכָל-דֹּר וְדֹר. יי מְלֻךְ, יי מְלַךְ, יי יְמַלֵּךְ לְעֹלָם וָעֶד. יי עַז לְעַמּוֹ יִתֵּן,
 יי יְבָרֵךְ אֶת עַמּוֹ בְּשָׁלוֹם. אֵב הַרְחַמִּים, הִיטִיבָה בְּרַצוֹנֶךָ אֶת צִיּוֹן, תִּבְנֶה
 חוֹמוֹת יְרוּשָׁלַיִם. כִּי בְךָ לֵבַד בְּטַחְנוֹ, מְלֻךְ אֵל רַם וְנִשְׂאָ, אֲדוֹן עוֹלָמִים.

*Ein kamocha va'elohim Adonai v'ein k'ma'asecha. Malchut'cha mal'chut kol-olamim u'memshal't'cha
 b'chol-dor vador. Adonai melech, Adonai malach, Adonai yimloch l'olam va'ed. Adonai oz l'amo yitein;
 Adonai y'vareich et-amo vashalom. Av harachamim, heitivah virtzon'chah et Tziyon, tivneh chomot
 Yerushalayim. Ki v'chah l'vad batachnu, Melech Eil ram v'nisah, adon olamim.*

THERE IS NONE LIKE YOU AMONG THE GODS, ADONAI, AND THERE ARE NO DEEDS LIKE YOURS. YOU ARE SOVEREIGN OVER ALL WORLDS, AND YOUR
 DOMINION IS IN ALL GENERATIONS. ADONAI REIGNS, ADONAI HAS REIGNED, ADONAI WILL REIGN FOREVER AND EVER. ADONAI WILL GIVE STRENGTH
 TO OUR PEOPLE, ADONAI WILL BLESS OUR PEOPLE WITH PEACE.

שְׁמַע יִשְׂרָאֵל, יי אֱלֹהֵינוּ, יי אֶחָד.
 אֶחָד אֱלֹהֵינוּ, גָּדוֹל אֲדוֹנֵינוּ, קְדוֹשׁ שְׁמוֹ.
 גָּדְלוֹ לֵי אֶתִי, וְנִרְוֹמָמָה שְׁמוֹ יַחְדָּו.

*Sh'ma Yisra'eil, Adonai eloheinu, Adonai echad.
 Echad Eloheinu, gadol Adoneinu, kadosh sh'mo
 Gadlu l'Adonai iti, u'n'rom'ma sh'mo yachdav.*

לְךָ יי הַגְּדֻלָּה וְהַגְּבוּרָה וְהַתְּפָאֶרֶת וְהַנִּצָּח וְהַהוֹד,
 כִּי כָל בְּשָׁמַיִם וּבָאָרֶץ, לְךָ יי הַמְּמֻלְכָה, וְהַמְּתַנַּשֵּׂא לְכָל לְרֹאשׁ.

*L'cha Adonai ha'g'dulah v'ha'g'vurah v'hatif'eret v'haneitsach v'hahod,
 ki chol bashamayim u'va'aretz, l'cha Adonai hamamlachah v'hamitnasei l'chol l'rosh.*

YOURS, ADONAI, IS THE GREATNESS, MIGHT, SPLENDOR, TRIUMPH, AND MAJESTY - YES, ALL THAT IS IN HEAVEN AND ON EARTH.
 TO YOU, ADONAI, BELONG SOVEREIGNTY AND PREEMINANCE ABOVE ALL.

BEFORE THE READING OF TORAH

בְּרַכּוּ אֶת־יְיָ הַמְּבָרָךְ.

Bar'chu et Adonai ham'vorach.

בְּרוּךְ יְיָ הַמְּבָרָךְ לְעוֹלָם וָעֶד.

Baruch Adonai ham'vorach l'olam va'ed

בְּרוּךְ אַתָּה יְיָ אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם, אֲשֶׁר בָּחַר־בָּנוּ מִכָּל־הָעַמִּים,
וְנָתַן־לָנוּ אֶת־תּוֹרָתוֹ. בְּרוּךְ אַתָּה יְיָ, נוֹתֵן הַתּוֹרָה.

Baruch Adonai ham-vo-rach l'o-lam va-ed. Baruch Atah Adonai, Eloheinu Melech ha'olam, asher bachar banu mikol ha'amim, v'natan lanu et Torah'to. Baruch Atah Adonai, notein haTorah.

BLESSED ARE YOU, ADONAI OUR GOD, SOVEREIGN OF THE UNIVERSE, WHO HAS CHOSEN US FROM AMONG THE PEOPLES, AND GIVEN US THE TORAH.
BLESSED ARE YOU, ADONAI, WHO GIVES THE TORAH.

AFTER THE READING OF TORAH

בְּרוּךְ אַתָּה יְיָ אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם, אֲשֶׁר נָתַן לָנוּ תּוֹרַת אֱמֶת,
וְחַיֵּי עוֹלָם נָטַע בְּתוֹכָנוּ. בְּרוּךְ אַתָּה יְיָ, נוֹתֵן הַתּוֹרָה.

Baruch Atah Adonai, Eloheinu Melech ha'olam, asher natan lanu Torat emet, v'cha'yei olam natah b'to'cheinu. Baruch Atah Adonai, notein haTorah.

BLESSED ARE YOU, ADONAI OUR GOD, SOVEREIGN OF THE UNIVERSE, WHO HAS GIVEN US A TORAH OF TRUTH, IMPLANTING IN US ETERNAL LIFE.
BLESSED ARE YOU, ADONAI, WHO GIVES THE TORAH.

DRESSING THE TORAH

זֹאת הַתּוֹרָה אֲשֶׁר שָׂם מֹשֶׁה לְפָנָי בְּנֵי יִשְׂרָאֵל עַל פִּי יְיָ בְּיַד מֹשֶׁה:

V'zot ha'Tora asher sam Moshe lifnei b'nei Yisrael al pi Adonai b'yad Moshe.

THIS IS THE TORAH WHICH MOSES PLACED BEFORE THE PEOPLE OF ISRAEL, GOD'S WORD THROUGH THE HAND OF MOSES.

PRAYER FOR OUR CONGREGATION

Source of all being, may the children of this community learn these passions from us: love of Torah, devotion in prayer, and support of the needy. May we guide with integrity, and may our leadership be in Your service. May those who teach and nourish us be blessed with satisfaction, and may we appreciate their time and their devotion. Bless us with the fruits of wisdom and understanding, and may our efforts bring fulfillment and joy. Amen.

PRAYER FOR OUR NATION

O Guardian of life and liberty, may our nation always merit Your protection. Teach us to give thanks for what we have by sharing it with those who are in need. Keep our eyes open to the wonders of creation, and alert to the care of the earth. May we never be lazy in the work of peace; may we honor those who have died in defense of our ideals. Grant our leaders wisdom and forbearance. May they govern with justice and compassion. Help us all to appreciate one another, and to respect the many ways that we may serve You. May our homes be safe from affliction and strife, and our country be sound in body and spirit. Amen. (Mishkan Tefilah)

PRAYER FOR ISRAEL

O Heavenly One, Protector and Redeemer of Israel, bless the State of Israel which marks the dawning of hope for all who seek peace. Shield it beneath the wings of Your love; spread over it the canopy of Your peace. Send Your light and truth to all who lead and advise, guiding them with Your good counsel. Establish peace in the land and fullness of joy for all who dwell there. Amen. (Mishkan Tefilah)

PRAYER FOR THE BAR/BAT MITZVAH

Our hearts are one on this joyous day as you commit yourself to a life of Torah: a life, we pray, filled with wisdom, caring and right action. We pray that you will grow each day in compassion for the needy, in concern for the stranger, in love of all people. May the One who blessed our ancestors, Abraham and Sarah, Isaac and Rebecca, Jacob and Rachel and Leah, bless you on this special day. May you grow with strength and courage, with vision and sensitivity. And may you always be certain of our love. Amen. (Mishkan Tefilah)

BLESSING BEFORE THE READING OF HAFTORAH

בְּרוּךְ אַתָּה יי אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם, אֲשֶׁר בָּחַר בַּנְּבִיאִים טוֹבִים, וְרָצָה
בְּדַבְרֵיהֶם הַנְּאֻמִּים בְּאֵמֶת, בְּרוּךְ אַתָּה יי, הַבוֹחֵר בַּתּוֹרָה וּבַמְּשֵׁה עֲבָדוֹ,
וּבִישְׂרָאֵל עַמּוֹ, וּבַנְּבִיאֵי הָאֵמֶת וְצַדִּיק.

*Baruch Atah Adonai, Eloheinu Melech ha'olam, asher bachar bin'vi'im tovim, v'ratza v'divreihem
hane'emarim be'emet. Baruch Atah Adonai, habocheir baTorah uv-Moshe avdo uv'Yisrael amo, uvin'vi'ei
ha'emet vatzedek.*

PRAISE TO YOU, ADONAI OUR GOD, WHO HAS CHOSEN FAITHFUL PROPHETS TO SPEAK WORDS OF TRUTH. PRAISE TO YOU, ADONAI, FOR THE REVELATION OF TORAH, FOR YOUR SERVANT MOSES, FOR YOUR PEOPLE ISRAEL AND FOR PROPHETS OF TRUTH AND RIGHTEOUSNESS.

BLESSING AFTER THE READING OF HAFTORAH

בְּרוּךְ אַתָּה יי אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם, צוּר כָּל הָעוֹלָמִים, צַדִּיק בְּכָל הַדּוֹרוֹת,
הַיֵּל הַנְּאֻמָּן הָאוֹמֵר וְעֹשֶׂה, הַמְדַבֵּר וּמְקַיֵּם, שֶׁכָּל דְּבָרָיו אֵמֶת וְצַדִּיק. עַל
הַתּוֹרָה, וְעַל הָעֲבוּדָה, וְעַל הַנְּבִיאִים, וְעַל יוֹם הַשַּׁבָּת הַזֶּה, שֶׁנִּתְּתָה לָנוּ, יי
אֱלֹהֵינוּ, לְקַדְּשָׁה וּלְמַנוּחָה, לְכַבּוֹד וּלְתִפְאַרֶת. עַל הַכֹּל, יי אֱלֹהֵינוּ, אֲנַחְנוּ
מוֹדִים לָךְ, וּמְבָרְכִים אוֹתְךָ, וְיִתְבָּרַךְ שְׁמֶךָ בְּפִי כָּל חַי תָּמִיד לְעוֹלָם וָעֶד. בְּרוּךְ
אַתָּה יי, מְקַדֵּשׁ הַשַּׁבָּת.

*Baruch Atah Adonai Eloheinu Melech ha'olam tzur kol ha'olamim, tzadik b'chol hadorot, ha'Eil hane'eman,
ha'omeir v'oseh, ham'dabeir um'kayeim, shekol d'varav emet vatzedek. Al haTorah, v'al ha'avodah v'al
han'vi'im v'al yom haShabbat hazeh, shenata lanu Adonai Eloheinu, lik'dusha v'lim'nucha l'chavod ul'tif'aret.
Al hakol Adonai Eloheinu, anachnu modim lach, um'varchim otach, yitbarach shimcha b'fi kol-chai tamid
l'olam va'ed. Baruch Atah Adonai, m'kadeish haShabat.*

PRAISE TO YOU, ADONAI OUR GOD, SOVEREIGN OF THE UNIVERSE, ROCK OF ALL CREATION. RIGHTEOUS ONE OF ALL GENERATIONS, THE FAITHFUL GOD WHOSE WORD IS DEED, WHOSE EVERY COMMAND IS JUST AND TRUE. FOR THE TORAH, FOR THE PRIVILEGE OF WORSHIP, FOR THE PROPHETS, AND FOR THIS SHABBAT THAT YOU, ADONAI OUR GOD, HAVE GIVEN US FOR HOLINESS AND REST, FOR HONOR AND GLORY; WE THANK AND BLESS YOU. MAY YOUR NAME BE BLESSED FOR EVER BY EVERY LIVING BEING. PRAISE TO YOU, ADONAI, FOR THE SABBATH AND ITS HOLINESS.

RETURNING THE TORAH TO THE ARK

עֵץ-חַיִּים הִיא לַמַּחְזִיקִים בָּהּ, וְתִמְכֶּיָה מְאֹשֶׁר. דְּרַכֶּיָה דְרַכֵּי-נְעָם,
וְכָל-נְתִיבוֹתֶיָה שְׁלוֹם: הִשִּׁיבֵנוּ, יי, אֵלֶיךָ וְנִשׁוּבָה, חֲדָשׁ יָמֵינוּ כְּקֵדָם:

*Eitz chayim hi lamachazikim bah, v'tom'chehah m'ushar. D'rachehah darchei no'am, v'chol n'tivotehah
shalom. Hashiveinu, Adonai, eilecha v'nashuvah, chadeish yameinu k'kedem.*

IT IS A TREE OF LIFE FOR THOSE WHO HOLD FAST TO IT, AND ALL ITS SUPPORTERS ARE HAPPY. ITS WAYS ARE WAYS OF PLEASANTNESS AND ALL ITS PATHS ARE PEACE. RETURN US TO YOU, ADONAI, AND WE WILL RETURN; RENEW OUR DAYS AS OF OLD.

עֲלֵינוּ לְשַׁבַּח לְאֲדוֹן הַכֹּל, לְתַת גְּדֻלָּה לְיוֹצֵר בְּרָאשִׁית, שֶׁהוּא נוֹטֵה שָׁמַיִם
וְיֹסֵד אָרֶץ, וּמוֹשֵׁב יְקָרוֹ בְּשָׁמַיִם מְמַעַל, וְשֹׁכֵנֵת עָזוֹ בְּגִבְהֵי מְרוֹמִים, הוּא
אֱלֹהֵינוּ אֵין עוֹד. וְאַנְחֵנוּ כּוֹרְעִים וּמְשַׁתַּחֲוִים וּמוֹדִים,
לְפָנֵי מֶלֶךְ מַלְכֵי הַמְּלָכִים, הַקָּדוֹשׁ בְּרוּךְ הוּא.

*Aleinu l'shabei'ach la'adon hakol, lateit g'dulah l'yotzeir b'reishit, shehu noteh shamayim
v'yosed aretz, u'moshav y'karo bashamayim mima'al, u'sh'chinat uzo b'govhei m'romim, hu
Eloheinu ein od. Va'anachnu kor'im u'mish'tachavim u'modim,
lifnei melech malchei ham'lachim, haKadosh Baruch Hu.*

וְנֹאמַר, וְהָיָה יְיָ לְמֶלֶךְ עַל כָּל הָאָרֶץ, בַּיּוֹם הַהוּא יְהִי יְיָ אֶחָד, וְשִׁמוֹ אֶחָד.

V'ne'emar v'hayah Adonai l'melech al kol ha'aretz, bayom hahu yih'yeh Adonai echad, u'sh'mo echad.

LET US NOW PRAISE THE SOVEREIGN OF THE UNIVERSE, AND PROCLAIM THE GREATNESS OF THE CREATOR WHO SPREAD OUT THE HEAVENS AND ESTABLISHED THE EARTH, WHOSE GLORY IS REVEALED IN THE HEAVENS ABOVE AND WHOSE GREATNESS IS MANIFEST THROUGHOUT THE WORLD. YOU ARE OUR GOD; THERE IS NONE ELSE. THEREFORE WE BOW IN AWE AND THANKSGIVING BEFORE THE ONE WHO IS SOVEREIGN OVER ALL, THE HOLY AND BLESSED ONE.

THUS IT HAS BEEN SAID, ADONAI WILL BE SOVEREIGN OVER ALL THE EARTH. ON THAT DAY, ADONAI WILL BE ONE, AND GOD'S NAME WILL BE ONE.

יִתְגַּדַּל וְיִתְקַדַּשׁ שְׁמֵהּ רַבָּא. בְּעֶלְמָא דִּי בְּרָא כְרַעוּתָהּ, וְיִמְלִיךְ מַלְכוּתָהּ
בְּחַיִּיכוֹן וּבְיוֹמֵיכוֹן וּבְחַיֵּי דְכָל בֵּית יִשְׂרָאֵל, בְּעִגְלָא וּבְזִמְן קָרִיב, וְאִמְרוּ אָמֵן.
יְהֵא שְׁמֵהּ רַבָּא מְבָרַךְ לְעַלְמֵי עֲלַמְיָא.
יִתְבָּרַךְ וְיִשְׁתַּבַּח וְיִתְפָּאֵר וְיִתְרוֹמַם וְיִתְנַשֵּׂא וְיִתְהַדָּר וְיִתְעַלֶּה וְיִתְהַלַּל שְׁמֵהּ
דְּקָדְשָׁא בְּרִיךְ הוּא, לְעֵלְמָא מִן כָּל בְּרַכְתָּא וְשִׁירְתָּא תְּשַׁבְּחָתָא וְנַחֲמָתָא,
דְּאִמְרוּן בְּעֶלְמָא, וְאִמְרוּ אָמֵן.
יְהֵא שְׁלָמָא רַבָּא מִן שְׁמַיָּא, וְחַיִּים עֲלֵינוּ וְעַל כָּל יִשְׂרָאֵל, וְאִמְרוּ אָמֵן.
עֲשֵׂה שְׁלוֹם בְּמְרוֹמָיו, הוּא יַעֲשֵׂה שְׁלוֹם עֲלֵינוּ וְעַל כָּל יִשְׂרָאֵל, וְאִמְרוּ אָמֵן.

Yitgadal v'yitkadash sh'mei raba, b'alma div'ra chir'utei v'yamlich malchutei, b'chayeichon uv'yomeichon uv'chayei d'chol beit Yisrael ba'agala u'vizman kariv, v'imru: Amen.

Y'hei sh'mei raba m'varach l'alam ul'almei almaya.

Yitbarach v'yishtabach v'yitpa'ar v'yitromam v'yitnasei v'yithadar v'yit'aleh v'yithalal sh'mei d'kud'sha b'rich hu. L'eila min kol birchata v'shirata, tush'b'chata v'nechemata da'amiran b'alma, v'imru: Amen.

Y'hei sh'lama raba min sh'maya v'chayim aleinu v'al kol Yisrael, v'imru: Amen.

Oseh shalom bim'romav hu ya'aseh shalom aleinu v'al kol Yisrael, v'imru: Amen.

LET THE GLORY OF GOD BE EXTOLLED, AND GOD'S GREAT NAME BE HALLOWED IN THE WORLD WHOSE CREATION GOD WILLED. MAY GOD RULE IN OUR OWN DAY, IN OUR OWN LIVES, AND IN THE LIFE OF ALL ISRAEL, AND LET US SAY: AMEN. LET GOD'S GREAT NAME BE BLESSED FOREVER AND EVER. BEYOND ALL THE PRAISES, SONGS, AND ADORATIONS THAT WE CAN UTTER IS THE HOLY ONE, THE BLESSED ONE, WHOM YET WE GLORIFY, HONOR, AND EXALT. AND LET US SAY: AMEN. FOR US AND FOR ALL ISRAEL, MAY THE BLESSING OF PEACE AND THE PROMISE OF LIFE COME TRUE, AND LET US SAY: AMEN. MAY THE ONE WHO CAUSES PEACE TO REIGN IN THE HIGH HEAVENS, CAUSE PEACE TO REIGN AMONG US, ALL ISRAEL, AND ALL THE WORLD, AND LET US SAY: AMEN.

**WISHING YOU A SHABBAT SHALOM
AND THE BLESSINGS OF GOOD HEALTH**