

# TEMPLE SINAI SHABBAT MORNING SERVICE

MAH TOVU

מה טוב

מה טובו אהליך יעקב, משכנתיך ישראל.

*Ma tovu ohalecha Ya'akov mish'k'notecha Yisrael.*

ואני ברב חסדך אבוא ביתך, אשתחוה אל היכל קדשך ביראתך.

*Va'ani b'rov chas'd'cha avo veitecha, eshtachaveh el heichal kod'sh'cha b'yir'a'techa.*

ואני, תפילתי לך יי, עת רצון, אלהים ברב חסדך, ענני באמת ישעך.

*Va'ani t'filati l'cha Adonai eit ratzon, Elohim b'rov chasdecha, aneini be'emet yish'echa.*

HOW FAIR ARE YOUR TENTS, O JACOB, YOUR DWELLINGS O ISRAEL. I, THROUGH ABUNDANT LOVE, ENTER YOUR HOUSE; I BOW DOWN IN AT YOUR HOLY TEMPLE... AS FOR ME, MY PRAYER TOME TO YOU, ADONAI, AT A FAVORABLE MOMENT; O GOD, IN YOUR ABUNDANT FAITHFULNESS, ANSWER ME WITH YOUR SURE DELIVERANCE.

ASHER YATZAR

אשר יצר

**Blessed are You, Adonai our God, Sovereign of the Universe.**

**With divine wisdom You have made our bodies,**

**combining veins, arteries, and vital organs into a finely balanced network.**

**Wondrous Maker and Sustainer of life, were one of them to fail -**

**how well we are aware - we would lack the strength to sustain life before You.**

**Blessed are You, Adonai, Source of our health and strength.**(Mishkan Tefilah)

ברוך אתה יי, רופה כל בשר ומפליא לעשות.

*Baruch Ata Adonai, rofei chol basar u'mafli la'asot.*

ELOHAI

אלהי

אלהי נשמה שנתת בי טהורה היא. אתה בראתה, אתה יצרתה,

אתה נפחתה בי, ואתה משמרה בקרבי.

כל זמן שהנשמה בקרבי, מודה/מודה אני לפנדך,

יי אלהי ואלהי אבותי ואמותי, רבון כל המעשים, אדון כל הנשמות.

ברוך אתה יי, אשר בידו נפש כל חי ורוח כל בשר איש.

*Elohai n'shama shenata bi t'hora hi. Atah v'ratah, Atah y'tzartah, Atah n'fachta bi, v'Atah m'sham'rah b'kirbi. Kol z'man sheha'n'shama b'kirbi, modeh/modah ani l'fanecha,*

*Adonai Elohei avotai v'imotai, ribon kol hama'asim, adon kol ha'n'shamot.*

*Baruch Atah Adonai, asher b'yado nefesh kol chai v'ruach kol basar ish.*

THE SOUL THAT YOU HAVE GIVEN ME, O GOD, IS PURE! YOU CREATED IT AND FORMED IT, BREATHED IT INTO ME, AND WITHIN ME YOU SUSTAIN IT. SO LONG AS I HAVE BREATH, THEREFORE, I WILL GIVE THANKS TO YOU, MY GOD AND THE GOD OF ALL AGES, SOURCE OF ALL BEING, LOVING GUIDE OF EVERY HUMAN SPIRIT. (MISHKAN TEFILAH)

FOR DAILY MIRACLES

נסים בכל יום

**ברוך אתה יי אלהינו מלך העולם, אשר נתן לשכוי בינה  
להבחין בין יום ובין לילה.**

*Baruch Atah Adonai Eloheinu Melech ha'olam, asher natan l'sechvi v'inh  
hav'chin bein yom u'vein lailah.*

**ברוך אתה יי אלהינו מלך העולם פוקח עורים.**

*Baruch Atah Adonai Eloheinu Melech ha'olam pokei'ach ivrim.*

**ברוך אתה יי אלהינו מלך העולם מתיר אסורים.**

*Baruch Atah Adonai Eloheinu Melech ha'olam matir asurim.*

**ברוך אתה יי אלהינו מלך העולם זוקף כפופים.**

*Baruch Atah Adonai Eloheinu Melech ha'olam zokeif k'fufim.*

**ברוך אתה יי אלהינו מלך העולם רוקע הארץ על המים.**

*Baruch Atah Adonai Eloheinu Melech ha'olam rokah ha'aretz al hamayim.*

**ברוך אתה יי אלהינו מלך העולם המכין מצעדי גבר.**

*Baruch Atah Adonai Eloheinu Melech ha'olam hameichin mitz'adei gaver.*

**ברוך אתה יי אלהינו מלך העולם מלביש ערמונים.**

*Baruch Atah Adonai Eloheinu Melech ha'olam malbish arumim.*

**ברוך אתה יי אלהינו מלך העולם הנותן ליעף כח.**

*Baruch Atah Adonai Eloheinu Melech ha'olam hanotein laya'eif ko'ach.*

**ברוך אתה יי אלהינו מלך העולם המעביר שנה מעיני ותנומה מעפעפי.**

*Baruch Atah Adonai Eloheinu Melech ha'olam hama'avir sheinah mei'einai u't'numah mei'af'apai.*

**ברוך אתה יי אלהינו מלך העולם שעשני בצלם אלהים.**

*Baruch Atah Adonai Eloheinu Melech ha'olam she'asani b'tzelem Elohim.*

**ברוך אתה יי אלהינו מלך העולם שעשני בן/בת חורין.**

*Baruch Atah Adonai Eloheinu Melech ha'olam she'asani ben/bat chorin.*

**בְּרוּךְ אַתָּה יְיָ אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם שֶׁעָשִׂינִי יִשְׂרָאֵל.**

*Baruch Atah Adonai Eloheinu Melech ha'olam she'asani Yisrael.*

**בְּרוּךְ אַתָּה יְיָ אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם אוֹזֵר יִשְׂרָאֵל בְּגִבּוֹרָה.**

*Baruch Atah Adonai Eloheinu Melech ha'olam ozeir Yisrael big'vurah.*

**בְּרוּךְ אַתָּה יְיָ אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם עוֹטֵר יִשְׂרָאֵל בְּתַפְאָרָה.**

*Baruch Atah Adonai Eloheinu Melech ha'olam oteir Yisrael b'tif'arah.*

**בְּרוּךְ אַתָּה יְיָ אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם אֲשֶׁר קִדְּשָׁנוּ בְּמִצְוֹתָיו**

**וְצִוָּנוּ לְעֲסוֹק בְּדִבְרֵי תוֹרָה.**

*Baruch Atah Adonai Eloheinu Melech ha'olam asher kid'shanu b'mitzvotav  
v'tzivanu la'asok b'divrei Torah.*

PRAISE TO YOU, ADONAI OUR GOD, SOVEREIGN OF THE UNIVERSE, WHO HAS GIVEN THE MIND THE ABILITY TO DISCERN DAY FROM NIGHT.

PRAISE TO YOU, ADONAI OUR GOD, SOVEREIGN OF THE UNIVERSE, WHO OPENS THE EYES OF THE BLIND.

PRAISE TO YOU, ADONAI OUR GOD, SOVEREIGN OF THE UNIVERSE, WHO FREES THE CAPTIVE.

PRAISE TO YOU, ADONAI OUR GOD, SOVEREIGN OF THE UNIVERSE, WHO LIFTS UP THE FALLEN.

PRAISE TO YOU, ADONAI OUR GOD, SOVEREIGN OF THE UNIVERSE, WHO STRETCHES THE EARTH OVER THE WATERS.

PRAISE TO YOU, ADONAI OUR GOD, SOVEREIGN OF THE UNIVERSE, WHO STRENGTHENS OUR STEPS.

PRAISE TO YOU, ADONAI OUR GOD, SOVEREIGN OF THE UNIVERSE, WHO CLOTHES THE NAKED.

PRAISE TO YOU, ADONAI OUR GOD, SOVEREIGN OF THE UNIVERSE, WHO GIVES STRENGTH TO THE WEARY.

PRAISE TO YOU, ADONAI OUR GOD, SOVEREIGN OF THE UNIVERSE, WHO REMOVES SLEEP FROM THE EYES, SLUMBER FROM THE EYELIDS.

PRAISE TO YOU, ADONAI OUR GOD, SOVEREIGN OF THE UNIVERSE, WHO MADE ME IN THE IMAGE OF GOD.

PRAISE TO YOU, ADONAI OUR GOD, SOVEREIGN OF THE UNIVERSE, WHO HAS MADE ME FREE.

PRAISE TO YOU, ADONAI OUR GOD, SOVEREIGN OF THE UNIVERSE, WHO HAS MADE ME A JEW.

PRAISE TO YOU, ADONAI OUR GOD, SOVEREIGN OF THE UNIVERSE, WHO GIRDS ISRAEL WITH STRENGTH.

PRAISE TO YOU, ADONAI OUR GOD, SOVEREIGN OF THE UNIVERSE, WHO CROWNS ISRAEL WITH SPLENDOR.

**Adonai our God, make the words of Your Torah sweet to us  
and to the House of Israel, Your People, that we and our children  
may be lovers of Your name and students of Your Torah.**

**We praise You, O God, Teacher of Torah to our people Israel. (Mishkan Tefilah)**

**בְּרוּךְ אַתָּה יְיָ הַמְלַמֵּד תוֹרָה לְעַמּוֹ יִשְׂרָאֵל.**

*Baruch Atah Adonai, ha'm'lameid Torah l'amo Yisrael.*

TORAH STUDY

אלו דברים

אֵלֵינוּ דְּבָרִים שְׂאִין לָהֶם שְׁעוֹר: שְׂאָדָם אוֹכֵל פְּרוֹתֵיהֶם בְּעוֹלָם הַיָּזָה וְהַקָּרוֹן  
קִיָּמָת לֹא לְעוֹלָם הַבָּא, וְאֵלֵינוּ הוּא: כְּבוֹד אָב וָאִם, וּגְמִילוֹת חֲסָדִים, וְהַשְׁפָּכַת  
בֵּית הַמִּדְרָשׁ שְׁחָרִית וְעֶרְבִית, וְהַכְנָסַת אוֹרְחִים, וּבִקּוּר חוֹלִים, וְהַכְנָסַת  
כֶּלֶה, וּלְקוּיַת הַמֵּת, וְעִיוֹן תְּפִלָּה, וְהַבָּאת שְׁלוֹם בֵּין אָדָם לְחֵבְרוֹ, וְתַלְמוּד  
תוֹרָה כְּנֶגֶד כָּלֶם.

*Eilu d'varim, she'ain la-hem shi-ur. She'adam ocheil peiroteihem ba'olam hazeh v'hakeren kayemet lo la'olam habah, v'eilu hein: kibud av va'eim, ug'milut chasadim, v'hashkamat beit hamidrash shacharit v'arvit, v'hachnasat orchim, uvikur cholim, v'hachnasat kalah, ul'vayat hameit, v'iyyun tefillah, vahava'at shalom bein adam lachaveiro, v'talmud torah k'neged kulam.*

**These are things that are limitless, of which a person enjoys the fruit of the world, while the principle remains in the world to come. They are: honoring one's father and mother, engaging in deeds of compassion, arriving early for study morning and evening, dealing graciously with guests, visiting the sick, providing for the wedding couple, accompanying the dead for burial, being devoted in prayer, and making peace among people. But the study of Torah encompasses them all.**(Mishkan Tefilah)

BARUCH SHE'AMAR

ברוך שאמר

בְּרוּךְ שֵׁאֵמַר וְהָיָה הָעוֹלָם

*Baruch she'amar v'yaya ha'olam*

בְּרוּךְ הוּא

*Baruch hu*

בְּרוּךְ עוֹשֶׂה בְּרֵאשִׁית

*Baruch oseh v'reishit*

בְּרוּךְ אוֹמֵר וְעוֹשֶׂה

*Baruch omer v'oseh*

בְּרוּךְ גּוֹזֵר וּמְקַיֵּם

*Baruch gozer u'm'kayem*

בְּרוּךְ מְרַחֵם עַל הָאָרֶץ

*Baruch m'rachem al ha'aretz*

בְּרוּךְ מְרַחֵם עַל הַבְּרִיּוֹת

*Baruch m'rachem al hab'riyot*

בְּרוּךְ מְשַׁלֵּם שְׂכָר טוֹב לִירְאָיו

*Baruch m'shalem sachar tov li'rei'av*

בְּרוּךְ חַי לְעַד וְקַיָּם לְנֶצַח

*Baruch chai la'ad v'kayam lanetzach*

בְּרוּךְ פּוֹדֶה וּמַצִּיל. בְּרוּךְ שְׁמוֹ.

*Baruch podeh u'matzil. Baruch sh'mo.*

BLESSED IS THE ONE WHO SPOKE AND THE WORLD CAME TO BE. BLESSED IS THE ONE! BLESSED IS THE ONE WHO CONTINUALLY AUTHORS CREATION. BLESSED IS THE ONE WHOSE WORD IS DEED; BLESSED IS THE ONE WHO DECREES AND FULFILLS. BLESSED IS THE ONE WHO IS COMPASSIONATE TOWARDS THE WORLD; BLESSED IS THE ONE WHO IS COMPASSIONATE TOWARDS ALL CREATURES. BLESSED IS THE ONE WHO REWARDS THE REVERENT; BLESSED IS THE ONE WHO EXISTS FOR ALL TIME, EVER-ENDURING. BLESSED IS ONE WHO REDEEMS AND SAVES; BLESSED IS GOD'S NAME!

אֲשֶׁרִי יוֹשְׁבֵי בֵיתְךָ, עוֹד יְהַלְלוּךָ סֵלָה.

*Ashrey yoshvei veitecha, od y'hal'lucha selah.*

אֲשֶׁרִי הָעַם שֶׁכָּחָה לוֹ, אֲשֶׁרִי הָעַם שֵׁי אֱלֹהֵינוּ.

*Ashrei haam shekacha lo, ashrei haam she-Adonai Elohav.*

תְּהִלָּה לְדָוִד, אֲרוֹמְמֶךָ אֱלֹהֵי הַמֶּלֶךְ, וְאַבְרָכָה שְׁמֶךָ לְעוֹלָם וָעֶד.

*T'hilah L'David. Aromim'cha Elohai HaMelech, vaavar'chah shimcha l'olam va-ed.*

בְּכֹל יוֹם אֲבָרְכֶךָ, וְאַהֲלִלָה שְׁמֶךָ לְעוֹלָם וָעֶד.

*B'chol yom avarcheka, vaahal'lah shimcha l'olam va-ed.*

גָּדוֹל יְיָ וּמְהֻלָּל מְאֹד, וְלִגְדֻלְתּוֹ אֵין חֶקֶר.

*Gadol Adonai um'hulal m'od, v'lig'dulato ein cheiker.*

דֹר לְדֹר יִשְׁבַח מַעֲשֶׂיךָ, וּגְבוּרַתֶיךָ יִגִּידוּ.

*Dor l'dor y'shabach maasecha, ug'vurotecha yagidu.*

הַדָּר כְּבוֹד הוֹדֶךָ, וְדִבְרֵי נִפְלְאוֹתֶיךָ אֲשִׁיחָה.

*Hadar k'vod hodecha, v'divrei niflotecha asichah.*

וְעִזּוֹז נֹרְאוֹתֶיךָ יֹאמְרוּ, וּגְדֻלְתֶךָ אֲסַפְּרֶנָּה.

*Ve-ezuz norotecha yomeiru, ug'dulat'cha asaprenah.*

זְכֹר רַב טוֹבָךָ יִבְיֵעוּ, וְצִדְקוֹתֶךָ יִרְנְנוּ.

*Zecher rav tuvcha yabiyu, v'tzidkat'cha y'raneinu.*

חַנוּן וְרַחוּם יְיָ, אֶרְךָ אֲפִים וּגְדֹל חֶסֶד.

*Chanun v'rachum Adonai, erech apayim ug'dol chasad.*

טוֹב יְיָ לְכֹל, וְרַחֲמָיו עַל כָּל מַעֲשָׂיו.

*Tov Adonai lakol, v'rachamav al kol maasav.*

יוֹדוּךָ יְיָ כָּל מַעֲשֶׂיךָ, וְחַסִּידֶיךָ יִבְרַכּוּכָה.

*Yoducha Adonai kol maasecha, vachasidecha yvar'chuchah.*

כְּבוֹד מַלְכוּתֶךָ יֹאמְרוּ, וּגְבוּרַתֶךָ יִדְבְּרוּ.

*K'vod malchut'cha yomeiru, ug'vurat'cha y'dabeiru.*

לְהוֹדִיעַ לְבְנֵי הָאָדָם גְּבוּרָתְךָ, וּכְבוֹד הַדָּר מַלְכוּתוֹ.

*L'hodi-a liv'nei haadam g'vurotav, uch'vod hadar malchuto.*

מַלְכוּתְךָ מַלְכוּת כָּל עוֹלָמִים, וּמְשַׁלְתָּ בְּכָל דָּר וְדָר.

*Malchut'cha malchut kol olamim, umemshalt'cha b'chol dor vador.*

סוֹמֵךְ יְיָ לְכָל הַנְּפִלִים, וְזוֹקֵף לְכָל הַכְּפוּפִים.

*Someich Adonai l'chol hanoflim, v'zokeif l'chol hak'fufim.*

עֵינֵי כָל אֱלֹהֵי יִשְׂרָאֵל יִשְׁבְּרוּ, וְאַתָּה נוֹתֵן לָהֶם אֶת אֲכֻלָּם בְּעֵתוֹ.

*Einei chol eilecha y'sabeiru, v'atah notein lahem et ochlam b'ito.*

פּוֹתַח אֶת יָדְךָ, וּמִשְׁבִּיעַ לְכָל חַי רָצוֹן.

*Poei-ach et yadecha, umasbi-a l'chol chai ratzon.*

צַדִּיק יְיָ בְּכָל דְּרָכָיו, וְחָסִיד בְּכָל מַעֲשָׂיו.

*Tzaddik Adonai b'chol d'rachav, v'chasid b'chol maasav.*

קָרוֹב יְיָ לְכָל קִרְאָיו, לְכָל אֲשֶׁר יִקְרָאֵהוּ בְּאֵמֶת.

*Karov Adonai l'chol korav, l'chol asher yikra-uhu ve-emet.*

רָצוֹן יִרְאֶיו יַעֲשֶׂה, וְאֵת שְׁוַעְתָּם יִשְׁמַע וַיּוֹשִׁיעֵם.

*R'tzon y'rei-av yaaseh, v'et shavatam yishma v'yoshi-eim.*

שׁוֹמֵר יְיָ אֶת כָּל אֲהָבָיו, וְאֵת כָּל הַרְשָׁעִים יִשְׁמִיד.

*Shomeir Adonai et kol ohavav, v'eit kol harsha-im yashmid.*

תְּהִלַּת יְיָ יִדְבֵר פִּי, וַיִּבְרַךְ כָּל בִּשְׂרָ שֵׁם קֹדֶשׁוֹ לְעוֹלָם וָעֶד.

*T'hilat Adonai y'daber pi, viy'vareich kol basar shem kodsho, l'olam va-ed.*

וְאַנְחֵנוּ נִבְרַךְ יְהוָה, מֵעַתָּה וְעַד עוֹלָם, הַלְלוּיָהּ.

*Vaanachnu n'vareich Yah mei-atah v'ad olam, hal'luyah.*

הַלְלוּיָהּ  
הַלְלוּ אֵל בְּקֹדֶשׁוֹ, הַלְלוּהוּ בְּרִקְיעַ עֶזוֹ.  
הַלְלוּהוּ בְּגִבּוֹרֹתָיו, הַלְלוּהוּ כְּרֹב גְּדֻלוֹ.  
הַלְלוּהוּ בְּתִקְעַ שׁוֹפָר, הַלְלוּהוּ בְּנִבְל וְכִנּוֹר.  
הַלְלוּהוּ בְּתוֹף וּמְחוֹל, הַלְלוּהוּ בְּמִנִּים וְעָגָב.  
הַלְלוּהוּ בְּצִלְצְלֵי שֹׁמֵעַ, הַלְלוּהוּ בְּצִלְצְלֵי תְרוּעָה.  
כֹּל הַנְּשָׁמָה תְהַלֵּל יְהוָה, הַלְלוּיָהּ.

*Hal'lu Yah!*  
*Hal'lu El b'kodsho, hal'luhu bir'ki'a uzo.*  
*Hal'luhu big'vurotav, hal'luhu k'rov gudlo.*  
*Hal'luhu b'teika shofar, Hal'luhu b'neivel v'chinor.*  
*Hal'luhu b'tof umachol, Hal'luhu b'minim v;ugav.*  
*Hal'luhu b'tzil'tz'lei shama, Hal'luhu b'tzil'tz'lei t'ruah.*  
*Kol han'shamah t'haleil Yah, Hal'lu Yah!*

HALLELUYAH! PRAISE GOD IN GOD'S SANCTUARY; PRAISE GOD IN THE SKY, GOD'S STRONGHOLD. PRAISE GOD FOR MIGHTY ACTS; PRAISE GOD FOR GOD'S EXCEEDING GREATNESS. PRAISE GOD WITH BLASTS OF THE HORN; PRAISE GOD WITH HARP AND LYRE. PRAISE GOD WITH TIMBREL AND DANCE; PRAISE GOD WITH LUTE AND PIPE. PRAISE GOD WITH RESOUNDING CYMBALS; PRAISE GOD WITH LOUD-CLASHING CYMBALS. LET ALL THAT BREATHE PRAISE ADONAI, HALLELUYAH!

יִתְגַּדַּל וְיִתְקַדַּשׁ שְׁמֵהּ רַבָּא. בְּעֵלְמָא דִּי בְּרָא כְרַעוּתֵיהּ, וְיִמְלִיךְ מַלְכוּתֵיהּ  
בְּחַיִּיכוּן וּבְיוֹמֵיכוּן וּבְחַיֵּי דְכָל בֵּית יִשְׂרָאֵל, בְּעַגְלָא וּבְזִמְן קָרִיב, וְאִמְרוּ אָמֵן.  
יְהֵא שְׁמֵהּ רַבָּא מְבָרַךְ לְעַלְמֵי עֵלְמַיָּא.  
יְתַבְרַךְ וְיִשְׁתַּבַּח וְיִתְפָּאֵר וְיִתְרוֹמַם וְיִתְנַשֵּׂא וְיִתְהַדָּר וְיִתְעַלֶּה וְיִתְהַלַּל שְׁמֵהּ  
דְּקַדְשָׁא בְּרִיךְ הוּא, לְעֵלְמָא מִן כָּל בְּרַכְתָּא וְשִׁירְתָּא תְּשַׁבְּחַתָּא וְנִחְמַתָּא,  
דְּאִמְרוּן בְּעֵלְמָא, וְאִמְרוּ אָמֵן.

*Yitgadal v'yitkadash sh'mei raba, b'alma div'ra chir'utei v'yamlich malchutei, b'chayeichon uv'yomeichon  
uv'chayei d'chol beit Yisrael ba'agala u'vizman kariv, v'imru: Amen.*  
*Y'hei sh'mei raba m'varach l'alam ul'almei almaya.*  
*Yitbarach v'yishtabach v'yitpa'ar v'yitromam v'yitnasei v'yithadar v'yit'aleh v'yithalal sh'mei d'kud'sha b'rich  
hu. L'eila min kol birchata v'shirata, tush'b'chata v'nechemata da'amiran b'alma, v'imru: Amen.*

EXALTED AND HALLOWED BE GOD'S GREAT NAME, IN THE WORLD WHICH GOD CREATED, ACCORDING TO PLAN. MAY GOD'S MAJESTY BE REVEALED IN THE DAYS OF OUR LIFETIME AND THE LIFE OF ALL ISRAEL - SPEEDILY, IMMINENTLY. TO WHICH WE SAY: AMEN. BLESSED BE GOD'S GREAT NAME TO ALL ETERNITY. BLESSED, PRAISED, HONORED, EXALTED, EXTOLLED, GLORIFIED, ADORED, AND LAUDED BE THE NAME OF THE HOLY BLESSED ONE, BEYOND ALL EARTHLY WORDS AND SONGS OF BLESSING, PRAISE, AND COMFORT. TO WHICH WE SAY: AMEN.

בְּרַכּוּ אֶת יְיָ הַמְּבָרָךְ.  
 בְּרוּךְ יְיָ הַמְּבָרָךְ לְעוֹלָם וָעֶד.  
*Bar'chu et Adonai ham'vorach.*  
*Baruch Adonai ham'vorach l'olam va'ed.*

PRAISE ADONAI TO WHOM PRAISE IS DUE FOREVER! PRAISED BE ADONAI TO WHOM PRAISE IS DUE, NOW AND FOREVER!

בְּרוּךְ אַתָּה יְיָ, אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם, יוֹצֵר אֹר וְבוֹרֵא חֹשֶׁךְ, עֹשֶׂה שָׁלוֹם  
 וְבוֹרֵא אֶת הַכֹּל. הַמְאִיר לְאָרֶץ וְלַדָּרִים עֲלֶיהָ בְּרַחֲמִים, וּבְטוּבוֹ מְחַדֵּשׁ בְּכָל  
 יוֹם תְּמִיד מַעֲשֵׂה בְּרָאשִׁית. מָה רַבּוֹ מַעֲשָׂיֶךָ יְיָ, כֹּלֵם בְּחֻכְמָה עֲשִׂיתָ, מְלֵאָה  
 הָאָרֶץ קִינּוּךְ. תִּתְבָּרַךְ יְיָ אֱלֹהֵינוּ עַל שֶׁבַח מַעֲשֵׂה יְדִידָה, וְעַל מְאֹרֵי אֹר  
 שֶׁעֲשִׂיתָ יְפָאָרוֹךְ סֵלָה. אֹר חֲדָשׁ עַל צִיּוֹן תִּתְאִיר, וְנִזְכָּה כְּלָנוּ מִהָרָה לְאֹרוֹ.  
 בְּרוּךְ אַתָּה יְיָ, יוֹצֵר הַמְּאֹרוֹת.

*Baruch Atah Adonai Eloheinu Melech ha'olam yotzeir or u'vorei choshech oseh shalom u'vorei et  
 hakol. Hamei'ir la'aretz v'ladarim aleha b'rachamim, uv'tuvo m'chadesh b'chol yom tamid ma'aseh v'reishit.  
 Mah rabu ma'asecha Adonai, kulam b'chochma asita, mal'ah ha'aretz kinyanecha. Titbarach Adonai  
 Eloheinu, al shevach ma'aseh yadecha v'al m'orei or she'asita y'fa'arucha selah. Or chadash al Tziyon  
 ta'ir v'nizkeh chulanu m'heirah l'oro. Baruch Atah Adonai, yotzeir ham'rot.*

PRAISED ARE YOU, ADONAI OUR GOD, SOVEREIGN OF THE UNIVERSE, CREATOR OF LIGHT AND DARKNESS, WHO MAKES PEACE AND FASHIONS ALL THINGS. IN MERCY, YOU ILLUMINE THE WORLD AND THOSE WHO LIVE UPON IT. IN YOUR GOODNESS YOU DAILY RENEW CREATION. HOW NUMEROUS ARE YOUR WORKS, ADONAI! IN WISDOM, YOU FORMED THEM ALL, FILLING THE EARTH WITH YOUR CREATURES. BE PRAISED, ADONAI, FOR THE EXCELLENT WORK OF YOUR HANDS, AND FOR THE LIGHTS YOU CREATED, MAY THEY GLORIFY YOU. SHINE A NEW LIGHT UPON ZION, THAT WE ALL MAY SWIFTLY MERIT ITS RADIANCE. PRAISED ARE YOU, ADONAI, CREATOR OF ALL HEAVENLY LIGHTS.

אַהֲבָה רַבָּה אֶהְבֶּתֶנּוּ, יְיָ אֱלֹהֵינוּ, חֲמֵלָה גְדוֹלָה וְיִתְרָה חֲמֵלָתָ עָלֵינוּ. בְּעִבוּר  
 אַבּוֹתֵינוּ וְאִמּוֹתֵינוּ שֶׁבִּטְחוּ בְּךָ, וְתִלְמָדִם חֲקֵי חַיִּים, כֵּן תִּחַנְּנוּ וְתִלְמַדְנוּ.  
 הַמְּרַחֵם, רַחֵם עָלֵינוּ, וְתֵן בְּלִבֵּנוּ לְהִבִּין וְלִהְשָׁכִיל, לְשִׁמְעַ, לְלַמֵּד וּלְלַמֵּד,  
 לְשִׁמּוֹר וּלְעֲשׂוֹת וּלְקַיֵּם אֶת כָּל דְּבָרֵי תִלְמוּד וְתוֹרָתְךָ בְּאַהֲבָה.  
 וְהֵאֵר עֵינֵינוּ בְּתוֹרָתְךָ, וְדַבֵּק לִבֵּנוּ בְּמִצְוֹתֶיךָ, וְיִחַד לְבַבְנוּ לְאַהֲבָה וּלְיִרְאָה  
 אֶת שְׁמֶךָ, וְלֹא נְבוֹשׁ וְלֹא נִכְלָם, וְלֹא נִכְשַׁל לְעוֹלָם וָעֶד. כִּי בְּשֵׁם קְדֻשָּׁתְךָ  
 הַגְּדוֹל וְהַנּוֹרָא בְּטַחְנוּ, נִגִּילָה וְנִשְׁמַחָה בִּישׁוּעָתְךָ.



*Ahava raba ahavtanu Adonai Eloheinu, chemla g'dolah viteira chamalta aleinu. Ba'avur avoteinu v'imoteinu shebat'chu v'cha vat'lamdeim chukei chayim, kein t'choneinu ut'lamdeinu. Ha'm'racheim racheim aleinu, v'tein b'libeinu l'havin ul'haskil, lishmo, 'a lilmod u'l'lameid, lishmor v'la'asot u'l'kayeim et kol divrei talmud Toratecha b'ahava.*

*V'ha'eir eineinu b'toratecha v'dabeik libeinu b'mitzvotcha, v'yacheid l'vaveinu l'ahava ul'yir'ah et sh'mecha. V'lo neivosh, v'lo nikaleim, v'lo nikashel l'olam va'ed. Ki v'shem kod'shecha hagadol v'hanorah batachnu, nagilah v'nis'm'cha bi'shu'atecha.*

O God, Inspiration and Guide for all, You have spoken in a thousand tongues for us to hear. In every land and every age, Your children have heard You and imagined You in separate ways. And yet, O God, You are One, Unifier of humanity.

**We give thanks for the sages and teachers who bring us understanding of Your will. Gratefully we recall the lawgivers and prophets, the psalmists and sages of Israel, and joyfully we remember that from the dawn of Israel's life we would turn to You and find purpose.**

May the teachings of our ancestors live on in our minds, and their passion for righteousness stir our hearts. Help us to live so that our daily conduct reveals the beauty and wisdom of Your truth. (Mishkan T'filah)

**בְּרוּךְ אַתָּה יי הַבוֹחֵר בְּעַמּוֹ יִשְׂרָאֵל בְּאַהֲבָה.**

*Baruch Atah Adonai ha'bocheir b'amo Yisrael b'ahava.*

SHEMA

שמע

**שְׁמַע יִשְׂרָאֵל, יי אֱלֹהֵינוּ, יי אֶחָד.**

**בְּרוּךְ שֵׁם כְּבוֹד מְלַכּוּתוֹ לְעוֹלָם וָעֶד.**

*Shema Yisrael, Adonai Eloheinu, Adonai echad. Baruch shem k'vod mal'chuto l'olam va'ed.*

V'AHAVTA

ואהבת

**וְאַהֲבַתְּ אֶת יי אֱלֹהֶיךָ, בְּכָל לִבְבְּךָ, וּבְכָל נַפְשְׁךָ, וּבְכָל מְאֹדְךָ. וְהָיוּ הַדְּבָרִים הָאֵלֶּה, אֲשֶׁר אָנֹכִי מְצַוְּךָ הַיּוֹם, עַל לִבְבְּךָ. וְשָׁנַנְתָּם לְבִנְיָךָ, וְדִבַּרְתָּ בָּם, בְּשַׁבְּתְךָ בְּבֵיתְךָ, וּבְלִכְתּוֹךָ בַּדֶּרֶךְ, וּבְשֹׁכְבְּךָ, וּבְקוּמְךָ. וּקְשַׁרְתָּם לְאוֹת עַל יָדְךָ, וְהָיוּ לְטֹטְפוֹת בֵּין עֵינֶיךָ. וּכְתַבְתָּם עַל מְזוֹזוֹת בֵּיתְךָ וּבְשַׁעְרֶיךָ. לְמַעַן תִּזְכְּרוּ וַעֲשִׂיתֶם אֶת כָּל מִצְוֹתַי, וְהֵייתֶם קְדוֹשִׁים לֵאלֹהֵיכֶם. אֲנִי יי אֱלֹהֵיכֶם, אֲשֶׁר הוֹצֵאתִי אֶתְכֶם מֵאֶרֶץ מִצְרַיִם, לֵהָיוֹת לְכֶם לֵאלֹהִים, אֲנִי יי אֱלֹהֵיכֶם.**

*V'ahavta et Adonai Elohecha, b'chol l'vav'cha uv'chol nafsh'cha uv'chol m'odecha. V'hayu had'varim ha'eileh asher anochi m'tzavcha hayom al l'vavecha. V'shinantam l'vanecha v'dibarta bam b'shivt'cha b'veitecha uv'lech't'cha vaderech uv'shoch'b'cha uv'kumecha. Uk'shartam l'ot al yadecha, v'hayu l'totafot bein einecha. Uch'tavtam al m'zuzot beitecha u'vish'arecha. L'ma'an tizk'ru va'asitem et kol mitzvotai vih'yitem k'doshim leiloeichem. Ani Adonai Eloheichem asher hotzeiti etchem mei'eretz mitzrayim lih'yot lachem leilohim. Ani Adonai Eloheichem.*

LOVE ADONAI YOUR GOD WITH EVERY HEARTBEAT, WITH EVERY BREATH, WITH EVERY CONSCIOUS ACT. KEEP IN MIND THE WORDS I COMMAND YOU TODAY. TEACH THEM TO YOUR CHILDREN, TALK ABOUT THEM AT WORK; WHETHER YOU ARE TIRED OR YOU ARE RESTED. LET THEM GUIDE THE WORK OF YOUR HANDS; KEEP THEM IN THE FOREFRONT OF YOUR VISION. DO NOT LEAVE THEM AT THE DOORWAY OF YOUR HOUSE, OR OUTSIDE YOUR GATE. THEY ARE REMINDERS TO DO ALL MY MITZVOT, SO THAT YOU CAN BE HOLY FOR GOD. I AM ADONAI YOUR GOD. I LED YOU OUT OF EGYPT TO BECOME YOUR GOD. I AM ADONAI YOUR GOD.

**Sing the song of men and women joined in understanding and respect. The song of God's miracles, an earth protected and cherished; a gift for our children and the generations to come. The song of a land once ravished by war, now quiet and content; her soldiers home, to leave no more. The song of a world redeemed: the song of peace.** (Mishkan T'filah)

MI CHAMOCHA

מי כמכה

מִי כְּמִכָּה בְּאֵלִים יְיָ, מִי כְּמִכָּה נִאֲדָר בְּקִדְשׁ, נוֹרָא תְהִלַּת, עֲשֵׂה פִלָּא. שִׁירָה  
חֲדָשָׁה שְׁבָחוּ גְאוּלִים לְשִׁמְךָ עַל שְׁפַת הַיָּם, יַחַד כֻּלָּם הוֹדוּ וְהִמְלִיכוּ וְאָמְרוּ.  
יְיָ יִמְלֹךְ לְעוֹלָם וָעֶד.

צוּר יִשְׂרָאֵל, קוֹמָה בְּעִזְרַת יִשְׂרָאֵל, וּפִדָה כְּנִאמְךָ יְהוּדָה וְיִשְׂרָאֵל.  
גְּאֻלָּנוּ יְיָ צְבָאוֹת שְׁמוֹ, קְדוֹשׁ יִשְׂרָאֵל. בְּרוּךְ אַתָּה יְיָ גְּאֹל יִשְׂרָאֵל.

*Mi chamochah ba'eilim Adonai; Mi kamochah ne'dar bakodesh, nora t'hilot, osei feleh.*

*Shira chadasha shib'chu g'ulim l'shimcha al s'fat hayam. Yachad kulam hodu v'himlichu v'amru:  
Adonai yimloch l'olam va'ed.*

*Tzur Yisrael kuma b'ezrat Yisrael u'f'dei chin'umecha Yehuda v'Yisrael. Go'aleinu Adonai Tz'va'ot sh'mo,  
k'dosh Yisrael. Baruch Atah Adonai ga'al Yisrael.*

TEFILLAH

אֲדֹנָי שְׁפָתַי תִּפְתָּח וּפִי יַגִּיד תְּהִלָּתֶךָ.

*Adonai, s'fatai tiftach ufi yagid t'hilatecha.*

Adonai, open up my lips, that my mouth may declare Your praise.

בָּרוּךְ אַתָּה יי אֱלֹהֵינוּ וְאֱלֹהֵי אֲבוֹתֵינוּ וְאִמּוֹתֵינוּ, אֱלֹהֵי אַבְרָהָם, אֱלֹהֵי יִצְחָק, וְאֱלֹהֵי יַעֲקֹב, אֱלֹהֵי שָׂרָה, אֱלֹהֵי רִבְקָה, אֱלֹהֵי רָחֵל וְאֱלֹהֵי לֵאָה. הָאֵל הַגָּדוֹל הַגִּבּוֹר וְהַנּוֹרָא, אֵל עֲלִיוֹן, גּוֹמֵל חֲסָדִים טוֹבִים, וְקֹנֵה הַכֹּל, וְזוֹכֵר חֲסִדֵי אֲבוֹת וְאִמּוֹת, וּמְבִיא גְאֻלָּה לְבָנֵי בְנֵיהֶם, לְמַעַן שְׁמוֹ בְּאַהֲבָה. מֶלֶךְ עוֹזֵר וּמוֹשִׁיעַ וּמְגַן. בָּרוּךְ אַתָּה יי, מְגַן אַבְרָהָם וְעִזְרַת שָׂרָה.

*Baruch Atah Adonai, Eloheinu veilohei avoteinu v'imoteinu, Elohei Avraham, Elohei Yitzhak, v'Eilohei Ya'akov, Elohei Sarah, Elohei Rivkah, Elohei Rachel, v'Eilohei Leah, ha'Eil hagadol hagibor v'hanora, Eil Elyon, gomeil chasadim tovim v'konei hakol, v'zocher chasdei avot v'imahot, u'meivi g'ulah livnei v'neihem l'ma'an sh'mo b'ahavah. Melech ozer u'moshi'a u'magein. Baruch Atah Adonai, magein Avraham v'ezrat Sarah.*

PRAISED BE OUR GOD, THE GOD OF OUR FATHERS AND OUR MOTHERS: GOD OF ABRAHAM, GOD OF ISAAC, AND GOD OF JACOB; GOD OF SARAH, GOD OF REBEKAH, GOD OF RACHEL AND GOD OF LEAH; GREAT, MIGHTY, AND AWESOME GOD, GOD SUPREME. RULER OF ALL THE LIVING, YOUR WAYS ARE WAYS OF LOVE. YOU REMEMBER THE FAITHFULNESS OF OUR ANCESTORS, AND IN LOVE BRING REDEMPTION TO THEIR CHILDREN'S CHILDREN FOR THE SAKE OF YOUR NAME. YOU ARE OUR SOVEREIGN AND OUR HELP, OUR REDEEMER AND OUR SHIELD. WE PRAISE YOU, ETERNAL ONE, SHIELD OF ABRAHAM, PROTECTOR OF SARAH.

אַתָּה גִּבּוֹר לְעוֹלָם אֲדֹנָי, מְחַיֶּה הַכֹּל אַתָּה, רַב לְהוֹשִׁיעַ.  
מְשִׁיב הַרוּחַ וּמוֹרִיד הַגֶּשֶׁם.  
מְכַלְכֵּל חַיִּים בְּחַסֵּד, מְחַיֶּה הַכֹּל בְּרַחֲמִים רַבִּים, סוֹמֵךְ נוֹפְלִים, וְרוֹפֵא  
חוֹלִים, וּמַתִּיר אֲסוּרִים, וּמְקַיֵּם אֲמוּנָתוֹ לִישְׁנֵי עֶפֶר, מִי כְמוֹךָ בְּעַל גְּבוּרוֹת  
וּמִי דּוֹמֶה לָךְ, מֶלֶךְ מִמִּית וּמְחַיֶּה וּמְצַמֵּחַ יְשׁוּעָה. וְנֶאֱמַן אַתָּה לְהַחְיֹת הַכֹּל.  
בָּרוּךְ אַתָּה יי, מְחַיֶּה הַכֹּל.

*Atah gibor l'olam Adonai, m'chayei hakol Atah, rav l'hoshi'a. Mashiv haru'ach u'morid hagashem.*

*M'chalkel chayim b'chesed, m'chayei hakol b'rachamim rabim, somech noflim v'rofei cholim, u'matir asurim, um'kayeim munato lisheinei afar. Mi chamocha ba'al g'vurot u'mi domeh lach, melech meimit um'chayeh u'matzmi'ach y'shu'ah. V'ne'eman Atah l'hachayot hakol. Baruch Atah Adonai, m'chayei hakol*

YOU ARE FOREVER MIGHTY, ADONAI; YOU GIVE LIFE TO ALL. YOU CAUSE THE WIND TO SHIFT AND RAIN TO FALL. YOU SUSTAIN LIFE THROUGH LOVE, GIVING LIFE TO ALL THROUGH GREAT COMPASSION, SUPPORTING THE FALLEN, HEALING THE SICK, FREEING THE CAPTIVE, KEEPING FAITH WITH THOSE WHO SLEEP IN THE DUST. WHO IS LIKE YOU, SOURCE OF MIGHTY ACTS? WHO RESEMBLES YOU, A SOVEREIGN WHO TAKES AND GIVES LIFE, CAUSING DELIVERANCE TO SPRING UP AND FAITHFULLY GIVING LIFE TO ALL? BLESSED ARE YOU, ADONAI, WHO GIVES LIFE TO ALL.

נְקַדֵּשׁ אֶת שְׁמֶךָ בְּעוֹלָם, כְּשֵׁם שְׁמִקְדִּישִׁים אוֹתוֹ בְּשָׁמַי מְרוֹם, כְּפָתוּב עַל יַד  
נְבִיאֶךָ, וְקָרָא זֶה אֵל זֶה וְאָמַר:

קָדוֹשׁ קָדוֹשׁ קָדוֹשׁ יְיָ צְבָאוֹת, מְלֵא כָּל הָאָרֶץ כְּבוֹדוֹ:  
אֲדִיר אֲדִירֵינוּ, אֲדָנִי אֲדָנֵינוּ, מִה־אֲדִיר שְׁמֶךָ בְּכָל־הָאָרֶץ.  
בְּרוּךְ כְּבוֹד יְיָ מִמְּקוֹמוֹ:

אֶחָד הוּא אֱלֹהֵינוּ, הוּא אָבִינוּ, הוּא מַלְכֵנוּ, הוּא מוֹשִׁיעֵנוּ, וְהוּא יִשְׁמִיעֵנוּ  
בְּרַחֲמָיו לְעֵינֵי כָּל־חַי: אָנִי יְיָ אֱלֹהֵיכֶם.

יְמַלֵּךְ יְיָ לְעוֹלָם, אֱלֹהֶיךָ צִיּוֹן לְדוֹר וָדוֹר, הַלְלוּיָהּ:  
לְדוֹר וָדוֹר נְגִיד גְּדֻלָּהּ וּלְנֶצַח נְצָחִים קְדֻשְׁתֶּךָ נְקַדִּישׁ, וְשַׁבְּחָה אֱלֹהֵינוּ  
מִפִּינוּ לֹא יִמוּשׁ לְעוֹלָם וָעֶד. בְּרוּךְ אַתָּה יְיָ, הָאֵל הַקְּדוֹשׁ.

*N'kadesh et shimcha ba'olam, k'sheim shemakdishim oto bishmei marom, kakatuv al yad n'vi'echa,  
v'kara zeh el zeh v'amar m - Kadosh, kadosh, kadosh, Adonai ts'va'ot, m'lo chol ha'arets k'vodo:  
Adir adireinu Adonai adoneinu, ma'adir shimcha b'chol-ha'arets - Baruch k'vod Adonai mim'komo.  
Echad hu Eloheinu, hu avinu, hu malkeinu, hu moshi'einu, v'hu yashmi'einu b'rachamav l'einei ko-chai -  
Ani Adonai Eloheichem. Yimloch Adonai l'olam, Elohayich tsiyon l'dor vador, hal'luyah.  
L'dor vador nagid godlecha ul'neitsach n'tsachim k'dushat'cha nakdish, v'shivchacha eloheinu mipinu lo  
yamush l'olam va'ed. Baruch Ata Adonai, ha'eil hakadosh.*

WE SANCTIFY YOUR NAME ON EARTH, EVEN AS ALL THINGS, TO THE END OF TIME AND SPACE PROCLAIM YOUR HOLINESS; AND IN THE WORDS OF THE PROPHET WE SAY: HOLY, HOLY, HOLY, IS THE GOD OF ALL CREATION; THE WHOLE EARTH IS FILLED WITH GOD'S GLORY! SOURCE OF OUR STRENGTH, SOVEREIGN GOD, HOW MAJESTIC IS YOUR NAME IN ALL THE EARTH! PRAISED BE THE GLORY OF GOD IN HEAVEN AND EARTH. YOU ALONE ARE OUR GOD AND OUR CREATOR; YOU ARE OUR RULER AND OUR HELPER; AND IN YOUR MERCY, YOU WILL PROCLAIM BEFORE ALL OF THE LIVING; I AM ADONAI, YOUR GOD! ADONAI SHALL REIGN FOR EVER; YOUR GOD, O ZION, FROM GENERATION TO GENERATION. HALLELUJAH! TO ALL GENERATIONS WE WILL MAKE KNOWN YOUR GREATNESS AND TO ALL ETERNITY PROCLAIM YOUR HOLINESS. YOUR PRAISE, O GOD, SHALL NEVER DEPART FROM OUR LIPS. BLESSED ARE YOU, ADONAI, THE HOLY GOD.

## SILENT PRAYER and REFLECTION

TORAH SERVICE

סדר קריאת התורה

אִין כְּמוֹךָ בְּאֱלֹהִים, יְיָ, וְאִין כְּמַעֲשֶׂיךָ. מְלִכּוּתֶךָ מְלִכּוּת כָּל־עוֹלָמִים,  
וּמְשַׁלְּתֶךָ בְּכָל־דוֹר וָדוֹר. יְיָ מְלִךְ, יְיָ מְלִךְ, יְיָ יְמַלֵּךְ לְעוֹלָם וָעֶד. יְיָ עֵז לְעַמּוֹ יִתֵּן,  
יְיָ יְבָרֵךְ אֶת עַמּוֹ בְּשָׁלוֹם. אֲב הַרְחַמְנוּ, הִיטִיבָה בְּרָצוֹנֶךָ אֶת צִיּוֹן, תִּבְנֶה  
חוֹמוֹת יְרוּשָׁלַיִם. כִּי בָךְ לִבֵּד בְּטַחָנוּ, מְלִךְ אֵל רַם וְנִשְׂא, אֲדוֹן עוֹלָמִים.

*Ein kamocha va'elohim Adonai v'ein k'ma'asecha. Malchut'cha mal'chut kol-olamim u'memshal't'cha  
b'chol-dor vador. Adonai melech, Adonai malach, Adonai yimloch l'olam va'ed. Adonai oz l'amo yitein;  
Adonai y'vareich et-amo vashalom. Av harachamim, heitivah virtzon'chah et Tziyon, tivneh chomot  
Yerushalayim. Ki v'chah l'vad batachnu, Melech Eil ram v'nisah, adon olamim.*

THERE IS NONE LIKE YOU AMONG THE GODS, ADONAI, AND THERE ARE NO DEEDS LIKE YOURS. YOU ARE SOVEREIGN OVER ALL WORLDS, AND YOUR DOMINION IS IN ALL GENERATIONS. ADONAI REIGNS, ADONAI HAS REIGNED, ADONAI WILL REIGN FOREVER AND EVER. ADONAI WILL GIVE STRENGTH TO OUR PEOPLE, ADONAI WILL BLESS OUR PEOPLE WITH PEACE.

שְׁמַע יִשְׂרָאֵל, יְיָ אֱלֹהֵינוּ, יְיָ אֶחָד.  
אֶחָד אֱלֹהֵינוּ, גָּדוֹל אֲדוֹנֵנוּ, קְדוֹשׁ שְׁמוֹ.  
גָּדְלוֹ לֵי אֲתֵי, וּנְרוֹמְמָה שְׁמוֹ יַחְדָּו.  
*Sh'ma Yisra'eil, Adonai eloheinu, Adonai echad.  
Echad Eloheinu, gadol Adoneinu, kadosh sh'mo  
Gadlu l'Adonai iti, u'n'rom'ma sh'mo yachdav.*

לְךָ יְיָ הַגְּדֻלָּה וְהַגְּבוּרָה וְהַתְּפִאָּרֶת וְהַנְּצִיחַ וְהַהוֹד,  
כִּי כָל בְּשָׁמַיִם וּבָאָרֶץ, לְךָ יְיָ הַמַּמְלָכָה, וְהַמְּתַנְּשָׂא לְכָל לְרֹאשׁ.  
*L'cha Adonai ha'g'dulah v'ha'g'vurah v'hatif'eret v'haneitsach v'hahod,  
ki chol bashamayim u'va'aretz, l'cha Adonai hamamlachah v'hamitnasei l'chol l'rosh.*

YOURS, ADONAI, IS THE GREATNESS, MIGHT, SPLENDOR, TRIUMPH, AND MAJESTY - YES, ALL THAT IS IN HEAVEN AND ON EARTH.  
TO YOU, ADONAI, BELONG SOVEREIGNTY AND PREEMINANCE ABOVE ALL.

#### BEFORE THE READING OF TORAH

בְּרַכּוּ אֶת־יְיָ הַמְּבָרָךְ.

*Bar'chu et Adonai ham'vorach.*

בְּרוּךְ יְיָ הַמְּבָרָךְ לְעוֹלָם וָעֶד.

*Baruch Adonai ham'vorach l'olam va'ed*

בְּרוּךְ אַתָּה יְיָ אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם, אֲשֶׁר בָּחַר בָּנוּ מִכָּל־הָעַמִּים,  
וְנָתַן־לָנוּ אֶת־תּוֹרָתוֹ. בְּרוּךְ אַתָּה יְיָ, נוֹתֵן הַתּוֹרָה.

*Baruch Adonai ham-vo-rach l'o-lam va-ed. Baruch Atah Adonai, Eloheinu Melech ha'olam, asher bachar banu mikol ha'amim, v'natan lanu et Torah'to. Baruch Atah Adonai, notein haTorah.*

BLESSED ARE YOU, ADONAI OUR GOD, SOVEREIGN OF THE UNIVERSE, WHO HAS CHOSEN US FROM AMONG THE PEOPLES, AND GIVEN US THE TORAH.  
BLESSED ARE YOU, ADONAI, WHO GIVES THE TORAH.

#### AFTER THE READING OF TORAH

בְּרוּךְ אַתָּה יְיָ אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם, אֲשֶׁר נָתַן לָנוּ תּוֹרַת אֱמֶת,  
וְחַיֵּי עוֹלָם נָטַע בְּתוֹכָנוּ. בְּרוּךְ אַתָּה יְיָ, נוֹתֵן הַתּוֹרָה.

*Baruch Atah Adonai, Eloheinu Melech ha'olam, asher natan lanu Torat emet, v'cha'yei olam natah b'to'cheinu.  
Baruch Atah Adonai, notein haTorah.*

BLESSED ARE YOU, ADONAI OUR GOD, SOVEREIGN OF THE UNIVERSE, WHO HAS GIVEN US A TORAH OF TRUTH, IMPLANTING IN US ETERNAL LIFE.  
BLESSED ARE YOU, ADONAI, WHO GIVES THE TORAH.

DRESSING THE TORAH

זֹאת הַתּוֹרָה אֲשֶׁר שָׂם מֹשֶׁה לְפָנָי בְּנֵי יִשְׂרָאֵל עַל פִּי יְיָ בְּיַד מֹשֶׁה:

*V'zot ha'Tora asher sam Moshe lifnei b'nei Yisrael al pi Adonai b'yad Moshe.*

THIS IS THE TORAH WHICH MOSES PLACED BEFORE THE PEOPLE OF ISRAEL, GOD'S WORD THROUGH THE HAND OF MOSES.

PRAYER FOR OUR CONGREGATION

Source of all being, may the children of this community learn these passions from us: love of Torah, devotion in prayer, and support of the needy. May we guide with integrity, and may our leadership be in Your service. May those who teach and nourish us be blessed with satisfaction, and may we appreciate their time and their devotion. Bless us with the fruits of wisdom and understanding, and may our efforts bring fulfillment and joy.

PRAYER FOR OUR NATION

O Guardian of life and liberty, may our nation always merit Your protection. Teach us to give thanks for what we have by sharing it with those who are in need. Keep our eyes open to the wonders of creation, and alert to the care of the earth. May we never be lazy in the work of peace; may we honor those who have died in defense of our ideals. Grant our leaders wisdom and forbearance. May they govern with justice and compassion. Help us all to appreciate one another, and to respect the many ways that we may serve You. May our homes be safe from affliction and strife, and our country be sound in body and spirit. Amen. (Mishkan Tefilah)

PRAYER FOR ISRAEL

O Heavenly One, Protector and Redeemer of Israel, bless the State of Israel which marks the dawning of hope for all who seek peace. Shield it beneath the wings of Your love; spread over it the canopy of Your peace. Send Your light and truth to all who lead and advise, guiding them with Your good counsel. Establish peace in the land and fullness of joy for all who dwell there. Amen. (Mishkan Tefilah)

PRAYER FOR THE BAR/BAT MITZVAH

Our hearts are one on this joyous day as you commit yourself to a life of Torah: a life, we pray, filled with wisdom, caring and right action. We pray that you will grow each day in compassion for the needy, in concern for the stranger, in love of all people. May the One who blessed our ancestors, Abraham and Sarah, Isaac and Rebecca, Jacob and Rachel and Leah, bless you on this day. May you grow with strength and courage, with vision and sensitivity. And may you always be certain of our love. Amen.

BLESSING BEFORE THE READING OF HAFTORAH

בְּרוּךְ אַתָּה יי אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם, אֲשֶׁר בָּחַר בְּנְבִיאִים טוֹבִים, וְרָצָה  
בְּדַבְרֵיהֶם הַנְּאֻמִּים בְּאַמֶּת, בְּרוּךְ אַתָּה יי, הַבוֹחֵר בַּתּוֹרָה וּבַמִּשְׁפָּה עֲבָדוֹ,  
וּבִישְׂרָאֵל עַמּוֹ, וּבְנְבִיאֵי הָאַמֶּת וְצַדִּיק.

*Baruch Atah Adonai, Eloheinu Melech ha'olam, asher bachar bin'vi'im tovim, v'ratza v'divreihem  
hane'amarim be'emet. Baruch Atah Adonai, habocheir baTorah uv-Moshe avdo uv'Yisrael amo, uvin'vi'ei  
ha'emet vatzedek.*

PRAISE TO YOU, ADONAI OUR GOD, WHO HAS CHOSEN FAITHFUL PROPHETS TO SPEAK WORDS OF TRUTH. PRAISE TO YOU, ADONAI, FOR THE REVELATION OF TORAH, FOR YOUR SERVANT MOSES, FOR YOUR PEOPLE ISRAEL AND FOR PROPHETS OF TRUTH AND RIGHTEOUSNESS.

BLESSING AFTER THE READING OF HAFTORAH

בְּרוּךְ אַתָּה יי אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם, צוּר כָּל הָעוֹלָמִים, צַדִּיק בְּכָל הַדּוֹרוֹת,  
הָאֵל הַנְּאֻמָּן הָאוֹמֵר וְעֹשֶׂה, הַמְּדַבֵּר וּמְקַיֵּם, שֶׁכָּל דְּבָרָיו אֶמֶת וְצַדִּיק. עַל  
הַתּוֹרָה, וְעַל הָעֲבוֹדָה, וְעַל הַנְּבִיאִים, וְעַל יוֹם הַשַּׁבָּת הַזֶּה, שֶׁנִּתְּתָה לָנוּ, יי  
אֱלֹהֵינוּ, לְקַדְּשָׁה וּלְמַנוּחָה, לְכָבוֹד וּלְתִפְאַרֶת. עַל הַכֹּל, יי אֱלֹהֵינוּ, אֲנַחְנוּ  
מוֹדִים לָךְ, וּמְבָרְכִים אוֹתְךָ, יִתְבָּרַךְ שְׁמֶךָ בְּפִי כָּל חַי תָּמִיד לְעוֹלָם וָעֶד. בְּרוּךְ  
אַתָּה יי, מְקַדֵּשׁ הַשַּׁבָּת.

*Baruch Atah Adonai Eloheinu Melech ha'olam tzur kol ha'olamim, tzadik b'chol hadorot, ha'Eil hane'eman,  
ha'omeir v'oseh, ham'dabeir um'kayem, shekol d'varav emet vatzedek. Al haTorah, v'al ha'avodah v'al  
han'vi'im v'al yom haShabbat hazeh, shenata lanu Adonai Eloheinu, lik'dusha v'lim'nucha l'chavod ul'tif'aret.  
Al hakol Adonai Eloheinu, anachnu modim lach, um'varchim otach, yitbarach shimcha b'fi kol-chai tamid  
l'olam va'ed. Baruch Atah Adonai, m'kadeish haShabat.*

PRAISE TO YOU, ADONAI OUR GOD, SOVEREIGN OF THE UNIVERSE, ROCK OF ALL CREATION. RIGHTEOUS ONE OF ALL GENERATIONS, THE FAITHFUL GOD WHOSE WORD IS DEED, WHOSE EVERY COMMAND IS JUST AND TRUE. FOR THE TORAH, FOR THE PRIVILEGE OF WORSHIP, FOR THE PROPHETS, AND FOR THIS SHABBAT THAT YOU, ADONAI OUR GOD, HAVE GIVEN US FOR HOLINESS AND REST, FOR HONOR AND GLORY; WE THANK AND BLESS YOU. MAY YOUR NAME BE BLESSED FOR EVER BY EVERY LIVING BEING. PRAISE TO YOU, ADONAI, FOR THE SABBATH AND ITS HOLINESS.

RETURNING THE TORAH TO THE ARK

עֵץ-חַיִּים הִיא לַמַּחְזִיקִים בָּהּ, וְתִמְכֶיהָ מֵאֲשֶׁר. דְּרַכֶיהָ דְרַכֵי-נְעִים,  
וְכָל-נְתִיבוֹתֶיהָ שְׁלוֹם: הַשִּׁיבָנוּ, יי, אֵלֶיךָ וְנִשׁוּבָה, חִדָּשׁ יָמֵינוּ כְּקֶדֶם:

*Eitz chayim hi lamachazikim bah, v'tom'chehah m'ushar. D'rachehah darchei no'am, v'chol n'tivotehah  
shalom. Hashiveinu, Adonai, eilecha v'nashuvah, chadeish yameinu k'kedem.*

IT IS A TREE OF LIFE FOR THOSE WHO HOLD FAST TO IT, AND ALL ITS SUPPORTERS ARE HAPPY. ITS WAYS ARE WAYS OF PLEASANTNESS AND ALL ITS PATHS ARE PEACE. RETURN US TO YOU, ADONAI, AND WE WILL RETURN; RENEW OUR DAYS AS OF OLD.

עֲלֵינוּ לְשַׁבַּח לְאֲדוֹן הַכֹּל, לְתַת גְּדֻלָּה לְיוֹצֵר בְּרֵאשִׁית, שֶׁהוּא נוֹטֵה שָׁמַיִם  
וְיֹסֵד אָרֶץ, וּמוֹשֵׁב יְקָרוֹ בְּשָׁמַיִם מְמַעַל, וְשֹׁכֵנֵת עֵזוֹ בְּגִבְהֵי מְרוֹמִים, הוּא  
אֱלֹהֵינוּ אֵין עוֹד. וְאַנְחָנוּ כּוֹרְעִים וּמְשִׁתַּחֲוִים וּמוֹדִים,  
לְפָנֵי מֶלֶךְ מַלְכֵי הַמְּלָכִים, הַקָּדוֹשׁ בְּרוּךְ הוּא.

*Aleinu l'shabei'ach la'adon hakol, lateit g'dulah l'yotzeir b'reishit, shehu noteh shamayim  
v'yosed aretz, u'moshav y'karo bashamayim mima'al, u'sh'chinat uzo b'govhei m'romim, hu  
Eloheinu ein od. Va'anachnu kor'im u'mish'tachavim u'modim,  
lifnei melech malchei ham'lachim, haKadosh Baruch Hu.*

וְנֹאמַר, וְהִיא יְיָ לְמֶלֶךְ עַל כָּל הָאָרֶץ, בַּיּוֹם הַהוּא יְהִי יְיָ אֶחָד, וּשְׁמוֹ אֶחָד.

*V'ne'emar v'hayah Adonai l'melech al kol ha'aretz, bayom hahu yih'yeh Adonai echad, u'sh'mo echad.*

LET US NOW PRAISE THE SOVEREIGN OF THE UNIVERSE, AND PROCLAIM THE GREATNESS OF THE CREATOR WHO SPREAD OUT THE HEAVENS AND ESTABLISHED THE EARTH, WHOSE GLORY IS REVEALED IN THE HEAVENS ABOVE AND WHOSE GREATNESS IS MANIFEST THROUGHOUT THE WORLD. YOU ARE OUR GOD; THERE IS NONE ELSE. THEREFORE WE BOW IN AWE AND THANKSGIVING BEFORE THE ONE WHO IS SOVEREIGN OVER ALL, THE HOLY AND BLESSED ONE.

THUS IT HAS BEEN SAID, ADONAI WILL BE SOVEREIGN OVER ALL THE EARTH. ON THAT DAY, ADONAI WILL BE ONE, AND GOD'S NAME WILL BE ONE.

וְתִגְדַּל וְיִתְקַדַּשׁ שְׁמֵהּ רַבָּא. בְּעֵלְמָא דִּי בְרָא כְרַעוּתָהּ, וְיִמְלִיךְ מַלְכוּתָהּ  
בְּחַיִּיכוֹן וּבְיוֹמֵיכוֹן וּבְחַיֵּי דְכָל בֵּית יִשְׂרָאֵל, בְּעֵגְלָא וּבְזִמְן קָרִיב, וְאִמְרוּ אָמֵן.  
יְהֵא שְׁמֵהּ רַבָּא מְבָרַךְ לְעַלְמֵי עֵלְמַיָּא.  
וְיִשְׁתַּבַּח וְיִתְפָּאֵר וְיִתְרוֹמַם וְיִתְנַשֵּׂא וְיִתְהַדָּר וְיִתְעַלֶּה וְיִתְהַלָּל שְׁמֵהּ  
דְּקָדְשָׁא בְרִיךְ הוּא, לְעֵלְמָא מִן כָּל בְּרַכְתָּא וְשִׁירְתָּא וְנִשְׁבַּחְתָּא וְנִחְמְתָא,  
דְּאִמְרוּ בְּעֵלְמָא, וְאִמְרוּ אָמֵן.  
יְהֵא שְׁלָמָא רַבָּא מִן שְׁמַיָּא, וְחַיִּים עֲלֵינוּ וְעַל כָּל יִשְׂרָאֵל, וְאִמְרוּ אָמֵן.  
עֲשֵׂה שְׁלוֹם בְּמְרוֹמָיו, הוּא יַעֲשֶׂה שְׁלוֹם עֲלֵינוּ וְעַל כָּל יִשְׂרָאֵל, וְאִמְרוּ אָמֵן.

*Yitgadal v'yitkadash sh'mei raba, b'alma div'ra chir'utei v'yamlich malchutei, b'chayeichon uv'yomeichon  
uv'chayei d'chol beit Yisrael ba'agala u'vizman kariv, v'imru: Amen.*

*Y'hei sh'mei raba m'varach l'alam ul'almei almaya.*

*Yitbarach v'yishtabach v'yitpa'ar v'yitromam v'yitnasei v'yithadar v'yit'aleh v'yithahal sh'mei  
d'kud'sha b'rich hu. L'eila min kol birchata v'shirata, tush'b'chata v'nechemata  
da'amiran b'alma, v'imru: Amen.*

*Y'hei sh'lama raba min sh'maya v'chayim aleinu v'al kol Yisrael, v'imru: Amen.*

*Oseh shalom bim'romav hu ya'aseh shalom aleinu v'al kol Yisrael, v'imru: Amen.*



LET THE GLORY OF GOD BE EXTOLLED, AND GOD'S GREAT NAME BE HALLOWED IN THE WORLD WHOSE CREATION GOD WILLED. MAY GOD RULE IN OUR OWN DAY, IN OUR OWN LIVES, AND IN THE LIFE OF ALL ISRAEL, AND LET US SAY: AMEN. LET GOD'S GREAT NAME BE BLESSED FOREVER AND EVER. BEYOND ALL THE PRAISES, SONGS, AND ADORATIONS THAT WE CAN UTTER IS THE HOLY ONE, THE BLESSED ONE, WHOM YET WE GLORIFY, HONOR, AND EXALT. AND LET US SAY: AMEN. FOR US AND FOR ALL ISRAEL, MAY THE BLESSING OF PEACE AND THE PROMISE OF LIFE COME TRUE, AND LET US SAY: AMEN. MAY THE ONE WHO CAUSES PEACE TO REIGN IN THE HIGH HEAVENS, CAUSE PEACE TO REIGN AMONG US, ALL ISRAEL, AND ALL THE WORLD, AND LET US SAY: AMEN.

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**WISHING YOU A SHABBAT SHALOM  
AND THE BLESSINGS OF GOOD HEALTH**