

# Relational Question Bank

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Looking for a question that will get a conversation going? Use one of the following questions to start a memorable and transformative conversation:

## **Questions that are about the individual:**

- Tell me a positive thing that happened to you this past week/month.
- Something that you read or learned recently that energized you.
- If you could go back to any age, which would you choose and why?
- If you could have dinner with a deceased family member, who would it be and why?
- Where did you grow up and what was it like to grow up there?
- How did you come to be a part of the Temple and why?
- What is one thing you are excited about right now and why?
- What do you love most about your life and love sharing with others?
- When you think about the impact Judaism has had on your life, how would you describe it?
- What are the greatest opportunities we have to impact lives?
- What is your greatest concern or worry in your life?
- What brings you joy? Peace? Equanimity? Anxiety?
- What nourishes you in your life?
- How do you spend time with your family?
- What is a story from your life, the results of which has come to define who you are?