



DIY Video Series Supplement – *Shabbat*

BLESSING OVER THE SHABBAT CANDLES

ברוך אתה יי אלהינו מלך העולם, אשר קדשנו במצותיו, וצונו להדליק נר של שבת.

Baruch atah Adonai Eloheinu melech ha-olam, asher kid'shanu b'mitzvotav, v'tzivanu l'hadlik neir shel shabbat.

Blessed, are You, Adonai our God, Sovereign of the universe, who sanctifies us with commandments, commanding us to kindle the lights of Shabbat.

BLESSING OVER CHILDREN (Traditional)

For a boy

יְשִׁימְךָ אֱלֹהִים כְּאַפְרַיִם וְכְמִנַּשֶּׁה.

Y'simcha Elohim k'Ephraim v'chi Menashe. May you be like Ephraim and Menashe.

For a girl

יְשִׁימְךָ אֱלֹהִים כְּשָׂרָה רִבְקָה רָחֵל וְלֵאָה.

Y'simeich Elohim k'Sarah, Rivkah, Rachel v'Leah. May you be like Sarah, Rebecca, Rachel and Leah

For all (in addition to previous blessings)

יְבָרְכֶךָ יְהוָה וַיִּשְׁמְרֶךָ.

Y'varech'cha Adonai v'yishm'recha. May God bless you and keep you.

יְאֵר יְהוָה פָּנָיו אֵלֶיךָ וַיְחַנֶּךָ.

Ya'eir Adonai panav eilecha vichuneke. May God be kind to you and gracious to you.

יֵשָׂא יְהוָה פָּנָיו אֵלֶיךָ וַיַּשֵּׁם לְךָ שְׁלוֹם.

Yisa Adonai panav eilecha v'yaseim l'cha shalom. May God grant you the precious gift of peace.

BLESSING OVER WINE/JUICE - KIDDUSH

בָּרוּךְ אַתָּה יְיָ אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם, בּוֹרֵא פְּרִי הַגֶּפֶן.

Baruch atah Adonai Eloheinu melech ha-olam, borei p'ri hagafen.

Blessed, are You, Adonai our God, Sovereign of the universe, Creator of the fruit of the vine.

BLESSING OVER BREAD/CHALLAH - MOTZI

בָּרוּךְ אַתָּה יְיָ אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם הַמוֹצִיא לֶחֶם מִן הָאָרֶץ

Baruch ata Adonai, Eloheinu Melech ha-olam, hamotzi lechem min ha'aretz.

Blessed, are You, Adonai our God, Sovereign of the universe, Who brings forth bread from the Earth.

Shabbat Shalom from the Spirituality Committee and clergy.