

# CONVERSATIONS IN NATURE

## Spirited Outdoor Sinai Experiences



### Schedule of events '22-'23

Besides summer camp, can you remember when you spent this much time outdoors? Many of us have recently re-engaged in nature, and we'd like to keep it up. Come explore the local sights, hikes, and skies that are sure to inspire great conversations as well as new connections. See you outdoors!

#### Hiking at East Palisades: Sunday, September 11, 9:45 AM - 12:15 PM



Participants will meet at the [trailhead](#). This hike is a moderate 3.3 mile loop with beautiful views of the Chattahoochee River and a unique bamboo forest on the banks of the river. We'll enjoy the view and a few Jewish mindfulness practices before and after our hike.



#### Caving at Cloudland Canyon: Saturday, October 22, 7:00 AM - 3:30 PM



Led by a professional guide, we will explore a network of underground caves around [Cloudland Canyon](#). Although no previous caving experience is necessary, participants must be comfortable getting dirty, wet, and crawling on hands and knees through smaller, underground spaces with headlamps. This is a unique opportunity for adventure and discovery! All aboard the "Shab-bus" as we celebrate Shabbat on the road en route to the caves!



#### Star Gazing at Holy Innocents' Field: Sunday, October 23, 8:00 PM - 9:15 PM



With the guidance of a local astronomer, we will explore both the galaxies as well as Judaism's intriguing historical ties to the stars.



#### Hiking at Arabia Mountain: Sunday, February 5, 10:00 AM - 3:00 PM



Participants will meet at [Arabia Mtn State Park](#) Arabia Mountain Trailhead. Dominated by massive granite outcrops, Arabia Mountain provides a unique setting for this moderate-difficult 7-8 mile hike. Throughout our hike, we'll use Jewish texts as part of our field guide.



#### Bird Watching: Sunday, April 2, 8:00 AM - 11:00 AM



Participants will meet at [Morgan Falls Overlook Park](#) and should bring binoculars. A local master birder will lead us as we in pursuit of our winged friends. We will examine the great outdoors and discuss how our lifestyle affects bird life while trying to identify as many unique varieties as possible. We might just have to sing along to Israeli artist Arik Einstein's song [Uf Gozal](#) (Fly Away Little Bird).



#### Gibbs Gardens: Sunday, May 7, 10:00 AM - 2:30 PM



With the guidance of a trained horticulturist, we will explore the beautiful and blossoming Gibbs Gardens in Ball Ground, GA and better appreciate the numerous varieties of seasonal flora, including spectacular Azaleas, Roses, Rhododendrons and more. We will eat lunch at the Gibbs Garden Arbor Café. Each participant will be responsible for the cost of their own meal. We'll also discuss how to plant one's very own at-home Jewish garden.



Low Activity Level



Medium Activity Level



High Activity Level

Check the Temple Sinai [calendar](#) to sign up.