

TEMPLE SINAI NOAR HEBREW

4TH GRADE PRAYER MASTERY CHART

STUDENT NAME: _____

<u>REQUIRED PRAYERS</u>	STAGE 1	STAGE 2	STAGE 3	BONUS
Shabbat Blessings בְּרָכוֹת שַׁבָּת	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Barchu בְּרָכוּ	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Shema שְׁמַע	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
V'Ahavta וְאַהֲבַת	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Yotzer Or יוֹצֵר אוֹר	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Passover Four Questions מָה נִשְׁתַּנָּה	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<u>SUPPLEMENTAL PRAYERS</u>				
Ma'ariv Aravim מִעֲרִיב עֲרֵבִים	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Nisim B'chol Yom נִסִּים בְּכָל יוֹם	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Mi Chamocha מִי-כָמֹכָה	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>



Temple Sinai
Center for Learning
and Engagement

NOAR HEBREW

EXPLANATION OF PRAYER MASTERY STAGES

- Stage 1 Student will be able to recognize at least 4 key words in the prayer.
- Stage 2 Student will be able to recognize the prayer melody and be able to chant at least 75% of the prayer on their own with transliteration.
- Stage 3 Student will be able to articulate the meaning of the prayer, when we say the prayer, why we say it, and its significance.
- Bonus Student will be able to recognize all key words and their Hebrew letter and vowel sounds found in the prayer.

GOALS OF NOAR HEBREW

1. For students to see Hebrew as a living language.
2. For students to feel comfortable and able to participate in T^fillah (Jewish prayer) and Jewish life.
3. For students to develop a love of Hebrew, actively excited and engaged in their Hebrew studies.

Temple Sinai's Noar Hebrew curriculum is designed to expose our students to the Hebrew language and actively engage students in their Hebrew studies. We want to teach our students basic Hebrew language, reading and prayer skills while also providing them with a living experience and meaningful connection to the Hebrew language.

Shabbat is a time of peace, a time for family. There are several special blessings we use to welcome Shabbat into our homes. The first of these blessings is the blessing over our Shabbat candles. Lighting Shabbat candles helps us usher in Shabbat with brightness and joy. We light at least two candles because in the Bible there are two versions of the commandment to keep the Shabbat; “Remember the Shabbat” (Exodus 20:8) and “Observe the Shabbat” (Deuteronomy 5:12). Some families light a candle for every member of the family. There is no limit to the number of candles you can light. Once the candles have been lit and the blessing has been said, Shabbat has begun.

1. בָּרוּךְ אַתָּה יי אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם,
2. אֲשֶׁר קִדְּשָׁנוּ בְּמִצְוֹתָיו
3. וְצִוָּנוּ לְהַדְלִיק נֵר שַׁבָּת.

1. **Blessed** are You, Adonai our God, Ruler of the world,
2. Who has made us holy with the commandments
3. And commands us **to light the Shabbat candles**.

Words to Remember

Blessed - בָּרוּךְ

to light - לְהַדְלִיק

candle - נֵר

Shabbat - שַׁבָּת

The *Kiddush* is one of the blessings we say to welcome and sanctify Shabbat. We also say it on many holidays, including Rosh Hashanah, Sukkot, and Passover. The blessing over the wine thanks God for creating the fruit of the vine-the grapes from which we make wine and helps us sanctify Shabbat and make it holy. The cup of wine used for the wine blessing is usually filled right to the top. This is to show that our happiness is brimming over as we bless God. We hope that our lives will overflow with good things.

1. בָּרוּךְ אַתָּה יי אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם,
2. בּוֹרֵא פְּרֵי הַגָּפֶן.

1. **Blessed** are You, Adonai our God, Ruler of the world,
2. **Creator** of the **fruit of the vine**.

Words to Remember

Blessed - בָּרוּךְ

Creator - בּוֹרֵא

fruit of - פְּרֵי

the vine - הַגָּפֶן

On Shabbat, we say *HaMotzi*, the blessing over the bread, over the specially braided challah, to praise and thank God for giving us food to eat. This prayer is not only said on Shabbat. Eating is something we do every day so each time we eat we can recite *Motzi*. We could easily forget how wonderful it is that we do have food. We could begin to take food for granted. We thank God for food by saying *Hamotzi* anytime we eat bread.

1. בָּרוּךְ אַתָּה יי אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם,
2. הַמוֹצִיא לֶחֶם מִן הָאָרֶץ.

1. **Blessed** are You, Adonai our God, Ruler of the world,
2. **Who brings forth bread from the earth.**

Words to Remember

Blessed - בָּרוּךְ

Who brings forth - הַמוֹצִיא

bread - לֶחֶם

from - מִן

the earth - הָאָרֶץ

The *Barchu* prayer is a signal - it calls the congregation together, announcing that the main part of the service is about to start. It is almost like an invitation, to which the congregation responds. *Baruch*, means blessing, and bending of the knees. In many congregations the leader of the service says the first line of the *Barchu* while bowing as a sign of respect to God. The congregation recites the second line of the prayer in response while bowing, too.

1. בְּרָכוּ אֶת יְיָ הַמְּבָרָךְ!
2. בְּרוּךְ יְיָ הַמְּבָרָךְ לְעוֹלָם וָעֶד!

1. **Bless Adonai, the One who is to be blessed!**
2. **Bless Adonai, the One who is to be blessed, now and forever!**

Words to Remember

Bless - בְּרָכוּ

the One who is to be blessed - הַמְּבָרָךְ

now and forever - לְעוֹלָם וָעֶד

The words of the Shema are among the most cherished phrases by Jews. This prayer is our pledge of loyalty to God. The first line actually comes directly from the Torah, from the book of Deuteronomy. When we say it, we are expressing our belief in only one God. It is the very core of our faith. It is such an important prayer that many people recite it with their eyes closed so they can concentrate completely on this pledge.

1. שְׁמַע יִשְׂרָאֵל, יְיָ אֱלֹהֵינוּ, יְיָ אֶחָד:
2. בְּרוּךְ שֵׁם כְּבוֹד מַלְכוּתוֹ לְעוֹלָם וָעַד.

1. Listen Israel, Adonai is our God, Adonai is one!
2. Blessed be God's glorious Name forever and ever.

Words to Remember

listen Israel - שְׁמַע יִשְׂרָאֵל

our God - אֱלֹהֵינוּ

one - אֶחָד

God's glorious Name - שֵׁם כְּבוֹד מַלְכוּתוֹ

The *V'Ahavta* prayer comes after the *Shema* in the prayer service and is actually a continuation of the *Shema*. This prayer reminds us to love God by respecting and following God's commandments. There are mitzvot (commandments from God) that we can do everyday, anywhere and everywhere we go. The *V'Ahavta* lists some these very specific commandments (mezuzah on our houses, wrapping ourselves in t'fillin, teaching your children, etc.). When we do these mitzvot, we are reminded of our love for God and our respect for God's commandments.

1. וְאַהֲבַתְּ אֶת יְהוָה אֱלֹהֶיךָ,
2. בְּכָל-לִבְבְּךָ וּבְכָל-נַפְשְׁךָ וּבְכָל-מְאֹדְךָ.
3. וְהָיוּ הַדְּבָרִים הָאֵלֶּה
4. אֲשֶׁר אָנֹכִי מְצַוְךָ הַיּוֹם עַל-לִבְבְּךָ.
5. וְשִׁנַּנְתָּם לְבִנְיָהּ וְדַבַּרְתָּ בָּם,
6. בְּשַׁבְּתְךָ בְּבֵיתְךָ, וּבְלִכְתּוֹךָ בַּדֶּרֶךְ
7. וּבְשֹׁכְבְךָ, וּבְקוּמְךָ.
8. וּקְשַׁרְתָּם לְאוֹת עַל-יָדְךָ,
9. וְהָיוּ לְטֹטְפוֹת בֵּין עֵינֶיךָ,
10. וְכָתַבְתָּם עַל-מְזוֹזוֹת בֵּיתְךָ וּבְשַׁעְרֶיךָ.
11. לְמַעַן תִּזְכְּרוּ וַעֲשִׂיתֶם אֶת-כָּל-מִצְוֹתַי,
12. וְהֵייתֶם קְדוֹשִׁים לֵאלֹהֵיכֶם.
13. אֲנִי יְהוָה אֱלֹהֵיכֶם,
14. אֲשֶׁר הוֹצֵאתִי אֶתְכֶם מֵאֶרֶץ מִצְרַיִם
15. לְהִיוֹת לָכֶם לֵאלֹהִים,
16. אֲנִי יְהוָה אֱלֹהֵיכֶם אֲמַת.

1. **And you shall love** Adonai your God,
2. **With all your heart**, with all **your soul** and with all **your might**.
3. And set **these words**
4. That **I command you** today, upon **your heart**.
5. And you shall teach them diligently unto your children,
6. Speaking of them when you sit in your house, when you walk along the way
7. When you lie down, and when you rise up.
8. Tie them as a sign on **your hand**
9. Let them be a symbol between **your eyes**,
10. Write them on the **doorposts** of your house and on your gates.
11. Remember and do all of my commandments,
12. And you will be holy to your God.
13. I am Adonai your God
14. Who brought you out from the land of Egypt
15. To be your God,
16. I am Adonai your God, Truth.

Words to Remember

you shall love - וְאַהֲבַתְּ

your heart - לְבַבְךָ

your soul - נַפְשְׁךָ

your might - מְאֹדְךָ

the words - הַדְּבָרִים

Your Commandments -

מִצְוֹת

your hand - יָדְךָ

your eyes - עֵינֶיךָ

doorposts - מְזוֹזוֹת

The Yotzer Or is said every morning to praise God for creating the morning light, for giving us renewed energy, and for bringing us the blessing of another day to do good things. Light is used to talk about all of God's creations including the creation of knowledge and the creation of good. According to Midrash (Jewish legend), this prayer was first said by Adam and Eve on the first Shabbat morning.

1. בְּרוּךְ אַתָּה יי, אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם,
2. יוֹצֵר אוֹר, וּבוֹרֵא חֹשֶׁךְ,
3. עֹשֶׂה שְׁלוֹם וּבוֹרֵא אֶת הַכֹּל:
4. הַמַּאִיר לָאָרֶץ וְלַדָּרִים עָלֶיהָ בְּרַחֲמִים.
5. וּבְטוֹבוֹ מְחַדֵּשׁ בְּכָל יוֹם,
6. תָּמִיד מַעֲשֶׂה בְּרֵאשִׁית.
7. מָה רַבּוֹ מַעֲשֵׂיךָ יי.
8. כֹּלֶם בְּחִכְמָה עֹשִׂית,
9. מְלֵאָה הָאָרֶץ קִנְיָנְךָ:
10. תִּתְבָּרֵךְ יי אֱלֹהֵינוּ עַל שְׂבַח מַעֲשֶׂה יְדִיךָ.
11. וְעַל מְאוּרֵי אוֹר
12. שְׁעֹשִׂית יִפְאַרוּךְ, סָלָה.
13. אוֹר חֲדָשׁ עַל צִיּוֹן תְּאִיר,
14. וְנִזְכָּה בְּלִנּוֹ מִהֲרָה לְאוּרוֹ.
15. בְּרוּךְ אַתָּה יי, יוֹצֵר הַמְּאוּרוֹת:

1. Blessed are You, Adonai our God, Ruler of the World
2. **You form light, and create darkness,**
3. You make **peace** and create everything.
4. In compassion You give light to the earth and to all who dwell on it.
5. And in goodness renew every day,
6. Always the work of **creation**.
7. How great are Your works, Adonai!
8. You made them all in wisdom,
9. The earth is full of Your creations.
10. Be blessed Adonai our God for the excellence of the work of Your hands.
11. And for the **glowing lights**
12. That You made, let them praise You, *Sela*.
13. Shine a **new light** upon Zion,
14. That we may swiftly merit its radiance.
15. Blessed are You Adonai, **Creator of the lights**.

Words to Remember

form - יוֹצֵר

light - אֹר

creates - בּוֹרֵא

darkness - חֹשֶׁךְ

peace - שְׁלוֹם

creation - בְּרִיאָה

The *Ma'ariv Aravim* prayer is said in the evening service after the call to worship prayer (Barchu). It presents the theme of creation and praises God for bringing on the evening, for controlling the flow of light and darkness, for the seasons, and for ordering the stars in heaven. The language of this prayer is very poetic and it, like the sunset it describes, is meant to bring a feeling of calmness and peace to our prayers.

1. בְּרוּךְ אַתָּה יְיָ, אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם,
2. אֲשֶׁר בְּדַבְּרוֹ מַעְרִיב עֶרְבִים,
3. בְּחַכְמָה פּוֹתַח שְׁעָרִים,
4. וּבְתַבּוּנָה מְשַׁנֶּה עֵתִים,
5. וּמַחְלִיף אֶת הַזְּמַנִּים,
6. וּמְסַדֵּר אֶת הַכּוֹכָבִים,
7. בְּמִשְׁמְרוֹתֵיהֶם בְּרַקִּיעַ כְּרָצוֹנוֹ.
8. בּוֹרֵא יוֹם וְלַיְלָה, גּוֹלֵל אוֹר מִפְּנֵי חֹשֶׁךְ,
9. וְחֹשֶׁךְ מִפְּנֵי אוֹר.
10. וּמַעְבִּיר יוֹם וּמַבִּיא לַיְלָה,
11. וּמַבְדִּיל בֵּין יוֹם וּבֵין לַיְלָה,
12. יְיָ צְבָאוֹת שְׁמוֹ.
13. אֵל חַי וְקַיִם,
14. תָּמִיד יִמְלֹךְ עָלֵינוּ לְעוֹלָם וָעֶד.
15. בְּרוּךְ אַתָּה יְיָ, הַמַּעְרִיב עֶרְבִים.

1. Blessed are You, Adonai our God, Ruler of the world,
2. Whose word makes **evening fall**,
3. Who **with wisdom** opens gates,
4. With understanding makes ages pass,
5. And changes the seasons,
6. Who orders the stars,
7. In their places in the heavens according to the Divine will.
8. God creates **day and night**, rolls **light** away from **darkness**,
9. And **darkness** away from **light**.
10. God sets **day** aside and brings on **night**,
11. Separating between **day** and **night**,
12. Adonai of Hosts is God's name.
13. God who lives and is eternal,
14. will rule over us forever.
15. Blessed are You, Adonai, who **brings on the evening**.

Words to Remember

with wisdom - בְּחָכְמָה

day - יוֹם

night - לַיְלָה

light - אוֹר

darkness - חֹשֶׁךְ

Brings on the evening - הַמַּעְרִיב עֶרְבִים

מה נשתנה הלילה הזה מכל-הלילות?

Why is this night different from all other nights?

1. שֶׁבְּכָל-הַלַּיְלוֹת אָנוּ אוֹכְלִין חֵמֶץ וּמֶצֶה.

הַלֵּילָה הַזֶּה כֹּלּוֹ מֶצֶה.

On all other nights we eat all kinds of bread.

On this night, we eat only Matzah.

2. שֶׁבְּכָל-הַלַּיְלוֹת אָנוּ אוֹכְלִין שְׂאֵר יַרְקוֹת.

הַלֵּילָה הַזֶּה מָרוֹר.

On all other nights we eat all kinds of vegetables.

On this night, we eat only Maror.

3. שֶׁבְּכָל-הַלַּיְלוֹת אֵין אָנוּ מִטְבִּילִין

אֶפְלוֹ פַּעַם אַחַת.

הַלֵּילָה הַזֶּה שְׁתַּי פְּעָמִים.

On all other nights we only dip once.

On this night, we dip two times.

4. שֶׁבְּכָל-הַלַּיְלוֹת אָנוּ אוֹכְלִין

בֵּין יוֹשְׁבִין וּבֵין מְסֻבִּין.

הַלֵּילָה הַזֶּה כֹּלְנוּ מְסֻבִּין.

On all other nights we eat sitting up.

On this night, we eat only reclining.

Nisim B'chol Yom

נסִים בְּכֹל יוֹם

Nisim B'chol Yom are a set of blessings said in the morning. These blessings were originally said at home as part of the daily routine of getting and getting ready for the day. Eventually, Nisim B'chol Yom were added to the daily morning worship service in the synagogue. While each blessing refers to an ordinary act of the day, by reciting these Morning Blessings, we recognize God's impact on our lives and daily blessings that occur all around us.

1. בְּרוּךְ אַתָּה יי, אֱלֹהֵינוּ מִלְּדָהּ הָעוֹלָם, אֲשֶׁר נָתַן לַשָּׁכּוֹי בִּינָה, לְהִבָּחִין בֵּין יוֹם וּבֵין לַיְלָה.
2. בְּרוּךְ אַתָּה יי, אֱלֹהֵינוּ מִלְּדָהּ הָעוֹלָם, פּוֹקֵחַ עוֹרִים.
3. בְּרוּךְ אַתָּה יי, אֱלֹהֵינוּ מִלְּדָהּ הָעוֹלָם, מַתִּיר אֶסּוּרִים.
4. בְּרוּךְ אַתָּה יי, אֱלֹהֵינוּ מִלְּדָהּ הָעוֹלָם, זוֹקֵף כְּפוּפִים.
5. בְּרוּךְ אַתָּה יי, אֱלֹהֵינוּ מִלְּדָהּ הָעוֹלָם, רוֹקֵעַ הָאָרֶץ עַל הַמַּיִם.
6. בְּרוּךְ אַתָּה יי, אֱלֹהֵינוּ מִלְּדָהּ הָעוֹלָם, הַמְּכִין מִצְעָדֵי גֶבֶר.
7. בְּרוּךְ אַתָּה יי, אֱלֹהֵינוּ מִלְּדָהּ הָעוֹלָם, מַלְבִּישׁ עֲרָמִים.
8. בְּרוּךְ אַתָּה יי, אֱלֹהֵינוּ מִלְּדָהּ הָעוֹלָם, הַנוֹתֵן לַיַּעַף כֹּחַ.
9. בְּרוּךְ אַתָּה יי, אֱלֹהֵינוּ מִלְּדָהּ הָעוֹלָם, הַמַּעֲבִיר שָׁנָה מֵעֵינֵי, וְתַנּוּמָה מֵעַפְעָפִי.
10. בְּרוּךְ אַתָּה יי, אֱלֹהֵינוּ מִלְּדָהּ הָעוֹלָם, שֶׁעָשִׂי בְּצַלְם אֱלֹהִים.
11. בְּרוּךְ אַתָּה יי, אֱלֹהֵינוּ מִלְּדָהּ הָעוֹלָם, שֶׁעָשִׂי בֶן / בַּת חוֹרִין.
12. בְּרוּךְ אַתָּה יי, אֱלֹהֵינוּ מִלְּדָהּ הָעוֹלָם, שֶׁעָשִׂי יִשְׂרָאֵל.
13. בְּרוּךְ אַתָּה יי, אֱלֹהֵינוּ מִלְּדָהּ הָעוֹלָם, אוֹזֵר יִשְׂרָאֵל בְּגְבוּרָה.
14. בְּרוּךְ אַתָּה יי, אֱלֹהֵינוּ מִלְּדָהּ הָעוֹלָם, עוֹטֵר יִשְׂרָאֵל בְּתַפְאָרָה.
15. בְּרוּךְ אַתָּה יי, אֱלֹהֵינוּ מִלְּדָהּ הָעוֹלָם, אֲשֶׁר קוֹדֵשׁנוּ בְּמִצּוֹתָיו, וְצִוָּנוּ לַעֲסוֹק בְּדַבְּרֵי תוֹרָה.

1. Praise to You, Adonai our God, Ruler of the universe who, us to distinguish between night and day.
2. Praise to You, Adonai our God, Ruler of the universe **who gives sight to the blind.**
3. Praise to You, Adonai our God, Ruler of the universe, who brings freedom to the captive.
4. Praise to You, Adonai our God, Ruler of the universe, **whose power lifts up the fallen.**
5. Praise to You, Adonai our God, Ruler of the universe, who stretches the earth over the waters.
6. Praise to You, Adonai our God, Ruler of the universe, who makes firm each person's steps.
7. Praise to You, Adonai our God, Ruler of the universe who clothes the naked.
8. Blessed is the Lord our God, Ruler of the universe, **who gives strength to the weary.**
9. Praise to You, Adonai our God, Ruler of the universe, who removes sleep from the eyes, slumber from the eyelids.
10. Praise to You, Adonai our God, Ruler of the universe, **who has made me in the Divine Image.**
11. Praise to You, Adonai our God, Ruler of the universe who has made me to be free.
12. Praise to You, Adonai our God, Ruler of the universe, **who has made me a Jew.**
13. Praise to You, Adonai our God, Ruler of the universe, who strengthens the people Israel with courage.
14. Praise to You, Adonai our God, Ruler of the universe, who crowns the people Israel with glory.
15. Praise to You, Adonai our God, Ruler of the universe, who makes us holy with mitzvot, **commanding us to engage with words of Torah.**

1. מִי-כְמוֹכָה בְּאֵלִים, יי?
2. מִי כְמוֹכָה נְאֻדָּר בְּקִדְּשׁ,
3. נוֹרָא תְהִלָּת, עֲשֵׂה פְּלֵא?
4. שִׁירָה חֲדָשָׁה שְׁבַחוּ גְּאוּלִּים לְשִׁמְךָ עַל שְׁפֹת
הַיָּם.
5. יַחַד בְּכֶם הוֹדוּ וְהִמְלִיכוּ וְאָמְרוּ:
6. יי יִמְלֹךְ לְעוֹלָם וָעֶד:

1. **Who is like You**, O God among the gods that are worshipped?
2. **Who is like You**, majestic in holiness?
3. Awesome in splendor, **doing wonders**?
4. With new song, inspired, at the shore of the Sea, the redeemed sang Your praise.
5. In unison, they all offered thanks, acknowledging Your sovereignty, they said:
6. **“Adonai will reign forever!”**