

TEMPLE SINAI NOAR HEBREW

5TH GRADE PRAYER MASTERY CHART

STUDENT NAME: _____

<u>REQUIRED PRAYERS</u>	STAGE 1	STAGE 2	STAGE 3	BONUS
Kiddush קדוש	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Avot V'Imahot אבות ואמהות	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
G'vurot גבורות	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Chatzi Kaddish חצי קדיש	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Mourner's Kaddish קדיש יתום	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<u>SUPPLEMENTAL PRAYERS</u>				
K'dusha קדשה	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Oseh Shalom עשה שלום	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Ahavah Rabbah אהבה רבה	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

NOAR HEBREW

EXPLANATION OF PRAYER MASTERY STAGES

- Stage 1 Student will be able to recognize the prayer melody and be able to chant at least 75% of the prayer on their own.
- Stage 2 Student will be able to chant the prayer completely on their own without stopping
- Stage 3 Student will be able to articulate the meaning of the prayer, when we say the prayer, why we say it, and its significance.
- Bonus Student will be able to recognize all key words and their Hebrew letter and vowel sounds found in the prayer.

GOALS OF NOAR HEBREW

1. For students to see Hebrew as a living language.
2. For students to feel comfortable and able to participate in T'fillah (Jewish prayer) and Jewish life.
3. For students to develop a love of Hebrew, actively excited and engaged in their Hebrew studies.

Temple Sinai's Noar Hebrew curriculum is designed to expose our students to the Hebrew language and actively engage students in their Hebrew studies. We want to teach our students basic Hebrew language, reading and prayer skills while also providing them with a living experience and meaningful connection to the Hebrew language.



Temple Sinai

Center for Learning
and Engagement

Kiddush means “sanctification”-the act of making something holy. The *Kiddush* is one of the blessings we say to welcome and sanctify Shabbat, as well as many other holidays. It separates these occasions from everyday and helps us to make them holy and joyful. The *Kiddush* begins with thanking God for creating the fruit of the vine. It then reminds us that we were chosen by God with love to observe Shabbat and to carry out God’s commandments, as well as remember events in our history that are reasons for joy.

1. בְּרוּךְ אַתָּה, יי אֱלֹהֵינוּ, מֶלֶךְ הָעוֹלָם,
2. בּוֹרֵא פְּרֵי הַגֶּפֶן.
3. בְּרוּךְ אַתָּה, יי אֱלֹהֵינוּ, מֶלֶךְ הָעוֹלָם,
4. אֲשֶׁר קִדְּשָׁנוּ בְּמִצְוֹתָיו וְרָצָה בְּנוֹ,
5. וְשַׁבַּת קִדְּשׁוּ בְּאַהֲבָה וּבְרָצוֹן הַנְּחִילָנוּ,
6. זְכוֹר לְמַעֲשֵׂה בְּרֵאשִׁית.
7. כִּי הוּא יוֹם תְּחִלָּה לְמִקְרָאֵי קִדְּשׁ,
8. זְכוֹר לְיִצְיַאת מִצְרַיִם.
9. כִּי בְנוֹ בְּחִרְתָּ וְאוֹתָנוּ קִדְּשָׁתָּ מִכָּל הָעַמִּים,
10. וְשַׁבַּת קִדְּשָׁתָּ בְּאַהֲבָה וּבְרָצוֹן הַנְּחִילָתָנוּ.
11. בְּרוּךְ אַתָּה יי, מֶלֶךְ הָעוֹלָם הַשַּׁבַּת.

1. Blessed are You, Adonai our God, Creator of the Universe,
2. who created the fruit of the vine.
3. Blessed are You, Adonai our God, Creator of the Universe,
4. who has **made us holy with Your commandments** and takes delight in us,
5. and who has lovingly given us the **holy Shabbat**,
6. as a reminder of the work of creation.
7. Because it is a day of the beginning of **holy** creative moments,
8. a **reminder** of our **Exodus from Egypt**.
9. You have chosen us from others and **made us holy** from other nations,
10. by lovingly giving us **your holy Shabbat**.
11. Blessed are You, **for the holiness of Shabbat**.

Words to Remember

made us holy - קְדַשְׁנוּ

with your mitzvot - בְּמִצְוֹתֶיךָ

Shabbat - שַׁבָּת

holy - קְדָשׁ

remember - זָכַר

Exodus from Egypt - יְצִיאַת מִצְרַיִם

The *Avot V'Imahot* is the first blessing of the *Amidah* (standing prayer) - a group of blessings found at the core of every prayer service, which praises God. The *Avot V'Imahot* begins by identifying God as the God of our patriarchs and matriarchs (Abraham, Isaac, Jacob, Sarah, Rebecca, Rachel and Leah). It asks God to recognize us as descendants of our ancestors and to watch over us, protect us and bless us, just as God watched over our ancestors.

אֲדַנִּי שְׁפֹתַי תִּפְתָּח וּפִי יַגִּיד תְּהִלָּתְךָ:

Eternal God, open my lips, that my mouth may declare Your praise.

1. בָּרוּךְ אַתָּה יי אֱלֹהֵינוּ וְאֱלֹהֵי אֲבוֹתֵינוּ
וְאִמּוֹתֵינוּ,
2. אֱלֹהֵי אַבְרָהָם, אֱלֹהֵי יִצְחָק, וְאֱלֹהֵי יַעֲקֹב,
3. אֱלֹהֵי שָׂרָה, אֱלֹהֵי רִבְקָה, אֱלֹהֵי רָחֵל וְאֱלֹהֵי
לֵאָה.
4. הָאֵל הַגָּדוֹל הַגִּבּוֹר וְהַנּוֹרָא, אֵל עֲלִיוֹן,
5. גּוֹמֵל חֲסָדִים טוֹבִים, וְקוֹנֵה הַכֹּל,
6. וְזוֹכֵר חֲסָדֵי אֲבוֹת וְאִמּוֹת,
7. וְיַמְבִּיא גְּאֻלָּה לְבָנֵי בְנֵיהֶם
8. לְמַעַן שְׁמוֹ בְּאַהֲבָה:
9. מְלַךְ עוֹזֵר, וּמוֹשִׁיעַ וּמַגֵּן:
10. בָּרוּךְ אַתָּה יי, מְגִן אַבְרָהָם וְעִזְרַת שָׂרָה:

1. Blessed are You, Adonai our God, and **God of our fathers and mothers,**
2. **God of Abraham,** God of **Isaac,** and God of **Jacob,**
3. God of **Sarah,** God of **Rebekah,** God of **Rachel** and God of **Leah.**
4. The great God, mighty and awesome, God on high,
5. Who does acts of loving kindness, and creates everything,
6. And remembers the loving acts of fathers and mothers,
7. And brings redemption to the children of their children,
8. For the sake of God's name in love.
9. A Ruler who helps, saves and shields:
10. Blessed are You Adonai, shield of Abraham and helper of Sarah.

Words to Remember

God of - אֱלֹהֵי

Our Fathers - אֲבוֹתֵינוּ

Our Mothers - אִמּוֹתֵינוּ

Abraham - אַבְרָהָם

Isaac - יִצְחָק

Jacob - יַעֲקֹב

Sarah - שָׂרָה

Rebekah - רִבְקָה

Rachel - רָחֵל

Leah - לֵאָה

The second blessing in the *Amidah* prayer is the *G'vurot*. It talks about God being a “*gibor*.” *Gibor* means “mighty.” It is also the Hebrew root used in the word for “hero.” This prayer lists some of the things God does which show “might” and which make God our Hero – a model to imitate. This prayer does not say anything about winning or defeating enemies. Instead it lists “lifting up the fallen,” “healing the sick,” “freeing prisoners,” and “being considerate of the poor.” It shows us that God uses strength to help improve the human condition.

1. אֶתָּה גְבוּר לְעוֹלָם אֲדֹנָי,
2. מְחִיָּה הַכֹּל אֶתָּה, רַב לְהוֹשִׁיעַ:
3. מִכֻּלְכֵּל חַיִּים בְּחֶסֶד,
4. מְחִיָּה הַכֹּל בְּרַחֲמִים רַבִּים,
5. סוֹמֵךְ נוֹפְלִים, וְרוֹפֵא חוֹלִים, וּמַתִּיר אֲסוּרִים,
6. וּמְקַיֵּם אֲמוּנָתוֹ לִישְׁנֵי עֶפֶר.
7. מִי כְמוֹךָ בַּעַל גְבוּרוֹת, וּמִי דוֹמָה לָךְ,
8. מְלַךְ מִמִּית וּמְחִיָּה, וּמְצַמִּיחַ יְשׁוּעָה:
9. וְנֶאֱמַן אֶתָּה לְהַחְיֹת הַכֹּל.
10. בָּרוּךְ אַתָּה יי, מְחִיָּה הַכֹּל:

1. You are eternally **mighty**, Adonai,
2. **You give life to all**, greatly do You save:
3. You maintain **life in loving kindness**,
4. Giving life to all with great **compassion**.
5. You support the fallen, and heal the sick, and set free the captive,
6. And sustain the faith of those who sleep in the dust.
7. Who is like You, master of **might**, and who is equal to You?
8. You rule death and **life**, You cause salvation to blossom:
9. You are faithful in **giving life to all**.
10. Blessed are You Adonai, **who gives life to all**.

Words to Remember

mighty - גְּבוּרָה

give life to all - מְחַיֶּה הַכּוֹל

life - חַיִּים

in loving kindness - בְּחֶסֶד

with compassion - בְּרַחֲמִים

1. יתגדל ויתקדש שמה רבא.
2. בעלמא די ברא כרעותיה, וימליך מלכותיה
3. בחייכון וביומיכון ובחיי דכל בית ישראל,
4. בעגלא ובזמן קריב, ואמרו אמן.
5. יהא שמה רבא מברך לעלם ולעלמי עלמא.
6. יתברך וישתבח ויתפאר ויתרום ויתנשא
7. ויתהדר ויתעלה ויתהלל שמה דקדשא בריך הוא,
8. לעלא מן כל ברכתא ושירתא
9. תשבחתא ונחמתא, דאמרו בעלמא,
10. ואמרו אמן.

1. Let God's great name be glorified and sanctified
2. In the world that God created, may God's rule come true
3. In our lives and in our days and in the life of the entire house of Israel,
4. Speedily and in a short time and let us say, Amen.
5. Let the great name be blessed now and forever.
6. Let blessings and admiration, glory, exultation and pride
7. Beautification, uplift and praise be on the **holy** name, may it be blessed,
8. Though God is beyond all **blessings** and songs,
9. Admirations and adorations that we can utter,
10. And let us say, Amen.

1. יתגדל ויתקדש שמה רבא בעלמא די-ברא
כרעותה,
2. וימליך מלכותה בחייכון וביומיכון
3. ובחיי דכל בית ישראל,
4. בעגלא ובזמן קריב, ואמרו: אמן.
5. יהא שמה רבא מברך לעלם ולעלמי עלמא.
6. יתברך וישתבח, ויתפאר ויתרום ויתנשא,
ויתהדר ויתעלה
7. ויתהלל שמה דקדשא, בריך הוא,
8. לעלא מן-כל-ברכתא ושירתא,
9. תשבחתא ונחמתא דאמירו בעלמא,
10. ואמרו: אמן.
11. יהא שלמא רבא מן-שמאי וחיים עלינו
12. ועל-כל-ישראל, ואמרו: אמן.
13. עשה שלום במרומו, הוא יעשה שלום עלינו
14. ועל כל ישראל, ואמרו: אמן.

1. Let God's great name be glorified and sanctified in the world that God created,
2. May God's rule come true in our lives and in our days
3. And in the life of the entire house of Israel,
4. Speedily and in a short time and let us say, Amen.
5. Let the great name be blessed now and forever.
6. Let blessings and admiration, glory, exultation and pride
7. Beautification, uplift and **praise** be on the holy name, may it be blessed,
8. Though God is beyond all **blessings** and songs,
9. Admirations and adorations that we can utter,
10. And let us say, Amen.
11. Let great heavenly **peace and completeness**, and life be upon us
12. And upon all of Israel, and let us say, Amen.
13. May the one who creates **peace** in the heavens bring peace to us
14. And to all Israel, and let us say Amen.

1. נְקַדֵּשׁ אֶת שְׁמִי בְּעוֹלָם,
2. כְּשֵׁם שְׁמִי קְדוֹשִׁים אוֹתוֹ בְּשָׁמַי מְרוֹם,
3. כִּכְתוּב עַל יַד נְבִיאָךְ, וְקָרָא זֶה אֶל זֶה וְאָמַר:
4. **קְדוֹשׁ קְדוֹשׁ קְדוֹשׁ יי צְבָאוֹת,**
5. מְלֵא כָּל הָאָרֶץ כְּבוֹדוֹ:
6. אֲדִיר אֲדִירֵינוּ, אֲדָנִי אֲדָנֵינוּ, מָה אֲדִיר שְׁמִי
בְּכָל־הָאָרֶץ
7. בְּרוּךְ כְּבוֹד יי מִמְּקוֹמוֹ:
8. אֶחָד הוּא אֱלֹהֵינוּ, הוּא אָבִינוּ, הוּא מְלַכְנוּ, הוּא
מוֹשִׁיעֵנוּ, וְהוּא יִשְׁמִיעֵנוּ
9. בְּרַחֲמָיו לְעֵינֵי כָּל־חַי:
10. **אֲנִי יי אֱלֹהֵיכֶם.**
11. יְמַלֵּךְ יי לְעוֹלָם, אֱלֹהֵיךְ צִיּוֹן לְדֹר וָדֹר, הַלְלוּיָהּ:
12. **לְדֹר וָדֹר נִגִּיד גְּדִלְךָ**
13. וּלְנֹצֵחַ נְצָחִים קְדוּשַׁתְךָ נְקַדֵּישׁ,
14. וְשִׁבַּחְךָ אֱלֹהֵינוּ מִפִּינוּ לֹא יִמוּשׁ לְעוֹלָם וָעֶד.
15. בְּרוּךְ אַתָּה יי, הָאֵל הַקְּדוֹשׁ.

1. Let us sanctify Your Name on earth,
2. Even as all things to the end of time and space
3. Proclaim Your holiness, and in the words of the prophet declare:
4. **Holy, Holy, Holy** is the Eternal God of Hosts!
5. The earth is full of God's glory.
6. **Source of our strength**, Sovereign One, how majestic is Your presence in all the earth!
7. Blessed is the glory of God in heaven and earth.
8. God alone is our God and our Creator, our Ruler and our Helper;
9. and in mercy, God is revealed in the sign of the all the living;
10. **I am Adonai your God!**
11. The Eternal shall reign forever, your God, O Zion, from generation to generation. **Halleluyah!**
12. **To all generations** we will declare Your greatness,
13. and for all eternity proclaim YOur holiness.
14. Your praise, O God, shall never depart from our lips.
15. Blessed are You, Adonai, **the Holy God.**

1. עֲשֵׂה שָׁלוֹם בְּמַרוֹמָיו,
2. הוּא יַעֲשֶׂה שָׁלוֹם, עֲלֵינוּ,
3. וְעַל כָּל יִשְׂרָאֵל, וְאָמְרוּ: אָמֵן.

1. May the One **who makes peace** in the high heavens,
2. Make **peace** for us,
3. For all of **Israel**, and we say: Amen.

1. אַהֲבַה רַבָּה אַהֲבַתָּנוּ, יי אֱלֹהֵינוּ,
2. חֲמֵלָה גְדוּלָה וַיִּתְּרָה חֲמֵלָתָ עָלֵינוּ.
3. בַּעֲבוּר אֲבוֹתֵינוּ וְאִמּוֹתֵינוּ
4. שְׁבִטְחוּ בָךְ, וַתִּלְמְדִים חֻקֵי חַיִּים,
5. כֵּן תִּחַנְּנוּ וַתִּלְמְדֵנוּ.
6. הַמְּרַחֵם, רַחֵם עָלֵינוּ,
7. וְתֵן בְּלִבֵּנוּ לְהִבִּין וּלְהַשְׁכִּיל, לְשִׁמְעַ,
8. לְלַמֵּד וּלְלַמֵּד, לְשִׁמּוֹר וְלַעֲשׂוֹת
9. וּלְקַיֵּם אֶת כָּל דְּבָרֵי תִלְמוּד וַתּוֹרַתְךָ בְּאַהֲבָה.
10. וְהָאֵר עֵינֵינוּ בְּתוֹרַתְךָ,
11. וְדַבֵּק לִבֵּנוּ בְּמִצְוֹתֶיךָ,
12. וַיַּחַד לְבַבֵּנוּ לְאַהֲבָה וּלְיִרְאָה אֶת שְׁמֶךָ,
13. וְלֹא יִבוֹשׁ וְלֹא נִכְלָם,
14. וְלֹא נִכְשֵׁל לְעוֹלָם וָעֶד.
15. כִּי בְּשֵׁם קִדְשְׁךָ הַגְּדוֹל וְהַנּוֹרָא בְּטַחָנוּ,
16. נִגִּילָה וְנִשְׁמַחָה בִּישׁוּעָתְךָ.

1. How deeply you have loved us Adonai, our God,
2. gracing us with surpassing compassion.
3. On account of our forefathers and foremothers
4. whose trust led You to teach them the laws of life,
5. be gracious to us, teach us as well.
6. O Merciful One, have mercy on us
7. by making us able to understand and discern, to listen
8. to learn and to teach, to observe, perform,
9. and fulfill all that is in Your Torah with love.
10. Enlighten our eyes with your Torah
11. focus our minds on Your mitzvot,
12. unite our hearts in love and reverence for Your Name,
13. Then we will never feel shame, never deserve rebuke,
14. and never stumble.
15. Having trusted in Your great and awesome holiness,
16. we shall celebrate Your salvation with joy.