

Quick Prayer of Joy

By Alden Solovy

G-d,
Thank You for joy and delight,
For wonder and awe,
For moments of gladness and celebration.
Grant me the ability to breathe gentleness
Into my hours and seasons,
So that I live awake to beauty,
To holiness,
To the radiance that surrounds us.
Grant me the wisdom to arrive each day
With passion and humor,
With song and dance,
With smiling eyes,
In service to myself,
In service to others,
In service to Your Holy Name.