

Ways to stay involved with TST Post B'nai Mitzvah

HEBREW HIGH SCHOOL: (25 Wednesdays September-April) Our Wednesday evening program from 5:45-7 pm is a chance to stay connected with your Learning Corps friends. Start the evening with music with Beth, continue downstairs with pizza and ice cream sundaes. Our program will take place virtually on some Wednesdays from 5:30-6 pm and will be facilitated by Beth and Rabbi Emeritus Rim. It will include a safe space for building social connections, thinking critically, and strengthening a sense of community.

HEBREW SCHOOL AIDE (MADRICHIM) PROGRAM: (25 Sundays 9:30-11:30, or 9 Sundays 9:00-12:00 as a pre-k, k madrich(a)) Be an aide in the school on Sundays--you'll learn from great teachers, help others, and the experience looks great on your resume. You must submit an application in the spring for the following year.

<https://www.shir-tikvah.org/education/grades-8-12/>

REBUILDING/SERVICE TRIPS: Give back to a community in need. A service trip to New Orleans for February break 2023 will be open to student/parent pairs aged 14 and up on a first come first served basis. Trips will be of a 5-7 day duration with a minimum of 4 of those days devoted to service and will explore cultural, educational and social experiences. As service trips typically take place in communities that have suffered tragedy or widespread damage or destruction, it is expected that typical conveniences and comforts of home may not be available.

SHIR CHADASH: Our beloved Cantor, Beth Levin, leads the Shir Tikvah choir in bi-monthly rehearsals on Wednesday evenings from 7:30 to 9:00. This is open to all students post b'nai mitzvah.

SHIR JOY: Shir Joy is a group of fun-loving musicians—with day jobs—who play an eclectic mix of instruments and musical styles. They perform at holiday celebrations, havdalah services, Israeli dances, and other temple gigs. If you play an instrument, read music, and have always wanted to be in a band, get in touch. Beth is their roadie and manager.

TIKKUN OLAM ACTIVITIES: Teens will have the opportunity to work on various projects throughout the year. Some projects are ongoing and some are one off events. Some of activities from past years include:

[The Dwelling Place Soup Kitchen](https://www.signupgenius.com/go/8050f49a9a92ba75-dwelling) - Volunteer at a soup kitchen located at the United Methodist Church in Woburn. Volunteers from Shir Tikvah serve meals the first Wednesday of every month at 5:15pm. Teens are welcome--Use the link for the signup genius.
<https://www.signupgenius.com/go/8050f49a9a92ba75-dwelling>

Outdoor Church: The Outdoor Church is an organization that helps homeless and street-involved men and women in Cambridge, MA on the second Saturday of every month. This is a joint project with teens from the First Congregational church in Winchester. (Not currently open to teens, but will hopefully come back this fall).

[Food Link, Arlington](#) - a food rescue nonprofit that contracts with local groceries and restaurants to rescue nutritious food and deliver it to social service agencies, afterschool programs, low-income housing, and senior centers. Volunteers are needed several Sundays each year for an afternoon of service at Food Link's Arlington facility. Volunteers sort food, remove food from packages for composting, and sweep and clean the facility. We will have Sunday afternoons designated for teens to work together and earn valuable community service credit--stay tuned for dates.

[Habitat for Humanity, Lawrence](#) - Join a building work crew once a month, from 8:30am-3:30pm. No particular skills are required to participate, but you must be 16 or older to be on the worksite. Read the weekly Temple Shir Tikvah What's Happening to sign up.

Caring Committee--Volunteer to help make meals, help at shivas and other tasks as we support those in our community in need.

NFTY (North American Federation of Temple Youth): NFTY is the organized youth movement of Reform Judaism in North America. Every year NFTY NE sponsors two weekend long opportunities to build friendships, lifelong Reform Jewish identities, and leadership skills through community building, worship, social action, and experiential youth-led Jewish educational programming. This opportunity is open to all students.