

Prayer for Healing During COVID-19

Rabbi Guy Austrian 2020/5780

Harachaman, Compassionate One, You are “rofeh chol basar umafla la’asot,” healer of bodies, who does wondrous deeds.

The wondrous bodies that You have made for us now feel more fragile. The openings by which we perceive Your world now feel more vulnerable.

We are anxious and frightened by the uncertainty of what is to come. We love the lives we lead, and we fear what disruption may come. We love our friends, families, and neighbors, our children and our elders, and we fear what illness may come.

We pray for healing, of body and of spirit, speedy and complete, for all those who are ill from the coronavirus, both far from us and close to home.

Strengthen the hands of our caregivers. Give of Your healing powers to our medical personnel and mental health professionals. Give of Your wisdom to our decision makers and public health officials.

Strengthen our hearts to confront this challenge. Give us of Your discipline, that we may not yield to panic and dread, but may protect ourselves with appropriate precaution and calm determination. Give us of Your compassion, that we may not yield to prejudice or bigotry, but may reach out to our neighbors with kindness and solidarity.

We are grateful for our bodies and the life You have given us. We are grateful for our communities and congregations who see us and support us. We are grateful for those who are working to protect us. We are grateful for Your love and Your sheltering presence. We know we are not alone.