

TBH Administrator

From: Temple Beth Hatfiloh <tbh@bethhatfiloh.org>
Sent: Wednesday, February 06, 2019 3:01 PM
To: TBH Administrator
Subject: This Week at TBH: February 6, 2019

Contact & Office Info | Calendar



Wednesday, February 6, 2019 | 1 Adar I 5779

SNOW IS PREDICTED FOR THIS SHABBAT.
If the weather impacts this weekend's activities,
TBH will send out a special email. Stay warm!

SHABBAT SHALOM!

Shabbat Salon
Friday, February 8, 6:00 pm

Join us for Shabbat service followed by a catered dinner and presentation. Details below!

Candle lighting: 5:07 pm

Weekly Torah Readings

Parashat Terumah
[Exodus 25:1 - 27:19](#)
[I Kings 5:26 - 6:13](#)

Shabbat Morning

Saturday, February 9

Torah Study, 10:00 am

Prayer and study are equally holy activities; and we will do both. We'll share a snack and study the Torah together. All are invited. No experience is necessary!



Register by 5:00 pm today!
February Shabbat Salon
Friday, February 8, 6:00 pm

Join us for Shabbat Salon, featuring guest speaker Howard Schwartz, TBH member and Faculty at The Evergreen State College with expertise in political science and public policy.

We begin with a full Shabbat service at 6:00 pm followed by a catered dinner and speaker in the Social Hall at 7:00 pm. **Register for the dinner by 5:00 PM today** by contacting tbh@bethhatfiloh.org or [sign up on our event page!](#)

February Dinner Menu

Arugula, tomato, cucumber, salad with balsamic dressing

Hearts of palm salad with avocado tomato in lemon olive oil dressing

Sautéed spinach with raisins and pine nuts

Ras Asfoor: chick pea and cracked wheat balls, carrot, potato, peas stewed in a tomato broth served with basmati rice

Lemon rose water Basboosa

HAPPENING THIS WEEK

Health and Wellness Event

Monday, February 11, 7:00 pm

Temple members Evan Hirsch MD and Stacy Hirsch, MES, ACC, CDWF, will present on “How to Achieve the Best Energy of Your Life. Fatigue and how to manage it physically and mentally”. Ronnie Hacken MA, LMFT will present on Fatigue,



Depression and Mental health. This event will be run from 7:00 - 8:30 pm. Please join us for this engaging and informative evening.



FORKids Food Packing

Tuesday, February 12, 3:30 pm

Thurston County Food Bank
2260 Mottman Road SW, Tumwater

Join us on the second Tuesday of February as we again fill bags at the Tumwater branch of the Thurston County Food Bank. The FORKids program provides a weekend bag of food to over 2,000 children. Questions? Please contact Elie Halpern at (360) 357-8160 or ehalpern7379@gmail.com.

COMING UP

Book Orders Due for Typically Jewish by Nancy Kalikow Maxwell

Friday, February 15

Nancy Maxwell (Barnett Kalikow's cousin) will be coming to speak at TBH on **Wednesday, May 1st**. We will be placing a group order for her book Typically Jewish on February 15th. The cost will be about \$15.50. To pre-order contact the office or Laura at shilanski@aol.com. For more information you can go to her website: <http://www.kaliwellinc.com/index.html>.

Training for Sanctuary Volunteers

Sunday, February 24, 2:00 pm

As we prepare to shelter a guest in sanctuary, the Immigrant and Refugee Support Task Group is training volunteers. Volunteers will be staffing the synagogue 24/7, so we need lots of them! Our next volunteer training is scheduled for **Sunday, February 24, from 2:00-4:00**, in the social hall at TBH. This is a required training, and is for people who have not yet attended a full training, or those who want a refresher. Please contact the office if you have any questions.

Taste of Mussar

Monday, February 25, 6:30 pm

Join us for this unique 4-session course developed by the Mussar Institute that introduces you to the thousand year-old body of Jewish teachings and practices that provides distinctively Jewish answers to the questions we all ask about life. This class will be facilitated by Michele and Richard Jackman.

Please visit the website for fees and class dates or download the PDF flyer for more details.

Sign Up Today! Season of Mussar I

Starts Tuesday, February 26, 6:30 pm

This six-session course will explore the creative practices for 6 *Middot*.
Facilitated by: Michele (mmjinc@aol.com) & Richard Jackman (jackmanrm@aol.com), trained Mussar Institute and Ayeka facilitators. Contact the Jackmans to enroll.

Please visit the website for fees and class dates.

Wanna-be Mah Jonggers and Folk Dancers

The Arts and Culture Group is considering organizing a Mah Jongg class this spring. Please send a note to the office (tbh@bethhatfiloh.org), Laura (shilanski@aol.com) or Michele (mmjinc@aol.com) if you are interested. If you have a preference as to time, please include that in your note.

The A&C Group also hopes to have a class (or two) in Israeli Folk Dance if we can get someone to lead. We are open to recruiting someone (and paying). Please let us know if you would be able to lead a class, if you know someone who could lead, or if you would be interested in attending. As above, please send your note to the office, Laura, or Michele.

AROUND THE CONGREGATION

Yahrzeits

Albert Gottfeld
Joyce Goldstein

Happy Birthday!

6 Samantha Sacks
7 Eva Lee Breuer

Mark Gross
Percy Bean
Max Shimon
Rabbi Judah Avida
Louis Rubenstein
Ruby Koppelman
Janet Halpern
Jane Herman
Phil Scheier
Seth Hendler
Evelyn Berger
Frances Kolker
Thomas Kaufmann
Pearl Janowitz
Martha Organek
Sam Alfasso
Donald Schwartz
Tammy Roth
Raymond Franklin
Adele Youdin
Harry Pollock
Betty Blum
Elaine Gross
Harry Sahanow
Bertram Hacken
Nancy Phillips Lidman

7 Phyllis Mandel
8 Estelle Marchand
8 Donna Mollan
9 Lawrence Goldstein
10 Sue Goldstein
12 David Scherer Water

FROM THE OFFICE

Beit Sefer is Hiring

The Beit Sefer program is looking for a teacher to join our paid teaching team for the rest of this school year. This teacher would be responsible for teaching Judaic knowledge, Torah and Hebrew language skills to a class of eight 3rd & 4th grade students. The ideal candidate will be passionate about helping children develop their own Jewish identity, have an ability to create relationships with a variety of students, know how to manage a class and make learning an active and meaningful process. Experience with children in a classroom or camp setting is preferred. For more information or to apply to join our team, contact Catherine at beitsefer@bethhatfiloh.org.

We are accepting books and volunteers for Blintapalooza!

Mark your calendars for Sunday, March 31st! This year TBH is celebrating the 31st Annual Blintzapalooza! **We are now accepting books for the sale. Bring them by the office Tuesday-Friday between 10:00 am and 2:00 pm, or any time you are here for a service or activity.**

If you are interested in volunteering, please contact Melinda Holman at mkholman@comcast.net.

Office Hours

Tuesday through Friday, 10:00 am to 2:00 pm

Want to sponsor an oneg after Shabbat services?

We are looking for oneg hosts. Please contact tbh@bethhatfiloh.org or call (360) 754-8519.

COMMUNITY EVENTS

Note: These events are not officially sponsored or endorsed by TBH, but they are listed as they have Jewish content and may be of interest to our community.

Mariners Season Opener - Group Ticket Offer

Thursday, March 28, 4:00 pm

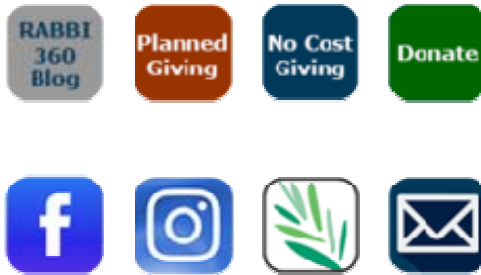
NOTE THE TIME IS INCORRECT IN THE FLYER. THE GAME STARTS AT 4:00 PM, NOT 7:10 PM. Interested in going to the Mariners season opener against the Boston Red Sox? If so, here is your chance to purchase seats for \$35 each. [Download the PDF sheet to sign up and pay for tickets.](#)

Camp Keshet

Camp Keshet registration is now open - Sign up today! For four days, campers of all ages are immersed in Jewish community and study, and enjoy nature, sports, music, and crafts, and simple relaxation. It's a fun-filled Jewish family camp weekend. Register online at www.campkeshet.org.

2019 Need-Based Camp Scholarship Application Is Live!

The Federation's need-based camp scholarships program helps Washington State families with the cost of Jewish overnight camp tuition. By providing you with a variety of funding options, our goal is to ensure that you receive the assistance you need so that your child/children can participate in a Jewish overnight camp experience. [More information and the online application can be found here.](#)



Temple Beth Hatfiloh, 201 8th Ave SE, Olympia, WA 98501



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