

## TBH Administrator

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**From:** Temple Beth Hatfiloh <tbh@bethhatfiloh.org>  
**Sent:** Wednesday, January 30, 2019 5:01 PM  
**To:** TBH Administrator  
**Subject:** This Week at TBH: January 30, 2019

Contact & Office Info | Calendar



Wednesday, January 30, 2019 | 24 Sh'vat 5779

### SHABBAT SHALOM!

Shabbat Choir Service  
Friday, February 1, 7:30 pm

There will be an oneg following the service hosted by Marilyn Gisser in memory of Alan Glick.

**Candle lighting:** 4:57 pm

### Weekly Torah Readings

Parashat Mishpatim

Exodus 21:1 - 24:18

Jeremiah 34:8 - 34:22; 33:25 - 33:26

### Shabbat Morning

Saturday, February 2

#### Tot Shabbat, 9:00 am

All kids ages 0-6 and their grown ups and families are invited to celebrate Shabbat together with song, story, movement, prayer and craft! Join us the first Saturday of every month.

#### Jewish with Meaning, 10:30 am

This month the Jewish with Meaning group will explore the practice of offering blessings in our everyday lives. Pausing for a moment to focus with gratitude and awareness can open our hearts and expand mindfulness. Bring something for the potluck brunch if you are able. All are welcome!

**HAPPENING THIS WEEK**

## Livestreaming Services!

The first Friday of each month we are livestreaming our Erev Shabbat services with the choir!



Visit the TBH Facebook page (no account required to view the video) to watch the service at 7:30 pm this Friday, and click the "Videos" option on the left.

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## Sewing Workshop #2

**Saturday, February 2, 1:00 pm**

If you like to sew and want some friends to do it with, we are holding Sewing Workshop # 2 on Saturday, February 2 from 1-4 pm in the TBH social hall. If you want to bring your own machine, please do so. We will have three sewing machines available to work on, and two projects ready to go.

**Project 1:** Make a seasonal table runner. This project takes about 90 minutes from cutting to finish and makes a two-sided table runner that is about 40 inches long. Material for a Shabbat runner or a Valentine's runner will be available.

**Project 2:** Make a pillowcase. This project also takes about 90 minutes and makes a nice standard-size pillowcase with a contrasting end-piece.

For those looking for something quick to make, we have patterns for an around-the-collar dog bandana that takes about 45 minutes to complete. The workshop is free, if you use my yardage there is a \$20 fee. You are also free to bring your own materials to use. There will be at least two experienced sewers to assist with measuring, cutting, and sewing. Bring a friend and we'll see you there! If you have questions, please email [barbroseman2018@gmail.com](mailto:barbroseman2018@gmail.com).

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## Eitan at TBH

**Sunday, February 3, 10:30 am**

Come meet the StandWithUs Northwest shaliach (Israel Educator) for this year, Eitan Teiger on Sunday, February 3rd from 10:30 am to noon. After a brief introduction, Eitan will share some fascinating facts about the history of the Jewish people and its 3,300 year history in the Land of Israel. Eitan will then help explain key points in the history of Zionism, the Arab-Israeli conflict, and the peace process. Most importantly, Eitan is excited to engage with you and

answer all your questions about Israel! No RSVP necessary.

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## Safety Team Meeting

Tuesday, February 5, 5:00 pm

**Please note the new meeting time!** The Safety Team will meet from 5:00 - 6:30 pm. New members are always welcome. Call/text Marcia at (206) 353-7255 with questions.

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## Senior Schmooze

Tuesday, February 5, 12:00 pm

Don't miss out! Bring your brown bag lunch and jokes. This month the topic of discussion will be Five Pure and Righteous Gentiles: Gilberto Bosques Saldivar, the Mexican "Raoul Wallenberg," Chiune Sugihara, the Japanese "Schindler," Varian Fry, the American "Schindler," and Hiram Bingham IV, the American "Raoul Wallenberg," and Aristides de Sousa Mendes, the Portuguese "Raoul Wallenberg."

## COMING UP



### February Shabbat Salon

Friday, February 8, 6:00 pm

Join us for Shabbat Salon, featuring guest speaker Howard Schwartz, TBH member and Faculty at The Evergreen State College with expertise in political science and public policy.

We begin with a full Shabbat service at 6:00 pm followed by a catered dinner and speaker in the Social Hall at 7:00 pm. **Register for the dinner by Wednesday the 6th at 5:00 pm** by contacting [tbh@bethhatfiloh.org](mailto:tbh@bethhatfiloh.org) or [sign up on our event page!](#)

## Second Health and Wellness Event

Monday, February 11, 7:00 pm

Temple members Evan Hirsch MD and Stacy Hirsch, MES, ACC, CDWF, will present on “How to Achieve the Best Energy of Your Life. Fatigue and how to manage it physically and mentally”. Ronnie Hacken MA, LMFT will present on Fatigue, Depression and Mental health. This event will be run from 7:00 - 8:30 pm. Please join us for this engaging and informative evening.

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## **Taste of Mussar**

**Monday, February 25, 6:30 pm**

Join us for this unique 4-session course developed by the Mussar Institute that introduces you to the thousand year-old body of Jewish teachings and practices that provides distinctively Jewish answers to the questions we all ask about life. This class will be facilitated by Michele and Richard Jackman.

Please visit the website for fees and class dates or download the PDF flyer for more details.

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## **Sign Up Today! Season of Mussar I**

**Starts Tuesday, February 26, 6:30 pm**

This six-session course will explore the creative practices for 6 *Middot*.  
Facilitated by: Michele (mmjinc@aol.com) & Richard Jackman (jackmanrm@aol.com), trained Mussar Institute and Ayeka facilitators. Contact the Jackmans to enroll.

Please visit the website for fees and class dates.

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## **Wanna-be Mah Jonggers and Folk Dancers**

The Arts and Culture Group is considering organizing a Mah Jongg class this spring. Please send a note to the office (tbh@bethhatfiloh.org), Laura (shilanski@aol.com) or Michele (mmjinc@aol.com) if you are interested. If you have a preference as to time, please include that in your note.

The A&C Group also hopes to have a class (or two) in Israeli Folk Dance if we can get someone to lead. We are open to recruiting someone (and paying). Please let us know if you would be able to lead a class, if you know someone who could lead, or if you would be interested in attending. As above, please send your note to the office, Laura, or Michele.

## AROUND THE CONGREGATION

### Yahrzeits

Leah Boyd  
Dena Bank  
Leah Boyd  
Ruth Weiss  
Bob Perretz  
Celia Friedman  
Alvin Posner  
Dorothy Reid  
Barbara Sapsowitz  
Sylvia Shelan  
Morris Cohen  
Joyce Goldstein  
Albert Gottfeld  
Mark Gross  
David Kaplowitz  
Percy Bean  
Max Shimon  
Rabbi Judah Avida  
Louis Rubenstein  
Ruby Koppelman  
Lucille Munion  
Janet Halpern  
Jane Herman  
Phil Scheier  
Seth Hendler  
Evelyn Berger  
Frances Kolker

### Happy Birthday!

30 Kenny Cohen  
30 Bill Dole  
30 Lorrie Markman  
31 Jayné Nelson  
31 Dan Shear  
2 Amy Agnello  
2 Patricia Barr  
2 Hilarie Hauptman  
3 Sonja Dordal  
3 Evan Hirsch  
4 Rebecca Lewis

## FROM THE OFFICE

### Beit Sefer is Hiring

**The Beit Sefer program is looking for a teacher to join our paid teaching team for the rest of this school year.** This teacher would be responsible for teaching Judaic knowledge, Torah and Hebrew language skills to a class of eight 3rd & 4th grade students. The ideal candidate will be passionate about helping children develop their own Jewish identity, have an ability to create relationships with a variety of students, know how to manage a class and make learning an active and meaningful process. Experience with children in a classroom or camp setting is preferred. For more information or to apply to join our team, contact Catherine at [beitsefer@bethhatfiloh.org](mailto:beitsefer@bethhatfiloh.org).

## **We are accepting books and volunteers for Blintapalooza!**

Mark your calendars for Sunday, March 31st! This year TBH is celebrating the 31st Annual Blintzapalooza! **We are now accepting books for the sale. Bring them by the office Tuesday-Friday between 10:00 am and 2:00 pm, or any time you are here for a service or activity.**

**If you are interested in volunteering**, please contact Melinda Holman at [mkholman@comcast.net](mailto:mkholman@comcast.net).

## **Office Hours**

Tuesday through Friday, 10:00 am to 2:00 pm

## **Want to sponsor an oneg after Shabbat services?**

We are looking for oneg hosts. Please contact [tbh@bethhatfiloh.org](mailto:tbh@bethhatfiloh.org) or call (360) 754-8519.

## **COMMUNITY EVENTS**

*Note: These events are not officially sponsored or endorsed by TBH, but they are listed as they have Jewish content and may be of interest to our community.*

### **Promoting Peace in Palestine: BDS and Its Alternatives**

**Monday, February 4, 4:00 pm**

**The Evergreen State College**

Dr. Cary Nelson will be speaking at Evergreen in Purce Hall. [Download the PDF flyer for more information.](#)

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### **Olympia Sisterhood**

**Tuesday, February 5, 1:30 pm**

Join us for our monthly Sisterhood gathering at TBH. Join us for a walk down memory lane to learn about what it was like in Catskills. After the Senior Schmooze we will have a program of Jewish humor. We have obtained a copy of Mickey Katz (Joel Grey's father), who performed in the Catskills as a comedian and clarinetist. Come listen to Mickey Katz Greatest Shticks. Program is from 1:30 to 3:00 pm at TBH. And, the best part is that it is free.

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## Mariners Season Opener - Group Ticket Offer

Thursday, March 28, 4:00 pm

**NOTE THE TIME IS INCORRECT IN THE FLYER. THE GAME STARTS AT 4:00 PM, NOT 7:10 PM.** Interested in going to the Mariners season opener against the Boston Red Sox? If so, here is your chance to purchase seats for \$35 each. [Download the PDF sheet to sign up and pay for tickets.](#)

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## Camp Keshet

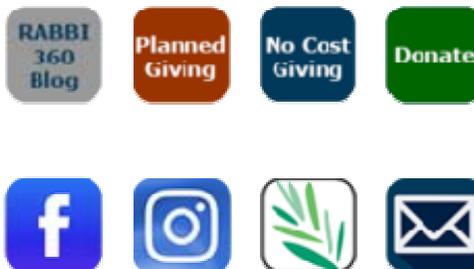
Camp Keshet registration is now open - Sign up today! For four days, campers of all ages are immersed in Jewish community and study, and enjoy nature, sports, music, and crafts, and simple relaxation. It's a fun-filled Jewish family camp weekend. Register online at [www.campkeshet.org](http://www.campkeshet.org).

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## 2019 Need-Based Camp Scholarship Application Is Live!

The Federation's need-based camp scholarships program helps Washington State families with the cost of Jewish overnight camp tuition. By providing you with a variety of funding options, our goal is to ensure that you receive the assistance you need so that your child/children can participate in a Jewish overnight camp experience. [More information and the online application can be found here.](#)

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