

TEMPLE BETH HATFILOH

A CENTER FOR JEWISH LIFE



The Short Schrif

NOVEMBER 2018
CHESHVAN - KISLEV, 5779

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Gain Strength From Each Other

My original plan for this article was to share the exciting activities planned at TBH this month. The massacre at Tree of Life Synagogue in Pittsburgh changed those plans.

While I have been keenly aware of the rise of anti-Semitism in our country and around the world, I did not previously understand the extensive conspiracy theories that have spread through radical-right websites and social media. This blind hatred, fueled by those who should know better, has led to violence.

It would be easy to succumb to fear and turn inward. Instead, I encourage us to reach out and gain strength from each other. I have been thinking about the words of Rabbi Nachman of Breslav: The whole world is a very narrow bridge, and the main thing is to have no fear. It's not easy, but we can help each other through this dark time.

And despite this tragedy, there is much to provide us with hope. At our vigil on Sunday, October 28th, our Sanctuary was filled to capacity. More than half of the attendees were not TBH members. On a day when people could decide that a synagogue would be the last place they

would want to be, the Olympia community showed us their heartfelt support.

While folks were streaming in for the vigil, our Beit Sefer students were leaving their classrooms at the end of the school day. For me, this was a symbolic confluence. We gathered to mourn the victims of the tragedy, and to affirm the future of our people. On a personal note, two of those precious students are my grandchildren. They help me to remain hopeful for a brighter future.

Safety at TBH

On a practical note, TBH applied for and was awarded a \$74,800 FEMA grant to upgrade our security system. Installation should begin by January 2019.

Since January 2018, we have been keeping the doors locked during Friday evening services. This requires greeters to monitor the doors. We need more Greeters! Are you willing to serve in this essential capacity? If you are at all interested, please contact me at tikvatbh@gmail.com.

Board President Tikva Glantz

Klezmer & Yiddish Song

Jake Shulman-Ment & Eleonore Weill

Saturday, November 24, 2018 7:30pm, \$10 donation

Join us for a performance of traditional klezmer fiddle tunes and Yiddish songs. Jake Shulman-Ment (violin, vocals, accordion, guitar) is among the leaders of a new generation of Klezmer and Eastern European folk music performers. He has performed and recorded internationally and been a faculty member of New York's Henry Street Settlement, KlezKamp, the Krakow Jewish Culture festival, Fiddle Tunes and other festivals. Eleonore Weill (vocals, flutes, accordion, piano, hurdy gurdy) has a versatile career performing early, classical and contemporary music, klezmer and Yiddish song, as well as Romanian and Occitan folk music.



[Make your donation in advance!](#)
[Click here to pay online.](#)

Klezmer Workshop

with Jake Shulman-Ment

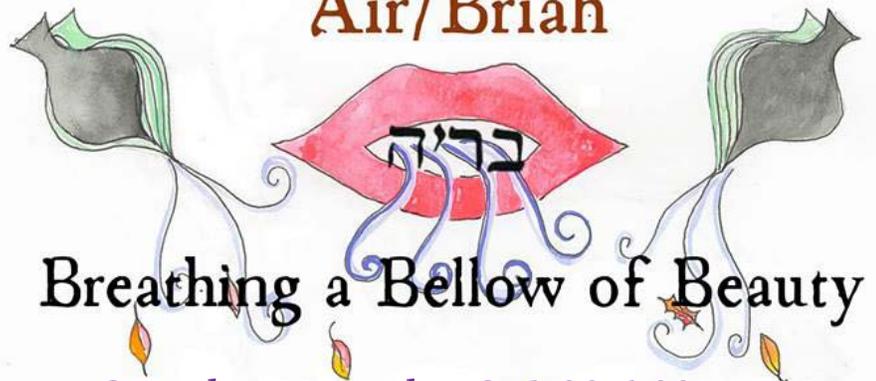
Saturday, November 24, 2018

1:00 to 4:00 pm, \$40-\$50



The workshop is open to instrumentalists and vocalists from intermediate through professional levels. We will learn old spiritual and dance melodies by ear in the way klezmer music has traditionally been passed down. **The cost is \$40 for TBH members and \$50 for non-members.** [Register and pay on our website](#) or e-mail tbh@bethhatfiloh.org to reserve your spot!

Air/Briah



Breathing a Bellow of Beauty

Saturday, November 3, 1:00-6:00 pm

Take a deep breath into the beauty of autumn. As the leaves' fancy colors leap through the air we will bellow out our songs of gratitude, build community, express ourselves and explore ancient traditions. There is a teaching in Judaism that an angel whispers over each blade of grass, "Grow, Grow." In this workshop we'll learn to listen to the whispers of ancients encouraging us to be our full selves. We'll sing (and learn) songs, we'll blow the shofar (ram's horn), we'll do breath work, a sound mikveh (metaphoric ritual bath), make art about the element of air and receive loving encouragement to set free our voices. No Hebrew or singing experience required. Beginners welcome. Led by Kohanot (Hebrew Priestesses) Nomy Lamm and Rebekah Erev.

E-mail nomyamm@gmail.com to register.

The workshop is sliding scale \$50-100, according to what you can afford. Scholarships available. People of color and people with disabilities are invited to attend for free. Wheelchair accessible. Please come scent-free.

[Visit the Facebook event page for more details!](#)

November Erev Shabbat Services

**November 2
7:30 pm** **Shabbat Choir Service**
*There will be an oneg
after the service hosted by
Allyson Brooks in memory
of Ronald Brooks.*

**November 9
6:00 pm** **Shabbat Salon**
*Catered meal and speaker
after the service. Please RSVP
for the dinner. Details below.*

**November 16
6:00 pm** **Shabbat Service**
*The service will be lay-led.
No oneg after the service.*

**November 23
7:30 pm** **Shabbat Service**
Oneg not yet arranged.

**November 30
7:30 pm** **Shabbat Service**
*There will be an oneg after
the lay-led service hosted by
Scott Royer.*

November Shabbat Day Activities

JEWISH WITH MEANING

1st Saturday, November 3, 10:30

We gather to explore a personal connection to our tradition and our own spiritual journeys. This month our service will be led by Nomy Lamm and Rebekah Erev --- more details below. All are welcome. Bring something for the potluck lunch if you are able.

TORAH STUDY

2nd Saturday, November 10, 10:00 am

Prayer and study are equally holy activities; and we will do both. We'll share a snack and study the Torah together. All are invited. No experience is necessary!

MUSSAR

3rd Saturday, November 17, 9:00 am

Mussar is the Jewish school of thought which seeks to root personal character development and right behavior in Jewish tradition and text. We meet monthly to share food and learn more about this tradition and how it may benefit our lives. *Note the time change - 9:30 to 9:00 am!*

TALMUD STUDY

4th Saturday, November 24, 9:30 am

The Talmud is a compendium of law and lore that is the basis on which biblical interpretation and contemporary Jewish practice rest. Rabbi Seth will lead us as we dive deep into this complex and fascinating text.

Shabbat Salon: An Evening of Open Hearts, Hands and Minds Friday, November 9th at 6:00 pm

Join us for Shabbat Salon!
Our speaker is Marilyn Gisser, a TBH member with over twenty years of experience in Washington State government public health and health services planning and administration. She will address the topic of trauma and resilience in children.



We begin with a full Shabbat service at 6:00 pm followed by a catered dinner and speaker in the Social Hall at 7:00 pm. RSVP is required for the dinner only.

[Registration is open. Sign up and pay online!](#)

Jewish with Meaning

Saturday, November 3, 10:30 am

Air/Briah

Breathing a Bellow of Beauty

This month for Jewish with Meaning, all are invited to join us for services led by Kohanot (Jewish priestesses) Nomy Lamm and Rebekah Erev. They will lead us in songs, prayers, and a teaching related to the torah portion for the week. Many of the songs will be new. There will be song sheets and song leading to help people learn and sing along. Come join us for an embodied, earth-based, feminist shabbat service! All are welcome. Please bring something for the potluck lunch afterwards if you are able.

NOVEMBER EVENTS

Hanukkah Shop opens Friday, November 9th!



Tot Shabbat

Saturday, November 3, 9:00 am



All kids ages 0-6 and their grown ups and families are invited to celebrate Shabbat together with song, story, movement, prayer and craft! Join us the first Saturday of every month.

Sanctuary Work Party

Sunday, November 4, 11:00 am

Please join us to help finish preparing space for possible guest(s).

Senior Schmooze

Tuesday, November 6, 12:00 pm

Don't miss out! Bring your brown bag lunch and jokes! Rabbi Seth will share stories and photos about his summer travels. Dessert will be provided by Kay McKenzie.

Shabbat Salon

Friday, November 9, 6:00 pm

Join us for the first Shabbat Salon of the season! In November our guest speaker is TBH member Marilyn Gisser who will address the topic of trauma and resilience in children.



We will begin with a full Shabbat service at 6:00 pm followed by a catered dinner and speaker in the Social Hall at 7:00 pm. **You must register for the dinner only** by e-mailing tbh@bethhatfiloh.org or [sign up and pay for dinner on our event page!](#)

Jews on Wheels

Sunday, November 11, 5:00 pm



Join TBH at Skateland! The cost is \$8 per person and includes skate rental and snacks/drinks.

FORKids Food Packing

Tuesday, November 13, 3:30 pm

2260 Mottman Road SW, Tumwater

Join us to volunteer at the Tumwater branch of the Thurston County Food Bank. The FORKids program provides a weekend bag of food to over 2,000 elementary and middle school children. For details, contact Elie Halpern at (360) 357-8160 or ehalpern7379@gmail.com.

Immigration and Refugee Task Force Meeting

Tuesday, November 13, 7:00 pm

Learn and participate in TBH efforts to make a positive impact around the ongoing issue of providing sanctuary in the greater Olympia community.

Shabbat Havurah

Saturday, November 17, 10:00 am



Havurah means fellowship. Join our small group of like-minded Jews who assemble to experience Shabbat and prayer services, lifecycle events, and Jewish learning together.

Book Group

(((Semitism))): *Being Jewish in America in the Age of Trump* by Jonathan Weisman

Tuesday, November 20, 7:00 pm

Join us to discuss this short, literary, and powerful contemplation on how Jews are viewed in America since the election of Donald J. Trump, and how we can move forward to fight anti-Semitism. [Download the full book club schedule here \(PDF\).](#)

Klezmer Workshop

Saturday, November 24, 1:00 pm

Open to instrumentalists and vocalists from intermediate to professional. Learn old spiritual and dance melodies by ear. Details on page two!

Klezmer & Yiddish Song

Saturday, November 24, 7:30 pm

Join us for an evening of traditional klezmer fiddle tunes and Yiddish songs. See the full details on page two!

Immigration and Refugee Task Force Meeting

Tuesday, November 27, 6:00 pm

Learn and participate in TBH efforts to make a positive impact around the ongoing issue of providing sanctuary.

Advancing in Hebrew

Tuesday, November 27, 7:00 pm

This seminar-type gathering will work on advancing Hebrew knowledge, including grammar and roots. Held on the 4th Tuesday of the month.

Olympia Sisterhood Meeting

Tuesday, November 6, 1:30 pm

Join us at TBH for fellowship and discussion. This month's topic is Jewish voting patterns, recognizing that 11/6 is Election Day. Please contact Myra Paull at (253) 666-3242 with questions.

SAVE THE DATE

34th Annual Interfaith

Thanksgiving Celebration

Sunday, November 18, 3:00 pm

First United Methodist Church
1224 Legion Way SE, Olympia

This rich Olympia tradition uniting people of all faiths and ages features story telling, music, dance, prayer, drama, and poetry. All are welcome. A brief reception with light refreshments provided by volunteers follows the program.

DECEMBER EVENTS PREVIEW



Senior Schmooze

Tuesday, December 4 at 12:00 pm

SAVE THE DATE: Hanukkah Party!

Sunday, December 9 at 6:00 pm



Join us for our annual Hanukkah celebration! Details to follow in upcoming weekly e-newsletters.

Shabbat Salon

Friday, December 14 at 6:00 pm

Steven Gonzalez will talk about his Jewish identity as well as current legal matters.

Book Group

Tuesday, December 18 at 7:00 pm

The Beautiful Possible - Amy Gottlieb

Thank You, Volunteers!

Shabbat Oneg Hosts: **Linda Rubin**

Shabbat Salon: **Marna Sapsowitz, Judith Barnes, Elizabeth Siegel, Tikva Glantz, Harriet Strasberg, Karen Farber, Robert Perretz-Rosales, Craig Wallace, Gail Pollock, and many more folks who were cleaning up the seating area of the social hall --- Thank You!**

TIKKUN OLAM

On Mitzvah Morning, Bernie Friedman led a group of dedicated soup makers, filling the TBH freezer with many jars of fresh, homemade vegetarian soup. If you or someone you know could use some soup, please feel free to stop by TBH and pick some up. If you would like to request soup delivery, please let contact Elizabeth Siegel at (360) 352-9374 and delivery will be arranged. This soup is for anyone who considers themselves to be a part of the TBH community and could use some TLC for any reason.

FORKids UPDATE

Kudos to **Ezra Paskus, Beth Dubey, Laura Hurtado-Webb, Sue Goldstein and Betty Goldstein** for starting out the new school year filling bags for the FORKids in Thurston County. The six TBH volunteers made up 75% of the volunteers as only two people showed up from St. Andrews. We will once again be filling bags on the second Tuesday on November 13th at 3:30 pm at the Tumwater branch of the Thurston County Food Bank. Please bring your friends and relatives with you as all volunteers are welcome, and we would appreciate more volunteers. If you have questions, please contact Elie Halpern at 360-357-8160 or email him at ehalpern7379@gmail.com.

GREEN TEAM UPDATE

Kim Dolgin, a TBH member, attended the October 22nd meeting to share about the new **Coalition of Congregations**. This small group is composed of members from different faith organizations who are concerned about climate change issues in Thurston County. Their goal is for individuals to lobby local government (city and county councils), using their own faith-based views, to support efforts to counteract climate change. This group is expanding and welcomes your participation. If you are interested, please contact Kim Dolgin at kgdolgin@owu.edu.

Barak Gale of the **Climate Reality Leadership Corps** also attended our meeting. This group is committed to fighting climate change worldwide and seeks to get organizations, schools, and governments to commit to 100% renewable electricity. Barak works with our local chapter. He discussed Initiative 1631, which is endorsed by Thurston County and the Cities of Olympia, Lacey, and Tumwater. For more information or to get involved with the Climate Reality Project and Leadership Corps, contact Barak Gale at barakgale@gmail.com. To learn about Initiative 1631, visit www.yeson1631.org.

The Green Team is continuing to update everyone on changes in how we manage our waste. We are reaching out to all the groups, committees, meetings, and social gatherings at TBH to provide a brief informative walk through on how to recycle and compost in the social hall and kitchen. When the guidelines are not followed, compost is not picked up. **This not only increases the amount of material that ends up in the landfill, it raises TBH's costs. The more people who understand the process, the better it will work.** Expect to see one of us at upcoming events. Look for our next meeting time in the TBH weekly email. For questions or ideas, please contact Spencer Orman at spencer.2besure@gmail.com.

FAMILY LIFE & LEARNING



When I started thinking about the middah we would focus on in Beit Sefer each month, I never imagined how these lessons might play out in my own head at the times we are looking at them. October is *zerizut*, roughly translated as enthusiasm.

The lesson is that in order to grow in *zerizut*, you should practice love. Love the people around you. Love your commitments and your obligations. Love your body and its challenges. Simply committing yourself to becoming more enthusiastic is not very likely to have much effect, but to try to truly love whatever it is in front of you creates enthusiasm for it.

I've been struggling to love my challenges these days. After months of finger numbness and arm pain, I finally had surgery on my wrist. When I had my cast removed, I was so focused on the surgical pain that I wasn't able to think about feeling returning to my fingers. I hadn't even noticed. It was a lightbulb moment when the surgeon asked me about my fingers. It changed my focus to something I could feel good about and the pain I had been focusing on didn't seem so monumentally awful.

I still feel pain, but the surgery opened up my wrist so I can feel and move my fingers normally. Right now I'm working on feeling enthusiasm for the adaptability of my body. I can brush my teeth, feed myself and use the mouse on my computer with my left hand. As I heal, I'll be able to return to doing things as I've always done, or not, now that this new choice is available.

Life can be so overwhelming when we live it without *zerizut*. There are so many challenges that can make it hard to pursue love. If you find yourself feeling stagnant, try to practice love. Whatever you need to do in your pursuit of love, do it. Moving forward is an act of love, faith and even hope. When we embrace our obligations – think of the phrase 'I get to...' rather than 'I have to...' – we pursue them with greater energy and feel more loving doing them. Find the pieces of your life that are easy to love. Appreciate and find enthusiasm around those things, people and responsibilities. Eventually, you may find ways to love everything that makes up your life.

L'shalom,

A handwritten signature in cursive script that reads "Catherine". The ink is dark and the signature is fluid and elegant.

Here's our first Beit Sefer update from Sara Eve Sarliker, our Geza'im (first and second grades) teacher:

We've had a wonderful start to the year, in a class with great ruach! So far, we made flags and edible torahs to celebrate Simchat Torah, had the rabbi show us one of our congregation's Torahs and asked many questions, like "how can it have stories, and rules, and advice, all in one scroll?" and "how many columns of Hebrew writing are in it?" We drew pictures of our own Gardens of Eden, and engaged with the story of Adam and Eve, built an ark and filled it (in our imaginations). We learned several Hebrew words and played games with them -- if you see us running in the halls and say "Adom!" there's a chance we will stop running (like Red Light-Green Light). We learned some Hebrew letters - Aleph through Dalet - and numbers Echad through Hamesh. We used our new Hebrew counting skills to play hide and go seek -- some of our students are very good, so they might still be hiding around the synagogue.

Coming up, we'll be learning about Abraham and Sarah's journeys, and continuing through Genesis, with all of its twists and turns. We are having fun, learning and making a warm, friendly classroom community. If you see us, say "Shalom!"

--Sara Eve Sarliker

THANK YOU FOR YOUR CONTRIBUTIONS

Sustaining Fund

Michael Remson in honor of Elizabeth Siegel and John Browning, Leslie Goldstein and Craig Apperson, and Seth Goldstein
Ricki Kahn in Memory of Paul Kahn and Wes Mangney
Victor Kogan in memory of Faina Kogan
William Caslar
Emily Charles
Patrick Sullivan in honor of the Tree of Life Synagogue victims and their community
Patricia Seib in memory of Tree of Life Synagogue shooting victims
Esther Kronenberg in memory of Martha Organek

PJ Library

Laura Hurtado Webb in memory of Dolores Franco Hurtado & Morris Belling

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Barbara Dragul with thanks to Rabbi Seth Goldstein
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Linda Blustein

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NOVEMBER YAHRZEITS

1 Ronald Jerome Brooks	7 Esther Pollock	13 Ruth Jaffe Farber	24 Bessie Klotz
1 Harriet Rosen	8 Artie Browning	15 Charles Friedman	25 Marcheta Bean
2 Roslyn Cohen	10 Leroy Hittle	20 Mitchell Mogal	26 Edward Duthweiler
3 Ann Baldwin	10 Mary Parker	20 Etta Stern	27 Margaret Urstadt
4 Bernard Carr	10 Bernard Shelan	21 Jack Snyder	27 Adlaide Bamberger
4 Rose Robinson Margolis	11 Walter Benjamin Reichman	22 George Hoffman	29 Bill Kolker
6 George Neff	11 Lois Arnold Gale	22 Donald Heptner	29 C. William Chappell
7 Selma Soule	12 Charlotte Grotzky Reichman	23 Esther Silverman	30 Michael Brocha

These names will be read from the bimah at Shabbat services before and after the yahrzeit.

Bold type denotes those inscribed on a plaque on our Memorial Wall. Please send corrections and additions to tbh@bethhatfiloh.org.

SANCTUARY UPDATE

On October 29th, we held a meeting to debrief the first sanctuary volunteer training held on October 25th. Given the Tree of Life massacre, we also revisited our plans for safety and security, and noted additional measures we can take and share with volunteers to align with recommendations of the TBH safety committee. These measures, such as formal training on safety procedures, will help us remain a welcoming and supportive congregation committed to immigrant and refugee support and Tikkun Olam.

The October 25th training had 44 trainees coming from TBH and seven other congregations and Strengthening Sanctuary. The training focused on three areas: TBH expectations, policies and logistics; Know Your Rights training; and cultural humility. We received positive feedback as well as great suggestions for improving the training and potential topics for the future. We are very appreciative of the folks from Strengthening Sanctuary and Cielo who shared their expertise and assisted with the training.

We planning another introductory training, as well as a follow up. Dates will be announced in the weekly e-mail.

We are also organizing our volunteer list which includes a few different activities. If you are interested in volunteering at once we have a sanctuary guest, we are referring to that as "onsite" volunteers. We are also looking for "support" volunteers to help out with things like groceries, food preparation, laundry, etc. And we are looking for additional members to join our Task Force behind the scenes to help plan additional training, develop a communications/outreach team, and coordinate volunteers. If you'd like to volunteer please e-mail cathyvic@comcast.net and designate if you're interested in "onsite", "support", "Task Force" or all three!

We've got a work party planned for Sunday, November 4th from 11:00 am to 1:00 pm to complete the organization of the children's library and move furniture. Please join us! And if you're interested - there's a ping pong table that isn't being used, it's yours as long as you can come get it.

HOW WILL YOU ASSURE JEWISH TOMORROWS?



Whatever you cherish most about Jewish life...learning, community, worship, caring for those in need or social justice, by leaving a legacy you ensure that the things you value are sustained for future generations.



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TO DISCUSS
CREATING YOUR
JEWISH LEGACY
CONTACT:

Charles Shelan
Temple Beth Hatfiloh
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(360) 352-1354
www.bethhatfiloh.org

Happy Birthday Yom Huledet Sameach

2 James Dolliver	18 Raven Lidman
5 Evan Ferber	18 Cobie Whitten
9 Gail Wish	20 Esther Kronenberg
10 Lindsey Kennelly	23 Ronda Collins
11 Thomas Carr	24 Will Eliot
13 Mona Hahn	26 Elizabeth Siegel
15 Nita Posner	27 Yohanna Kinberg
16 Marv Reiner	28 Paul Paroff
18 Leslie Gates	29 Stan Shore



Over the last 20 years, Melaleuca fundraising proceeds have raised over \$20,000 for TBH! The Melaleuca line features 400 alternative for items you may already be using every day. For information, [contact the TBH office.](#)



To make donations, contact the CFD at (360) 902-4162 or cfd@sos.wa.gov.
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THANK YOU FOR YOUR DONATIONS!

Yes, I want to contribute to the ongoing vitality of Jewish life in Olympia and the South Sound!

Enclosed is my gift of:

\$18 \$36 \$54 \$108 \$180 \$360 Other: _____

Check payable to "Temple Beth Hatfiloh" is enclosed.

Visa MasterCard Card #: _____

Sec. Code (Last 3 digits on back of card): _____ Exp. Date: _____

Donor name: _____

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Your gift is tax deductible. Thank you for your generosity.

This gift is

- In honor of
- In memory of
- Wishing speedy recovery to
- With thanks to
- On yartzeit of

This gift is for

- High Holidays
- TBH Sustaining Fund
- Rabbi's Discretionary Fund
- Goldberg Scholarship Fund
- Building Strength Maintenance Endowment

See above for fund descriptions.
High Holiday and other undesignated donations will be applied to the Sustaining Fund.

Please send a notification of this gift to:

Name: _____

Address: _____

City/State/Zip: _____

Donations, without amounts, will be acknowledged in TBH publications.
Please mark if this is an ANONYMOUS donation: