We have now been awarded the Hazon Seal of Sustainability! This is based on our progress over the past year in energy and waste management. With Blintzapalooza coming up on March 31st, we need volunteers to help ensure waste is sorted into compost, recycling, and trash. Last year we had record attendance, and that was an ongoing task. If you’re interested, contact Karen Farber at kpf555@gmail.com. We are plugged in to local climate advocacy groups, which keep us informed with legislative updates, and new information to reduce our carbon footprint. We continue to identify ways to reduce energy use throughout our building. Our next project is to transition to green cleaning products.  If you have any questions or ideas for the Green Team, please contact Spencer Orman at spencer.2bsure@gmail.com. Our next meeting is February 19th at 5:30 pm at TBH, and is open to everyone.

We are very excited to announce that the TBH Board has determined we are fully ready to welcome a guest into sanctuary. The Board reviewed the logistic, safety and training preparations that the TBH Task Force for Immigrant and Refugee support has undertaken since our declaration as a sanctuary congregation last August. The Task Force has followed the protocol that the Board approved in July and they have the designated committees in place. They have also held an orientation and trainings for volunteers. We are especially gratified by support from our sister congregations and organizations. To date, the Task Force has a list of 177 volunteers who represent not only TBH members, but members of twelve other congregations, members of Strengthening Sanctuary, and members of the greater Olympia community. Among these, 77 volunteers have a current background check on file with the Rabbi, including 30 TBH members. An additional 13 TBH members have volunteered, and are awaiting future training opportunities which are in the works. We invite you to sign up to volunteer and/or to join the Task Force if you’d like to help out with ongoing planning. To do so, please send an email to Volunteercoord200@gmail.com. As always, you can send any concerns or comments to the TBH Board at tbh@bethhatfiloh.org

Rabbi Seth Goldstein
Tikva Glantz, TBH Board President
Farewell Caroline

As you have likely heard, Caroline Metzger gave notice as TBH’s Community Engagement Coordinator after two years of wonderful service. When she started at TBH, Caroline wanted part-time work. But her life circumstances changed, and she sought a full-time job with benefits. Not surprisingly, Caroline quickly found a position that meets her family’s current needs. The expression “two Jews, three opinions” is not without merit. But, regarding Caroline Metzger, TBH’ers shared one, united opinion: Caroline excelled in the position. In addition to her incredible work ethic, she remained calm and kind in every situation. We wish her great success and hope Caroline visits us now and again!

Welcome Kayla

At our January 6, 2019 TBH choir practice, Kayla Iverson announced that she was seeking part-time employment. On January 9th, Caroline gave her two-week notice. These dots were easy to connect! Happily, Kayla agreed to serve in an interim position. This will allow Rabbi Seth and your Board to re-evaluate the Community Engagement Coordinator’s position. We want to ensure that the current job description meets our congregation’s needs.

For those of you who do not yet know Kayla, allow me to introduce you. She and her husband Andrew arrived in Olympia in early 2018 for Andrew’s job. Little Nathan, (born in June 2018), was already a work-in-progress. Kayla was determined to become involved in TBH as soon as they arrived, and she succeeded! She immediately joined the choir, and her lilting soprano has greatly added to our musicality. Kayla was a volunteer extraordinaire for our June 2018 auction. She brought her knowledge of non-profit events, offering innovations that helped make this our most successful auction ever. Kayla is also a Beit Sefer teacher for our 5th and 6th graders.

Kayla brings an impressive educational background and work experience to this position. She got her Masters Degree in Religion at Yale, focused on Second Temple Judaism. Prior to moving to Olympia, she served as Director of Community Outreach for the YMCA in Pullman, Washington. We are incredibly fortunate that Kayla has agreed to serve in this capacity. Please join me in welcoming Kayla Iverson as our interim Community Engagement Coordinator!

Summer Rabbinic Intern

In a unique partnership with Providence St. Peter Hospital, TBH will be hosting a summer rabbinic intern this summer! Through the months of June, July, and August, TBH will host a student from the Reconstructionist Rabbinical College (Rabbi Seth’s alma mater) who will serve at TBH to gain experience working within a congregation. The student will also be doing a full summer session of CPE—Clinical Pastoral Education—at St. Peter’s. The student will lead services, teach classes, participate in programs and events and work with Rabbi Seth on other projects. We will fill you in on more details as they emerge. In the meantime, if you or someone you know would have a room/apartment to rent/use for the three months, or a vehicle the student could use, or both, please be in touch with Rabbi Seth at rabbi@bethhatfiloh.org.
February Shabbat Services

February 1
7:30 pm
Shabbat Choir Service
Marilyn Gisser is hosting the oneg after the service in memory of Alan Glick.

February 8
6:00 pm
Shabbat Salon
Catered meal and speaker after the service. Please RSVP for the dinner. Details below.

February 15
7:30 pm
Shabbat Service
There will be an oneg after the service hosted by friends family of Estelle Marchand.

February 22
7:30 pm
Shabbat Service
There will be an oneg after the service hosted by Marcia David and Howard Goldberg

February Shabbat Day Activities

JEWISH WITH MEANING
1st Saturday, February 2, 10:30
This month the Jewish with Meaning group will explore the practice of offering blessings in our everyday lives. Pausing for a moment to focus with gratitude and awareness can open our hearts and expand mindfulness. Join us on Saturday, February 2 (what is the blessing for groundhogs?) at 10:30. Bring something for the potluck brunch if you are able. All are welcome!

TORAH STUDY
2nd Saturday, February 9, 10:00 am
Prayer and study are equally holy activities; and we will do both. We’ll share a snack and study the Torah together. All are invited.

MUSSAR
3rd Saturday, February 16, 3:30 pm
Mussar is the Jewish school of thought which seeks to root personal character development and right behavior in Jewish tradition and text. We meet monthly to share food and learn more about this tradition and how it may benefit our lives.

Note the time change for this month due to the Bat Mitzvah.

TALMUD STUDY
4th Saturday, January 26, 9:30 am
The Talmud is a compendium of law and lore that is the basis on which biblical interpretation and contemporary Jewish practice rest. Rabbi Seth will lead us as we dive deep into this complex and fascinating text.

Shabbat Salon: An Evening of Open Hearts, Hands and Minds
Friday, February 8 at 6:00 pm

Join us for Shabbat Salon! Our speaker is TBH Member and Evergreen professor Howard Schultz, who will be speaking on the subject of Immigration.

The evening will begin with a full Shabbat service at 6:00 pm followed by a catered dinner and our speaker in the Social Hall at 7:00 pm. RSVP is required for the dinner only. Join us for the speaker only around 7:45 pm.

Registration is open through Wednesday, January 9th at 5:00 pm. Sign up and pay online!

BAT MITZVAH
Estelle Marchand
3rd Saturday, February 16 at 10:00 am

Please join us as Estelle Lucienne Marchand, daughter of Michael and Elizabeth Marchand, is called as a Bat Mitzvah. Estelle is a 7th grader at Nova Middle School. Estelle enjoys playing with her puppy, unicorns and anything Harry Potter. When she is not in school you can find her doing ballet, in a musical theater production, going to a girl scout meeting or playing her piano. As a mitzvah, she chose to participate in the STEP program – Sharing Teens and Elders Project where teens and elders get together monthly at the Olympia senior center to engage in conversation on a variety of topics spanning the generations. Estelle’s goal is to bring a STEP session to TBH so Jewish elders and teens can share their experiences. Family will be travelling from New Jersey, Connecticut, North Carolina, California and Iowa to share in the celebration.
**FEBRUARY EVENTS**

**Tot Shabbat**  
Saturday, February 2, 9:00 am  
All kids ages 0-6 and their grown ups and families are invited to celebrate Shabbat together with song, story, movement, prayer and craft! Join us the first Saturday of every month.

**Senior Schmooze**  
Tuesday, February 5, 12:00 pm  
Don't miss out! Bring your brown bag lunch and jokes. This month the topic of discussion will be Five Pure and Righteous Gentiles: Gilberto Bosques Saldivar, the Mexican “Raoul Wallenberg,” Chiune Sugihara, the Japanese “Schindler,” Varian Fry, the American “Schindler,” and Hiram Bingham IV, the American “Raoul Wallenberg,” and Aristides de Sousa Mendes, the Portuguese “Raoul Wallenberg.”

**Safety Team**  
Tuesday, February 5, 5:00 pm  
Please note the new meeting time! The Safety team will meet from 5:00 - 6:30 pm. New members are always welcome. Call or text Marcia at (206) 353-7255 with questions.

**Olympia Sisterhood Meeting**  
Tuesday, February 5, 1:30 pm  
Join us for our monthly Sisterhood gathering at TBH, for a walk down memory lane to learn about what it was like in Catskills. After the Senior Schmooze we will have a program of Jewish humor. We have obtained a copy of Mickey Katz, who performed in the Catskills as a comedian and clarinetist. Program is from 1:30 to 3:00 pm at TBH. And, the best part is that it is free.

**Shabbat Salon**  
Friday, February 8, 6:00 pm  
Join us for our monthly Shabbat Salon featuring Howard Schwartz, TBH member and Faculty at The Evergreen State College with expertise in political science and public policy. We begin with a full Shabbat service at 6:00 pm followed by a catered dinner and presentation in the Social Hall at 7:00 pm. You must register for the dinner by e-mail or sign up and pay for dinner on our event page!

**Health and Wellness Series**  
Monday, February 11, 7:00 pm  
Temple members Evan Hirsch MD and Stacy Hirsch, MES, ACC, CDWF, will present on “How to Achieve the Best Energy of Your Life. Fatigue and how to manage it physically and mentally”. Ronnie Hacken MA, LMFT will present on Fatigue, Depression and Mental health.

**FORKids Food Packing**  
Tuesday, February 12, 3:30 pm  
Thurston County Food Bank  
2260 Mottman Road SW, Tumwater  
Join us on the second Tuesday of the month as we again fill bags at the Tumwater branch of the Thurston County Food Bank. Questions? Please contact Elie Halpern at (360) 357-8160 or ehalpern7379@gmail.com.

**Immigration and Refugee Task Force Meeting**  
Tuesday, February 12, 7:00 pm  
Learn and participate in TBH efforts to make a positive impact around the ongoing issue of providing sanctuary.

**Green Team**  
Tuesday, February 19, 5:30 pm  
Contact Spencer Orman with questions at spencer.2bsure@gmail.com.

**Book Group**  
Tuesday, February 19 7:00 pm  
Dinner at the Center of the Earth by Nathan Englander, a political thriller set against the Israeli-Palestinian conflict.

**Next Training for Sanctuary Volunteers**  
Sunday, February 24, 2:00 pm  
As we prepare to shelter a guest in sanctuary, the Immigrant and Refugee Support Task Group is training volunteers. Volunteers will be staffing the synagogue 24/7, so we need lots of them! Our next volunteer training is scheduled for Sunday, February 24, from 2:00 - 4:00 pm, in the social hall at TBH. this is a required training, and is for people who have not yet attended a full training, or those who want a refresher. Please contact the office if you have questions.

**Advancing in Hebrew**  
Tuesday, February 26, 7:00 pm  
This seminar-type gathering will work on advancing Hebrew knowledge, including grammar and roots. Held on the 4th Tuesday of the month.

**Mussar I**  
Tuesday, February 26, 6:30 pm  
Mussar is a Jewish path of character development and spiritual growth, leading to awareness, wisdom and transformation. Contact Michele and Richard Jackman at mmjinc@aol.com & jackmanrm@aol.com for questions. This course requires registration.
**FORKIDS FOOD PACKING**

Kudos to the seven people from TBH who came to fill bags for the FORKIDS program on Tuesday, January 8, 2019, as follows: Paige Brown, Bernie Friedman, Betty Goldstein, Sue Goldstein, Beth Dubman and Richard Jackman. We filled 288 bags, completing two pallets. It took us an hour and a half. St. Andrews had four people, and most people enjoyed walking down the line filling a full bag themselves, which we did for the first half hour or 45 minutes until we had too many people to fill bags that way. We will again be filling bags on the second Tuesday of February, February 12, 2019, at 3:30 p.m. at the Tumwater Food Bank.

Some of us hope to get there earlier as St. Andrews seems to show up at 3:00 instead of the 3:30 start time. We have a good time there, and we invite anyone interested to show up. We fill bags for not more than an hour and a half, and we have a very collegial group, although many of us are critical as to what kinds of food fill the bags for the weekends for kids to take home. There are no federal standards on this, but the idea is that the bags need to be filled with food that people will actually eat and not toss away, and therein lies the problem. We hope to see more people the second Tuesday of February. Thanks for all your good deeds.

---

**BLINTZAPALOOZA COMMITTEE**

Mark your calendars for Sunday, March 31st! This year TBH is celebrating the 31st Annual Blintzapalooza! We are now accepting books for the sale. Bring them by the office Tuesday-Friday between 10:00 am and 2:00 pm, or any time you are here for a service or activity.

---

**ARTS & CULTURE COMMITTEE**

The Arts and Culture Group is considering organizing a Mah Jongg class this spring. Please send a note to the office (tbh@bethhatfiloh.org), Laura (shilanski@aol.com) or Michele (mmjinc@aol.com) if you are interested. If you have a preference as to time, please include that in your note.

The A&C Group hopes to have a class (or two) in Israeli Folk Dance if we can get someone to lead. We are open to recruiting someone (and paying). Please let us know if you would be able to lead a class, if you know someone who could lead, or if you would be interested in attending. As above, please send your note to the office, Laura, or Michele.

---

**Thank You!**

Thank you to all the individuals that assisted with the January Shabbat Salon!

January Oneg Hosts: Cindy Levy

---

Thanks to all who donated to our annual warm clothing drive. We were able to deliver a carload of clothing to the St. Mikes clothing banks. These clothes will be available to the needy in our community.
Every time our Beit Sefer kids come together to eat, there is a lesson to be learned. Sometimes it’s my lesson, sometimes it is theirs, but it’s always there. I intentionally allow the kids to see how much food is available and at the same time, ask them to remember those who follow them to the table. The purpose is to remind them that there may not always be enough for us to hoard our favorite things, but we can still enjoy the serving we have, knowing everyone else has some to enjoy too. The lesson for me has been how to make sure the food offered is enjoyed and that everyone that comes to the table can eat. Passover seders always include the proclamation, ‘Let all who are hungry, come and eat.’ But for so many with food allergies and intolerances, that phrase can ring hollow. If I have Celiac disease and all you can offer me is bread, you aren’t actually offering anything to assuage my hunger.

Food is so much more than just the solution to hunger. Enjoying a meal together is a personal and cultural connection. As Jews, most of us have had to choose whether to eat something we usually wouldn’t because it is offered or risk offending a host. It is harder to be the person forced to eat at home alone. A growing number of us have to refuse social opportunities to protect our health. Just within the Beit Sefer kids we have peanut, tree nut and fish allergies and dairy and gluten intolerances. This is a growing problem in society today for reasons I can’t begin to explain. What I do know though, is that it is our responsibility to be genuine when we say, ‘Let all who are hungry, come and eat.’ Being genuine means having food all who are hungry can eat. For me, that’s an ethical imperative. To be honest, I fail – more often than I’m comfortable with, but that’s the lesson I’m working on.

Six times a year we have a Family Shabbat service and dinner. Initially, we were doing potlucks to allow people to bring food their children would eat as well as keep costs low. Last month we contracted with Nineveh for a low cost, child friendly dinner that includes foods everyone can enjoy safely. The cost is something we hadn’t budgeted for, but the benefit has also been more than we could imagine. Families were able to come to the temple without having to fix food ahead of time and the food offered was colorful, flavorful and safe. Everyone who was hungry came and ate and the human connections flourished. Sometimes I learn things after all.

L’Shalom,

Here’s a short update from Jessica Carmel, our Shorashim (Pre-K and Kindergarten) teacher: This has been an incredible year in the Shorashim classroom so far! We have had a lot of fun learning about holidays including Hanukkah, Shabbat, and Yom Kippur. We’ve explored important Jewish values like tzedakah, mitzvah, and shalom bayit. We’ve done super art projects like making mezuzot out of clay and sukkahs out of graham crackers. We play games together including Kosherland, and a fantastic Torah themed version of Chutes and Ladders! The most important idea kids learn in Shorashim is that everything becomes Jewish if you look at it through a Jewish lens. We have made connections with Judaism in everything from apples to dinosaurs. I’m so happy to be teaching such awesome kids and I’m thrilled with all the progress we’ve made and how much we’ve learned!
THANK YOU FOR YOUR CONTRIBUTIONS!

ANNUAL HANUKKAH CAMPAIGN
Alan Rammer
Donna and David Steinman
Dorothy and Claude Lakewold
Karen, Nathan, and Spencer Gibson
Edie Bean
    in memory of Raven Lidman
Susan Rosen and Michael Blum

SUSTAINING FUND
Ann Evans and David Lazar
Beezow Zopitty bop-bop-bop
Charlene Healy
David Savage
Donna Landry
    in honor of Bonnie Martin
Frank Herman
    in memory of Jane Herman
Marcy Brown
Nita Posner
    in memory of Alan Posner
Sherwin Cotler and Bronwyn Vincent
    in memory of John B Vincent

RABBI’S DISCRETIONARY FUND
Bernie Friedman and Pamela Gentile-Friedman
Nancy Eastham and Jim Bamberger
    in memory of Stanley Blum

FEBRUARY YAHARZEITS

1 Albert Gottfeld 14 Elaine Gross
1 Joyce Goldstein 14 Betty Blum
2 Louis Rubenstein 14 Harry Sahanow
2 Mark Gross 15 Bertram Hacken
2 Max Shimon 15 Nancy Phillips Lidman
2 Percy Bean 16 Gretchen Neff
2 Ruby Koppelman 17 Joseph Mollan
2 Rabbi Judah Avida 17 Shirley Doelle
4 Janet Halpern 17 Samuel Lubarr
5 Jane Herman 18 James Wolfhagen
5 Phil Scheier 19 Yenta Rome
6 Seth Hendler 20 Helen Wolfhagen
8 Evelyn Berger 21 Louis Goldberg
8 Frances Kolker 21 John Turner
10 Thomas Kaufmann 22 Cyrus David Goldberg
11 Pearl Janowitz 23 Frances Reichlin
12 Tammy Roth 25 Norman Dolgin
12 Martha Organek 25 Joan Green
12 Donald Schwartz 27 Gordon Bretscher
12 Sam Alfasso 28 Rose Kamenetzky
13 Adele Youdin 28 Betty Stockwell
13 Raymond Franklin 28 Saul Reichlin
13 Harry Pollock 28 Harold Greene

The Beit Sefer program is looking for a
teacher to join our paid teaching team
for the rest of this school year. This teach-
er would be responsible for teaching Judaic
knowledge, Torah and Hebrew language skills
to a class of eight 3rd & 4th grade students.
The ideal candidate will be passionate about
helping children develop their own Jewish
identity, have an ability to create relationships
with a variety of students, know how to man-
age a class and make learning an active and
meaningful process. Experience with children
in a classroom or camp setting is preferred.
For more information or to apply to join our
team, contact Catherine at
beitsefer@bethhatfiloh.org.

These names will be read from the bimah at Shabbat services before and after the
yahrzeit. **Bold type** denotes those inscribed on a plaque on our Memorial Wall.
Please send any corrections and additions to tbh@bethhatfiloh.org.
LIFE & LEGACY SPOTLIGHT
Lisa Brodoff and Lynn Grotsky

Lynn and I joyously included gifts to TBH in our estate planning because TBH has been a critical part of our lives since we started attending as a family in the mid-1980’s. The love and support we have received from TBH has been there from the beginning through simchas and shivas. The TBH community stood up for those of us who are LGBTQ even before it was common or acceptable.

TBH has been there to mark all of our family’s life cycle events in the Jewish tradition, starting with our daughter’s naming ceremony, then our son’s Bris, their Bat and Bar Mitzvahs, and supporting us as we mourned the deaths of our fathers and our beautiful niece. When we finally were given the right to legally marry after 32 years together, we had our wedding at TBH, with our Rabbi officiating and in celebration with our Jewish community. Helping provide for TBH’s future through the Life and Legacy Program is but one way that we can give back to secure its future for generations to come.

Making a legacy commitment to TBH is a simple process that can help ensure a strong and secure future for our Congregation and our local Jewish community!
To learn more, please contact Charles Shelan, chair of the TBH Life and Legacy Committee, at cshelan@comcast.net.

LIFE & LEGACY
Assuring JEWISH TOMORROWS
A program of the HAROLD GRINSPOON FOUNDATION

THANK YOU FOR YOUR DONATIONS!

Happy Birthday
Yom Huledet Sameach

2 Patricia Barr
2 Hilarie Hauptman
2 Amy Agnello
3 Sonja Dordal
3 Evan Hirsch
4 Rebecca Lewis
6 Samantha Sacks
7 Phyllis Mandel
7 Eva Lee Breuer
8 Estelle Marchand
8 Donna Mollan
9 Lawrence Goldstein
10 Sue Goldstein
11 Evan Grotsky
12 David Scherer Water
14 Stephanie Hoffman
15 Naomi de Jesus
18 Marcia David
20 Cora Littauer
21 Larry Poplack
23 Charles McDonald
23 Hanan Soicher
23 Jeffrey Trinin
25 Ruby Martin-Franklin
27 Cathy Wasserman
27 Jonathan Hanig
28 Sarah Furman
28 Maxwell Mondress

Over the last 20 years, Melaleuca fundraising has raised over $20,000 for TBH! The Melaleuca line features 400 alternative for items you may already be using every day. For more information, contact the TBH office.

To make donations, contact the CFD at (360) 902-4162 or cfd@sos.wa.gov.

Temple Beth Hatfiloh’s Charity Code is 1478808


Melaleuca
The Wellness Company
www.melaleuca.com

Lynn and I joyously included gifts to TBH in our estate planning because TBH has been a critical part of our lives since we started attending as a family in the mid-1980’s. The love and support we have received from TBH has been there from the beginning through simchas and shivas. The TBH community stood up for those of us who are LGBTQ even before it was common or acceptable.

TBH has been there to mark all of our family’s life cycle events in the Jewish tradition, starting with our daughter’s naming ceremony, then our son’s Bris, their Bat and Bar Mitzvahs, and supporting us as we mourned the deaths of our fathers and our beautiful niece. When we finally were given the right to legally marry after 32 years together, we had our wedding at TBH, with our Rabbi officiating and in celebration with our Jewish community. Helping provide for TBH’s future through the Life and Legacy Program is but one way that we can give back to secure its future for generations to come.

Making a legacy commitment to TBH is a simple process that can help ensure a strong and secure future for our Congregation and our local Jewish community!
To learn more, please contact Charles Shelan, chair of the TBH Life and Legacy Committee, at cshelan@comcast.net.

LIFE & LEGACY
Assuring JEWISH TOMORROWS
A program of the HAROLD GRINSPOON FOUNDATION

THANK YOU FOR YOUR DONATIONS!

Yes, I want to contribute to the ongoing vitality of Jewish life in Olympia and the South Sound!

Enclosed is my gift of:

[ ] $18 [ ] $36 [ ] $54 [ ] $108 [ ] $180 [ ] $360 [ ] Other:

[ ] Check payable to “Temple Beth Hatfiloh” is enclosed.

Sec. Code (Last 3 digits on back of card): [ ] Exp. Date:

Donor name: __________________________
Address: ______________________________
City/State/Zip: _________________________
Phone: ________________________________
Email: ________________________________

Your gift is tax deductible. Thank you for your generosity.

This gift is:
[ ] In honor of
[ ] In memory of
[ ] Wishing speedy recovery to
[ ] With thanks to
[ ] On yartzeit of

[ ] Please send a notification of this gift to:

Name: ________________________________
Address: ______________________________
City/State/Zip: _________________________

Donations, without amounts, will be acknowledged in TBH publications. Please mark if this is an ANONYMOUS donation: [ ]