

MI SHEBEIRACH—A PRAYER FOR HEALING

מִי שְׁפָרַךְ אֲבוֹתֵינוּ  
מִקּוֹר הַבְּרָכָה לְאֲמוֹתֵינוּ

*Mi shebeirach avoteinu*

*M'kor habracha l'imoteinu*

May the Source of Strength  
Who blessed the ones before us  
Help us find the courage  
To make our lives a blessing  
And let us say, Amen.

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מִקּוֹר הַבְּרָכָה לְאֲבוֹתֵינוּ

*Mi shebeirach imoteinu*

*M'kor habracha la'avoteinu*

Bless those in need of healing  
With *refuah shleimah*  
The renewal of body  
The renewal of spirit  
And let us say, Amen.

PLEASE DO NOT REMOVE THIS CARD.