

MITZVAH MORNING

Sunday, October 13, 2019



Join TBH for a morning of community service.

THIS YEAR'S PROJECTS:

- Gardening at GRuB
- Make “stone soup” with the Chesed Corps
- Pack, transport, and sort food for the Food Bank

Check the TBH website (www.bethhatfiloh.org) for updates and additional project information.

Sign-up sheets and more information will be available at the Tikkun Olam Information table in the sanctuary lobby during the High Holidays.

We will meet at TBH at 9:15 am Sunday morning, October 13.

Light breakfast will be provided at TBH before going to project sites.

Projects will start at their sites by 10:00 am.

2019 Annual TBH High Holiday Food Drive 5780

Since 2004, TBH has held this food drive as part of our obligation, as Jews, to help those in need. Many in our community face poverty and lack the security of knowing when and where they will get their next meal.

Please donate generously, with gratitude for all we have, in one or more of the following ways.



DONATE FOOD!

- Food will be collected from Erev Rosh Hashanah until the morning of October 13, the Sunday after Yom Kippur and Mitzvah Morning when the collection will go to the Food Bank.
- Bags will be available at services beginning on Erev Rosh Hashanah. You may also fill bags you already have at home.
- Bring a bag, take a bag! Those that donate a bag of food will receive a TBH cloth bag.
- Please **DO NOT OVER FILL** the bags to avoid tearing them. Use more bags with less in each. The bags themselves are part of our donations as the Food Bank needs them to distribute the food.
- No home-canned food.

Thurston County Food Bank suggested food donations (any nonperishable food is welcome)

- Baby food (jars)
- Baby formula
- Diapers
- Diaper wipes
- Canned chili
- Canned tuna
- Peanut butter
- Ensure
- Cereals
- Dry grains (rice, oats, and beans)

DONATE MONEY!

Make checks out to THURSTON COUNTY FOOD BANK

Drop your checks off in the secure office drop box, across from the TBH admin office door.

VOLUNTEER FOR THE FOOD BANK PROJECT ON MITZVAH MORNING!

More information is available at the Tikkun Olam information table in the sanctuary lobby.