

In our next Values and Deliberate Living class this **THURSDAY, AUGUST 13 at 8:00 p.m.**, we will address

### **Patience**

“Is Patience a Virtue? We are all familiar with the negative effects of impatience, but failure to take action can be just as big a spiritual obstacle. In both cases, it is likely that the person fails to see their own responsibility. Impatient people are certain that their fuming reaction has nothing to do with them, while others rationalize their inactivity by calling it patience. Patience is about responsibility - for your emotional response to situations, and for the situations themselves.” *Alan Morinis*

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Then, in our **MONDAY, AUGUST 17** Values and Deliberate Living class we will discuss PETS.

Almost all of us have lived with a pet at some point in our lives. We will talk about the JOY and the LIFE LESSONS we have learned from PETS.