KABBALAT PANIM — WELCOMING

BLESSINGS FOR SHABBAT

The candles are lit before the blessing is recited.

BARUCH atah, Adonai
Eloheinu, Melech haolam,
asher kid'shanu b'mitzvotav,
v'tzivanu l'hadlik
ner shel Shabbat.

BLESSED ARE YOU, Adonai our God, Sovereign of the universe,
who hallows us with mitzvot,
commanding us to kindle the light of Shabbat.

For Kabbalat Shabbat, turn to page 130.

Shabbat Candle Blessing — The mitzvah of kindling Shabbat lights in the home is an early rabbinic practice (M. Shabbat 2:1ff.) The Shabbat candle blessing is first recorded in the ninth-century prayerbook, Seder Rav Amram. Lighting Shabbat candles as part of the synagogue service is an innovation of Reform Judaism.
EVERLASTING LOVE

You offered Your people Israel by teaching us Torah and mitzvot, laws and precepts. Therefore, Adonai our God, when we lie down and when we rise up, we will meditate on Your laws and Your commandments. We will rejoice in Your Torah forever. Day and night we will reflect on them for they are our life and doing them lengthens our days. Never remove Your love from us. Praise to You, Adonai, who loves Your people Israel.

Baruch atah, Adonai, ohev amo Yisrael.
V'SHAMRU V'NEI YISRAEL
e et HaShabbat,
laasot et HaShabbat l'dorotam
b'rit olam.
Beini u'vein b'nei Yisrael
ot hi l'olam,
ki sheishet yamim asah Adonai
et hashamayim v'et haaretz,
u'vayom hashvi-i shavat vayinafash.

THE PEOPLE OF ISRAEL shall keep Shabbat,
observing Shabbat throughout the ages as a covenant for all time.
It is a sign for all time between Me and the people of Israel.
For in six days Adonai made heaven and earth,
and on the seventh day God ceased from work and was refreshed.

YISM'CHU v'malchur'cha
shomrei Shabbat v'korei oneg.
Am m'kad'shei shvi-i,
kulam yis'b'u v'yitangu mituvecha.
V'hashvi-i ratzita bo v'kidashto,
chemdat yamim oto korata,
zeicher l'maaseh v'reishit.

THOSE WHO KEEP SHABBAT by calling it a delight
will rejoice in Your realm.
The people that hallow Shabbat will delight in Your goodness.
For, being pleased with the Seventh Day, You hallowed it
as the most precious of days, drawing our attention to the work of Creation.
FOR THOSE WHO WEAR TALLIT

AS I WRAP myself in the tallit,
I fulfill the mitzvah of my Creator.

Before putting on tallit

Baruch atah, Adonai
Eloheinu, Melech haolam,
asher kid'shanu b'mitzvotav
v'zivanu l'hitteif batzitzit.

BLESSED ARE YOU, Adonai our God,
Sovereign of the universe,
who hallows us with mitzvot,
commanding us to wrap ourselves in the fringes.
MAH TOVU ohalecha, Yaakov,
mishk'notecha, Yisrael!

Vaani b'rov chas'd'cha
avo veitecha,
eshtachaveh el heichal kodsh'cha
b'yiratecha.

Adonai, ahavti m'on beitecha
un'kom mishkan kvodecha.

Vaani eshtachaveh v'echraah,
evr'chah lifni Adonai osi.

Vaani t'sfilati l'cha, Adonai,
et ratzon.
Elohim b'rov chasdecha,
anenin be-emet yishecha.

HOW FAIR are your tents, O Jacob,
your dwellings, O Israel.

I, through Your abundant love, enter Your house;
I bow down in awe at Your holy temple.

Adonai, I love Your temple abode,
the dwelling-place of Your glory.

I will humbly bow down low before Adonai, my Maker.

As for me, may my prayer come to You, Adonai, at a favorable time.
O God, in Your abundant faithfulness, answer me with Your sure deliverance.

The opening words of this passage are from Numbers 24:5 where they are recited by Balaam, the foreign prophet who was commissioned to curse the children of Israel. When he opened his mouth, blessings emerged instead of curses.

Vaani t'sfilati . . . As for me, may my prayer . . . The Hebrew text has often been creatively rendered as “I am my prayer” — All I have to offer in prayer is myself; my prayer begins in humility. Arthur Green

Vaani b'rov chas'd'cha . . . I, through Your abundant love . . . Psalm 5:8
Adonai, ahavti . . . Adonai, I love . . . Psalm 26:8
Vaani t'sfilati . . . As for me, may my prayer . . . Psalm 69:14
A PSALM, a song for Shabbat.

It is good to praise Adonai; to sing hymns to Your name, O Most High, to proclaim Your steadfast love at daybreak, Your faithfulness each night with a ten-stringed harp, with voice and lyre together.

You have gladdened me by Your deeds, Adonai; I shout for joy at Your handiwork. How great are Your works, Adonai, how very subtle Your designs!

A brute cannot know, a fool cannot understand this:

The righteous bloom like a date-palm; they thrive like a cedar in Lebanon;
planted in the house of Adonai, they flourish in the courts of our God.
In old age they still produce fruit; they are full of sap and freshness,
attesting that Adonai is upright, my Rock, in whom there is no wrong.
R’TZEI, Adonai Eloheinu, b’amcha Yisrael,
ut’filatam b’ahavah r’kabeil,
ut’hi l’ratzon tamid
avodat Yisrael amecha.
El karov l’chol korav,
p’nei el avadecha v’choneinu,
sh’foch ruchacha aleinu.

FIND FAVOR, Adonai, our God, with Your people Israel
and accept their prayer in love.
May the worship of Your people Israel always be acceptable.
God who is near to all who call, turn lovingly to Your servants.
Pour out Your spirit upon us.

ROSH CHODESH, PESACH, AND SUKKOT

Eloheinu v’Elohei avoteinu v’imoreinu,
yaleh v’yavo, v’yizcheir zichroneinu
v’zichron kol amcha beit Yisrael l’fanach,
l’tovah, l’chein ul’chessed ul’rachamim,
l’chayim ul’shalom, b’Yom

Rosh HaChodesh hazeh.
Chag HaMatzot hazeh.
Chag HaSukkot hazeh.

Ufokeinu vo liv’rachah. Amen.

Our God and God of our fathers and mothers, on this
(first day of the new month) — (day of Pesach) — (day of Sukkot)
be mindful of us and all Your people Israel,
for good, for love, for compassion, life and peace.
Remember us for wellbeing. Amen.

V’tehzeenah oneinu b’shuv’cha
l’Tzion brachamim.

LET OUR EYES BEHOLD Your loving return to Zion.
Blessed are You, Adonai, whose Presence returns to Zion.

Baruch atah, Adonai,
hamachazir Shechinato l’Tzion.
Standing with the Torah, recite these verses.

BARUCH shenatan Torah
l'amo Yisrael bikkudshato.

BLESSED IS GOD who in holiness gave the Torah to the people Israel.

שמע ישראל, נא להוליזם, נא אחד.
Sh'ma Yisrael, Adonai Eloheinu, Adonai Echad.

HEAR, O ISRAEL, Adonai is our God, Adonai is One.

Echod Eloheinu gadol Adoneinu,
kedosh sh'mo.

OUR GOD IS ONE, Adonai is great, holy is God's Name.

Gadlu l'Adonai iti,
un'rom'mah sh'mo yachdav.

EXALT ADONAI with me, let us extol God's Name together.

L'cha Adonai hag'dulah v'hag'vurah
v'hatiferet v'haneitzach v'hahod,
ki chol bashamayim uvaaretz.

L'cha Adonai hamamlachah
v'hamitnasei l'chol l'rosh.

YOURS, ADONAI, is the greatness, might, splendor, triumph, and majesty —
yes, all that is in heaven and on earth.
To You, Adonai, belong sovereignty and preeminence above all.

The Torah is unwrapped.

Sh'ma Yisrael... Hear O Israel... Deuteronomy 6:4
Gadlu l'Adonai iti... Exalt Adonai with me... Psalm 34:4
L'cha Adonai hag'dulah... Yours, Adonai, is the greatness... I Chronicles 29:11