



# Young Israel of Forest Hills Shabbos Handout

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26 Teves 5778 Shabbos Vayeira January 12-13, 2018		
Shabbos Mevorchim Shevat		
SHABBOS SCHEDULE	SHABBOS CLASSES	WEEKLY SCHEDULE
Candle lighting 4:31pm		Daf Yomi (Rabbi Bezalel Ostrow)
Mincha 4:36pm		Sunday – 7:15am, Mon-Fri – 6:00am
Sephardic Mincha 4:15pm		<b>Advanced Gemara</b> (Rabbi Schreier)
	Daf Yomi (Rabbi Bezalel Ostrow)	Sunday 9:15am
Hashkama Minyan 8:00am	Will <u>not</u> meet this Shabbos	<b>Halacha</b> (Rabbi Ilan Meirov)
Main Shul 8:45am		Sunday 9:15am
GBM Minyan 9:15am	Talmud Shiur (Rabbi Schreier)	<b>Sunday pm Shiurim</b> (Rabbi Shai Tahan)
Tiffereth Shalom 8:30am	3:55pm	Will <u>not</u> meet this week
Sof Zman Krias Shema 9:41am		
Mincha 4:25pm	Women's Parsha Group	<b>Tehillim Group</b>
Maariv 5:32pm	On winter break	Monday 7:40pm
Shabbos ends 5:40pm	Watch handout for date of next session	<b>Nach – Shmuel I</b> (Rabbi Chaim Wagner)
Seudah Shlishis is sponsored by Mrs. Bernice Weiss in memory of her beloved mother, Mrs. Bessie Goldberg a"h.		Monday 8:20pm
		<b>Adv. Talmud</b> (Rabbi Hershel Schachter)*
		Tuesday 8:00pm
<b>SHACHARIS</b>	<b>MINCHA THIS WEEK</b>	<b>"Beyond the Parsha"</b> (Rabbi Schreier)*
Sunday 8:15am	4:40pm	Wednesday 8:00pm
Mon, Thurs 6:40am		*previous shiurim available on
Tues. Fri. 6:50am		<a href="http://www.yutorah.org">www.yutorah.org</a>
Wed. <b>ROSH CHODESH</b> 6:30am		

**\*\*Cong. Tiffereth Shalom** – the Sephardic Minyan of YIFH (Shabbos, Sun. -Ballroom, weekdays – Wagner Bais Medrash)  
**Daily** Shacharis: Sunday 8:00am, Mon-Fri. 7:00am  
**Shabbos** Shacharis 8:30am

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**MAZEL TOV:**

Rosie and Dr. Mark S. Friedman on the bar mitzvah celebration of their grandson, Shlomo David Yehaskel - son of Davida and Marc Yehaskel of Great Neck, NY, and great-grandson of Jean and Eugen Gluck of Forest Hills, and Adi Friedman of Lawrence, NY. Thank you to the Friedmans for their generous donation to the Simcha Fund.

Rabbi Avner and Bracha (Wagner) Shapiro on the birth of a grandson. Mazel tov to the parents, Chava and Avraham Friedler and to the entire Wagner, Shapiro and Friedler families.

**WELCOME:**

To our new members Aliza and Daniel Bochner

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**YIFH SENIOR LEAGUE**

68-07 Burns Street 718-520-2305 Hindy Chanales, Director

Mon. – Breaded Baked Chicken	<i>Soup is served Mon. Wed. and Fri.</i>
Tues. - Garlic Chicken Meatballs	
Wed. – Stir-Fry Chicken	<i>Menus are subject to change</i>
Thurs. – Baked Salmon	
Fri.– Baked Chicken	

FUNDED UNDER CONTRACT WITH NYC DEPT FOR THE AGING



This Wednesday, at 8:00pm in the Gluck Bais Medrash, **RABBI SCHREIER** will give the next in the series **“BEYOND THE PARSHA: CONNECTING THE PARSHA TO OUR DAILY LIVES”**. The topic this week is **“Moshe’s Makkos vs. Pharaoh’s Magicians: Why They Were Never Playing the Same Game”**. Men and women are invited to attend any or every shiur.

**CHILDREN’S CLASSES BEGINNING THIS SUNDAY**  
**ART & FITNESS**

Sundays 10-11am, Ages 5-8  
 In this fun and exciting class we will work on functional and creative fitness, with an emphasis on improving strength, balance, coordination, and flexibility. In addition to our workouts we'll be working on artistic fundamentals, with a variety of drawing projects.

**FITNESS & ANATOMY**

Sundays 11am-12pm, Ages 9-12  
 In this class we'll be learning the basics of anatomy, with an emphasis on the function of the different bones and muscles. There will be a variety of drawing lessons, games, and new movements taught throughout this class.

cost: \$62 for 4 classes  
**(We will not have class on Jan 21 - winter vacation)**  
 Info: Call or text Galit: 646-354-3826.

A **“MOMMY AND ME”** class for mothers and toddlers 18 months and up takes place at our Young Israel Wednesday mornings at 10am in the Gluck Bais Medrash. Play Hooray is running Mommy and Me.  
 Info: Rene Skoczylas: [rene.frank1@gmail.com](mailto:rene.frank1@gmail.com)



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**YOUNG ISRAEL OF FOREST HILLS**

proudly presents our annual

**TU B'SHEVAT SEDER**

participatory celebration of the New Year of the Trees  
for adults and children

**Tuesday, January 30, '18 at 7:30pm**  
**Young Israel of Forest Hills Ballroom**

Have a light supper at home.

Then, come learn with Rabbi Ashie Schreier and be inspired as we sample a variety of fruits and grains, drink 4 cups of wine (or grape juice) - mixing red and white, and discuss the spiritual significance of the holiday, its food and drink, and its deeper meanings.

Cost:

\$5, maximum \$18 per family if you pre-register by January 25.

(A "family" is parents and children under 18 years of age)

After January 25: \$10, \$25 per family.

Sponsorship: \$25 or more includes 2 reservations.

*We hope you'll join us!!*

*Help us by registering early, so we know how much food to buy!!*

To register, call the shul office at 718-268-7100, return the form you receive in the mail, email [youngisrael@yifh.org](mailto:youngisrael@yifh.org), or donate at [yifh.org](http://yifh.org) (choose Special Events under "Type" and enter "Tu B'Shvat Seder" in the payment notes).

For more information, or to volunteer to help with shopping or setup, contact the shul office.

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**REFUAH SHLAIMAH:**

Chaim Yaakov Lev ben Miriam - Jerry Ornstein

Yaakov Ben Sarah - J.E.

Yaakov Menachem Mendel ben Yocheved (Zimmer brother)

Yechezkel Moshe ben Leah - Charley Braunfeld of C Town

Avner ben Gittel Tova (fr. Sandy Cohen)

Alon ben Shoshana (fr. Epstein)

Azriel Meir ben Yehudis Avigail (boy, fr. Klein)

Eliyahu Simcha ben Rivka Chaya (fr. CK)

Raizel bas Pessel - Rai Garfield

Sima Gittel bas Etta Reva

Chaya Bracha bas Miriam Tova (fr. Epstein)

Esther bas Malka (Epstein relative)

Shayna Bas Leah (fr. Holcman)

Chaya Fayga bat Zlata (SK)

Shoshana Basya bas Rochel D'vorah

Nechama bas Shayna (Rachel E's mother)

Miriam bat Chana (BLS)

Batya bas Miriam (BLS)

Aviva bas Rus

Nechama Yocheved bas Hana (fr. HL)

Esther Golda bas Hinda (fr. SGR)

Jerusalem Bus Station Stabbing: Asher ben Tamar

Brooklyn Fire: Shilat bat Luza Aliza, Daniel ben Luza Aliza,  
Yosef ben Ahuva Masuda

YOUNG ISRAEL OF FOREST HILLS  
ANNOUNCES THE START OF A NEW  
**WOMEN'S YOGA CLASS WITH MARIANA**  
THURSDAYS AT 7:00PM (come early)  
IN THE BALLROOM  
**BEGINNING THIS THURSDAY, JANUARY 18**

*Mariana has been teaching Yoga for over 12 years. In her own style, she combines Yoga, Traditional Naturopathy & Cosmetology to help people improve their health, nurture their body and cultivate beauty.*

Bring a mat or a large towel, and a bottle of water.  
Wear comfortable clothing (for bending, stretching, lying down).  
Come, and enjoy!

\$10 per class for shul members, \$12 per class for non-members

**COMMUNITY ANNOUNCEMENTS**

**CHAZAQ EVENTS:** 718-285-9132, info@Chazaq.org, [www.chazaq.org](http://www.chazaq.org)

See our bulletin boards for details:

**CHAZAQ, Maimonides, ABA & Beth Gavriel present a Blood Drive** Sunday January 21 10AM, Beth Gavriel (Forest Hills)

**CHAZAQ & Beth Gavriel present Dr. Jack Cohen: "What's Getting in the Way of You Getting Married?"**, Sunday Jan. 21, 8PM, Beth Gavriel (Forest Hills)

**SENIORS EVENT: Self-Defense Demo**, Tues. Jan. 23, 3-6PM  
Queens Library (Kew Garden Hills)

**RSVP Required please call 718-285-9132**

**CONTACT INFO FOR RABBI AND LONNI OPPENHEIMER:**

Rabbi: 053-624-1802 [lenopp@gmail.com](mailto:lenopp@gmail.com)

Lonni: 053-623-7266