

PRAYER FOR THE CORONAVIRUS CRISIS

Eternal One, Rock of our lives, we turn to you in the midst of this coronavirus crisis, seeking refuge and a foothold – and also encouragement as we try to find our own courage.

As social distancing prevents us from experiencing the joys of life in community, may the need to withdraw and stay well be accompanied by the urge to reach out to others with compassion and care and to forge and renew connections, even in the absence of physical contact.

Recalling the trials of those who went before us and their endurance and survival, may we find the strength to endure even in the face of pain and loss, and the insight to know that this challenging time will pass.

As the natural world renews itself, may we be inspired by the wonders and marvels of the Earth to discover through this crisis pathways to renewal and new hope.

And let us say: Amen.

Rabbi Elli Tikvah Sarah
Brighton and Hove Progressive Synagogue
March 2020 – Adar 5780