



**WELCOME TO
RADLETT REFORM SYNAGOGUE**

SHABBAT SERVICES

26 - 27 January 2024

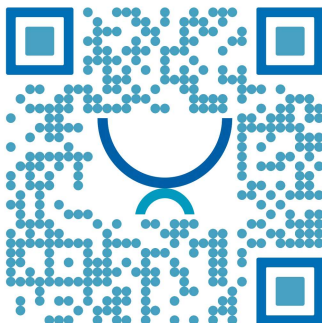
17 Sh'vat 5784

לְחַיִּים L'CHAIM

*Our thanks to the following for their donations to
support the life of our community this week:*

*Sarah-Jane and Paul Reemer
on the occasion of Danny's Bar Mitzvah*

If you would like to donate to support the life of our community,
please contact the office or scan the QR code below



SHABBAT SHIRAH

EREV SHABBAT ROCK SERVICE

Led by: Rabbi Paul Freedman
and Rock Shabbat UK

SHABBAT MORNING SERVICE

Led by: Danny Reemer (Bar Mitzvah) and Rabbi Paul Freedman

Parashat B'shallach

Exodus 16:11-27
(pages 2-3)
(Plaut Chumash pages 444)

Haftarah

Judges 6:11-24
(page 4)

Wardens: Jack Alvarez and Malcolm Green

Welcomers: Barbara Ruben

If you are commemorating a Yahrzeit and would like a name included before Kaddish please give the name to the wardens

י"א וַיְדַבֵּר יְהוָה אֶל-מֹשֶׁה לֵאמֹר: י"ב שְׁמַעְתִּי אֶת-תְּלוּנַת בְּנֵי יִשְׂרָאֵל
 דִּבֹּר אֱלֹהִים לֵאמֹר בֵּין הָעַרְבִים תֹּאכְלוּ בָשָׂר וּבִבְקָר תִּשְׁבְּעוּ-לָחֶם
 וַיִּדְעַתֶּם כִּי אֲנִי יְהוָה אֱלֹהֵיכֶם: י"ג וַיְהִי בָעֶרֶב וַתַּעַל הַשָּׁלֹ וַתִּכַּס
 אֶת-הַמִּחֲנֶה וּבִבְקָר הָיְתָה שְׂכֶבֶת הַטֹּל סָבִיב לַמִּחֲנֶה: י"ד וַתַּעַל
 שְׂכֶבֶת הַטֹּל וְהָיָה עַל-פְּנֵי הַמִּדְבָּר דֶּק מַחֲסָפִס דֶּק כִּכְפֹּר
 עַל-הָאָרֶץ: ט"ו וַיֵּרְאוּ בְנֵי-יִשְׂרָאֵל וַיֹּאמְרוּ אִישׁ אֶל-אָחִיו מִן הָאָדָם
 כִּי לֹא יָדָעוּ מִה-הוּא וַיֹּאמֶר מֹשֶׁה אֱלֹהִים הוּא הַלֶּחֶם אֲשֶׁר נָתַן
 יְהוָה לָכֶם לֵאכֹלָה: ט"ז זֶה הַדָּבָר אֲשֶׁר צִוָּה יְהוָה לִקְטוֹ מִמֶּנּוּ אִישׁ
 לְפִי אֲכָלוּ עֹמֶר לְגִלְגָּלֶת מִסֹּפֶר נַפְשֹׁתֵיכֶם אִישׁ לְאִשֶּׁר בְּאֵהָלוֹ
 תִקְחוּ:

י"ז וַיַּעֲשׂוּ-כֵן בְּנֵי יִשְׂרָאֵל וַיִּלְקְטוּ הַמֶּרְבֶּה וְהַמִּמְעִיט: י"ח וַיִּמְדּוּ
 בַּעֲמֹר וְלֹא הָעֲדִיף הַמֶּרְבֶּה וְהַמִּמְעִיט לֹא הִחֲסִיר אִישׁ לְפִי-אֲכָלוֹ
 לִקְטוֹ: י"ט וַיֹּאמֶר מֹשֶׁה אֱלֹהִים אִישׁ אֶל-יֹתֵר מִמֶּנּוּ עַד-בִּקָּר:
 כ' וְלֹא-שָׁמְעוּ אֶל-מֹשֶׁה וַיֹּתְרוּ אֲנָשִׁים מִמֶּנּוּ עַד-בִּקָּר וַיִּרְם
 תּוֹלָעִים וַיִּבָּאֵשׁ וַיִּקְצֹץ עֲלֵהֶם מֹשֶׁה:

כ"א וַיִּלְקְטוּ אֹתוֹ בַּבֶּקֶר בַּבֶּקֶר אִישׁ כִּפִּי אֲכָלוּ וְחֶם הַשֶּׁמֶשׁ וְנִמַּס:
 כ"ב וַיְהִי בַיּוֹם הַשִּׁשִּׁי לִקְטוֹ לָחֶם מִשְׁנֵה שְׁנֵי הָעָמֶר לְאָחָד וַיִּבְאוּ
 כָּל-נִשְׂיָאֵי הָעֵדָה וַיִּגִּידוּ לְמֹשֶׁה: כ"ג וַיֹּאמֶר אֱלֹהִים הוּא אֲשֶׁר דִּבֶּר
 יְהוָה שְׁבַתוֹן שְׁבַת-קָדֵשׁ לִיהוָה מָחָר אֵת אֲשֶׁר-תֹּאפּוּ אַפּוֹ וְאֵת
 אֲשֶׁר-תִּבְשְׁלוּ בִשְׁלוּ וְאֵת כָּל-הָעֵדָה הִנִּיחוּ לָכֶם לְמִשְׁמַרַת
 עַד-הַבֶּקֶר: כ"ד וַיִּנְיְחוּ אֹתוֹ עַד-הַבֶּקֶר כַּאֲשֶׁר צִוָּה מֹשֶׁה וְלֹא
 הִבָּאִישׁ וְרָמָה לֹא-הָיְתָה בּוֹ: כ"ה וַיֹּאמֶר מֹשֶׁה אֲכָלְהוּ הַיּוֹם
 כִּי-שְׁבַת הַיּוֹם לִיהוָה הַיּוֹם לֹא תִמְצָאֻהוּ בַשָּׂדֶה: כ"ו שֵׁשֶׁת יָמִים
 תִּלְקְטֻהוּ וּבַיּוֹם הַשְּׁבִיעִי שְׁבַת לֹא יִהְיֶה-בּוֹ: כ"ז וַיְהִי בַיּוֹם הַשְּׁבִיעִי
 יָצְאוּ מִן-הָעֵם לִלְקֹט וְלֹא מָצְאוּ:

EXODUS 16:11-27

¹¹ The ETERNAL spoke to Moses: ¹² “I have heard the grumbling of the Israelites. Speak to them and say: By evening you shall eat flesh, and in the morning you shall have your fill of bread; and you shall know that I the ETERNAL am your God.” ¹³ In the evening quail appeared and covered the camp; in the morning there was a fall of dew about the camp. ¹⁴ When the fall of dew lifted, there, over the surface of the wilderness, lay a fine and flaky substance, as fine as frost on the ground. ¹⁵ When the Israelites saw it, they said to one another, “What is it?”—for they did not know what it was. And Moses said to them, “That is the bread which the ETERNAL has given you to eat. ¹⁶ This is what the ETERNAL has commanded: Gather as much of it as each of you requires to eat, an *omer* to a person for as many of you as there are; you shall each fetch for those in your tent.”

¹⁷ The Israelites did so, some gathering much, some little. ¹⁸ But when they measured it by the *omer*, anyone who had gathered much had no excess, and anyone who had gathered little had no deficiency: they had gathered as much as they needed to eat. ¹⁹ And Moses said to them, “Let no one leave any of it over until morning.” ²⁰ But they paid no attention to Moses; some of them left of it until morning, and it became infested with maggots and stank. And Moses was angry with them.

²¹ So they gathered it every morning, as much as each one needed to eat; for when the sun grew hot, it would melt. ²² On the sixth day they gathered double the amount of food, two *omers* for each; and when all the chieftains of the community came and told Moses, ²³ he said to them, “This is what the ETERNAL meant: Tomorrow is a day of rest, a holy sabbath of the ETERNAL. Bake what you would bake and boil what you would boil; and all that is left put aside to be kept until morning.” ²⁴ So they put it aside until morning, as Moses had ordered; and it did not turn foul, and there were no maggots in it. ²⁵ Then Moses said, “Eat it today, for today is a sabbath of the ETERNAL; you will not find it today on the plain. ²⁶ Six days you shall gather it; on the seventh day, the sabbath, there will be none.” ²⁷ Yet some of the people went out on the seventh day to gather, but they found nothing.

JUDGES 6:11-24

¹¹An angel of the ETERNAL came and sat under the large oak in Ophrah, which belonged to Joash the Avi-ezrite. His son Gideon was busy beating out wheat inside a winepress in order to keep it safe from the Midianites. ¹²The angel of the ETERNAL appeared to him and said to him, "The ETERNAL is with you, brave warrior!" ¹³Gideon said to him, "Please, my lord, if the ETERNAL is with us, why has all this happened to us? Where are all God's wondrous deeds that our ancestors told us about, saying, 'Truly the ETERNAL brought us up from Egypt'? Now the ETERNAL has abandoned us and delivered us into the hands of Midian!" ¹⁴The ETERNAL turned to him and said, "Go in this strength of yours and save Israel from the Midianites. I hereby make you My messenger." ¹⁵Gideon said to God, "Please, my lord, how can I save Israel? My clan is the humblest in Manasseh, and I am the youngest in my father's household." ¹⁶The ETERNAL replied, "I will be with you, and you will defeat Midian down to the last person." ¹⁷And he said to God, "If I have gained Your favour, give me a sign that it is really You who are speaking to me: ¹⁸do not leave this place until I come back to You and bring out my offering and place it before You." And God answered, "I will stay until you return."

¹⁹So Gideon went in and prepared a kid, and baked unleavened bread from an *ephah* of flour. He put the meat in a basket and poured the broth into a pot, and he brought them out to God under the large oak. As he presented them, ²⁰the angel of God said to him, "Take the meat and the unleavened bread, put them on that rock over there, and pour out the broth." So he did. ²¹The angel of the ETERNAL held out the staff that he carried, and touched the meat and the unleavened bread with its tip. A fire sprang up from the rock and consumed the meat and the unleavened bread. And the angel of the ETERNAL vanished from his sight. ²²Then Gideon realised that it was an angel of the ETERNAL; and Gideon said, "Alas, O Lord GOD! For I have seen an angel of the ETERNAL face to face."

²³But the ETERNAL said to him, "All is well; have no fear, you shall not die." ²⁴So Gideon built an altar to the ETERNAL there and called it *Adonai-shalom*. To this day it stands in Ophrah of the Avi-ezrites.

PRAYER FOR HEALING

*Mi shebbeirach avoteinu,
avraham, yitschak, v'ya'akov
sarah, rivkah, rachel v'leah
hu y'vareich viyrappei
et ha-cholim.
El na r'fa na lah.*

מִי שֶׁבֵּרַךְ אֲבוֹתֵינוּ
אַבְרָהָם יִצְחָק וְיַעֲקֹב
שָׂרָה רִבְקָה רָחֵל וְלֵאָה
הוּא יְבָרֵךְ וְיִרְפֵּא
אֶת־הַחֹלִים:
אֵל נָא רַפָּא נָא לָהּ:

May the One who blessed our ancestors, Abraham, Isaac and Jacob, Sarah, Rebecca, Rachel and Leah, bless and heal those who are ill. God, please, send healing.

Our **Community Support Worker**, Shiran Goren can offer care and welfare support and advice covering any number of needs, concerns and worries that members may have. Please call her directly on 01923 927344 (or WhatsApp) if you feel you would like to discuss health concerns, home or family problems and financial difficulties.

Our **Designated Safeguarding Lead** is Carol Green who can be contacted at safeguarding@radlettreform.org.uk

ANNOUNCEMENTS

Friday 2nd February

Erev Shabbat Service	6.30pm
Local Erev Shabbat Service in Welwyn with bring and share	
Chavurah Supper	6.30pm

Saturday 3rd February

Shabbat Morning Service with Ethan Yalovsky's Bar Mitzvah	10.30am
Shabbat Morning Alternative Service commemorating the 60th Anniversary of the Czech Scrolls	10.30am

House of Prayer

Erev Shabbat and Festival Evening Services	6.30pm
Shabbat/Festival Morning Services	10.30am
Shabbat Morning Alternative Service on 1st Shabbat of month	10.30am
Tots' Services on 2nd Shabbat of month (ages 0-5)	10.30am
Shabbat Morning Parallel Service on 3rd Shabbat of month	10.30am
Family Services on 4th Shabbat of month (ages 5-11+parents)	11.00am
Fretz Service & Chavurah Supper on 3 rd Friday of month	6.30pm
Service & Chavurah Supper at Welwyn on 1st Friday of month	6.30pm

House of Study (during term time)

Religion School

BM Mechina 2 Friday Evenings	5.15pm
BM Mechinah 1 & 4 Saturday morning	9.15am - 10.15am
Gan to Vav (YR-Y6) Sunday morning (at Clore Shalom)	10.00am - 12.30pm

The Learning Circle (Adult Education)

A large variety of courses and classes throughout the week, daytime and eve.

House of Community

Beavers, Cubs and Scouts; Youth activities and schemes; Chavurah Suppers; CSW - providing support and practical assistance in our community; Sunday Coffee Connect; Social@Radlett Reform; Thursday Club for mature members; and Table Tennis.

All services and events can be found on our calendar
<https://www.radlettreform.org.uk/calendar>

If you are interested in joining Radlett Reform Synagogue, or would like any more information, please call **01923 856110**