Welcome from the Editor

Welcome to the latest edition of Keshet. A host of activities are planned for the next 4 months, most are included in this magazine but there are also a number that you’ll find in our weekly newsletter. From a new sewing/ knitting group to our regular walking group, a trip to the Amazon Warehouse, Radlett Reform’s own Craft Fair, High Holy Day details and Chanukkah activities. A busy few months ahead.

Can you help?

Keshet is a Tri-yearly magazine for the community. It is created and edited solely by volunteers and, although we do have a few adverts, the main cost of the printing outweighs our advertising income. Do you run a business? Would you like to sponsor an edition of Keshet? This will include your business name on the front of the magazine and a full page advert inside. Interested? Please call the office or email office@radlettreform.org.uk for more details.

We look forward to seeing you over the High Holy Day period and take this opportunity to wish you all Shana Tova

Laurence Turner
Editor

Synagogue Directory

Main Office:
Tel no: 01923 856110    Email: office@radlettreform.org.uk
Office Hours: Monday to Thursday: 10:00 to 16:00, Friday: 10:00 to 14:00

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rabbipaul@radlettreform.org.uk

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rabbicelia@radlettreform.org.uk

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Keshet Production:
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Copy deadline for next issue
(Jan - Apr):
25th Nov 2019
keshet@radlettreform.org.uk
Mazal Tov to Terry Hyman who received a Special Lifetime Achievement Award from Middlesex CCC for Services to Recreational Cricket.

Also a special mention goes to Toby Anthony, a Madrich on our Barmitzvah programme, who scored in the final of the u18 football, leading GB to victory at the recent European Maccabi Games in Budapest...Well done Toby!

Please do share any special news with us here at Keshet@radlettreform.org.uk

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**Dates for your Diary**

**September 11th** Film Night showing Green Book

**September 22nd** 4:30pm
Music for a Sunday Afternoon *See page 14*

**October 30th** 10.30am
Visit to Amazon Fulfilment Warehouse in Dunstable – book on our website www.radlettreform.org.uk/box-office

**November 15th** Induction of Cantor Sarah (followed by Chavurah dinner)

**December 8th** Chanukkah gift & Craft Fayre at Radlett Reform Synagogue *Page 31*

**December 27th** Rock of Ages Chanukkah Kabbalat Shabbat *Page 14*

Please check our weekly newsletter for more details

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Do you shop on the Amazon Website? If so, Amazon will give us a donation if you choose Radlett Reform as your nominated charity before you buy your items. It does not cost you any more.

Just go to www.smile.amazon.co.uk each time you shop.
How to avoid pulling a penitential muscle

Many years ago, I was playing badminton with a friend at a local sports centre. As in many such centres, the main hall is large and with very high ceilings, making it hard to heat in the winter. So the combination of the air temperature and the fact that my friend didn’t do all those tiresome stretches and ‘loosening up’ exercises beforehand meant that within minutes there was an audible snap (followed by an equally sharp ‘Ow!’) as something horrible happened to one of his ligaments. He then spent several months limping around, regretting the fact that he didn’t bother with a quick ‘warm up’.

A Wimbledon tennis match on the BBC wouldn’t be the same without the ritual warm-up also broadcast before it (while a commentator armed with the latest computer wizardry gives us all the background statistics). Similarly if you have enjoyed the cricket this summer, you’ll know that some time is spent in the nets as well as limbering up before any bowling or coming out to bat. I famously don’t really follow football, but the principle of pre-match stretching has to be the same. We may not see all of it as part of the television coverage, but the fact is that the warm-up is an important part of a sports player’s preparation. A ‘cold start’ won’t do.

Well, the tennis and cricket seasons may be drawing to a close, the football season just underway (?) but another season will soon be upon us – the High Holyday season. It is an intensive period of exercise, but in this instance it’s our souls rather than our bodies that will be the focus of the workout. In fact with Rosh Hashanah a month away, the Jewish calendar has its own warm-up period built in. The month of Elul begins on Sunday 1st September and it offers a number of opportunities to prepare ourselves for the month of Tishri (containing Rosh Hashanah, Yom Kippur, Sukkot and Shmini Atzeret / Simchat Torah) that follows.

One tradition is to blow the shofar every morning in Elul, announcing that “the High Holydays are coming!” The shofar blasts on Rosh Hashanah are not supposed to be an isolated fanfare but rather the culmination of a month of preparation. If you don’t have a shofar blower in the house, you could instead reflect on the three shofar notes each morning. Tekiah (the long, piercing note) – What in yourself or in your life stand out as things you want to endure? How will you nurture those elements? Shevarim (meaning broken) – What in your life is broken and needs fixing? Teruah (meaning a cry of alarm or joy) – What in your life gives you cause for alarm and what gives you cause for joy? Can you minimise one and maximise the other, for yourself and for others? There is also a tradition of reciting Psalm 27, asking for God’s presence and support at this time, each day in Elul. If you would prefer a little more variety, the High Holyday machzor provides a guide to this preparatory season with ‘A Calendar of Readings for the Month of Elul’ on pages 3-15.

As we get towards the end of Elul, there is our beautiful Saturday night S’lichot service that is a prelude – both in its tone and music – to Rosh Hashanah and Yom Kippur. This year, on Saturday 21st September, begins with havdalah at 8pm, and promises to be a real treat (of Torah, Tunes, or Tastes).

You may have other ways of preparing yourself in Elul for the High Holydays. It doesn’t matter how you warm up. But whatever you do, don’t just leave it until Tishri. If you approach the season unprepared, you’re likely to pull a penitential muscle. And of course these should be the ‘Days of Awe’ not the ‘Days of Ow’!
It’s not long to Rosh Hashanah, a time of contemplation and reflection. Like all the synagogue Chairs before me, I know that there is plenty that we can improve, but one of the best bits about being Chair is when someone says “I really enjoyed that” or “the synagogue has made me feel really special today”. You know then, that they are part of our community, our ‘family.’

The professional team with many volunteers have been working hard to increase and improve our provision for our members, whilst introducing change slowly and carefully, so that we get it right.

But we have changed: I was clearing my loft recently and came across a large pile of old synagogue magazines from 25 years ago (I’m not generally a hoarder but myself + Lawrence produced the magazine back then). It’s great to see that many of the people involved then are still involved, with a lot more now too.

Our Services have certainly changed. No longer a one-size-fits-all offering - some weekends we have had as many as 6 services (3 in different locations on a Friday night and 2 on a Saturday morning and Mincha in the afternoon). But it’s not just the quantity of services that have grown and changed, it is also the style and variety. Want something more contemplative or prefer something livelier? Enjoy looking at prayer through the lens of film or whilst walking through our beautiful countryside? We have and will continue to offer a wide variety of different prayer experiences, in the synagogue building and elsewhere - something for everyone and one of the unique and special aspects of our synagogue.

Our Pastoral Care has increased. Our Community Support Worker co-ordinates care with our clergy team as well as with an excellent small team of volunteers and external professionals where necessary.

Our clergy team has grown and now with 3 members of clergy we can really meet our members’ needs.

We have one of the largest chederim in the Reform Movement which goes from strength to strength, we are justifiably proud of our students and the hard work and dedication of the teaching staff.

Our building gives us many challenges, and whilst core repairs are funded from membership, we continue to be grateful for donations for specific projects, enabling us to offer more to our growing and diverse membership.

I’m also grateful for our professional office team who, over the last couple of years, have transitioned our back-end processes to ones that are fit for purpose, whilst also doing the very busy day job.

I’ve only touched the surface of our changing community, but we are in a good shape to go into the New Year with confidence and pride. I wish you and your families L’Shana Tova and hope it’s a happy and healthy one for all of us.
### Erev Rosh Hashanah

**Sunday 29th September**

- **Family Service**
  - Synagogue, 5.00pm
- **Main Service**
  - Synagogue, 6.30pm

### Rosh Hashanah 1st Day (10am) and Yom Kippur morning (10.30am) services:

- Tekiah: tots and pre-school
  - Synagogue Jon Young Hall
- Shevarim: Rec to Yr 3 + families
  - Synagogue Back Hall
- Teruah: Yrs 4 to 6 + families
  - Synagogue Main Sanctuary
- Tekiah Gedolah: Yrs 7 to 9
  - Christchurch Upstairs
- Chavurah: informal alternative
  - Christchurch Vision Hall
- Main Choral
  - Christ Church Marquee

### Rosh Hashanah 2nd Day

**Synagogue, 10.30am**

- Main service, with Torah service options including Family fun!

### Kol Nidrei

**Tuesday 8th October**

- **Family Service**
  - ChristChurch Marquee, 5.00pm
- **Main Service**
  - ChristChurch Marquee, 7.00pm

### Yom Kippur Afternoon/Evening in the Marquee

**Wednesday 9th October**

- **Musaf**
  - 1.45pm
- **Minchah**
  - 3.30pm
- **Minchah Alternative**
  - Christ Church upstairs
  - 3.30pm
- **Yizkor (Memorial)**
  - 5.00pm
- **Ne’ilah**
  - 6.00pm

### Erev Sukkot

**Sunday 13th October**

- Family celebrations at 4.00pm & whole community service at 6.00pm

### Sukkot

**Monday 14th October**

- 10.30am

### Erev Simchat Torah

**Sunday 20th October**

- 6.00pm

- ‘Pizza in the Hut’ for Rec to Yr 6 at 5.00pm & whole community service at 6.00pm, followed by bring-and-share dinner

### Simchat Torah

**Monday 21st October**

- 10.30am

- Festive service with music and dancing, to honour our Kallat Torah – Lisa Leighton and Chatan B’reishet – Nigel Kidd

*More details for all our services can be found in the High Holyday Guide*
WE HAVE

BUYERS & TENANTS WAITING
FOR PROPERTY IN THIS AREA

Call us to arrange a free market appraisal or pop in to discover why we are different from the rest...

MORRIS & JOEL

48 Shenley Road, Borehamwood, Hertfordshire, WD6 1DS

0203 621 8080  www.morrisandjoel.com
New Members Events

15 SEPTEMBER 2019
Coffee morning at cheder for cheder parents

22 NOVEMBER 2019
Join us to welcome Shabbat followed by bring and share chavurah supper

25 JANUARY 2020
A cheese and wine havdalah

14 MARCH 2020
New members Shabbat morning service

14 MAY 2020
Join the Rabbis and Staff at our coffee morning

28 JUNE 2020
Afternoon Tea with our Clergy and Board
In conjunction with our member, Dame Helen Hyde, we are supporting victims of genocide. We are collecting brand new items for “Mamma Packs” for vulnerable Rwandan mothers who may give birth alone.

Needed:
- New baby grows (0-3 mths)
- New Wool + knitting needles
- New Baby hats
- Sterile gloves

Look out for more details soon as to how we in Radlett are supporting this and other charities.
Exciting news! Due to popular demand, Mini Learners Nursery at Radlett Reform Synagogue will be offering full day care as well as term time only spaces.

We are open and are accepting children from 8am-6pm Monday to Thursday and until 1pm on Friday. Hot kosher meals provided by The Baby Nurse.

Parents will be able to book term time places and add weekly holiday schemes to cover the rest of the year. The camps are also open to other children under 5.

FEE2, 15 and 30 hour free childcare places are available.

We are offering a discount of 50% off the registration fee for members of Radlett Reform Synagogue.

For more information or to arrange a viewing please contact minilearnersmanager@gmail.com

We look forward to hearing from you.
Living with Brexit ...and whatever comes next

It was a light bulb moment. The official title of the seminar - held at Radlett Reform Synagogue in June – was “Brexit: How Do Clergy Respond To a Fractured Society?” But in reality it could have been for anyone. I went because I was still very angry about Brexit, both reckoning such a highly complex issue should not have been decided by a referendum, and concerned about the social divisions it had unleashed.

What quickly became clear is that if we are going to be able to heal those wounds, we have to let go of our anger (or sense of triumph) in order to move forwards. You may think, that’s obvious, but there is a big difference between what is logical and how our emotions work.

It is vital, we were told, that we stop identifying ourselves as Remainers or Leavers, or judging others by those labels. Whether it was Sara Kahn (the Commissioner for Countering Extremism), Rev Lucy Winkett, Rabbi Rene Pfertzel or other speakers, the message was: Remainers need to forgive Leavers for the “wrong decision”, and Leavers need to forgive Remainers for not sharing their vision of a new society.

The speakers also pointed out that Brexit merely highlighted tensions that already existed, but which it exacerbated: be it the North-South divide, the equality gap, the effects of the financial crash, the sense of alienation many felt or worries about unlimited immigration.

These are all massive issues, and as Pirke Avot always tells us (2. 20-21), the task is urgent and we cannot desist from tackling it. But we made a start.

Rabbi Dr Jonathan Romain
Maidenhead Synagogue
Cut out for it – a lad’s lament in 1930s Whitechapel.

‘No discussion – be a tailor!’ [Who knew Tinker, Soldier, Sailor?] Out of school at just 14, no chance to hit the teenage scene. Working in my father’s attic; creaky stairs and floors erratic. ‘What am I to do? I ask. Answer? ‘Any menial task;

Collect the rags - they’re known as shmutters. Wash the windows, clear the gutters. ‘But when do I learn to sew?’ ‘Wait your turn, I’ll let you know.’ ‘Can I treadle on the Singers?’ ‘Shah, you’ll only prick your fingers.’ ‘What’s a kid to do?’ I plutz. ‘Work! Or else no pay, you klutz.’

Pay? A measly quid a week. Oy vey, my fathers got a cheek! Still, it gets me in the flicks; p’raps share Woodbines with the chicks. But when you work from 8 till 8, you can’t go out till very late; And you’ve no koyach left for chicks; you’re up again for work at six.

But by the time I’m 21, my schneidering training’s all but done. I’ve learnt to cut, stitch, sew and style. I start to save a little pile. I say to father ‘Blow this lark. I’m sick of sweatshops dawn till dark.’ There’s wild oats that must be sewed, so its goodbye Commercial Road.

I saunter up to Savile Row and see posh names I think I know. My work impresses one or two. I make a choice. ‘I’ll work for you.’ In just two years my tailoring’s tops. Just two more years – I own five shops. As for my father? You can guess Shepping naches from my success.

Booba leaves money in her will. I buy a house in Stamford Hill! My mother thinks it’s very posh – we do not go outside to wash! The wife is happy; kids are growing. Do they know just how much they’re owing To Mr. Singer’s fine machine for their upbringing warm and clean.

Three decades on we live in Bushey, life is pleasant, fun and cushy. Wife does health club staff each day. Zida sometimes comes to stay. Kids get ideas above their station – want a private education. Nu, I must expand their knowledge. Habs or, p’raps, Immanuel College.

As for me, I’m sitting pretty. Golf a bit and shul committee. Sell the business. Get some peace. Buy a pied-a-terre in Nice. ‘Moishele, You’re late for work! I’ll knock it off your pay, you jerk!’ Get up!’ I hear my father scream, Oh well, it was a lovely dream.

Barry Hyman Synagogue President
Tell us a bit about your Jewish life growing up.

Growing up, my family was very involved at Alyth Synagogue. In fact, until I was 11 years old, we lived across the road from shul! My dad was the chair, and my mum was head of the kindergarten committee and then head warden. My brothers and I sang in the kids’ choir and youth choir, attended (and taught at) cheder, participated in and then led children’s services and youth events at shul and through RSY-Netzer. Alyth was my second home. I learnt so much about Jewish identity; the importance of showing up for one’s community be it for services, study sessions, shiva, or special events; and the richness and diversity of Jewish music and arts.

When did you realise you wanted to become a cantor?

When I was 18, I spent my gap year in Israel on Shnat-Netzer. My experiences of studying and volunteering opened my eyes to how much I loved the Hebrew language and questions of Jewish identity and spirituality. It was transformative. I had a place to study Geography at Oxford, but soon realised that wasn’t where I wanted to focus my energy, so instead I got my degree in Hebrew Studies. Also during my uni years, I met Cantor Zoe Jacobs of Finchley Reform Synagogue and, for the first time, discovered the role of the cantor. Having invested so much time in my musical education and simultaneously in my Jewish life, it seemed like my passions had been leading me to the cantorate all along, without my even realising it.

What exactly is a cantor? What do you do on a day-to-day basis?

The diversity of the role of the cantor is wonderful! I get to be a musician, a shlichat tsibbur (service leader), an educator for all ages, a member of the pastoral team accompanying people through life-cycle moments, both joyous and challenging, and a facilitator of community engagement. I am one of the clergy, with Rabbi Paul and Rabbi Celia; come and say hello to us in our clergy office at the top of the stairs! You will find me leading t’filah, giving sermons, at Tuesday BMM, here to meet with any member of the community for a chat, with the choir, teaching in different settings, creating new musical events, and reaching out to our young adult members.

When you’re not cantor-ing, what do you like to do for fun?

I am a passionate reader and knitter, and will sit and knit for hours while listening to one of my favourite podcasts (On Being, Lexicon Valley, The Growing Edge). I’m always open to book suggestions, so do tell me about your favourite recent read. Music is also big part of my non-work life. I enjoy playing the double bass, flute, and guitar, and listening to contemporary folk music. I love spending time with my friends and with my two brothers and their partners.

Yummies or Noshers?

Since I am new to Radlett, I haven’t tried either yet. I’m open to all suggestions about places to nosh near shul, and, particularly, where to get the best coffee!
John Ashmele
FGPT

Professional Toastmaster / Master of Ceremonies

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(when you want everything to be just right)

m: 07710 400412
www.ashmele.co.uk

Fellow of the
Guild of Professional Toastmasters Academy

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**MUSIC FOR A SUNDAY AFTERNOON**

Short pieces by Bach, Beethoven, Chopin, Gershwin and Shostakovich.
Performed by pianist Anya Kirby
Followed by a honey cake tea

**SUNDAY 22 SEPTEMBER 4:30 PM**
£5 donation to include refreshments

118 Welling Street, Radlett. 01923 856110.

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**Tuesday**

17th December from 7pm:
CHANUKKAH WORKSHOP...
TORAH, TASTES, AND TUNES

Prepare for Channukah by rethinking the famous story, enjoying tasty treats, and singing some favourite holiday tunes.

**Look out for “Light and Like”: our 8 nightly Facebook Live Chanukkah candle-lighting videos!**

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**Friday 27th December**
Chanukkah Kabbalat Shabbat service
What is the best way to find a job today? What skills are employers really looking for? How can I feel more confident about going back to work? Tackling these issues is really difficult on your own, and many people find dealing with unemployment daunting. One of the Jewish community’s best kept secrets is Resource, which is based in Finchley, and helps about 400 people each year get back into work. I have been volunteering as an advisor there for five years and I think it’s about time more people from Radlett took advantage of it!

Resource runs 12 different seminars and workshops covering a range of topics including networking and LinkedIn. Networking is critical today in finding work; over 70% of jobs are simply not advertised. LinkedIn and other social media are also key to successful job searching, both for providing direct access to job opportunities and as a networking tool. Top tips for your LinkedIn profile are:

- Include a professional picture for 20 times more views
- Stand out with a punchy headline that describes your skills and desired job
- Have a compelling few paragraphs that explains you story - who you are, what you have achieved, and who you did this for

Resource offers help with every aspect of finding and securing employment including CV writing, interview techniques and networking introductions. Every client is assigned an advisor for one-to-one support throughout their journey. There are over 40 professional volunteers at Resource.

Continue over the page…
I find it very rewarding helping people come through this stressful period and sharing their joy and relief at being back at work. One client recently wrote to me a few months after finding employment: “I want to let you know that I remain extremely grateful for your guidance, advice and support. I didn’t expect to find myself in the position I was in (but who does?!) even if it was of my own making. Having someone to talk to at Resource (and help me in my search to find a new sense of purpose) was an absolute life-saver.” If you’d like to find out more, please feel free to talk to me or visit www.resourcecentre.org. Resource’s services are free, confidential and open to all.

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**Audacious Jewish Lives — With Jonathan Bergwerk**

*Everything you need for your Jewish life - jokes, films, relationships, arguments and words*

*This popular course looks at the lives of influential Jews, covering the broad range of Jewish life. We will look at what they did, what they believed and their contribution to the Jewish story.*

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<thead>
<tr>
<th>Date</th>
<th>Speaker</th>
<th>Topic</th>
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<tbody>
<tr>
<td>30/10</td>
<td>Groucho Marx</td>
<td>The American comedian, writer, stage, film, radio, and television star. Famous for his moustache and put-downs. What did his humour have to do with Judaism?</td>
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<td>13/11</td>
<td>Lillian Hellman</td>
<td>A modern American dramatist, screenwriter, socialite and communist, a leading defendant against McCarthyism. She lived an exuberant life in the public eye but why was she the ‘Unfinished Woman’? Joint session with Barbara Ruben.</td>
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<td>27/11</td>
<td>Fathers and Sons</td>
<td>An overview of the father-son relationship in Genesis, from Adam to Joseph. What do the best fathers do? What is the role of nurture and nature in how sons develop? Was God a good role model as a parent?</td>
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<td>11/12</td>
<td>Nahmanides</td>
<td>The medieval scholar who was the Jewish defendant in the disputation of Barcelona and a leading figure in the re-establishment of the Jewish community in Jerusalem</td>
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<td>18/12</td>
<td>Eliezer Ben-Yehuda</td>
<td>One of the first Zionist leaders and the idealistic driving spirit behind the revival of the Hebrew language. Joint session with Radlett’s very own specialist Hebrew philologist, Rabbi Paul Freedman.</td>
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Each session is stands on its own and you do not need any prior knowledge. You will get comprehensive notes plus a lively debate in a friendly atmosphere. All sessions will take place between 7.45pm and 9.30pm in the Jon Young Hall.
Bereavement Support Group

The Bereavement Support Group, made up of a group of about 6 volunteers, makes calls to members who have recently been bereaved to offer support.

Over the past couple of years, we have run two workshops concerned with matters relating to end of life issues and bereavement and loss, covering such aspects as legal issues, burial rights and different ways of burial, life limiting conditions and the rights and choices concerning decision making for relatives and ourselves. We had a number of excellent and informative presentations including the Office of the Public Guardian, Paperweight, who offer help with paperwork and financial matters, Inheritance Tax information, and from Consultants in Palliative Care at the Watford Peace Hospice and St. Luke’s Hospice.

End of life issues are always difficult to talk about, yet very important to us all. In order to continue to support the community in the best way we can, we would like to know if there are other ways that members feel would be helpful to them regarding end of life issues. Would further workshops be useful? If so, what topics might be helpful to explore? Could we be offering support to bereaved members in other ways such as a regular group?

We would welcome your thoughts about this so we can offer the best service possible that is relevant and helpful to you. Please contact Helen Janes, email address - csw@radlettreform.org.uk or call the synagogue office on 01923 856110.

Supporting one another

Caring for one another is an important part of belonging to our community. LINK is our community support network looking after the needs of our members by providing a sympathetic ear and practical assistance such as:

- Shopping
- Home and hospital visits
- Arranging lifts
- Providing meals

Our professional Community Support Worker, Helen Janes, can also offer care and welfare support and advice covering any number of needs, concerns and worries that members may have. She is supporting our Clergy with their ongoing pastoral care duties. Please call her directly on 01923 856110 if you would like to discuss health concerns, home or family problems and financial difficulties. She is available on Tuesdays, Wednesdays and Thursdays.

Helen’s email address is csw@radlettreform.org.uk.
The Learning Circle

At Radlett Reform we are pleased to offer a range of Adult Learning opportunities that make studying enjoyable and useful. We offer day and evening classes at a variety of levels, so that you should be able to find something that suits your level of expertise. Whether you are a total beginner or an advanced studier you will be made to feel very welcome by the friendliness of our tutors.

Free for Radlett Reform Synagogue members except where stated.

£40 per term for non-members.

Spring/Summer Term Dates: April 21 - 6 July. Please check individual class details for any changes to the above information.

Some classes require advance booking, so please contact the synagogue office by calling 01923 856110 or by email: office@radlettreform.org.uk

Jews with Views

with Rabbi Paul Freedman

An informal weekly discussion group of topical news of the week from a Jewish point of view.

Wednesdays during term times

10:00 - 11:00 in the Jon Young Hall

Study Judaism

Novel Talmud

with Rabbi Paul Freedman

Meeting each week, we will be studying texts from the novel by Maggie Anton, ‘Rashi’s Daughters Book 3: Rachel’.

Thursdays during term times

11:15 - 12:45 in the Menorah Hall

Understanding Judaism

with Rabbi Paul Freedman

A relaxed class covering festivals, lifecycle events, home observances and history. Ideal for anyone wanting to learn or update their understanding of day to day Judaism or looking to convert.

Tuesdays during term time

21:00 - 22:00 in the Menorah Hall
Fretz
with Rabbi Paul Freedman
Learn some more kosher chords and heimische harmonies. For anyone with a guitar who knows a few chords.
**Tuesdays during term time**

20:00 - 21:00 in in the Main Synagogue Hall

**Topics and texts from the Tanakh**
An informal group for adult members, this continues the series of one-off discussions. Translations of the Hebrew text will be provided, either from the JPS Tanakh, a standard commentary or by the session leader. Discussions will be in English with only the very occasional reference to anything in Hebrew. Everyone is welcome on either a regular or occasional basis.

9.15 – 10.15am on Saturdays before the Shabbat Shacharit Service.

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<thead>
<tr>
<th>Date</th>
<th>Topic</th>
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<tbody>
<tr>
<td>14 Sept</td>
<td>Psalm 67</td>
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<td>How does this Psalm resemble a Menorah?</td>
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<td>A prayer of thanksgiving or a petition?</td>
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<td>5 Oct</td>
<td>Selective quotations from the Tanakh.</td>
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<td>1 Samuel 15 and Deuteronomy 6. Have the Rabbis quoted “out of context”?</td>
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<tr>
<td>9 Nov</td>
<td>Psalm 87</td>
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<td>Is this addressed to Jews of the diaspora - or to Jews and proselytes in the diaspora - or to proselytes throughout the world - or the eschatological conversion of the nations - or … ?</td>
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<td>7 Dec</td>
<td>The Holiness Code: Leviticus 19 (part II)</td>
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<td>What is the plain meaning of the text?</td>
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<td>Who wrote it and when?</td>
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Bet isnt Tough
with Jack Alvarez
Bet isn’t tough
This is an informal group for adult members who wish to improve their fluency in Siddur Hebrew; we meet from 9.15 – 10.15am before the Shabbat Shacharit Service.

Each week will start with reading some prayers from the Siddur, at least one of which will be revision. The group will then focus on one or more prayers from a single part of the service, looking at some of the ideas behind the prayer(s) and the origins, Biblical or otherwise, of the verses or phrases used. The group will decide on the theme for the next meeting at the previous gathering. The theme for the September meeting is: ‘The Blessings around the Sh’m’a’.

Dates: 7th September, 12th October, 23rd November and 14th December
Hebrew Classes

Siddur Hebrew

19:45 - 20:45 Tuesdays
From complete beginners to more advanced learners

Siddur Hebrew 1
Taught by Marilyn Kornhauser in the Menorah Hall
For those who want to start by learning the Hebrew alphabet.

Siddur Hebrew 2
Taught by Dani Kornhauser in the Library
For graduates of Siddur Hebrew 1 but also open to new students who are a bit more confident in their Hebrew reading.

Leaving a Legacy to Radlett Reform Synagogue?

The UK Jewish community is extraordinarily charitable with nearly 80% donating to charity each year, but only one in four leave a legacy.

Leaving a legacy to Radlett Reform Synagogue in your will, however great or small, will ensure the future of this community for the sake of generations to come. It really is as simple as filling in a one page form with the help of a friendly solicitor.

Many people don’t realise how important this form of giving is. Others are not sure that they can look after their families and still make room for charity but they can; it doesn’t matter what size your gift is, just that you make one. So please, consider leaving a gift to Radlett Reform Synagogue in your will.

Be remembered for your passions, family, friends and charity.
If you don’t, who will?

For more information, contact the synagogue office
Introducing the beautiful Sandringham with Anita Dorfman House and Wolfson Assisted Living

Nestled in over 16 acres of stunning land on the Hertfordshire borders, Sandringham will consist of a brand new care home and assisted living as part of a contemporary and vibrant Jewish community hub.

The home offers 24/7 personal, dementia and nursing care. Additional on-site facilities opening in 2020 will include The Ronson Family Community Centre, Pears Court independent living, a synagogue, specialised dementia day centre, shop, hairdressers, restaurant and wellbeing facilities.

To find out more:
020 8922 2222 | helpline@jcare.org | jewishcare.org
### BMM & Cheder Dates

#### BMM - Tuesday
- Sep 10 - Dec 17
- Half Term: Oct 29
- Kol Nidre: Oct 8

#### BMM - Saturday
- Sep 7 - Dec 14
- Half Term: Oct 26 and Nov 2
- Please note: No class on Sep 28

#### Cheder - Clore Shalom
- Sep 15 - Dec 15
- Half Term: Oct 27 and Nov 3

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We are the UK's biggest mixed youth organisation. We change lives by offering 6 to 25-year-olds fun and challenging activities, unique experiences, everyday adventure and the chance to help others so that we make a positive impact in communities.

‘Put your phone down and what are you left with? Just teamwork, courage and the skills to succeed.’

Bear Grylls, Chief Scout

Call 01923 850 885

or

Visit www.4thradlett.org.uk
Children & Youth

We offer a range of activities for children and teenagers of all ages. Here are some of our main ones.

If you would like any information on our youth activities, you can either email our youth team on zone@radlettreform.org.uk or contact Rabbi Celia Surget on rabbicelia@radlettreform.org.uk

Cheder

Cheder is held on Sunday mornings from 10:00 - 12:30 and is open to children of our members from Reception to Year 6. During their time at Cheder, our students study Hebrew, become familiar with, amongst many other topics, the Jewish festivals, history & Reform Jewish values. Students take part in cooking, arts and crafts, singing, dancing, Mitzvah days and before you know it, the year is over!

If you have any questions about Cheder or would like to sign your child up, please contact Carol Green on headteacher@radlettreform.org.uk or Nikki Laikin, our Youth Administrator on youthadmin@radlettreform.org.uk.

BMM: Bar/ Bat Mitzvah Mechinah (preparation)

The Mechinah programme is a four term programme which helps each student prepare to lead a service as Bar/Bat Mitzvah. During their time in the programme, the students will learn their Torah portion, prayers and have the opportunity to make new friends or strengthen friendships.

During the first three terms, classes take place on a Tuesday from 17:45 - 19:15 and during the fourth term on Saturday mornings from 09:00 - 10:00.

Bar/Bat-Mitzvah dates are allocated when a child is in Year 6.

If you have any questions about the process or would like to know more about what a Bar/ Bat Mitzvah celebration is at Radlett Reform Synagogue, please contact Rabbi Celia on rabbicelia@radlettreform.org.uk.

Hadracha

Radlett Reform Synagogue is proud to be offering our highly successful year-long Hadracha course, covering leadership skills in a Jewish environment. This course is open to everyone who will be in Year 9 as of September 2019. Graduates of the course will receive a Certificate in Youth Education and Leadership from Leo Baeck College.

The course is 10 sessions long (one academic term) and offers both practical and theoretical learning. Participants have the option of attending either Sunday morning at Clore Shalom School, 10:00 - 12:30. On completion of the course students will be eligible to work for any of our youth programmes from September 2020. Please note that if you are earning Duke of Edinburgh awards, undertaking this programme and volunteering at events can currently be counted towards your volunteering hours.

To enrol for this course please contact: Rabbi Celia on rabbicelia@radlettreform.org.uk or email our youth team on zone@radlettreform.org.uk.
**Zone**

This is Radlett Reform’s youth programme offering a range of activities for children aged 4 - 11. From holiday schemes to residential and youth club activities, there is something for everyone to enjoy some time away from their parents.

Working with other local Progressive communities and RSY-Netzer we supply regular activities for young people.

RSY-Netzer, the youth movement associated with Progressive Judaism, is an open and welcoming community. It’s a great place to meet other young Jews, engage with Judaism and make it relevant to our lives.

We are involved in RSY-Netzer Venture Days; day long or over-night programmes that give young people the opportunity to socialise with likeminded others, try new things and develop with confidence.

We also encourage our young people to participate in RSY-Netzer’s amazing events from **Shemesh (Summer Camp)** to month-long **Israel Tour** and **Shnat**, the post 6th Form Gap Year programme.

For more information on RSY-Netzer please take a look at their website [www.rsy-netzer.org.uk](http://www.rsy-netzer.org.uk).

**Family Corner**

We have reserved a special corner within our synagogue for the younger members of our community, aged 0 - 6 and their families, who may find sitting still, on a big chair, for a whole service a bit of a challenge. There are plenty of toys and books, with an easy escape route to a separate area if needed. Seats are provided so that parents can stay within reach and there are baby changing facilities nearby and even space to leave your buggy or pram.

**4th Radlett Scouts**

4th Radlett Scout Group is a predominantly Jewish Group, meeting at and supported by Radlett Reform Synagogue.

**Beavers** - for boys and girls aged 6 to 8.
* Tuesdays, 18:00 - 19:00 in the back hall at the Synagogue

**Cubs** - for boys and girls aged 8 to 10½.
* Mondays, 18:45 - 20:00 in the back hall at the Synagogue

**Scouts** - for boys and girls aged 10½ to 14.
* Wednesdays, 19:15 - 20:45 in the back hall at the Synagogue

For further details on how to enrol please contact the Group Scout Leader, Jo Hulman via the synagogue office or take a look at [www.4thradlett.org.uk](http://www.4thradlett.org.uk).
Social Action

Radlett Reform is proud to be part of several social action initiatives, including collecting food for the homeless in aid of New Hope in Watford, Dementia Friends & Mitzvah Day, as well as participating in other local social action events both in Radlett and the wider Hertfordshire community.

Food Collection

Could you donate some fruit, coffee, sugar, cakes, biscuits, soup etc? Usually on the 2nd Sunday of every month, we take food to a marvellous centre for the vulnerable and homeless, that provides a meal and caring help for approx. 60 needy folk 6 days a week. Non-perishable food can be brought to the synagogue at any time. If you would like to donate fresh fruit then please contact the synagogue office for details of where to take them on the relevant collection days.

Next collection dates: Sep 8; Oct 13-21; Nov 10; Dec 8

Dementia Friends Initiative

This initiative was formed to not only raise awareness of dementia within the local community but encourage the community to take action and make a difference to people living with dementia. People with dementia sometimes need a helping hand to go about their daily lives and feel included in their local community. Dementia Friends is giving people an understanding of dementia and the small things that they can do that could make a difference.

Anyone who would like more information about booking an Awareness Session or becoming a Dementia Friend can email office@radlettreform.org.uk For additional information please take a look at the Dementia Friends website at www.dementiafriends.org.uk.
Do you have any new ideas?

We have clubs and groups suitable for a wide range of ages and interests.

However, if you would be interested in setting up a new club or group based at the synagogue, please contact the synagogue office.

Synagogue Choir

If you have a good voice and enjoy singing and would like to help enhance some of our Shabbat morning services, as well as High Holyday services, then why not join our synagogue choir? For more information about joining our choir please contact the synagogue office.

September Club

This is a social club for Synagogue senior citizens, who are often joined by our friends from Belmont Lodge. We meet regularly each month to hear a range of interesting speakers or enjoy a light-hearted quiz followed by tea and sandwiches. We take a small subscription for each session which goes towards an annual outing.

We are pleased to welcome new members who can be assured that they will be introduced all round and will no doubt find, or make further friends whilst enjoying some wonderful refreshments.

3rd Thursday of the month

14:30 - 16:00 at the Jon Young Hall

Watling Table Tennis Club

The rear hall of the Shul has been the home of the club since it started 19 years ago. We currently have about thirty members, some from our Community, some from Orthodox and other Progressive Communities and friends from the local area.

We field three teams in the Watford Table Tennis League and the club is well-known in the Jewish table tennis fraternity, as there are few Synagogue-based clubs around. Over the years, some of our players have participated in the Maccabi National Championships and played in the European Maccabi Games.

We welcome practised players who want to play league table tennis. For more information, please contact Malcolm Soloway via the synagogue office.
Radlett Bridge Training

Ever wanted to know how to play Bridge? Then why not come and join our new “Learn to play Bridge” club. Please email social@radlettreform.org.uk or call the synagogue office.

Mondays

Sep 2 to Sep 23; 0ct 28 to Dec 23

10:00 - 12:00

£3 per lesson

MONTHLY WALKING GROUP

2pm

Join us for a local walk in friendly company.
Walking approximately 1 hour / 3-4 miles.

Contact Helen for more info:
csw@radlettreform.org.uk  01923 856110
Shabbat Services in Radlett

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<tr>
<th>Weekly - Friday night</th>
<th>18:30</th>
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<tr>
<td>Weekly - Saturday Morning Service</td>
<td>10:30</td>
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Erev Shabbat Services

Local Erev Shabbat Service with Chavurah Supper.

1st Friday of the month. Please bring a vegetarian/ fish main dish and/ or dessert.

18:30 at Welwyn

**1st Friday of month.  17:30 **

**Young family service at Borehamwood**

Family Friendly Chavurah Services

3rd Friday of the month. Please bring a vegetarian/ fish main dish and/ or dessert.

18:30 at the synagogue

Shabbat Morning Service #2

1st and 3rd Shabbat morning of the month.

Providing a mixture of regular shacharit and alternative style services; something to suit everyone as an alternative to our Shabbat Morning Service #1.

10:30 in the Menorah Hall
Shabbat Morning Interactive Family Services
Join us for these fun, interactive Shabbat morning services, perfect for children under 11 and bring your entire family along!
4th Shabbat morning of the month
10:30 in the Menorah Hall

Pre-Schoolers’ Kabbalat Shabbat
Welcoming Shabbat with candles, kiddush and songs for 0-3 year olds.
Friday mornings - 10:30 - 11:00 in the Synagogue

Kuddle Up Erev Shabbat Service
A monthly local Kabbalat Shabbat service for under 5s in Borehamwood. Bring someone you like to cuddle for songs, blessings & challah!
Usually 3rd Friday of the month*
16:15 in Borehamwood (please call the synagogue office for venue details)
*Please note that November will be on 22nd and not 15th

Shabbat Morning Tots Service for ages 0-5
2nd Shabbat morning of the month
10:30 in the Menorah Hall

Not able to get to a service? Travelling but still want to attend?
You can join our Friday night and Shabbat morning services anywhere you have an internet connection - from a desktop, laptop, tablet or phone. Simply go to our website and click on the button.
An exclusive opportunity to hear from a world leading Parkinson’s specialist about a new drug trial which has specific relevance for all Jewish people.

Parkinson’s Disease now affects one in 37 people around the world, meaning that most extended families will be affected by this life-changing condition. Did you know that there is a type of Parkinson’s which is prevalent in the Jewish population? One that ground-breaking medical research might finally be able to help.

The Cure Parkinson’s Trust together with its Patron Robert Voss CBE, HM Lord-Lieutenant of Hertfordshire will be hosting a coffee morning at The Grove, Hertfordshire, where there will be an opportunity to hear about new research of significant importance to the Jewish Community. A presentation will be given by Professor Anthony Schapira, Professor of Neurological Science at UCL Institute of Neurology.

Professor Schapira will be talking about his ground-breaking work at the Royal Free Hospital, where his team have been identifying and testing potential new treatments both pre-clinically and clinically to target this particular type of Parkinson’s. In particular, he will speak about his research into Ambroxol, a drug that has shown early promise in being able to help reduce the build-up of alpha-synuclein (a big sticky protein that is one of the causes of Parkinson’s). If this can be achieved this could slow or stop the progression of Parkinson’s.

As Professor Schapira commented “Our early findings are encouraging, and we now need the help of the Jewish community to support and join in with the next stages of this potentially ground-breaking research. With your help we can work together to try and develop a treatment that could slow or even stop the progression of Parkinson’s.”

The Cure Parkinson’s Trust and Lord-Lieutenant Robert Voss invite you to join them at The Grove at 11am on 24th November for coffee, pastries and the opportunity to hear about and be part of this ground-breaking research which is so significant to the Jewish population.

There will be no charge and spaces are limited so please RSVP to ella@cureparkinsons.org.uk to secure your place. All food and drink provided will be kosher.

For further information about the work of The Cure Parkinson’s Trust please go to www.cureparkinsons.org.uk
Chanukkah Gift & Craft fair

Jewellery * Ceramics * Judaica * Cakes * Personalised Gifts
Handmade Chocolates * Textiles * Books * Food & lots more!

SUN 8 DECEMBER • 1 PM TO 5.30 PM •

118 Watling Street
Radlett
Tel: 01923 856110
Contact us
Radlett Reform Synagogue
118 Watling Street
Radlett
Herts
WD7 7AA

Tel: 01923 856110
Email: office@radlettreform.org.uk
Web: www.radlettreform.org.uk

Where to park
- Newberries Car Park, pay and display behind the shops & in the service road opposite the synagogue.
- Free parking on some neighbouring streets. Check signs for any restrictions and please respect residents; park considerately.

Public Transport
- Radlett Station - approx 5 minutes walk to the synagogue.
- Buses: 602; 632; 655; 656 & 42 outside/opposite the Post Office in Watling Street.

Copy deadline for next issue (Jan—Apr): 25 Nov 2019