KESHEt
קשת

MAGAZINE & PROGRAMME OF EVENTS

January - April 2018

A constituent member of

REFORM JUDAISM
Welcome from the Editor

Happy New Year, 5778 and 2018!

In this issue.. A new class with Jonathan Bergwerk entitled “From Moses to Moses”, an Amulet with surrounding mysteries, a trip to Kew Gardens and an evening with our own local celebrity!

Festival celebrations for Purim, Pesach and Yom Ha-atzma’ut, Harry Spiro sharing his story from the Holocaust, a new interfaith group with Rabbi Celia and Rev’d Helen King.

For details of all of the above, just look inside and save the dates.

We introduce you to Frankie Stubbs (pg 3) and this month’s recipes have been provided by Tracy Gorb (pg 9).

Laurence Turner

Editor

Join our Editorial Team

♦ Are you organised?
♦ Could you offer some time to your synagogue community?

If you are interested in joining the editorial team to help produce Keshet please get in touch by emailing Laurence at keshet@radlettreform.org.uk

Synagogue Directory

Main Office:
Tel no: 01923 856110 Email: office@radlettreform.org.uk
Office Hours: Monday to Thursday: 10:00 to 16:00, Friday: 10:00 to 14:00

Senior Rabbi:
Rabbi Paul Freedman
rabbipaul@radlettreform.org.uk

Associate Rabbi:
Rabbi Celia Surget
rabbicelia@radlettreform.org.uk

Chair:
Irene Blaston
chair@radlettreform.org.uk

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csw@radlettreform.org.uk

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Publicity Team & Advertising Enquiries
publicity@radlettreform.org.uk

Keshet Production
keshet@radlettreform.org.uk

Copy deadline for next issue (May - August 2018):
29th March 2018
keshet@radlettreform.org.uk
Who are you?
Hi, my name is Frankie Stubbs and I started working at Radlett Reform focussing on Community Development, particularly in Borehamwood. My job is to get to know families and individuals to see how we can be extending our range of activities to support and meet local needs. I have been part of the Reform Movement my whole life, growing up in Southport and joining RSY-Netzer. I currently also work as Jewish Studies Coordinator at Clore Shalom Primary School in Shenley.

What are you currently working on?
My main job with Radlett is a bit of an odd one, as it is pretty much to talk to as many people as I can! Through these conversations, Radlett Reform will hopefully improve the opportunities, projects and potentially the way we work too. It is exciting for me to meet lots of new people and hear the good things, and sometimes the not so good things, that help our community be one that people want to be a part of.

What are your other key responsibilities?
I’m going to take this as an opportunity to invite those who read this to contact me and let’s meet for a cup of tea! I would love to meet as many people as possible, hear your stories, and find out what you think is missing or could be better, and hopefully in some cases to get more people involved with our community.

What is a typical day in the office?
I rarely seem to have a typical day in the office. I come into the synagogue building to work on Tuesday mornings and most Thursday mornings. I come into the office in the morning to use the computers, then I hurry to Clore Shalom to teach for the rest of the day and then on Tuesdays I am back in Synagogue to teach the BM class. I love the 1:1 aspect of the BM classes, really getting the chance to know a person and helping them improve and learn, then I teach the Jewish Studies element for the children in their first term.

Finally, a more light hearted question, what was the last film that you watched?
The last film I watched was called 6 Days, on Netflix. It was about the Iranian Embassy Siege in 1980. This is slightly before my time so I actually didn’t know anything about this happening, but it was so fascinating. The psychology behind the terrorists, SAS and the negotiator was so interesting. I was hooked the whole way through and surprised that it was something I enjoyed so much, as I normally prefer light hearted films. I would definitely recommend it!!
Now and Then

Hebrew plays amazing tricks with time. Or at least Biblical Hebrew does. It has two different versions of 'not now' (what I like to think of as 'elsewhen') and no proper present tense. Past and future get a bit muddled. A cross between 'Back to the Future', 'Memento', 'Pulp Fiction' and 'Before I Go to Sleep' if you've seen any of those films... or will have.

In modern Hebrew, by contrast you get a better idea of what (in the past) was, and you can dream of what (in the future) could or will be. If you're not too bothered by active or passive participles (!?) there's even a way to describe what's going on right now!

Right now I'm 10km up in the air, almost exactly half way between London, Heathrow and New York, JFK. I wanted to write this after I had arrived in America and spent the evening with Sarah, our Cantor-to-be who is in New York while she finishes her training. And after that, I will have met with some rabbis and synagogue lay leaders who have been doing some exciting work on 'relational Judaism' and 'congregational engagement' before flying on to Boston for the biennial conference of the American Union for Reform Judaism for lots of stimulating sessions and conversations, culminating in a Shabbat service shared with about 5999 others.

By the time you get Keshet, that's what I expect I will have done. But I was supposed to have written this earlier this week, well before I even left, so it's easier to tell you what I am doing right now instead...which is sitting 10km up in the air, almost exactly half way between London, Heathrow and New York, JFK. Except that by the time you get Keshet that's what I will have been doing and by then (now?) will already have done what I anticipated soon doing.

So what you're doing right now, or will be doing, is reading an introduction to Keshet and looking forward to the activities it offers for the first few months of 2018. Perhaps it's a good opportunity now to see what appeals: to choose what you hope you then, later in 2018, will have done. And if not now, when?!

(There is a prize for the first person to list all the English tenses used above or to provide a translation into Biblical Hebrew)

Rabbi Paul Freedman
Senior Rabbi.
At a meeting of the synagogue Board in June, there were echoes of the complaint that it was difficult to get people to volunteer and that it was the same few people who did everything.

A number of us wondered if that was really the case, or if it was more the fact that we were now a large community, people have different interests and attend different things and therefore it is difficult to really see who is involved in or volunteering for what.

So, we challenged ourselves to really think about who are our current active volunteers. We created a list, including people who do that one small thing once a year that really makes a difference.

That list grew and grew and currently stands at about 200 people – that’s about 15% of our adult membership! We decided to have an evening to not only say ‘thank you’ but to also physically show everyone that they really are not alone.

Two of our Board members, James Taylor and Jeremy Kaye took charge of this project and the end result was a brilliant evening, including a Friday night service with standing-room only, a Chavurah supper with an incredible array of food, a cocktail bar, families of all ages enjoying each other’s company, all in the warmest atmosphere you could imagine.

We recognised that we have volunteers who are wardens, who are board members, who sing or play instruments, who stand outside in the cold to keep us safe, who turn up early on a Shabbat morning to set up Kiddush, who lead services, who prepare lunches or collect members when needed, who do hospital visits, prepare care packages or make phone calls. We have volunteers who represent us on national bodies, volunteers who keep our finances in order, others who look after our building, who teach or run groups for all ages.

We are a Big Radlett community of volunteers, it is our volunteers who make Radlett Reform the wonderful place it is. Thank you for all you do and to your families who enable you to give so generously of your time. Of course, it is perfectly possible that we accidently missed you – if we did, I apologise (please let me know in order that it doesn’t happen again!) or that you haven’t quite got around to volunteering for that one thing that you feel you could do for your community – please, don’t leave it too long, we need you!

Irene Blaston
Chair
One of my most intriguing possessions is this amulet, dumped anonymously in the shul along with old out-of-date books out of Booba’s loft, that no one will ever read again. Of an unknown age and in a black frame, it obviously hung once on someone’s wall to keep the Yetzer Hara, the Evil Inclination, away. What is it all about? Well how’s your Hebrew?

Let’s start with the cast of characters.

Angels – Gavriel, Michael, Uriel, Shmuriel, Rafael and Azriel. Then two Rivers – Pishon and Gihon, or Tigris and Euphrates.

Various sentences lie within the Magen David and around the edge. Most of it has been translated for me by Rabbi Paul. The long sentence around the border, starting top right with ‘Vayomer Moshe,’ reads “And Moses told Aaron ‘take the pan and pot of fire on it from the Altar and place on it incense; go quickly to the community and make atonement for them; and take the incense and make atonement for the people. And stand between the dead and the living and halt the plague.’ And Aaron returned to Moses at the tent of meeting and the plague was lifted. God allowed himself to be entreated and the plague ceased from among the Children of Israel.”

Other sections talk of “protecting the Master of the House and his household.” The tiny writing along the bottom inside the border reads “ Adar 5665 [viz.1905] Prohibition of encroachment on border for five years.” The words ‘Hasanat g’vul’ is a biblical term for unfair competition. Competition by and against whom? Why; where; here or in Der Heim? A Mystery.

The biggest remaining puzzle is the set of Hebrew letters in little boxes in the centre of the Magen David. No one has yet explained them. An acrostic? A code? Biblical references?

Do write to Keshet with the answer – there must be one mystic among our 2,500 members. How I’d love to know both that.. and where this
unique old item originated. Meanwhile it hangs on the wall opposite the PC, to protect my backup from the Yetzer Hara!

*This is the Home Service.*

Some of you will remember the title of this article as the BBC announcement before the Home Service became Radio 4. We help out at our own ‘home service.’ Are you able to take a short Shabbat service once in two or three months? Course you can, if your Hebrew is fluent, you are a regular shul-attender and are familiar with the service! The current team of Howard Weisbaum, Sally Wexler and Barry Hyman have been leading monthly half-hour services at Jewish Care homes for the past 15 years and would welcome one or two more people on the team.

Starting at the Hemel Hempstead home which then closed, they now lead services at the Princess Alexandra Home, Common Road on the Bushey/Stanmore border. The service is conducted from a print-out A4 extract of the Reform Siddur. It includes opening songs – Ma Tovu, Shir Hama’alot; the Shema; a short Amidah; community prayers; Alenu; Kaddish and Adon Olam, followed by Kiddush. Scrolls are not opened. A short word or two on the week’s Parasha is optional. [Oh, you also need to be sociable, give out the prayer sheets, the wine and challah and listen to memories from the more garrulous residents!]

The service takes place on the second Shabbat of the Month. Other Shabbatot are led by Edgware Reform and Bushey United. There are usually about 20 residents present, some wheelchair bound, others mobile and a number can and do join in the songs. It is enjoyed by the residents.

Do contact me if you can join us. [A massive redevelopment is taking place and it will be a high class residence when completed. Enough Brownie points might get you a place there when you need it!]

*BARRY HYMAN*

Synagogue President
Office@radlettreform.org.uk
From Moses to Moses, there was none like Moses

With Jonathan Bergwerk

This popular course will look at the lives of six more influential Jews, covering the broad range of Jewish experience. There is someone of interest here for everyone. We will look at what they did, what they believed and their contribution to Judaism.

**Wednesday 10 January** Moses – the leader of the Biblical Israelites and the most important character in Judaism – the role model for all other Audacious Jews

**Wednesday 24 January** Paul of Tarsus – the obsessive Jew who did more than anyone else to create Christianity

**Wednesday 7 February** Henrietta Szold – the American founder of Hadassah and a leading force in social and child welfare

**Wednesday 21 February** Moses Montefiore – the legendary British Jew of the 19th century who liberated countless Jews from oppression. Co-led with Vanessa Freedman, who curates the Montefiore Collection at University College London.

**Wednesday 7 March** Primo Levi – an Italian survivor from Auschwitz and one of the first to write about his experiences

**Wednesday 21 March** Moses ben Maimon (Maimonides) – the most important medieval Jewish scholar who radically changed Judaism

**Wednesday 28 March** What does a Jew need to believe? A bonus session discussing Maimonides’ 13 Principles of Faith (which we sing as the Yigdal) and their relevance for us today.

Each session stands on its own and you do not need any prior knowledge. You will get comprehensive notes plus a lively debate in a friendly atmosphere.

All sessions will take place between 7.45pm and 9.30pm in the Jon Young Hall.

Free to members, £5 per session for non members
**Kichel Pesach Biscuit**

<table>
<thead>
<tr>
<th>Ingredient</th>
<th>Quantity</th>
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<tr>
<td>4oz Potato Flour</td>
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</tr>
<tr>
<td>4oz Caster Sugar</td>
<td></td>
</tr>
<tr>
<td>1 Egg</td>
<td></td>
</tr>
<tr>
<td>Chopped Nuts</td>
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<tr>
<td>4oz Cake Meal</td>
<td></td>
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<tr>
<td>2oz Ground Almonds</td>
<td></td>
</tr>
<tr>
<td>5oz Butter or Margarine</td>
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<tr>
<td>Egg or Milk</td>
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Put all dry ingredients in a bowl and rub in margarine as though making pastry.
Add egg. Roll mixture into sausage shape. Wrap in foil and refrigerate for 1 hour.
Cut into slices and place flat on a baking tray.
Brush with egg or milk and sprinkle with nuts.
Bake at 180°C for 20 minutes.
Lovely with a cup of tea or coffee.

**French Chocolate Cake**

<table>
<thead>
<tr>
<th>Ingredient</th>
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<tr>
<td>6oz Plain Dessert Chocolate</td>
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<tr>
<td>4oz Butter Unsalted</td>
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<tr>
<td>2oz Potato Flour</td>
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<tr>
<td>4oz Caster Sugar</td>
<td></td>
</tr>
<tr>
<td>1 Level Tsp Baking Powder</td>
<td></td>
</tr>
<tr>
<td>4 Eggs, separated</td>
<td></td>
</tr>
<tr>
<td>1 Tsp Vanilla Essence</td>
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Use an 8” (20cm) moule a manqué tin. If you don’t have one then use a loose bottomed tin. Oil whichever tin you are using and bottom-line with oiled greaseproof paper.
Heat up water in a saucepan and stand a bowl over the top. Put the butter in the bowl and melt, then add the chocolate and stir again until the chocolate has also melted. Take from the heat and stir in the sugar then the yolks, vanilla essence, baking powder and sifted potato flour.
Whisk the egg whites with a pinch of salt until they form stiff glossy peaks, and fold into the chocolate mixture.
Bake at 180°C for 45 minutes until well risen and firm to touch. Leave on a cooling tray for 5 minutes then turn out and leave until cold.
Sift all over with icing sugar.
This is a lovely, moist, chocolatey cake, perfect at any time of the day.

Our thanks to Tracy Gorb for these Pesach recipes. Don’t forget to submit your cheesecake recipes for the next issue of Keshet.
An evening with GBBO star

Stacey Hart

Monday 5 February
7.30pm
See Stacey demo her favourite cake recipe at Radlett Reform

£10 in aid of Macmillan book via our website

ONLINE BOOKING

Please use our online booking for all events, even if they are free!

We now have a safe and secure online Box Office, enabling you to book and pay for our events with the click of a mouse.

http://radlettreform.org.uk/about/box-office/

For those who would prefer you can still book for any of our events by calling the synagogue office on 01923 856110.

Whichever way you choose to book, registering in advance for events, even our free ones, helps us with our planning.
Not to be missed

Second Night Communal Seder
Saturday 31st March
5.30pm for a 6.00pm start
Led by Rabbi Paul Freedman
& Rabbi Celia Surget

See main advert on page 12 for more details

Erev Purim

Wednesday Evening
28th February

Put the date in your diary and watch this space for more details

JOIN US!

Radlett Reform Synagogue
Pesach with Radlett Reform

Pesach Preparation Workshop - Tuesday 27th March at 8:00pm
Details to follow

1st Day Pesach Service - Saturday 31st March at 10:30am

2nd Night Communal Seder - Saturday 31st March
5:30pm for a 6:00pm start
Led by Rabbi Paul Freedman & Rabbi Celia Surget

Members
Adults £15
Children (of Members) £10

Non-members
Adults £23
Children under 12 £15

Please book early to avoid disappointment. For catering purposes, please book by Friday 23rd March

Do you need a lift or have special dietary requirements? Please let us know by contacting the office on 01923 856110 or email office@radlettreform.org.uk

Erev 7th Day Pesach service
Thursday 5th April at 6:30pm

7th Day Pesach Service
with Yizkor and children activities
Friday 6th April at 10:30am

Annual Radlett Reform Matzah Ramble
Sunday 1st April
Family, friends and dogs are all welcome. For further details please contact the synagogue office.

11:00am at Aldenham Country Park
Meet in the car park and bring a matzah picnic
Interfaith Women's Havdalah

New interfaith group

Join Rabbi Celia and Rev’d Helen King for an hour of food and schmooze as we learn together and from each other

Saturday afternoons @ 4pm: 20th Jan, 17th Feb, 10th March

See Renew for more details
Traditional approaches to food in the Jewish home are unhealthy. And Jews are genetically more likely to develop a range of diseases which are made worse by being overweight. The usual approach to dieting is outdated; less than 1% of obese people manage to lose weight and keep it off.

But the latest research has found many simple changes to eating habits that can reduce weight. The session will explain this approach to eating smart and making small improvements that will benefit the whole family. We will also look at the psychology of emotional eating and how to make your New Year’s resolutions last.

Come along for a fun and interactive evening with the added bonus of some healthy snacks.

Wednesday 31st January 7:45-9:15 pm

If you would like to attend, or would like further information, please contact Helen Janes: csw@radlettreform.org.uk. Tel: 01923 856110
BRAIN & BODY FITNESS

EVERY MONDAY (FROM 2-3.30PM) AT RADLETT REFORM SYNAGOGUE
STARTING JANUARY 15th, 2017

Are you worried about your memories?
Do you find it difficult to concentrate at times?
Do you worry about your future?
Would you like to improve your mental and physical energy?
Would you like to improve your focus?
Would you like to learn how to grow younger?

15th, 22nd & 29th January, 5th, 12th, 19th February. 2.00pm – 3.30pm.

For more information contact Helen: csw@radlettrefor.org.uk
“Tu BiSh’vat, the 15th day of the Jewish month of Shevat, is a holiday also known as the New Year for Trees”

Join Rabbi Paul on a Trip to Kew Gardens in Celebration of Tu Bishvat

31ST JANUARY 2018
TIME AND MEETING POINT TBC
Wednesday
18 April
7pm

YOM
HA-ATZMA’UT
70th Anniversary of Israel's Independence

Come & join us for a special celebration
Details to follow

RADLETT REFORM SYNAGOGUE

YOM
HA-SHOAH
WEDNESDAY 11 APRIL
AT 7.30PM

HOLOCAUST SURVIVOR
HARRY SPIRO
WILL BE SHARING HIS STORY

RADLETT REFORM SYNAGOGUE
The Learning Circle

At Radlett Reform we are pleased to offer a range of Adult Learning opportunities that make studying enjoyable and useful. We offer day and evening classes at a variety of levels, so that you should be able to find something that suits your level of expertise. Whether you are a total beginner or an advanced studier you will be made to feel very welcome by the friendliness of our tutors.

Free for Radlett Reform Synagogue members except where stated.

£40 per term for non-members.

Winter / Spring Term Dates: 8th Jan - 30th April. Please check individual class details for any changes to the above information.

Some classes require advance booking, so please contact the synagogue office by calling 01923 856110 or by email: office@radlettreform.org.uk

Jews with Views

with Rabbi Paul Freedman

An informal weekly discussion group of topical news of the week from a Jewish point of view.

Wednesdays 10, 17, 24, 31 Jan; 7, 21, 28 Feb; 7, 14, 21 March; 18, 25 April;

10:00 - 11:00 in the Jon Young Hall

Study Judaism

Novel Talmud

with Rabbi Paul Freedman

Meeting each week, we will be studying texts from the novel by Maggie Anton, ‘Rashi’s Daughters Book 3 : Rachel’.

Thursdays 11, 18, 25 Jan; 1, 8, 22 Feb; 1, 8, 15, 22, March; 19, 26 April

11:15 - 12:45 in the Menorah Hall

Understanding Judaism

with Rabbi Paul Freedman

A relaxed class covering festivals, lifecycle events, home observances and history. Ideal for anyone wanting to learn or update their understanding of day to day Judaism or looking to convert.

Tuesdays 9, 16, 23, 30 Jan; 6, 20, 27 Feb; 6, 13, 20, 27 March; 24 April;

21:00 - 22:00 in the Menorah Hall
Something more tuneful...

Fretz

with Rabbi Paul Freedman

Learn some more kosher chords and heimische harmonies. For anyone with a guitar who knows a few chords.

**Tuesdays 9, 16, 23, 30 Jan; 6, 20, 27 Feb; 6, 13, 20, 27 March; 24 April;**
20:00 - 21:00 in in the Main Synagogue Hall

Learn to Leyn

with Laurence Turner

A course for anyone who would like to learn the musical cantillation notes and how to chant from Torah or join in with the siddur prayers. A brilliant opportunity for anyone wishing to help their son/daughter with their bar/bat mitzvah preparation or simply learn for yourself. Very relaxed, all welcome.

**Wednesdays 10, 17, 24, 31 Jan; 7, 21, 28 Feb; 7, 14, 21 March; 25 April;**
20:00 - 21:00 in the Menorah Hall

1 Minute Quiz - This month’s theme is *Pesach & Purim*

1) What is the name of the book (in Torah) that tells the story of Passover?
2) How many plagues were put on Egypt?
3) What was the first plague?
4) What was the last plague?
5) What is Moses brother’s name?

Now to *Purim*

6) What was the name of the first wife of King Ahasuerus?
7) In what country does the story of Purim take place?
8) What were the names of the two guards who plotted to kill the king?
9) To what position was Mordechai promoted to at the end of the story?
10) What does the word Purim mean?
Hebrew Classes

Siddur Hebrew

19:45 - 20:45
From complete beginners to more advanced learners

Siddur Hebrew 1
Taught by Marilyn Kornhauser in the Menorah Hall
For those who want to start by learning the Hebrew alphabet.

Siddur Hebrew 2
Taught by Dani Kornhauser in the Library
For graduates of Siddur Hebrew 1, but also open to new students who are a bit more confident in their Hebrew reading.
Tuesdays 9, 16, 23, 30 Jan; 6, 20, 27 Feb; 6, 13, 20, 27 March; 24 April

Shabbat Shiur Join us for our new study group and a bit of breakfast on the first Saturday of every month. For further information email the office
9:15 am 6th Jan; 3rd Feb, 3rd March & 7th April

FRETZ

Play the guitar? Know some basic chords?
Learn NEW Chords
Sing NEW Songs
Make NEW Friends

Just bring your guitar and join us on Tuesday evenings
Caring for one another is an important part of belonging to our community. **LINK** is our community support network looking after the needs of our members by providing a sympathetic ear and practical assistance such as:

- Shopping
- Home and hospital visits
- Arranging lifts
- Providing meals

To contact **LINK** please email Maureen Grossman (LINK co-ordinator) on link@radlettreform.org.uk or telephone the synagogue office on **01923 856110**.

Our professional Community Support Worker, Helen Janes, can offer care and welfare support and advice covering any number of needs, concerns and worries that members may have. She is supporting our Rabbis with their ongoing pastoral care duties. She also works closely with our **LINK** co-ordinator. Please call her directly on **01923 858595** if you would like to discuss health concerns, home or family problems and financial difficulties. She is available on Tuesdays, Wednesdays and Thursdays.

Helen’s email address is csw@radlettreform.org.uk.

**Remembering the Synagogue in your Will**

Radlett Reform is a caring, thriving and progressive community that strives to provide the best services and programmes for all our members and the wider Jewish Community.

Leaving a legacy or gift to the shul in your will could leave an enduring mark on our future. The synagogue is a registered charity and so any such bequest is highly tax-efficient. If you already have a will and have not mentioned us, you do not have to rewrite it, you can easily add a codicil, a sample copy of which can be obtained from the Synagogue Office.

If you have not yet made a will then you should. A will helps avoid confusion or even arguments within your family as to what should go to whom, whilst ensuring your last wishes are kept. It is also an opportunity to leave charitable donations and to benefit good causes, which can include a bequest - however large or small - to Radlett Reform.

If you would like further details then you should speak to your solicitor who can help with this or contact the Synagogue office and they will be able to direct you towards a solicitor who specialises in drawing up wills. The office can be contacted on 01923 856110 or by email at office@radlettreform.org.uk.
BMM & Cheder Dates

BMM - Tuesday
9th Jan - 27th Mar  - No classes on 13th Feb
New Term starts on 17th April

BMM - Saturday
13th Jan - 24th March
No class on 17th Feb  New term starts 21st April

Cheder - Clore Shalom
14th, 21st & 28th Jan; 4th & 25th Feb; 4th, 11th, 18th & 25th Mar; 22nd & 29th Apr
Tu BiSh’vat 28th Jan, Purim 25th Feb, Pesach 25th Mar

No cheder 11th & 18th Feb

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Baby & Toddler Group
(0-3 years)
TUESDAY MORNINGS
10.00-11.30 at the synagogue
£3 A SESSION
There’ll be tea/coffee and snacks for you & your little ones

Run by, qualified teacher, Sarah on 07968259839
Children & Youth

We offer a range of activities for children and teenagers of all ages. Here are some of our main ones.

If you would like any information on our youth activities, you can either email our youth team on zone@radlettreform.org.uk or contact Rabbi Celia Surget on rabbicelia@radlettreform.org.uk

Cheder

Cheder is held on Sunday mornings from 10:00 - 12:30 and is open to children from Reception to Year 6. During their time at Cheder, our students study Hebrew, become familiar with, amongst many other topics, the Jewish festivals, history & Reform Jewish values. Students take part in cooking, arts and crafts, singing, dancing, Mitzvah days and before you know it, the year is over!

If you have any questions about Cheder or would like to sign your child up, please contact Carol Green on headteacher@radlettreform.org.uk or Nikki Laikin, our Youth Administrator on youthadmin@radlettreform.org.uk.

BMM: Bar/ Bat Mitzvah Mechinah (preparation)

The Mechinah programme is a four term programme which helps each student prepare to lead a service as Bar/Bat Mitzvah. During their time in the programme, the students will learn their Torah portion, prayers and have the opportunity to make new friends or strengthen friendships.

During the first three terms, classes take place on a Tuesday from 5.45 - 7.15pm and during the fourth term on Saturday mornings from 09:00 - 10:00am.

Bar/Bat-Mitzvah dates are allocated when a child is in Year 6.

If you have any questions about the process or would like to know more about what a Bar/ Bat Mitzvah celebration is at Radlett Reform Synagogue, please contact Rabbi Celia on rabbicelia@radlettreform.org.uk.

Hadracha

Radlett Reform Synagogue is proud to be offering our highly successful year-long Hadracha course, covering leadership skills in a Jewish environment. This course is open to everyone who will be in Year 9 as of September 2017. Graduates of the course will receive a Certificate in Youth Education and Leadership from Leo Baeck College.

The course is 10 sessions long (one academic term) and offers both practical and theoretical learning. Participants have the option of attending either Sunday morning at Clore Shalom School, 10:00 - 12:30 or Sunday afternoon at Radlett Reform Synagogue, 3.00 - 4.00pm. On completion of the course students will be eligible to work for any of our youth programmes from September 2018. Please note that if you are earning Duke of Edinburgh awards, undertaking this programme and volunteering at events can currently be counted towards your volunteering hours.

To enrol for this course please contact: Rabbi Celia on rabbicelia@radlettreform.org.uk or email our youth team on zone@radlettreform.org.uk.
Zone

This is Radlett Reform’s youth programme offering a range of activities for children aged 4 - 11. From holiday schemes to residential camps and youth club activities, there is something for everyone to enjoy some time away from their parents.

Working with other local Progressive communities and RSY-Netzer we supply regular activities for young people.

RSY-Netzer, the youth movement associated with Progressive Judaism, is an open and welcoming community. It’s a great place to meet other young Jews, engage with Judaism and make it relevant to our lives.

We are involved in RSY-Netzer Venture Days; day long or over-night programmes that give young people the opportunity to socialise with like-minded others, try new things and develop with confidence.

We also encourage our young people to participate in RSY-Netzer’s amazing events from Shemesh (Summer Camp) to month-long Israel Tour and Shnat, the post 6th Form Gap Year programme.

For more information on RSY-Netzer please take a look at their website www.rsy-netzer.org.uk.

Family Corner

We have reserved a special corner within our synagogue for the younger members of our community, aged 0 - 6 and their families, who may find sitting still, on a big chair, for a whole service a bit of a challenge. There are plenty of toys and books, with an easy escape route to a separate area if needed. Seats are provided so that parents can stay within reach and there are baby changing facilities nearby and even space to leave your buggy or pram.

4th Radlett Scouts

4th Radlett Scout Group is a predominantly Jewish Group, meeting at and supported by Radlett Reform Synagogue.

Beavers - for boys and girls aged 6 to 8.
Tuesdays 6.00 - 7.00 pm in the back hall at the Synagogue

Cubs - for boys and girls aged 8 to 10½.
Tuesdays 7:05 - 8:15 pm in the back hall at the Synagogue

Scouts - for boys and girls aged 10½ to 14.
Wednesdays 7:15 - 8:45 pm in the back hall at the Synagogue
Social Action
Radlett Reform is proud to be part of several social action initiatives, including collecting food for the homeless in aid of New Hope in Watford, Dementia Friends & Mitzvah Day, as well as participating in other local social action events both in Radlett and the wider Hertfordshire community.

Community Lunches - Volunteers Required
Our wonderful new Lunch Club, needs your help.

At the moment it runs once a month but we would like to run it weekly. This can only be done with the support of a team of volunteers.

If you are free on a Tuesday for a few hours, please get in touch with Helen Janes, Community Support Worker at csw@radlett改革.org.uk or call her at the synagogue if you are able to help.

Food Collection
Could you donate some fruit, coffee, sugar, cakes, biscuits, soup etc? Usually on the 2\textsuperscript{nd} Sunday of every month, we take food to a marvellous centre for the vulnerable and homeless, that provides a meal and caring help for approx. 60 needy folk 6 days a week.

Non-perishable food can be brought to the synagogue at any time. If you would like to donate fresh fruit then please contact the synagogue office for details of where to take them on the relevant collection days.

This time of year we are also collecting new and good-as-new warm stuff - gloves, hats and scarves.

Next collections dates: 14\textsuperscript{th} Jan; 11\textsuperscript{th} Feb; 11\textsuperscript{th} Mar; 8\textsuperscript{th} Apr.

Dementia Friends Initiative
This initiative was formed to not only raise awareness of dementia within the local community but encourage the community to take action and make a difference to people living with dementia. People with dementia sometimes need a helping hand to go about their daily lives and feel included in their local community. Dementia Friends is giving people an understanding of dementia and the small things that they can do that could make a difference.

Anyone who would like more information about booking an Awareness Session or becoming a Dementia Friend can email office@radlett改革.org.uk For additional information please take a look at the Dementia Friends website at www.dementiafriends.org.uk.
Do you have any new ideas?

We have clubs and groups suitable for a wide range of ages and interests.

However, if you would be interested in setting up a new club or group based at the synagogue, please contact the synagogue office.

September Club

This is a social club for Synagogue senior citizens, who are often joined by our friends from Belmont Lodge. We meet regularly each month to hear a range of interesting speakers or enjoy a light-hearted quiz followed by tea and sandwiches. We take a small subscription for each session which goes towards an annual outing.

We are pleased to welcome new members who can be assured that they will be introduced all round and will no doubt find, or make further friends whilst enjoying some wonderful refreshments.

3rd Thursday of the month 18th Jan; 15th Feb; 15th Mar; 19th Apr
14:30 - 16:00 in the Jon Young Hall

Watling Table Tennis Club

The rear hall of the Shul has been the home of the club since it started 17 years ago. We currently have about thirty members, some from our Community, some from Orthodox and other Progressive Communities and friends from the local area.

We are able to field four teams in the Watford Table Tennis League and we gain notable success, our first team finishing runners-up in the Premier Division last season. The club is well-known in the Jewish table tennis fraternity as there are few Synagogue-based clubs around. Over the years, some of our players have participated in the Maccabi National Championships and played in the European Maccabi Games.

We welcome practised players who want to play league table tennis. For more information, please contact Malcolm Soloway via the synagogue office.

Synagogue Choir

If you have a good voice and enjoy singing and would like to help enhance some of our Shabbat morning services, as well as High Holyday services, then why not join our synagogue choir? For more information about joining our choir please contact the synagogue office.
Beginners & Improvers Bridge

Ever wanted to know how to play Bridge? Then why not come and join our new “Learn to play Bridge” club. Please email social@radlettreform.org.uk or call the synagogue office.

Mondays 8th January - 26th March, 9th April - 30th April
10:00 - 12:00
£3 per lesson

Family & Friends Carers Support Group

Second Wednesday of each month
1.30pm - 3.00pm
please just turn up

Come along and meet other family carers, share your views and find out what help is available locally

If you would like further information, please contact Helen Janes
csw@radlettreform.org.uk. Tel: 01923 858595
Shabbat Services in Radlett

Weekly - Friday night 18:30
Weekly - Saturday Morning Service 10:30

Erev Shabbat Services

Local Erev Shabbat Service with Chavurah Supper.

1st Friday of the month. Please bring a vegetarian/fish main dish and/or dessert.

5th Jan; 2nd Feb; 2nd Mar; 6th Apr
18:30 at Borehamwood and Welwyn

Family Friendly Chavurah Services

3rd Friday of the month. Please bring a vegetarian/fish main dish and/or dessert.

19th Jan; 16th Feb; 16th Mar; 20th Apr
18:30 at the synagogue

Shabbat Morning Service #2

3rd Shabbat morning of the month.
Providing a mixture of regular shacharit and alternative style services; something to suit everyone as an alternative to our Shabbat Morning Service #1.

20th Jan; 17th Feb; 17th Mar; 21 Apr
10:30 in the Menorah Hall
Shabbat Morning Interactive Family Services

Join us for these fun, interactive Shabbat morning services, perfect for children under 11 and bring your entire family along!

Watch this space

Re-launch in 2018

Pre-Schoolers’ Kabbalat Shabbat

Welcoming Shabbat with candles, kiddush and songs for 0-3 year olds.

Friday mornings - 10:30 - 11:00 in the Synagogue

No service on 30th Mar or 6th Apr (Pesach)

Kuddle Up Erev Shabbat Service

A monthly local Kabbalat Shabbat service for under 5s in Borehamwood. Bring someone you like to cuddle for songs, blessings & challah!

Usually 3rd Friday of the month

19th Jan; 16th Feb; 23rd Mar; 20th Apr

16:15 in Borehamwood (please call the synagogue office for venue details)

Shabbat Morning Tots’ Service for ages 0-5

1st Shabbat morning of the month

6th Jan; 3rd Feb; 3rd Mar; 7th Apr

10:30 in the Menorah Hall

Not able to get to a service? Travelling but still want to attend?

You can join our Friday night and Shabbat morning services anywhere you have an internet connection - from a desktop, laptop, tablet or phone. Simply go to our website and click on the button.
COMMUNITY Lunches

Delicious hot fish/vegetarian main meal with Dessert & Tea/Coffee only £6
12.30pm on:
9 January, 13 February
13 March & 10 April
Book your lunch: 01923 856110

MONTHLY WALKING GROUP

3rd Tuesday of the Month at 2pm - starting 16th January

Join us for a local walk in friendly company.
Walking approximately 1 hour / 3-4 miles.

Contact Helen for more info:
csw@radlettreform.org.uk 01923 858595
Volunteer Drivers Needed

Can you drive? Do you have some spare time? We need drivers to help on Tuesdays (once a month) and Thursday afternoons (once a month) to bring people to our Community Lunch and the September Club.

If you feel you could help please contact Helen on csw@radlettreform.org.uk or 01923 856110 to discuss further.