

Baruch She'Amar
Gimmel Trimester 2 - 2017-2018

CONCEPTS:

- **Baruch She'Amar** means “**The One Who Said.**” This is because God created the world with words.
 If the world can be created by words, it shows us the importance of our words.
 Although creation had a beginning, it is continuous. God creates and recreates this world anew with each moment.
 As God’s partners on earth, we have the opportunity to contribute to the ongoing creation of each day.
 Each moment gives us an opportunity to start anew (teshuvah) no matter what our previous errors were. (<http://iyyun.com/teachings/baruch-sheamar-continuous-creation>)
Baruch She'Amar comes from P’sukei D’Zimrah, which means “verses of praise.”
 - Praising (showing admiration) for God is one of three ways we pray.
 - The other two are petition (requesting) and appreciation* (thanks)
 - It’s easy to remember the 3 P’s of prayer: praise, petition, ‘preciation

VOCABULARY:

English	Hebrew	Icon	English	Hebrew	Icon/
land	אֶרֶץ		say	אָמַר	
rescues	פֹּדֵה		do/make	עוֹשֶׂה	
good	טוֹב		pay/peace	קוֹשֵׁלֵם	
on	עַל		save	מַצִּיל	
Cosmos	עוֹלָם		life	חַי	

ROOTS:

אָמַר = “say”

עוֹשֶׂה = “do/make”