

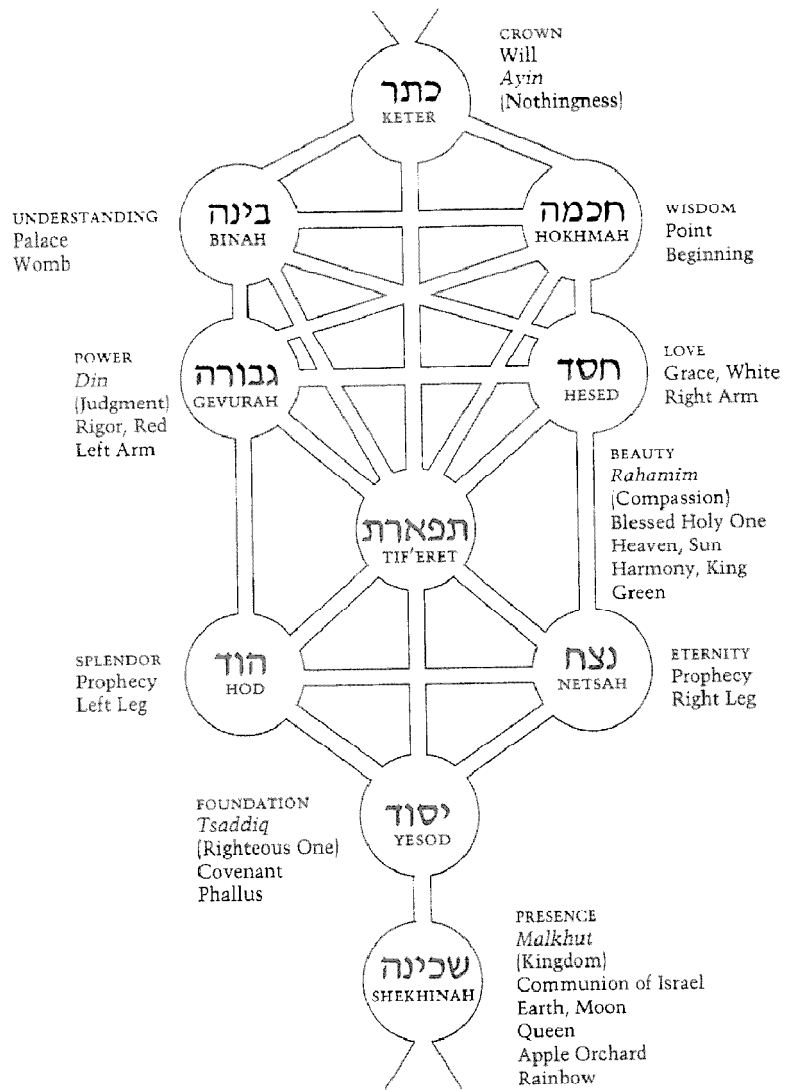
Rabbi Mordecai Finley
Guide for Counting of the Omer 2021|5781
 (Remember: say the blessing and do the counting the night before)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Shabbat
11 Nisan March 21	11 Nisan March 22	11 Nisan March 23	11 Nisan March 24	12 Nisan March 25	13 Nisan March 26 <i>Bedikat Chametz</i>	14 Nisan March 27 <i>Erev Pesach</i> First Seder <i>Tzav</i>
15 Nisan March 28 <i>1st Day of Pesach</i> Second Seder	16 Nisan March 29 Omer: 1 Hesed-Hesed <i>2nd Day of Pesach</i>	17 Nisan March 30 Omer: 2 Gevura-Hesed <i>Interm. Day of Pesach</i>	18 Nisan March 31 Omer: 3 Tiferet-Hesed <i>Interm. Day of Pesach</i>	19 Nisan April 1 Omer: 4 Netzach-Hesed <i>Interm. Day of Pesach</i>	20 Nisan April 2 Omer: 5 Hod-Hesed <i>Interm. Day of Pesach</i>	21 Nisan April 3 Omer: 6 Yesod-Hesed <i>7th Day of Pesach</i>
22 Nisan April 4 Omer: 7 Malchut-Hesed <i>8th Day of Pesach</i>	23 Nisan April 5 Omer: 8 Hesed-Gevura	24 Nisan April 6 Omer: 9 Gevura-Gevura	25 Nisan April 7 Omer: 10 Tiferet-Gevura	26 Nisan April 8 Omer: 11 Netzach-Gevura <i>Yom Ha-shoah</i>	27 Nisan April 9 Omer: 12 Hod-Gevura	28 Nisan April 10 Omer: 13 Yesod-Gevura <i>Shmini</i>
29 Nisan April 11 Omer: 14 Malchut-Gevura	30 Nisan April 12 Omer: 15 Hesed-Tiferet <i>Rosh Chodesh</i>	1 Iyar April 13 Omer: 16 Gevura-Tiferet <i>Rosh Chodesh</i>	2 Iyar April 14 Omer: 17 Tiferet-Tiferet <i>Yom HaZikaron</i>	3 Iyar April 15 Omer: 18 Netzach-Tiferet <i>Yom Ha'Atzma'ut</i>	4 Iyar April 16 Omer: 19 Hod-Tiferet	5 Iyar April 17 Omer: 20 Yesod-Tiferet <i>Tazria-Metzora</i>
6 Iyar April 18 Omer: 21 Malchut-Tiferet	7 Iyar April 19 Omer: 22 Hesed-Netzach	8 Iyar April 20 Omer: 23 Gevura-Netzach	9 Iyar April 21 Omer: 24 Tiferet-Netzach	10 Iyar April 22 Omer: 25 Netzach-Netzach	11 Iyar April 23 Omer: 26 Hod-Netzach	12 Iyar April 24 Omer: 27 Yesod-Netzach <i>Achrei Mot-Kedoshim</i>
13 Iyar April 25 Omer: 28 Malchut-Netzach	14 Iyar April 26 Omer: 29 Hesed-Hod	15 Iyar April 27 Omer: 30 Gevura-Hod	16 Iyar April 28 Omer: 31 Tiferet-Hod	17 Iyar April 29 Omer: 32 Netzach-Hod	18 Iyar April 30 Omer: 33 Hod-Hod <i>Lag B'Omer</i>	19 Iyar May 1 Omer: 34 Yesod-Hod <i>Emor</i>
20 Iyar May 2 Omer: 35 Malchut-Hod	21 Iyar May 3 Omer: 36 Hesed-Yesod	22 Iyar May 4 Omer: 37 Gevura-Yesod	23 Iyar May 5 Omer: 38 Tiferet-Yesod	24 Iyar May 6 Omer: 39 Netzach-Yesod	25 Iyar May 7 Omer: 40 Hod-Yesod	26 Iyar May 8 Omer: 41 Yesod-Yesod <i>Behar- Bechukotai</i>
27 Iyar May 9 Omer: 42 Malchut-Yesod	28 Iyar May 10 Omer: 43 Hesed-Malchut <i>Yom Yerushalayim</i>	29 Iyar May 11 Omer: 44 Gevura-Malchut	1 Sivan May 12 Omer: 45 Tiferet-Malchut <i>Rosh Chodesh</i>	2 Sivan May 13 Omer: 46 Netzach-Malchut	3 Sivan May 14 Omer: 47 Hod-Malchut	4 Sivan May 15 Omer: 48 Yesod-Malchut <i>Bamidbar</i>
5 Sivan May 16 Omer: 49 Malchut – Malchut <i>Tikkun Leil Shavu'ot</i>	6 Sivan May 17 <i>Shavu'ot I</i>	7 Sivan May 18 <i>Shavu'ot II</i>	8 Sivan May 19	9 Sivan May 20	10 Sivan May 21	11 Sivan May 22 <i>Nasso</i>

Shavu'ot, the holiday of the giving of the Torah, is Monday and Tuesday, May 17th and 18th.
 The holiday begins Sunday evening, May 16th, with an all night study session.



The Ten Sefirot



Counting the Omer -- ספירת העומר

As I count this day of the Omer, may I bring forth, unite and perfect the Emanations of the Holy One as they flow within me.
(Meditate on the Sefira for this day)

וְיִהְיֶה נֶעֱמָ יְיָ אֱלֹהֵינוּ עִלֵּינוּ וּמַעֲשֵׂה יְדֵינוּ כּוֹנֵנָה עִלֵּינוּ וּמַעֲשֵׂה יְדֵינוּ כּוֹנֵנָהוּ:

*Va-yehi no-am Adonai Eloheynu aleinu.
U-ma'asei yadeinu kon'na aleynu. U-ma'asei yadeinu kon'nei'hu*

May the comforting presence of Adonai our God be upon us, and may the work of our hands be established for us -- may God establish this Holy work.

בְּרוּךְ אַתָּה יְיָ אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם, אֲשֶׁר קִדְּשָׁנוּ בְּמִצְוֹתָיו וְצִוָּנוּ
עַל סְפִירַת הָעוֹמֵר.

Adonai/Cause of all Being, You are the Source of Blessing, our God, the Sovereign of all Space and Time, Who has made us holy by giving us holy commandments and Who has commanded us concerning the counting of the days of the Omer.

Barukh Atah, Adonai, Eloheynu melekh ha-olam, asher kideshanu b'mitz-votav, vetzivanu al sefirat ha-omer

(Say the appropriate day and week)

"Today is the ___ day of the Omer, which is ___ weeks and ___ days of the Omer"

May it be Your will, our God, that in counting the Omer, I may correct any blemish in this Sefirah. May I be cleansed and sanctified with the holiness of the Holy One of the Universe, and through this may the great Emanations flow through all the worlds.

יְהִי רְצוֹן מִלְּפָנֶיךָ יְהוָה אֱלֹהֵינוּ וְאֱלֹהֵי אֲבוֹתֵינוּ שֶׁבְּזָכוֹת סְפִירַת הָעוֹמֵר שֶׁסְּפַרְתִּי הַיּוֹם יִתְקַן מֵהַ שֶׁפָּגַמְתִּי בְּסְפִירָה (הַשֵּׁיִךְ לְאוֹתוֹ הַלַּיְלָה). וְאַטְהֵר וְאֶתְקַדַּשׁ בְּקִדְּשָׁהּ שֶׁל מַעְלָה. וְעַל יְדֵי זֶה יִשְׁפַע שֶׁפַע רַב בְּכָל הָעוֹלָמוֹת וְלִתְקַן אֶת נַפְשׁוֹתֵינוּ וְרוּחֹתֵינוּ וְנִשְׁמוֹתֵינוּ מִכָּל סִיג וּפְגָם. וְלִטְהַרְנוּ וְלִקְדַּשְׁנוּ בְּקִדְּשֵׁיךָ הָעֲלִיּוֹנָה. אָמֵן סְלָה: