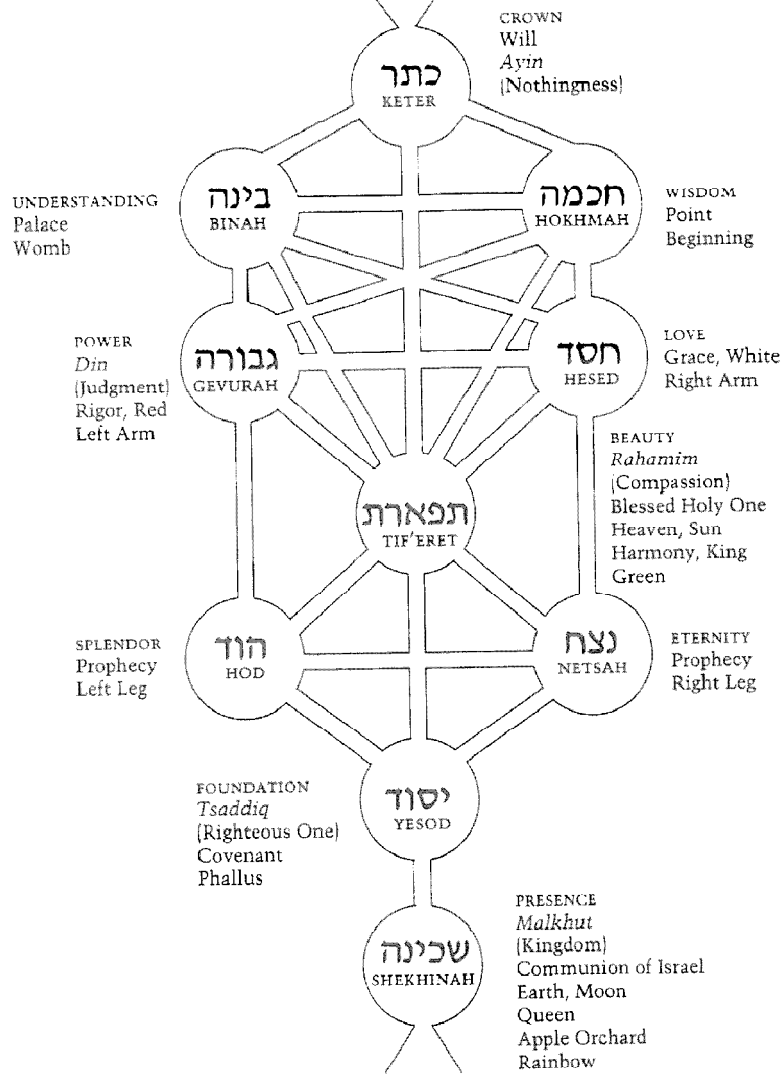


Rabbi Mordecai Finley
Guide for Counting of the Omer 2018|5778
 (Remember: say the blessing and do the counting the night before)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Shabbat
9 Nisan March 25	10 Nisan March 26	11 Nisan March 27	12 Nisan March 28	13 Nisan March 29 <i>Bedikat Chametz</i>	14 Nisan March 30 <i>Erev Pesach</i> First Seder	15 Nisan March 31 <i>1st Day of Pesach</i> Second Seder
16 Nisan April 1 Omer: 1 Hesed-Hesed <i>2nd Day of Pesach</i>	17 Nisan April 2 Omer: 2 Gevura-Hesed <i>Interm. Day of Pesach</i>	18 Nisan April 3 Omer: 3 Tiferet-Hesed <i>Interm. Day of Pesach</i>	19 Nisan April 4 Omer: 4 Netzach-Hesed <i>Interm. Day of Pesach</i>	20 Nisan April 5 Omer: 5 Hod-Hesed <i>Interm. Day of Pesach</i>	21 Nisan April 6 Omer: 6 Yesod-Hesed <i>7th Day of Pesach</i>	22 Nisan April 7 Omer: 7 Malchut-Hesed <i>8th Day of Pesach</i>
23 Nisan April 8 Omer: 8 Hesed-Gevura	24 Nisan April 9 Omer: 9 Gevura-Gevura	25 Nisan April 10 Omer: 10 Tiferet-Gevura	26 Nisan April 11 Omer: 11 Netzach-Gevura	27 Nisan April 12 Omer: 12 Hod-Gevura <i>Yom Ha-shoah</i>	28 Nisan April 13 Omer: 13 Yesod-Gevura	29 Nisan April 14 Omer: 14 Malchut-Gevura <i>Shemini</i>
30 Nisan April 15 Omer: 15 Hesed-Tiferet <i>Rosh Chodesh</i>	1 Iyar April 16 Omer: 16 Gevura-Tiferet <i>Rosh Chodesh</i>	2 Iyar April 17 Omer: 17 Tiferet-Tiferet	3 Iyar April 18 Omer: 18 Netzach-Tiferet <i>Yom HaZikaron</i>	4 Iyar April 19 Omer: 19 Hod-Tiferet <i>Yom Ha'Atzma'ut</i>	5 Iyar April 20 Omer: 20 Yesod-Tiferet	6 Iyar April 21 Omer: 21 Malchut-Tiferet <i>Tazria-Metzora</i>
7 Iyar April 22 Omer: 22 Hesed-Netzach	8 Iyar April 23 Omer: 23 Gevura-Netzach	9 Iyar April 24 Omer: 24 Tiferet-Netzach	10 Iyar April 25 Omer: 25 Netzach-Netzach	11 Iyar April 26 Omer: 26 Hod-Netzach	12 Iyar April 27 Omer: 27 Yesod-Netzach	13 Iyar April 28 Omer: 28 Malchut-Netzach <i>Achrei Mot- Kedoshim</i>
14 Iyar April 29 Omer: 29 Hesed-Hod	15 Iyar April 30 Omer: 30 Gevura-Hod	16 Iyar May 1 Omer: 31 Tiferet-Hod	17 Iyar May 2 Omer: 32 Netzach-Hod	18 Iyar May 3 Omer: 33 Hod-Hod <i>Lag B'Omer</i>	19 Iyar May 4 Omer: 34 Yesod-Hod	20 Iyar May 5 Omer: 35 Malchut-Hod <i>Emor</i>
21 Iyar May 6 Omer: 36 Hesed-Yesod	22 Iyar May 7 Omer: 37 Gevura-Yesod	23 Iyar May 8 Omer: 38 Tiferet-Yesod	24 Iyar May 9 Omer: 39 Netzach-Yesod	25 Iyar May 10 Omer: 40 Hod-Yesod	26 Iyar May 11 Omer: 41 Yesod-Yesod	27 Iyar May 12 Omer: 42 Malchut-Yesod <i>Behar-Bechukotai</i>
28 Iyar May 13 Omer: 43 Hesed-Malchut <i>Yom Yerushalayim</i>	29 Iyar May 14 Omer: 44 Gevura-Malchut	1 Sivan May 15 Omer: 45 Tiferet-Malchut <i>Rosh Chodesh</i>	2 Sivan May 16 Omer: 46 Netzach-Malchut	3 Sivan May 17 Omer: 47 Hod-Malchut	4 Sivan May 18 Omer: 48 Yesod-Malchut	5 Sivan May 19 Omer: 49 Malchut – Malchut <i>Bamidbar</i> <i>Tikkun Leil Shavuot</i>
6 Sivan May 20 <i>Shavuot I</i>	7 Sivan May 21 <i>Shavuot II</i>	8 Sivan May 22	9 Sivan May 23	10 Sivan May 24	11 Sivan May 25	12 Sivan May 26 <i>Nasso</i>

The Ten Sefirot



Counting the Omer -- ספירת העומר

As I count this day of the Omer, may I bring forth, unite and perfect the Emanations of the Holy One as they flow within me.
(Meditate on the Sefira for this day)

וְיִהְיֶה נָעָם יְיָ אֱלֹהֵינוּ עִלֵּינוּ וּמַעֲשֵׂה יְדֵינוּ כּוֹנֵנָה עִלֵּינוּ וּמַעֲשֵׂה יְדֵינוּ כּוֹנֵנָהוּ:

Va-yehi no-am Adonai Eloheynu aleinu.

U-ma'asei yadeinu kon'na aleynu. U-ma'asei yadeinu kon'nei'hu

May the comforting presence of Adonai our God be upon us, and may the work of our hands be established for us -- may God establish this Holy work.

בְּרוּךְ אַתָּה יְיָ אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם, אֲשֶׁר קִדְּשָׁנוּ בְּמִצְוֹתָיו וְצִוָּנוּ
עַל סְפִירַת הָעוֹמֵר.

Adonai/Cause of all Being, You are the Source of Blessing, our God, the Sovereign of all Space and Time, Who has made us holy by giving us holy commandments and Who has commanded us concerning the counting of the days of the Omer.

Barukh Atah, Adonai, Eloheynu melekh ha-olam, asher kideshanu b'mitz-votav, vetzivanu al sefirat ha-omer

(Say the appropriate day and week)

"Today is the ___ day of the Omer, which is ___ weeks and ___ days of the Omer"

May it be Your will, our God, that in counting the Omer, I may correct any blemish in this Sefirah. May I be cleansed and sanctified with the holiness of the Holy One of the Universe, and through this may the great Emanations flow through all the worlds.

יְהִי רָצוֹן מִלְּפָנֶיךָ יְהוָה אֱלֹהֵינוּ וְאֱלֹהֵי אֲבוֹתֵינוּ שֶׁבְּזָכוֹת סְפִירַת הָעוֹמֵר שֶׁסְּפַרְתִּי הַיּוֹם יִתְקַן מֵהַ שֶׁפָּגַמְתִּי בְּסְפִירָה (הַשֵּׁיִךְ לְאוֹתוֹ הַלַּיְלָה). וְאַטְהֵר וְאַתְקַדֵּשׁ בְּקִדְּשָׁהּ שֶׁל מַעְלָה. וְעַל יְדֵי זֶה יִשְׁפַע שֶׁפַע רַב בְּכָל הָעוֹלָמוֹת וְלִתְקַן אֶת נַפְשׁוֹתֵינוּ וְרוּחֹתֵינוּ וְנִשְׁמוֹתֵינוּ מִכָּל סִיג וּפְגָם. וְלִטְהַרְנוּ וְלִקְדָּשָׁנוּ בְּקִדְּשֵׁי הָעוֹלָמוֹת. אָמֵן סְלָה: