Hebrew Institute of Riverdale

BAYIT BULLETIN

3700 Henry Hudson Parkway, Bronx, NY 10463

718-796-4730 www.thebayit.org

March 26 - April 9, 2021

Nisan 13 - 27, 5781

Click **here** for a *kavanah* to recite when receiving the Covid vaccine. See Page 4 for more details.

Parashat Tzav
Shabbat Hagadol/Erev Pesach

- Candlelighting: 6:56pm
- Minchah:* 6:46
- Shacharit: **7:00am, 8:00am, 8:30am, 8:45am**
- Sof Zman Kriat Shema: 9:54am
- Latest Time to Eat Chametz: 10:55am
- Zman Tefillah: 10:57am
- Dispose of all Chametz before 11:59am
- Minchah/Maariv: 6:50pm
- Candlelighting and begin first Seder after: 7:57pm

Complete Pesach schedule on page 5

*Livestreamed via Zoom until Shabbat begins. zoom.us/j/6136133700

CHOL HAMOED TIMES:

To join us in person for tefillah visit www.thebayit.org/form/tefillah330 to complete the health screening and sign up. To join via Zoom visit: zoom.us/j/6136133700

Shacharit:

- Tue - Fri:
  - 6:45am in-person w/zoom option
  - 7:50am zoom only featuring Musical Hallel at approx 8:15am

Mincha/Maariv:

- Tue - Thu: 7:05pm

Daf Yomi: Motzaei Yom Tov: 45 minutes after Havdalah, Tue - Fri 8:15am. Contact office@thebayit.org for Zoom info.

2ND DAYS OF PESACH:
SEE PAGE 5 FOR SCHEDULE

WEEK OF APRIL 5TH

Shacharit:

- Mon/Thu: 6:40am, 7:50am*
- Tue/Wed/Fri: 6:40am, 7:50am*

Minchah/Maariv:
Mon - Thu: 7:10pm

*Zoom Only

MAZAL TOV TO: Michelle Levine & Dovi Nadel on the birth of a girl, Maya Zahava.

Yael Bellin & Ariel Douek on the birth of a girl.

CONDOLENCES TO: Josh Abraham (& Rabba Sara Hurwitz) on the passing of Josh's mother Khane-Faygl (Anita) Turtletaub. Wishes of condolence for Josh are welcome by email at josh@abrahamesq.com. Josh can also be reached by phone at 646-245-6710.

WELCOME NEW MEMBERS: Harriet Jackson, Meira Levinson & Sam Mogilensky, Yael Slonim & Jack Nahmod

THIS SHABBAT @ THE BAYIT

Shabbat Tefillah Registration: Click here by noon Friday to sign up for Shabbat and Yom Tov. Click here to sign up for next Shabbat and Yom Tov (starting 10am Sunday).

Zoom Kabbalat Shabbat @ 6:10pm**:** zoom.us/j/6136133703.

Torah reading in the Stone Chumash begins on page 568. The special haftorah for Shabbat Hagadol begins on page 1220.

- To listen before Shabbat visit thebayit.org/tzav.

Teen Tefillah: Not meeting over Shabbat Hagadol and Pesach.

Tot Shabbat: Not meeting on Shabbat Hagadol and first 2 days of Pesach.

Erev Shabbat & Erev Pesach

- The NYC Dep't of Sanitation will place a dumpster outside the Riverdale Jewish Center (corner of 237th & Independence) until approx. 6:00pm Friday afternoon for chametz disposal.
- Burn your chametz @ the Bayit from 8:30am - 11:30am
- Sign up for tefillah on Shabbat Hagadol & First Days: thebayit.org/form/pesach1
- For last minute Sale of Chametz please email Rav Steven before 9:30am
- Online Resources for Pesach (Click link below)
  - Ritual Guide 1st Days @ Home
  - Tefillah Guide 1st Days @ Home
  - Erev Pesach Shechal B'Shabbat (Passover Eve on Shabbat)
  - Pesach FAQ
  - Pesach Food Guide

Chol Hamoed @ the Bayit

Regular Weekday Classes are NOT meeting during Chol Hamoed and will resume on Monday, April 5!

- Monday Night @ 8:30pm: Havdalah w/Rabbanit Bracha zoom.us/j/6136133703
- Tuesday Afternoon @ 4:00pm: DIY Matzah House for Children w/Violet Hoffnung. See page 3 for details!
- Wednesday Afternoon @ 2:00pm: Israeli Wine Industry Virtual Tour. See page 6 for details.
- Thursday Morning from 8:30am - 9:30am: Pesach and Posture - Postural Therapy class w/Joey Zimet. See page 6 for details. Advance registration required.
- Thursday Night @ 8:00pm: Pesach Niggun Circle w/Rabbanit Bracha zoom.us/j/6136133700
- Friday Afternoon, April 2nd @ 5:00pm: Virtual Yizkor zoom.us/j/6136133700

Save the Dates

- Wed, April 7th @ 7:45pm: RJCP Community-Wide Yom Hashoah Commemoration. See page 5 for details.
- Thu, April 8th: Yom Hashoah Seder *(details TBA)*
- Tue, April 13th: RJCP Yom Hazikaron (Israel Memorial Day) Program *(details TBA)*
- Wed, April 14th: Yom Ha'atzmaut (Israel Independence Day) Community Celebration *(details TBA)*

Breath, Body Mind Class w/Shira Gordon: Mon. - Thu. 1:00 - 1:45pm zoom.us/j/6136133702

Breath-Body-Mind (BBM) classes consist of gentle movement and breathing practices to relieve anxiety and depression and calm the nervous system. Classes meet via Zoom Monday - Thursday 1:00-1:45pm with Shira Gordon, RN, MS MPH.

Class will be meeting during Chol Hamoed Pesach (Tue - Thu)

NIGGUN CIRCLE

Niggun Circle meets every Thursday evening at 8:00pm. Join us for spiritual songs and uplifting melodies as we prepare for Shabbat. w/Rabbanit Bracha

zoom.us/j/6136133700

ABRAHAM & SARAH'S TENT: DEDICATED IN MEMORY OF HENRY & GOLDIE GUTTMAN z"l & SPONSORED BY JOE GUTTMAN z"l

The tent continues to operate by delivering meals instead of gathering together in the Bayit. Thank you to all of the volunteers who are making weekly deliveries.

The cost of individually packaged meals is substantially higher than our usual weekly expense. Please consider co-sponsoring a week at www.thebayit.org/tent to support this program.

PARSHAT HASHAVUA w/RABBINIC FELLOW RAV ELI FINKELSTEIN:

Will return after Pesach!

BUSINESS ADVERTISING IN THE BAYIT BULLETIN - Promote your business to Bayit bulletin readers in the first bulletin of every month. Contact the office at 718-796-4730 or office@thebayit.org for more information. HIR's posting of any advertisement is not an endorsement of the advertiser, or of the product or service offered.

ONLINE WEEKLY PARASHA RECORDINGS

Visit our website for audio recordings of the entire Torah, arranged by Parasha and Aliyah featuring our exceptional Ba'al Keriah, Bernie Horowitz. The site also includes a guide to each trop (cantillation note) and to the Hebrew pronunciation. www.thebayit.org/parasha

CSA @ THE BAYIT COMMUNITY SUPPORTED AGRICULTURE

We hope you'll join us in supporting local farmers and enjoying fresh produce throughout the summer and into the fall!

Fruit deliveries begin May 5th and run until October 13th. Vegetables & eggs deliveries begin June 9th and run until November 10th.

New this year: Bi-Weekly Mushroom Share!

Visit www.thebayit.org/csa or email csa@thebayit.org for more information. Ready to sign up? Place your order at: form.jotform.com/210766531125147

To learn more about the Community Supported Agriculture movement visit www.justfood.org/csa. To learn about our farmers visit www.greigfarm.com (fruits) and www.heartyroots.com (vegetables and eggs).

Pickups are Wednesday evenings from 5:30-8:30pm (adjusted for chagim).

Upcoming online Zoom support space for those wishing to connect and process this experience together.

8:30pm - 9:15pm: zoom.us/j/6136133702 or dial-in audio at 646-558-8656; Meeting ID: 613 613 3702

- Monday, April 5th will be facilitated by Dr Barbara Gochberg

Not meeting on 1st night of Chol Hamoed/March 29th

Most of our staff is now working remotely. Please use the numbers listed below to contact them. If you call the main line, and leave a message it will automatically be sent to the intended recipient. IMPORTANT: We can only respond to your call if you leave a message with your name, phone number and the reason for your call! Your patience is greatly appreciated.

Contact Us:

Steven Exler, Senior Rabbi:
ravsteven@thebayit.org/ 917-494-3380
Ezra Seligsohn, Associate Rabbi:
ravezra@thebayit.org/ 610-405-5725
Bracha Jaffe, Associate Rabba:
rabbanitbracha@thebayit.org/ 443-983-5083
Sara Hurwitz, Rabba:
rabbasara@thebayit.org/ 646-337-4047
Avi Weiss, Rabbi in Residence:
ravavi@thebayit.org/ 929-269-2892

Phone: 718-796-4730

Richard Langer, Executive Director:
richard@thebayit.org/ 732-626-5902
Bryan Cordova, Facilities Manager:
bryan@thebayit.org/ 914-809-0203
Yali Szulanski, Youth Director
yali@thebayit.org/ 845-418-2781

Email: office@thebayit.org

Phyllis Newsome, Bookkeeper:
phyllis@thebayit.org/ 201-503-4923
Yael Oshinsky, Program Associate:
yael@thebayit.org/ 201-503-5562
Shuli Boxer Rieser, Assistant to R' Weiss:
shuli@thebayit.org/ 929-269-2892

SOCIAL WORKER @ THE BAYIT - TAYLOR BRITVAN, LMSW

Taylor is available to the HIR community through the Partners in Caring (PIC) program facilitated by The Jewish Board and funded by UJA-Federation of New York. She can be reached at tbritvan@jbfcs.org or by phone at 917-873-5937. Taylor works in Riverdale at the Beatman Center on most Mondays and Tuesdays. She is passionate about destigmatizing and normalizing mental health issues, and she is eager to expand the Bayit's programming to service our members' needs. Please contact her directly to share ideas, for more information, or to schedule an appointment.

YOUTH DEPARTMENT PROGRAMMING & RESOURCES

TOT SHABBAT 11:30am - Signups limited to first 17 families. www.thebayit.org/event/totshabbat. (not meeting over Pesach)

PLAYGROUND TIME

With the warmer weather, families are welcome to use the Bayit playground. To maintain physical distancing please sign up for a time slot by clicking here. Email office@thebayit.org for the code to unlock the gate.

Bayit Playground Open on Shabbat and Yom Tov over Pesach from 12:45pm - 6:30pm. Sign up for a time slot before Shabbat. (gate will be open on Shabbat and Yom Tov)

TEEN TEFILLAH

Teen Tefillah is running smoothly, with a group of middle and high schoolers meeting weekly. We invite grades 5 and up to come and join our weekly learning Minyan to share Torah, practice davening and leining, and meet some new friends! Tefillah begins at 10:30am. Signup at www.thebayit.org/event/teentefillah.

Please note: Teen Tefillah will not meet on Shabbat Hagadol or Pesach

COMING UP IN THE BAYIT YOUTH DEPARTMENT

Stay tuned for information about Teen Tefillah moving outdoors, the relaunch of organized Shabbat morning groups, and various learning opportunities. If you have any questions, please email Yali Szulanski, Youth Director at yali@thebayit.org.

YOM HASHOAH SEDER Thursday, April 8th at 7:00pm

Calling all teens: We are looking for four responsible and creative teens to interview and help tell the story of a Shoah survivor. Contact Rav Ezra at Ravezra@thebayit.org.

TEEN DRASH CORNER - PASSOVER EDITION

I asked Kinneret Day School 8th graders to reflect on some questions relating to Pesach. To review some of their answers click here. Chag Kasher V'sameach - Yali.

- What is something today that could be considered something we are "enslaved" by? What are some of the things we think about constantly that sometimes keep us from feeling "free"?
- What is freedom to you?
- What would you take from your house in the middle of the night if you had to leave?
- What special person would you most like to share tonight's festival meal?
- When was a time in your life that you truly experienced Dayenu? And expressed gratitude?
- What does full inclusion look like at the seder table?
- What experiences in your life have given you hope?

If you are a teen and would like to be featured in our Teen Drash Corner, please email Bayit Youth Director, Yali Szulanski at yali@thebayit.org

DIY Matzha House for Children with Violet Hoffnung
Chol Hamoed Pesach • Tuesday • March 30 • 4:00pm

Join Violet Hoffnung to create a cool edible project for Pesach. If you've got some patience and you can purchase all the ingredients in advance - the end result is super cute and yum-my! We will use melted chocolate in a piping bag to glue pieces of matzo together to make this house, complete with almond slices for roof tiles. Pipe melted chocolate or chocolate hazelnut spread in a sandwich bag "piping bag" to glue the pieces together and the almond slice roof tiles.

Ingredients: chocolate spread, almond butter, frosting, nuts candies for decoration - anything that you have available.

zoom.us/j/6136133703

Elevating The Moment When Receiving the Vaccine

We have been waiting months for this moment when we receive the vaccine - is there a special blessing we can say to mark and elevate the moment? We suggest saying the *Shehechiyanu* (שהחיינו) blessing based on this responsum by Rabbi Linzer, Rosh Yeshiva and president of YCT:

https://library.yctorah.org/lindenbaum/should-i-make-a-brakha-when-receiving-the-covid-19-vaccine/

Here is a link to a *kavanah* - an intention which guides our thoughts towards thanking God in this awe-inspiring moment as we move from darkness to light. The *kavanah* was written by Rabbanit Bracha and Rabbi Eli Yoggev.

Click here for the complete text

THE BREATH, BODY, MIND CLASS OF 2020-2021 would like to express our appreciation and gratitude to an outstanding mentor - Shira Gordon.

During the Covid pandemic the Bayit has offered daily Breath, Body, Mind classes with Shira. The ability to have daily access to learn the tools that the Breath, Body, Mind technique offers has been invaluable to us all.
Shira, thank you for leading the way and teaching us how to help ourselves relax and revitalize. We also would like to thank Carole Oshinsky for stepping in whenever Shira wasn't available to lead the class. The investment that you have both put into our daily class will be treasured for years to come. We look forward to continuing the improvement of our breathing practices.

To all of you who have not joined yet - it is never too late! Join us today, take a breath, and relax!

Thank you to Ziva & Jacob Ouaknine for sponsoring the siyyum on Taanit Bechorot l'iluy nishmat Meyer Ben Haim z"l, Jacob's father, around the commemoration of his first yahrzeit.

REMINDER FROM THE RIVERDALE MIKVAH

In order for us to properly maintain the safety and health of the Mikvah, as well as follow our screening protocols, we require Mikvah appointments 24 hours in advance. Appointments can be made via the website https://www.riverdalemikvah.com/. When appointments are full on the online system, please email theriverdalemikvah@gmail.com, and we will work to accommodate all requests made 24 hours in advance. Please know you can always email us, in addition to calling, to discuss any specific needs/ requests/or questions. Please do your best to make appointments, when possible, a few days in advance. This has been happening less regularly of late, and we want to remind you to keep trying to schedule your appointment in advance to enable all mikvah use to run smoothly for everyone. Thank you!

INFORMATION ABOUT OUR MEDICAL ADVISORY COMMITTEE

As we pass the one-year mark of managing with the coronavirus in our community, and as we anticipate new policy changes with continued re-opening, we wanted to share a little bit more about how our process has worked this year: Our Medical Advisory Committee consults regularly with Rav Steven and Bayit lay leadership on Covid safety protocols for Bayit building safety, services and programs. The Committee's goals are to ensure compliance with CDC, NYS and NYC Health guidelines, and, where appropriate, enhance those guidelines as they relate to the Bayit community and its practices. The Committee's recommendations are weighed very heavily in any final Bayit policy decision. Ultimate decision making authority and responsibility remains with the Bayit's clergy and lay leadership. Current Medical Advisory Committee members: Dr. Sheryl Haut, Dr. Dale Nordenberg, Atara Gorsetman, RN, and Ahuva Jacobowitz, MA.

ZOOM PASSWORD: All Zoom meetings require a password that was distributed by email. New users - please email office@thebayit.org to request the password.
Note: No password required for dial-in access.

Shabbat Shalom! Chag Sameach!

Donations to the Sefarim fund will be used to purchase the books we need as determined by the rabbinic team and gabbaim. Donors will be recognized with a thank you in the **second bulletin of every month** and a dedication label in the book when it is purchased. To donate visit our website at www.thebayit.org/sefarim.

NEW YORK STATE OFFICE OF UNCLAIMED FUNDS: The Office of the New York State Comptroller has returned almost $45,000,000 in unclaimed funds to individuals, business and organizations in just the first 6 weeks of 2021. Is any of it yours? Might you have missed depositing a dividend check? Could a refund on your security deposit gone astray the last time you moved? Maybe when a parent passed away there was an account you didn't know about? For one of our staff it was a forgotten bond from a bar mitzvah gift. Whatever might have happened, utilities, banks, insurance companies and others are required by law to remit unclaimed funds to the state so you can recoup your money. Visit https://www.osc.state.ny.us/unclaimed-funds and search today.

BAYIT TERRACE AVAILABLE FOR LIFECYCLE CELEBRATIONS WITH MEAL SERVICE

New Baby? Sheva Brachot? With warmer weather ahead the Bayit's Terrace is available to celebrate All events must adhere to our safety guidelines which include individually packaged meals, drinks and cutlery and socially distant seating. The space can hold up to 10 tables for seating with up to 2 pods per table. To review the complete guidelines and schedule your simcha reach out to Richard Langer (richard@thebayit.org, 732-626-5902).

HIR – The Bayit
Pesach Schedule 5781/2021

FRIDAY, MARCH 26th
Shacharit: 6:45am, 7:50am*
The Sale of Chametz will take place by 11:00am
Burning of Chametz at the Bayit: 8:30am - 11:30am
Burn and annul Chametz** before: 11:58am
Minchah: 6:46pm
Candlelighting: 6:56pm

SHABBAT MARCH 27th, SHABBAT HAGADOL | EREV PESACH
Shacharit 7:00am, 7:45am, 8:00am, 8:30am
Latest Time to eat Chametz: 10:55am
Dispose of all Chametz Before: 11:59am
Minchah/Maariv 6:50pm
Candle lighting and Seder after: 7:57pm

SUNDAY, MARCH 28th – PESACH DAY 1 (YOM TOV)
Shacharit 8:15am, 9:00am, 10:00am, 10:15am
Minchah/Maariv 6:55pm
Candle lighting and Seder after 7:58pm

MONDAY, MARCH 29th – PESACH DAY 2 (YOM TOV)
Shacharit 8:15am, 9:00am, 10:00am, 10:15am
Minchah/Maariv 7:00pm
Havdalah/Yom Tov ends: 8:02pm

TUESDAY, MARCH 30th – PESACH DAY 3 (CHOL HAMOED)
Shacharit 6:20 & 7:50am*
Minchah/Maariv 7:05pm

*7:50am Tefilllah on weekdays and Chol Hamoed is via Zoom only. During Chol Hamoed the Zoom tefillah will feature a Musical Hallel.

** Excluding chametz that will be eaten on Friday & Shabbat morning.

Note: On Erev Shabbat the Zoom is turned off prior to *"Mizmor Shir L'yom HaShabbat"*

To attend tefillah and classes via Zoom a password is required.
To request the password email office@thebayt.org

WEDNESDAY, MARCH 31st – PESACH DAY 4 (CHOL HAMOED)
Shacharit 6:20 & 7:50am*
Minchah/Maariv 7:05pm

THURSDAY, APRIL 1st – PESACH DAY 5 (CHOL HAMOED)
Shacharit 6:20 & 7:50am*
Minchah/Maariv 7:05pm
Niggun Circle zoom.us/j/6136133700 8:00pm

FRIDAY, APRIL 2nd – PESACH DAY 6 (CHOL HAMOED)
Shacharit 6:20 & 7:50am*
Candle Lighting 7:03pm
Zoom Yizkor zoom.us/j/6136133700 5:00pm
Candle Lighting 7:03pm
Minchah/Abbrev. Kabb. Shabb./Maariv 6:53pm

SHABBAT, APRIL 3rd – PESACH DAY 7 (YOM TOV)
Shacharit 7:00am, 8:30am, 9:45am, 10:00am
Shir Hashirim will be read after Mussaf @ each tefillah
Minchah/Maariv 6:55pm
Candle Lighting 8:04pm

SUNDAY, APRIL 4th – PESACH DAY 8 (YOM TOV)
Shacharit (w/Yizkor) 7:00am, 8:30am, 9:45am, 10:00am
Minchah/Maariv 7:05pm
Havdalah/Pesach Ends 8:08pm

Chametz sold through HIR may be eaten after 9:00pm on Sunday Night, April 4th.

Weekday and Chol Hamoed tefillot are simulcast on Zoom at zoom.us/j/6136133700.

All in-person tefillot at the Bayit currently require advance sign up and a health self-assessment. Visit www.thebayit.org to fill out the registration form.

BAYIT SOCIAL ACTION COMMITTEE
SAC Haggadah Companion
We have put together a Haggadah Companion which includes pieces (written by Social Action Committee members) accentuating parts of your Seder evenings or act as windows for reflection during the coming three days Yom Tov.

To print a copy of the companion and share with your family/friends over Chag click here.

Chag Kasher V'sameach from everyone at the Bayit!

PESACH AND POSTURE: RE-ALIGNING FROM LEANING AT THE SEDER

Thursday, April 1st, 8:30am - 9:30am

Please join Joey Zimet for a special Postural Therapy Movement Class. The goal of the class is to teach you the tools – postural stretches and exercises - to stand or sit up straight, walk with efficiency and balance, and breath more naturally and optimally. It's designed to leave you feeling light, bouncy, and springy…..at least to the degree you can with eating Matzah!

Registration is required. Visit thebayit.org/posturaltherapy to sign up.

Israeli Wine Industry - Virtual Tour

ארץ חטה ושערה, וגפן ותאנה ורמון, ארץ-זית שמן, ודבש (דברים ח', ח')

BAYIT SOCIAL ACTION COMMITTEE - POTS Partnership

We are suspending our collection of items for POTS until after Passover. However, the need to support struggling Bronx households is ongoing. Click here to give to POTS, and remember to write in HIR so we can track your gift.

POTS Part of the Solution
Feeding Our Neighbors. Nourishing Our Community.

Donation of Passover Haggadot: R Gabe Kretzmer-Seed has picked up the Haggadot donated by our community members to Rikers Island Inmates. Thank you to all who donated. As you sit at your Seder table this Pesach, remember those who are not free right now and who face tremendous challenges.

RIVERDALE JEWISH COMMUNITY PARTNERSHIP (RJCP)

YOM HASHOAH - REMEMBERING AT HOME - *ZOCHRIM BABAYIT* | Wednesday, April 7, @ 7:45 pm

We invite the Riverdale community to join together for our Yom HaShoah Commemoration. Hear from survivors and "story keepers" as we remember our past while forging a path to the future. Please join us via Zoom https://riverdaley.zoom.us/j/2942100789.

THE BAYIT

The Hebrew Institute of Riverdale – The Bayit – is an open Orthodox synagogue serving the entire Jewish community by warmly embracing all Jews, regardless of affiliation, commitment, orientation or background. It is affectionately known as the "Bayit," which is a home – a place of love and welcome. We are known nationally for bringing spirituality into the synagogue; activism on behalf of the oppressed; youth and teen engagement; learning programs; and work on behalf of the elderly, the homebound, and those with developmental and physical challenges.

If these words resonate with you, if our Bayit has touched your life, then please join our growing membership.

BEYOND THE BAYIT - COMMUNITY ANNOUNCEMENTS

NORPAC MISSION TO WASHINGTON - Please join your fellow NORPAC members for a vitally important week-long Virtual Event. You can choose one or more days to meet in small groups with members of Congress and key members of their staff to advocate on the most vital US-Israel issues. There are more than 70 new members of the House and Senate so our work advocating and educating in favor of a strong US-Israel relationship is critical. The Mission is from Monday, May 3rd to Thursday, May 6th. To get more information and register you can go to www.norpac.net or call (201)788-5133.

From the Riverdale-Y:

Virtual Tour of Israel
On Friday, March 26, join us as we take a virtual visit to the beautiful country of Israel. Learn about important places and the different landscapes and terrain. With Shani Aslan, Israeli Emissary of the Y. For more information, please visit www.RiverdaleY.org/israeliculture

DOROT Summer Teen Internship
The Riverdale DOROT Summer Teen Internship Program brings together a diverse group of socially conscious teens committed to creating meaningful connections with older adults. Do you know someone who would be a great fit? Find out more at www.RiverdaleY.org/dorot.

Camp 2021 Early Bird
We're so excited to get back to camp for Summer 2021! Save up to $300 when you **register by March 31**. Camp Kulanu (ages 2 to 6), Summer Stage (ages 6 to 16), Camp Twelve Trails (ages 5 to 16). For more information, please visit www.RiverdaleY.org/camp.

Riverdale Y Sunday Market - Opens April 11
The Riverdale Y Sunday Market returns on April 11! Come grab the freshest ingredients for your household. Located at the Riverdale Temple at 4545 Independence Avenue**.** For more information please visit www.RiverdaleY.org/sundaymarket.

Volunteer Opportunities
Volunteers work alongside staff to embody our universally held values of caring, respect, and responsibility. They strengthen our community by being determined, nurturing, genuine, hopeful, and welcoming. Our current volunteer needs include: Vaccine Outreach, Vaccine Support Companion, and Tech Support for Homebound Adults. For more information, and to apply, please visit www.RiverdaleY.org/volunteer.

JQY WEEKLY 'VIRTUAL' WEEKLY DROP-IN CENTER: Thursday nights, 6:30pm - 8:00pm. Open to all youth ages 13 - 23. Participants can meet with JQY social workers, meet new friends and take part in each week's unique program. Register at www.jqyouth.org/virtualregistration.

BRONX EATS PRESENTS VIRTUAL COOKING DEMONSTRATION - THURSDAY, APRIL 8TH, 6:30-7:30PM:
Bronx Eats offers hands-on cooking classes all over the Bronx which teach basic cooking skills and recipe preparation using as many fresh, seasonal and local ingredients as possible. The virtual cooking demonstration titled "Cuisines from Around the World," will take place on Thursday, April 8th at 6:30pm. At this demo with Stephanie Ignacio, you will learn how to make: Spinach, Sweet Potato, & Lentil Dahl. Register here (for free) in order to receive the Zoom link, full schedule and recipes.

Did you hear?
Maharat's podcast is now LIVE!
The first half of the season of Maharatcast is now live on the Maharat website, iTunes, Spotify and SoundCloud!
Click here to listen