



Hebrew Institute of Riverdale

BAYIT BULLETIN

3700 Henry Hudson Parkway, Bronx, NY 10463

718-796-4730

www.thebayit.org

February 28 - March 6, 2020

3 - 10 Adar 5780

This Shabbat: *Terumah*

- Candle Lighting: 5:27pm
- Mincha/Kabbalat Shabbat: 5:37pm
- Shalom Bayit: 7:00am
- Shacharit Main Tefillah: 8:30am
- Sof Zman Kriat Shema: 9:19am
- Learning Service: 9:45am
- Teen Tefillah: 11:00am (Mussaf)
- Niggun Circle: 4:45pm
- Mincha: 5:15
- Shabbat Ends: 6:32pm

Kiddush

No Kiddush this Shabbat.

To sponsor a future Kiddush please email Seth Aronson at kiddush@hir.org

Weekday Times:

Shacharit:

- Sun: 8:30am
- Mon/Thu: 6:40am, 7:50am
- Tue/Wed/Fri: 6:45am, 7:50am

Mincha/Maariv:

Sun - Thu: 5:35pm

Next Shabbat: *Tetzaveh* *Parashat Zachor*

- Candle Lighting: 5:35pm
- Mincha/Kabbalat Shabbat: 5:45pm
- Shacharit: 7:00am, 8:30am
- Mincha (Main/Sephardic): 5:20pm
- Maariv/Shabbat Ends: 6:39pm

IMPORTANT UPDATE ABOUT WEEKDAY TEFILLOT

Starting **THIS Monday, March 2nd**, the doors to the Bayit will be locked during weekday tefillot. Visitors who do not have an access code will be able to use the intercom and be screened to enter the building. Please see one of the gabbaim, a member of the Rabbinic Staff or contact the office for instructions on how to enter the building during tefillah. Thank you for your cooperation.

HEADED TO AIPAC? JOIN THE BAYIT WHATSAPP GROUP!

<https://chat.whatsapp.com/BwFzP32nq2M1HCjgVWj9xja>

Condolences to: Barbara Sopher (& Dan Harellick), Jonathan (& Aviva) Sopher and Lisa Sopher (& Jeremy Deutsch) on the passing of their mother, Marilyn Sopher. Shiva is at the Sopher home, 555 W. 252nd St and concludes after Shacharit on Sunday morning at 8:30am.

Josh Lannik (& Liz Shayne) on the passing of his mother, Phyllis Lannik. The funeral and burial will be in Norfolk, VA on Monday. Shiva will be at the Lannik home 3660 Oxford Ave #2G starting with Mincha/Maariv on Tuesday at 5:35pm through Sunday, March 8th after Shacharit. Tefillah times: Shacharit Wed - Fri: 6:45am, Sunday: 8:30am. Mincha/Maariv Tue - Thu: 5:35pm. Maariv Saturday night: 6:32pm.

THIS SHABBAT @ THE BAYIT

Derasha w/: Rabbanit Bracha "Is There a Gold Standard for Forgiveness?"

Shiur Between Mincha & Maariv: Bill Stock "Jews in the Theater: From Idolatry to Fiddler"

ZAYIN ADAR SEUDAH - Monday, March 2nd @ 7:00pm

Please join us in honoring the members of the Bayit's Chevra Kadisha at a Zayin Adar Seudah on Monday Evening, March 2nd: Maariv at 7:00pm followed by dinner and a D'var Torah from Rabbanit Bracha. RSVP to David Braunstein, dbraunstein01@gmail.com.

PURIM IS COMING! VOLUNTEER OPPORTUNITIES

- If you can read the Megillah or parts of the Megillah for those who are homebound, **or** if you know of someone who needs Megillah read for them please contact Rabbanit Bracha rabbanitbracha@thebayit.org.
- Help get our Bayit into a "Pajama Party" spirit! We need parents and children who can help us decorate the shul for Purim on Sunday, March 8th. See Youth Page for details.
- Volunteer at the Carnival on Purim Day. We need teens and adults to help out at the carnival. Visit www.thebayit.org/purim for details.

TEFILLAH & MEGILLAH READING

MONDAY NIGHT, MARCH 9TH:

Main Sanctuary: Maariv 7:20pm followed by Megillah Reading at 7:40pm
Late Reading in the Lower Level Beit Midrash: 9:30pm

7:00pm: Minyan Shachar (Lower Level BM) & Beth Aharon (2nd Floor BM)

TUESDAY, MARCH 10TH:

Shacharit: Main Sanctuary: 6:00am & 7:50am. Beth Aharon: 6:00am (Lower Level BM)
Late reading: 11:00am (Lower Level BM).

Mincha: 2:30pm (2nd Floor BM) | **Mincha/Maariv:** 6:45pm (Lower Level BM)

Visit www.thebayit.org/purim for the full schedule and details about Tzedakah and Chesed opportunities as well as our fabulous Purim Carnival!

World Zionist Congress Elections

Voting recently began for the World Zionist Congress (WZC). The WZC helps decide the leadership and spending priorities for the Jewish Agency and for the Jewish National Fund. The WZC also offers the opportunity for world Jewry to express their opinions on a variety of controversial issues facing Israel, including accommodations for women and the non-Orthodox at the kotel. For the first time we have an opportunity to vote for a slate (Dorshei Torah v'Tzion - slate 7) headed by our own Rav Avi, with like-minded men and women who will advocate on behalf of an open and inclusive modern Orthodoxy here and in Israel. Please visit <https://AZM.org/elections> or take one of the ballots in the Main Lobby to learn more and vote!

ISRAELI MOVIE NIGHT - SUNDAY, MARCH 22ND @ 7:30PM

Join us for an evening of short films and discussion from the Ma'aleh film school, Jerusalem. This program is presented by the Bayit's newly formed Israel Action Committee, to deepen our connection to *Medinat Yisrael*.

Suggested donation: \$15. RSVP at www.thebayit.org/film

THIS WEEK'S CLASSES @ THE BAYIT:

JOE HOCH Z"L MEMORIAL DAF YOMI SHIUR

with Dov Weinstock (M-Fr) and Eli Oberstein (Sat/Sun)

Sunday - Friday 7:30am Shabbat - After Mincha

We are looking for occasional substitutes. Please email

ravsteven@thebayit.org

Room 3.4

SHABBAT CLASSES

8:05am: Midrash Hashavua w/Rav Steven

After Mussaf: Torah To Go **NOT MEETING**

Parasha Shiur *on hiatus*

4:45pm: Niggun Circle w/Rabbanit Bracha

Listening Room w/Myra Estelle *on hiatus*

WEEKDAY CLASSES

Monday

9:30am: Conversational Talmudic Tales With a Twist in

Hebrew w/Rabbanit Bracha

10:30am: Talmud Avodah Zarah w/Rav Ezra

11:30am: Halacha Chavurah w/Burt Nusbacher

7:30pm: The Non-Literary Prophets: w/Rav Avi (*on hiatus*)

8:30pm: Advanced Gemara Shiur w/Rav Jeff Fox

Tuesday

10:00am: Midrash on the Parasha w/Rav Ezra

7:30pm: Foundations of Judaism (Room 3.7)

7:30pm: iEngage Series (Lower Level Beit Midrash)

Wednesday

11:30am: Talmudic Tales With a Twist w/Rabbanit Bracha (in English)

Thursday

10:00am: Book of Isaiah w/Rav Steven

11:15am: Intro to Talmud w/Gloria Nusbacher

All classes in the Main Lobby unless otherwise noted.

Our Hebrew teacher, Sara Kinberg, will resume teaching after Passover. For more information, please call Sara at 718-548-2461.

RIVERDALE MIKVAH HOURS

Friday Night: 40 minutes after candle lighting. Please be on time.

Saturday Night: 7:00pm - 10:00pm

Weeknights: 7:00pm - 10:00pm

www.riverdalemikvah.com | 718-549-8336

SOCIAL WORKER @ THE BAYIT:

Arona Berow, LMSW, is a licensed social worker who is available to the HIR community through the Partners in Caring (PIC) program facilitated by Jewish Board and funded by UJA-Federation of New York. Arona will be working in Riverdale at the Beatman Center on Mondays & Wednesdays and can be reached by email at aberow@jbfc.org or by phone at 212-632-4735.



ABRAHAM & SARAH'S TENT: DEDICATED IN MEMORY OF HENRY & GOLDIE GUTTMAN z"l & SPONSORED BY JOE GUTTMAN z"l

(CO-SPONSORS WELCOME):

Join us every Shabbat for our open communal dinner. Co-Sponsored this week by Wendy Zierler & Daniel Feit in commemoration of the yahrzeit of Wendy's father, David Zierler, and the shloshim of her mother, Marion Zierler. To see which Shabbatot are available for sponsorship, please visit www.thebayit.org/tent or email James Lapin at tent@hir.org.

LEARNING SERVICE WITH LIVYA TINESTIT

Finding one's way around a prayer book is a learned skill. Using a transliterated Siddur, we will gradually build a repertoire of prayers starting with the better-known melodies and liturgies. The learning service begins at 9:45am in the 2nd-floor office past the kitchen and ends at 11:00am.

Bayit Job Networking

Looking for a job? Want to get connected with community members in your industry? Are you a professional, and able to serve as a resource in your industry? Email Arona Berow at aberow@jbfc.org to get connected with each other, and for additional information. Confidentiality is of prime concern, and no one's information will be disclosed without permission.

New Bereavement Group

Coping with loss and grief can be difficult, challenging, and often isolating and lonely. If you, or someone you know, is interested in joining a new bereavement group, please contact Arona Berow at 212-632-4735, or aberow@jbfc.org

Do you know someone who needs any of the following? Would you like to volunteer for any of these committees?

Shiva: Beth Braunstein: braunsteinbeth@gmail.com

Bikur Cholim: Ruth Licht: 718-796-349,

ruth.licht@outlook.com

Meals for New Parents, After Pregnancy Loss or

During Illness: Shira Billet: meals@thebayit.org

Hospitality and Welcome: welcomes@thebayit.org

Bayit Band: Bayitband@hir.org

Green Committee: Ann Rauch, green@hir.org

Child Protection Committee: Rahel Bayar,

childprotection@thebayit.org

Shelter: James Lapin, shelter@thebayit.org

Social Action: Michael Goldblum,

socialaction@thebayit.org

Israel Action: Bonnie Geller-Geld, israelaction@thebayit.org

To reach Bayit president Daniel Feit please email president@hir.org

Contact Us:

Steven Exler, Senior Rabbi:

ravsteven@thebayit.org x108

Ezra Seligsohn, Associate Rabbi:

ravezra@thebayit.org x219

Bracha Jaffe, Associate Rabba:

rabbanitbracha@thebayit.org x106

Sara Hurwitz, Rabba:

rabbasara@thebayit.org x107

Avi Weiss, Rabbi in Residence:

ravavi@thebayit.org x102

Phone: 718-796-4730

Richard Langer, Executive Director:

richard@thebayit.org x104

Emily Hausman, Co-Youth Director:

emily@thebayit.org x120

Joseph Robinson, Co-Youth Director:

joseph@thebayit.org x120

Bryan Cordova, Facilities Manager:

bryan@thebayit.org x121

Email: office@thebayit.org

Phyllis Newsome, Bookkeeper:

phyllis@thebayit.org x103

Yael Oshinsky, Program Associate:

yael@thebayit.org x116

Shuli Boxer Rieser, Assistant to R' Weiss:

shuli@thebayit.org x102

HIR YOUTH DEPARTMENT

THIS SHABBAT:

SHABBAT MORNING GROUPS SNACKS :

To sponsor snacks for youth groups go to www.thebayit.org/youthsponsor.

REMINDER: Groups conclude at 11:40am. Please make every effort to pick up your children on time. Thank you in advance for your cooperation.

Snacks Sponsorship:

\$100 - sponsor all snacks
\$150 - sponsor all snacks + birthday party

\$36 - Tot Shabbat
\$36 - Nursery-K
\$36 - Grades 1-6

RH SH: Tot Shabbat
Room 3-4: Nursery
Room 3-5: Pre-K



Groups Schedule:

Regular groups: 9:40am - 11:40am
Tot Shabbat: 10:30am



Room 3-6: Kindergarten
Room 3-1: Grades 3-6 Boys
Room 3-2: Grades 3-6 Girls
Room 3-3: Grades 1-2



Calling all Riverdale kids! The Bayit is the place to be! For assistance, please contact our Co-Youth Directors, Emily Hausman Emily@thebayit.org or Joseph Robinson (Joseph@thebayit.org) 718-796-4730 x 120



PLAYGROUND GROUPS SCHEDULE!

Groups will be outside at the following times. If you arrive at shul with your children, please check to see if their group is outside at that time as per the schedule below. Thanks!

- 10:00 - 10:30: Nursery and pre-K
- 10:30 - 11:00: Kindergarten, Grades 1 - 2
- 11:00 - 11:30: Grades 3 - 6

TEEN TEFILLAT MUSSAF - 11:00AM

Facilitated by Joseph Robinson, all 7th-12th graders are welcome. Contact R. Joseph at joseph@thebayit.org for info.

PURIM PAJAMA PARTY IS COMING TO THE BAYIT!

Monday Night, March 9th – Tuesday, March 10th

Visit thebayit.org/purim for the full schedule from the start of the Fast of Esther until the end of Purim: Tefillot, Megillah readings, Carnival, Chesed opportunities and more!

Purim Carnival - Tuesday, March 10th, 12:30-2:30pm. Register at thebayit.org/carnival

THANK YOU TO THE SUPPORTERS OF THE TRIVIA NIGHT YOUTH DEPARTMENT FUNDRAISER.

Volunteers: Anat Barber, Kathy Goldstein, Eli Oberstein, Lily Oberstein, Ruthie Simon and special shout out to event chair Cecily Oberstein.

Sponsors:

Trivia Master: Shani & David Schwartz | **Trivia Wiz:** Jessica & Stuart Loeser | **Junior Puzzlebreaker:** Rina & Joshua Altman, Danielle Salzberg & Danny Kochavi, Shani & Meir Lindenbaum, Chana Sommer & Jeremy Senderowicz, Caryn Keller & Isaac Silverstein, Ruthie & Joel Simon.

Congratulations to our winners: Mel Gibson's Bar Mitzvah Barrie & Jon Krause, Joseph Robinson, Caryn Keller & Isaac Silverstein, Yali & Ben Weiss, Amir Zinkow, Racheli Geschäftlich, Lauren Calihman.

HIR LEAGUE OF OUR OWN 2020

Girls softball registration is now open!

We are returning for another great season in 2020! Open to all girls in grades 3-8. No previous playing experience needed.

Parents: We need more help coaching and managing the league. Please email softball@hir.org to get involved!

To register, visit www.thebayit.org/softball



Welcome to Pajama Youth Shabbat!

Come celebrate Rosh Chodesh Adar at Pajama Shabbat Youth Groups. Wear your CRAZIEST PJ items to groups and we will show them off during Kiddush! We would like to collect bedtime story books to be donated to immigrant families. The Bayit's Social Action Committee is asking anyone who can help donate a book, to drop off English & Spanish bedtime books in new/good condition in the coat room.

RIVERDALE YACHAD SHABBATON MARCH 13 - 14

We look forward to our annual Yachad Shabbaton taking place this year on March 13th and 14th. If you are able to host any of our guests please visit www.thebayit.org/yachad.

Calling all Bayit tweens & teens, we are planning a community Melave Malka on Motzaei Shabbat, March 14th. Join us for a fun evening of music with DJ #RED, S'mores, hot cocoa, and more! We are looking for a few tweens (ages 12 and older) to volunteer at the program. If you are interested please email Youth Committee Chair cecily.marbach@gmail.com.

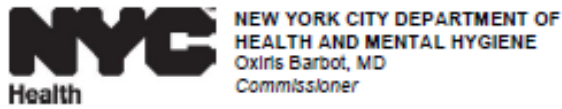
Will you bring the PURIM PAJAMA PARTY TO THE BAYIT? Sunday, March 8th 11:00am - 4:00pm

Help get our Bayit into a "Pajama Party" spirit! We need parents and children who can help us decorate the shul for Purim!

We will start at 11:00am and wrap up with a Breath, Body, Mind workshop for children with Shira Gordon at 4:00pm. Pizza and snacks will be served.

Visit <https://tinyurl.com/wl6rddu> to sign up. Please try to commit to at least 2 hours during the day. If you and your children will stay for the Breath, Body Mind program, please bring a small blanket.

Please read the following letter from the NYC Department of Health about COVID-19. Copies of the Frequently Asked Questions referenced below are available in the boxes in the Main Lobby.



February 26, 2020

Dear Families,

This week, the Centers for Disease Control and Prevention discussed possible options for what could happen if there is local person-to-person transmission of the novel coronavirus in the United States, including recommendations for school systems to consider.

At this time, it is important to listen to facts and not respond to fear. Currently there are no confirmed cases of novel coronavirus in New York City and the risk to New Yorkers remains low. However, transmission of the virus in other countries has raised our level of concern, and we are preparing for the possibility of person-to-person transmission in New York City. The measures that are put in place should local person-to-person transmissions begin will depend on the number of individuals affected and the general severity of illness we experience in our city. The NYC Health Department is vigilantly preparing for all possible scenarios, and we will continue to monitor and communicate about any possible impact to our school communities.

There are no plans to close schools at this time. This is an extreme measure that can be disruptive to day-to-day life, and the decision to implement will be at the direction of public health experts.

All New Yorkers should continue to practice general flu prevention measures including:

- Cover your cough or sneeze with a tissue or sleeve
- Wash your hands regularly
- Avoid touching your face
- Avoid close contact with people who are sick
- Get your flu shot – it's never too late
- Stay home if you're feeling sick. Call your doctor and let them know your symptoms and travel history.

Please read the Frequently Asked Questions sheet attached to this letter for more information, or visit nyc.gov/health at any time for important updates.

We will continue to clearly communicate with our school communities about our ongoing efforts regarding the coronavirus.

Sincerely,

Oxiris Barbot, MD
Commissioner
New York City Department of
Health and Mental Hygiene

MARCH MEMBERSHIP MONTH:

March is Membership Month. Thank you to all our members who have committed to supporting our Bayit for 2020 and who have paid their dues either in full or by setting up a payment plan. Your support is greatly appreciated. For members who have not yet paid their dues, please keep in mind that income from membership dues represents about 30% of our annual operating expenses. We are committed to actively fundraising for the additional 70% of our financial needs, but we absolutely depend on your dues contribution to maintain our Bayit. Partial payments and payment plans are gratefully accepted. You can make a payment or set up a payment plan online at www.thebayit.org, set up a payment or repeating payments through online banking, mail or drop off a check in the office, or call the office to set up a credit card payment or payment plan. If full dues are beyond your financial means, please reach out to our Executive Director, Richard Langer by email at Richard@thebayit.org or by phone at 718-796-4730 x 104. We will begin publishing our member list next week.

MARCH 21ST - SHABBAT KINNERET

Kinneret families are invited to join a Shabbat lunch at the Bayit. E-mail kinneret@kinneretdayschool.org for more information.

Kiddush Sponsorship Opportunities Updated Menus!

Have a family simcha or milestone coming up? Consider sharing your moment with the community by sponsoring a Kiddush with one of our updated menu options. There are now six menus in prices ranging from \$500 - \$3,000 that offer everything from a light snack to a complete Shabbat Lunch.

For details visit www.thebayit.org/kiddush.

To sponsor a kiddush please email Richard@thebayit.org or call the office at 718-796-4730 ext. 104 to confirm the availability of your preferred date.

SCAM EMAILS - BE ON THE ALERT

A number of congregants reported receiving emails from someone posing as Rav Steven using the email address "ravsteven.thebayit@gmail.com". We have reported this abuse to Google and if you receive an email please consider filing your own report at <https://support.google.com/mail/contact/abuse>. Rabbi Barry Dov Katz and the CSAIR community had a similar experience this week as well.

Please keep in mind that emails from Bayit staff will always be from an address xyz@thebayit.org and that we will never ask you for gift cards or any other "off the record" donations. Nor will we ask to borrow money.

SCENTS AND SENSITIVITY

As we dress up and accessorize for Shabbat and Yom Tov, we know that many members use personal fragrances (perfume, cologne, deodorants) to enhance their Shabbat experience. Please be aware that fragrances can be harmful to the health of our Bayit family, and in recent times, a number of congregants have shared with our staff that they often experience respiratory or allergic reactions to the fragrances. Please consider reducing or eliminating your fragrance use when you are in the Bayit.

CSA @ THE BAYIT COMMUNITY SUPPORTED AGRICULTURE

We hope you'll join us in supporting local farmers and enjoying fresh produce throughout the summer and into the fall! Fruit deliveries begin in early May. Vegetables & eggs start arriving in early June. Visit www.thebayit.org/csa to sign up or email csa@thebayit.org for more information. To learn more about the Community Supported Agriculture movement visit www.justfood.org/csa. To learn about our farmers visit www.greigfarm.com (fruits) and www.heartyroots.com (vegetables and eggs). Signup for full or half shares of fruits, veggies or eggs. Pickups are Wednesday evenings from 5:30-8:30pm and run from early May until late October.

BUSINESS ADVERTISING IN THE BAYIT BULLETIN -

Promote your business to Bayit bulletin readers in the first bulletin of every month. Contact the office at 718-796-4730 or office@thebayit.org for more information.

HIR's posting of any advertisement is not an endorsement of the advertiser, or of the product or service offered.



STROLLER PARKING AT THE BAYIT

To ensure the safety of everyone in the building and to maintain clear paths of entry and exit, please remember that no strollers are allowed in the Main Lobby or coatroom.

If you bring a stroller, please be sure to park it on the terrace in the designated areas so we can maintain clear exit paths from the emergency doors in the sanctuary to the stairs down to the playground.

Strollers left in the lobby or coatroom will be moved to the terrace.

After tefillah as you schmooze in the lobby please be mindful of the heavy traffic and allow those with strollers to pass you as they leave the building.

Thank you for your cooperation and support.

HIR GIFT CARDS

Support our Bayit by purchasing gift cards - Buy it for the Bayit! For more information on volunteering or to place an order, email giftcards@thebayit.org or call Shira Gordon at 718-549-5280.

NOTE: Purchases do not cost you anything extra.

AMAZON SMILE PROGRAM

Go to smile.amazon.com, pick your own charitable organization and put in "Hebrew Institute of Riverdale."

You can now support the Bayit while using Amazon's Android App too! (Update "settings" from the main menu in the app to turn on Amazon Smile)

The Bayit has already received almost \$1,500!

ENGAGE HARTMAN SERIES W/ RAV STEVEN
Israel's Milestones and Their Meanings: The Legacy of the Past and the Challenge of the Future
Final Class - this Tuesday, March 3 @ 7:30pm

YESHIVAT MAHART PRE-PURIM CLASSES
Join Maharat on Thursday, March 5th 1:45pm-3:30pm for an afternoon of learning about Purim. Join us in person in the Lower Level Beit Midrash or online via Facebook Live or Zoom meeting at <https://zoom.us/j/271236193>

Social Action at the Bayit

Bayit Board member Shira Gordon conducted a Breath, Body, Mind workshop, similar to the program she offers here at the Bayit, with 25 recent immigrants from Central America at CREA, an organization in East Harlem. The people who came were "so hungry for help for their anxiety and panic attacks, with little access to mental health services," that they invited us back for a follow up in April. Heidy Animas, who translated for her mother at the HIR Immigration Panel, also facilitated at Shira's program.

To learn more or get involved with the work of the Bayit's Social Action Committee email socialaction@thebayit.org

City Harvest Passover Food Drive

Now through April 2nd we will be collecting both Kosher for Passover and Chametz foods which will be distributed by City Harvest. Please bring sealed, non-perishable foods to the Bayit's coatroom. We ask that you check the expiration dates on any food you bring and dispose of outdated food at home. Thank you for supporting those with food insecurity!

BREATH, BODY, MIND WORKSHOP
w/Shira Gordon: A gentle, effective breathing practice to manage stress, anxiety, and depression and improve general health and well being. Facilitated by Shira Gordon, RN, MS, MPH. Certified teacher of the BBM technique as taught by Dr. Richard Brown and Dr. Pat Gerbarg. Mondays, 1:00pm - 2:00pm. Contact Shira Gordon at breath@thebayit.org for more info.

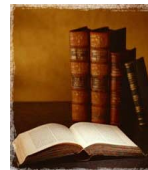


CLIMATE CORNER GROCERY SHOPPING

When you go grocery shopping try and think about the environment and be more conscious of what you buy and the packaging it comes in. Bring bags including smaller bags for produce. Look for items in glass or tetra packs instead of plastic. Buy in bulk if possible. Small changes can make a big difference if we can get enough people on board with "mindful shopping". Try to buy only what you need and compost to reduce waste. If your building/home doesn't compost simply call [311](tel:311) and ask about Organics Collection. Talk with family and friends about how they can contribute to protecting the environment. For more information contact green@hir.org

BAYIT SEFARIM FUND

Donations to the Sefarim fund will be used to purchase the books we need as determined by the Rabbinic team and Gabbaim. Donors will be recognized with a thank you in the 2nd bulletin of every month and a dedication label in the book when it is purchased. www.thebayit.org/sefarim.



Exploring bold, new,
exciting ventures.
Isn't that what the Bayit
should be all about?

Come along.

The HIR Capital Campaign
needs your support.
Please dig as deep as you can
and support our efforts.

Go to thebayit.org/buildforthefuture
Pledge tonight? Sure, tonight's good. Thanks.

THE BAYIT

The Hebrew Institute of Riverdale – The Bayit – is an open Orthodox synagogue serving the entire Jewish community by warmly embracing all Jews, regardless of affiliation, commitment, orientation or background. It is affectionately known as the "Bayit," which is a home – a place of love and welcome. We are known nationally for bringing spirituality into the synagogue; activism on behalf of the oppressed; youth and teen engagement; learning programs; and work on behalf of the elderly, the homebound, and those with developmental and physical challenges.

If these words resonate with you, if our Bayit has touched your life, then please join our growing membership.

BEYOND THE BAYIT - February 28 - March 6, 2020

PARSHA COMICS AT THE BAYIT: Please pick up Sam Weingard's weekly parsha comic from the coatroom table

REFA'ENU's peer-led mood disorder support groups will meet Tuesday, **3/3/2020**, in Paramus. Groups meet regularly on the 1st and 3rd Tuesdays of every month. Groups meet at 7:30pm in the Ben Porat Yosef Building at E. 243 Frisch Ct. in Paramus, NJ. Doors open at 7:10pm. Please make an effort to be on time (by 7:30pm) so as not to disrupt the flow of the groups. Groups are divided between a group for those with a disorder (depression, bipolar) as well as a group for their loved ones. Please check website to confirm meetings: <http://www.refaenu.org>. No reservations are required. For more information contact: dena@refaenu.org.

NEFESH B'NEFESH MEGA ALIYAH EVENT: Sunday, March 15, 2020 at the Glenpointe Marriot in Teaneck, NJ. Register at nbn.org.il/mega2020. A full day of sessions designed to give you professional answers to your Aliyah questions from Nefesh B'Nefesh staff, employment advisors and guest speakers. Israeli vendors will be on hand in the following categories: healthcare, finance, insurance, communities, shipping, education and more.

UJA HEART MATTERS DINNER TO HONOR MRS LUCY LANG WITH LOTTE BRAVMANN Z'L EISHET CHAIL AWARD: Tuesday, March 24, 2020 6:00 PM at Gotham Hall. Couples and individuals are welcome. Please join UJA to stand up and stand together with the Jewish community to raise vital funds for the security of our Jewish institutions. Please join UJA in honoring Alisa Levin & Chuck Nathan, Al Bernikow, and Lucy Lang. For more information, reservations, or Journal ads, please visit <https://www.ujafedny.org/event/view/heart-matters>, or contact Adrienne Rubin-Prince at (212) 836-1674 or email RubinPrinceA@UJAFEDNY.ORG.

THE NORPAC MISSION TO WASHINGTON IS ON TUESDAY, MAY 19TH. This is a unique opportunity for private meetings in groups of six to eight people with members of Congress and key members of their staff to advocate for issues that are crucial to a strong US-Israel relationship. The enemies of Israel are growing bolder. We can't afford to be silent in 2020. For more information, please contact David Frankel at davidfrankel27@gmail.com or go to www.norpac.net. Register now for the early bird discount.

KINGSBRIDGE CENTER OF ISRAEL (KCI) - THE FIRST KOSHER FOOD PANTRY IN THE BRONX:

Kingsbridge Center of Israel (KCI) opened the first Kosher Food Pantry in Bronx County: This pantry provides to those in need basic non-perishable and seasonal perishable food items, including produce, chicken and eggs. The food has been made available to the Pantry at no-cost by Met Council and is available for anyone who thinks that a little extra help will benefit you and/or your family. Pantry available by private appointment only. Questions? Please contact KCIfoodpantry@gmail.com or (646) 647-1380. All contact remains confidential to a small group of local individuals.

Upcoming at the Riverdale Y:

Riverdale Run 2020

The Riverdale Y will be hosting its annual community-run on May 17, 2020. This year the proceeds will go towards funding our Inclusion Program. Save \$10 by registering with our Early Bird Special! Bring your entire family, your neighbors, and building residents for a fun-filled day. Alongside the run, there will be an assortment of local vendors and activities available. To register, please visit www.RiverdaleRun.com.

Riverdale Spring Blood Drive

Some say it is hard to be a hero. But they don't know how easy it is to save 3 lives in one fell swoop. Join the Riverdale community as the Y hosts a Spring Blood Drive on Sunday, March 15 from 9:00 am - 3:00 pm. Walk-Ins welcome. Registration in advance is appreciated. Register now at www.RiverdaleY.org/blooddrive. Capes and masks encouraged. Come be a hero! (Child-friendly activities and storytelling made available to donor families).

Maccabi Games

The Riverdale Y is excited to be a co-sponsor of the JCC Maccabi Games in Westchester from August 9 - 14. We are looking for a team and individual athletes in basketball, baseball, soccer, swimming, tennis, table tennis, chess, and more. The deadline to register is March 10. For more information, please check out our website at www.RiverdaleY.org/maccabi or contact us at macca-bi@riverdaley.org

MISHLOACH MANOT/MATANOT L'EYONIM FOR JERUSALEM'S IMPOVERISHED ELDERLY: Torat Reva Yerushalayim will once again be preparing Mishloach Manot/Matanot L'Evyonim packages which we will hand deliver to the neglected elderly of Jerusalem. The packages will include healthy snacks, gifts and Purim treats. The packages that Torat Reva Yerushalayim delivered over the past fifteen years to Jerusalem's elderly were the ONLY gift packages that these individuals received! *A donation of \$18 covers one package, \$180 covers packages for an entire floor of a nursing home. To donate online: www.toratreva.org or mail a check made payable to Torat Reva Yerushalayim to: 110 Chestnut Ridge Road, Suite 228, Montvale, NJ 07645. For more information, contact Sharona Margolin Halickman, toratreva@gmail.com

CHABAD EARLY LEARNING CENTER: Registration for the 2020-2021 school year at Chabad Early Learning Center in



ASSEMBLYMAN JEFFREY DINOWITZ

Presents

A FAMILY CONCERT

Performed by

THE SINFONIETTA OF RIVERDALE

SUNDAY, MARCH 8TH AT 2:00 PM

at the Hebrew Institute of Riverdale

(3700 Henry Hudson Parkway, Bronx, NY 10463)

Admission: FREE of charge

Introduce those you love to the power and pleasure of live music! The Sinfonietta presents a special 1-hour program for children of all ages (esp. 4 - 12) and their parents, grandparents and anyone who is a child at heart. Hosted by conductor Mark Mandarano who will provide entertaining, interactive and educational insights, the concert will feature the fine musicians of Sinfonietta performing a variety of music from Beethoven, Debussy, Mozart and more.

For more information about this event or any other community issue, please contact Assemblyman Dinowitz's office at 718-796-5345 or dinowitzj@nyassembly.gov