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Kiddush:

No Kiddush this Shabbat.

To sponsor a future Kiddush, please contact Seth Aronson - kiddush@hir.org.

This Shabbat: Parshat Balak

- Mincha/Kabbalat Shabbat: 7:10pm
- Candle Lighting: 8:13pm
- Shalom Bayit: 7:00am
- Shacharit Main Tefillah: 8:30am
- Sof Zman Kriat Shema: 9:13am
- Learning Service: resumes in fall
- Listening Room: 6:35pm
- Parsha Shiur: 7:15pm
- Mincha (Main/Sephardic): 8:00pm
- Maariv/Shabbat Ends: 9:16pm

Weekday Times

- **Shacharit:**
Sun (Fast of Tamuz): 8:30am
Mon/Thur: 6:40, 8:00am
Tues/Fri: 6:45, 8:00am
Wed (July 4th): 8:30am (Main Sanc.)
- **Mincha/Maariv:**
Sun (Fast of Tamuz): 8:05pm
Mon - Thur: 8:20pm

Next Shabbat: Parshat Pinchas

- Mincha/Kabbalat Shabbat: 7:10pm
- Candle Lighting: 8:12pm
- Shacharit Main Tefillah: 8:30am
- Mincha (Main/Sephardic): 7:55pm
- Maariv/Shabbat Ends: 9:15pm

Mazal Tov To: Ariela & Yonatan Brafman on the birth of a son. Mazal tov to the entire family. The community is invited to a Shalom Zachor on Friday night, 6/29, at 9:30pm at the RJC. The Brit will be at HIR on July 4th following the 8:30am Shacharit.

Eva & Richard Rubel on the engagement of their grandson, Aharon Meir Rubel, to Tess Barbanel. Mazal tov to parents Shuly & Alan Rubel and Lauri & Lewis Barbanel.

This Shabbat @ The Bayit

Drasha: Rabba Sara

Rally: We will gather as a community this Shabbat, 11:45am at the Riverdale Monument to stand up and bear witness to the thousands of immigrant children who have been separated from their parents. We do this in solidarity with hundreds of thousands of people around the US who rally today to raise a voice of moral conscience.

Between Mincha/Maariv: Seudah Shlishit sponsored by Ilene & Zvi Paikin in commemoration of the yahrtzeit of Zvi's mother, Laura Paikin.

HIR Youth Department

SUMMER GROUPS: 10:00am - 11:30am (unless otherwise noted): Shabbat morning groups will continue to be offered throughout the summer. Summer groups are friendly and relaxed and support a fun, social environment with Tefillah and Torah.

Locations:

Nursery: Room 3-4
Pre K/ Kindergarten: Rooms 3-5/3-6
1st/2nd grade: Room 3-3
3rd-6th: Room 3-1
Michael Billet will be supervising groups this Shabbat, June 30th.

TOT SHABBAT: Will continue throughout the summer at 10:30am.

BECOME A YOUTH GROUPS LEADER! The Youth Department wants YOU! Join your friends and become a part of our team of teen leaders. Welcoming applicants now. Teens in 8th grade and above who are interested in becoming group leaders either over the summer or next year should reach out to David Fain at David@thebayit.org.

Fast of Tamuz - This Sunday, July 1

This Sunday, July 1, we observe the 17th of Tamuz Fast which marks the beginning of the 3 week mourning period for the destruction of Jerusalem and the Temples.

Fast Begins: 4:15am **Mincha/Maariv:** 8:05pm
Shacharit: 8:30am **Fast Ends:** 9:11pm

Laws and Customs of the 3 Weeks in the boxes in the lobby or online at www.thebayit.org/3weeks.

The Bayit office will be closed this Wednesday, July 4th.

Summer Classes at the Bayit

This Summer we will be learning about the 5 Megillot and Sefer Yonah. Each week will cover a different book. The classes will take place at 10am on Tuesday mornings and, unless otherwise noted, will be repeated following Mincha/Maariv on Tuesday nights.

This Tuesday, July 3rd - Shir Hashirim w/ Rabba Anat

Breath, Body, Mind Workshop with Shira Gordon: Sunday, July 8th at 9:15am

A gentle, effective breathing practice to manage stress, anxiety and depression and improve general health and well being. Shira Gordon, RN, MS, MPH. Certified teacher of the BBM technique as taught by Dr. Richard Brown and Dr. Pat Gerbarg.

Food Collection for Tisha B'Av Chesed Project

For this year's Tisha B'Av Chesed project we will be preparing jars with hearty soup mix for the BJCC food pantry. We are collecting donations of different ingredients for this chesed project until July 17th. Please drop-off the following items in the Bayit coatroom: non-MSG soup mix, lentils, split peas, barley, and small elbow pasta. Questions? Contact Yael Oshinsky, program associate, at yael@thebayit.org or 718-796-4730 x116.



This Week's Classes @ the Bayit

Joe Hoch z"l Memorial Daf Yomi Shiur with Rabbi Dov Linzer meets 7:30am - 8:30am Sun. - Fri. and Shabbat after Mincha in Room 3-7. Open and accessible to all. You are invited to join at any time! Visiting students, please mail office@thebayit.org for access code.

Shabbat Classes

8:05am: Midrash Hashavua w/ YM student Livya Tinstit
6:35pm: Listening Room w/ Myra Estelle (Lower Level Beit Midrash)
7:15pm: Torah to go w/ Ariel Freidenberg (Sanctuary)
Parsha Shiur not taking place this Shabbat. Torah To Go will meet at 7:15pm instead.
After Mincha at Beth Aharon: Mila baParasha. Basic (and love of) Hebrew is sufficient. (2nd Floor Beit Midrash).

Hebrew Classes with Sara Kinberg*

Monday - 7:30pm - Advanced Hebrew Ulpan (at the Atria)
Wednesday - 7:30pm - Intermediate Hebrew Ulpan (Lobby)
Thursday - 7:30pm - Biblical Hebrew and Siddur Study (Lobby)
 *Sara Kinberg is an experienced Hebrew teacher. For info and guidance on placement, please call Sara at 718-548-2461. Payment made directly to the teacher.

Summer Spanish Course for Beginners (Adults)

Wednesdays, July 11th - August 15th at HIR
 10:00am - 12:00pm

For more info please email Rhonda Stock at stockrhonda7@gmail.com.

Happenings @ the Bayit

Dedicated in Memory of Henry and Goldie Guttman z"l Abraham & Sarah's Tent, Sponsored by Joe Guttman (co-sponsors welcome): Join us for our open communal dinner. To see which Shabbatot are available for sponsorship and to choose your week, go to www.thebayit.org/tent, or email James Lapin at tent@hir.org.

Learning Service with Rav Dan will resume in the fall.

KNITTING CLUB:

WARM UP AMERICA KNITTING PROJECT

Monthly meetings take place as follows:

- 1) On the 1st Tuesday of each month at 1:00pm
- 2) On the 4th Monday of each month at 7:00pm

Yarn, needles and hooks will be provided courtesy of Lion Brand Yarn Company. Questions? Please call Joan Salomon at 845-653-1290.



Riverdale Mikvah Hours: 718-549-8336

www.riverdalemikvah.com

Friday Night: 40 minutes after candle lighting. No appointment is necessary but please be on time.

Saturday Night: 9:30pm - 11:00pm.

Sunday - Thursday Night: 8:30pm - 10:45pm.

Keilim Mikvah: 7:00am - 6:00pm.



HIR GIFT CARDS - Support our Bayit by purchasing Gift Cards - Buy it for the Bayit! For more information on volunteering or to place an order, email giftcard@hir.org or call Shira Gordon at 718-549-5280. **NOTE: Purchases do not cost you anything extra.** Moss Cafe is now participating in the HIR Scrip program and is offering the Bayit a 10% rebate on the gift cards.

CSS (Community Security Service)

You've seen the CSS security team in front of the Bayit securing and deterring. Many of you have told us "Thank You" as you enter and leave the Bayit. The best way to say thank you is to join the team.

To volunteer and apply for a future training course please visit <http://css.memberlodge.org/> and click on "cadet application."

For any questions write to tzvib@thecss.org.

Gemach of Riverdale

- Granted interest free loans of over \$525,000 to approximately 40 local Riverdale borrowers.
- Borrower "Use of Proceeds" included:
 Credit Card Consolidation, Unexpected Tax Bills, Student Loan Payments, Starting a New Business, Medical Procedures, Home Repairs, Planning a Simcha, New Home Expenses, Tuition Payments
- Gemach is flexible – Providing interest free loans from \$2,000 to \$100,000, with repayment terms from 6 months to 5 Years.

Please contact the Gemach confidentially at:

GemachofRiverdale@gmail.com or (917) 408-3035

New Bereavement Group in Riverdale:

Coping with loss and grief can be difficult, challenging, and often isolating and lonely. If you, or someone you know, is interested in joining a bereavement group, please contact Arona Berow, Bayit social worker, at 212-632-4735, or aberow@jbfcs.org.

Outdoor Spaces at the Bayit - Important Reminder

Reminder that the Riverdale Mikvah is not affiliated with the Bayit. Please be respectful of the Mikvah's private property.

Support For The Family of Bayit Sofer Rabbi Lasdun ztz"l

A few weeks ago Rav Steven spoke about Rabbi Lasdun ztz"l, our devoted and humble Bayit Sofer over past decades. There is a community-wide collection to offer support to his family with special attention to the care for his son with special needs. Donations in any amount should be made to the HIR Rabbinic Discretionary Fund by check or online at www.thebayit.org/donate (type: Rabbinic Discretionary Fund) with "Lasdun" in the payment notes. Thank you.

Do you know someone who needs any of the following? Would you like to volunteer for any of these committees?

Meals For Ill Members:

Jackie Binstock: 718-543-9135, jacalyn.binstock@gmail.com

Shiva: Beth Braunstein: braunsteinbeth@gmail.com

Bikur Cholim: Ruth Licht: 718-796-3491, ruth.licht@outlook.com

Meals for New Parents: Shira Billet: sbillet@gmail.com

Meals after Pregnancy Loss: Shira Billet: sbillet@gmail.com

Hospitality and Welcome: welcome@thebayit.org

Bayit Band: Bayitband@hir.org

Green Committee: Ann Rauch, green@hir.org

Aliyot at the Bayit

Have a guest or special occasion coming up? Contact Bayit Gabbai, Hillel Jaffe to arrange for aliyot and other kibbudim. Gabbai@hir.org.

THE BAYIT

The Hebrew Institute of Riverdale – The Bayit – is an open Orthodox synagogue serving the entire Jewish community by warmly embracing all Jews, regardless of affiliation, commitment, orientation or background. It is affectionately known as the "Bayit," which is a home – a place of love and welcome. We are known nationally for bringing spirituality into the synagogue; activism on behalf of the oppressed; youth and teen engagement; learning programs; and work on behalf of the elderly, the homebound, and those with developmental and physical challenges.

If these words resonate with you, if our Bayit has touched your life, then please join our growing membership.

BEYOND THE BAYIT - June 29 - July 6, 2018

REFA'ENU's peer-led mood disorder support groups will meet Tuesday, **7/3/2018**, in Paramus. Groups meet regularly on the 1st and 3rd Tuesdays of every month. Groups meet at 7:30pm in the Ben Porat Yosef Building at E. 243 Frisch Ct. in Paramus, NJ. Doors open at 7:10pm. Please make an effort to be on time (by 7:30pm) so as not to disrupt the flow of the groups. Groups are divided between a group for those with a disorder (depression, bipolar) as well as a group for their loved ones. Please check website to confirm meetings: <http://www.refaenu.org>. No reservations are required. For more information contact: dena@refaenu.org.

RIVERDALE Y: 5625 ARLINGTON AVE, BRONX, NY 10471:

HOSTING SHLICHIM THIS SUMMER: The Riverdale Y is excited to welcome Israeli shlichim - one male and one female - who will be working at our Camp Twelve Trails this summer. We are looking for host families to house either of them for two to four week periods from June 21 - August 19. If you are interested or would like more information, please contact Matt Abrams Gerber at mabramsgerber@riverdaley.org or 347-913-4386.

SARAH LILY ADOPTION FUND: As part of its mission to strengthen families, and promote Jewish identity and continuity, The Riverdale Y has established the Sarah Lily Fund for Adoption that provides two \$5,000 grants annually to help Jewish families in Metropolitan New York being formed by adoption. Application deadlines are May 31st and November 30th of every year. For more information please visit www.RiverdaleY.org/SarahLilyFund.

SUMMER OUTDOOR POOL MEMBERSHIP: Memberships are available at the Alderbrook Pool, a unique, peaceful oasis in the heart of Riverdale, now with a newly renovated and expanded deck. Check us out today at www.alderbrookpool.com. Featured in New York Magazine (see <http://nymag.com/guides/summer/2015/swimming/>). For further info contact Dov Weinstock at alderbrookpool@gmail.com or 917-848-8914.

JASA VAN CORTLANDT SENIOR CENTER: The JASA Van Cortlandt Choral Group, consisting of approximately 16 senior citizens, will perform a concert in celebration of Independence Day on Tuesday, **7/3/2018** at 1:00pm at JASA Van Cortlandt Senior Center, 3880 Sedgwick Avenue, Bronx, NY 10463 featuring songs of patriotism, folk songs, spirituals and golden oldies combined with a narrative reflecting on the America of yesteryears. For more information, contact JASA Van Cortlandt Senior Center at 718-549-4700.

FAMILY CAMP AT YAVNEH: Prospective campers are invited to join us on **7/8/2018** between 10am and 2pm for Yavneh for a Day. They will discover why more families are choosing Yavneh - a Klal Yisrael summer camp where campers create lifelong friendships, engage in top-notch activities and deepen their Jewish engagement. Campers and parents tour camp, enjoy activities with our art and sports specialists, stop by a few of our Yavneh-unique areas and eat a delicious lunch. It is a great opportunity to get to know Camp and get a jumpstart on registering for next year (Camp registration was full in January for Kayitz '18!). Email Erin Statter at erin@campyavneh.org to learn more.

DEFENSIVE DRIVING COURSE IN RIVERDALE: Save 10% on NY Auto Insurance for 3 years!!! Reduce up to 4 points on license. When: Wednesday, **7/18/2018** at 6:30pm. Where: THE RIVERDALE MINYAN 4545 Independence Ave, lower entrance. Cost: \$60/person (cash or check). To reserve your spot and for information: 718-339-1300 or haloleasing@aol.com.