Temple Har Zion
1040 North Harlem Ave.
River Forest, IL 60305
708.366.9000 PHONE
708.366.9006 FAX
www.harzion.org
Email: office@harzion.org

THE SOLOMON FAMILY RABBINIC CHAIR
Adir Glick
RABBI EMERITUS
Dr. Victor A. Mirelman
THE GOLDSTINE FAMILY CANTORIAL CHAIR
Stewart Figa
DIRECTOR OF EDUCATION
David Schwartz
THE GURALNICK FAMILY PRESCHOOL CHAIR
Lorrie Applebey
TEMPLE ADMINISTRATION
Edward Simon
COMMUNITY ENGAGEMENT AND OUTREACH
Elizabeth Liwazer
PRESIDENT
JuliAnn Geldner
VICE PRESIDENT OF BUILDING & ADMINISTRATION
Jay Michaels
VICE PRESIDENT OF EDUCATION & YOUTH
Michael Weinstein
VICE PRESIDENT OF FUNDRAISING
Open
VICE PRESIDENT OF MEMBERSHIP
Amy Guralnick
VICE PRESIDENT OF PROGRAMMING
Peter Norlander
TREASURER
Ed Schmitt
SECRETARY
Jill Dempsey
GABBAI
Ed Sachs
BOARD OF DIRECTORS
On page 2

TEMPLE HAR ZION AFFILIATED WITH THE UNITED SYNAGOGUE OF CONSERVATIVE JUDAISM

Har Zion Herald
June, 2020
Sivan/Tammuz, 5780

Worship Schedule (all on Zoom; 10 virtual attendees needed for full service)

<table>
<thead>
<tr>
<th>Time</th>
<th>Day</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>Friday Evening</td>
<td>6:30 PM</td>
<td>Shohet Morning Minyan</td>
</tr>
<tr>
<td>Saturday</td>
<td>10:00 AM</td>
<td>Shabbat Service</td>
</tr>
<tr>
<td>Monday–Friday Morning</td>
<td>8:00 AM</td>
<td>Journey into the Tanakh with Rabbi Glick</td>
</tr>
<tr>
<td>Sunday Morning</td>
<td>9:30 AM</td>
<td>Learning the Morning Minyan w/ Cantor Figa</td>
</tr>
</tbody>
</table>

Using Zoom
Each meeting is identified by a unique 9–11-digit number called a meeting ID. If you are joining via telephone, you will also need our teleconferencing number; call the temple. See https://zoom.us/docs/en-us/covid19.html for more information.

<table>
<thead>
<tr>
<th>DAY AND TIME</th>
<th>ZOOM MEETING ID</th>
</tr>
</thead>
<tbody>
<tr>
<td>Shohet Morning Minyan</td>
<td>Weekdays: 8 AM Sunday: 9:30 AM Meeting ID# 799 405 500</td>
</tr>
<tr>
<td>Shabbat Service</td>
<td>Friday Evenings, 6:30 PM Meeting ID# 818 0357 8025</td>
</tr>
<tr>
<td>Shabbat Service</td>
<td>Saturdays, 10 AM Meeting ID# 242 651 284</td>
</tr>
<tr>
<td>Journey into the Tanakh with Rabbi Glick</td>
<td>Thursdays, 10 AM Meeting ID# 990 415 095</td>
</tr>
<tr>
<td>Learning the Morning Minyan w/ Cantor Figa</td>
<td>Wednesdays, 9 AM Meeting ID# 943 2892 1294</td>
</tr>
<tr>
<td>STARS For retirees and older people to learn and connect</td>
<td>Thursdays, 1 PM Go to zoom.us/j/4851191476 Phone: 312.626.6799 Meeting ID# (phone or online): 485 119 1476</td>
</tr>
<tr>
<td>Positive Aging – Whatever Your Age What quality of life means for us no matter our age. Facilitated by Elizabeth URY, JCFS Chicago–Temple Har Zion Liaison</td>
<td>Thursdays, 4 PM Meeting ID# 538 515 991</td>
</tr>
<tr>
<td>Jewish Meditation with Rabbi Glick</td>
<td>Sundays, 9 AM Meeting ID# 489 884 312</td>
</tr>
</tbody>
</table>

SPECIAL PROGRAMS IN JUNE

<table>
<thead>
<tr>
<th>DAY AND TIME</th>
<th>ZOOM MEETING ID</th>
</tr>
</thead>
<tbody>
<tr>
<td>A Caring Conversation in the Time of COVID-19 See page 3, presented by Har Zion and JCFS</td>
<td>Tuesday, June 2, 4–5 PM Registration required; email <a href="mailto:elizabethury@jcfs.org">elizabethury@jcfs.org</a></td>
</tr>
<tr>
<td>Remix Judaism: Preserving Tradition in a Diverse World Roberta Rosenthal Kwall</td>
<td>Sunday, June 7, 2–3:30 PM Meeting ID# 837 2199 8580</td>
</tr>
</tbody>
</table>

Candle Lighting Times

<table>
<thead>
<tr>
<th>Date</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>June 5</td>
<td>8:05 PM</td>
</tr>
<tr>
<td>June 12</td>
<td>8:09 PM</td>
</tr>
<tr>
<td>June 19</td>
<td>8:12 PM</td>
</tr>
<tr>
<td>June 26</td>
<td>8:13 PM</td>
</tr>
<tr>
<td>July 3</td>
<td>8:12 PM</td>
</tr>
</tbody>
</table>

Haftorot Readers

<table>
<thead>
<tr>
<th>Shabbat</th>
<th>Haftorah</th>
</tr>
</thead>
<tbody>
<tr>
<td>June 6</td>
<td>Nasso</td>
</tr>
<tr>
<td>June 13</td>
<td>Beha’alotcha</td>
</tr>
<tr>
<td>June 20</td>
<td>Sh’lach</td>
</tr>
<tr>
<td>June 27</td>
<td>Korach</td>
</tr>
<tr>
<td>July 4</td>
<td>Chukat - Balak</td>
</tr>
</tbody>
</table>

Bar Mitzvah

Micah Shapera
July 4
Planning for the Uncertain Future

Dear Friends,

This last period has been one of great challenge for all of us. As a synagogue and a Jewish institution, we are facing the same questions and difficulties as everyone else. However, there is also an opportunity.

The COVID-19 situation has forced us to acquire new skills and develop new tools to create community and broadcast Jewish life to you—our members.

Circumstances are teaching us to create worship, learning, and deeds of loving kindness in a different format than synagogues have traditionally done.

We are thinking on our feet, adapting, and now we are also beginning to plan on how to integrate what we are learning to better fulfill our mission and vision when we re-open.

The first lesson is that virtual connectivity opens up our programming and services to greater participation and enables our members who are unable to attend in person to join us. Especially, as we contemplate a gradual re-opening, we will be enhancing all of our livestreaming equipment over the next months.

David Schwartz, our Director of Education, and I are also planning to bring to you a new way to do adult-ed. After the High Holidays, we will organize our education around a monthly theme. All of our classes, lectures, learning, and communications, will flow from the month’s theme. We believe that this model will enable us to go deeper into a topic and enhance our creativity in how we teach Jewish life.

Secondly, we are a synagogue that loves to sing. Cantor Figa and I are discussing how to create more avenues for all of you to sing with us, from monthly classes to teach our new melodies, to creating more prayer experiences like our Friday night services.

I will also be expanding and coalescing our spiritual offerings of meditation and Kabbalah classes, which we will be marketing to the outside world.

We will be putting in renewed energy into holding regular social justice-themed events and bringing visibility to the many hands-on opportunities that already exist to contribute locally.

Finally, we believe that Gottlieb Community Hall is underutilized. It is a magnificent room and has a stage ready to be used. We are planning to create a regular schedule of Jewish cultural programs, curated by the cantor, for the benefit of our members and to draw the wider community into our synagogue.

We are living in uncertain times but we can plan for our future and for the continued growth and success of Temple Har Zion into the third decade of the 21st century.

I am proud to be serving as your rabbi and grateful to our staff and lay leadership for all of their hard work as we keep the ship steady and stand by the values that drive our sacred community and institution.

Sincerely,

Rabbi Adir Glick

Sincerely,

RABBI ADIR GLICK
RABBI@WSTHZ.ORG
An article for teens, from the JCFS 
Response for Teens Blog: 
www.jcfs.org/blog/response-teens

You love your family, but you do not always get along. Parents and caregivers can be a lot of things. They can be your support and comfort. They can be your chauffeur and chef. They can be the person who delivers such bad jokes, you can’t help but laugh.

When you can’t seem to get away from them, they can seem intrusive, annoying, and everywhere! You miss hanging out with friends and being able to get away when parents and caregivers are too much. Siblings can be your best friend or your mortal enemy...or both at the same time. As you look toward spending more time with your family, are you excited or dreading arguments and annoying siblings?

Being home with your family for an extended period of time can be difficult. We need to remember that everyone is experiencing this time in their own way.

Here are some tips and resources about working through conflict you may have with your family:

TAKE SOME TIME TO BREATHE: Sometimes we might say things in a harsher way when we are angry, so take some time to calm down and compose yourself before you engage in a potentially heated conversation. If you can’t calm down, go outside. A change in temperature and space might help.

MAKE "I" STATEMENTS, NOT "YOU" STATEMENTS: Make an effort to start your sentences with “I feel” instead of “You did/said…” This will help you avoid accusations and will make your discussion a conversation instead of an argument.

TRY NOT TO EXAGGERATE: When we are upset, it’s easy to blame someone for “always” or “never” doing something. The other person is more likely to listen to and reason with you if you are saying true statements rather than exaggerating the situation.

FOCUS ON ONE ISSUE AT A TIME: If you are in conflict with someone about a lot of different things, address each of those issues separately. You’re much more likely to resolve those issues with the other person if you deal with them one at a time than if you bring up everything at once.

Here is a great article from Scarleteen.com and the University of Texas:


“Fighting Fair to Resolve Conflict”: cmhc.utexas.edu/fightingfair.html

Response for Teens recommends:

Breathe. Remember that everyone is under pressure right now and having to adjust to a new way of life. If space is tight, take a walk to cool off. Do not let grievances fester, however, deal with them when you can in a calm manner. Remember, your parents are probably experiencing a lot of emotions as well.
The Har Zion Davening Team, a loose, home-grown, collective of musicians and singers who have led our rousing and inspiring Musical Shabbats (back in the days when we could all congregate at the synagogue!) is still together in these days of social distancing and isolation. How do we do it? We have just created our first multi-screen music video!

You may have seen this use of video technology, especially since the lockdown, where musicians and singers combine their individual performances which are done while listening through earphone and singing along to a master back-up track. The individual performances get edited together to fill a screen with several mini-screens of the individual performers seeming to perform at the same time. It has the look of, for those of a certain age, “The Brady Bunch” opening credits effect. Keep an eye out for ways to access our new video of *Mizmor L’david*, and for future productions. While we are still online for services, we hope to share our videos there as our repertoire grows.

This is a strange time indeed and so many plans have been curtailed. This multi-screen video technology has been put to good use to inspire people and create new unseen opportunities. A wonderful multi-screen production that I saw was for the long planned but scuttled 90th live birthday tribute to Broadway composer/lyricist, Stephen Sondheim. Broadway, arguably a Jewish creation, came out to laud one their greatest by putting together an amazing online concert, all performed at Broadway stars homes: www.youtube.com/watch?v=A92wZlvEUAw

Another phenomenal video that I’m sure you’ll enjoy was just put out by the Jerusalem Youth Chorus. The JYC is an inspiring organization provides singing and dialogue in Jerusalem. Their mission is to provide a space for Palestinian and Israeli youth from East and West Jerusalem to grow together in song and dialogue. Their motto is “Transcending Conflict through Song.” Unable to be together in a physical space due to the pandemic, they created a poignant multi-screen music video of this moment of the song “Home,” where most of us are confined. With contributions from East and West Jerusalem and all over the world, “Home” is one of the most uplifting messages of this moment: www.youtube.com/watch?v=xMkqMTK1_O0

Dear Congregants,

The past month under the continued “stay at home” order has brought with it many challenges and many blessings. We have successfully integrated a robust offering of virtual programming for our community, including our “Jewniversity” educational series, Jewish Meditation with Rabbi Glick, Learning the Morning Minyan with Cantor Figa, as well as our morning minyan services, Kabbalat Shabbat services, and Shabbat morning services, among others. We have record numbers of congregants and extended family of congregants “attend” services and participate in our virtual offerings.

We have found our way to come together as a community while being apart. We have continued social action and reaching out to our community, just to check in and hear a friendly voice or receive a caring email. We have continued to support our local food banks and continued with local philanthropic activities.

This has been a very trying time for some of our congregants spiritually as well as financially. We have already received requests for aid from members of our congregation, which we have provided through the Rabbi’s Discretionary Fund.

At this time of need for so many, please consider donating so that we may continue to support our community. Any donation you can make, large or small, will assist us in supporting those in need.

Thank you for your involvement, for your resolve and for your continued support for our Har Zion family and the greater community at large.

Sincerely,

Julianne Geldner
President@Harzion.org

LYRICS OF THE SONG “HOME”

Hold on, to me as we go
As we roll down this unfamiliar road
And although this wave is stringing us along
Just know you’re not alone

’Cause I’m going to make this place your home
Settle down, it’ll all be clear
Don’t pay no mind to the demons
They fill you with fear
The trouble it might drag you down

If you get lost, you can always be found
Just know you’re not alone

’Cause I’m going to make this place your home
Settle down, it’ll all be clear
Don’t pay no mind to the demons
Shalom,

How can it be that our school year is coming to an end and we are still in quarantine?

As we finished up the school year, we continued to offer full weeks of programming. Shabbat is a favorite.

Teacher Appreciation

Our families were extra incredible during Teacher Appreciation Week.

And Our Wonderful Volunteers

We are fortunate to have wonderful volunteers that continue to share their talents. Saba Alan (Peres) and Dr. Amy (Guralnick) are truly gifts!!

Mesibat Siyum — Completion Celebration

Our Mesibat Siyum, the celebration honoring each child’s completion of a chapter of learning at Har Zion Early Childhood Program, is so warm and wonderful and sad and filled with joy, even when hosted virtually. Koven Religious School gifted our seven “going to kindergarten” children with a free year of religious school tuition and we hope to see them online and in person many times in the years to come!! Once a Har Zion family, always a Har Zion family!

One of our preschool parents said, “Thank you again for absolutely everything you, the teachers, and the whole of Har Zion have done to make this time bearable, engaging and fun for the children (and with specific support for parents). I do not know of a school that has offered more, so quickly and with intent.”
Camp Zion Canceled for 2020, But We Will Still Be Here!

It was emotionally very difficult to make the decision that the Early Childhood Program will remain closed in June and July; we are following the decisions of River Forest District 90. While there will be no summer camp in June or July, we are making plans to offer some virtual programming each day to maintain our amazing relationships. Reach out to Lorrie Applebey Lapplebey@harzion.org if you would like to learn more about our summer programs and are not already registered for summer camp.

We are watching the CDC and IDPH (Illinois Department of Public Health) closely for guidelines and steps to return in phase 4.

And Thank You to Our Temple Officers!

During June, we will continue to clean and organize the preschool and rearrange to make ready for our return! I am personally grateful for the support of Juli (Geldner), Mike (Weinstein), Ed (Schmitt), and Jay (Michaels). In addition to juggling their own personal and professional lives, our Board President, VP of Education, Treasurer, and VP of Building/Administration have had so much to juggle for the temple during this unprecedented time.

Warmly,
LORRIE APPLEBEY; LAPPLEBEY@HARZION.ORG
WWW.HARZION.ORG/PRESCHOOL.HTML

Does Temple Har Zion preschool hold a special place in your heart?

Do your kids feel that our preschool is a home away from home? Are they moving off to kindergarten or maybe just moving into another class? You or your child’s grandparents can commemorate your child or their teachers and support the school!

Your child can decorate a stepping stone—engrave a name, a handprint, a date—and it will be “planted” along our raised garden. The suggested donation for each stone is $250.

Please let Amy Guralnick (amysg@hotmail.com) know if you’d like a stone to decorate and be planted in our new preschool stepping stone garden. She will do contactless delivery.

Ancient Wisdom for Modern Times

If I’m not for myself, who will be for me? But if I’m only for myself, what am I? And if not now, when? — Rabbi Hillel, Pirkei Avot 1:14

How does one live a good life? That was the question that the ancient rabbis tried to figure out. Their answers are recorded in the Mishnah’s tractate of Pirkei Avot, where every major rabbi who lived from 300 BCE to 200 CE got to give his top three answers to this question. In the spirit of Rashi, the French winemaker from the 1000s who wrote a commentary on the Tanach and Talmud, I would like to provide a 2020 commentary on one of the answers.

Rabbi Hillel, who lived around the year 1 (BCE and CE), said, “If I’m not for myself, who will be for me? But if I’m only for myself, what am I? And if not now, when?” Let’s examine these.

IF I’M NOT FOR MYSELF, WHO WILL BE FOR ME?

This is the airplane philosophy of “Put on your own air mask before assisting others.” The idea of taking care of yourself...
first seems selfish, but my father, Cantor Neil Schwartz, pointed out to me that if you don’t take care of yourself then you can’t take care of others. The students in the Koven Religious School studied this idea when they learned about the value of Pikuach Nefesh, the idea that you can break any rule in Judaism (except for idolatry, rape, and murder) to save your life. If you don’t take steps to take care of yourself, you can’t take care of others. During this time, that’s a particularly crucial piece of wisdom.

**BUT IF IT’S ONLY FOR MYSELF, WHAT AM I?** Once you are on a firm footing physically and emotionally, you can start taking care of others. Check in with a family member or friend, especially if they live alone. Write a letter to somebody. Get some sidewalk chalk and write a cheery message on the sidewalk near you or near somebody else—you are improving the world, whether for a specific person or for strangers in your neighborhood.

In the Koven Religious School the students learned about the value of Bikur Cholim, visiting the sick—you can’t do it in person now, but you can still find ways to connect with those who are physically or emotionally hurting.

**AND IF NOT NOW, WHEN?** There’s another quote from Pirkei Avot—Hillel said, “Do not say ‘When I have leisure I will study,’ because perhaps you won’t have leisure.” These times are paradoxical—we have more time than ever (no commuting), but many of us find that we have less time than ever.

So how does this part of our quote work? Let’s take another value that the students learned about: Hachnasat Orchim, welcoming guests. We can’t do this the way we used to, but we can welcome guests into our homes via our screens, or we can arrange times to talk to people from our windows/right in front of our building, with our friends a safe distance away (and wearing masks). This part of the quote from Hillel is saying, “If you aren’t going to immediately set up a time to do this, that’s fine, but when will you do so? Make a time now to set this up before the motivation slips away.”

Pirkei Avot may have been written down 1800 years ago, but it contains timeless wisdom for us today. You can read the words online ([www.sefaria.org/Pirkei_Avot.1](http://www.sefaria.org/Pirkei_Avot.1)) or if you have a siddur you can find it after the Shabbat Mincha afternoon service. Pirkei Avot is traditionally studied in the summer months after Shabbat Mincha, and in fact at Temple Har Zion we are studying it on Monday evenings at 8 PM. Please email me (dschwartz@wsthz.org) if you are not already getting my adult education emails—I look forward to having you join us!

---

**David Schwartz**

**dschwartz@harzion.org**

**www.harzion.org/education/religious-school**

**Social Action and Adamah/Green Committee**

**Changes for Our Current Times**

**Housing Forward (PADS):** “Thank you to all who made lunches for PADS in May. Our volunteers were: Barb and Gary Belenke, Carol Flank, John and Patty Henek, Marlene Mann, Jay Michaels, Peggy Olson, David Oromaner and Sarah Lutz, Judy Roth, Laurel Saltzman, Susan and Maxine Schneider, Sue May and Mike Wilde, and Jessica Wilkes. We are awaiting news of ways to help feed the homeless over the summer months. Please contact Carol Flank and note her new email for this cause: carolflank215@gmail.com, 708.369.8419. Also go to the Housing Forward website [housingforward.org](http://housingforward.org) for information.

**Mask Making:** Thank you Har Zion “sewists” who teamed up with Oak Park Temple, Arbor West Neighbors, and Western Front Indivisible, to make masks for health care workers, Har Zion and Oak Park Temple members, the Secular Jewish Community, New Mt. Pilgrim Baptist Church and Greater St. John Bible Church (both in Austin), and for the homeless. Har Zion members who have contributed to these efforts are Shirley Lieb, Becky Lipton and Deborah Spector (for Chicago Mask Makers), Jay Michaels, and Phyllis Rubin (for the Jewish communities, Austin churches and the homeless). We are still sewing so if others want to join us, welcome!

**IsraAID:** IsraAID has been delivering supplies and support to various hot spots dealing with COVID-19 (USA, Italy, Israel, China). They also have a public service clip to foster personal resilience during this pandemic. Go to YouTube at [bit.ly/IsraAIDCovid](http://bit.ly/IsraAIDCovid) to see their wise idea. Anyone inclined to donate would be helping with this global crisis and supporting a very worthy organization that is dear to us. Go to the IsraAID website for more information on this project: [bit.ly/IsraAIDCovidIsrael](http://bit.ly/IsraAIDCovidIsrael)
HAPPY ANNIVERSARY!
JUNE 2:
James & Allison Bernard
Alan & Debra Landay
Terence & Lisa Wister
JUNE 5:
Doug & Susan Laney
JUNE 6:
Marc & Claudia Freed
JUNE 16:
Morrie & Carol Fred
JUNE 17:
Michael & Rosena Kruley
JUNE 24:
Stephen & Courtenay Harris-Black
JUNE 25:
David & Bonnie Klass
JUNE 26:
Alan Peres & Rya Ben-Shir
JUNE 27:
Erick & Marisol Guzman
JUNE 28:
Anatoly Libgober & Diane Redleaf
JUNE 29:
Bruce & Sandra Taylor
JUNE 30:
Larry & Kristina Katzovitz
Morris & Beverley Applebaum
Frank Vozak & Terrie Rymer

Adamah Garden: We are hoping to plant vegetables in our Temple garden again. We need people to plant, to water (but not if it keeps raining!) and to weed. We are looking for a volunteer to organize this. Have a green thumb? We need you!

News from the Chicago Jews for Refugees Coalition: World Refugee Day is June 20. Stay tuned for more information on honoring this day. If you are a Spanish speaker, you can sign up to facilitate remote intake interviews for asylum seekers via HIAS National’s office in Juarez, Mexico. Contact Phyllis Rubin to connect to HIAS National. For other ways to support the refugee and asylum seeking communities during this time, go to the JCFS HIAS information at: bit.ly/HAIS Covid

Our next full meeting of the Coalition is Tuesday, June 2, 5:30-7 PM via Zoom. Everyone is welcome. You don’t need to be an official member of the Coalition to attend. Register at bit.ly/HAIS-CJFR.

Plastic Bag Collection: Our first plarn mat is done!!! Cindy Banai and Phyllis are starting two more mats, so continue to save your bags. Call Phyllis Rubin to come pick them up. All kinds of plastic bags can be used: grocery bags; dry cleaning bags; bread and food bags (wash on inside). Phyllis finds newspaper sleeves to be particularly wonderful and colorful. If you want to make plarn and missed her tutorial, contact her with instructions or for a YouTube tutorial, go to: bit.ly/PLARNbed. You are doing a mitzvah! Individual behavior, like repurposing plastic bags, can help save the earth.

Thank you! from Phyllis Rubin, Chair of the Social Action Committee, and from Rachel Newman, New Chair of the Adaham Committee, to the volunteers serving on our newly re-activated committees: Diane Redleaf, Anatoly Libgober, Sue May Wilde, Carol Flank, Kayla Chase, Jackson Cone, Jackie Shaye, Adrienne Colberg, Manuela Mann, Monica Garcia and Peter Norlander, Megan Dawson, Morrie Applebaum, David Oromaner, and Cindy Banai.

Har Zion Earth Day Event Wrap-up

Some Links from the Earth Day Wrap-up

Courtesy of the Earth Day speakers:
- Morris Applebaum, founding member of the Adaham Committee and member of Interfaith Green Committee
- Cindy Klein-Banai, founder of the Adaham Committee, an environmental scientist who leads sustainability at UIC
- Phyllis Rubin, head of Social Action, member of Adaham Committee and Go Plastic Free

Saving Energy at Home: Morris

Morris Applebaum, founding member of the Adaham Committee and member of Interfaith Green Committee: ComEd on their home energy assessments: bit.ly/ComEd HEA

Discussion of the Films on Plastic Use: Cindy
- App for restaurants that don’t use plastics: www.plasticscore.co/
- Oak Park CompostAble Program, including for apartment dwellers: bit.ly/OPCAP
- Oak Park’s community solar pilot program: bit.ly/OPSolar

Making plarn (plastic yarn) for crocheting mats for the homeless: Phyllis

See Plastic Bag Collection to the left.

Wrap-up: Send pictures of your Earth Day posters to office@wsthz.org

For more information, call or email Phyllis, 708.848.6168, phyllis.rubin@comcast.net.

KULANU: Help is Needed More than Ever Now!

Now is the time to step up to volunteer for Kulanu. What a mitzvah it will be while we can’t congregate in large groups and are home from school and work! Helping those who are homebound or sick is something we can do!

To observe the highest precautions, we can pick-up and drop off on porches or in lobbies of buildings so we don’t come in direct contact with each other. Also newspaper sleeves make excellent protective gloves when you are delivering.

To volunteer for Kulanu, contact either Sue May Wilde smcwilde@gmail.com or Phyllis Rubin phyllis.ru

STAR Thursday Afternoon Retirees

Thursdays, 1–3 PM: zoom.us/j/4851191476
To join by phone, call: 312.626.6799
Meeting ID# (phone or online): 485 119 1476

Getting into schmoozing online via Zoom, we are having a lot fun. Hope you’ll join us in June, every Thursday. Meaningful conversations and the joy of being together will be interspersed with programming that is in the works.

Confirmed Program, June 4:
- David Selena, the Head of the Oak Park Public Library, will be speaking with us. We’ll learn how to more easily access our library resources remotely, and travel with our minds, eyes, and ears, beyond our four walls. Hope you’ll give this gift to yourself!

Looking forward to being with you!!

Also, your passions and expertise are interesting to others, too. Please share them as we continue planning our programming for the year ahead. Please email Sandra Sokol at sandrasokol@shcglobal.net or Hene Waterbury at henerichard@gmail.com.
YASHER KOACH RABBI ALICIA HARRIS!

A new Rabbi in the Temple Har Zion
Extended Family

Alicia Harris, granddaughter of longtime and enthusiastic temple members Ruben and Mary Harris (z”l), and daughter of David Harris, who grew up at Temple Har Zion, has been ordained as a rabbi.

You may have seen Alicia at Har Zion. When she was in town visiting her grandparents, she would sometimes attend Shabbat services or minyan with her grandfather Ruben (z”l).

Rabbi Harris’s proud father David Harris provided this joyous photo of her, his favorite. (And it is easy to see why!) Rabbi Harris is in the center of the photo to the right, which was taken at the Western Wall.

You can reach the temple administrator, Eddie Simon, by calling the temple office at 708.366.9000; until the crisis is over, calls to the office are being forwarded to his personal cellphone. If no answer, please leave a message. Or send email to office@harzion.org, or to Eddie at esimon@harzion.org, or the office manager, Sheila Essig, at sessig@harzion.org. You may also contact:

Rabbi Glick at rabbiglick@harzion.org or 310.227.9954
Cantor Figa at cantor@harzion.org or 312.335.1768.
June 5-6
Max Anrol
Sherrie Benhur
Betty Blumenfield
Samuel Brodkin
Harris Cohen
Abe Richard Dubin
Morris Eauslin
Lena Falk
Julie Fleischmann
Arlene Dansky Fred
Martha Freedman
Morris Gans
Charles Gersten
David Goose
Esther Greenfield
Isidor David Gumbiner
Florence Frazin Joseph
Mollie Kahanowitz
Dora Blum Kalcheim
Fruma Kanevsky
Jerome Kupchan
Edith Levin
Morris Lieberman
Anne Maduff
Anna Maltz
Corinne Moment
Ethel Myers
Maryon Ornstein
David Poll
Milton Pollack
Esther Rosenfeld
Elmer R. Schwinn
Hyman Seltzberg
Josephine Eauslin Sheade
Frannye Shohet
David Shoua
Bertha Stein
Aaron Travis
Robin Visser
Herbert Weisman
June 12-13
Bernard Adlerblum
Samuel Bensinger
Susan Patsner Black
S. Edward Bloom
Matilda Blum
Steven Chartier
Bernice Cohen
Miriam Drabkin
Sara Dubin
Louis Ellman
Max Feldman
Herbert Gold
Eva Goldstein
Hyman Henkin
Estelle Hirsch
Rose Holtzman
Alvin Kadish
Raphael Kotch
William Landay
Tillie Lilienthal
Samuel Mednick
Claire Meisel
Iran Molayem
Louis Neiman
Charles Pinsky
Tillie Racusin
William L. Sheade
Ella Shriman
Joseph Steinberg
Abe Tenner
Helen Visser
George Weiss
Sallie Wichman
Baila Bobtelsky Zahn
June 19-20
Maya Adler
Andrew Berthiaume
David Bisk
Rebecca Bockel
Shmuel Chomsky
Sacha Dell
Milton David Eulenberg
Benjamin Fine
Muriel Gardner
Hyman Glasspiegel
Paul Grobe
Leonard J. Grossman
Alvin Harwitt
Harold Hirsch
Isaac Hurwitz
Douglas D. Kerman
David Kolinsky
Rose Lasky
Bill Pelton
Bernard Pollack
Joseph Rocklin
Conrad Rosenberg
Bertha Leah Rubinsky
Regina Schneltzer
Harry Sheinis
Sydney Speizer
Esther Hannah Steinberg
Sarra Tsesis
Rosamond Wilen
Dezso Zoltan
Bertha Zussman
June 26-27
Sara Banai
Jean Bernstein
Bruce Berry
Jerry Blumenthal
Trudy Bomberg
Sol J. Boraz
Pearl Cohn
Libbie Dubinsky
Morris Epstein
Philip Falk
Louis Fine
Stewart Gershon
Efraim Elias Glickman
Sylvia Irene Grusin
Lawrence Handelsman
Nettie J. Henkin
Vivian Jacquet
Barbara Jasculca
Solomon Katzen
Samuel J. Leven
Louis J. Lucas
Wayne Luepker
Elaine Beverly Mann
Janice E. Miripol
Chana Perla
Samuel Perlow
Harry Pielot
Harry Relis
Helen Rubin
Milton Silverstein
Anne Sternberg
Clara Tuchin
Manuel Turek
Kadish Tuven
Sarah Weinger
Louis Weinholz
Herman Arist

In Memoriam

The Congregation extends its deepest sympathy to the families of:

Ruth Zimbler
Mother of Debra and Alan Landay,
and grandmother of Benjamin and Mara Landay,
and Nathan Landay

Jorge Torres Sanchez
Son of Alfredo and Nilsa Sanchez, whose friendly faces
and helping hands you might have encountered
at the temple on Shabbat

“The memory of the righteous is a blessing” —
Proverbs 10:7

Pulpit Flowers
June 5-6
Howard & Norma Berlin, in memory of her father,
Charles Gersten
Leon & Amy Shohet, in memory of his mother,
Franny Shohet
Henry & Sally Guralnick, in memory of his mother,
Betty Blumenfield
Scott Frankel & Laurie Myers, in memory of her
mother, Ethel Myers

June 12-13
Robert Henkin, in memory of his father, Hyman
Henkin

June 19-20
Vladimir Tsesis, in memory of his mother, Sarra Tsesis
Leonard Grossman & Cindy Barnard, in memory of
his grandmother, Maya Adler
Robert Henkin, in memory of his father-in-law, Sydney
Speizer

June 29-30
Robert Henkin, in memory of his mother, Nettie J.
Henkin
Barry & Jean Schub, in memory of her grandmother,
Pearl Cohn
Richard Jasculca, in memory of his sister, Barbara
Jasculca
Doreen Berger, in memory of her husband, Wayne
Luepker
Ted & Myra Lawrence, in memory of her father,
Marvin Mackoff

05/31/20 — Page 10 See harzion.org to click to join the online programs.
Todah Rabah and the New Annabel, Bernard, and Oren Carmi Abraham Fund

Commemorate special life events—a birthday or anniversary; birth of a child, grandchild, great grandchild; graduation; retirement; and so on—with a contribution to Temple Har Zion. Such a gift is a meaningful way to honor any simcha. Donations can be directed to any of these funds. Your generosity will help our congregation maintain its fine programs, and will also affirm the importance of Judaism and Jewish ideals in your family’s life.

New Temple Fund for the Education of Children & Youth

Note Temple Har Zion’s new Annabel, Bernard and Oren Carmi Abraham Fund, dedicated to enabling children from families with financial need to receive a Jewish education. This fund was founded by Jesse Abraham in memory of his parents Annabel and Bernard, and his brother, Oren, with a generous donation. It replaces the Oren Carmi Abraham fund for youth programming, with a slightly different, more targeted purpose.

ADULT STUDIES FUND: Supports adult education

ANNABEL, BERNARD AND OREN CARMI ABRAHAM FUND: enabling children from families with financial need to receive a Jewish education

Jesse Abraham in memory of his mother Annabel Abraham, his father Bernard Abraham, and his brother Oren Carmi Abraham

BUILDING FUND: Maintaining & improving the building

CANTOR HAROLD BRINDELL MEMORIAL FUND: Memorializes the life and work of our late Hazzan

CANTOR’S MUSIC FUND: Provides musical programming

CHILDREN’S SHABBAT FUND: Tot’s and Children’s services

FAY STOPECK SHABBAT MUSICAL FUND: Supports Friday night musical services

FLOWER FUND: Carol Flank in memory of Debra Landay’s mother, Ruth Zimblcr

GROPPER WINDOW PROJECT FUND: Supports the restoration of the Gropper Windows

GROWTH & DEVELOPMENT FUND: To support the long-term stability and viability of the congregation

JACK JOSs MEMORIAL FUND: For the expansion and maintenance of the Catherine and Jack Joss Tot Lot

JANICE PATTERSON KALLAH SCHOLARSHIP FUND: Supports Kallah expenses and helps families attend

Frank Vozak & Terrie Rymer in memory of Debra Landay’s mother, Ruth Zimblcr

Frank Vozak & Terrie Rymer in memory of Janice Patterson

JEWISH JOURNEYS FUND: Supports learning and spiritual development in the community, including programs, ritual items and Jewish learning stipends

KIDDUSH & BREAKFAST FUND: Provides for Shabbat & festival Kiddushim, and weekday minyan breakfast

Morris & Beverly Applebaum in memory of Roberta Jean Bakal, mother of Robin Soffer & grandmother of Michael, Andrew & Leah, great grandmother of Ami & Talia

KOVEN RELIGIOUS SCHOOL FUND: Provides equipment, programs & scholarships for the Koven Religious School

Carol Flank mazel tov to Arza, Simon, Noah & Tim on their confirmation and Ruth & Zeevie on their graduation

LIBRARY FUND: Supports both temple libraries

LIEB FAMILY SUKKAH FUND: For the Lieb Family Sukkah

MALCOLM GETHNER USY SCHOLARSHIP FUND: Funds for our youth to attend regional events & retreats

PAUL WOLFMAN LAY LEADERSHIP DEVELOPMENT FUND: To support the development of present and future leaders

PRAYER BOOK FUND: For the purchase of prayer books

Vafa & Liz Shayani in memory of Debra Landay’s mother, Ruth Zimblcr

Preschool Fund: Special support for the Preschool

Morris & Beverly Applebaum in honor of Michael Soffer’s presentation on his Holocaust course

RABBI JOSEPH TABACHNICK MEMORIAL FUND

RABBI ROBIN DAMSKY ADAMAH FUND

RABBI VICTOR A MIRELMAN EDUCATION FUND: Supports early education, religious school, & adult education

Frank Vozak & Terrie Rymer in memory of Alfredo & Nilsa Sanchez’s son, Jorge Torres Sanchez

Marco & Michele Freudman in memory of Ernest Freundman; and In appreciation of Rabbi Mirelman

RABBI’S DISCRETIONARY FUND: Supports a variety of charities and special activities at the rabbi’s discretion

Steven & Betsy Blumenthal in memory of Robin Soffer’s mother, Roberta Jean Bakal

Herbert Golinkin in memory of Marc Stopeck’s uncle, Herbert Stopeck

Jonathan & Sandy Miller in memory of Jonathan’s father, Ephraim Miller

SEFER HAFTARAH PROJECT

SENIOR ACTIVITY FUND: Programming for seniors

Richard Abrams in memory of Ruth Zimblcr

TEMPLE FUND: Supports all temple programs

Evelyn Finegan in honor of Jay Michaels, helping neighbor and friend

Suzanne Fournier & Chris Martin in memory of Alfredo & Nilsa Sanchez’s son, Jorge Torres Sanchez

Walter & Ruby Hilker in appreciation of the kindness & energy of Phyllis Rubin in providing masks

Marc & Heidi Kieselstein in memory of Michael Zmora’s cousin, Yoni Brader

Marc & Heidi Kieselstein in memory of Robin Soffer’s mother, Roberta Jean Bakal

Marc & Heidi Kieselstein in honor of Alana Slade’s Bat Mitzvah

Marc & Heidi Kieselstein in honor of Reese Brotman’s Bar Mitzvah

Marc & Heidi Kieselstein in honor of Sadie Guralnick’s Bat Mitzvah

Marc & Heidi Kieselstein in honor of Larry and Kristina Katzovitz’s grandson, Leo A. Katzovitz

Marc & Heidi Kieselstein in memory of Sara Stern’s father, David Druckman

Marc & Heidi Kieselstein in memory of Debra Landay’s father, Albert Zimblcr

Marc & Heidi Kieselstein in memory of Eugene Stopeck’s brother, Herbert Stopeck

Marc & Heidi Kieselstein in memory of Ken Heiferman’s father, Hilbert Heiferman

Marc & Heidi Kieselstein in memory of Michael Zmora’s cousin, Yoni Brader

Ted & Myra Lawrence in honor of Jacob Brookes

Marlene & Jennifer Mann in memory of Debra Landay’s mother, Ruth Zimblcr

Alan Peres & Rya Ben-Shir mazel tov to Carol and Morris Fred on the birth of their granddaughter, Talia

Alan Peres & Rya Ben-Shir in memory of Robin Soffer’s mother, Roberta Bakal

Alan Peres & Rya Ben-Shir mazel tov to Jacob Brookes and his family on his Bar Mitzvah

The Slade Family in honor of the Bar Mitzvah of Jacob Brookes

TZEDAHAK FUND: Supports a variety of charities

Paul & Judith Wolfman in memory of Debra Landay’s mother, Ruth Zimblcr

YONG FAMILY CAMP FUND: Provides partial scholarships for members’ children to attend Jewish camps

Contact the office for our online program password. 05/31/20 — Page 11
<table>
<thead>
<tr>
<th>Date</th>
<th>Time</th>
<th>Event Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>05/31</td>
<td>9 AM</td>
<td>Shohet Morn. Min. ID# 799 405 500</td>
</tr>
<tr>
<td>05/31</td>
<td>8 PM</td>
<td>Jewniversity w/ David Schwartz, ID# 9404734 9261</td>
</tr>
<tr>
<td>06/01</td>
<td>8 AM</td>
<td>Shohet Morn. Min. ID# 799 405 500</td>
</tr>
<tr>
<td>06/01</td>
<td>11 AM</td>
<td>Creative Writing with Liz Liwazer, ID# 534 255 897</td>
</tr>
<tr>
<td>06/01</td>
<td>9 AM</td>
<td>Learn the Morning Minyan w/ Cantor Figa ID# 943 2892 1284</td>
</tr>
<tr>
<td>06/01</td>
<td>8 AM</td>
<td>Shohet Morn. Min. ID# 799 405 500</td>
</tr>
<tr>
<td>06/01</td>
<td>10 AM</td>
<td>Tanakh ID# 990 415 095</td>
</tr>
<tr>
<td>06/01</td>
<td>1 PM</td>
<td>STAR ID#: 485 119 1476</td>
</tr>
<tr>
<td>06/01</td>
<td>4 PM</td>
<td>Positive Aging, ID#: 538 515 991</td>
</tr>
<tr>
<td>06/02</td>
<td>8 AM</td>
<td>Shohet Morn. Min. ID# 799 405 500</td>
</tr>
<tr>
<td>06/02</td>
<td>10 AM</td>
<td>Tanakh ID# 990 415 095</td>
</tr>
<tr>
<td>06/02</td>
<td>1 PM</td>
<td>STAR ID#: 485 119 1476</td>
</tr>
<tr>
<td>06/02</td>
<td>4 PM</td>
<td>Positive Aging, ID#: 538 515 991</td>
</tr>
<tr>
<td>06/02</td>
<td>8 AM</td>
<td>Shohet Morn. Min. ID# 799 405 500</td>
</tr>
<tr>
<td>06/02</td>
<td>6:30 PM</td>
<td>Kabbalat Shabbat Service ID# 230 955 304</td>
</tr>
<tr>
<td>06/02</td>
<td>8 AM</td>
<td>Shohet Morn. Min. ID# 799 405 500</td>
</tr>
<tr>
<td>06/02</td>
<td>10 AM</td>
<td>Tanakh ID# 990 415 095</td>
</tr>
<tr>
<td>06/02</td>
<td>1 PM</td>
<td>STAR ID#: 485 119 1476</td>
</tr>
<tr>
<td>06/02</td>
<td>4 PM</td>
<td>Positive Aging, ID#: 538 515 991</td>
</tr>
<tr>
<td>06/02</td>
<td>10 AM</td>
<td>Shohet Morn. Min. ID# 799 405 500</td>
</tr>
<tr>
<td>06/02</td>
<td>1 PM</td>
<td>STAR ID#: 485 119 1476</td>
</tr>
<tr>
<td>06/02</td>
<td>4 PM</td>
<td>Positive Aging, ID#: 538 515 991</td>
</tr>
<tr>
<td>06/02</td>
<td>10 AM</td>
<td>Shohet Morn. Min. ID# 799 405 500</td>
</tr>
<tr>
<td>06/02</td>
<td>1 PM</td>
<td>STAR ID#: 485 119 1476</td>
</tr>
<tr>
<td>06/02</td>
<td>4 PM</td>
<td>Positive Aging, ID#: 538 515 991</td>
</tr>
<tr>
<td>06/02</td>
<td>11 PM</td>
<td>Havdalah ID# 538 515 991</td>
</tr>
<tr>
<td>06/03</td>
<td>8 AM</td>
<td>Shohet Morn. Min. ID# 799 405 500</td>
</tr>
<tr>
<td>06/03</td>
<td>10 AM</td>
<td>Tanakh ID# 990 415 095</td>
</tr>
<tr>
<td>06/03</td>
<td>1 PM</td>
<td>STAR ID#: 485 119 1476</td>
</tr>
<tr>
<td>06/03</td>
<td>4 PM</td>
<td>Positive Aging, ID#: 538 515 991</td>
</tr>
<tr>
<td>06/03</td>
<td>5 PM</td>
<td>Nasso ID# 242 651 284</td>
</tr>
<tr>
<td>06/03</td>
<td>8 AM</td>
<td>Shohet Morn. Min. ID# 799 405 500</td>
</tr>
<tr>
<td>06/03</td>
<td>6:30 PM</td>
<td>Kabbalat Shabbat Service ID# 230 955 304</td>
</tr>
<tr>
<td>06/03</td>
<td>8 AM</td>
<td>Shohet Morn. Min. ID# 799 405 500</td>
</tr>
<tr>
<td>06/03</td>
<td>6:30 PM</td>
<td>Kabbalat Shabbat Service ID# 230 955 304</td>
</tr>
<tr>
<td>06/03</td>
<td>9 PM</td>
<td>Kabbalat Shabbat Service ID# 230 955 304</td>
</tr>
<tr>
<td>06/04</td>
<td>8 AM</td>
<td>Shohet Morn. Min. ID# 799 405 500</td>
</tr>
<tr>
<td>06/04</td>
<td>6:30 PM</td>
<td>Kabbalat Shabbat Service ID# 230 955 304</td>
</tr>
<tr>
<td>06/04</td>
<td>8 AM</td>
<td>Shohet Morn. Min. ID# 799 405 500</td>
</tr>
<tr>
<td>06/04</td>
<td>6:30 PM</td>
<td>Kabbalat Shabbat Service ID# 230 955 304</td>
</tr>
<tr>
<td>06/04</td>
<td>9 PM</td>
<td>Kabbalat Shabbat Service ID# 230 955 304</td>
</tr>
<tr>
<td>06/05</td>
<td>8 AM</td>
<td>Shohet Morn. Min. ID# 799 405 500</td>
</tr>
<tr>
<td>06/05</td>
<td>6:30 PM</td>
<td>Kabbalat Shabbat Service ID# 230 955 304</td>
</tr>
<tr>
<td>06/05</td>
<td>8 AM</td>
<td>Shohet Morn. Min. ID# 799 405 500</td>
</tr>
<tr>
<td>06/05</td>
<td>6:30 PM</td>
<td>Kabbalat Shabbat Service ID# 230 955 304</td>
</tr>
<tr>
<td>06/05</td>
<td>9 PM</td>
<td>Kabbalat Shabbat Service ID# 230 955 304</td>
</tr>
</tbody>
</table>
LET’S DEFEAT COVID-19

By following these steps we will be able to overcome this pandemic and become stronger as a community:

- Regularly wash your hands – Distance yourself socially
- And join the Temple Har Zion community online!