

## **INFANT-TODDLER & FAMILY CENTER**

## Occupational Therapy Sessions at VBS

with Heidi Soussan, MS, OTR/L and Associates

**Tuesday Mornings:** 

**Private Sessions** 9AM-11 AM **Socialization Group** 11AM-12PM

We are an experienced and specialized team of pediatric occupational therapists with the goal to help children in all areas of fine and gross motor skills, visual perception, self-help, sensory processing, and social thinking skills.



## "Does my child..."

- · Dislike writing, coloring or cutting paper?
- · Have difficulty with puzzles and construction?
- · Have difficulty putting on shoes, socks, or zipping up a jacket?
- · Have noise and smell sensitivity such as those in a restaurant or mall?
- · Seem clumsy or always seem a beat behind?
- · Seem to fatigue faster than their peers?
- · Seem to need extra movement, lack impulsive control, and intrude in other people's space?
- · Seem to have tantrums that are longer and more intense than others?
- · Seem to have trouble entering a group of friends to play?

## Social Skills Class

Social skills may not always come naturally. Our goal is to help children learn about their thoughts and feelings, recognize a group plan, think with their eyes, keep their bodies in the group, and use whole-body listening.

Children further refine their skills as they learn about hidden rules and unexpected behaviors, make smart guesses, recognize the difference between flexible and stuck thinking, determine the size of a problem, and share their imaginings.

Our team can help to support your child's self-regulation, facilitate social thinking abilities and develop social skills.

Complimentary Classroom Assessments • Monthly Super Bill Provided

For more information please contact Lynne Fisher Ifisher@vbs.org • (818) 530-4031



