

J U N E 2 0 2 1



VBS Sisterhood Gazette

Written For and By our Sisterhood Members

B'Yachad: Staying Connected

Month At A Glance

6/2 Evening Book Club

(There is no Daytime Book/Movie Club in June)

**6/15 Wine and Wisdom
7:30 PM**

**6/24 End of Year Event
IN PERSON Happy Hour
outside at VBS!
5-6:30 pm
(Details to come. This will
be a paid event)**

**RSVP for any event to:
sisterhoodrsvp@vbs.org**

**June Tikun Olam
Project:
Toiletries Drive for LA
Family Housing
(See page 6 of this
newsletter for detailed
information!)**



Featured Member of the Month

Annette Appleby Weinberg

Annette Appleby Weinberg is a true local girl! Born in Los Angeles and raised in Encino, she not only went to local schools such as Birmingham High School, but is also a graduate of UCLA. She is a single mom to Michael, who is completing his freshman year at UC Santa Cruz.

Annette spent her early years of her career in advertising sales. She made a career change after becoming a mom and now works in senior care at the Los Angeles Jewish Home. Her current role there is Lifestyle and Enrichment Director for Residential Care at the Eisenberg Village Campus. She finds her current position emotionally rewarding, creative and invigorating.

When not working Annette enjoys playing tennis, golf and napping (especially lately!). During the COVID lockdown she's also worked on cleaning out her closets (haven't we all!?).

Annette was raised at VBS (her parents joined the Temple in the 1960's). She volunteered in both the Nursery School and Day School when Michael was a student there. She has served on committees of VBS Connect and the Youth Commission, and has also served on the Sisterhood Board in the past, She is currently on the Board of Directors of VBS.

Annette worked throughout the lockdown at the Jewish Home, helping to keep the residents safe. The pandemic has really put life's priorities into perspective. VBS Sisterhood is lucky to have Annette as one of its proud members!

President's Message

Deborah Goldberger
Sisterhood President

Summer is normally a time when we try to relax, unwind, take a vacation, and spend time with family. This year, because of the pandemic-related quarantine we have lived through, summer takes on a greater meaning.

In Sisterhood, we have had a year of virtual programming, something that had never been done before. We have all missed the in-person interaction, but the level of participation by our members in our Zoom programs has been tremendous, and I thank all of you who have participated. We have enjoyed Torah studies, learning, discussions about books, cooking advice, even a little bit of alcohol, and, most importantly, continued community and fellowship. We have helped each other make it through a difficult year and in doing so, reinforced the special nature of our Sisterhood. As Rabbi Farkas recently wrote, 'the more we connect, the more we love, and the more we are loved.'

We have earned the right to truly celebrate our summer. I hope you all can take some time to relax and unwind. I wish you a wonderful summer, and look forward to seeing you, in person and via Zoom, at our future Sisterhood events.

L'hitraot (see you soon)!

Deborah

VBS SISTERHOOD YEAR IN REVIEW 2020-2021

What a year it's been! We zoomed, laughed, drank wine, baked, learned with Rabbi Feinstein, heard lectures, and more!
Some of the highlights of this year include:

- **Monthly Wine and Wisdom with Rabbi Feinstein, with an emphasis on Ethics and the Holidays**
 - **Baked Challah and Babka with the amazing Deborah Leibsohn Turobiner**
 - **Participated in a stimulating Mindful Meditation and Movement evening with Julie Markowitz**
 - **Did "Zoom" art class**
 - **Cooked with Jake Cohen using his new cookbook**
 - **Heard the amazing life story of Avraham Perlmutter in honor of Yom Hashoah**

What was your favorite event this past year?

Are you seeing all of our posts and events on Facebook?

If not, follow these instructions:

1. Go to <https://www.facebook.com/VBSSisterhood> and click "Like"
2. Click the 3 dots and select "Follow Settings"
3. Click "Favorites" and update
4. Email Bonnie Duboff at bduboff27@gmail.com with any questions!

Editor's Corner

Summer is here! We have some great events coming this month and are starting to plan for the Fall 2021 – in person and on Zoom! This will be our last edition of the Sisterhood Gazette until the Fall 2021.
Wishing you a safe and terrific summer!

Bonnie Duboff

News from....

Women's League

Engaging Enriching and Empowering Jewish Women
Women's League for Conservative Judaism

Women's League is encouraging its members to take advantage of learning opportunities here in North America and in Israel! Listed below are the organizations and links on how to sign up:

Schechter Institute of Jewish Studies

Offering enrichment zoom mini-courses and workshops

<https://schechter.edu/community-learning/>

American Jewish University

B'Yachad Together, Spirited by AJU

Continues to deliver original content for everyone

<https://learning.aju.edu/>

American Jewish University

Whizin Center for Continuing Education

Same classes and learning opportunities you love, with a new and improved look! Register for a class!

<https://learning.aju.edu/classes/>

WHERE ARE THEY NOW?

**Update on former VBS Sisterhood Presidents!
This month's feature:**

Jan Shulman VBS Sisterhood President 1969-1971



Jan was born in Chicago and with her husband, Alan, moved to California in 1957. They joined VBS soon after, enrolled their son in the nursery school and began to be active volunteers in the synagogue. Alan served as president of VBS from 1973-1975. Jan is blessed with 3 children, Ron (Robin), Edie(Greg) and Linda and 5 wonderful grandchildren.

Jan's term as Sisterhood president was from 1969-1971 and she remembers welcoming Rabbi and Malkah Schulweis to VBS. Her fondest memories are of the camaraderie and the friendships made during those days, whether in the Sisterhood kitchen or at meetings and events. Jan also served on the temple board as vice president of religion and administration.

One of Jan's most special moments at VBS was when she became a Bat Mitzvah in 1975.

In 1976, Jan became president of the Pacific Southwest Region of Women's League for Conservative Judaism and served for two years, after which she became a National Consultant and traveled the country and even Canada as a Conference Consultant for 12 years.

Jan went back to school at the University of Judaism (now the American Jewish University) and graduated with a Master of Arts degree in Jewish Studies in 1992. She then spent 15 very fulfilling years working in the Whizin Center for Jewish Education at the UJ.

Currently, Jan is a member of the VBS Board of Trustees. As for hobbies, she enjoys reading, playing word games on the computer, playing Mah Jongg, socializing with friends and seeing her grandchildren and children as often as possible. VBS Sisterhood is so lucky to have Jan as one of our Past Presidents and active members!

JUNE SISTERHOOD TIKUN OLAM PROJECT TOILETRIES FOR LA FAMILY HOUSING

Sisterhood is collecting hygiene items to assist LA Family Housing as they continue to transition people indoors from homeless encampments. Please drop off collected items as follows **IN A ZIP LOCK BAG** to the guard stand at VBS during the months of May and June (99 cent store or hotel size is fine):

- Bar soap or body soap
- Toothpaste and toothbrush
 - Deodorant
 - Shampoo
- One roll toilet paper
- Razors and shaving cream
- Feminine hygiene (optional)

Any questions? Please email Nancy Bornstein at nhb@sbcglobal.net. Let's do our part to help the homeless in Los Angeles!

SAVE THE DATE

We don't have specific dates yet to save, but be on the lookout for wonderful events and programs in the Fall 2021!

We will also be doing our Honey Sales again for the High Holidays. Details will be emailed to you.

Have a great summer!

Email any questions about programs and events to sisterhoodrsvp@vbs.org



Birthday Blast June



Date

6/2

6/3

6/5

6/6

6/8

6/9

6/11

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6/16

6/17

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6/29

Member Name

Rebekah Farber

Susie Wolfson

Roberta Klein

Lisa Wilen

Amy Wolin

Candace Blaz

Michelle Spiegel

Lili Beim

Fern Popick-Wallach

Kathy Benheim

Sherry Angel-Shiffman

Nancy Schulman

Michele Gathrid

Shirley Lowy

Sharleen Cohen

Sarita Cohen

Diane Schoolsky

Leslie Leb

Francine Golden

Karen Bental

Sophie Alpert

Ellen Brown

Joan Lebovic

Gail Werbach

Francee Davine

Sandra Berman

Marcy Stempler

Aileen Borok

Lori Ann Winetrobe

Lorraine Finkelstein

Susan Feldman

Lynn Ovadia

Tammy Temkin

Esther Wein

Rita Shapiro

Meet our Sisterhood Board 2020-2021

President:	Deborah Goldberger*	Torah Fund/ Women's League:	Joyce Goldman*
Programming:	Claudia Wenger*		
	Eileen Kramer*	Tikun Olam:	Nancy Bornstein*
	Wendy Perlmutter*		Barbara Goldsmith
Treasurer:	Iona Stein*	T. O. / Honey Sales:	Carole Shadow
Financial Secretary: (check deposit)	Fern Popick Wallach		
Administrative/ Gifts/Misc.:	Debbie Alden*	Member Relations/ Sunshine	Jane Blitz
		Bookgroups:	Day: Arlene Zicklin
Communications:	Bonnie Duboff*		Day: Joyce Goldman
Membership:	Susan Rubin*		Eve: Lisa Saliman
	Kathy Benhaim*	Wine/Wisdom:	Susan Feldman
	Debbie Alden*		
	Greta Cohen Goldstein		

* = Executive Board

Please RSVP or ask questions about events to sisterhoodrsvp@vbs.org

**Have feedback on Sisterhood or ideas for an event? Want to get more involved?
Interested in joining the Sisterhood Board? Comments on this Newsletter?
Email Bonnie Duboff at bduboff27@gmail.com with your comments and suggestions!**