



CONGREGATION BETH SHOLOM

Elul Newsletter

Warmest greetings to our new CBS Family!

Rifki and I are so excited to have finally arrived! These past few months have been a whirlwind of activity for us as a family, but we are thrilled to be here, to start settling in, and most of all, to start getting to know all of you!

Amongst the many things that attracted us most to Beth Sholom are the shul's celebration of the diversity of its membership and its active member participation. It is a very large shul with a small family feel that is warm and welcoming to all. It is at the same time a place of tefilla, a place of Torah learning, and a vibrant center of community and social activities. It is an honor for me to continue building upon the renowned work of Rabbi Hain (שתחי) and Rabbi Klaperman z"l.

As the calendar has it, our arrival is just a few weeks before the High Holidays, and that gives us a great opportunity to introduce ourselves to each other as we prepare for our first Yamim Noraim together. Rabbi Miller and I have organized a complete slate of classes and shiurim specifically for Elul that I am excited to introduce with this publication in your hand. Some of the classes are continuations of previously existing shiurim, but many are new offerings aimed at engaging as wide an audience as possible. From Shabbos programming (pre-shacharis Chumash shiur and afternoon Rambam shiur), to a new mussar chabura on Sunday morning, a Lecture Series Tuesday nights you won't want to miss, Lunch n' Learn on Wednesday, a Gemarah shiur Thursday night, and Daily WhatsApp groups, there is something here for everyone. I would also like to note a special Selichos night program where I will share the story of my recent kidney donation, literally a life changing event for both me and my recipient, which is a most appropriate introduction to Selichos.

I look forward to many upcoming opportunities to meet you and your families (see back page). Please remember to say your name when we speak – it will take me some time to remember everyone!

On behalf of Rifki and our children, I thank you for the warm welcome to Congregation Beth Sholom. We already feel so at home!

Warmly,

Rabbi Freundlich



(L-R) Effy, Rena, Binny, Shlomo, Rabbi Freundlich, Shai, Racheli, Rifki. (Front) Shayna

Scan and get to our website and social media!



The Linda Mitgang ל"ר Learning Initiative

Elul Learning Schedule



Alei Shur

RABBI FREUNDLICH / SUNDAYS, FOLLOWING 8:30 SHACHARIS

Rabbi Shlomo Wolbe (1914 - 2005) was the pre-eminent Mussar master of our generation and our primary link to the Mussar yeshivas of pre-war Europe. His Alei Shur focuses on building the olam primi, the inner world of each individual student, and living as a ben aliyah, a growing person, defined by self-discipline, a penetratingly deep relationship to Hashem, and daily interactions permeated with Kedusha. This 20 minute chabura is the perfect start to the week and a great way to prepare for the Days of Judgement!



Contemporary Approaches To Teshuva

TUESDAY NIGHT LECTURE SERIES – 8:00PM

"Teshuva" is a complicated topic. It literally translates into Repentance or Return, but that does little to explain what it is or how to go about it. This 4-part lecture series will explore the thoughts of some of the leading 20th Century Rabbis on the High Holidays

AUGUST 31: Rav Avraham Yitzchak HaKohen Kook (Rabbi Freundlich)

Teshuva as a "Return" – A return to G-d, a return to health, a return to our soul, a return to home

SEPTEMBER 7: The Slonimer Rebbe - Nesivos Shalom (Rabbi Freundlich)

The Jew in a perpetual state of Blissful Teshuva

SEPTEMBER 14: Rav Yosef Dov Soloveitchik (Rabbi Miller)

Teshuva and it Discontents: The Rav's Radical Response to Nietzsche

SEPTEMBER 21: Rav Yitzchok Hutner (Rabbi Freundlich)

"Hashem, Hashem" – Two Reflections of Purity, Before and After sin



Lunch n' Learn Parsha Class

WEDNESDAYS, 12:00PM

Get together with friends, enjoy a light lunch served at 12:00, and learn about the Parsha with Rabbi Freundlich starting at 12:15.



Thursday Night Gemarah Shiur

RABBI FREUNDLICH AND RABBI MILLER / 8:00PM

The Beis Medrash is open! Rosh Hashana/Yom Kippur related topics throughout the month of Elul, including if mitzvos require kavana, hearing the echo of a shofar (or a megillah through a phone or microphone), and more.



Torah-in-Two

Receive a Daily 2 Minute Burst of Inspiration during the month of Elul



Begins Sunday,
August 28
Rosh Chodesh
Elul

Join one of our WhatsApp groups for daily Torah Bits given by Rabbi Freundlich and Rabbi Miller and for updates on events and happenings at CBS.
Simply scan to join!

The Linda Mitgang ל"ר Learning Initiative

Elul Learning Schedule



Shabbos Morning Parsha Shiur

8:40 AM, MAIN SHUL

Shabbos Afternoon Rambam's Hilchos Teshuva Shiur

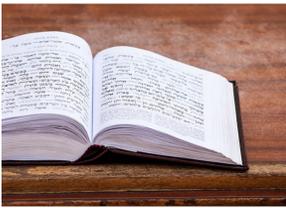
30 MINUTES BEFORE MINCHA



Ancient Emunah in a Modern World

THURSDAY NIGHT (MONTHLY)

One should not live an entire adult life with the same understanding of a child! So argues Rabbeinu Bachya ibn Pekuda (Eleventh century, Spain) in his classic work, Chovos Halevavos (Duties of the Heart). Once a month, Rabb Freundlich will study the principles of Emunah – connecting ancient principles to our modern world.



Daily Mincha/Maariv

Join Rabbi Freundlich for 3-5 minutes in between Mincha and Maariv as he explores Rabbi Moshe Chaim Luzzato's Introduction to his Mesillas Yesharim, one of the most profound and inspiring overviews of Life's purpose in Jewish Literature.



Special Selichos Night Presentation

RABBI FREUNDLICH / 11:00 PM, MOTZEI SHABBOS, SEPTEMBER 17

לך והגוף שלך – Both Body and Soul are Yours

The inspiring Story of how my Kidney Donation came to be, and the life-long lessons I have learned from it.



Pre-Rosh Hashana Friday Night Dinner and Machzor Program

SEPTEMBER 23 - MAIN SHUL

Join Rabbi Freundlich and Rabbi Miller as they provide insights into the machzor in preparation for Rosh Hashana. All are welcome to attend a dessert reception following the program.

5 Minute Mishnah

Learn a Mishnah a day together with Rabbi Miller



Joel Shiff Minyan

Stay updated on everything happening in our Beit Midrash Minyan



Beth Sholom Youth

Stay updated on the latest youth events and programming



Elul Programming

Congregation Beth Sholom Youth Dept.

END OF SUMMER CARNIVAL

September 11 -4-6 PM Beth Sholom Parking Lot

\$5 SHUL MEMBERS
\$10 NON MEMBERS

PRIZES

**BOUNCE HOUSES
CARNIVAL GAMES, ICE CREAM TRUCK**



CONGREGATION BETH SHOLOM

END OF SUMMER BBQ

PRESENTED BY THE CBS SISTERHOOD
MEN & WOMEN INVITED

MONDAY, AUGUST 22 6:30 PM

WELCOMING RABBI YEchezkel AND REBBETZIN RIFKI FREUNDLICH!



AT THE HOME OF FLORIE AND SHAI GASNER
220 CAUSEWAY, LAWRENCE

RSVP AT BETHSHOLOMLAWRENCE.ORG

SCAN ME

SAVE THE DATE!

PRE-ROSH HASHANA FRIDAY NIGHT DINNER

SEPTEMBER 23 AT CBS

Enjoy a night off with friends at shul Friday night, followed by an inspiring Machzor themed program to get us ready for Rosh Hashana.



Kol Nidre 5783

Support Our Shul!

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SCAN ME



High Holidays

5783-2022

Reserve Your Seats

at bethsholomlawrence.org



SCAN ME

Main Shul Minyan
Joel Shiff Beit Midrash Minyan
Hashkama Minyan
Sephardic Minyan

