

**SHABBAT SHALOM AND HAPPY
TU B'SHVAT AT**

**CONGREGATION
SHMA KOLEINU**

**JOIN US...YOU ALREADY
BELONG**

1

Or Zarua

CHORUS

Or za-ru-a la-tza-dik ul'-yish-rei lev sim-cha (2x)

We must keep our hopes alive. We must raise our voices high.
We must hold each other tight. We must stand up in the night,
And be a light...

CHORUS

We must spread our love around. We must feel this spiritual sound.
We must work 'til peace has come. We must love and live as one,
And be a light...

2

**הִנֵּה מָה טוֹב
*Hinei Ma Tov***

הִנֵּה מָה טוֹב וּמָה

-נְעִים שֶׁבֶת אַחִים גַּם יַחַד.

*Hinei ma-tov u-ma-na-yim
she-vet a-chim gam ya-chad.*

How good it is to gather together
as brothers, sisters and friends.

3



בָּרוּךְ אַתָּה יי אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם אֲשֶׁר קִדְּשָׁנוּ
בְּמִצְוֹתָיו, וְצִוָּנוּ לְהַדְלִיק נֵר שֶׁל שַׁבָּת.

*Ba·ruch a·ta, Adonai Eh·lo·hei·nu, meh·lech
ha·o·lam, a·sher ki·d'sha·nu b'mitz·vo·tav
v'tzi·va·nu l'had·lik ner shel Shabbat.*

4

Lecha Dodi

*Lecha dodi likrat kallah p'nei Shabbat n'ka-be-
lah.*

*Shamor v'zachor b'dibbur echad
Hishmianu el hamyuchad
Adonai Echad, u'shmo echad
Lshem ultiferet v'lithilah.*

5

Lecha Dodi

*Lecha dodi likrat kallah p'nei Shabbat n'ka-be-
lah.*

*Hit-o-re-ri, Hit-o-re-ri
Ki va orech ku-mi u-ri
U-ri, u-ri, shir da-be-ri
K'vod A-do-nai a-lay-ich nig-lah.*

6

Lecha Dodi

*Lecha dodi likrat kallah p'nei Shabbat n'ka-be-
lah.*

*Likrat Shabbat, l'chu v'nelchah
Ki hi mekor, ha-berachah
Mei rosh mikedem n'suchah
Sof maaseh, v'machshavat t'chilah.*

7

Lecha Dodi

*Lecha dodi likrat kallah p'nei Shabbat n'ka-be-
lah.*

*Boi v'shalom ateret baalah
Gam b'simchah uv'tzohala
Toch emunei, am segulah
Boi kallah, boi Kallah*

8

Shehechyanu

בְּרוּךְ אַתָּה יי, אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם שֶׁחַיָּנוּ
וְקִיּוּמֵנוּ וְהַגִּיבוּ לְזַמַּן הַזֶּה.

*Ba-ruch a-ta A-do-nai, E-lo-hei-nu me-lech ha-o-lam,
sheh-he-che-yanu, v'-kee-y'-ma-nu, v'-hee-gee-ah-nu
laz-man ha-zeh.*

Blessed is the Eternal our God, Ruler of the universe,
for giving us life, for sustaining us, and for enabling us
to reach this season.

9

Kos Rishon – The First Cup

On Tu B'Shvat, we remind ourselves of our connection to the land - to both the land of Israel, as well as our connection to the Earth. The Spanish Jewish poet, Yehudah Halevy, wrote, "My heart is in the East, but I am in the West." Yearning for a return to the Land of Israel, he and others like him, who pined away for centuries, would revel in a world today, for which Israel is a given, an expectation, a reality.

10

With the first cup of wine, we remember that our cups "runneth over" as we peer back into a world when the world froze rather than affirm a Jewish right to a life of freedom and prosperity in our ancient and holy land. We pour only white wine (or grape juice) as we remember the cold and stillness of the winters of our people's story.

11

Blessing over the Wine

*Baruch Atah Adonai, Eloheinu Melech HaOlam,
Borei p'ri hagafen.*

Blessed are You, Creator of All, who creates the potential for the growth of the fruit of the vine.

12

First Fruit - Life on the Surface

On Tu B'Shvat, we remind ourselves, with different kinds of fruits and nuts, of the different ways of experiencing our lives. Of the first fruits we will eat, they are those that are edible from the outside in. A fleshy outside and a pit on the inside, we discover its source of life only once we have consumed it. Life as experience - the key then, is in reflection and taking stock.

13

Blessing for the Fruit that teaches us to Celebrate!

*Baruch Atah Adonai, Eloheinu Melech HaOlam,
Borei p'ri ha-eitz.*

Blessed are You, Creator of All, who creates the potential for the growth of the fruit of the tree.

14

Barechu

Ya la lai lai.....

Am I awake? Am I prepared?

Are You listening to my prayer?

Can you hear My voice? Can you understand?

Am I awake? Am I prepared?

Ya la lai lai.....

בְּרַכּוּ אֶת יי המְבָרָךְ.

Ba-r'chu et Adonai, ha-m'vo-rach!

בְּרוּךְ יי המְבָרָךְ לְעוֹלָם וָעֶד.

Ba-ruch Adonai ha-m'vo-rach l'o-lam va-ed.

Praised is Adonai, the blessed One, forever and ever.

15



16

SHEMA

Hear O Israel, Shema Yisrael.
Adonai Eloheinu, Adonai Echad.
Baruch shem k'vod, shem k'vod
malchuto l'olam va-ed.

שְׁמַע יִשְׂרָאֵל, יְיָ אֱלֹהֵינוּ, יְיָ אֶחָד!
בְּרוּךְ שֵׁם כְּבוֹד מְלַכּוּתוֹ לְעוֹלָם וָעֶד.

17

V'ahavta

ואהבת את יי אלהיך, בכל לבבך, ובכל נפשך, ובכל מאדך. והיו הדברים האלה, אשר אנכי מצוך היום, על לבבך. ושונתם לבגידה, ודברת בם, בשבתך בביתך, ובלקחתך בדרך, ובשכבך, ובקומך. וקשרתם לאות על ידך, והיו לטטפת בין עיניך. וכתבתם על מזוזות ביתך ובשעריך.

V'ahavta et Adonai Elohecha, b'chol levav-cha, u-ve-chol naf-she-cha, u-ve-chol me-o-decha.

V'hayu hadevarim ha-eileh, asher Anochi metzavcha hayom al levavecha.

V'shinantam levanencha, v'di-barta bam, b'shiftecha b'vei-techa, uv-lechetecha va-derech, uv-shoch-becha uvkumecha. Ukshartam leot al yadecha, v'hayu l'totafot, bein einecha. Uch-tav-tam, al mezuzot bei-techa, u-vi-sharecha.

18

V'AHAVTA

ואהבת את יהוה אלהיך בכל לבבך
ובכל נפשך ובכל מאדך: והיו הדברים
האלה אשר אנכי מצוך היום על לבבך:
ושונתם לבגידה ודברת בם בשבתך
בביתך ובלקחתך בדרך ובשכבך ובקומך:
וקשרתם לאות על ידך והיו לטטפת בין עיניך:
וכתבתם על מזוזות ביתך ובשעריך

19

Cos Shenit – Second Cup of Wine

Wordsworth shared that even though “the world is too much with us,” we rarely see anything in nature that inspires. Not because it isn't inspiring, but because we do not take the time to look. Tu B'Shvat, the ancient New Year for the Trees, is an ever-evolving tradition that today reminds us of the tremendous fragility of the natural world.

20

Even if there are still those who argue against the scientists' doomsday reports, but we still must ask the question. "When looking upon the soot and pollution of our world, even if this waste and degradation meant no harm to health and growth, is this the legacy we wish to leave behind?"

As we move from the frozen position of the past to a warming into the future, we pour a cup of white wine mixed with just a dash of red - let the warming begin.

21

Blessing over the Second Cup of Wine

*Baruch Atah Adonai, Eloheinu Melech HaOlam,
Borei p'ri hagafen.*

Blessed are You, Creator of All, who creates the potential for the growth of the fruit of the vine.

22

Second Fruit - Life Beyond our Protections

Of the second type of fruits we will eat, they are those that are only edible from the inside-out. A protective outside with the nourishment on the inside, we discover that sometimes life can be experienced only when we surrender the protections that make us feel safe. When we let go of the lifelines and let go of our fear, only then, is when we can fly. Life as trial and error - the key then is to surround ourselves with friends who will pick us up when we fall. Let us not seek to fly for fear of falling.

23

Blessing for Fruit that Teaches us About the Need to Dig Deeper

*Baruch Atah Adonai, Eloheinu Melech HaOlam,
Borei p'ri ha-eitz.*

Blessed are You, Creator of All, who creates the potential for the growth of the fruit of the tree.

24

"A Tu B'Shvat Primer

It was so long ago when our people understood the land.
Close to it and connected, but from it we were banned.
Oh how Jeremiah would stand and wonder,
what could it have been that could cause Jerusalem to suffer the slings of men?
We were a people whose tribes understood their purpose by their relationship to this earth.
Passed down by father to son and mother to daughter, lessons from birth.
But over the years we withdrew, a pain numbed by distance of time.
Until by the third generation, we no longer understood an ancient almanac's rhythms and rhymes.

25

Into the word we had retreated, into a life of portable cares.
Our enemies successfully stripping us of our God-given shares.
But they did so with cruelty, far worse than death and attack.
For it was our memory they erased, that was their most brilliant tack.
"The people of the Book!" we declare, "We are, don't you see?
A farmer? Not us, we hire people. Our Torah teaches us to pay them a good fee.
We are masters of our minds!" we wished to shout to all those who would listen.
But for too long, our voices were muted with fear, by countless attacks and submission.

26

Whether Moses, a shepherd, or the laws of produce ever since, we have prayers for fruit and offerings of grain.
We are overwhelmed by the details of emptying the blood from the veins.
Our Mishna includes an order whose title is Moed,
Because our lives were once ordered not by books but by seasons instead.
Shlepped and pushed and expelled as they tried to extinguish our light,
We took great pride in our expertise in portable might.
But throughout all this time, there were Jews who never forgot,
What it meant to survey and to sow and to water their plot.

27

In the land of Israel, they stayed generation to generation,
While in the galut (exile) we sought safety from yet another conflagration.
The mystics, they pondered the existential questions of our fears.
Back to the land, they surmised, we could finally sow our tears.
With blessings of thanks and of joy, our ancestors drew up plans for rebirth.
They reframed this adventure of what life had in store, this exile reversed.
To build and to be built up through a land, so long had we layned,
Whether in Israel or Uganda, our own ancestors' destiny they reclaimed.
We are so much with the world, we have forgotten where we are,
Tu B'Shvat is our clarion call to reclaim what is ours.
Not the land but the power over our own lives,
Jewish existence is no longer an issue upon which to compromise.

28

Mi Chamocha

מי כַּמְּכָה בְּאֵלִים יי, מי כַּמְּכָה נֶאֱדָר בְּקִדְּשׁ,
נוֹרָא תְהִילַת, עֲשֵׂה פְּלֵא.

*Mi chamocha ba'eilim Adonai?
Mi kamocha needar ba-ko-desh?*

No-ra t'hi-lot, o-she fe-leh.

Who is like You, who is like You Adonai?
When Moses and the children crossed the sea
They sang to You with songs of joy.
Who is like You Adonai?

29

Kos Shlishi - Third Cup of Wine

Its always interesting the way the seasons' changes surprise us. One morning, the light is a bit brighter or the sky a bit darker than we remember it being. We employ calendars and weather maps and doppler radar to predict the weather but is there anything like the feeling of discovering a rainbow? Let our hearts be renewed and our minds refreshed as the beautiful surprise of God's natural wonders cause frozen hopes to flow once again. Our third cup of wine is red but with a dash of white, a reminder of what we are leaving behind.

30

Blessing over the Third Cup of Wine

*Baruch Atah Adonai, Eloheinu Melech HaOlam,
Borei p'ri hagafen.*

Blessed are You, Creator of All, who creates the potential for the growth of the fruit of the vine.

31

Third Fruit - Life Through and Through

Of the third type of fruit we will eat, they are those that are edible inside and out. More juice than flesh, we bite into it wholly, and completely, sometimes as bunches that melt on our tongues, and sometimes as a piece flung high and caught with our mouths. Through and through with no pits nor peels, at times we are reminded that the Divine is in all things and in all places. And we are but reflections and actors creating holiness on Its behalf.

32

Blessing for Fruit that Teaches us That All is Present

*Baruch Atah Adonai, Eloheinu Melech HaOlam,
Borei p'ri ha-eitz.*

Blessed are You, Creator of All, who creates the potential for the growth of the fruit of the tree.

33

Mi Sheberach

*Mi she-bei-rach a-vo-tei-nu
Meh-kor ha-bra-cha l'i-mo-tei-nu*
May the Source of strength
Who blessed the ones before us
Help us find the courage
to make our lives a blessing and let us
say, Amen.

*Mi she-bei-rach i-mo-tei-nu
Meh-kor ha-bra-cha la-ah-vo-tei-nu*
Bless those in need of healing
with *refuah shleima*.
The renewal of body,
the renewal of spirit
and let us say, Amen.

34

Kos Revii – Fourth Cup of Wine

Why wine? Why do we sanctify occasions, mark precious moments, offer "L'chaim!" with good cheer? It is perhaps because God does not make wine. God only makes grapes. And then, it is only when we bring our natural talents and ingenuity to the raw resources provided to us by the natural world, do we become partners in creation. We bring wholeness and beauty and warmth when we see before us, a life filled with gifts and gifted people. May Tu B'Shvat remind us that in our hands can be the hands of the partners for creating the worlds we wish to live in.

35

Blessing over the Fourth Cup of Wine

*Baruch Atah Adonai, Eloheinu Melech HaOlam,
Borei p'ri hagafen.*

Blessed are You, Creator of All, who creates the potential for the growth of the
fruit of the vine.

36

Aleinu L'shabeiach

Its up to us to call ourselves to task
To sing what's good and true
To bring about redemption
it's what we were freed to do
For what's the point of being here,
if we're not moved to change our ways?
Aleinu l'shabeiach, it's time to live our praise.

We are carrying the stories of the ones who came before.
What stories will be told of us when we are here no more?
We commit ourselves to action
It brings meaning to our days
Aleinu l'shabeiach, it's time to live our praise.

37

Aleinu L'shabeiach

It's up to us to own the vision,
we are an answer to a call
It's up to us to live the words we speak
for the benefit of all
It's up to us to bow down deeply
There's a broken world to raise
Aleinu l'shabeiach, it's time to live our praise.
Aleinu l'shabeiach, it's time to live our praise.

38

Kaddish

*Yitgadal v'yitkadash shmei raba. B'alma div'ra chirutei,
v'yamlich malchutei, b'chayeichon uv'yomeichon uv'cha-yei
d'chol beit Yisrael, ba-agala uvizman kariv. V'im'ru: Amen.
Y'hei sh'mei raba m'varach l'alam ul'almei almaya.
Yitbarach v'yishtabach, v'yitpa-ar v'yitromam v'yitnaseh,
v'yit-hadar v'yitaleh v'yit'halal sh'mei d'Kudsha, B'rich Hu,
l'eila min kol birchata v'shirata, tushb'chata v'nechemata
da-amiran b'alma. V'imru: Amen.
Ye-hei shlama raba min sh'maya v'cha-yim, aleinu v'al kol
Yisrael. V'imru: Amen.
Oseh shalom bimromav, Hu ya-aseh shalom aleinu, v'al kol
Yisrael. V'imru: Amen.*

39

The Na Na Song

Na, na, na, na na na
Na na, na, na, na na na na na
Na, na, na, na na na
Na na, na, na, na na na na na
*Baruch atah adonai
Eloheinu melech ha'olam
Baruch atah adonai
Eloheinu melech ha'olam
Shenatan lanu hizdamnut l'takein et ha'olam.*

*Blessed are You, Adonai, who has given us the opportunity to do
tikkun olam, repair of the world.*

40