Upcoming Events
August 2016
All events at CBH unless noted

• Friday, Aug. 5, 7:30pm
  Graduation Shabbat (GG/RJ)
• Saturday, Aug. 6, 9:30am
  Bar Mitzvah, Jonah Hirsch at CCUCC
• Friday, Aug. 12, 6:30pm Meditation & Mussar
  7:30pm Adult Program: The Humanity of Jewish Mourning
• Saturday, Aug. 13, 9:30am
  Bat Mitzvah, Sydney Fessenden at CCUCC
• Tuesday, Aug. 16, 7:30pm
  Interplay
• Friday, Aug. 19
  5:30pm Dive-Into Shabbat (Emory Pool)
  6:30pm Sober Shabbat (GG)
  Dinner and Teaching
• Saturday, Aug. 20, 1pm
  ShalOM Yoga
• Sunday, Aug. 21, 9:30am
  CBHCS, 1st Day at TFS
• Friday, Aug. 26, 6:30pm
  Shabbat Dinner (GG)
• Saturday, Aug. 27, 2pm
  The Way Out and The Way In: Reflecting on 5776 through art
    Saturday, August 27, 2-4pm
    Channel your creative self to reflect on the past year’s themes through
    art and collage. The goal of this workshop is to examine and make
    meaning from the collection of experiences that made up your 5776:
    highlights, challenges, energy and growth. You will leave with your own
    piece of artwork.
    Open to ages 13 to adults; no experience needed.
    RSVP by 8/20. $5 material fee. Limited space, so RSVP early.

The way out and the way in: Reflecting on 5776 through art with Ariela Freedman
Saturday, August 27, 2-4pm
Channel your creative self to reflect on the past year’s themes through art and collage. The goal of this workshop is to examine and make meaning from the collection of experiences that made up your 5776: highlights, challenges, energy and growth. You will leave with your own piece of artwork.
Open to ages 13 to adults; no experience needed.
RSVP by 8/20. $5 material fee. Limited space, so RSVP early.

Moving Through: Reflecting on 5576 through movement with Audrey Galex and Joyce Kinnard
Tuesday, Sept. 13, 7:30pm- 9pm
Join Audrey Galex and Joyce Kinnard to use movement and story sharing as a medium for reflection in this Elul-inspired interplay gathering. Using the gentle incremental steps of this improvisational system we will speak to one another in the marvelous flexible language of movement, voice, storytelling and stillness. Bring a yoga mat and a water bottle.

Meet Your Future Self: A Chesbon Hanefesh Workshop with Valerie Wolpe
Weds, Sept 21, 7:30-9:00pm
As we approach the Days of Awe, we are asked to engage in chesbon hanefesh, an accounting of the soul. In this tradition, we introspectively turn our gaze inward to account for our character and actions. Imagine meeting your Future Self who can offer you great perspective, refreshing honesty and wise conversation about how to live according to what matters most to you. You will take a relaxing and deeply affirming guided visualization journey, and return with pragmatic and transformative insights to live by.

Find more information and RSVP on the CBH Events Calendar
# BIRTHDAYS

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# ANNIVERSARIES

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**B’NAI MITZVAH**

Molly Silverman
June 4

Luca Davidorf
May 28, 2016

Benjamin Borthwick
June 25, 2016
SUMMER SOUNDS BAND CONCERT 2016
SATURDAY AUGUST 20 7:30PM
AT CBH LAVISTA • 2074 LAVISTA RD
TICKETS $30 IN ADVANCE, $35 AT THE DOOR
WWW.CONGREGATIONBETHAVERIM.ORG

Concert is outdoors. Bring blankets, low chairs, snacks, bug spray, citronella candles, etc for a summer concert on the lawn.
DONATIONS

General Fund
- Jeffrey Nakrin, in memory of Vita Brown
- Sally Cohen & Marc Silverman, in honor of Molly’s bat mitzvah
- Ellen Mazer, in memory of her father
- Daniel Shorr
- Cheryl Ackerly
- Jane Schulman
- Larry & Janet Auerbach, in honor of Paul Glickstein
- Alan Sugar, a Pride Seder donation
- Paul Glickstein, to the Tikkun Olam committee in honor of Norman Markel & Dale Stratford

Building Fund
- Patrick Crabtree
- Rebeca Quintana, in honor of Andy Segal’s CBH@30 presentation, Paul Glickstein’s June birthday & Luca Davidorf’s bar mitzvah
- Rebeca Quintana, in memory of Brenna Dawn Segal, Tovah Melaver’s sister-in-law
- Rebeca Quintana, in memory of Shane Tomlinson (Agatha Walker’s cousin) & Beverly Konter
- Rebeca Quintana, in honor of Allison Carter’s July birthday & Benjamin Borthwick’s bar mitzvah
- Lauren Rich & Marian Meyers, in honor of Norman Markel
- Rebecca & Jennifer Stapel-Wax
- Susan Levy & Jeri Kagel
- Paul & Lisa Marquardt
- Leslie Kean
- Lauren Rich & Marian Meyers

Yahrzeit Donation
- Julie Fishman & Terry Pechacek, in memory of Syd Zoss & Elizabeth Pechacek
- Scot Safon & Rebecca Leary Safon, in memory of David Safon
- Rachel Wallack, in memory of JoAnne Idelson Alterman
- Jane Diamond, in memory of Sydell Diamond
- Elaine Rubin, in memory of Bert Sobelson Jill Auerbach, in memory of Sylvia Auerbach

Rabbi’s Discretionary Fund
- Theresa Prestwood & Gary Falcon, in honor of Zoe’s bat mitzvah
- Mitchell Anderson & Richie Arpino
- Sally Cohen & Marc Silverman, in honor of Molly’s bat mitzvah
- Edonna Koon & Jowanna Tillman, in honor of their wedding
- David Borthwick & Sarah Zaslaw, in honor of the CBH music program & Benjamin Borthwick’s bar mitzvah

Holiday Donation
- Hannarae Siegelson

HONORABLE MENSCHEN
* Oneg Hosts: Joe Chancey, Hanne Blank, Nefesh Chaya, Nina Rosenberg and Bill Witherspoon, Gary Falcon.
* Pride Seder: Thanks to Alix Laing, Maddie Laing, and Eliana Norton, and all the teens and others who helped make this such a memorable event. Thank you to Melanie Hammet for inspiring us with your voice.
* Lay leaders: Amy Price, Shelley Rose, Ellie Emerich
* Program leader: Elizabeth Cohen for Meditation & Mussar
* Our musicians for bringing music to the Vigil for Orlando
* Gina Gershon for her ongoing support of daily building needs
* Jesse Bathrick, Jackie Sherman, and Gary Falcon for bringing Salam Neighbor to our community

STRENGTHEN OUR COMMUNITY THROUGH SONG/PRAYER
Community Workshop with Joey Weisenberg
August 28, 4:00-5:30
Joey Weisenberg, one of the world’s rising music leaders, comes to CBH to inspire and strengthen our community through song-making. If you love music and singing, this is an event for you. The workshop is open to the entire congregation, community, and chorus.
No charge.
Read more about the workshop teacher here: www.joeyweisenberg.com
## Yahrzeits

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### Congregation Bet Haverim

**President**  
Shoshana Ben-Yoar

**Vice President**  
McKenzie Wren

**Vice President, Administration**  
Shelley Rose

**President Emeritus**  
Charlie Chasen

**Secretary**  
Gina Gershon

**Treasurer**  
Paula Bloom

**Reps-at-large**  
Patrick Crabtree

**Education Cmte.**  
Rachel Wallack

**Music Director**  
Gayanne Geurin

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The Humanity of Jewish Mourning: Understanding our Inheritance and Finding Your Path
Friday Aug. 12, 7:30pm

The Jewish mourning practices connect us with our ancestors, our tradition, and each other. What is the origin of the proscriptions and rituals inherited throughout history? How are they intended to serve us? And, most importantly, what are the ways we want to modify tradition to meet our contemporary needs as Reconstructionist Jews?

Marcy Leach, founder of Beyond Grief LLC, has a doctorate degree in psychology and is a thanatologist with six years of experience in the field of death, dying, and bereavement. Lauren Levin is currently an immigration lawyer who is studying Jewish Chaplaincy. She has extensive personal experience in the dying process as well as the death and mourning of close family and friends.

Join us for learning and conversation.
ABOUT HIGH HOLY DAYS 5777 / 2016:

TICKETS: Services are ticket-free. Just come and find a seat. Seats fill up so do come early.

LOCATION: All services will be held at St. Bartholomew’s Episcopal Church, 1790 LaVista Road NE, unless otherwise noted.

SIGN LANGUAGE INTERPRETATION: Watch announcements in September for more information on which services will have sign language interpreters.

CHILDREN: Children’s services will be held Rosh Hashanah and Yom Kippur mornings. There will be an Intergenerational Kol Nidre service, designed for all ages. Childcare is available for infants and children’s programming is available for children up to age 10 for First Day Rosh Hashanah and Yom Kippur morning, but SPACE IS LIMITED! Please reserve your spot early. Register online or use form in August mailing.

PARKING: There is a parking lot behind St. Bartholomew’s, and it typically fills up during services. Parking throughout the neighborhood is permissible (but not on LaVista Road).

CBH TRADITIONS:

These are opportunities to experience a sense of belonging in different ways. Please participate as you are so moved.

Oneg - Please sign up to bring something to one of our onegs at Rosh Hashanah, or to the break the fast gathering. Look for the links to sign up in emails.

Yizkor Memorial Booklet - Submit names of loved ones to be read aloud during Yizkor Services. Online form available or use the form in this August mailing.

Prayer Wall - On Rosh Hashanah, thanks to Ruby Bock, we will have a prayer wall. This will be an opportunity to offer up private prayers and place them together as an expression of personal and communal longing.

Memorial Table - On Yom Kippur, we will be presenting a memorial table where you will be invited to bring pictures or other momentos of those that you are remembering. (All items can be collected when needed.)

Communal Al Chet - Submit your Al Chet to the community. It may be read aloud on Yom Kippur. Form available online and in this August mailing.

Purchase a gift of honey - Purchase honey for friends and family ones at http://orthoney.com/CBH/

Volunteer to help (need ushers, greeters, people to bring items to oneg & break the fast, & more.) Email or call the office for more information. Sign up link can be found at High Holidays Central.

MORE INFORMATION AND FULL SCHEDULE CAN BE FOUND AT: http://congregationbethaverim.org/highholidayscentral
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