INSIDE: HIGH HOLY DAYS SCHEDULE, ELUL OFFERINGS, VOLUNTEER OPPORTUNITIES and MORE
CONGREGATION BET HAVERIM is a Reconstructionist synagogue founded by lesbians and gay men, embracing all Jews and loved ones.

HaMaagal is the monthly newsletter of Congregation Bet Haverim, containing news, information, and items of interest for our diverse community.

Contact Information:
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• Mailing Address: PO Box 29548, Atlanta, GA 30359
• Phone: (404) 315-6446
• Email: info@CBHAtlanta.org
• Web: www.congregationbethaverim.org
• Rabbi: Joshua Lesser
• Executive Director: Amy Robertson
• Music Director: Gayanne Geurin
• Rabbi Assistant: Agatha Walker
• Administrator: Julie Lakric
• Education Program Manager: Kate Hennessey
• Events and Volunteer Manager: Jenna Gould
• Communications Manager: Laurie Slack
• Chorus Director: Will Robertson

LEADERSHIP

PRESIDENT McKenzie Wren
1ST VICE PRESIDENT Theresa Prestwood
VP COMMUNICATIONS Leave of Absence
TREASURER Cindy Smith
SECRETARY Shana Cohen
PAST PRESIDENT Shoshana Ben-Yoar
MEMBERS AT LARGE
Shelley Rose
Patric Good

Buy Your Lulav & Etrog

Let Congregation Bet Haverim be your source for your etrog, lulav, hadasim & aravot this Sukkot!

Are you building a sukkah at home this year? Shake up Sukkot with a beautiful lulav and etrog set and enjoy the mitzvah of waving it in your sukkah. You can’t find these at the Farmers Market! We will do the hard part -- you just pick them up from the CBH offices when they arrive from Israel (we will call you to let you know they are here!)

Purchase online at: www.congregationbethaverim.org/orderalulav by September 1.
CBH to Offer Three Additional High Holiday Experiences This Year

CBH is thrilled to announce that we are expanding our High Holiday offerings this year to include two new outdoor alternatives for both Rosh Hashanah and Yom Kippur. Led by local Rabbis Malka Packer-Monroe and Ruth Abusch-Madger, and underwritten by the Eli Rose Fund with support from the Jewish Federation of Atlanta, these offerings are meant to better serve Jewish Atlantans for whom more traditional synagogue services do not quite fit the bill. As is the case for our more traditional High Holiday services, these offerings are open to all and there are no tickets required. We will ask participants to offer donations to the extent that they are able to help us cover the costs.

For Rosh Hashanah, our two additional offerings are:

Shofar on the Mountain: A radically welcoming alternative Rosh Hashanah communal experience with Rabbi Malka Packer-Monroe
Arabia Mountain
Sunday, Sept 9, 4-8pm
Join Rabbi Malka Packer-Monroe on Arabia Mountain for an outdoor spiritual experience grounded in Rosh Hashanah traditions and themes. This alternative experience will weave together meditation, music, chanting, poetry and deep reflection. Connect with the Divine in the presence of nature. A community potluck meal will follow.

and

PrayGround: New Year in the Park with Rabbi Ruth Abusch-Madger
Historic Fourth Ward Park
Sunday, Sept 9, 10:30am
A Rosh Hashanah celebration of the Jewish New Year for children and those who love them! Join us for a family-oriented adventure of new beginnings in song and story, reflection, and conversation in the park. This fun informal gathering is a perfect way to explore familiar themes of the holidays with Shofar blowing, round challah, and apples and honey. Bring a blanket and a personal picnic, and stay and enjoy the park and community after we conclude.

For Yom Kippur, our additional offering is:

Nourishment for the Spirit: A radically welcoming alternative Yom Kippur communal experience with Rabbi Malka Packer-Monroe
Intown Coffee House
Sunday, September 16th from 4-8pm
Join Rabbi Malka Packer-Monroe at Intown Coffee House for an engaging spiritual experience grounded in Yom Kippur traditions and themes. This alternative experience will weave together meditation, music, chanting, poetry and deep reflection. A community potluck meal to follow.
## CBH High Holy Day Schedule

**2018/5779**

<table>
<thead>
<tr>
<th>Day</th>
<th>Date</th>
<th>Event Description</th>
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<tbody>
<tr>
<td>**Sunday</td>
<td>September 9</td>
<td>Erev Rosh Hashanah**</td>
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<td></td>
<td></td>
<td>Erev Rosh Hashanah Service 8PM</td>
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<tr>
<td>**Monday</td>
<td>September 10</td>
<td>Rosh Hashanah Day 1**</td>
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<td>Shacharit Service 10AM</td>
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<td>Children’s Services 3-5 yrs old 10:15AM</td>
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<td>Children’s Services 6-7 yrs old 11:15AM</td>
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<td>Children’s Services 8-10 yrs old 12:15PM</td>
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<tr>
<td></td>
<td></td>
<td>Tashlich at WD Thompson Park 2:30PM</td>
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<tr>
<td>**Tuesday</td>
<td>September 11</td>
<td>Rosh Hashanah Day 2**</td>
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<td>Chant Service 10AM</td>
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<td>**Tuesday</td>
<td>September 18</td>
<td>Kol Nidre**</td>
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<td></td>
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<td>Intergenerational Service 6:00PM</td>
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<td>Kol Nidre Service 8:00PM</td>
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<td>**Wednesday</td>
<td>September 19</td>
<td>Yom Kippur**</td>
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<td>Shacharit 10AM</td>
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<td>Ne’ilah 5:45PM</td>
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<td>Break Fast 7:15PM</td>
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*All events at St. Bartholomew’s Episcopal Church unless otherwise noted*
High Holiday Seating

As we head into these holy days together, we want to remind you of seat-holding policies at CBH. As a community, we are trying to balance honoring our members and welcoming our guests, while also recognizing individual needs and respecting and appreciating the common good. With that in mind, please help us to honor our community guidelines related to holding seats on these most holy days of the year.

Generally speaking, beginning one hour prior to any service, CBH members may hold up to 4 seats for family and friends who have not yet arrived, so that loved ones can sit together. If these friends have not arrived 10 minutes past the start of the service and we need those seats for others who are present, you will be asked to relinquish the held seats.

Volunteers on a particular day may mark their held seats (up to 4 seats per volunteer) when they arrive to volunteer, prior to the one hour timeframe.

A seat may be held past 10 minutes for a person who is physically present in the building but not physically present in the sanctuary (e.g. a person helping in childcare or attending a youth service for a portion of the morning).

Seat reservations do not carry over from service to service. Any signs will be removed at the end of each service.

If you plan to hold a block of seats at several services, please consider moving around the sanctuary so that different people have an opportunity to rotate through the front/center rows.

We understand that extraordinary circumstances may merit exceptions, and in such situations we will be flexible with the policy. If you would like to request an exception, please contact Amy Robertson.

A Sweet Start: A Rosh Hashanah Home Guide

Have apple slices ready and get ready to take one and dip it in honey for hopes of a sweet and fruitful new year.

The Blessings:
Say these two blessings before you eat.

*Baruch atah Adonai, Eloheinu melech ha-olam, borei p'ri ha-eitz.*

We praise You, Source of Joy, Sovereign of the Universe, Creator of the fruit of the tree.

Then add:

*Y'hi ratzon milfanecha, Adonai Eloheinu v' Elohei avoteinu v'imoteinu, shetchadesh aleinu shanah tovah um'tukah.*

May it be Your will, Eternal our God, that this be a good and sweet year for us.

Eat the apple dipped in honey.

Look for a complete *A Sweet Start* guide coming soon to www.congregationbethaverim.org
Before the High Holy Days, from the beginning of Elul, our tradition invites us into self-reflection in preparation for meeting our God forty days later on Yom Kippur. Liturgically, it happens with special prayers and the sounding of the shofar. Yet, for the Holy Days to really make a difference in our lives, we need an intentional process, too.

Using meditation in stillness and movement, imagery, journaling, and deep listening to ourselves and each other, we will explore what brings us into more alignment with our essential nature. Join us for a series of 4 weekly meetings in which we will explore how we can best attune ourselves -- physically, emotionally, mentally, and spiritually -- to our own inner life, with others, our community, the environment, and the Divine.

This is a 4-part series, and class participants should plan to attend all 4 classes. Nobody will be turned away for inability to pay. Please contact the office if you’d like to participate and cost is a deterrent.

Register at: https://www.congregationbethaverim.org/teshuvah2018

Making Space for Teshuvah:
Recalibrating Body, Heart, Mind and Spirit.

taught by Elizabeth Cohen
Saturdays, August 11, 18, 25, and September 8
3:30-5pm at CBH
$36/members, $54/nonmembers

Elizabeth Cohen is in training as a spiritual director in the Aleph (Alliance for Jewish Renewal) Hashpa’ah Program and building on her extensive experience in sharing approaches to meditation, Mindfulness-Based Stress Reduction and healing in a variety of contexts, some Jewish, including hospitals, prisons, and with clients privately.

As with so much of our communal life, our High Holiday celebrations are a collaborative “labor of love” between our staff, members, and guests. Please help us create this beautiful offering for our members, their loved ones, and the entire Atlanta Jewish community by volunteering to help out. There are many ways to pitch in, and it’s fun – we promise!

**Set up:** Help us settle into St. Bart’s and create our sacred space. Tasks include laying out our literature and machzors, putting out donation cards and announcements, and making sure that table cloths and flowers are just right.

**When:** Sunday afternoon, 9/9, from 1-4pm (Rosh Hashanah) and Wednesday afternoon, 9/19, 12-3pm. If you need to come late or leave early, just let us know.

**Greeters:** Warmly welcome our congregants and visitors as they arrive and help to answer any questions they have. Some greeters will assist our visitors in filling out visitor information cards.

**When:** Arrive one hour prior to service start time. Greeters are needed for Erev Rosh Hashanah, Rosh Hashanah day 1, Intergenerational Kol Nidre, Kol Nidre, and Yom Kippur.

**Machzor Mavens:** Help to keep our mountain of machzors under control by distributing books as
Take a break from your day and develop a spiritual action plan for the Jewish High Holy Days as a part of a live, online webinar that will take place over the lunch hour. Taught by Rabbi David Jaffe, winner of the Jewish National Book Award for his book *Changing the World from the Inside Out*, the workshop draws on wisdom from the Mussar (Ethical development) and Chassidic traditions within Judaism. Through text study, personal examples, guided meditation, journaling, creative arts and partner discussion, Rabbi David Jaffe leads participants through a process of reviewing the past year and creating a practical plan for growth for the year ahead.

Participants will emerge from the workshops with:
Inspiration for making the High Holy Days come alive | Support throughout the year to stick with your Teshuvah goals | Spiritual technologies for living a holy life

Online  
**Time:** Noon-1 pm EST  
**Dates:** August 28 & 30, September 6, 13, 17  
Cost to participants: $36 for CBH members, $54 for non-members  
Register at: [https://www.congregationbethaverim.org/teshuvahwebinar2018](https://www.congregationbethaverim.org/teshuvahwebinar2018)

MAK E  I T  H A P P E N!  

people arrive and stacking them neatly at the end of services.  
**When:** Arrive one hour prior to service start time.  
Help with machzors is needed for Erev Rosh Hashanah, Rosh Hashanah day 1, Kol Nidre, and Yom Kippur.  

**Ushers:** Our team of ushers are among our most critical volunteers – they work together to help keep track of open seats and direct newly arriving folks to them and help to ensure that seating guidelines are being observed. This role becomes more and more necessary (and more and more directive) as the room fills up and open seats are few. This is an opportunity to offer much needed help – can you imagine trying to find the scattered open seats in a nearly full sanctuary without them?  
**When:** Arrive one hour prior to service start time.  
Help with machzors is needed for Erev Rosh Hashana, Rosh Hashana day 1, Kol Nidre, and Yom Kippur.  

To volunteer, go to [www.congregationbethaverim/highholidayscentral](http://www.congregationbethaverim/highholidayscentral) and look for the volunteer section – or just email Amy (arobertson@cbhatlanta.org) and let her know what you can do! Thank you for your help during our biggest services of the year. We can’t do it without you!
MEMORIALS

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<th>MOUNRED BY</th>
<th>DATE</th>
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<tr>
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<td>Susan Heinsohn</td>
<td>Jeannie Heinsohn</td>
<td>August 14</td>
<td>Sylvia Broida</td>
<td>Marian Broida</td>
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<td>August 5</td>
<td>Sylvia Friedman</td>
<td>Dorothy Cohen</td>
<td>August 15</td>
<td>Lillian Pollak</td>
<td>Beth Laing</td>
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<td>August 7</td>
<td>Leland Bernard Cohen</td>
<td>Shoshana Ben-Yoar</td>
<td>August 16</td>
<td>Angela Sugar</td>
<td>Alan Sugar</td>
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<td>David Shalit</td>
<td>Eva Shalit</td>
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<td>Tali Twersky</td>
<td>Joanie Twersky</td>
<td>August 20</td>
<td>Francine Cetron</td>
<td>Martin Cetron</td>
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<td>August 9</td>
<td>Marilyn Shapiro</td>
<td>Marla Shapiro</td>
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<td>Edward Spieler</td>
<td>Mark Spieler</td>
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<td>Ruth Shapiro</td>
<td>Ken Alpern</td>
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<td>Edna Kean</td>
<td>Leslie Kean</td>
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<td>Charles Obsusin</td>
<td>Alisa Obsusin</td>
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<td>Stephanie Ezust</td>
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<td>Lena Mae Rubenstein</td>
<td>Henry Lewis</td>
<td>August 24</td>
<td>Judith Ann Chasen</td>
<td>Charles Chasen</td>
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<td>Kathryn Duval</td>
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<td>Rita Lefkowitz</td>
<td>Diane Dexter</td>
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<td>Alice Zophin</td>
<td>Neysa Nevins</td>
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<td>Craig Adler</td>
<td>Marjorie Adler</td>
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<td>August 13</td>
<td>Eleanor Shlissel</td>
<td>Marjorie Osheroff</td>
<td>August 28</td>
<td>Theodore Broida</td>
<td>Marian Broida</td>
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<td>Osheroff</td>
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<td>August 29</td>
<td>Allan J. Rosenberg</td>
<td>Suzanne Schultz</td>
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<td>Eleanor Shlissel</td>
<td>Steve Osheroff</td>
<td>August 30</td>
<td>Lorraine Mazer</td>
<td>Ellen Mazer</td>
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<td>August 31</td>
<td>Gerda Leone</td>
<td>Cynthia Smith</td>
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CBH kids learn about being Jewish by “doing” Jewish!

Parents, our big kids aren’t the only ones who get to enjoy the experience of our amazing Sunday school program: Join us this year for our special “Parent ‘n’ Me!” program, for Pre-K kids!

“Parent ‘n’ Me!” is an interactive, joyful Judaic learning experience for pre-K families that meets once a month for 8 sessions. Each session begins at 10:00am and ends at 12pm.

The Parent ‘n’ Me curriculum focuses on giving each child a familiar context of Jewish holidays, Jewish ethics and culture, and a sense of identity.

Children will “graduate” with a working understanding of many Jewish topics, including...

- Jewish prayer, blessings, spirituality
- Hebrew words and phrases
- Israel’s relationship with Judaism
- The value of empathy and the importance of respect
- Honoring themselves, their families, their community, and all living things

The school year is approaching quickly, so don’t delay--register today! 
https://www.congregationbethaverim.org/cbhsregistration
BIRTHDAYS

August 1  Abby Gilbert
August 1  Coby Gilbert
August 1  Adrienne Black
August 2  Clare Rubin
August 2  Alexandra Jacobs
August 3  Walker Ravina
August 4  Jonathan Mermin
August 4  Isaac Wallack
August 4  Gabriel Kay
August 4  Grant Marquardt
August 5  Hannah Friedenthal-Greene
August 5  Bryan Golson
August 5  Noah Sokoloff
August 6  George Houghtaling
August 6  Marci Creath
August 8  Susan Byers
August 9  Tovah Melaver
August 9  Marco Ernesto Caldas
August 10  Susan Joss
August 10  Suzanne Greenfield
August 10  Ephi Betan
August 12  Danielle Wagner
August 12  Bex Taylor-Klaus
August 13  Zoe Ravina
August 13  Elaine Taylor-Klaus
August 13  Amy Kahn
August 13  Lisa Heimann
August 14  Brian Snook
August 15  Julie Zier
August 15  Heidi Whatley
August 16  Conley Scheer
August 17  Sherri Kornfeld
August 17  Dan Arnold
August 17  Dale Stratford
August 19  Rachel Cetron
August 20  Gabriella Perlmutter
August 21  James Dexter
August 22  Jonathan Mitchell
August 23  Grace Helen Frankel
August 23  Linda Hilsenrad
August 23  Olivia McBurney
August 24  Lori Wilson
August 26  Elizabeth Marks
August 26  Ben Barber
August 27  Tobi Arnes
August 27  Isaac Bloom
August 27  Marjory Greenbaum
August 27  Jamie Goldberg
August 27  Ruth Link-Gelles
August 28  Patrick Crabtree
August 28  Roxy Johnson
August 28  Joshua Vaughn
August 28  Laura Baldwin
August 28  Sydne Fessenden
August 29  Kobe Lev Cohen
August 29  Sybil McWilliams
August 29  Malaika Leon
August 29  Avrum Weiss
August 30  Jeffrey Kraus
August 30  Paula Bloom
August 30  Paige Lefont
August 31  Alexandra Balaji
August 31  Marian Broida
August 31  David Lewis
August 31  Jeremy Kinnard
August 31  Jesse Krisel
August 31  Sarina Krisel
### ANNIVERSARIES

<table>
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<tr>
<th>Date</th>
<th>Couples</th>
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<tr>
<td>August 5</td>
<td>Eric &amp; Lynn Tarnow</td>
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<td>August 9</td>
<td>Benjamin &amp; Devora Reiss</td>
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<td>Gabriel &amp; Melissa Kuperminc</td>
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<td>Susan Kuperberg Mitchell &amp; Richard Mitchell</td>
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<td>Marjorie &amp; Steve Osheroff</td>
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<td>August 28</td>
<td>Mark &amp; Siciliana Weinstein</td>
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### B’NAI MITZVAH

Mazel Tov to Orli Klein on her Bat Mitzvah!

### High Holiday Checklist: Are You Ready?

As the High Holy Days approach, make sure you haven’t forgotten anything!

- Sign up for Childcare, if needed
  - Sign up for one of our two wonderful Teshuvah classes, either in person or online
    - Fill out and send in your Yizkor Form
    - Order your Lulav and Etrog
- Make Your High Holiday Donation to CBH

### HONORABLE MENSCHEN

Those who can, do. Those who can do more, volunteer.

~Author Unknown

- **Onegs**: Dennis Diamond, Gina and Evelyn Gershon, Ariela Freedman, Nancy Kriseman, Alayne Lesser
- **Pride Shabbat**: Jeri Kagel
- **Shabbat Meditation**: Elizabeth Cohen
- **Shabbat Table Hosts**: Michael Gross and Bryan Golson, Malka and Mercy Packer-Monroe
- **Shabbat Table Organizer**: Amy Jaret
- **HaMaagal Editing**: Darcy Coty, Bob Schwartz, Paul Glickstein
- **Flower Power**: Nancy Kriseman, for her tireless care of the beautiful plants outside CBH
SUPPORTERS

General Fund
• Mark Ravina & Nora Levesque in honor of Dan Arnold
• Hank & Barbara Kimmel in memory of Jean Waldman Frankel
• Rebecca & Jennifer Stapel-Wax in honor of the CBH Chorus for Caleb & Oren’s b’nai Mitzvah
• Rebecca & Jennifer Stapel-Wax in honor of Caleb & Oren’s b’nai mitzvah
• Susan Youdovin to the Music Program
• Harold & Barbara Weinreb in celebration of Rabbi Josh’s marriage to Alex
• Jacquelyn Goldman
• Dolores & Bernard Wax in appreciation for the generosity at CBH to their grandsons Caleb & Oren Stapel-Wax
• Valerie Singer in honor of Gina & Evelyn Gershon, the sale of Evelyn’s home, and to thank Jess & Kellie Scheer for a referral
• Rebecca Quintana in honor of Allison Carter’s service
• Larry & Janet Auerbach in honor of Paul Glickstein’s birthday
• Jeanne, Deb, Tom, Hillary, Becca and Darren in honor of Paul Glickstein’s birthday!
• Carolyn Spector in honor of Sylvia Gross

Yahrzeit Donation
• Linda Hilsenrad in memory of Florence Hilsenrad Kerr
• Elaine Rubin in memory of Bert Sobelson
• Jane Diamond in memory of Sydell Diamond
• Julie Fishman in memory of Syd Zoss
• Edward Rosenzweig in memory of his mother, Ethyl Richman Rosenzweig
• Howard Winer in memory of Pete Winer
• Rebeca Quintana in memory of Beverly Konter
• Sandra Lesser in memory of Lanny Lesser
• Shoshana Ben-Yoar in memory of Leland Bernard Cohen

Oneg & Shabbat Dinner Donations
• Michael Gross & Bryan Golson
• Benay Krissel & Greg Pins in honor of our loving & inclusive community, CBH
• Susan & Dan Socolow

Vita Leo Brown Arts & Creativity Fund
• Elizabeth Levine in memory of Lucy Greene Holloway, an artist with a love of life

Eli Rose Fund
• Avrum Weiss in honor of Ellen Mazer’s 65th birthday

Matan Fund
• Jason & Melissa Perlmutter

Building Fund
• Allison Carter for rimonim
• Leslie, Daniel, Carly and Joey Kean/Promislow/Ziegler
• Shelley Rose
• Rebeca Quintana in honor of Caleb & Oren Stapel-Wax b’nai mitzvah & in honor of Ellen Mazer’s Medicare birthday

Security Donations
• Howie & Erica Krisel
• Faith Powell
• Esther Rechtman
• Howard & Matilda Winer
• Jose & Mara Barandiaran
• Michele & Jack Walsh
• Abby & Ken Shiffman
• Steve & Lois Wolf
• Arnie Schoenberg
• Dara Merle & Meredith Ragains
• Beverly Korfin & Andrea Finn
• Alisa Obsusin
• David Borthwick & Sarah Zaslaw
• Jacquelyn Goldman
• Amy Price & Rob Kirstenberg
• Natalie Rawlings
• Rachel Gordon
• Ken Alpern & Alison Kelly
• Betsy & Susan Byers
• Emily McBurney
• Linda Hilsenrad

Rabbi Discretionary Fund
• Lynne & Neil Norton
• Abby & Ken Shiffman
• Rebecca & Jennifer Stapel-Wax in honor of Caleb & Oren’s b’nai mitzvah
• Ephi Betan & Brian Snook in honor of Ari & Ruthie’s b’nai mitzvah
• Rachel & Sanford Wallack in honor of Ari & Ruthie’s b’nai mitzvah
• Marcy & Brian Leach in memory of Martin Goidel
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<td>Loving Vincent</td>
<td>Meditation &amp; Chant</td>
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<td>Guided Meditation</td>
<td>Genesis 1, pt 2</td>
<td>Graduation Shabbat (RJ/GG)</td>
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<td>Hevra Kadisha Meeting</td>
<td>BLM Book Discussion, The Hate You Give</td>
<td>We Are All In This Together</td>
<td>Genesis 1, pt 2</td>
<td>Erev Shabbat (GG)</td>
<td>Shabbat Learning Service (RJ)</td>
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<td>Meditation &amp; Chant</td>
<td>We Are All In This Together</td>
<td>Board Meeting</td>
<td>Genesis 1, pt 2</td>
<td>Shabbat Dinner (RJ/GG)</td>
<td>Making Space for Teshuvah</td>
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<td>Teshuvah Webinar</td>
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<td>Labor Shabbat (Bill Witherspoon)</td>
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All events at CBH Lavista unless noted. Times subject to change.