

COS MEN'S CLUB NEWSLETTER - APRIL 2023

April 30 will mark my last day as President of the COS Men's Club. I first served as a co-president with Steve Herman, and served 2 years as President. I will stay on the Executive Board as Immediate Past President and continue to support our incoming President, Neal Blaher and the 2023-2024 board.

It has been my honor to serve as President, and I want to give credit to the COS Men's Club Executive Board and At-Large Board members, without whom our club would not have followed its mission of "fostering brotherhood and friendship by involving Jewish men in Jewish life".

The Federation of Jewish Men's Clubs (FJMC), the international organization that COS Men's Club is affiliated with, has a series of awards that are offered to the Men's Clubs. The FJMC Quality Club Award is given each year to member clubs who meet established criteria. The Award was developed to encourage clubs to offer specific types of activities at the local, regional, and international level. I am proud to say that COS Men's Club has received this award the past 2 years. As well, the COS Men's Club received a prestigious Gold Torch Award in 2021, in the Communications category, for the COS Men's Club Newsletter.

There are so many programs to share, and each program was successful because of a great group of men working together and the Men's Club membership for its continued support. Men's Club Shabbat, Save a Life, Collectibles Program, Help for Ukraine, Blood Drives, World Wide Wrap, Yom Hashoah Yellow Candles, Men's Club Cruise, Men's Night Out, Super Bowl Raffle, COS Pedalers Bike Ride, Senior Bingo, On Line Bridge, Grill & Chill, Holiday Gift Bags for Seniors, and many more programs were planned, organized and held. The Men's Club recently purchased a second defibrillator for the school wing and a Narcan display. Scholarships for students to go to Israel and Camp Ramah were offered, as well as support for USY and the Youth Group activities.

I have prepared this monthly newsletter since October 2020. I look forward to continuing this but have decided to take a brief hiatus for the summer. The next issue will be in August 2023, just before the High Holidays and continuing the popular Mensch of the Month feature.

I have been involved with Men's Clubs at the Club, Region and International levels since 2001, and will continue to support the COS Men's Club for years to come.

Elliott Davis

UPCOMING MEN'S CLUB EVENTS

SATURDAY, APRIL 1, 2023 AT 9:30 AM MEN'S CLUB SHABBAT

> SUNDAY, APRIL 2, 2023 8:30 PM COS PEDALERS

SUNDAY, APRIL 2, 2023 2:00 PM SENIOR BINGO

SUNDAY,
APRIL 23, 2023
10:00 AM
COS MEN'S CLUB
ANNUAL MEETING

FOLLOW US ON FACEBOOK @CONGREGATION OHEV SHALOM MEN'S CLUB

SAVE A LIFE Program at COS

On Thursday, March 9, 2023, the COS Men's Club sponsored a program called "Save a Life", dealing with the dangers of fentanyl and the alarming fact that our kid's lives are on the line. Representatives from harm reduction advocacy, law enforcement, the treatment community and an overdose victim's family were on hand to share their information and stories. As well, a demonstration of how to administer Narcan, a life saving drug, was shown to the more than 150 in attendance.



Seminole County Sheriff Dennis Leema



Dr. Kim Fenton-Zeira



Michal Osteen



Sam Graper

Grill and Chill at The Kosher Grill

On Thursday, March 16, 2023, the COS Men's Club hosted a "Grill and Chill" dinner at The Kosher Grill on International Drive. Rabbi Geoffrey Spector and Cantor Jeffrey Weber were the honored guests and they shared their life stories.14 men joined them for dinner and conversation. It was a great opportunity to get to know our clergy and enjoy an excellent dinner.





Enjoying dinner and conversation

New and old COS members

Men's Club being represented in Israel

The US Ambassador to Israel, Thomas Nides, came to visit the new 7-11 in Tel Aviv, Israel. Attachments courtesy of movie star employee and our COS Men's Club representative in Israel, **Noah Blaher**.





Men's Club Collectibles Program

Rick Cohen

Photos courtesy of: Es Cohen, Jim Tinkoff & Lila Tinkoff

COS Men's Club held its first Collectibles Program on Sunday, March 26, 2023. There were nine collectors present with their respective displays. The program started at 12:30 pm after Hebrew School. Rick Cohen and Jim Tinkoff co-chaired the program.

An estimated 20-25 school-age children visited the presentation area in the social hall, along with approximately 15-20 adults.

Some give-a-ways included packets of US and foreign stamps, as well as sports cards.

COS Men's Club provided pizza, drinks, and cookies to all who attended.

All 9 collectors were pleased with the program. I believe the same can be said for the children and adults too!



Jim Tinkoff



Rick Cohen



Ed Kleiman



Carol Lefkov

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Men's Club Collectibles Program



Steve Herman



Richard Stein



Ben Kleiman



Steve Korshak

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Men's Club Collectibles Program





Dan Podberesky

Collectibles Program attendees

COS Men's Club Annual Meeting

The annual Men's Club meeting will be held on Sunday, April 23, at 10:00 am at COS. This will be followed by the COS annual meeting, at 12:30 pm.

Our by-laws require 25 Men's Club members in good standing to be present to vote on the proposed slate of officers and the 2023-2024 budget.

Bagels and a shmear, coffee and juice will be served at this meeting.

Please RSVP to Jerry Leibman at jerryleibman@yahoo.com.

COS Men's Club Donates a Defibrillator

COS Men's Club recently donated a second defibrillator to the synagogue. It has been centrally located in the school wing, outside of Amy Geboff's office area. The first defibrillator is in the synagogue lobby area.

As well as the defibrillator, a supply of Narcan, a liquid nasal spray used for the treatment of a known or diagnosed opioid overdose emergency, was set up in a cabinet in the school area. Narcan reverses the opioid overdose by blocking the effects of opiates on the brain and by restoring breathing. It will only work if a person has opiates in their system.

Training on the use of the defibrillator and the administering of Narcan will be held at a later date.



L to R: Elliott Davis, Mike Wheeler, Tracy Hilbert, Marcy Kast, Rabbi Spector, Bart Neuman, Cantor Weber & Amy Geboff

COS Men's Club Blood Drive

The last blood drive for the year will take place on **Sunday, May 14th, from 8:30 AM to 1:00 PM** in the COS parking lot. Mark Stone has maintained that "even though May 14th is Mother's Day, the last 22 years our Mother's Day blood drives have been very well attended".

Please call **Mark Stone at 407-788-6488 or email him at mastone827@cfl.rr.com** to make a RESERVATION.

With the summer season just around the corner, the blood bank really needs your help at this time. It takes very little effort on your part to donate. But someone out there will be very thankful that you took the time to donate. Donate just one pint of your blood and save a life. In fact, one pint of blood can save up to three lives.

Together we can make this another successful blood drive. Many thanks to Mark Stone for his tireless efforts to schedule this important event.

Men's Club Mensch of the Month



Mark Goodman - Ma'asim Tovim volunteer

Things you may not know about me.

- I was a professional Jai Alai player.
- I was in an episode of Gentle Ben with Bart Starr (TV Show) when I was 9 years old.
- When I graduated from high school, I was only 5' 2" (I grew 8 inches in college)
- I'm a sports fanatic, and baseball is my favorite sport. I am a diehard Yankees fan.
- I was born in Far Rockaway NY. We moved to N. Miami Beach when I was one and I grew up there.

Editor's questions:

1. You are taking an active role at COS, including your continuous support of the Ma'asim Tovim initiative to feed the homeless. What inspires you to take on a volunteer role?

I love the camaraderie between me and the other volunteers. I enjoy giving back to the community.

What do you see as the future for synagogue auxiliary organizations with the next generation of younger Jewish men & women?

It will take a fair amount of effort to bring in younger members of the synagogue. It would be helpful for individual members of a given group to reach out personally to invite others to join them.



COS Men's Club Leadership 2022-2023

President Elliott Davis

Treasurer Andy Rosen

Secretary Jerry Leibman

VP Programming Bart Neuman

VP Membership Stuart Leventhal

VP Social Action Bruce Hoffen

Immediate Past President Steve Herman

At-Large Board Member Neal Blaher

At-Large Board Member Michael Broniewski

At-Large Board Member Alan Zelt

At-Large Board Member Mark Stone

At-Large Board Member Jim Tinkoff

At-Large Board Member Mike Wheeler

At-Large Board Member Ken Davis

At-Large Board Member Rick Cohen

At-Large Board Member Emeritus Richard Schwartz

COS Men's Club Newsletter Editor Elliott Davis elliottdavis613@gmail.com

For more information about membership, contact Stuart Leventhal @interlachencefl.com