CONGREGATION
OHEV SHALOM
CONNECTING, DISCOVERING, AND CELEBRATING JUDAISM IN CENTRAL FLORIDA SINCE 1918

January / February 2021 • Tevet ~ Shevat ~ Adar 5781

Member of the United Synagogue of Conservative Judaism

Announcing the COS Gala: February 21, 2021 from 5:00 pm – 8:00 pm!

COS will host its first virtual gala, an Evening of Entertainment, which you can attend in the comfort of your own home while dining with your Ohev Shalom friends in your own Zoom breakout room!

No babysitters needed this year!

In the challenging world of COVID-19, we will celebrate COS at an on-line gala with two exciting entertainers:

Tamir Goodman, dubbed by *Sports Illustrated* magazine as the "Jewish Jordan," will share his inspiring story of his journey as an American Israeli basketball player!

Maccabeats will appear in concert for Ohev Shalom!

This special event gives us the opportunity to come together as a congregation for a fun and entertaining evening while supporting the successful operation of the synagogue.

Please make yourself a part of this special event by purchasing your ticket, becoming a sponsor with your tax-deductible donation, and/or securing an item for our silent auction. You can make your dinner selections and send in your paper or electronic RSVP cards from the invitations that you will receive shortly in the mail and via email.

Got A Silent Auction Item You Can Donate? Have questions about the Gala?

Please email Brett Spector, VP of Development and Gala Chair at spector.brett@gmail.com.

Looking forward to seeing you at this very special event on February 21, 2021!

SERVICE SCHEDULE

Friday Evenings: 7:30 p.m. at COS or via Livestream
Saturday Mornings: 9:30 a.m. at COS or via Livestream
Daily Minyan: Monday-Friday at 7:45 a.m. & Sunday at 9:00 a.m. via Livestream or Facebook Live until further notice

CANDLE LIGHTING TIMES

January 1	5:20 p.m.	February 5	5:47 p.m.
January 8	5:25 p.m.	February 12	5:53 p.m.
January 15	5:31 p.m.	February 19	5:58 p.m.
January 22	5:37 p.m.	February 26	6:03 p.m.
January 29	5:43 p.m.		

CANDLE LIGHTING PRAYER

Baruch ata Adonai elohainu melach ha-olam asher kidshanu bemitzvotav, vitzieevanu l'hadlik ner shel Shabbat.

Praised are you, Lord our God, King of the universe, who has made us holy by your commandments and commanded us to light the Sabbath candles.

Haveirim Y'karim – Dear Friends –

In past years, this would be the issue of the Ohev Shalom bulletin that would include my "Purim Torah" – spoofs on the style of our traditional texts, offered in the spirit of the tradition, *Mi sh'nikh'nas Adar marbin b'simhah* – "When Adar arrives, we increase joy".

This year, I want to take a little different approach to arrival of Adar in mid-February. It's one of those years on the secular calendar when Jewish holidays fall earlier. So, I think we can agree that – given the year we've all just been through – a whole month of happiness like Adar can't come too soon.

What does it actually mean, though, to say "When Adar arrives, we increase joy"? True, Purim is a day of nearly unrestrained giddiness, a day when silliness and even irreverence is not only tolerated, but – at least to a degree – encouraged. But can we really put aside all the heavy toll this pandemic has taken on all of us?

The Talmud teaches us (*B'rakhot* 60b) that we must praise God when bad things happen, even as we do for good things. In fact, it continues, we should accustom ourselves to say, "*Kol k'aveid Rahmana, l'tav aveid*" – "All that the Merciful One does, is done for good".

The Talmud's example is none other than the great Rabbi Akiva. Once, Akiva arrived in a town, but they would not give him any lodging. He went and slept in a field, with only a candle, his donkey, and a rooster to wake him in the morning. In the night, the wind blew out his candle, a cat came and ate the rooster, and a lion devoured the donkey. With each misfortune, Akiva said, "*Kol k'aveid Rahmana, l'tav aveid*", and went back to sleep. Just before dawn, a hostile army invaded the town and carried everyone off as captives. Everyone, that is, except Akiva, who was out in the field, away from the town, with no flame, crowing rooster, or braying donkey to attract the soldiers' attention.

"*Kol k'aveid Rahmana, l'tav aveid*" doesn't mean that whatever happens is "for the best". It means that even the worst situation has the potential for something better to emerge from it, as long as we maintain our hope. As my teacher, Rabbi Bill Lebeau, explains, a better translation is, "Whatever the Merciful One does – make it for the best."

L'shalom,
David

DID YOU KNOW…
...that you can reach
Rabbi Kay
on-line?
Rabbikay@ohevshalom.org

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A NOTE FROM YOUR CANTOR

Dear Friends,

When I was very young someone told me this joke. It never left me, for some reason. The joke was, "how do you know when there is an elephant in the refrigerator?" Many of you probably know the answer is "you will find footprints in the butter." Stupid, I know. That joke taught me a lesson that I never forgot. No, I don't check the butter every time I use it. It taught me to be aware. I learned to not be frightened or shocked by the new and unexpected.

That is how I feel about the whole year of 2020. Being 66 years old, I'm amazed by technology every day. I no longer need the weather channel – my forecast appears right on my phone. I no longer need cable TV. I use a streaming service. I can watch the Cleveland Browns games live all the time, something that has made my life far more exciting – especially since they are doing well this season for a change. I have learned to teach without being in the same room as the student.

That last example is a little like the elephant footprints. I am aware of it, but I can't seem to do anything to change it, and I don't really enjoy the whole idea. The expression *you can't teach an old dog new tricks* applies to me in this case. I have found this year to be extremely challenging. I have tried to learn how to be a remote educator. My communication style has always been very informal. Sometimes it doesn't come across online. If you are interested in how it's going – pay attention to the B'nai Mitzvah students as they go by on the calendar. To my pleasant surprise, I seem to be making it work. The kids are working exceptionally hard. I believe they sense my challenge and try to make it work for me.

Another reality that made last year different was another piece of technology. Several years ago, I was diagnosed as a Type-2 diabetic. Pricking my fingers and giving myself injections of insulin became a routine that I carried out several times each day. I now wear an insulin pump and a glucose monitor. All I must do is remember to refill it every three days when I change the infusion site. It can be inconvenient, but I'm learning to deal with it. I'm also enjoying much less pain and better glucose levels.

Technology is becoming more of a friend. It's not quite as scary as it used to be. When Robin worked for IBM, we had a very "modern" pc in our home. The computing power in that machine was less than the phone I carry now. When I first started training B'nai Mitzvah students, I made cassette tapes. Years later I mastered the art of recording a CD right in my office at COS. Now, recordings go out as MP3 files via email.

It appears technology can solve so many problems. In a very troubled world, that is a beacon of light. I'm going to go out and get one of those wireless security cameras and put it in my refrigerator. I'll catch that elephant yet!

L'shalom,

Cantor Robuck

PRESIDENT'S MESSAGE

Dear Friends,

Happy New Year! I am so pleased to welcome our new Executive Director, Rachel Rosenberg O'Brien, to Congregation Ohev Shalom. Rachel brings her passion for synagogue life and her strong business acumen to Ohev Shalom in a powerful combination that bodes well for the long-term health of our congregation. Please welcome Rachel via email (ExecDir@ohevshalom.org), phone, Zoom, or in person!

The Rabbinic Search Committee submitted Ohev Shalom's responses to the Rabbinic Assembly's 19-page placement questionnaire for congregations "in search." Thank you to all of our members who participated in focus groups and responded to the survey to help the committee prepare the responses. The committee has received several applications from interested clergy and have commenced early rounds of interviews. We look forward to the congregation's direct input when we invite finalists for virtual visits to Ohev Shalom.

Please join us virtually for the COS Virtual Gala on February 21, 2021! We have planned a fun and entertaining experience, complete with Arthur's catering to be enjoyed at home and with friends in your own Zoom dining room.

Many congregants have asked when Ohev Shalom will resume providing kiddush luncheon after Shabbat morning services. I wish I could provide a definitive date, but we are not quite there yet. The question of when and how to provide meals on site in a safe manner is under constant evaluation and in consultation with medical professionals. We do not make this decision lightly, and we appreciate your continued patience.

I end this message with a call for ideas and volunteers. COS leadership has been understandably focused on operations during the pandemic and transition between executive directors. We look forward to renewing our focus on member engagement including, but not limited to, religious, social and educational programming. If you have an idea or would like to volunteer to help plan a program, please let us know.

As always, if you have any questions or concerns, please contact me at COSPresident613@ohevshalom.org.

L'Shalom

Rachel D. Gebaide
President

EXECUTIVE DIRECTOR MESSAGE

Dear Friends,

I am honored and excited to be joining the Ohev Shalom community. I look forward to working in partnership with members new and old to maintain and enhance the vibrant community you have created.

During my life, I have been blessed to be part of some amazing Jewish communities which have provided comfort and community for me. As a young child during High Holiday services braiding the tzitzit on my dad's tallit, as a youth spending summers at Camp Herzl, or as an adult appreciating the calm which would wash over me during Friday night services after a particularly hard work week, these experiences and many more have shaped my Jewish life. And now, my daughter and I could not be more excited about making Ohev Shalom and Orlando our new home!

Throughout the majority of my professional career as a practice manager for a busy oral surgery practice, I lived a parallel life as a volunteer leader for the Austin Chapter of Hadassah, Greater Southwest Region of Hadassah and Congregation Agudas Achim. I am thrilled to bring my passion for community building and Judaism to the forefront, while relying on my organizational and operations experience to support and sustain your community.

Things you should know about me: I love to make people smile and really miss hugs right now. I walk or swim at the JCC every day before sunrise. I love to bake and went a little crazy during quarantine. I like taking pictures with a camera (not my cell phone) and making photo albums for people I love. I will always be thankful for my Great Aunt Zella who taught me how to travel, meet new people, discover new places and immerse myself in different cultures.

I look forward to getting to know each and every one of you and am excited for our first hellos, whether in-person, via email, on Zoom, or by phone!

Rachel Rosenberg O'Brien

COS Judaica Shop

THE GIFT SHOP IS OPEN!!

(BY APPOINTMENT ONLY)

Please call Robin 407-463-4736

WE HAVE NEW MERCHANDISE!

Seder Plates / Washing Cups / Challah Boards / Havdalah Sets and Candles / Tallitot / Yads Mezuzot, Etc...

Es Cohen

Sandi Saft

Congregation Ohev Shalom Sisterhood

COS Sisterhood

A place for Jewish women to connect, learn and contribute

I am writing this message as we close out an unprecedented year**!**

We are grateful for all who participated and contributed to an eventful year!

Thank you for continuing your membership and we welcomed many new members.

New technologies created new challenges and also new opportunities to stay connected. We made new friendships, learned about each other through this new virtual world and had many interesting discussions and sharing of ideas. We celebrated holidays and Shabbat distanced but connected via Livestream, ZOOM and Facebook and we continue to explore new ways to engage and support our congregation family and each other.

We want to give a special thank you to Erika Siegel and Sarah Siegel who are new and very active Sisterhood members. Together they initiated and produced several amazing programs this year...we had a successful "Honey with a Heart" program, which raised funds for the school music program

Most recently, we Zoomed a shared cooking event with Guest Chef Gary and a Challah Bake with our own Yael Weinstein. We had shared programming with Youth and Family, which brought more of us together! Our own members were guest speakers, Dermatologist Amy Derrow Witt and Rachel Scheinbloom spoke to us about creating our own happiness**!**

Along with Men's Club, we delivered gift bags to our older adults for the High Holidays and just recently, gift bags were delivered to 80 of our seniors for Hanukkah! Thank you to our volunteer Sisterhood and Men's Club drivers … our own COS version of "Door Dash."

Thank you to Carolyn Rosenblum for keeping our amazing book club invigorated and to Susan Rosen for creating all the communication to keep us on task! Many more thanks to all who took part!

Four great events are planned for January. Let's start off the year with hope and positive energy as we move into 2021!

- Torah Fund Zoom Party: **Jan.21 at 7:00 pm** with guest speaker Jayme Epstein, Youth Director. Please remember to purchase your Torah Fund pins. Contact Susie Stone or Susan Hochstadt.
- Leu Gardens Picnic: Sunday, **Jan 24 at 11am**. Joint Men's Club/Sisterhood visit to Leu Gardens. Families are welcome reservations required.
- Sisterhood Book Club: Monday, **Jan.25 at.7:00 pm** The Girl from Berlin by Ronald Balson - if not on the list please email Carolyn at carolynlibrarian@yahoo.com to be added to the Zoom link invitation.
- Tu B'Shevat Seder: **Jan 28 @ 7pm** ZOOM celebrating the Year of the Tree Tu

(Sisterhood continued on page 8)

Life and Legacy Testimonial

As most of you are aware, Congregation Ohev Shalom has been a part of the Life and Legacy program through the TOP Jewish Foundation and the Harold Grinspoon Foundation. You have read about ways to participate, the options for planned giving that are available to use and reasons to give among many other topics. For this issue of the COS Bulletin we will hear from a participant in the program, the COS Vice President of Operations, Debby Gendzier. Below are the answers to three questions that were posed to Debby.

1. How long has the Gendzier family been members at COS?

We have been members of Ohev Shalom for over 20 years.

2. What motivated you to become involved in the synagogue (Committees, the Board, volunteering)?

I was intrigued by the idea of the synagogue's Strategic Plan and knew that I wanted to be part of the process. I sat on the Board as a trustee many years ago (when Michael Landy was the Executive Director) and contributed to a few of our marketing pieces. That was fufilling and I was interested in getting involved again. The strategic plan was the opportunity.

3. Why did you decide to become a Life and Legacy donor?

I was the Board President of the TOP Jewish Foundation when this program was rolled out in the community. I saw a few Orlando organizations understand how to strategize and have conversations about after life giving. Others couldn't create the infrastructure to make it happen. Congregation Ohev Shalom, with Steve Brownstein and Rick Cohen's lead ership, knew how to connect with people about this. I realized that I could help COS and thus changed the beneficiary on a life insurance policy. This is my way of leaving a financial legacy and I know that the money will be used wisely when the time comes.

Thanks to Debby for agreeing to be the second testimonial for the Life and Legacy program. In future issues of the Bulletin we will feature others among the 50 participants in the COS Life and Legacy program.

A special thank you to the 50 individuals who have become part of the COS Legacy Society. The names of the participants in the program can be found on the Life and Legacy page of the COS website, www.ohevshalom.org.

For more information about the program and to find out how you can help secure the future of Congregation Ohev Shalom, please contact Rick Cohen at ohevrick@gmail.com.

MEMBERSHIP MINUTE

Coming soon-something new for our members!

The membership committee will be planning a networking group to support our COS family.

Our congregation is here for YOU, our members - especially now.

We will be seeking members to mentor as well as to be mentored. Perhaps you need help or can give help to someone who needs to write a resume, practice job interviewing, assess professional development or business planning. We need YOU!

If you have any membership needs, please contact me, Nina Oppenheim, ninaopp1@gmail.com.

In the meantime, please keep safe and stay well.

Warmly,
Nina Oppenheim
VP Membership

Sisterhood *(continued from page 6)*

B'Shevat, the 15th day of the Hebrew month of Shevat, is the New Year of the Trees. It has a rich tradition of celebration! Come and learn about the special fruits and nuts used to commemorate this holiday and why, for example, we have 4 glasses of wine, similar to the Passover Seder.

Take advantage of all the learning and tools on the Women's League website; WLCJ.org

Please share your thoughts about what you would imagine for opening upcoming events when we return to getting together! We can reimagine and reconnect!

Es and I wish all a peaceful, hopeful and healthy start to 2021!

Sandi Saft

COS Judaica Shop

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Youth and Family Education

From Amy Geboff, Director of Youth and Family Education

It has been said often that 2020 is a year we won't soon forget. Last year at this time we vaguely heard about a virus that was new. While the average person may have paid attention to it on the news, it was out of the realm of our comprehension of the impact it would have. Now a year later, we ring in 2021 in a different world. The sad reality of the lives lost, the impact on the economy and jobs lost, life cycle celebrations postponed and reimagined and isolation. We are social beings and not to be able to be close to friends and family and give a hug or shake hands, feels unnatural. A year ago, the phrase social distance was not part of our daily vocabulary and zoom was a 70's TV show for kids.

At Ohev Shalom the impact has changed how we function. We are in the people business and the foundation of what we do is building relationships. Services, programs, meetings, school and youth programs are the tools to build those relationships and community. In March, the foundation for how we function changed. We had to quickly pivot to virtual platforms for everything. This was unchartered territory with no clear guidelines and rule book. Our teaching staff met regularly to figure out how to do this. It took the realization and acceptance that things would be different. We couldn't take what we do in person and just teach online. Class sessions had to be shorter, the role of Madrichim would have to change. Parents and students would need to have devices and learn how to log in, mute, turn cameras on and off. We had to hope that internet connections would be stable. The list goes on.

At first the assumption was, by summer we would be back to normal. Time quickly showed that wouldn't be the case. We had to postpone MACHANEH OHEV thinking mid summer we could

(School continued on page 10)

January 6th:	Hebrew School Resumes
January 6th:	Mishpacha Sheli at 9:30 on Zoom
January 10th:	7th Grade Speaker on Christianity on Zoom
January 10th:	Shalom Chaverim Pk/K at 9:30 a.m.
January 10th:	Olim
January 10th:	COSUSY Kickoff at 3 p.m.
January 13th:	DDD at 6:30 p.m.
January 17th:	No Hebrew School
January 20th:	Mishpacha Sheli Outside at Ohev at 9:30 a.m.
January 22nd:	Shirei Shabbat
January 22nd:	COSUSY Kabbalat and Kibbitz at Lake Lily at 6 p.m.
January 24th:	Shalom Chaverim Pk/K at 9:30 a.m.
January 24th:	Kadima
January 27th:	DDD at 6:30 p.m.
January 30th:	COSUSY Havdallah at Ohev at 7 p.m.
February 3rd:	Mishpacha Sheli on Zoom at 9:30 a.m.
February 7th:	Shalom Chaverim Pk/K at 9:30 a.m.
February 7th:	Kadima
February 10th:	DDD at 6:30 p.m.
February 14th:	NO School
February 17th:	Mishpacha Sheli Outside at Ohev at 9:30 a.m.
February 21st:	Shalom Chaverim Pk/K at 9:30 a.m.
February 24th:	DDD at 6:30 p.m.
February 28th:	Olim

Save the Date!

A NOTE FROM YOUR YOUTH DIRECTOR

Shalom Everyone!

Looking back on Fall 2020, we all know that it was a different time. We hosted both virtual and in person programs to meet the needs of our youth and families. My goal remains to keep our youth engaged with fun and meaningful programming. As we move into 2021, this will not change. I remain cautiously optimistic that we will begin to be able to have more in person programs on a larger scale. I will continue to take things in stride as we see how COVID-19 continues to impact our communities and our families.

December was full of programs from Chanukah parties, to "lock-ins," and Havadalah campfires. We have been successful in keeping our youth engaged and coming to a variety of programs. This is what I hope to continue doing.

Out of an abundance of caution, all of our January programs will be changed to virtual programs. As the new year progresses, we will re-evaluate and hope to move back to in person programming as soon as possible. We understand that our youths need socialization during this difficult time, but their safety remains our number one priority.

I am always open to hearing feedback from our community. Please feel free to reach out to me at youth@ohevshalom.org or give me a call at Ohev. Here is looking forward to an amazing programming year in 2021.

L'Shalom,

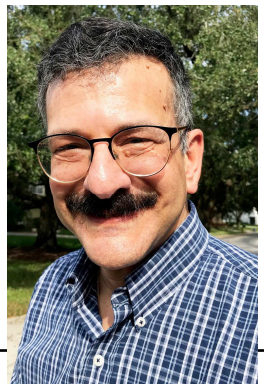
Jayme

School *(continued from page 9)*

offer it but that quickly changed to maybe it would be safer to do a half day and that turned into it would be safer not to do it at all. We then created MACHANEH OHEV Home edition on zoom for 4 weeks, 3 days a week and then joined a JNF virtual Israel trip. Our annual Youth production, which would have been Fiddler on the Roof was canceled, graduation and Shabbat Kavod were on zoom. Our hope was that by August we would be back in person, but as the summer went on it appeared that wasn't happening much to our disappointment. Screen fatigue was becoming a real thing and some students don't do well learning virtually. Our school parents were split on returning to face to face as was our teaching staff. The decision was to be inclusive and remain virtual. We added options on occasion for a few grades and some weeks were more successful than others. Being together with some of our friends is great but social distancing and masks is a different feel. As we plan for the second half of the year with the expectation that COVID cases will continue to rise, we will remain virtual and for the month of January won't have face to face options. We will evaluate every month and will slowly return to some face to face options when we feel we can do it safely. It is important to emphasize that while some of the schools are able to offer face to face, we don't have the resources and facility to do the same.

Everything was not doom and gloom in 2020. Necessity is the mother of invention. All of our services are virtual and accessible every Shabbat to all who wish to join us. We have people from all over the world joining us which brings home the

(School continued on page 12)



Elliott Davis Steven Herman

fjmc Leadership Innovation Community

COS Men's Club Update

The COS Men's Club is actively working on planning and implementing programs for the synagogue membership and the community at large, with a focus on social distancing and virtual activities in order to maintain a safe environment during the pandemic.

The Men's Club organizes a monthly bike ride on the first Sunday of each month at the popular Seminole Wekiva Trail. The Seminole Wekiva Trail heads almost due north for 13 miles through Seminole County starting at the San Sebastian Trailhead off SR 436 in Altamonte Springs, east of SR 434, and ending at its current terminus just south of SR 46 near Sanford. The next three rides are scheduled for Sunday, January 3rd at 8:30 am, Sunday, January 31st at 8:30 am and Sunday, March 7, 2021 at 8:30 am. Men, women and teens can all participate. Riders need not be expert bicycle riders. The rides start and end at the same location.

A joint effort is being planned with the sisterhood to spend an afternoon at Leu Gardens. The event is planned for Sunday, January 24, 2021, starting at 11:00 am until the doors close at 5:00 pm. There will a guided tour and families will be allowed to bring a picnic style dairy lunch. A designated area will be set aside for the attendees. The date is chosen to coincide with the celebration of Tu B'Shevat, the New Year for trees, which falls on Thursday. January 28th. The cost is $12 per adult, $4 per child ages 3-17, and free for children under age 3. More information about registration to follow.

The annual World Wide Wrap is scheduled for Sunday, February 7, 2021, starting at 9:00 am. As of now, it will be held virtually. Early in the month of February of each year, men and women in Conservative/Masorti communities around the world gather together to pray. The mitzvah of wrapping tefillin will be shared, encouraged and taught. For many years Rabbi Kay and Cantor Robuck have illustrated the history of tefillin and the proper (and often unique) ways of putting on tefillin, including the appropriate prayers, at the morning minyan.

The annual COS Super Bowl Fundraiser will coincide with Super Bowl LV, scheduled for Sunday, February 7, 2021. This Super Bowl event raises money for the COS Youth Foundation, which provides scholarships and transportation for the children of our congregation to attend a variety of events during the year.

"SAVE THE DATE" for our annual Men's Club Shabbat – Saturday, March 20, 2021. Torah readings will be held in the sanctuary and the rest of the service will be virtual on Livestream. More details to follow.

We are looking into starting up virtual poker nights and virtual bridge games. For more information about joining the virtual bridge game, contact Jim Tinkoff at jtinkoff@cfl.rr.com.

The monthly Men's Club newsletter was emailed to the congregation in late December. The Men's Club Mensch for January is Andy Rosen.

B'shalom,

Elliott Davis and Dr. Steven Herman – Co-presidents

School *(continued from page 10)*

point that we are all connected. Eric and I have been welcoming people "into our dining room" each Shabbat to welcome Shabbat together and Shabbat Shazoom, a virtual Shabbat morning service for 3rd-7th grade was created. Attendance at school has been great and no one has to fight traffic to get there. Our Madrichim have stepped up to the plate and have become an integral component of how our teachers plan and teach. They are leading small groups in class in a way that would have never happened had we still been face to face. This is something that will be continued when we return face to face. Our parents are more aware of what is happening in class as they are hearing the lessons each session. We did more programming during the High Holidays and Chanukah than we would have ever imagined to connect congregants and the community. We might be able to continue to offer this even when we can be face to face.

The year 2020 brought our youth director Jayme Epstein to us. Starting a job that is based on creating relationships during a pandemic is less than ideal, but Jayme's positive attitude has enabled us to continue to offer programs for our youth. Starting in January, our 5th graders can participate in Olim and Kadima and our 8th graders can participate in Kadima and USY! We look forward to welcoming our new Executive Director Rachel Rosenberg O'Brien to the family.

The vaccine brings hope that there is a light at the end of the tunnel. We need to remain vigilant and safe. My dream is that this year's graduation and Shabbat Kavod will be face to face, even if it is outside and that MACHANEH OHEV slated for June 1-4 will be a reality.

I wish you a happy and healthy 2021 and look forward to the day we are all safely together!

L'Shalom

Amy

December 16th—Lots of fun at Mishpacha Sheli with Nina Fine & PJ library outside and on zoom. Thank you Rabbi Kay for singing with us and Mitzvah monkey for being our special guest!

More fun at Mishpacha Sheli

December 13th—A fun time at Sufganiyot Sunday.. we ate sufganiyot.. tomorrow we make them! We made mezzuzot, candles and decorated masks! Was wonderful to see each other.

ask the Rabbi

Note: You can submit "Ask the Rabbi" questions by e-mail at JewishQs@gmail.com

by RABBI DAVID KAY

Dear Rabbi –

Is meditation as Jewish thing? I had always associated it with Eastern traditions.

-- Getting Centered

Dear GC –

Meditation doesn't really belong to any particular tradition, culture, or part of the world. Likewise, "meditation" doesn't really have a single, clear definition. What seems to unite all those practices called "meditation" is the goal of calming the mind and emotions, clarifying thought, physical relaxation, and deeper insight.

In doing all of that, there is a natural spiritual aspect to meditation as well. In fact, when we talk about our spiritual lives – even those who don't identify as religious or with any faith tradition – we use the language of emotion and describe spiritual experiences by the physical sensations that go with them.

I would also submit that Judaism should be counted with the Eastern traditions. Not only does it arise is the Middle East – well into the Eastern Hemisphere – but it was well-established before what we know as Western culture emerged.

Unlike some Eastern traditions, though, Judaism hasn't really retained clear descriptions of ancient meditative practices. One could argue that the visions of some of the Hebrew Prophets and the elevated spiritual experiences of some of the Sages of the Talmud were the result of meditative disciplines. While we are told that a particular Sage fasted and prayed and purified himself to achieve an elevated spiritual state, the Talmud omits details.

Other passages give us insight as to why – such serious spiritual practices require a strong foundation, mental and emotional stability, guidance from a teacher, and many hours of patient practice.

Then again, everyone has to start somewhere. Basic meditation is, as noted above, universal and without any connection to a particular tradition, faith, or theology. As noted above, more specific and advanced practice will require a reliable system. There are many such systems out there under the rubric of "Jewish meditation". Some have been largely (or entirely) borrowed from other traditions and repurposed with Jewish elements. Some are drawn from Jewish esoteric texts. Some have been cobbled together from a variety of sources by a particular author or practitioner.

At its core, though, meditation – Jewish or otherwise – can be summed up by a sentiment first published in *The Boston Record* in February 1905. Although attributed to a wide variety of sources – and surely a sentiment that predates the 20th century by millennia – this article quotes an old Maine fisherman in a snow-bound hamlet. Asked what he does with himself in the evenings, he replies, "Oh, sometimes I sit and think, and then again I just sit."

Saturday, November 7th at 4:30pm we celebrated the Bar Mitzvah of Alexa Schwamm, daughter of Stacey & Richard Schwamm.

Saturday, December 12th at 9:30 am we celebrated the Bar Mitzvah of William McNarny, son of Lauren Roth & Michael McNarney.

Saturday, December 19th at 9:30 am we celebrated the Bar Mitzvah of Aaron Halperin, son of Neal Halperin.

Saturday, January 2nd at 4:45pm we celebrated the Bat Mitzvah of Isabella Semmel, daughter of Ana & Glenn Semmel.

Saturday, January 9th at 9:30 am we celebrate the Bar Mitzvah of Yochanan Salas son of Suzannie Cintron & Marcos Salas.

Saturday, January 16th at 9:30 am we celebrate the Bat Mitzvah of Lara Greenstein, daughter of Sari & Jason Greenstein.

B'nai Mitzvah

November, December & January

Saturday, January 23rd at 9:30 am we celebrate the Bat Mitzvah of Maya Brenner, daughter of Melanie & David Brenner.

Saturday, February 6th at 9:30 am we celebrate the Bat Mitzvah of Abigail & Sloane Granet, daughters of Gwen & Jonathan Granet.

Saturday, February 13th at 9:30 am we celebrate the Bat Mitzvah of Layla Gold, daughter of Jaime & Tayler Gold.

Saturday, February 20th at 9:30 am we celebrate the Bar Mitzvah of Ari Lanxner, son of Ashley & David Lanxner.

Saturday, February 27th at 9:30 am we celebrate the Bar Mitzvah of Xander Greenwald, son of Michelle & Jeffrey Greenwald.

B'nai Mitzvah

January & February

HAPPY ANNIVERSARY

TO OUR JANUARY ANNIVERSARIES

1 Steven & Gayle Stein
4 Daniel & Stacy Gotlib
10 Bernie & Judith Fraden
14 Marc & Valerie Shapiro
15 Joy & Ken Davis
15 Natalie & Jonathan Galed
16 Tracey & Jordan Jacobs
17 Jay & Leslie Plotkin
18 Andrew & Lindsey Gluck
20 Marc & Ivy Kaprow
21 Brian & Tara Harris
26 Matthew & Jessica Klein
27 I. Richard & Louise Weiner
30 Paul & Maxine Rosenthal
30 David & Harriet Moldau

TO OUR FEBRUARY ANNIVERSARIES

2 Mark & Dyan Goodman
2 Alan & Susanna Berns
2 Stephen & Elaine Goldberg
3 Eloise & Jimmy Kandel
4 Gordon & Ritta Knapp
6 Corey & Sharon Gerson
6 Renee & Stanley Roberts
8 Rita & Jeffrey Adler
14 Ronald & Mardena Shader
15 Jeffrey Danziger & Susan Skolly
15 Judy Kahan-Davis & Elliott Davis
16 Bruce & Donna Breit
18 Stuart & Shula Levy
19 Sheldon & Sindi Ackman
19 Jeffrey & Ellen Stein
20 Christopher & Michelle Tauber
23 Neal Cotton & Sarah Blackman
25 Michael & Francine Levy

TO OUR *January* BIRTHDAYS

1 Mitchel Krause
1 Phyllis Ghingold
1 Helene Schauder
1 Homa Arnon
2 Hudson Turner
2 Eliana Smith
3 Tara Harris
3 Norman Rubenstein
3 Susan Kleiman
3 Ashley Lanxner
4 Jessica Klein
4 Rachel Gebaide
5 Shaina Williams
5 Jerome Freedman
5 Brenda Faiber
5 Madison Feldman
5 Laura Gross
6 Beth Gruber
6 Peter Zollman
6 Jay Plotkin
6 Abigail Herman
6 Ezra Gomes
6 Terry Neuman
6 Daniela Ben Tov
7 Bradley Yucht
7 Richard Geller
7 Amy Postal
7 Carin Postal
7 Estelle Wheeler
7 Sofia Wertheim
7 Adam Rothbaum
7 Randall Cohen
7 Brett Bevitz
7 Malgorzata Berger
7 Archie Ossin
7 Jon Kropp
7 Abraham Gold
8 Robert Shujman
8 Amy Mayer
8 Lawrence Levine
8 Arielle Krupitsky
8 Melissa Zimmon
8 Carly Plotkin
8 Moriah Alper
8 Ira Bellinkoff
9 Peter Burg
9 Edward Webman
9 Eden Layman
9 Max Medvedeff
9 Krissi Warren
9 David Wolfe
9 Leslie Plotkin
10 Marc Levy
10 Samantha Cohen
10 Emily Cohen
10 Thelma Alexander
10 Ana Miller
11 Allie Crasnow
11 Charles Witten
11 Stuart Levy
11 Samantha Kaplan
11 Sabrina Siminou
11 Jake Greenstein
11 Ian Myers
12 Darcie Levine
12 Tyena Dollinger
12 Fallon Harris
12 Howard Saft
13 Michael Kirschenbaum
13 Tyler Wynn
13 Victoria Siminou
13 Micah Bevitz
13 Nicole Park
13 Chelsea Maizel
13 Harold Greenberg
13 Sara Greenberg
13 Zachary Asarnow
14 Lori Treviranus
14 Jacob Munoz
14 Daniel Koren
14 Allan Robuck
15 Jeffrey Ghingold
15 Lawrence Gendzier
15 Amanda Rosen
15 Emily Finkelstein
16 Deborah Alalou
16 Anna Finer
16 Maxx Rivers
17 Cindy Benjamin
17 Amy Davis
18 Eloise Kandel
18 Dana Morrell
18 Lori Brenner
18 Rayna Herbst
18 DiAnna Zelt
18 Jennifer Klein
18 Suzannie Cintron
18 Eliyah Munoz
19 Renee Janovitz
19 Brandon Israel
19 Jessica Hayt
19 Stephanie Krause
19 Elise Brent
19 Richard Janovitz
19 Jonathan Stein
19 Fred Khoshnou
19 Stacey Soll
20 Janet Burg
20 Marc Brenner
20 Mia Burke
20 Aaron Rubinger
20 Alan Berns
21 Julio Hajdenberg
21 Sara Hoffen
21 Jerold Kaplan
21 Noah Rugar
21 Joyce Walker
22 Barry Bochner
22 Denise Ganson
22 Stephanie Goldberg
22 Zachary Littman
22 Anna Serviansky
23 Frances Lepow
23 Tami Offield
23 Maya Brenner
23 Hannah Smolin
23 Michelle Sheplan
23 Eva Ritt
24 Jaime Gold
24 Ashley Levy
25 Evan Lahav
25 Ronald Rubin
26 Michael Wallsh
26 Eric Golden
26 Gordon Levin
26 David Rothfeld
27 Sonia Mandell
27 Craig Novick
27 Aryn Wallsh
27 Laura Lee Brodie
28 Melanie Brenner
28 Caitlin Levy
29 Lara Greenstein
29 Allan Goldberg
29 Jacob Weiner
30 Judith Zissman
30 Jamie Ginsburg
30 Cynthia White
30 Staci Golden
30 Elijah Finkelstein
31 Jordan Wolff
31 Lila Tinkoff
31 Dottie Appelbaum

TO OUR *February* BIRTHDAYS

1 Cameron Aidif
1 Lily Rebar
1 Debra Bornstein
1 Lou Tauber
1 Sarah Koren
1 Alan Davison
1 Robert Silio
1 Debra Israel
2 Anne Goldstein
2 Lisa Babitt
2 Matthew Rosenthal
2 Madison Park
2 Olivia Park
2 Kate Krause
2 Sally Izzo
2 Grace Field
2 Brad Ackerman
3 Eric Schwartz
3 Jamie Schwartz
3 Sloane Granet
3 Arielle Green
3 Nadav Weil
4 Rita Adler
4 Evan Dvorchik
4 Jeff Asarnow
4 Linda Nelson
4 Brayden Teixeira
4 Harriet Wallsh
4 Stephen Rosen
5 Douglas Stein
5 Geff Myers
5 Vicky Countess
5 Bari Sholk
5 David Goldstein
6 Martin Derrow
6 Jessica Kast
6 Evan Shear
6 Sheldon Ackman
7 James Rosenblum
7 Stacey Schwamm
7 Karen Reiff
7 Edgar Schaked
7 Gil Pollak
7 Edward Danuff
7 Jack Gluck
8 Mia Arace
8 Carl Gaterbaum
8 Zachary Nelson
8 Madison Layman
8 Barbara Grodin
9 Jessie Greenberg
9 Myrna Ossin
9 Rebekah McNarney
10 Michael Levy
10 Michal Osteen
10 Danielle Treibitz
10 Mason Turner
10 Gabriel Miller
10 Ana Oelsner
11 Andrew Levin
11 Addison Lent
11 Samuel Gucailo
11 Abby Freedman
11 Marc Katzen
11 Gilda Gispan
12 Cheryl Ben Tov
12 Lauren Gendzier
12 Zachary Siegel
12 Jordan Jacobs
13 Zoe Melnick
13 Robert Rhubin
13 Courtney Silvestry
14 Mariah Munoz
14 Arnold Einhorn
14 Ella Saffran
14 Sharon Ginsburg
14 Fernando Curras
14 Bonnie Friedman
14 Jonah Grossman
15 Rebecca Goldstein
15 Isabelle Laub
16 Jenni Sujka
16 Michael Gurian
16 Ethan Levin
16 Kristina Nelson
16 Luis Pineda
17 Brea Polejes
17 Alexa Coultoff
17 Talia Osteen
17 Elizabeth Crawford
17 Sharon Wasserstrom
17 Marjorie Smith
18 Jordan Jacobs
18 Alan Moss
18 Hal Jacobson
18 Wendi Moses
19 Deborah Kline
19 Lisa Coultoff
20 Melvin Field
20 Andrew Moses
21 Glenn Semmel
22 Jared Rosen
22 Michael Kast
22 Asher Lazarus
22 Nuno Teixeira
22 Batel Einhorn
22 Aaron Wladis
22 Agnes Friedman
22 Leon Green
22 Ofer Ben Tov
23 Jason Greenstein
23 Cynthia Rubin
23 Bruce Breit
23 Blanca Cifuentes
23 Mayah Silio
24 Joshua Nelson
24 Caroline Geller
24 Samantha Semmel
25 Benjamin Rosenblum
25 Tom Nelson
25 Adam Hertzog
25 Benjamin Bornstein
25 Sidney Bressler
25 Rita Feldman
25 Phyllis Zissman
25 Craig Polejes
25 Sheina Oelsner
25 Ari Lanxner
26 Robby Etzkin
26 Elizabeth Gorovitz
26 Erika Siegel
27 Alexander Greenwald
28 Blake Nelson
28 Emma Bressler
28 Neil Wittenstein
28 Mark Klafter
28 Erica Roberts
28 Michael Etzkin

January 2021

Tevet ~ Shevat 5781

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Orlando Community Weekday Minyan: Monday-Friday at 7:45 am & Ohev Shalom Sunday Morning Minyan at 9:00 am via Livestream or Facebook Live until further notice					1 17 Tevet Office Closed 7:30 pm Shabbat Services at COS / Livestream New Years Day	2 18 Tevet 9:00 am Shabbat Shazoom 9:30 am Shabbat Services at COS / Livestream 4:45 pm Bat Mitzvah of Isabella Semmel at COS / Livestream 6:15 pm Virtual Havdalah
3 19 Tevet 9:00 am Minyan via Livestream NO Hebrew School	4 20 Tevet	5 21 Tevet	6 22 Tevet 9:30 am Mishpacha Sheli 12:00 pm Zoom Torah 4:30 pm Hebrew School via Zoom 7:00 pm Discover Judaism / Beginning Hebrew via Zoom	7 23 Tevet	8 24 Tevet 7:30 pm Piano Shabbat Services at COS & Livestream	9 25 Tevet 9:00 am Shabbat Shazoom 9:30 am Shabbat Services & Bar Mitzvah of Yochanan Salas at COS / Livestream 6:15 pm Virtual Havdalah
10 26 Tevet 8:30 am Pedalers 9:00 am Minyan via Livestream 9:30 am Hebrew School via Zoom 9:30 am Shalom Chaverim Pk/K via Zoom 12:30 pm Olim Program	11 27 Tevet	12 28 Tevet	13 29 Tevet 12:00 pm Zoom Torah 4:30 pm Hebrew School via Zoom 7:00 pm DDD via Zoom	14 1 Shevat	15 2 Shevat 7:30 pm Shabbat Services at COS & Livestream	16 3 Shevat 9:00 am Shabbat Shazoom 9:30 am Shabbat Services & Bat Mitzvah of Lara Greenstein at COS & Livestream 6:30 pm Virtual Havdalah
17 4 Shevat 9:00 am Minyan via Livestream NO Hebrew School	18 5 Shevat Office Closed 12:00 pm Bible Stories You Thought You Knew via Zoom **Martin Luther King Jr. Day**	19 6 Shevat	20 7 Shevat 9:30 am Mishpacha Sheli 12:00 pm Zoom Torah 4:30 pm Hebrew School via Zoom 7:00 pm Discover Judaism / Beginning Hebrew via Zoom	21 8 Shevat 7:00 pm Sisterhood Torah Fund Program via Zoom	22 9 Shevat 5:30 pm Shirei Shabbat 7:30 pm Guitar Shabbat Services at COS & Livestream	23 10 Shevat 9:00 am Shabbat Shazoom 9:30 am Shabbat Services & Bat Mitzvah of Maya Brenner at COS & Livestream 6:30 pm Virtual Havdalah
24 11 Shevat 9:00 am Minyan via Livestream 9:30 am Hebrew School via Zoom 9:30 am Shalom Chaverim Pk/K via Zoom 31 18 Shevat 8:30 am Pedalers 9:00 am Minyan via Livestream 9:30 am Hebrew School via Zoom	25 12 Shevat 7:00 pm Sisterhood Book Club via Zoom	26 13 Shevat	27 14 Shevat 12:00 pm Zoom Torah 4:00 pm Hebrew School 5:00 pm Kibbutz Ohev Family via Zoom 6:30 pm DDD	28 15 Shevat 7:00 pm Sisterhood Tu BiSh'vat Seder via Zoom	29 16 Shevat 7:30 pm Shabbat Services at COS & Livestream	30 17 Shevat 9:00 am Shabbat Shazoom 9:30 am Shabbat Services at COS & Livestream 6:30 pm Virtual Havdalah 7:00 pm USY Event

February 2021

Shevat ~ Adar 5781

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Orlando Community Weekday Minyan: Monday-Friday at 7:45 am & Ohev Shalom Sunday Morning Minyan at 9:00 am via Livestream or Facebook Live until further notice	1 19 Shevat	2 20 Shevat	3 21 Shevat 9:30 am Mishpacha Sheli 12:00 pm Zoom Torah 4:30 pm Hebrew School via Zoom	4 22 Shevat	5 23 Shevat 7:30 pm Piano Shabbat Services at COS / Livestream	6 24 Shevat 9:30 am Shabbat Services & B'not Mitzvah of Abigail & Sloane Granet at COS / Livestream 6:45 pm Virtual Havdalah
7 27 Shevat 8:30 am Pedalers 9:00 am Minyan via Livestream 9:00 am Hebrew School via Zoom 9:30 am Shalom Chaverim PK/K via Zoom 12:30 am Kadima Program in person	8 28 Shevat	9 27 Shevat	10 28 Shevat 9:30 am Mishpacha Sheli 12:00 pm Zoom Torah 4:30 pm Hebrew School via Zoom 6:30 pm DDD	11 29 Shevat	12 30 Shevat 7:30 pm Guitar Shabbat Services at COS & Livestream	13 1 Adar 9:30 am Shabbat Shazoom 9:30 am Shabbat Services & Bat Mitzvah of Layla Gold at COS / Livestream 6:45 pm Virtual Havdalah
14 2 Adar 9:00 am Minyan via Livestream NO Hebrew School	15 3 Adar	16 4 Adar	17 5 Adar 9:30 am Mishpacha Sheli 12:00 pm Zoom Torah 4:30 pm Hebrew School via Zoom	18 6 Adar	19 7 Adar 7:30 pm Shabbat Services & Bar Mitzvah of Ari Lanxner at COS & Livestream	20 8 Adar 9:30 am Shabbat Services & Bar Mitzvah of Ari Lanxner at COS & Livestream 6:45 pm Virtual Havdalah
21 9 Adar 9:00 am Minyan via Livestream 9:00 am Hebrew School via Zoom 9:30 am Shalom Chaverim PK/K via Zoom 5:00 pm COS Virtual Gala	22 10 Adar 12:00 pm Bible Stories You Thought You Knew via Zoom	23 11 Adar	24 12 Adar 12:00 pm Zoom Torah 4:00 pm Hebrew School via Zoom 5:00 pm Kibbutz Ohev Family via Zoom 6:30 pm DDD	25 13 Adar	26 14 Adar 7:30 pm Shabbat Services at COS & Livestream	27 15 Adar 9:30 am Shabbat Shazoom 9:30 am Shabbat Services & Bar Mitzvah of Xander Greenwald at COS & Livestream 11:00am Shabbatlettes vis Zoom 6:45 pm Virtual Havdalah
28 16 Adar 9:00 am Minyan via Livestream 9:00 am Hebrew School via Zoom						

YAHRZEITS

*Yahrzeit Plaque

DECEMBER 26—JANUARY 1
Isadore Bodell
Jeffrey Ray Brown *
Leona Brown
Bertha Byer
Solomon Chernin *
Elsie Chick
Helen Engel
Albert Fischel
Nathan Forman
Jack Forsyth
Sol Goldberg
Harry Goldschein *
Hy Goodman *
Mollye Gerber Green
Jonathan Greenberg
Lily Hindawi
Janice Kay *
Lillian Kirsch
Hattie Klein
Philip Kline
Rose Krublit *
Benjamin M. Levine *
Esther M. Lichtenstein *
Beatrice L. Lippton *
Florence Littman
Jack Markowitz
Frank Marks
Morris Mazer
Harry Miller
David Pearlman
Lois Peltz
Max S. Petosky *
Helen Porth
Sadie Rifkin *
Helen Rosenthal
Harvey Rosenzweig
Helen C. Ross *
George Saft
Alfred Salamy *
Marjorie Schillinger
Pearl Schwartz *
Hilda Schwartz
Lionel H. Silberman *
Adolph Silverstone *
Alexander Siskind
Marilyn Sobel
Rose Swetlow
Emanuel Weinkrantz
Harvard L. Weiss *
Irving Weissman
Steven Zlatkiss

JANUARY 2—8
Martha Adler
Moses Aronson *
Sara Axelberg
Yaakov (Jay) Berger
Lillian Brumbaugh
Charlie Cherry
Sylvia Cherry
Amy Judith Dew *
Alice Fischel
Mildred Anne Furman *
Eric Gold
Harry Goldman
Judith Greenberg
Ruth Grober
Anna Gross
Penny A. Grossman *
Sheila Kaprow *
Phillip Kessler *
Morris Kichler *
Philip Kichler
Abraham Kleinberg
Faye Kotin
Ida Dorothy Landsman *
Sandra Leibman
Lena Levine
Betty Levinson *
Karen Levy
Richard Michelson
Ellen Ostreich
Jennie Peisner *
Faina Radinskaya
Hans Rendsburg *
Louis Resnick *
Richard Romans
Sarah Rothenberg *
Bessie Sager *
Dave Sanderson *
Jean Sapir
Sarah Schores
Irving Schreiber
Judy Schreiber
Harry Schulman *
Leon Shestack *
Jack Silverstein
JoAnne Slansky
Margaret Sontag
Benjamin Steinberg
Beverly Steine Brill
Ronald Supraner *
Paolo Trambusti
Joseph Walker *
Simon Wolff
Murray Youshak
Beatrice Yudis
Albert Morton Ziffer *

JANUARY 9—15
Rochelle Ackman *
Louis Asarnow *
Yetta Bernstein
Charlotte Scherr Bloom
Ann Bogart
Janice Bogart
Macy Brenner *
Lorimar Caplan
Edward Clinton, III
Annabelle Cohen
Shushan Cohen
Samuel Elkes
Freda Siegel Feinberg *
William Fishkin
Rose Flatow *
Anna Forsyth
Alfred Friedman
Edith L. Ginsburg-Silverman *
Helen Glazer
Gertrude Goldstein *
Helene Goodman
Jacqueline Green
Mark Hara
Sylvia Loeb Harris *
Celia Herman
Woodrow Wilson Holt
Milton Krutman
Daniela Lahav
Rainer M. Laub *
Alfred Laub
Sarah Levine
Samuel Erlick Levinson *
Tobias Licht *
Donna Lipkin
Selma Ludman *
Eva Manacher *
Daniel Margolis
Robert J. Nisonoff *
David Osser
Minette Ottenberg *
Maurice Plotkin
Andrew Black Pustay
Michael Rosen
Esther Rothkopf
Meyer Rubenstein
Mollie Salkin
George Sapir
Shirley Sarlin
Eleanor B. Schneider
Mimi Shader
Norman Sholk
Jeremy Vincent Smith *
James Stanek
David Stein
J. Stewart Stein
Richard Stein
Celia Stillman *
Yvette Suissa *
Simon Talisman *
Betsy Truman
Sheila Vandervlugt
Jonas Weil
Sol Wittenstein *
Susan Beth Zelt

JANUARY 16—22
Joseph Alpert *
Robert Anes
Maurice Bassan
Michael Belice
Mery Benarroch
Gerald Birnberg
Adrian Bowers
Shmuel Canoonian
Tillie R. Coplon

YAHRZEITS

*Yahrzeit Plaque

Henrietta Dombchik
Jack Edelstein
Jean Ellenbogen
Bryson Engel
Fanny Feller
Jacqueline Fischer
Eli Samuel Franco
Mildred Friedman
Elli Galed
Ludwig Gelb *
Joseph Ginsburg
Jacob Goldhar *
Judy Goldman
Alexander Gordon
Ruth Green *
Carole Harris
Max Herman
Arthur Hershbeim
Ella Hirschkorn
Charles Katz
Gregory Krutman
Sylvia Kwasman
Etta Rose Lefkowitz *
Lena Lehrman
Abraham Levine
Myra Livingston *
Hilda Lowenstein
Mazal Lugasi *
Gustave Mandell *
Jack Margolis
Albert Markovitz
Jordon Matlin
Denise Matlin
Esther Mestechkin
Betty Miller
Isobel "Betty" Moody
Helena Newman *
Frank Nordmeyer
Sadie Osser
Leonard L. Ostreich
David Polinger *
Valentina de Pollner
Michael Pollock
Habibollah Rashti
Zelig Rauchwarg *
Nathan Rothenberg *
Riba Rubenstein
Florence Schreiber
Esther Shenker
Anne Shmunes
Morris W. Siegel *
Valentina de Pollner
Ruth Slotsky
Nat Smith
Sarah Snyder
Joseph Truman
Sam Voight *
Marian Volpert *
Isabelle K. Weiss
Frances White
Rebecca Whitney
Marilyn Wittenstein
Richard C. Wolff
Louis Zlatkiss

JANUARY 23—29

Diane Abramson
Ida Apple *
Robert Armel
Simon Attermann
Jack Berman
Irving Berman
Fannie Dena Bogash *
Leo Chaitow *
Rebecca Cohen
Ingeborg Crystal
Esther Don
Anna Dubbrin
Louis Emanuel
Jonathan Floyd
L.S. Frankel *
Sam Fuchs
David Fuchs
David Furman *
Sophia Gingold
Diane Ginsburg
Richard Alan Gordon *
Stanley Grayes *
Herman Greenewalt
Solomon Grober
Anna Harris
Alex Heilbron
Robert Hoff
Frederick Homburger
Rose Israel *
Gerald Kalmanson *
Rebecca K. Kantor *
Joseph Klaiman *
Harry Kottelman *
David Lehr
Jacob Lehrer *
Beatrice Lehrman *
Irving Leibman
Marilyn London
Mitzi Mayer *
Bertha Mazer
Rose Miller
Louis Miller
Eleanor Peckler
Sarah Platt
Martin Prince *
Leo Ratick
Ann Rosenberg
William Morris Rosenfeld
Richard Rosenman
Jeanne Roth
Maurice Rubenstein
Kate Rubin *
Charlotte Rubinger *
Betty Salomon *
Maurice Scherr *
Rose Schmukler
Fred Schneider *
Paul Schores
Benjamin Schwartz *
Miriam Shader
Max Sherman
David Bruce Silbergleit *
Enoch Sisselsky
Ray Sklarsky *
Geraldine Smith
Henry Spiegel
Diane Tinkelman
Norman Wayne
Esther Weintraub
Lilly Weiss
Ernest Weiss
Marc Weissmann
Frieda Weriansky *
Milton White
Charles White
Greta Williams
Sandra Zelony *
Gladys Zelt

JANUARY 30—FEBRUARY 5

Nancy Ackerbaum *
Ronald J. Ackerbaum *
Morris Ackman *
Estelle Balog
Isadore Becker *
Jean Booth
Benjamin Bornstein
Paul Meyer Brickman
Milton L. Briskman
Hal Chesler
Jack Chick *
Regina Coppel
Morris Dixon
Ellen Dorfman Bitton
Nathan Israel Edelman *
Reuben Esner
Rae Feuerman
Gittel Fish
Phyllis Fox
Miriam Frank
Adele Garfinkel
Harriet Geller
Lana Goldstein
Jack Greenspan *
David Hayt
Irene S. Heyman
Kate Hirschkorn
Max Hochstadt
Barney Holt
Gerald Jaffe
Lily Kerman *
Paul Kern
Philip Klein
Benjamin Klein
Lazar Korzinneck
Morris Krublit *
David Lemberg

YAHRZEITS

*Yahrzeit Plaque

Sam Lewis Letvin *
Anna Levine
Louis Lieberman *
Mischa Joseph Lustok *
Rose Mandell *
Ida Moczan
David Nuchow *
Nathan Orlofsky
Sanford Pekelney
Mitchell Peltz
Rebecca Pincus
Joseph Ross *
Jane Rothbaum
Rabbi Ephraim Rubinger
Lena Rubinstein
Gilda Rusonik
Martin Salkin *
Albert B. Salomon *
Pamela Siegel
Joseph Silverman *
Fred Sirota
Harvey Staffin
Joseph Steisel *
Morris Stotsky *
David Suissa
Juliet A. Traeger *
Giuliana Trambusti
Rita Weissman
Rebecca Witt
Alvin Zalla *
Joseph Zollman

FEBRUARY 6—12
Eli Amiga
Sheldon Aronoff *
June Berman
Lillian Kohl Berman *
Nathan Bialostock *
Nathan Blaher
Jennie Blattner *
Tillie Brody *
Anna Brown
Morris Cohen
Anna Dosti *
Selma Emoff
Sadie Esner
Harry Friedman *
Shirley Goldenberg
Lily Goldschein *
Phyllis Greenfield *
Max Haber
Samuel Hornik
Benjamin Israel *
Rochelle Izzo
Irving Kaplan *
Harriet Katz
Evelyn Klosner
Abe Klosner
Jean Drier Kolin
Joseph Kwasman
Sylvia Labell *
Beatrice Lazoritz *
Naomi Lehman *
Sally Leibman
Pearl Levy
Hyman Lewis-Epstein *
Amy Lezberg
Morris Lieber *
Sigmund Lightman
Betty S. Lippman *
Roma Mafdali
Ann Marcus *
Linda Margolis
Faye Marks
Harry Miller
Nathan Moscovitch
Hannah Moss
Maurice L. Mosseri *
Robert Neuhaus
Gumercindo Olea
Joseph Ottenberg *
Daniel Posnak
Lynn B. Postal
Rodolphe Schalom *
Hannah Seidman
Joseph Sheffler *
Eva Silverstone *
Jack Simon
Meyer Smith *
Pola Sniad *
Henry Steinfeld *
Abraham Swirsky
Anne Swirsky Rifkin
Yvette Swirsky Schepp
Erica Ten
Pauline "Peppy" Treger *
Gayle Tucker
Lynn Wolfson *
Louis YamPolsky
Rose Youdelman *

FEBRUARY 13—19
Edward Ackerman *
Jack Alger
Hyman M. Alpert *
Anna Basch
Fran Berman
Benjamin Bogdanoff
Joseph L. Brechner *
Howard Brodsky
Jack Broudy
Bernard Chick *
Abraham Cohen *
Jeffrey Michael Cohen *
Morris Cohen
Robert Cohen
Florence Cooper
Louis Davidson *
Rhona Davison
Barbara Diamant *
David Theodore Factor
Shirley Finkelstein
Sadie Fischer
Bee Friedman *
Miriam Fuhr
Grace Garth
Helene Gewolb
Evelyn Giteck
Rose Heller Golding *
Ida R. Goldstein *
Julius Graff
Solomon Green
Sarah Green
Bessie Greenfield *
Benjamin Halper *
Louis Jacob Harris *
Murray J. Heller *
Edith Herman
Marvin Hoffen
Alyce Hurvitz *
Conrad Irving
Rose Elowitch Itzkowitz *
Harry Kaufman *
Stanley Knapp
Laura J. Kravetzky *
Kate Krieger
Gertrude Kurtz
Robert Lack
Shirley Lack
Fred Leitner
Bessie Lepow *
Harry Lerner
Harold Levin
Jerry Mandell
Yetta Matlin
Ruth Mishkin
Sheldon Moldoff
Bettie Nevelow *
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Tessie Rosen
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Meyer Sowalsky
Allan Steinman
Carol G. Stern *
Mollie Stern
Charles Harvey Sulman *
Jeffrey Unger
Anne Vinik
Bernard Wein *
Gertrude Wiesenfeld

YAHRZEITS

*Yahrzeit Plaque

Clara Wildfeuer *
Emanuel Wolgel *
Anne Wollisch *
Milton P. Wolpow *
Ruth Yanchuck
Aaron Zissman
Harry Zuckerberg *

FEBRUARY 20—26
Stuart Alman *
Simon Applebaum
Linda Aronoff
Esther Asher *
Carl Berns
David Brandwein
Rebecca Brenner
Joseph Brody *
Stephen Broudy
Leon Chaskes
Aaron Dixon
Shirley B. Fain *
Elaine Farb
Hess B. Finestone *
Isadore Lee Finkelstein
Gerald Fishman
Benjamin Friedman
Anita Garfinkel
Abraham Geller
William Ginburg
Jacob Goldfarb
Alegra Haber
Sarah Heller *
Ray Hennig *
Rose Hochstadt
Stanley Isaacs
Adrienne Israel *
Betty Jacobson
Rachel Kanner *
Nettie Katz *
Sarah Kelman
Richard Kropp
Henry Lanxner
Katie Lassk *
Sara Lazarus
Louis Lefkowitz *
Jerome Lehner
Myron M. Leral *
Sidney Levine
Mina Lezberg
Martin E. London
Rose Margolis
Reva Margolis
Henry Masin
Phyllis May
Morris Meister *
Herb Meyer
Abner Miller
Harry R. Moody
George M. Nathanson
Rosalind Nathanson
Minnie Newman
Jacqueline Opotzner
Renee Parks
Mollie Peckler
Helen L. Poiley *
Harriet Polejes
Flora Paula Postal *
David Rand *
Susan Zeffren Rauch
Milton (Dusty) Renert
Manuel Rotenberg
Rae Anita Roth
Abraham Schlafman *
Gerald Schnur *
Yetta Schreiber
Sadie Schulman
Maxwell A. Schwartz
Celia Seff
Rachael Seitz
Gerald Sidney
Hannah Small *
Hugh Sullivan
Charles Harvey Sulman *
Sara Swirsky
Shlomo Truman
Saul R. Weiss
Joseph Wittenstein *
Alvin Wolff
Rene G. Wolfsheimer *
Faige Wolgel
Murray Wolin
Minna Yarmolovsky

FEBRUARY 27—MARCH 5
Pauline Aboff *
Alan Marvin Altshuler
Joseph Asarnow *
Anne Axelberg
Frances Berkowitz *
Estelle Berkowitz
Ritke Birmahaer
Elaine Bleich
John Bond, Sr
Helen Brenner
Meyer Cagan *
Wallace Cardona
Louis Cohn
Timothy Richard Dillon
Jacob Dorfman
Edith Drukman
Samuel Duckman *
Harold Gaeser *
Tillie Geiger
Charlotte Gemal
Samuel Gessenoff *
Hank Goldberg
Joseph Goldberg
Jay Goldman
Stanley Goldsmith
Abraham Gotlib
Hyman Greenberg
Harry Greenspan *
Samuel Gross
Eva Grossman
Isidoro Hajdenberg
Basil Harrison
Benjamin Heyman
George Hornik
Martin Jacobson
Regina Joseph
Shirley Josephs *
Shirley Kaplan
Franklin Meyer Kast
Frieda Shirley Kleiman *
Bryan Klein
Rose Koplow
Arlene Kovner
Jack Kravetzky *
Lori Krutoy
Joyce Tillie Lassk *
Isabella Laub
Goldie Lax
Estelle Ledwitch *
Jacob Levine
Irving Lippton *
Abraham Ludwig
Israel Mafdali
Seymour Mann
Armond Marchesano
Fannie S. Meitin *
Leib Morgenstern
Mindy Moss
Jerry Neuhaus
Marie Nordmeyer
David Michael O'Brien
Fay Reilly
Cheryl Rimerman
Jacob Rosen
Bernard Rosenberg
Bela Rozental
Albert L. Rutberg *
Ethel Saft
Sidney Mark Salkin
Susie Lori Salkin
Samuel Sanderson *
Milton Sarlin
Nathan Schenkel
Julian Schoenberg
Bessie J. Shader *
Stanley Shader
Frank Sigal *
Greta Singer
Seril Slavkin
Florence Steinman
Sylvia Stock *
Zohra Suissa
Nicholas Trentacoste
Bronislawa Unger *
Fred S. Wartell *
Robert Weinberger
Beverly S. White *
Henrietta Elowitch Wohl *
Samuel Wolf
Pircha Zorfati *

DONATIONS

CAPITAL CAMPAIGN FUND:
Debbie & Jeffrey Bornstein in memory of Rosalie Hoffen, mother of Bruce Hoffen
Laurie, Marc. Jason & Jake Smith in memory of grandma, Ceil Smith
Henrietta & Marc Katzen in memory of Al Harris, brother of Henrietta
Henrietta & Marc Katzen in memory of Harry Katzen, father of Marc

GENERAL FUND:
Mardi & Ron Shader in memory of Howard Levinsky, father of Sharon Schwartz
Jerome & Leah Freedman in memory of Robert Freedman, brother of Jerome
Sherman Miller in memory of my father, Benjamin Miller
Nessim Suissa in memory of my father-in-law, Abraham Sabbah
Rich & Ellen Mayer in memory of Bernard Mayer, father of Rich
Loren & Robert London in memory of Althea Miller, mother of Karin Grossman and father of Jeff Miller
Henrietta & Marc Katzen in memory of Rosalie Hoffen, mother of Bruce Hoffen
Marilyn & Franklin Schwartz in memory of Ronald Joseph, brother of Marilyn
Jay Gold in memory of Saul Friedman, father of Michael Friedman
Marcie & Henry Katzen in memory of Rosalie Hoffen, mother of Bruce Hoffen
Eli & Ina Porth in memory of Helen Porth, mother of Eli
Barry & Laura LaBoda in memory of Rosalie Hoffen, mother of Bruce Hoffen
Henrietta & Marc Katzen in memory of Marguerite Moro, mother of Melody Apter
Marilyn & Franklin Schwartz in memory of Marcel Joseph, father of Marilyn
Jean Dolen in memory of my father, Julius Schmukler
Jerrod & Linda Zlatkiss in memory of our son, Steven Zlatkiss
Sandra & Ivan Appelbaum in honor of Rabbi Kay & Cantor Robuck
Jo Staffin & Charles Dorfman in memory of Saul Friedman, father of Michael Friedman
Jodi Weinstock in memory of Ari Benjamin Osteen, son of Michal & David Osteen
Lauren Gold in memory of Howard E. Gold, husband of Barbara Gold
Pamela Levin in memory of Saul Friedman, father of Michael Friedman

RABBI RUBINGER'S DISCRETIONARY FUND:
Becky Lou & Jonathan Alper in memory of Ari Benjamin Osteen, son of Michal & David Osteen
Howard & Ellen Sackel in memory of Ari Benjamin Osteen, son of Michal & David Osteen
Miller & Grossman Families in honor of Rabbi Rubinger for comforting their beloved mother, Althea Miller

RABBI KAY'S DISCRETIONARY FUND:
Brenda Faiber in memory of my beloved father, Jack Rifkin
Stephen Schreiber in memory of my mother-in-law, Sadie Gerson
Doris Pines in memory of my father, Harry Miller
Clifford & Carla Stein in memory of Benita Stein, mother of Clifford
Susan Monheit in memory of my mother, Libby Krutoy
Paul & Teresa Finer

CANTOR'S DISCRETIONARY FUND:
Paul & Teresa Finer
Bill & Lisa Sholk in memory of Ari Benjamin Osteen, son of Michal & David Osteen
Aviah, William, Eliana & Luisa Altman in honor of High Holidays 5780

EDUCATION DIRECTOR'S DISCRETIONARY FUND:
Bill & Lisa Sholk in memory of Althea Miller, mother of Karin Grossman
Jo Staffin & Charles Dorfman in memory of Rosalie Hoffen, beloved mother of Bruce Hoffen
Sandra Torres
Bill & Lisa Sholk in memory of Rosalie Hoffen, mother of Bruce Hoffen
Diane Simons in memory of Rosalie Hoffen, mother of Bruce Hoffen
Joy Bochner & Rebecca Myers in memory of Rosalie Hoffen, mother of Bruce Hoffen
Shari & Alan Wladis in memory of Eugene Greenberg, father of Shari

COS CEMETERY FUND:
Mardi & Ron Shader in memory of Ariel Benjamin Osteen, son of Michal & David Osteen & family

DONATIONS

Joan & Stuart Kimball in memory of Beatrice Lippton, mother of Joan
Laurie, Marc. Jason & Jake Smith in memory of mother, Anne Shader
Gilbert & Joyce Walker in memory of Sylvia Walker, mother of Gilbert
Burt & Barbara Chasnov in memory of Saul Friedman, father of Michael Friedman

HEBREW SCHOOL SCHOLARSHIP FUND:
Lawrence Wartell in memory of my grandmother, Emma Wartell
Steven Sable & Susan Shapiro in memory of Ariel Benjamin Osteen, beloved son of Michal & David, brother of Talia & Yoni
COS Hebrew School Staff in memory of Rosalie Hoffen, mother of Bruce Hoffen
Shula & Stuart Levy in memory of Isaac Green, uncle of Shula
Janet Friedman in memory of my grandmother, Yetta Katz
Janet Friedman in memory of my great grandmother, Ida Mishkin
Janet Friedman in memory of my great grandmother, Mary Dixon

YOUTH PROGRAM FUND (GENERAL FUND):
Susan & Art Davis in honor of the Bar Mitzvah of Mason Moses
Beth & Jeff Zwick in memory of Rosalie Hoffen, mother of Bruce Hoffen
Marla & Andy Rosen in memory of Celia Kravetzky, grandmother of Marla

MA'ASIM TOVIM FUND-FEEDING HOMELESS:
Carolyn & Jim Rosenblum in memory of William Metz, father of Carolyn
Eric & Lisa Schwartz in memory of Howard Levinsky, father of Sharan Schwartz
Vivian Ackerbaum in memory of Marguerite Moro, mother of Melody Apter
Fayge Cohen in memory of my parents, Mollie & Al Siskind
Paula Rubin in memory of my cousin, Joel Burke
Rhonda & Joaquin Fraxedas in memory of Marguerite Moro, mother of Melody Apter

DR EDWARD S. ACKERMAN SCHOLAR-IN-RESIDENCE FUND:
Shelley Fleet in memory of Rosalie Hoffen, mother of Bruce Hoffen
Shelley Fleet in memory of Howard Levinsky, father of Sharan Schwartz
Shelley Fleet in memory of Ariel Benjamin Osteen, son of Michal & David Osteen
Shelley Fleet in memory of Mrguerite Moro, mother of Melody Apter

SISTERHOOD:
Vivian Ackerbaum thank you to Sisterhood

SENIORS:
Sharon & Adam Littman & family in memory of our mother, Florence Littman

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