

Ha'or

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T"02



JEWISH INSIGHT

House of Israel Congregation

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SEPTEMBER 2020 - MARCH 2021
ELUL 5780 - NISSAN 5781
VOL. 35 NO. 1

Shana Tovah - Happy New Year

Observe an Inspirational Rosh Hashana under the Tent Up North

We are going to have
safe, covid proof,
High Holiday services
at the House of Israel
and hope you
will join us.

We have added
plexiglass sides
to our bimah to keep
everyone safe during
Torah reading
and all seats will
be 6' apart,
except for families
within a bubble.

We will have:

- An open-sided tent to thwart the weather
- Heaters to tame the cold
- Our inspirational Rabbi to warm the soul
- The return of our Cantor to stir our hearts

Face mask wearing,
hand washing,
washroom protocols and
sanitizing will
be rigorously followed.

Please call Debby at 514-893-6015 to make your reservation or donation.

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SHOFAR BLOWING EVERY HOUR

SUNDAY, SEPTEMBER 20 AT 3 PM, 4 PM, & 5 PM

SHABBAT

Mornings - 10 am
Evenings - See Website

YOM KIPPUR

Kol Nidrei - 6:30 pm
Morning - 9 am
Yizkor - noon
Mincha - 5:30 pm
Neila - 6:30 pm
Fast ends - 7:27 pm

SUKKOT

Evenings - 6:15 pm
Mornings - 10 am

SHMINI ATZERET / SIMCHAT TORAH

Evenings - 6 pm
Mornings - 10 am

ROSH HASHANA

Evenings - 6:45 pm
Mornings - 9 am

Make
House of Israel
a part of
your life!

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RABBI EMANUEL CARLEBACH

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FROM YOUR RABBI

Why I'm going to Shul this Rosh Hashanah!

Let my People Grow!

Shalom to everyone.

As our new year rapidly approaches our prayers go out to everyone for a healthy, and sweet year to come; with best wishes for prosperity and success. We should find much bracha – blessing in our homes, amongst our families and derive much inspiration from our community and synagogue.

A big Mazal Tov to our newly elected President, Elliot Berzan, his wife, Gail and family; to our newly elected Executive, Board of Directors and Women's Council. May Hashem grant you good health and much wisdom to lead us and grow from 'strength to strength'.

A special thank you to our members, friends and supporters who graciously contribute to our shul and enable us to provide our services to the Laurentian community. Special tribute to our devoted office staff; Debbie Leboff and Anna Langlais who efficiently, help keep our shul financially healthy and in order.

Since the beginning of Covid-19's outbreak we have been confined to our homes. No travels, no visits....an unprecedented situation that changed our plans and lives. Since June restrictions have eased, our synagogue has reopened while implementing the necessary steps recommended by our governments; and when possible we conducted services outdoors. Which brings us to our first! Ever! Outdoor High Holidays Service. (Pause for applause)

We are pleased to announce plans to conduct all High Holiday services under a tent; a plan which inspires me to title this message 'Why I'm going to shul this Rosh Hashanah'. To name a few reasons...

- (1) Staying outdoors is safe.
- (2) Shul is essential.
- (3) Our strength is our unity.

On Pesach we were all locked down as we celebrated the words 'Let My People Go'; this Rosh Hashana let us celebrate a play on these words and state 'Let My People Grow'.

Chani and I wish you all Shana Tova.

Rabbi Emanuel Carlebach




SUKKAH OPEN HOUSE
 Friday evening
 October 2 – 6:15 pm

SIMCHAT TORAH
 Saturday Eve, October 10th
 Services & Hakafot – 7:15 p.m.

Sunday, October 11th
 Services & Hakafot –10:00 a.m.

For info call Chani (514) 912-4500

RAFFLE
2020


Support
our Shul

DRAWING
December 26, 2020

Raffle tickets \$36
3 for \$100
6 for \$180

Office Administrator – Debby Leboff
 514-893-6015
 email: debbybrooksleboff@bell.net

**IF YOU WOULD
 LIKE TO HAVE YOUR OWN
 ETROG AND LULAV,
 CALL THE RABBI @ 514-918-9080**



If a visit to a "shut-in", either at home or in the hospital, would be beneficial, please inform the Rabbi, who will gladly fulfill the request. Rabbi Carlebach can be reached at 514-918-9080.

PRESIDENT'S GREETING

It is an honour and a privilege to be the incoming president of The House of Israel. I have deep roots with our shul. My Uncle, Joe Laing, was on the founding committee of what became the HOI and my Uncles David and Raymond Berzan were founding members. My grandmother, Anna Berzan was an original benefactor. I even attended the laying of the cornerstone by Hayim Grover, father-in-law to my father's close cousin.

Gail and I joined the HOI when we bought our country home over 40 years ago. Rabbi Ephraim Carlebach visited us on the coldest day that winter and quickly endeared himself to our family; so much so that our son, Stephen, though just a toddler then, now serves on the Board as vice president. Rabbi Emanuel Carlebach is a great source of inspiration and I am fortunate to call him a friend.

Assuming the presidency during Covid-19 is not without its challenges as we all have to find new ways of doing things. But

I am delighted to say we have found a most secure way of holding High Holiday services while keeping everyone as safe, warm and inspired as possible. Please see the enclosed information for a full description.

The High Holidays are a time for reflection and rededication to our Jewish heritage. It is more critical than ever to instill our passion for Yiddishkeit and Spirituality in our children, grandchildren and great grandchildren. Due to the pandemic many of us are spending more time with our loved ones. It is an ideal opportunity to transmit family stories and values that were prevalent in our youth. May the High Holidays and The House of Israel serve as an inspiration to you and yours.

Gail and I wish you a healthy, sweet and peaceful New Year.
Shana Tova!

Elliot Berzan

WOMEN'S COUNCIL

On behalf of the Women's Council of House of Israel, we would like to wish everyone a Shana Tova Umetuka.

Unfortunately this summer we have not been able to be together in person, but we have been communicating by phone, zoom and email.

Meretz Hashem, next summer the Women's Council will be able to carry on our activities.

Wishing you all the best. Be safe and stay healthy.

***President
Women's Council***



The Inside Story – 5781

Your Holiday Guide – The Month of Tishrei

Rosh Hashanah

Friday evening, September 18, 2020

Saturday, September 19, 2020 (1st day) • Sunday, September 20, 2020 (2nd day)

Shana Tova

Rosh Hashanah is the “Head of the Year.” Just as the brain controls the entire body, so does Rosh Hashanah contain within it the potential for life, blessing and sustenance, setting the tone for the entire year.

Rosh Hashanah is the anniversary of Adam’s creation. Adam, the first human, called on all creation to proclaim G-D as King of the Universe. Each Rosh Hashanah we renew this proclamation and commit to live according to G-D’s will. We pray to be inscribed in the “Book of Life” and be granted a good and sweet year.”

We usher in Rosh Hashanah, as the Shabbat and all holidays, with the lighting of the candles by the women and girls. On the first night of Rosh Hashanah, we exchange the traditional L’shana Tova, greeting: “May you be inscribed and sealed for a good new year.” It is customary to eat food symbolizing sweetness, blessing and abundance. We eat a piece of apple dipped in honey, as well as dip the challah bread in honey. Other

customs include serving the head of a fish and eating pomegranates. At candle lighting on the second night, a new fruit, which was not eaten that season, is placed on the table. The new fruit is eaten right after reciting Kiddush.

The highlight of Rosh Hashanah is to hear the sounding of the Ram’s Horn. Due to Shabbat, the Shofar is sounded on the 2nd day of Rosh Hashanah only.

Tashlich – ‘cast away’ our stowaways

After the Mincha Service, Sunday afternoon, September 20, we visit a lake or a pond to recite the Tashlich prayers.

The Ten Days of Repentance

Rosh Hashanah, Yom Kippur, and the days between them are known as the “Ten days of Teshuva.” A time to return to goodness, to do mitzvot, and be true to our inner self.

The Fast of Gedaliah

Monday, September 21, 2020

The fast of Gedaliah is one of the four fasts connected with the destruction of the Beit Hamikdash (Holy Temple). This fast commemorates the tragic assassination of Gedaliah, a Jewish

Leader, during the Babylonian exile. Fast begins Monday morning, September 21 at 5:07 a.m. and ends at 7:25 p.m. on the same day.

Yom Kippur – Atonement and Holiness

Sunday evening, September 27, 2020 – Fast begins at 6:25 p.m.

Monday, September 28, 2020 – Fast Ends at 7:27 p.m.

Preparation

Yom Kippur, the Day of Atonement, begins on Sunday, September 27, 2020 at sundown and continues till nightfall of the following day. This 25 hour period is the holiest day of our year. On this day it is prohibited to eat / drink, wear leather shoes, bathe / wash, use lotion / perfume and have marital relations. All restrictions of Shabbat apply as well.

Before Yom Kippur we perform the customary ritual of Kapparot by circling a rooster (man) or hen (woman) over one’s head. One can perform this ritual with money as well. We then donate the value of the fowl to charity.

On Sunday, the day preceding Yom Kippur, we eat two festive meals. Eating before Yom Kippur is both a preparation for the Yom Kippur fast and a mitzvah in itself.

After the 2nd meal, parents / grandparents bless their children individually by placing their hands on on their (grand)child’s head

and recite the “Priestly Blessings”; and the words “May G-D make you like Ephraim and Menashe” (boy); as Sara, Rivka, Rachel, and Leah” (girl).

Theme of the Day

It is customary to wear white clothes, symbolizing purity. We spend many hours in the synagogue in prayer, confessing our sins, reflecting on our past misdeeds and resolving to improve in the future.

Yom Kippur atones for sins against G-d. However, for all wrongdoings between one another we must seek forgiveness directly. A sincere apology is a healthy step towards healing; it is one of the signs of strength and appreciation in maintaining relationships.

Yizkor, the memorial prayer for the departed, is chanted at the end of the morning service. Only those who have lost a parent remain in the synagogue during this prayer. (Yizkor may be said at home if necessary.)

Sukkot – Unity and Joy

Friday evening, October 2 until Thursday evening, October 8, 2020

Sukkah

Sukkot lasts for eight days. The word “sukkah” means booth or tent. When the Jews left Egypt and wandered in the wilderness, they made rough huts out of branches. The sukkah also commemorates the protective ‘Cloud of glory’, which surrounded the Jewish people during the forty years in the desert.

The Four Kinds

On Sukkot we make a special blessing and shake the “Four Species” – the etrog (citron), lulav (palm branch), hadassim (myrtle branches) and aravot (willow branches). This is done each day of Sukkot except Shabbat.

Hoshanah Rabbah

Thursday evening, October 8, 2020 – Time to stay awake!

Friday, October 9, 2020

Hoshanah Rabbah is the 7th day of Sukkot; it is so called because of the special prayers recited on that day. On Friday, during the morning service, we circle the Bima (platform) seven times with the Lulav and Etrog. We then recite special prayers called,

‘Hoshanot’ while holding the five willow branches together. We beat the willow branches on the floor, symbolizing sweetening G-D’s judgement.

Shmini Atzeret

Friday evening, October 9, 2020

Saturday, October 10, 2020

It’s Hard to Say... Good-Bye

Shmini Atzeret (and Simchat Torah) are the final two days of the Tishrei holiday season. On Saturday, we begin to recite “Mashiv Haruaach” during the Mussaf Amidah; praising G-D for the blessing of rain

Yizkor – Memorial Services

On Shmini Atzeret, Saturday, October 10, Yizkor is recited during the morning services. This is a special prayer said for a dear departed one in which we pledge charity on their behalf. .

Simchat Torah – Celebration

Saturday evening and Sunday, October 10 & 11, 2020

A Transcendent Joy

Simchat Torah is the culmination of a month filled with uplifting experiences. We have stood in awe before the King of the Universe; we have been forgiven by His mercy; we have experienced the joy of uniting with G-dliness through His beautiful commandments. Now, we rejoice with his Torah. The Torah is the epicenter of our Simchat Torah celebration. We take the sacred scrolls in our arms and dance together, scholar and novice alike. By dancing around the Torah in a circle, we are all equidistant, we all relate equally to the Torah. During the dancing, the scrolls remain in their cover, for this is not time for study but for dancing. The joy of Simchat Torah is far greater than any delight we may derive from intellectual understanding. Here again, we emphasize the sublime level of the Jewish soul where we are all one.

On the eve of Simchat Torah, we resume eating meals indoors. On this evening (and in some communities, on the previous evening of Shmini Atzeret as well), we make seven ‘hakafot’ (circling) around the Bima, singing and dancing with the Torah scrolls.

On the morning of Simchat Torah, the final portion of the Torah is read, completing the yearly cycle. Then we immediately start reading from Bereishit, the beginning. Thus, we continue to

nourish ourselves from the infinite wisdom of G-D’s Torah – the eternal force that has bound us together and sustained us for more than 3,000 years.

Joy, not Oy!

Torah should be celebrated with joy, not as a burden or bothersome obligation. Joy is vital to the performance of a mitzvah. Doing a mitzvah as a dry routine without spirit is like a body without a soul.

A beautiful parable by the “Dubner Maggid” illustrates how the wrong attitude to the mitzvah misses the point:

A diamond merchant once gave his son a big sum of money to purchase stones. As the son was coming home with his purchase, the father saw him hunched over and sweating beneath the burden of a tremendous load on his back. He then realized his son’s big mistake: “If he is ‘kvetching’ he must be carrying the wrong thing. He misunderstood, I meant PRECIOUS stones, and he bought instead worthless rocks. If he had only bought what I wanted, it would hardly be a burden!”



Mazal Tov – מזל טוב

Randy & Eric Abecassis on the birth of their grandchildren, Sadie Eve and Ryder Isaac

Carin & Brian Byer on the birth of their grandson, Noam Jerry

Gail & Michael Campbell on the marriage of their son, Zachary to Jamie Weisz

Chani & Rabbi Emanuel Carlebach on the birth of their grandson, Yerachmiel

Karen & Murray Cuttler on the birth of their grandson, Leslie Pierce

Karen & Murray Dalfen on the Bat Mitzvah of their granddaughter, Yaffa Esther (Isabelle Celia)

Sandi & Herb Davis on the Bar Mitzvah of their grandson, Liam

Kathy & Shalom Diamond on the birth of their granddaughter, Rivka Malka

Sandra & Ruby Dubrovsky on the recent marriage of their son, Neil to Marissa Sidel

Orly & Philip Fayer on the birth of their son, Micah Shiloh

Laura & Daniel Gurman on the birth of their son, David Zalman

Ellen Gurman on the birth of her grandson, David Zalman

Annie & Issac Israel on the recent marriage of their daughter, Rebecca to Natanel Gozlan

Lynn & Howard Inhaber on the birth of their grandson, Leslie Pierce

Judy & Ronnie Kornbluth on the birth of their granddaughter, Lottie and on the recent marriage of their daughter, Michelle to Alexander Govshievich

Jessica & Jeremy Kornbluth on the birth of their daughter, Lottie

Valerie & Jay Lawrence on the birth of their grandson, Eyal Leo

Anne & Irwin Liebman on the Bar Mitzvah of their grandson, Oriel Moshe Yehoshua

Rachel & Morley Lonn on the birth of their grandson, Ashton

Anne Palevsky on the upcoming marriage of her grandson, Jeremy to Kira Pearlman

Evelyn & Avery Palevsky on the upcoming marriage of their son, Jeremy to Kira Pearlman

Leona & Gerry Phillips on the Bat Mitzvah of their granddaughter, Molly

Eric & Glen Posner on the Bat Mitzvah of their daughter, Molly

Lea & Marc Quedoshim on the recent marriage of their granddaughter, Leah to Yeshaya Jessurun

Sally & Norman Raicek on the birth of their great granddaughter, Nora Harlow

Deborah & Aaron Remer on the birth of their grandchildren, Adele Haya and Ezra Simantov

Laetitia & Shalom Robret on the recent marriage of their son, Yonatan to Sarah Dayan

Roslyn Schneiderman on the birth of her great grandson, Eyal Leo

Sondra & Martin Schwartz on the birth of their twin grandchildren, Bo Minnie and David Cooper

Pauline & Jeff Segel on the birth of their twin grandsons, Nathan and James

Stephen Shiller on the recent marriage of his daughter, Brittany to Jay Kaplan

Gerti Silbiger on the upcoming Bar Mitzvah of her grandson, Max Daniel

Chaya Sara & Sinai Weinbaum on the recent marriage of their daughter, Nechama to Zuch Yarmak

Heather & George Weisz on the marriage of their daughter, Jamie to Zachary Campbell

Condolences

Our deepest sympathy to the following members and their families. May they be spared any further sorrow.

George Benatar on the passing of his sister, **Jacqueline Mattei**

David Benatar on the passing of his sister, **Jacqueline Mattei**

Mindy Burstein on the passing of her husband, **Mark Busgang**

Robert Chouke on the passing of his mother, **Lolly Chouke**

Marla Cooper on the passing of her father, **Morris Feldman**

Lloyd Cooper on the passing of his father, **Leon Cooper**

Karen Cuttler on the passing of her father, **Perry Carmen**

Murray Dalfen on the passing of his mother, **Elaine Dalfen Moscovitch**

Burt Dalfen on the passing of his mother, **Elaine Dalfen Moscovitch**

Fred Dayan on the passing of his mother, **Hannah Dayan**

Fred Fagan on the tragic passing of his son, **Robert Fagan**

Allan Farkas on the passing of his father, **Martin (Moti) Farkas**

Jodi Fellner on the passing of her father, **Ian Karper**

Benny Freidman on the passing of his brother, **Billy Friedman**

Evelyn Surehin Friedman on the passing of her husband, **Billy Friedman**

Fred Golt on the passing of his sister, **Sharon Minda Golt**

Rivka & Alex Guttman on the tragic passing of their granddaughter, **Ronnie Joy**

Dahlia & Michael Hollander on the tragic passing of their daughter, **Ronnie Joy**

Debbie Kahan on the passing of her husband, **Stewart Kahan**

Phyllis Karper on the passing of her husband, **Ian Karper**

Cindy Kay on the passing of her mother, **Dora Singerman**

Phyllis Kis on the passing of her husband, **George Kis**

Kathryn Kis on the passing of her father, **George Kis**

Greg Kis on the passing of his father, **George Kis**

Paul Kushner on the passing of his brother, **Steven Kushner**

Patty Lapkovsky on the passing of her parents, **Harold Singer & Lottie Singer**

Elizabeth Laxer on the passing of her husband, **Carl Laxer**

Barry Laxer on the passing of his father, **Carl Laxer**

Shelley Mandelcorn on the passing of her mother, **Frances Drazin**

Sandra Lann Mintz on the passing of her husband, **Steven Mintz**

Michael Miro on the passing of his father, **Morton Miro**

Dina Nathan on the passing of her mother, **Janet Nassim**

Marc Quedoshim on the passing of his mother, **Fortuna Quedoshim**

Michael Refson on the passing of his father, **Rabbi Yehuda Yaakov Refson**

Irwin Rubin on the passing of his mother, **Rita Rubin**

Sari Sacks on the passing her father, **Ian Karper**

Evelyn Shrier on the passing of **Henry Geniele**

Evey Stein on the passing of her husband, **Morty Stein**

Donna Yampolsky on the passing of her husband, **Israel Yampolsky**

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CANDLE LIGHTING TIMES FOR SHABBAT AND HOLIDAYS



<p>Friday, September 11, 2020 Shabbat Nitzavim & Va-yelech 6:57 p.m. Recite Blessing # 1</p>	<p>Friday, September 25, 2020 Shabbat Ha-azinu Shabbat Shuvah 6:29 p.m. Recite Blessing # 1</p>	<p>Saturday, October 3, 2020 2nd eve of Sukkot *7:16 p.m. Recite Blessings # 6 & 7</p>	<p>Friday, October 16, 2020 Shabbat Bereshit 5:50 p.m. Recite Blessing # 1</p>
<p>Friday, September 18, 2020 1st eve of Rosh Hashanah & Shabbat 6:43 p.m. Recite Blessings # 2 & 7</p>	<p>Sunday, September 27, 2020 Eve of Yom Kippur 6:25 p.m. Recite Blessings # 4 & 7</p>	<p>Friday, October 9, 2020 Eve of Shmini Atzeret & Shabbat 6:03 p.m. Recite Blessings # 5 & 7</p>	<p>Please refer to our calendar for the exact candle lighting times for subsequent Shabbats.</p>
<p>Saturday, September 19, 2020 2nd eve of Rosh Hashanah *7:44 p.m. Recite Blessings # 3 & 7</p>	<p>Friday, October 2, 2020 1st eve of Sukkot & Shabbat 6:16 p.m. Recite Blessings # 5 & 7</p>	<p>Saturday, October 10, 2020 Eve of Simchat Torah *7:03 p.m. Recite Blessings # 6 & 7</p>	

***candles must be lit from a pre-existing flame and at the time indicated.**

PROCEDURE

Candles are lit approximately eighteen minutes before sunset. A minimum of two candles should be lit. Light the candles at the prescribed time. To indicate your acceptance of the sanctity of the day, spread your hands out around the candles and then bring your hands inward in a circular motion three times. Cover your eyes with your hands and recite the blessing(s). Uncover your eyes and gaze at the candles briefly. Good Shabbos (Yom Tov)!!

BLESSING #1

Bo-ruch Ah-toh Ado-noi Elo-heinu Melech Ha-olam Asher Ki-deshom Bemitz-votav Vetzi-vanu Lehadlik Ner Shel Shabbos Kodesh.

BLESSING #2

Bo-ruch Ah-toh Ado-noi Elo-heinu Melech Ha-olam Asher Ki-d'shanu B'mitz-votav V'tzi-vanu Lehadlik Ner Shel Shabbat v'Shel Yom Haзикaron.

BLESSING #3

Bo-ruch Ah-toh Ado-noi Elo-heinu Melech Ha-olam Asher Ki-d'shanu B'mitz-votav V'tzi-vanu Lehadlik Ner Shel Yom Haзикaron.

BLESSING #4

Bo-ruch Ah-toh Ado-noi Elo-heinu Melech Ha-olam Asher Ki-d'shanu B'mitz-votav V'tzi-vanu Lehadlik Ner Shel Yom Hakipurim.

BLESSING #5

Bo-ruch Ah-toh Ado-noi Elo-heinu Melech Ha-olam Asher Ki-d'shanu B'mitz-votav V'tzi-vanu Lehadlik Ner Shel Shabbat v'Shel Yom Tov.

BLESSING #6

Bo-ruch Ah-toh Ado-noi Elo-heinu Melech Ha-olam Asher Ki-d'shanu B'mitz-votav V'tzi-vanu Lehadlik Ner Shel Yom Tov.

BLESSING #7

Bo-ruch Ah-toh Ado-noi Elo-heinu Melech Ha-olam Sheheche-yanu V'kimanu V'higi-anu Lazman Haseh.

NOTE FROM THE EDITOR

Shalom to everyone! I would like to inform all members that our bulletin "Ha Or" will now be sent digitally for each holiday period, in order to advise everyone of the particular holiday traditions, times of services and candle lighting.

We will send out a hard copy once a year at Rosh Hashana.

If you do not receive the bulletin by email already and would like to be included, please contact our administrator Debby at: debbybrooksleboff@bell.net or 514-893-6015.

Since the pandemic, our lives have changed and we have limited contact with each other at shul. So this is a chance to reconnect and be updated on the past events of the year.

Wishing everyone a healthy, happy and prosperous New Year! L'Shaha Tova!

Respectfully submitted,

Chainie Zikman

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