

JEWISH INSIGHT

House of Israel Congregation 27 ST. HENRI • STE. AGATHE DES MONTS • QC • CANADA J8C 1C5 TEL. 819-326-4320 • MTL. OFFICE 514-938-3166 • FAX 819-326-8558 Shana Tovah - Happy New Year

SHABBAT

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Fri. Evening	Call Rabbi
	514-918-9080
Sat. Morning	9:30 a.m.
Sat. Evening	Call Rabbi
Sun. Morning	8:45 a.m.



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SEE BACK PAGE

16

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MINYAN 707

Thursday Mornings

(except holidays)

7:07 a.m.

Mada Centre

6875 Decarie

Montreal, QC

SEPTEMBER 2016 - MARCH 2017 ELUL 5776 - ADAR 5777 VOL. 30 NO. 4 IN THIS ISSUE

WEBSITE: houseofisrael.org

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PAGE 2 FROM YOUR RABBI **FAMILY SHABBATON President's Greeting** 3 RAFFLE ETROG & LULAV SKI TICKETS WOMEN'S COUNCIL 4 SUKKAH OPEN HOUSE SIMCHAT TORAH CELEBRATION THE INSIDE STORY - 5777 5-7 "Lou Adler" Memorial 8 **GOLF TOURNAMENT** 9 **BRISKET & SCHNAPPS GALA** FAMILY FUN DAY 10 **TORAH DEDICATION** 11 12-13 CHANUKAH 5777

- 14 MAZAL TOVS **CONTRIBUTORS** CONDOLENCES KIDDUSH SPONSORS
- 15 **CANDLE LIGHTING**
- HIGH HOLIDAY SERVICES **IMPORTANT DATES**

Spiritual Leader Rabbi Emanuel Carlebach

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FROM YOUR RABBI

With much anticipation we usher in a New Year. As we find ourselves a year older and wiser, may our relationships with our Creator, families and community flourish; with deep appreciation for all our blessings.

This past summer has been eventful and momentous at the House of Israel. Our Shabbat and daily services were filled to capacity with many sharing important dates and events with our community. Classes, camp, Shabbatons and social events

were most successful. The addition of a 'Golf Day', dedicated to our dear friend and supporter Lou Adler OBM, complemented our Summer Gala. A Torah dedicated by Sol & Anna Zuckerman 'In honour of their children, grandchildren and generations to come' will grace our Synagogue for years to come. May Hashem grant Sol and Anna many years of good health.

Our JampsMurray ItscovitchStephen RubyDr. Peter SafranBruce ZikmanCourt Leadership is robust thanks to our President, Bernie Shuster, Executive, Board of
Directors and Women's Council. We wish to thank the many who continue to be so
dedicated to our Shul; our Gala Patrons and Golf Sponsors, Gala Chairmen Gerald
Kessner and Sheldon Bercovitch, Journal/Calendar/Bulletin Editor Chainie Zikman, Ad
Zenith Singer o.b.m.Irwin I. LiebmanIrwin I. LiebmanSupporters who keep the flame of Judaism fervently strong in the Laurentians.

A new year often brings modification and this year our Shul has undertaken a few changes. For so many years Ressa Nadler has served our synagogue as office administrator and we wish her much bracha as she retires from her position. Our community is grateful to Ressa for her outstanding devotion to our Synagogue for so many years and I cherish the friendship that has developed between our families. We welcome our new office administrator, Jordane Dorsainvil who comes highly qualified and look forward to working with her. Many thanks to Morley Lonn, Murray Dalfen and Stephen Berzan for their tremendous effort in successfully finding and implementing a new 'cloud based' computer system for our office which will improve our membership/ data/correspondence, accounting software and website.

The House of Israel is a very special place. Many refer to it as the 'Country Shul' - very informal and very "heimish"! It is also known as the 'Flagship' Shul of the Laurentians, always providing services for those local and transient. Over the last six decades, the House of Israel has become known as "Our Shul"; an extension of our home and family where one feels a part of its history and its future.

For our High Holy Days Services we welcome back our Cantor, Chazan Shmaryah Richler and Chazan Sheni, Rabbi Yitzchok Ezagui and look forward to greeting you all.

May our wishes of 'Shana Tova' to one another be fulfilled. 'Shana Tova' means 'Good Year' inspiring us to do goodness and to reach our full potential of wholesomeness and nobility; in good health and with much happiness.

Shana Tova!

Rabbi Emanuel Carlebach

MOSHE CHAIM FAMILY SHABBATON NOVEMBER 18 & 19, 2016

"Double Inspiration"

Last year we heard Yossi Goodman's inspiring story about his miraculous recovery. Now hear it from his mother, Michelle Goodman, who faced difficult choices in the process of saving her son.

Services Friday evening at 4:00 p.m. followed by Dinner at 5:15 p.m. for info please call the Rabbi @ 819-918-9080

couvert for dinner \$36 p.p.

PRESIDENT'S GREETING



Dear Members and Friends,

As we near the High Holiday season, like most of you I am wondering 'where did the Summer go?' I am reminded of the Yiddish saying "the day crawls and the year flies".

My first year as President was a very fulfilling and positive experience for me. The job was made easier and

enjoyable due to the great help of our Rabbi, the Rebbetzin, and their entire family. I also could not have done it without the help of all our past Presidents, Board and Executive. To all of them I owe a tremendous debt of gratitude.

Our Synagogue has had a very busy and successful Summer. Our special events and services were very well attended. The highlight was our 'Brisket & Schnapps' Gala combined with our first 'Lou Adler Memorial' Golf Tournament which was an amazing success was thanks to Gerry Kessner and Sheldon Bercovitch. May Hashem bless them and their families.

Our most recent event was a Shabbaton with the 'Traveling Chasidim' and the large crowd enjoyed some great music in a wonderful Jewish atmosphere. The crowning event of the weekend was the Dedication of a new Sefer Torah by Anna and Sol Zuckerman. The Zuckermans are truly pillars of our Synagogue and we wish them and their entire family much happiness and good health in the future. Another inspiring Shabbaton was held with Rabbi Burt Siegel from New York, who spoke on his "Journey from Reform to Chabad". It was a most interesting story and he told it from his heart.

I would like to congratulate and thank the Women's Council led by Frances Kessner and Estelle Blank for a successful "Family Fun Day Walk-a-Thon". They are always there to support so many of the synagogue's activities. Once again our Ad Book brought in significant revenue thanks to Debby Brooks Leboff who puts in a tremendous effort. It would be very much appreciated if more of our members supported the book by placing ads or soliciting ads from friends and suppliers.

Our Annual Raffle will be getting underway after the Holidays under the able leadership of Gerry Phillips. This has always been a major fundraiser for us and more involvement by our members would be most welcome. You will also receive our 2016-17 Souvenir Calendar. Special thanks to our Calendar sponsors and supporters.

Ressa Nadler our long time "go to lady", has decided to retire after so many years of loyal service to our Synagogue. All of us wish her the very best in the future and we are so grateful for all she did on the Synagogue's behalf.

I am pleased to announce that we have hired Ms. Jordane Dorsainvil as our new office administrator. She is a very qualified person and I am confident that she will be an asset to the management of our Synagogue. She can be reached at our Montreal office at 514-938-3166.

I am also happy to advise you that our new upgraded computer system is up and running. Please log on at our website houseofisrael.org and see how well organized and user friendly it is. There may still be some things to adjust but I am sure that we will be able to service our members much better in the future. Our thanks to Stephen Berzan who set up everything and managed the transition so smoothly. Thanks also to Murray Dalfen for underwriting this improvement to the Synagogue.

Now that the High Holidays are approaching, those who plan to spend it with us at the House of Israel can be assured of a most meaningful experience. Once again this year we will have Cantor Richler with us who enhances our services which makes them more meaningful.

Although the High Holidays are meant to help us look back at the last year and see where we may have fallen short, it is equally important to note the phrase in the Kol Nidre prayer; "from this Yom Kippur to the next Yom Kippur", which directs us to try and do better next year so that we may merit Hashem's blessings for ourselves and our loved ones, and Klal Yisroel.

On behalf of myself and my wife RoseLee, may I take this opportunity to wish everyone a healthy and prosperous New Year! Shana Tova.

Bernie Shuster



THE WOMEN'S COUNCIL



Dear Friends,

Another year has gone by and the Women's Council continues to support the synagogue in many ways.

We had our Annual Walk-a-Thon again this year. The venue was slightly changed due to the repair work around the lake. Thank you to Rabbi Carlebach who designed an alternate route for the walkers.

(Tour de Ville) All the participants really enjoyed this. This was a successful fundraiser for the synagogue.

Thanks to Debbie Remer for reviewing the book, "The Nest" by Cynthia D'Aprix Sweeney. The review was well prepared and most informative.

Many thanks to all our volunteers and participants who help make our events so successful: Irene Wexelman, Laynie Sinyor, Leah Keinborg, and Debbie Remer. A special thank you to Chainie Zikman for her creative touch which is evident in all of our events.

We would like to wish Ressa Nadler good luck and much success in all her future endeavours. A special "Thank You" for all that you have done for Women's Council over the years.

We would like to welcome Jordane Dorsainvil, our new administrator, and look forward to working with her.

Shana Tovah to all! May you have a sweet, happy, healthy and prosperous New Year.

Warmly,

Frances Kessner & Estelle Blank Women's Council Co-Presidents



Our Summer Study Classes



Bar Mitzvah celebration at Y.C.C.



House of Israel Summer Camp

SUKKAH OPEN HOUSE

Sunday evening October 16 – 6:00 p.m. Join us in our Sukkah for our famous and fabulous SUKKOT DINNER catered by Chani

For info and to RSVP call Chani (514) 912-4500 or reserve directly on our website www.houseofisrael.org

SIMCHAT TORAH CELEBRATION

Monday Evening, October 24th

Services and Hakafot - 5:30 p.m. followed by Family Buffet Dinner

Adults \$18 p.p. • Children \$10 p.p.



Judaism 101 - A fun filled beginners class for ages 3-7 on Mondays. For info call the Rabbi

The Inside Story – 5777 Your Holiday Guide – The Month of Tishrei

Rosh Hashanah



Sunday evening, October 2, 2016 Monday, October 3, 2016 (1st day) • Tuesday, October 4, 2016 (2nd day)

Shana Tova

Rosh Hashanah is the "Head of the Year." Just as the brain controls the entire body, so does Rosh Hashanah contain within it the potential for life, blessing and sustenance, setting the tone for the entire year.

Rosh Hashanah is the anniversary of Adam's creation. Adam, the first man, called on all creation to proclaim G-D as King of the Universe. Each Rosh Hashanah we renew our commitment to live according to G-D's will and pray that He grant us a good and sweet year.

Rosh Hashanah stirs the Jewish heart. The Jewish New Year is a time of awe and solemnity, when we intensify our relationship with G-D, and are judged, together with all of mankind, for the coming year. The synagogue services, listening to the shofar and partaking of festive meals at home are all imbued with a spirit of renewed relationship to G-D. The words in the Machzor, the holiday prayer book, help us focus and channel our hopes to health, prosperity and peace, rousing our hearts to the awesome spirit of the day. On Rosh Hashanah G-D judges every person according to his/her deeds. We pray to be inscribed in the "Book of the Righteous" and the "Book of Life."

We usher in Rosh Hashanah, as the Shabbat and all holidays, with the lighting of the candles by the women and girls. On the first night of Rosh Hashanah, we exchange the traditional L'shana Tova, greeting: "May you be inscribed and sealed for a good new year." It is customary to eat food symbolizing sweetness, blessing and abundance. We eat a piece of apple dipped in honey, as well as dip the challah bread in honey. A favourite is tzimes; a stew made of carrots, sweet potatoes and prunes. Other customs include serving the head of a fish and eating pomegranates.

At candle lighting on the second night, a new fruit, which was not eaten that season, is placed on the table. The new fruit is eaten right after reciting Kiddush, before washing and hamotzi is made on the challah.

The Shofar

The highlight of the Rosh Hashanah service is to hear the sounding of the shofar on both days, October 3rd and 4th.

Even if one cannot participate in the whole service, one should make arrangements to hear the shofar.

The shofar is a ram's horn, the oldest and most primitive of wind instruments. The call of the shofar touches the innermost chords of a Jewish soul. Its sound is simple and plaintive – a cry from the heart, like that of a lost child calling for his/her parent. The call of the shofar summons us: "Awake from your sleep, and arise from your slumber – examine your deeds, return to your Creator."

The shofar symbolizes the coronation of G-D as king and also recalls historic events involving the ram's horn: the binding of Isaac on Mount Moriah, the revelation on Mount Sinai, and the final Redemption.

Tashlich – 'cast away' our stowaways

After the Mincha Service, Monday afternoon, October 3, we visit a lake or a pond to recite the Tashlich prayers, symbolizing the

'casting away' of our sins. As fish depend upon water, so we are dependent upon G-D's providence and ever-watchful eye.



The Ten Days of Repentance

Rosh Hashanah, Yom Kippur, and the days between them are known as the "Ten days of Teshuva." A time to return to goodness, to do mitzvot, and be true to our inner self.

Rosh Hashanah is a Day of Judgement, but our verdict is not sealed until the final moment of Yom Kippur. Even then, the gates are not fully closed until the day of Hashanah Rabbah. Like a loving, generous parent, we are given another chance to repent and come back. Sincere repentance is accepted at all times, but these days are the most opportune for renewing our relation to G-D.

The seven days between Rosh Hashanah and Yom Kippur represent the first cycle of the New Year. This complete week presents an opportunity to evaluate each day of the week as it was spent the previous year, and to plan for improvement in the coming year. During this week we increase our Torah study, our giving of charity, and our observance of mitzvot.

The Fast of Gedaliah Wednesday, October 5, 2016

The fast of Gedaliah is one of the four fasts connected with the destruction of the Beit Hamikdash (Holy Temple). This fast commemorates the tragic assassination of Gedaliah, a Jewish Leader, during the Babylonian exile. Fast begins Wednesday morning, October 5 at 5:31 a.m. and ends at 6:58 p.m. on the same day.

As on other fasts, three men are called up to the Torah reading

and at Mincha the third Aliya is Maftir. This Torah portion contains the moving prayer of Moses, after the children of Israel had made the Golden Calf. It contains the 13 Divine Attributes of Mercy and forgiveness, which were proclaimed at that time. The message of this portion is that no matter how great the transgression – G-D is always ready to forgive the sincerely repentant sinner.

Shabbat Shuvah

Friday evening, October 7, 2016 Saturday, October 8, 2016

The Shabbat between Rosh Hashanah and Yom Kippur is known as Shabbat Shuvah, named for the opening words of the Haftorah:

"Return Israel unto G-D." Rabbis customarily address their congregation on the subject of Teshuvah, Repentance.

Yom Kippur – Atonement and Holiness

Tuesday evening, October 11, 2016 – Fast begins at 5:58 p.m. Wednesday, October 12, 2016 – Fast Ends at 7:00 p.m.

Preparation

Before Yom Kippur we observe the custom of Kapparot ("atonement"). A man or boy uses a rooster and a woman or girl, a hen. Circling the fowl over the head, a prayer is recited, and the value of a fowl is donated to charity.

On Tuesday, the day preceding Yom Kippur, we eat two festive meals. Eating before Yom Kippur is both a preparation for the Yom Kippur fast and a mitzvah in itself.

It is customary to ask for a piece of lekach (honey cake) from another person (prior to Yom Kippur), often from the Rabbi of the shul. This is a symbolic substitute for any charity a person might be fated to ask for this coming year; the gesture also represents a wish that the recipient have a good year.

After the final meal, the parents bless their children. One places his or her hands on the head of each child, reciting a prayer on his or her behalf including the Biblical words: "May G-D make you

like Ephraim and Menashe" (for a son) or "May G-D make you like Sara, Rivka, Rachel, and Leah" (for a daughter).

Yom Kippur begins before sunset, and is ushered in with candle lighting. Beginning at sundown on Tuesday, October 11 and continuing till nightfall of October 12, Yom Kippur is the holiest day of the year. On this



day it is prohibited to eat or drink, wash our body or use perfume or lotion, have martial relations, and wear leather shoes. All restrictions of Shabbat apply to Yom Kippur as well.

Kol Nidrei, Yizkor and other Services

Immediately after candle lighting, on Tuesday evening, we rush to the synagogue for the opening prayer of Kol Nidrei, when the Holy Ark and the Gates of Heaven are opened. The Kol Nidrei prayer is chanted to a moving tune with historic overtones going back to the Jewish Marranos who declared their unbroken faith during the Spanish Inquisition.

It is customary to wear white clothes, symbolizing purity. We spend many hours in the synagogue in prayer, confessing our sins, reflecting on our past misdeeds and resolving to improve in the future.

During each prayer throughout Yom Kippur, we recite the Viduy, confession of our sins, tapping our chest near the heart with the right hand and asking forgiveness as we enumerate the sins that we may have committed. The Viduy is said in the plural ("We have sinned..."), for all the Jews are considered as one body and we are responsible for one another.

Yom Kippur atones only the sins against G-D, but not for wrong doings against people. It is important to apologize and seek forgiveness from acquaintances for any ill feelings, which may have arisen during the year.

Yizkor, the memorial prayer for the departed, is chanted at the end of the morning service. Only those who have lost a parent remain in the synagogue during this prayer. (Yizkor may be said at home if necessary.)

One of the highlights of the Yom Kippur service is the Avodah, found during Musaf, which recounts the service by the High Priest in the Holy Temple on Yom Kippur.

Sukkot – Unity and Joy Sunday evening, October 16 until Sunday evening, October 23, 2016

Immediately, following the solemnity of Rosh Hashanah and Yom Kippur, we prepare for the happy exuberance of Sukkot – the 'Season of our Rejoicing.'

Sukkot lasts for eight days. The word "sukkah" means booth or tent. When the Jews left Egypt and wandered in the wilderness, they made rough huts out of branches. The sukkah also commemorates the protective 'Cloud of glory', which surrounded the Jewish people during the forty years in the desert.

The first two days are welcomed by women and girls lighting the Yom Tov candles. All meals are eaten in the sukkah celebrating the holiday under G-d's roof. Spending time in the sukkah is a delightful experience. Some decorate the sukkah with elaborate ornaments; others try to preserve its unadorned simplicity. A sukkah lacks the comfort we expect in a house. No roof overhead, the weak frame and foliage are as frail and temporary as life itself. But the sukkah, simple natural and rustic, suggests basic survival.

It is nice to look up to the Heaven for a change, rather than a plastered ceiling. It reminds us that Divine protection is the most enduring shelter we can ever have.

Not even the richest mansion can offer this kind of protective cover. Money cannot buy it. Only a sukkah gives us this security during the holiday of Sukkot. It is a great home improvement idea to think about all year round.



The Four Kinds

On Sukkot we make a special blessing and shake the "Four Species' – the etrog (citron), lulav (palm branch), hadassim (myrtle branches) and aravot (willow branches). This is done each day of Sukkot except Shabbat. The four species, some of which are fragrant and tasty, while others are plain and simple, represent different types of Jews. Taking them together symbolizes our unity as a people: we need one another, the four species are waved in all directions, "all four one and one four all", signifying that G-D is everywhere.

Hoshanah Rabbah

Saturday evening, October 22, 2016 – Time to stay awake! Sunday, October 23, 2016

Hoshanah Rabbah is the 7th day of Sukkot; it is so called because of the special prayers recited on that day. It is customary to stay awake Saturday night and recite portions of the Torah and the book of Psalms. On Sunday morning, we circle the Bima (platform) seven times with the Lulav and Etrog. We then recite special prayers called, 'Hoshanot' while holding the five willow branches together. We beat the willow branches on the floor, symbolizing sweetening G-D's judgement. This ceremony can be done at home as well.

On Sunday afternoon, we eat a festive meal in the sukkah. Kiddush is not recited, but we begin the meal with challah dipped in honey. Kreplach (meat or chicken covered in dough) are served during the meal, symbolizing the covering of severity with loving-kindness.

Shmini Atzeret

Sunday evening, October 23, 2016 Monday, October 24, 2016

It's Hard to Say... Good-Bye

Shmini Atzeret (and Simchat Torah) are the final two days of the Tishrei holiday season. Like all festivals, the women and girls light the candles to usher them in.

It is the 8th day of Sukkot and is so called because it is a special day of solemn assembly signalling the reluctance to part from the presence of G-D.

Yizkor – Memorial Services

On Shmini Atzeret, Monday, October 5, Yizkor is recited during the morning services. This is a special prayer said for a dear departed one in which we pledge charity on their behalf. During the Musaf Amidah, the words 'Moirid Hageshem' are

During the Musaf Amidah, the words 'Moirid Hageshem' are recited. From then until Pesach we praise G-D for rain.

Simchat Torah – Celebration Monday evening, October 24, 2016 Tuesday, October 25, 2016

A Transcendent Joy

Simchat Torah is the culmination of a month filled with uplifting experiences. We have stood in awe before the King of the Universe; we have been forgiven by His mercy; we have experienced the joy of uniting with G-dliness through His beautiful commandments. Now, we rejoice with his Torah. The Torah is the epicenter of our Simchat Torah celebration. We take the sacred serolls in our arms and dance together, scholar and novice alike. By dancing around the Torah in a circle, we are all equadistant, we all relate equally to the Torah. During the dancing, the serolls remain in their cover, for this is not time for study but for dancing. The joy of Simchat Torah is far greater then any delight we may derive from intellectual understanding. Here again, we emphasize the sublime level of the Jewish soul where we are all one.

On the eve of Simchat Torah, we resume eating meals indoors. On this evening (and in some communities, on the previous evening of Shmini Atzeret as well), we make seven 'hakafot' (circling) around the Bimah, singing and dancing with the Torah scrolls.

On the morning of Simchat Torah, the final portion of the Torah is read, completing the yearly cycle. Then we immediately start reading from Bereishit, the beginning. Thus, we continue to nourish ourselves from the infinite wisdom of G-D's Torah – the eternal force that has bound us together and sustained us for more than 3,000 years.

Joy, not Oy!

Torah should be celebrated with joy, not as a burden or bothersome obligation. Joy is vital to the performance of a mitzvah. Doing a mitzvah as a dry routine without spirit is like a body without a soul.

A beautiful parable by the "Dubner Maggid" illustrates how the wrong attitude to the mitzvah misses the point:

A diamond merchant once gave his son a big sum of money to purchase stones. As the son was coming home with his purchase, the father saw him hunched over and sweating beneath the burden of a tremendous load on his back. He then realized his son's big mistake: "If he is 'kvetching' he must be carrying the wrong thing. He misunderstood, I meant PRECIOUS



stones, and he bought instead worthless rocks. If he had only bought what I wanted, it would hardly be a burden!"

LOU ADLER MEMORIAL GOLF TOURNAMENT



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Anna & Sol Zuckerman dedicated a new Sefer Torah on Sunday, August 21, 2016 in honour of

their children, Shawn & Nanditha, Sasha David, Ariel and Rae-Dawn

their grandchildren, Zachary, Sitaara, Kalel and Shiloh

and Generations to come

אי ואנה ארוי ארו







The Miracle of Chanukah

This year Chanukah begins on Saturday evening, December 24, and ends on Sunday, January I. The main focus of the Chanukah celebration is the lighting of the Menorah (Chanukiah), as it symbolizes the miracle of the discovery of the small amount of pure oil and its burning for eight days.

Chanukah means dedication and refers to the rededication of the Temple to the service of G-d, after it had been defiled with pagan images and practices. The Jews wished to rekindle the Menorah in the Holy Temple, but it would have taken eight days to prepare acceptably pure olive oil to burn, all the seals on the bottles had been broken and therefore defiled by the Greeks. Before despair could fasten its grip, G-D demonstrated His everlasting kindness and the Jews discovered a single small jar of olive oil, buried beneath the ruins, with the seal of the High Priest still intact upon its lid, clearly untouched by Greek hands. Although this provided enough oil to burn for one day, they decided to light the Menorah anyways, and behold, they had light from this oil for the entire eight days of the dedication.

Chanukah - Come Light the Menorah!

Today, it is customary to place the menorah either on the window sill facing the street, so that the light of the candles will illuminate not only the inside but the outside as well, or by the left side of the front doorway opposite the mezuzah. The lights should not be kindled while holding the menorah, nor should they be moved after lighting. There should be enough light in the room so that the candles of the menorah are not used for this purpose, as the Chanukah lights are only meant for the fulfillment of the mitzvah of proclaiming the miracle. The Chanukah lights should be kindled directly after the evening service at nightfall, and must burn for at least half an hour. It is a custom for women to refrain from working or cooking during the first half hour that the candles are lit. This is a special holiday time in honour of the heroism of the special women in the Chanukah story.

Customs and Delights!

GELT! MONEY!

Traditionally, money is handed out to all the children each and every night of Chanukah. One of the meanings of the word Chanukah is "education". Therefore it is appropriate during Chanukah to give gelt to teach children about the mitzvah of charity or tzedakah. Chanukah gelt celebrates the freedom and mandate to channel material wealth towards spiritual ends.

DREIDEL!

The official game of Chanukah is playing Dreidel - S'vivon. The dreidel is a four sided spinning top. On each side is a different Hebrew letter - Nun, Gimmel, Hey and Shin - they are the first letters of the four words "Nes Gadol Hayah Sham" "A great miracle happened there". The player spins the dreidel. When the dreidel stops, the letter that is facing up decides the fate. NUN - no one wins; GIMMEL - spinner takes the pot; HEY - spinner gets half the pot; SHIN - spinner matches the pot!

TASTY FOODS!

The tradition of serving foods fried in olive oil on Chanukah is to remind us of the miraculous flask of oil that burned for eight days. Probably the most well known food associated with Chanukah is the Latke. Latkes are traditionally made out of potatoes because the potato was the main staple food for the Eastern European Jews. Other tasty delights are doughnuts or sufganiots, raised jelly doughnuts which are popular in Israel.



Menorah (CHANUKIAH) Kindling

Candles are lit from left to right

Procedure

A 'Shamash' (service candle) is used to kindle the lights and is placed in its special spot on the Menorah. Chanukah lights are kindled by the front window or by a doorway.

The first light is kindled on the right side of the menorah. On the second night, we add a second light to the left of the first, and so on each night. However, we start kindling from the newly-added light on the left and proceed kindling all the lights from left to right.

Before kindling, recite the blessings (on the first night all 3 blessings; all other nights, the first 2 blessings) and after kindling recite 'Haneirot Hallolu - These lights'.



The custom of eating cheese products on Chanukah comes from the story of Yehudit or Judith, a brave woman who killed a general during the Hasmonean battles after overstuffing him with wine and cheese.

Olive oil is another symbol of Chanukah as it has a very special role in Jewish history. As we know, it was used in the tabernacle and also in the Holy Temple as fuel for the menorah but it was chosen over other oils such as sesame or vegetable, because it burns hotter and brighter, producing a clean glow. When Judah the Maccabee and his brothers lit the menorah after Antiochus's original decree, the light of that olive oil did not just signify the continuation of the temple

> Bring your kids! Bring your family! Bring your friends! The party we've been waiting for! Chanukah Party

& Raffle Draw Saturday, December 24, 2016 6:30 p.m.

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service; it also symbolized the continuation of the vibrant flame of Judaism, the light that was almost extinguished.

Chanukah celebrates our freedom from religious oppression. The Syrian-Greek oppression of the Jews was not really physical. They didn't want to annihilate us as a people, they wanted to annihilate our Judaism. All kinds of pressure was tried to "convince" the Jews to abandon the ways of our Fathers. Ultimately, the Jews withstood the pressure and fought with all their might against it. The Jews were victorious and were the first to fight for and express the importance of freedom of religious oppression.

CHANUKAH AT MONT TREMBLANT

14th Annual PUBLIC MENORAH LIGHTING SUNDAY DECEMBER 25, 2016 3:30 P.M.

SECOND CANDLE

Centre of Mont Tremblant Resort Promenade Deslauriers

Come celebrate the Festival of Lights with us in the magnificent resort of Mont Tremblant

For further information call Rabbi Carlebach at 514-918-9080 or Eddy Cook at 613-761-2095

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Blessings

#1 Boruch Ah-toh Ado-noi Elo-hainu Melech Ha-olam Asher Ki-d'shanu Bemitzvotav Vetzi-vanu Lehadlik Ner Shel Chanukah.

#2. Boruch Ah-toh Ado-noi Elo-hainu Melech Ha-olam She-osoh Nissim La-avotainu Ba-yamim Ha-haim Bazman Hazeh.

#3 Boruch Ah-toh Ado-noi Elo-hainu Melech Ha-olam She-heche-yanu V'ki-manu V'higi-anu Lazman Hazeh.

Haneirot Hallolu - These Lights

These lights we kindle for the miracles, the wonders, the salvations and the battles which You performed for our forefathers in those days at this season through Your holy priests. During all eight days of Chanukah these lights are sacred, and we are not permitted to make ordinary use of them but to look at them, in order to express thanks and praise to Your great Name for Your miracles, wonders and salvations.



Mazal Top - aid oit

We wish the following members and their families a very hearty Mazal Tov on their happy occasion.

Marilyn & David Aisen on the engagement of their granddaughter, Sherry & Gerald Issenman on the marriage of their daughter, Taryn Dorfman to Dr. David Vieweger and on the forthcoming 100th Katherine to to Matt Fellner birthday (please G-d) of Marilyn's mother, Jessie Farber Heidi & Dr. Zak Kohane on the Bar Mitzvah of their son, Akiva Enid & Carl Backman on the birth of their grandson. Levi Yitzchak Gracy & Ari Kugler on the engagement of their daughter, Perlyne Lily Bass on the Bar Mitzvah of her grandson, Akiva Lauren to Jacques Balava Jack Brenhouse on the birth of his granddaughter. Emma Hailev Alice Becker Lehrer on achieving a Masters in Jewish Studies Karen & Brian Byer on the birth of their granddaughter, Molly and the Friedman Prize Victoria Zeldie & Joe Lester on the birth of their granddaughter, Emma Jean Chani & Rabbi Emanuel Carlebach on the birth of their first Koula Matlin and Steve Matlin on the marriage of their son, Ben grandson, Mendel and on their 30th Wedding Anniversary to Alexandra Steiner Heather & Dr. Jeffrey Chankowsky on the Bat Mitzvah of their Sally & Norman Raicek on the marriage of their granddaughter, daughter, Samantha Jacqueline Raicek to Daniel Steinberg, on Jacqueline's graduation Gitty & Ruby Cobrin on their 60th Wedding Anniversary from the New England School of Medicine, and on the graduation of Karen & Murray Dalfen on the marriage of their son. Sean to their granddaughter. Margot Raicek from the Cummings School of Gabriela Barron Veterinary Medicine Chyena & Rabbi Yitzchok Ezagui on the birth of their first son, Debbie & Aaron Remer on the birth of their first grandchild, Mendel Noa-Rae

Evie Ruckenstein on her special birthday

Condolences

Our deepest sympathy to the following members and their families. May they be spared any further sorrow.

Jimmy Alexander on the passing of his sister, Robin Schwartz Shawnie Anisman on the passing of her father, Allan Lyon Anisman Sandy Bochner on the passing of her father, Harry Hart Dr. Herb Borsuk on the passing of his father, Solomon Borsuk Jane Brandman on the passing of her father, Herbert Elliot Siblin Alice Becker Lehrer on the passing of her mother, Henriette Becker Linda Camlot on the passing of her husband, Morris Camlot Neil Cherry on the passing of his mother, Miriam Fish Cherry Andrew Feifer on the passing of his mother, Sherry Feifer Jonathan Feifer on the passing of his mother, Sherry Feifer Teddy Goloff on the passing of his wife, Donna Sharon Goloff Nina Hart on the passing of her husband, Harry Hart Elliot Kligman on the passing of his mother, Bayla Kligman Joy Korenberg on the passing of her mother, Ellen Schwartz Nan Lassner on the passing of her mother, Charlotte Schwartz

Pearl & David Grunberger on the birth of their grandson,

Kenneth Macklovitch on the passing of his wife, Raizel Macklovitch Elliott Macklovitch on the passing of his mother, Raizel Macklovitch Myron Macklovitch on the passing of his mother, Raizel Macklovitch Tony Macklovitch on the passing of his mother, Raizel Macklovitch Cheryl Monk on the passing of her father, Harry Hart Alan Pinchuk on the passing of his mother, Miriam Pinchuk Barry Rishikof on the passing of his mother, Marjorie Rishikof Irving Rothstein on the passing of his mother, Sara Rothstein Andrew Schwartz on the passing of his wife, Robin Schwartz Bunny Sigler on the passing of her father, Harold Yalovsky Gerti Silbiger on the passing of her husband, Juda Silbiger Marion Tannenbaum on the passing of her brother, Eric Ruby Hy Tannenbaum on the passing of his brother, Willie Tannenbaum Jone Yalovsky on the passing of her husband, Harold Yalovsky David Yalovsky on the passing of his father, Harold Yalovsky

Contributors

We thank the following donors for their generous support of the House of Israel Congregation

Shawnie Anisman in memory of her mother, Roz Anisman **Randi & Eric Abecassis Gad Bitton** Frank Cashman in memory of Willie Tannenbaum Shirley & Harvey Corn in honour of Freda & Irwin Browns **Roberta & Neil Greenspon** Leona & Gerry Phillips in memory of Gordon Dankner

Eddie Bierbrier **Bidner Family** Pearl & Milan Bratin Freda & Irwin Browns Karen & Morrie Cuttler Gitty & Ruby Cobrin

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Karen & Murray Dalfen Saryl & Stephen Gross Pascale & Jack Hasen Annie & Isaac Israel Frances & Gerald Kessner Peter Klauber

David Klauber for an Alivah Valerie & Jay Lawrence

Herb Ptack in memory of his father, Louis Gerald Ptack Cathy & Stan Levine in memory of Lottie Kornbluth Maxine & Elliot Brenhouse in memory of Tibby Teblum Arlene & Boris Yufe in appreciation of Dr. Hy Tannenbaum Irene & Norm Wexelman wishing Happy Birthday to Evie Ruckenstein

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CANDLE LIGHTING TIMES FOR SHABBAT AND HOLIDAYS



Friday, September 30, 2016 Parshat Nitzavim 7:14 p.m. – Blessing #1

Sunday, October 2, 2016 1st eve of Rosh Hashanah 6:15 p.m. – Blessings #2 & 5

Monday, October 3, 2016 2nd eve of Rosh Hashanah *7:17 p.m. – Blessings #2 & 5

Friday, October 7, 2016 Parshat Va-yeilech Shabbat Shuvah 6:06 p.m. – Blessing #1

Tuesday, October 11, 2016 Eve of Yom Kippur 5:58 p.m. – Blessings #3 & 5

Friday, October 15, 2016 Parshat Ha-azinu 5:53 p.m. – Blessing #1

Sunday, October 16, 2016 1st eve of Sukkot 5:49 p.m. – Blessings #4 & 5

Monday, October 17, 2016 2nd eve of Sukkot *6:49 p.m. – Blessings #4 & 5 **Friday, October 21, 2016** Shabbat Chol Hamoed 5:41 p.m. – Blessing #1

Sunday, October 23, 2016 Eve of Shmini Atzeret 5:37 p.m. – Blessings #4 & 5

Monday, October 24, 2016 Eve of Simchat Torah *6:41 p.m. – Blessings #4 & 5

Friday, October 28, 2016 Parshat Bereishit 5:29 p.m. – Blessing #1

Friday, November 4, 2016 Parshat Noach 5:19 p.m. – Blessing #1

Friday, November 11, 2016 Parshat Lech Lecha 4:10 p.m. – Blessing #1

Friday, November 18, 2016 Parshat Va-yeira 4:03 p.m. – Blessing #1

Friday, November 25, 2016 Parshat Chayei Sarah 3:58 p.m. – Blessing #1 **Friday, December 2, 2016** Parshat Toldot 3:54 p.m. – Blessing #1

Friday, December 9, 2016 Parshat Va-yeitzei 3:53 p.m. – Blessing #1

Friday, December 16, 2016 Parshat Va-yishlach 3:54 p.m. – Blessing #1

Friday, December 23, 2016 Parshat Va-yeishev 3:57 p.m. – Blessing #1

Friday, December 30, 2016 Parshat Mi-keitz 4:03 p.m. – Blessing #1

Friday, January 6, 2017 Parshat Va-yigash 4:09 p.m. – Blessing #1

Friday, January 13, 2017 Parshat Va-yechi 4:17 p.m. – Blessing #1

Friday, January 20, 2017 Parshat Shemot 4:26 p.m. – Blessing #1 Friday, January 27, 2017 Parshat Va-eira 4:36 p.m. – Blessing #1

Friday, February 3, 2017 Parshat Bo 4:47 p.m. – Blessing #1

Friday, February 10, 2017 Parshat Beshalach 4:57 p.m. – Blessing #1

Friday, February 17, 2017 Parshat Yitro 5:08 p.m. – Blessing #1

Friday, February 24, 2017 Parshat Mishpatim Shabbat Shekalim 5:18 p.m. – Blessing #1

Friday, March 3, 2017 Parshat Terumah 5:28 p.m. – Blessing #1

Friday, March 10, 2017 Parshat Te-tzaveh Shabbat Zachor 5:37 p.m. – Blessing #1

*candles must be lit from a pre-existing flame and at the time indicated.

PROCEDURE

Candles are lit approximately eighteen minutes before sunset. A minimum of two candles should be lit. Light the candles at the prescribed time. To indicate your acceptance of the sanctity of the day, spread your hands out around the candles and then bring your hands inward in a circular motion three times. Cover your eyes with your hands and recite the blessing(s). Uncover your eyes and gaze at the candles briefly. Good Shabbos (Yom Tov)!!

BLESSING #1

בָּרוּדָ אַתָּה ה' אַ-לֹהֵינוּ מָלָדָ הָעוֹלָם, אֲשֶׁר מִדְשָׁנוּ בְּמִצְוֹתִיו, וְצְוָנוּ לְהַרְלִיק גֵר שֶׁל שֵׁבָּת מְהָשׁ

Bo-ruch Ah-toh Ado-noi Elo-heinu Melech Ha-olam Asher Ki-deshonu Bemitz-votov Vetzi-vonu Lehadlik Ner Shel Shabbos Kodesh.

BLESSING #2

Bo-ruch Ah-toh Ado-noi Elo-heinu Melech Ha-olam Asher Ki-d'shanu B'mitz-votav V'tzi-vanu Lehadlik Ner Shel Yom Hazikaron.

BLESSING #3

Bo-ruch Ah-toh Ado-noi Elo-heinu Melech Ha-olam Asher Ki-d'shanu B'mitz-votav V'tzi-vanu Lehadlik Ner Shel Yom Hakipurim.

BLESSING #4

Bo-ruch Ah-toh Ado-noi Elo-heinu Melech Ha-olam Asher Ki-d'shanu B'mitz-votav V'tzi-vanu Lehadlik Ner Shel Yom Tov.

BLESSING #5

Bo-ruch Ah-toh Ado-noi Elo-heinu Melech Ha-olam Sheheche-yanu V'kimanu V'higi-anu Lazman Hazeh.



SERVICES HIGH HOLIDAY PERIOD - 5777



Saturday Evening, September 24, 2016 Selichot Service	12:45 a.m.
Sunday, October 2, 2016 1st eve of Rosh Hashanah Evening Services	6:15 p.m.
Monday, October 3, 2016 1st day of Rosh Hashanah Morning Services – Shofar	8:00 a.m.
2nd eve of Rosh Hashanah Evening Services – Tashlich	6:00 p.m.
Tuesday, October 4, 2016 2nd day of Rosh Hashanah	0.00
Morning Services – Shofar	8:00 a.m.
Evening Services	6:15 p.m.
Yom Tov ends	7:15 p.m.
Friday, October 8, 2016 Eve of Shabbat Shuva Evening Services	6:00 p.m.
Saturday, October 9, 2016 Shabbat Shuva	
Morning Services	9:30 a.m.
Evening Services	6:15 p.m.
Shabbat ends	7:07 p.m.
Tuesday, October 11, 2016 Eve of Yom Kippur	
Mincha	3:00 p.m.
Fast starts	5:55 p.m.
Kol Nidrei and Evening Services	6:00 p.m.
Wednesday, October 12, 2016 Yom Kippur	
Morning Services	8:45 a.m.
Yizkor (approx)	11:45 a.m.
Mincha	5:00 p.m.
Neila	6:00 p.m.
Yom Tov and fast ends	7:00 p.m.
Friday, October 14, 2016 Shabbat	
Evening Services	6:00 p.m.

Saturday, October 15, 2016	
Shabbat	0.20
Morning Services Evening Services	9:30 a.m. 6:00 p.m.
Shabbat ends	6:55 p.m.
Shabbat ends	0:55 p.m.
Sunday, October 16, 2016 1st eve of Sukkot	
Evening Services	6:00 p.m.
Monday, October 17, 2016 1st day of Sukkot Morning Services – Etrog & Lulav	10:00 a.m.
2nd eve of Sukkot Evening Services	6:00 p.m.
Tuesday, October 18, 2016 2nd day of Sukkot	-
Morning Services – Etrog & Lulav	10:00 a.m.
Evening Services	6:00 p.m.
Yom Tov ends	6:50 p.m.
Friday, October 21, 2016 Eve of Shabbat Chol Hamoed Evening Services	5:45 p.m.
Saturday, October 22, 2016 Shabbat Chol Hamoed	
Morning Services	9:30 a.m.
Evening Services	5:45 p.m.
Shabbat ends	6:43 p.m.
Sunday, October 23, 2016 Hoshanah Rabbah – Etrog & Lulav Morning Services	8:45 a.m.
Eve of Shmini Atzeret Evening Services	5:30 p.m.
Monday, October 24, 2016 Shmini Atzeret	
Morning Services – Yizkor	10:00 a.m.
Eve of Simchat Torah Evening Services – Hakafot	5:30 p.m.
Tuesday, October 25, 2016 Simchat Torah	
Morning Services – Hakafot	10:00 a.m.
Evening Services determined at n Yom Tov ends	norning services 6:40 p.m.

IMPORTANT DATES

FAST OF "TEVET 10" – Sunday, January 8, 2017 Fast begins 5:53 a.m. – ends 5:05 p.m.

On this day the siege of Jerusalem began. This was the first stage of destruction of our Holy Temple, by the Babylonians in 422 BCE. This tragic day is observed as a public fast day.

TU B'SHEVAT – "Happy New Year" to our Trees Saturday, February 11, 2017

On this day trees begin to bud in Israel. We celebrate this "New Year" for trees by eating fruit (especially those which the Land of Israel is praised for).

HOUSE OF ISRAEL P.O. BOX 293 STE. AGATHE DES MONTS, QC J8C 3A3

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