

Thanksgiving Shabbat





Mah yafeh hayom, מַה יָּפֵה הַיּוֹם,
Shabbat shalom. שַׁבַּת שְׁלוֹם.

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Baruch atah, Adonai
Eloheinu, Melech Haolam,
asher kidshanu b'mitzvotav,
v'tzivanu l'hadlik
neir shel Shabbat.

בָּרוּךְ אַתָּה, יי
אֱלֹהֵינוּ, מֶלֶךְ הָעוֹלָם,
אֲשֶׁר קִדְּשָׁנוּ בְּמִצְוֹתָיו,
וְצִוָּנוּ לְהַדְלִיק
נֵר שֶׁל שַׁבָּת.

Blessed are You, Adonai our God, Sovereign of
the universe, who hallows us with mitzvot,
commanding us to kindle the light of Shabbat.

Excerpt from America: Bless God by Rabbi Norman Lamm

...Thanksgiving Day is so much more precious than other national holidays. Other patriotic occasions, such as Independence Day, valuable though they are, can easily degenerate into national self-idolatry and collective self-glorification. In order to reestablish the proper harmony we need the kind of corrective of humility inspired by Thanksgiving Day. For if July 4th is Independence Day, then Thanksgiving is our Dependence Day — our dependence upon the Almighty. Let this, then, be our prayer: Almighty God,

as we rely upon Thy guidance, recognizing our unutterable debt to Thee as *hayyavim*. You lead us out of the *midbar*, spare us from the *listim* who would unleash unspeakable terror upon all men, and from the *hayyot ra'ot* that lurk unpredictably in the hearts of each of us. May all our *derakhim* (ways) be safe from *sakkanah* (danger), and may they all lead to a greater and better future for all of us, all America, and all mankind.

For all this we thank You, O Lord. And even as during the rest of the year we pray “God, bless America,” today we turn to our own hearts and to the soul of our country and declare, “America, bless God.”

Tov L'hodot

טוב להודות

Tov l'hodot l'Adonai,
Ul'zameir l'shimcha elyon.

טוב להודות לַיְיָ
וּלְזַמֵּר לְשִׁמְךָ עֲלֵיּוֹן

On this, the day of days, my lips shall
sing Your praise. For I know that
You'll always be here surrounding
me.

Tov L'hodot

טוב להודות

Tov l'hodot l'Adonai,
Ul'zameir l'shimcha elyon.

טוב להודות לַיְיָ
וּלְזַמֵּר לְשִׁמְךָ עֲלֵיוֹן

My spirit takes release. I close my
eyes in peace, and from my soul
heard far above springs a song of
love.

Tov L'hodot

טוב להודות

Tov l'hodot l'Adonai,
Ul'zameir l'shimcha elyon.

טוב להודות לַיְיָ
וּלְזַמֵּר לְשִׁמְךָ עֲלֵינוּ

I wish to understand the wonders of
Your hand, for all the blessings that
are mine rise from Your design.

L'chah Dodi (chorus)

L'chah dodi likrat kalah, לְכָה דוֹדִי לְקִרְאת כַּלָּה,
p'nei Shabbat n'kab'lah. פְּנֵי שַׁבָּת נְקַבְּלָה.

Beloved, come to meet the bride;
beloved come to greet Shabbat.

Shamor v'zachor b'dibur

echad,

hishmianu El ham'yuchad,

Adonai echad ush'mo

echad,

l'shem ul'tiferet v'lit'hilah.

שָׁמֹר וְזָכוֹר בְּדַבָּר אֶחָד,

הַשְׁמִיעֵנו אֱלֹהֵי הַמִּיחָד,

יְיָ אֶחָד וּשְׁמוֹ אֶחָד,

לְשֵׁם וּלְתִפְאֵרֶת וּלְתִהְלָה.

Likrat Shabbat l'chu

v'neilcha,

ki hi m'kor hab'rachah,

meirosh mikedem

n'suchah,

sof maaseh

b'machashava t'chilah.

לְקַרְאֵת שַׁבָּת לָכֵן וְנִלְכָה,

כִּי הִיא מְקוֹר הַבְּרָכָה,

מֵרֵאשִׁי מִקֵּדֶם נְסוּכָה,

סוֹף מַעֲשֵׂה בְּמַחֲשָׁבָה

תְּחִלָּה.

Hitor'ri, hitor'ri,

ki va oreich, kumi

ori,

uri uri, shir daberu,

k'vod Adonai

alayich nighlah.

הַתְּעוֹרְרִי, הַתְּעוֹרְרִי,

כִּי בָּא אֲוִרָה, קוּמִי אֲוִרִי,

עוֹרִי עוֹרִי, שִׁיר דַּבְּרִי,

כְּבוֹד יְיָ עָלֶיךָ נִגְלָה.

Bo-i v'shalom ateret
ba'lah, gam
b'simchah
uv'tzoholah,
toch emunei am
s'gulah, bo-i chalah,
bo-i chalah.

בוֹאֵי בְּשָׁלוֹם עֵטָרַת בְּעֵלָה,
גַּם בְּשִׂמְחָה וּבְצִהְלָה,
תּוֹךְ אֲמוּנֵי עַם סְגוּלָה,
בוֹאֵי כִלָּה, בוֹאֵי כִלָּה.



Bar'chu et Adonai

ham'vorach!

Baruch Adonai

ham'vorach l'olam

va-ed!

Praise Adonai to whom praise is due forever!

Praised be Adonai to whom praise is due, now and forever!

בְּרַכּוּ אֶת יְיָ הַמְּבֹרָךְ!

בְּרוּךְ יְיָ הַמְּבֹרָךְ
לְעוֹלָם וָעֶד!

Baruch atah, Adonai
Eloheinu, Melech haolam,
asher bidvaro maariv aravim,
b'chochmah potei-ach
sh'arim, uvitvunah m'shaneh itim,
umachalif et haz'manim,
um'sadeir et hakochovim,
b'mishm'roteihem
barakia kirtzono.

בְּרוּךְ אַתָּה, יי
אֱלֹהֵינוּ, מֶלֶךְ הָעוֹלָם,
אֲשֶׁר בְּדַבְּרוֹ
מֵעֶרִיב עֶרְבִים,
בְּחִכְמָה פּוֹתֵחַ שְׁעָרִים,
וּבְתַבּוּנָה מְשַׁנֶּה עֵתִים,
וּמַחֲלִיף אֶת הַזְּמַנִּים,
וּמְסַדֵּר אֶת הַכּוֹכָבִים,
בְּמִשְׁמְרוֹתֵיהֶם
בְּרַקִּיעַ כְּרִצּוֹנוֹ.

Borei yom valailah,
goleil or mipnei chosech, v'choshech
mipnei or.

Umaavir yom umeivi lailah,
umavdil bein yom uvein lailah,
Adonai Tz'vaot sh'mo. El chai v'kayam,
tamid yimloch aleinu l'olam va-ed.

Baruch atah, Adonai, hamaariv aravim.

Blessed are You, Adonai, who brings on evening.

בוֹרֵא יוֹם וְלַיְלָה,
גּוֹלֵל אוֹר מִפְּנֵי חוֹשֶׁךְ,
וְחוֹשֶׁךְ מִפְּנֵי אוֹר.
וּמַעֲבִיר יוֹם וּמַבִּיא לַיְלָה,
וּמַבְדִּיל בֵּין יוֹם וּבֵין לַיְלָה,
יְיָ צְבָאוֹת שְׁמוֹ.
אֵל חַי וְקַיִם,
תָּמִיד יִמְלֹךְ עָלֵינוּ
לְעוֹלָם וָעֶד.
בָּרוּךְ אַתָּה, יְיָ,
הַמַּעֲרִיב עֶרְבִים.

Thanksgiving prayer by Rabbi Maralee Gordon

In this moment, mindful of our many blessings,
May we form an intent to carry gratitude with us continually,
May we leave fear and jealousy by the wayside,
Making room in our hearts for contentment, satisfaction and
compassion.

May we start each day counting our blessings:

The blessing of being alive,

The many miracles of the living world we are one with,

The ability we possess to love and be loved,

The many gifts and talents we have been graced with,
The support we receive, and the support we are able to extend,
May our gratitude lead to action.

May we express our gratitude.

May we smile when we encounter each other on the path.

May we seek opportunities to share our talents with others.

May we express our love to one another.

May we give with no expectation of receiving.

May we seek to repair what is broken.

May we end each day counting the day's blessings,
Those we have received and those we have bestowed.

May we be a blessing.

Ahavat olam beit Yisrael
amcha ahavta,
Torah u'mitzvot,
chukim u'mishpatim,
otanu limad'ta.
Al kein, Adonai Eloheinu,
b'shochbeinu uv'kumeinu
nasiach b'chukecha,
v'nismach b'divrei Torat'cha
uv'mitzvotecha, l'olam va-ed.

Everlasting Love

אֶהְבֶּת עוֹלָם
בֵּית יִשְׂרָאֵל עִמָּךְ אֶהְבֶּת,
תּוֹרָה וּמִצְוֹת,
חֻקִּים וּמִשְׁפָּטִים,
אוֹתָנוּ לְמַדְתָּ.

עַל כֵּן, יְיָ אֱלֹהֵינוּ,
בְּשׁוֹכְבֵינוּ וּבְקוּמֵנוּ
נִשְׁיַח בְּחֻקֶיךָ,
וְנִשְׁמַח בְּדִבְרֵי תּוֹרָתְךָ
וּבְמִצְוֹתֶיךָ לְעוֹלָם וָעֶד.

Ki hem chayeinu
v'orech yameinu,
u'vahem neh'geh
yomam valayla.
V'ahavt'cha al tasir
mimenu l'olamim.
Baruch Atah, Adonai,
ohev amo Yisrael.

כִּי הֵם חַיֵּינוּ
וְאָרְךְ יָמֵינוּ,
וּבָהֶם נִהְגָּה
יוֹמָם וְלַיְלָה.
וְאַהֲבַתְךָ אֵל תִּסְרֹר
מִמֶּנּוּ לְעוֹלָמִים.
בָּרוּךְ אַתָּה, יְיָ,
אוֹהֵב עַמּוֹ יִשְׂרָאֵל.

O God, Inspiration and Guide for all,
You have spoken in a thousand tongues for us to
hear.

In every land and every age,
Your children have heard You and imagined You in
separate ways.

And yet, O God, You are One, Unifier of humanity.

We give thanks for the sages and teachers
who bring us understanding of Your will.
Gratefully we recall the lawgivers and
prophets, the psalmists and sages of Israel.
And joyfully we remember
that from the dawn of Israel's life.
we would turn to You to find purpose.

May the teachings of our ancestors live in our minds, and their passion for righteousness stir our hearts. Help us to live so that our daily conduct reveals the beauty and truth of Your wisdom.

שְׁמַע יִשְׂרָאֵל יְהוָה אֱלֹהֵינוּ יְהוָה אֶחָד

שְׁמַע יִשְׂרָאֵל, יְהוָה אֱלֹהֵינוּ, יְהוָה אֶחָד!
בָּרוּךְ שֵׁם כְּבוֹד מַלְכוּתוֹ לְעוֹלָם וָעֶד.

Sh'ma Yisrael Adonai Eloheinu Adonai Echad.
Baruch shem k'vod malchuto l'olam va-ed.

Hear O Israel, Adonai is our God, Adonai is One!
Blessed is God's glorious majesty forever and ever.

V'ahavta et Adonai Elohecha,

b'chol l'vav'cha,

uv'chol nafsh'cha,

uv'chol m'odecha.

V'hayu had'varim ha-eileh

asher anochi m'tzav'cha

hayom al l'vavecha.

וְאַהַבְתָּ אֶת יְיָ אֱלֹהֶיךָ,

בְּכָל-לִבְבְּךָ,

וּבְכָל-נַפְשְׁךָ,

וּבְכָל-מְאֹדְךָ.

וְהָיוּ הַדְּבָרִים הָאֵלֶּה,

אֲשֶׁר אֲנֹכִי מְצַוְּךָ

הַיּוֹם, עַל-לִבְבְּךָ.



V'shinantam l'vanecha,
v'dibarta bam
b'shivt'cha b'veitecha,
uv'lecht'cha vaderech
uv'shochb'cha uv'kumecha.
Uk'shartam l'ot al yadecha
v'hayu l'totafot bein einecha.
Uch'tavtam al m'zuzot
beitecha uvish'arecha.

וְשִׁנַּנְתֶּם לְבַנְיָהּ,
וְדַבַּרְתָּ בָּם
בְּשִׁבְתְּךָ בְּבֵיתְךָ,
וּבְלִכְתְּךָ בַּדֶּרֶךְ
וּבְשֹׁכְבְךָ, וּבְקוּמְךָ.

וְקִשְׂרֹתֶם לְאוֹת עַל-יָדְךָ
וְהָיוּ לְטֹטְפֹת בֵּין עֵינֶיךָ.
וְכָתַבְתֶּם עַל מְזוֹזֹת
בֵּיתְךָ וּבְשַׁעְרֶיךָ.

L'maan tizk'ru,
vaasitem et kol mitzvotai
vih'yitem k'doshim
l'Eloheichem.

Ani Adonai Eloheichem,
asher hotzeiti et-chem
mei-eretz Mitzrayim
lih'yot lachem l'Elohim
Ani Adonai Eloheichem.

לְמַעַן תִּזְכְּרוּ,
וַעֲשִׂיתֶם אֶת-כָּל-מִצְוֹתַי
וְהִייתֶם קְדוֹשִׁים
לְאֱלֹהֵיכֶם.

אֲנִי יי אֱלֹהֵיכֶם,
אֲשֶׁר הוֹצֵאתִי אֶתְכֶם
מֵאֶרֶץ מִצְרַיִם
לְהִיּוֹת לָכֶם לְאֱלֹהִים
אֲנִי יי אֱלֹהֵיכֶם.



“Egypt is symbolic of any bondage, any slavery. In singing the Song of the Sea, we sing our present experience of redemption as well as the historic redemption of Israel from Egypt in our past. Every day, said the rabbis, we are sold into slavery; and every day we are delivered; and every day we experience the miraculous as real as that at the Sea” -Herbert Bronstein

Mi chamochoh ba-eilim,
Adonai!

Mi kamochoh nedar
bakodesh,
nora t'hilot, oseih fele!

Who is like You, O God, among the gods that
are worshipped? Who is like You, majestic in
holiness, awesome in splendor, working
wonders?

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מִי־כַמְכָּה בְּאֱלִים, יי!
מִי כַמְכָּה נְאֻדָּר בִּבְקֹדֶשׁ,
נֹרָא תְהִילֹת, עֲשֵׂה פֶלֶא!



Malchut'cha ra-u vanecha,
bokei-a yam lifnei Moshe
uMiryam. Zeh Eli, anu
v'amru, Adonai yimloch
l'olam va-ed!

מַלְכוּתְךָ רָאוּ בְּנֵי יִשְׂרָאֵל,
בֹּקְעֵי יָם לְפָנֵי מֹשֶׁה
וּמִרְיָם.
זֶה אֵלֵינוּ, עָנּוּ וְאָמְרוּ,
יְיָ יִמְלֹךְ לְעוֹלָם וָעֶד!



On this Shabbat day,
As You graciously receive our prayers,
help us to hear Your call.
Grant us enough health to fulfill our duties,
And the compassion we need to attend to others.

Teach us humility that we may perceive our own
faults and grant us the wisdom to be forgiving of
others. Give us the courage to be true to our 212/
highest selves, and the charity to see the best 330

in those around us.

Give us patience enough to not become discouraged, hope enough to overcome all fears for the future, and faith enough to know Your Presence. O Source of Blessing, look with favor upon us; may our offerings be acceptable to You.

V'shamru v'nei Yisrael
et HaShabbat,
laasot et HaShabbat
l'dorotam b'rit olam.

וְשָׁמְרוּ בְנֵי יִשְׂרָאֵל
אֶת־הַשַּׁבָּת,
לַעֲשׂוֹת אֶת־הַשַּׁבָּת
לְדֹרוֹתָם בְּרִית עוֹלָם.

Beini u'vein b'nei Yisrael
ot hi l'olam.

בֵּינִי וּבֵין בְּנֵי יִשְׂרָאֵל
אוֹת הִיא לְעוֹלָם.

Ki sheishet yamim asah

Adonai

et hashamayim v'et

haaretz.

U'vayom hashvi-i

shavat vayinafash

כִּי־נִשְׁשַׁת יָמֵי עֲשֵׂה יי
אֶת־הַשָּׁמַיִם וְאֶת־הָאָרֶץ.

וּבַיּוֹם הַשְּׁבִיעִי
שָׁבַת וַיִּנְפַּשׁ.

Our fathers and mothers prayed,
Each through their own experience of God,
Each through their own visions which we have
come to share.

Abraham with the fervor of justice, pleaded
the cause of the cities.

Sarah, in the pain of waiting, dared to hope
for new life.

Isaac, meditating alone in the field, lifted his eyes to find love.

Rebecca asked for the ability to discern God's call.

Jacob climbed the rungs of his night into heaven, seeking destiny.

Leah dreamed of love. And Rachel sought harmony.

We, as they, seek God's Presence.

Adonai, s'fatai tiftach, אֲדֹנָי, שְׁפֹתַי תִּפְתָּח,
ufi yagid t'hilatecha. וּפִי יַגִּיד תְּהִלָּתְךָ.



Adonai, open up my lips,
that my mouth may
declare Your praise.

Baruch atah, Adonai

Eloheinu v'Elohei

avoteinu v'imoteinu,

Elohei Avraham, Elohei

Yitzchak v'Elohei Yaakov,

Elohei Sarah, Elohei Rivkah,

Elohei Rachel v'Elohei Leah.

בְּרוּךְ אַתָּה, יי

אֱלֹהֵינוּ וְאֱלֹהֵי

אֲבוֹתֵינוּ וְאִמּוֹתֵינוּ,

אֱלֹהֵי אַבְרָהָם, אֱלֹהֵי

יִצְחָק, וְאֱלֹהֵי יַעֲקֹב,

אֱלֹהֵי שָׂרָה, אֱלֹהֵי רִבְקָה,

אֱלֹהֵי רָחֵל וְאֱלֹהֵי לֵאָה.

Blessed are You, Adonai our God, God of our fathers and mothers, God of Abraham, God of Isaac, and God of Jacob, God of Sarah, God of Rebecca, God of Rachel, and God of Leah.

Ha-El hagadol hagibor v'hanora, הָאֵל הַגָּדוֹל הַגִּבּוֹר
El elyon, gomeil chasadim tovim, וְהַנּוֹרָא, אֵל עֲלִיּוֹן,
v'koneih hakol, v'zocheir גּוֹמֵל חַסְדִּים טוֹבִים,
chasdei avot v'imahot, וְקוֹנֵה הַכֹּל, וְזוֹכֵר
umeivi g'ulah livnei v'neihem חַסְדֵי אָבוֹת וְאִמּוֹת,
l'maan sh'mo b'ahavah. וּמְבִיא גְאֻלָּה לְבְנֵי בְנֵיהֶם
לְמַעַן שְׁמוֹ בְּאַהֲבָה.

The great, mighty and awesome God, transcendent God who bestows loving kindness, creates everything out of love, remembers the love of our fathers and mothers, and brings redemption to their children's children for the sake of the Divine Name.

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Melech ozeir
u'moshia u'magen.

מֶלֶךְ עוֹזֵר
וּמוֹשִׁיעַ וּמַגֵּן.

Baruch atah Adonai,
magein Avraham
v'ezrat Sarah.

בָּרוּךְ אַתָּה, יי,
מַגֵּן אַבְרָהָם
וְעִזְרַת שָׂרָה.

Atah gibor l'olam,
Adonai,
m'chayeih hakol
atah, rav l'hoshia.
M'chalkeil chayim b'chesed,
m'chayeih hakol b'rachamim
rabim,
someich noflim, v'rofei
cholim, umatir asurim,

אַתָּה גִבּוֹר לְעוֹלָם, אֲדֹנָי,
מְחַיֶּה הַכֹּל (מֵתִים)
אַתָּה, רַב לְהוֹשִׁיעַ.
מְכַלְכֵּל חַיִּים בְּחֶסֶד,
מְחַיֶּה הַכֹּל (מֵתִים)
בְּרַחֲמִים רַבִּים,
סוֹמֵךְ נוֹפְלִים, וְרוֹפֵא
חוֹלִים, וּמַתִּיר אֲסוּרִים,

um'kayeim emunato lisheinei afar.

Mi chamochoh baal g'vurot

umi domeh lach,

melech meimit um'chayeh

umatzmiach y'shuah. V'ne-ema

atah l'hachayot hakol.

Baruch atah, Adonai,

m'chayeih hakol.

וּמְקַיֵּם אֱמוּנָתוֹ

לְיִשְׂרָאֵל עֶפְרָה.

מִי כְמוֹךָ בַּעַל גְּבוּרוֹת

וּמִי דוֹמֶה לָךְ,

מֶלֶךְ מֵמִית וּמַחְיֶה

וּמַצְמִיחַ יְשׁוּעָה.

וּנְאֻמָּן אַתָּה

לְהַחְיֹת הַכֹּל (מֵתִים).

בָּרוּךְ אַתָּה, יְיָ,

מַחְיֶה הַכֹּל (הַמֵּתִים).

Atah kadosh v'shimcha kadosh
uk'doshim b'chol yom
y'hal'lucha, selah.

Baruch atah, Adonai,
Ha-El hakadosh.

You are holy, Your Name is holy, and those
who are holy praise You every day. Blessed
are You, Adonai, the Holy God.

אַתָּה קָדוֹשׁ
וְשִׁמְךָ קָדוֹשׁ
וְקְדוֹשִׁים בְּכָל יוֹם
יְהַלְלוּךָ, סֵלָה.

בָּרוּךְ אַתָּה, יי,
הָאֵל הַקָּדוֹשׁ.

We give thanks to You, O God, for this Shabbat day, which unites us as a community of faith and hope.

For the holiness of Shabbat, which can lead us to fulfill the best that is in us, we give thanks. For the memories of Shabbat, enriched by generations of our people who observed it and from it drew courage to face hardship, and light to banish darkness, we are grateful.

We offer thanks for the peace of Shabbat
the day consecrated to family love.

O God, our turning to You exalts our humanity.

You are the joy of our life,

The Source of its greatness, its power and its
beauty.

Help us, O God, to find inspiration for the
coming week; help us to find peace within
ourselves and one another.

R'tzei

R'tzei, Adonai Eloheinu,
b'amcha Yisrael,
Ut'filatam b'ahavah t'kabeil,
Ut'hi l'ratzon tamid
Avodat Yisraeil amecha.
Baruch atah Adonai,
She-ot'cha l'vad'cha
b'yir-ah na-avod.

רְצֵה, יְיָ אֱלֹהֵינוּ, בְּעַמְּךָ יִשְׂרָאֵל
וּתְפַלְתֵּם בְּאַהֲבָה תִקְבַּל
וּתְהִי לְרִצּוֹן תָּמִיד
עֲבוֹדַת יִשְׂרָאֵל עִמָּךְ
בְּרוּךְ אַתָּה יְיָ
שְׂאוֹתֶךָ לְבַדְּךָ בְּיִרְאָה נֶעֱבֹד

Everpresent One, may we, Your people Israel, be worthy in our deeds and our prayer. Wherever we live, wherever we seek You –

in this land, in Zion restored, in all lands - You are our God, whom alone we serve in reverence

For the gift of our souls, for the promise of our lives, for all we are and all we might yet become, For the creative seeds sown within our minds, whose nurturing can yield a grand harvest; For all these gifts, we thank You, O God, and pray that we prove ourselves worthy.

May our lives be ripe with the fruit of compassion, sustaining those in need.

May we use our gifts wisely and with love true messengers of blessing to the world. ^{239/357}

Shalom rav al Yisrael amcha
tasim l'olam, ki atah hu
Melech Adon l'chol hashalom.

V'tov b'einecha l'vareich
et amcha Yisrael, b'chol eit
uv'chol shaah bishlomecha.

Grant abundant peace to Israel Your people forever,
for You are the Sovereign God of all peace. May it be
pleasing to You to bless Your people Israel in every
season and moment with Your peace.

שְׁלוֹם רַב עַל יִשְׂרָאֵל עַמְּךָ
תַּשִּׁים לְעוֹלָם, כִּי אַתָּה הוּא
מֶלֶךְ אֲדוֹן לְכֹל הַשְּׁלוֹם.
וְטוֹב בְּעֵינֶיךָ לְבָרֵךְ
אֶת עַמְּךָ יִשְׂרָאֵל,
בְּכֹל עֵת וּבְכֹל
שָׁעָה בְּשָׁלוֹמְךָ.

Baruch atah, Adonai,
ham'vareich et amo
Yisrael bashalom.

בָּרוּךְ אַתָּה, יְיָ,
הַמְבָרֵךְ אֶת עַמּוֹ
יִשְׂרָאֵל בְּשָׁלוֹם.



Blessed are You, Adonai, who
blesses Your people Israel with
peace.

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Yih'yu l'ratzon imrei fi
v'hegyon libi l'fanecha,
Adonai tzuri v'go-ali.

יְהִי־לְרָצוֹן אִמְרֵי פִי
וְהֵגְיוֹן לִבִּי לְפָנֶיךָ,
יְיָ צוּרִי וְגֹאֲלִי.

May the words of my mouth and the
meditations of my heart be acceptable
to You, Adonai, my Rock and my
Redeemer.

Ein Kamocha

Ein Kamocha vaElohim

Adonai, v'ein k'maasecha.

Malchut'cha malchut

kol olamim, umemshalt'cha

b'chol dor vador.

אֵין כָּמוֹךָ בְּאֱלֹהִים אֲדֹנָי,

וְאֵין כְּמַעֲשֶׂיךָ.

מַלְכוּתְךָ מַלְכוּת

כָּל-עֲלָמִים, וּמִמְשַׁלְתְּךָ

בְּכָל-דֹר וְדֹר.

There is none like you among the gods, Adonai, and there are no deeds like Yours. You are Sovereign over all worlds, and Your dominion is in all generations.

Ein Kamocho

Adonai melech, Adonai malach,

יְיָ מֶלֶךְ,

Adonai yimloch l'olam va-ed.

יְיָ מֶלֶךְ,

Adonai oz l'amo yitein,

יְיָ יִמְלֹךְ לְעֹלָם וָעֶד.

Adonai y'vareich

יְיָ עֹז לְעַמּוֹ יִתֵּן,

et amo vashalom.

יְיָ יְבָרֵךְ:

אֶת עַמּוֹ בְּשָׁלוֹם.

Adonai reigns, Adonai has reigned, Adonai will reign forever and ever. Adonai will give strength to our people, Adonai will bless our people with peace.

Av harachamim, heitivah
virtzoncha et Tzion,
tivneh chomot Y'rushalayim.
Ki v'cha l'vad batachnu,
Melech El ram v'nisa,
Adon olamim.

אָב הַרְחָמִים, הֵיטִיבָה
בְּרִצּוֹנְךָ אֶת צִיּוֹן,
תִּבְנֶה חוֹמוֹת יְרוּשָׁלַיִם.
כִּי בְּךָ לְבַד בְּטַחְנוּ,
מֶלֶךְ אֵל רָם וְנִשָּׂא,
אֲדוֹן עוֹלָמִים.

Ki miTziyon

Ki miTziyon teitzei Torah, כִּי מִצִּיּוֹן תֵּיֵצֵא תּוֹרָה,
ud'var Adonai miY'rushalayim. וְדַבַּר יְיָ מִירוּשָׁלַיִם.

For from out of Zion will come
the Torah, and the word of
Adonai from Jerusalem.

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Baruch Shenatan

Baruch shenatan Torah

l'amo Yisrael bikdushato.

בָּרוּךְ שֶׁנָּתַן תּוֹרָה

לְעַמּוֹ יִשְׂרָאֵל בְּקִדְשׁוֹ.

Blessed is God who in holiness gave
the Torah to the people Israel.

שְׁמַע יִשְׂרָאֵל, יְיָ אֱלֹהֵינוּ, יְיָ אֶחָד!

Sh'ma Yisrael, Adonai Eloheinu, Adonai Echad.

Hear, O Israel, Adonai is our God, Adonai is One.

אֶחָד אֱלֹהֵינוּ, גָּדוֹל
אֲדוֹנֵנוּ, קָדוֹשׁ שְׁמוֹ.

Echad Eloheinu gadol Adoneinu, kadosh sh'mo.

Our God is One, Adonai is great, holy is God's Name.

L'cha Adonai hag'dulah v'hag'vurah

לְךָ יְיָ הַגְּדֹלָה

v'hatiferet v'haneitzach v'hahod,

וְהַגְּבוּרָה וְהַתְּפִאָּרֶת

ki chol bashamayim uvaaretz.

וְהַנִּצָּח וְהַהוֹד,

L'cha Adonai hamamlachah

כִּי כֹל בַּשָּׁמַיִם וּבָאָרֶץ.

v'hamitnasei l'chol l'rosh.

לְךָ יְיָ הַמַּמְלָכָה

וְהַמִּתְנַשֵּׂא לְכֹל לְרֹאשׁ.

Yours, Adonai, is the greatness, might, splendor, triumph, and majesty — yes, all that is in heaven and on earth. To You, Adonai, belong sovereignty and preeminence above all.

Heal Us Now

R'-fa-ei-nu A-do-nai v'-nei-ra-
fei,
ho-shi-ei-nu v'-ni-va-shei-ah.
Eil ka-rov l'-chol ko-rav.
Ach ka-rov li-rei-av yi-sho.

רְפָאֵנוּ ! וְנִרְפָּא .
הוֹשִׁיעֵנוּ וְנִשְׁעָה
אֵל קָרוֹב לְכֹל קִרְאִיו
אֶךְ קָרוֹב לִירְאִיו ! שְׁעוּ

We pray for healing of the body.

We pray for healing of the soul.

For strength of flesh and mind and spirit.

We pray to once again be whole.

Heal Us Now

Eil na r'-fa na.

Oh, please, heal us now.

R'-fu-at ha-ne-fesh,
u-r'-fu-at ha-guf,
r'-fu-ah sh'-lei-mah.

Heal us now.

אֵל נָא רְפָא נָא.

רְפוּאֵת הַנֶּפֶשׁ .
וְרְפוּאֵת הַגּוּף
רְפוּאָה שְׁלֵמָה

Heal Us Now

Ho-sh-ia et a-me-cha נְחַלְתֶּךָ - עֲמָךְ וּבִרְךָ אֶת-הוֹשִׁיעָה אֶת
u-va-reich et na-cha-la-te-cha הָעוֹלָם-וְרַעַם וְנִשְׂאָם עַד
U-r'eim v'-na-s'-eim ad ha-o-lam. מִי שֶׁבֵרַךְ אֲבוֹתֵינוּ
Mi she-bei-rach a-vo-tei-nu, מִי שֶׁבֵרַךְ אֲמוֹתֵינוּ
mi she-bei-rach i-mo-tei-nu, אָנָּה יי הוֹשִׁיעָה נָא
Ana A-do-nai ho-shi-ah na.

We pray for healing of our people.
We pray for healing of the land.
And peace for every race and nation,
every child, every woman, every man

Heal Us Now

Eil na r'-fa na.

אֵל נָא רְפָא נָא.

Oh, please, heal us now.

R'-fu-at ha-ne-fesh,
u-r'-fu-at ha-guf,
r'-fu-ah sh'-lei-mah.

רְפוּאֵת הַנֶּפֶשׁ .
וְרְפוּאֵת הַגּוּף
רְפוּאָה שְׁלֵמָה

Heal us now.

Hodo al eretz v'shamayim.

הוֹדוּ עַל אֶרֶץ וְשָׁמַיִם,

Vayarem keren l'amo,

וַיָּרֶם קִרְוֹ לְעַמּוֹ,

t'hilah l'chol chasidav,

תְּהִלָּה לְכָל-חַסִּידָיו,

liv'nei Yisrael am k'rovo.

לְבְנֵי יִשְׂרָאֵל עִם-קְרֹבוֹ.

Hal'lu Yah!

הַלְלוּ-יָהּ!

Let us praise the Name of Adonai, for God's Name alone is exalted! God's majesty is above the earth and heaven; and God is the strength of our people, making God's faithful ones, Israel, a people close to the Enternal. Halleluyah!

Ki lekach tov natati lachem,
Torati al taazovu.

Eitz chayim hi lamachazikim bah,
v'tom'cheha m'ushar. D'rachehah
darchei no-am, v'chol n'tivoteha
shalom.

For I have given you good instruction; do not abandon
My Torah.
It is a tree of life for those who hold fast to it,
and all its supporters are happy. Its ways are
ways of pleasantness and all its paths are peace.

כִּי לָקַח טוֹב נָתַתִּי לָכֶם,
תּוֹרַתִּי אַל תַּעֲזֹבוּ.

עֵץ חַיִּים הִיא
לְמַחְזִיקִים בָּהּ,
וְתִמְכֶיהָ מְאֹד.
דַּרְכֶיהָ דַּרְכֵי נֹעַם,
וְכָל נְתִיבוֹתֶיהָ שְׁלוֹם.

Hashiveinu Adonai
eilecha v'nashuvah,
chadeish yameinu
k'kedem.

הַשִּׁיבֵנוּ יְיָ
אֵלֶיךָ וְנָשׁוּבָה,
חַדֵּשׁ יָמֵינוּ כְּקֵדֶם.

Return us to You, Adonai,
and we will return; renew
our days as of old.

Aleinu l'shabei-ach
laadon hakol,
lateit g'dulah
l'yotzeir b'reishit,

עָלֵינוּ לְשַׁבֵּחַ
לְאֲדוֹן הַכֹּל,
לְתֵת גְּדֻלָּה
לְיוֹצֵר בְּרֵאשִׁית,

Let us now praise the Sovereign of the
universe, and proclaim the greatness of
the Creator,

Shelo asanu k'goyei haaratzot,
v'lo samanu k'mishp'chot
haadamah. Shelo sam chelkeinu

kahem, v'goraleinu k'chol נִשְׁלַא עֲשָׁנוּ כְּגוֹיֵי הָאָרְצוֹת,
hamonam. וְלֹא שָׁמְנוּ כְּמִשְׁפְּחוֹת הָאָדָמָה.

Who has set us apart from the other families of
the earth, giving us a destiny unique among the
nations.

נִשְׁלַא שָׁם חֵלְקֵנוּ כִּהֵם,
וְגַרְלָנוּ כְּכָל־הַמּוֹנִם.

Vaanachnu kor'im
umishtachavim umodim,
lifnei Melech,
malchei ham'lachim
HaKadosh Baruch Hu.

Therefore we bow in awe and thanksgiving
before the One who is Sovereign over all,
the Holy and Blessed One.

וַאֲנַחְנוּ כּוֹרְעִים
וּמִשְׁתַּחֲוִים וּמוֹדִים,
לְפָנַי מֶלֶךְ,
מַלְכֵי הַמַּלְכִּים
הַקָּדוֹשׁ בְּרוּךְ הוּא.

Shehu noteh shamayim
v'yoseid aretz, umoshav y'karo
bashamayim mimaal,
ush'chinat uzo
b'govhei m'romim.

Hu Eloheinu ein od,
emet Malkeinu efes zulato.

For You spread out the heavens and established the earth; Your majestic
abode is in the heavens above and Your mighty Presence is in the loftiest
heights. You are our God and there is none else. In truth You are our
Sovereign without compare.

שְׁהוּא נוֹטֵה שָׁמַיִם
וַיֹּסֵד אֶרֶץ, וּמוֹשָׁב יְקָרוֹ
בַּשָּׁמַיִם מִמַּעַל,
וּשְׁכִינַת עֵזוֹ
בְּגִבְהֵי מְרוֹמִים.
הוּא אֱלֹהֵינוּ אֵין עוֹד,
אֱמֶת מַלְכֵנוּ אֶפֶס זֹלָתוֹ.

Kakativ b'Torato,
V'yadata hayom
v'hashevota el I'vevecha,
ki Adonai hu HaElohim
bashamayim mimaal,
v'al haaretz mitachat,
ein od.

As is written in Your Torah: Know then this day and take it to heart that Adonai is surely God in the heavens above and on the earth below. There is none else.

כַּכַּתוּב בְּתוֹרָתוֹ,
וַיַּדְעַתְּ הַיּוֹם
וְהִשְׁבַּתְּ אֶל לְבַבְךָ,
כִּי יי הוּא הָאֱלֹהִים
בַּשָּׁמַיִם מִמַּעַל,
וְעַל הָאָרֶץ מִתַּחַת,
אֵין עוֹד.

V'ne-emar, v'hayah
Adonai
l'Melech al kol haaretz.
Bayom hahu yih'yeh
Adonai echad ush'mo
echad.

Thus it has been said, Adonai will be Sovereign
over all the earth. On that day, Adonai will be one,
and God's Name will be one.

וְנֹאמַר, וְהָיָה יי
לְמֶלֶךְ עַל כָּל הָאָרֶץ.
בַּיּוֹם הַהוּא יִהְיֶה
יי אֶחָד, וּשְׁמוֹ אֶחָד.

When I die give what's left of me away
to children and old men that wait to die.
And if you need to cry,
cry for your brother walking the street beside
you.
And when you need me, put your arms around
anyone and give them what you need to give to
me.

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I want to leave you something,
something better than words or sounds,
Look for me in the people I've known or loved,
and if you cannot give me away,
at least let me live in your eyes and not in your
mind.

You can love me best by letting hands touch hands, and by letting go of children that need to be free.

Love doesn't die, people do.

So when all that's left of me is love,
give me away.

Yitgadal v'yitkadesh sh'mei raba.
B'alma di v'ra chirutei, v'yamlich
malchutei, b'chayeichon
uv'yomeichon uv'chayei d'chol
beit Yisrael, baagala uviz'man
kariv. V'im'ru: Amen.

יִתְגַּדַּל וְיִתְקַדַּשׁ שְׁמֵהּ רַבָּא.
בְּעֵלְמָא דִּי בְרָא כְרַעוּתֵיהּ,
וְיַמְלִיךְ מַלְכוּתֵיהּ,
בְּחַיֵּיכוּן וּבְיוֹמֵיכוּן
וּבְחַיֵּי דְכָל בֵּית יִשְׂרָאֵל,
בְּעֵגְלָא וּבְזִמַּן קָרִיב.
וְאָמְרוּ: אָמֵן.

Exalted and hallowed be God's great name in the world
which God created, according to plan. May God's majesty be
revealed in the days of our lifetime and the life of all Israel —
speedily, imminently, to which we say Amen.

Y'hei sh'mei raba m'varach
l'alam ul'almei almaya.

Yitbarach v'yishtabach,
v'yitpaar

v'yitromam v'yitnasei,

v'yit'hadar v'yitaleh v'yit'halal

sh'mei d'Kud'sha b'rich Hu,

Blessed be God's great name to all eternity. Blessed, praised,
honored, exalted, extolled, glorified, adored, and lauded be
the name of the Holy Blessed One,

יְהִי שֵׁם רַבָּא מְבָרַךְ:

לְעַלְמֵם וּלְעַלְמֵי עַלְמֵיָא.

יִתְבָּרַךְ וַיִּשְׁתַּבַּח, וַיִּתְפָּאֵר

וַיִּתְרוֹמֵם וַיִּתְנַשֵּׂא,

וַיִּתְהַדָּר וַיִּתְעַלֶּה וַיִּתְהַלָּל

שְׁמֵיהּ דְקֻדְשָׁא בְרִיךְ הוּא,

l'eila min kol birchata
v'shirata, tushb'chata
v'nechemata, daamiran
b'alma. V'imru: Amen.
Y'hei sh'lama raba min
sh'maya, v'chayim aleinu
v'al kol Yisrael.

V'imru: Amen.

Beyond all earthly words and songs of blessing, praise, and comfort. To which we say Amen. May there be abundant peace from heaven, and life, for us and all Israel. To which we say Amen.

לְעֵלָא מִן כּוֹל בִּרְכָתָא
וְשִׁירָתָא, תּוֹשְׁבֵי חַטָּא
וְנַחֲמָתָא, דְּאֲמִירָן
בְּעֵלְמָא. וְאִמְרוּ: אָמֵן.
יְהֵא שְׁלָמָא רַבָּא מִן
שְׁמַיָּא, וְחַיִּים עָלֵינוּ
וְעַל כּוֹל יִשְׂרָאֵל,
וְאִמְרוּ: אָמֵן.

Oseh shalom bimromav,
hu yaaseh shalom aleinu,
v'al kol Yisrael,
v'imru: Amen.

עֹשֶׂה שְׁלוֹם בְּמִרְמֵי
הוּא יַעֲשֶׂה שְׁלוֹם עָלֵינוּ,
וְעַל כָּל יִשְׂרָאֵל,
וְאָמְרוּ: אָמֵן.

May the One who creates harmony on high, bring peace to
us and to all Israel. To which we say Amen.

Excerpt from Giving Thanks by Rabbi Jonathan Sacks

“Jewish prayer is an ongoing seminar in gratitude. . . It takes focused attention to become aware of how much we have to be grateful for. That, in different ways, is the logic of prayer, of making blessings, of Shabbat, and many other elements of Jewish life.

It is also embedded in our collective name. The word MODEH, “I give thanks” comes from the same root as Yehudi, meaning “Jew”. ..

—

Jewishness is
thankfulness: not the
most obvious
definition of Jewish
identity, but by far
the most life-
enhancing.”

Thankful
Grateful
Blessed



Thanksgiving Prayer



We've come to the time in the season
When family and friends gather near
To offer a prayer of Thanksgiving
For blessings we've known through the year
To join hands and thank the Creator
And now when thanksgiving is due

This year when I count my blessings
I'm thanking the Lord He made you.
This year when I count my blessings
I'm thanking the Lord He made you.

Thanksgiving Prayer

I'm grateful for the laughter of children
The sun and the wind and the rain
The color of blue in your sweet eyes
The sight of a high ball and train
The moonrise over a prairie
Old love that you've made new



This year when I count my blessings
I'm thanking the Lord He made you.
This year when I count my blessings
I'm thanking the Lord He made you.

Thanksgiving Prayer



And when the time comes to be going
It won't be in sorrow and tear
I'll kiss you goodbye and I'll go on my way
Grateful for all of the years
I thank for all that you gave me
For teaching me what love can do

Thanksgiving day for the rest of my life
I'm thanking the Lord He made you.
Thanksgiving day for the rest of my life
I'm thanking the Lord He made you.